

# ESCAPE & HIDEOUT



# **BERSERKER**

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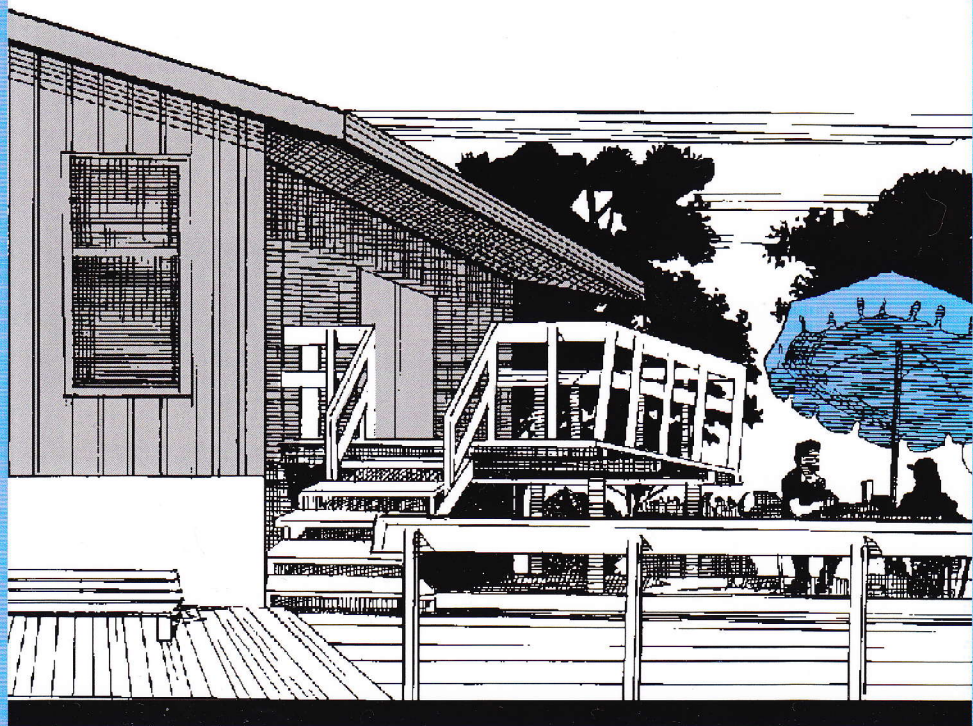
## **BOOKS**

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# SETTING UP AND RUNNING YOUR OWN SANCTUARY

Jefferson Mack



# THE SAFE HOUSE

# Contents

*The Safe House: Setting Up and Running Your Own Sanctuary*  
by Jefferson Mack

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## CHAPTER 1

Runner's World .....1

## CHAPTER 2

Who Needs a Safe House? .....9

## CHAPTER 3

What Is a Safe House? .....21

## CHAPTER 4

Setting Up a Safe House .....31

## CHAPTER 5

When Sympathizers Can't Be Found ....41

## CHAPTER 6

The Other Alternatives .....51

## CHAPTER 7

Guarding the Secrecy of a Safe House ...65

# Chapter 1

## *Runner's World*

You are on the run! Every cop in the county has your name and photo on his clipboard, along with a list of the heinous crimes they say you have committed. You are scared and hungry, and you don't have a dime in your pocket. Worst of all, you haven't slept for 36 hours, and you're about to drop from exhaustion.

What you need is a place where you know you will be safe for the night, where you will find food to eat, a bed to sleep in, clean clothes, and enough money to get away once you've had a couple of nights' of sleep. It might be the home of a friend, or it could be the apartment of a stranger who believes in the same political or religious cause that's the real reason the cops want to lock you up forever, or just make you dead. It could be a place run by some mercenary with whom you have made previous arrangements for pro-

tection (in the event you ever found yourself in the jam you are in now) or somebody who knows you by a different name and thinks you are a new friend who shares his beliefs in religion or politics.

Whatever the specifics, the place must be controlled by people you trust, and it must be a place that those chasing you know nothing about. It must also be a place you can get to without being seen, and it had better be close at hand.

If you have access to such a place, you have a safe house, in which you just might survive and stay free. If you don't have a safe house, you are dead meat for failing to arrange for the single most critical piece of security required of anyone who engages in any dangerous activity.

In the strange new world we live in, in which laws multiply so rapidly that we can't keep track of what is legal and what isn't (almost all of us do something criminal every day, often without knowing it), any one of us could suddenly find ourselves in deep trouble and in need of a place to hide. Therefore, making prior arrangements for a safe house, or a series of safe houses, should be part of every personal survival strategy.

### **A BIBLICAL EXAMPLE**

In our modern world, the people who give the most serious thought to safe houses are those working in covert intelligence. That's not surprising, because no one needs a safe house as much as a spy operating in enemy territory, and the use of a safe house by someone engaged in spying is as old as the Old Testament. We can read about it in the second chapter of Joshua.

And Joshua the son of Nun sent two men secretly from Shittim as spies, saying, "Go, view the land, especially Jericho." And they went,

and came into the house of a harlot whose name was Rahab, and lodged there.

And it was told the king of Jericho, "Behold, certain men of Israel have come here tonight to search out the land." Then the king of Jericho sent to Rahab, saying, "Bring forth the men that have come to you, who entered your house; for they have come to search out all the land."

But the woman had taken the two men and hidden them; and she said, "True, men came to me, but I did not know where they came from; and when the gate was to be closed, at dark, the men went out; where the men went I do not know; pursue them quickly, for you will overtake them."

But she had brought them up to the roof, and hid them with the stalks of flax which she had laid in order on the roof. So the men pursued after them on the way to the Jordan as far as the fords; and as soon as the pursuers had gone out, the gate was shut.

Before they lay down, she came up to them on the roof, and said to the men, ". . . Now then, swear to me by the LORD that as I have dealt kindly with you, you also will deal kindly with my father's house, and give me a sure sign, and save alive my father and mother, my brothers and sisters, and all who belong to them, and deliver our lives from death."

And the men said to her, "Our life for yours! If you do not tell this business of ours, then we will deal kindly and faithfully with you when the LORD gives us the land."

Then she let them down by a rope through the window, for her house was built into the city

wall, so that she dwelt in the wall. And she said to them, "Go into the hills, lest the pursuers meet you; and hide yourselves there three days, until the pursuers have returned; then afterward you may go your way."

... Rahab the harlot, and her father's household, and all who belonged to her, Joshua saved alive; and she dwelt in Israel to this day, because she hid the messengers whom Joshua sent to spy out Jericho.

The safe house of Rahab the harlot is an excellent example of what makes a house a truly safe place for someone being hunted. First, it had a good cover story: it was a house of prostitution, where two strangers in town might be expected to spend the night. The cover story was so good that even when the king learned that the spies were hiding at Rahab's place, he still didn't suspect that Rahab might be helping the spies. Rahab's safe house also had a place on the property where the two spies could hide while the house was being searched as well as an escape route that allowed the men to slip away after the gates of the city were closed. As is often the case with a good safe house, the safe house provider had profitable reason for helping the spies: Rahab's life and the lives of her family.

### **THE UNDERGROUND RAILROAD**

The term *safe house*, as a description of a place of refuge, was first used in connection with the Underground Railroad in the years prior to the American Civil War. The Underground Railroad consisted of a series of safe houses stretching from the South up to the Canadian border. Any escaped slave who managed to get to one of the first safe houses in the chain was almost guaranteed success in his

or her escape efforts. A safe house in the Underground Railroad might have been a private house, small business, country inn, or often, the basement of a church. Whatever the place, the escaping slave would find someone waiting to hide him, feed him, give him a place to sleep for the night, provide medical care if needed, and then direct him on to the next safe house in the chain.

Those who ran the Underground Railroad safe houses faced the same basic problem faced by every operator of a safe house, whether thousands of years before America's Civil War or many years after: operating a safe house was likely to be illegal, and the penalty for those caught, severe. Under the Fugitive Slave Act, even those operating safe houses in the North were violating the law and faced prosecution if caught. In the South, safe house hosts faced even greater danger from abolitionist-hating vigilantes. They therefore had to discover ways to let potential customers know how to find them while keeping their activities secret from both neighbors and the law.

### **CZECH MATE**

The traditional use of the safe house as a place of temporary refuge for someone trying to escape to freedom continued during World War II, when resistance groups in almost every Nazi-occupied country in Europe established safe houses for escaped prisoners of war, aviators who had been shot down and hadn't yet been captured, potential political prisoners, and covert operations personnel hoping to return home after completing a mission.

The four Czech patriots who parachuted into Czechoslovakia and assassinated SS Obergruppenführer Reinhard Heydrich hid in four different safe houses after the attack. Unfortunately, although the team successfully assassinated the hated Nazi, the operation also demon-

strated the tragic consequences of a security compromise. The Nazis captured and tortured several members of the Czech underground and learned that the four hunted men had all moved to the same safe house, a church in Prague, where they were hiding while waiting for a chance to escape Czechoslovakia. Nazi troops surrounded the church and eventually, after a fight that killed 14 Nazi soldiers, the four Czech paratroopers committed suicide rather than allow themselves to be captured.

The sad end of the Czech patriots demonstrates an important point about safe houses: whereas safe houses play a key role in just about every covert operation or escape, when such operations end in disaster, it's almost always because the security of a safe house was compromised. Men and women who thought they were safe, and who had every expectation to be safe, suddenly found themselves cornered, and soon after that, were either captured, killed, or forced to choose suicide.

### WHY THIS BOOK?

Despite the importance of the safe house in both intelligence operations and in planning escapes, there is almost nothing available in popular literature that explains how to arrange for a safe house and how to maintain the security of that house while carrying out the mission. This book seeks to correct that deficiency and make available to the free citizen information that, up to now, has been tightly guarded in the highly classified training manuals used by intelligence agencies all over the world.

In recent years, the term *safe house* has been most often used in connection with special operations and intelligence collection as a place where the intelligence officer can engage in a variety of activities with a reasonable expectation that the enemy or the intelligence target has no idea

where he is or what he is doing. Such operators use safe houses for meetings with agents they have recruited, as part of a recruitment, as debriefing centers, and for many other purposes.

I have extensive experience in just this type of safe-house operation, and the same methods we used can be used in setting up a safe house for use in escape/evasion operations and survival situations. Therefore, although much of this book will focus on the covert intelligence safe house, the information will be just as useful to the person preparing for a survival situation in which he and family and friends require a safe house to ensure their survival and freedom.



## **Chapter 2**

# *Who Needs a Safe House?*

Intelligence officers enter unfriendly territory to collect intelligence by recruiting spies who have access to the information they need. To do that, they must have a safe place where they can meet with their intelligence sources. For the covert intelligence officer who is working in a foreign country, a safe house, or more likely, a collection of safe houses, is an absolute necessity. The CIA, KGB, Mossad, and just about every other national intelligence agency makes use of safe houses, and includes in their case officer training programs instructions on establishing and using a safe house and what circumstances require safe houses.

Sometimes, intelligence officers work under deep cover, that is, they pretend to be a loyal citizen or a legal alien living in the targeted country. In such cases they must not only carry false identity papers but also find a place to live

## THE SAFE HOUSE

and work that dovetails with the false identity. Once they have established a safe house where they can live what appears to be a lawful, ordinary life, they will then have to establish additional safe houses where they can meet with intelligence sources without compromising their cover.

In the world of modern espionage, most intelligence officers work under embassy cover, that is, they are assigned to the embassy of the country for whom they are spying and pretend to be engaged in legitimate diplomatic activities. Although this gives them diplomatic immunity in the event they are caught collecting intelligence information, it also increases the risk that the host government and intelligence agents of enemy governments will be watching their every move, as well as investigating anyone with whom they make contact. Therefore, the intelligence officer working under embassy cover must establish safe houses where he can meet with intelligence sources. Of course, before he can use such a safe house for his meetings, he must first successfully evade the surveillance of the host country's counterintelligence services.

The more unfriendly and suspicious the host country, the more difficult it will be for a case officer to evade surveillance and meet with the spies he recruits. In the most dangerous situations, for example, a CIA case officer running a mole within the Chinese government, the case officer will almost always use a safe house in a third country. The recruited spy will meet with his control officer only when the spy can travel from the country in which he operates to a third country where he can meet the case officer and then proceed to a safe house there for meetings and training.

Although a safe house might be nothing more than a secret place where the case officer can meet with a new recruit, it can be used for more sinister purposes as well. Sometimes, a case officer will set up a safe house as a place

## WHO NEEDS A SAFE HOUSE?

to blackmail the potential source. He offers the target for recruitment a safe place where the target can meet with a lover, play a game of chance, buy drugs, or engage in some other activity that he wants to keep secret from his friends, family, employer, and the law. In such a case, the safe house is a safe place for the intelligence officer, but not for the target, who will be engaging in acts that will eventually be used to blackmail him into becoming a traitor.

Once an intelligence officer has recruited a spy, he will need safe houses for occasional meetings with the spy. During such sessions, the case officer might discuss specific targets for spying, or he may offer some training in the art of spycraft. International spy agencies also will interrogate the recruited spy in an effort to judge his credibility, loyalty, and operational efficiency. (Such interrogations often include the use of a polygraph, which professional spies call a *fluttering*.)

### IT'S NOT JUST SPIES WHO NEED A SAFE HOUSE

Anyone engaging in any ongoing activity that he or she wants to keep secret needs a safe house. Let's look at a few examples of the different kinds of people who might need a safe house.

#### Political and Social Dissidents

Legitimate citizens who are engaging in unpopular political and social activities often have good reason to fear that they will be suddenly targeted for restrictive legislation or unjust government action, sometimes with little warning. At various times in recent history, the FBI and other federal law enforcement agencies have tracked the activities of individuals operating on both the left and the right sides of the American political spectrum. Whereas

antiwar activists, communists sympathizers, and civil rights agitators were once the target of such investigations, currently popular targets for federal and state law enforcement agencies include those in the militia movement, gun rights advocates, tax protesters, animal rights activists, and unpopular religious cults. Even when government law enforcement agencies ignore such dissident groups, the members still often have to fear individual and organized bigotry.

Anyone who fits into such a category will want to foil surveillance by their enemies, including government agents, at every stage of organization, recruitment, and operational planning. One way to do that is by using safe houses for recruitment efforts, organizational meetings, planning sessions, and field training.

The need for safe houses becomes even more critical in tyrannical countries where the government severely limits or outlaws political rights. The same is true in every country occupied by an enemy. In such countries, antigovernment dissidents and resistance groups who are printing and distributing an illegal newspaper or political handouts must have a safe place in which to collect information, write the articles, and operate the printing press. They will also need safe houses where copies of the newsletter can be stored pending distribution.

Once such groups begin engaging in covert insurgent operations such as intelligence gathering, sabotage, assassination, and the ambush of government forces, the availability of safe houses will be a critical factor in achieving success. Active insurgent groups must have safe houses where they can hide supplies, hold planning sessions, train those engaging in armed cover operations, and hide those escaping after successful covert actions have taken place.

When we talk about dissident and insurgent activity, we must recognize that what has happened in so many other

countries in this past century could happen here. Novels, movies, and predictions about a future world in which despotic tyrants rule America are so popular precisely because we can all imagine such scenarios if the parasites who control our government continue down the same road they are now traveling. Survivalists, constitutional activists, Second Amendment advocates, and members of every cultural, social, and political minority who fear they will become targets for suppression must include in their planning for future events the establishment of a net of safe houses that they can use in the event their fears are realized.

### Persecuted Minorities

Twelfth-century history is filled with bloody pages recording the persecution and mass murder of men, women, and children who threatened no one and wanted nothing but to be left alone, but who had the misfortune to be born to the wrong set of parents or work at the wrong occupation. At various times in different countries, Armenians, Gypsies, Jews, Chinese, blacks, tribal minorities, rich merchants, successful farmers, the well-educated, different religious groups, immigrants, and expatriates have all been massacred.

Anyone who is a member of any unpopular minority group or who simply chooses to live in a foreign country for purposes of business or pleasure is at risk. How much risk depends on the local potential for political upheaval, civil war, or total civil breakdown. When that happens, anyone likely to be singled out for persecution had better have plans for escape and evasion that include the use of safe houses as hiding places within that country and in at least one bordering country.

### Risky and Illegal Behavior

Men and women around the world engage in acts that

would not be a crime in any truly free society, that is, acts in which all the parties willingly participate. They make love to people they haven't married, play games of chance, offer or buy prostitution services, trade in or use illegal drugs, practice religiously sanctioned polygamy, and violate the thousands of laws that control and regulate what should be personal choices. But it is not just the law these people want to avoid. They also want to keep such activities secret from spouses, family, friends, employers, and the neighbors.

### **Participants in the Underground Economy**

Millions of men and women in every country with a heavy tax system or restrictive economic regulations work in the underground economy. As much as 15 percent of the American workforce is employed in such activities. Those numbers include illegal immigrant laborers, backyard mechanics, street vendors, home weavers, hairdressers, carpenters, plumbers, and furniture makers working out of backyard garages. Even such professionals as lawyers and doctors who don't want to pay the government a share of their earnings work off of the books. All of these economic criminals must, to some extent, take measures that hide their activities from the eyes of the law and the regulators as well as curious neighbors and licensed professional competitors. For as long as they operate without interference from the law, their shops, kitchens, backyards, and garages fit the criteria of what a safe house is supposed to be.

### **Legal Business Activities**

Legitimate businessmen sometimes need a more secure place to do business than their offices. This is especially true in an age in which electronic snooping and corporate espionage become increasingly sophisticated with every new bit of technology, all while government bureaucracies

become more intrusive in their attempts to control and tax business dealings. The best way to make sure that a conversation is not bugged by a competitor, some criminal, or the law, is to hold that conversation in a safe house that has been swept for eavesdropping devices.

Situations in which a businessman might require a safe house include negotiating with a potential employee who doesn't want his current employer to know he is seeking a new job, corporate executives negotiating with competitors under circumstances that might be considered a violation of antitrust legislation, or those negotiating deals and mergers that must be kept secret until finalized. Sometimes, all a businessman wants is a bit of time and privacy. To get that he might rent or buy a cabin in some remote place, then keep the place a secret, even from his own staff, so that he can truly escape the pressures of business for a few hours or a couple of days.

### **Private Investigators and Intelligence Collectors**

Anyone engaged in private investigations or intelligence collection activities, even under legal circumstances, will need private places where they can interview or hide witnesses, recruit spies, and store sensitive material, while avoiding risks to their own families and other innocents.

### **Anyone with Serious Enemies**

In the world we live in, almost anyone can suddenly find themselves having to deal with deadly enemies who mean them harm. It might be an ex-lover or even a spouse in a marriage gone terribly wrong. Sometimes it's a fired employee, a jealous coworker, or some criminal who thinks you are a threat to his continued freedom because you happened to be in the wrong place at the right time to watch him commit a crime. Whatever the provocation, or the degree of our own innocence, we can all imagine a situation

in which the law can't, or won't protect us, and our only choice is to find a place to hide through the night that the enemy won't know about.

### Law Enforcement Agencies

Although we usually think of a safe house being used by someone trying to escape the law, law enforcement agencies in America and elsewhere use secret locations unknown to the public as police facilities. Police authorities and public prosecutors sometimes hide a witness in a safe house until the witness can testify against some especially dangerous criminal. In many cities around America, police agencies are cooperating with private charities in setting up safe houses for battered wives and abused children.<sup>1</sup> Like international intelligence officers, police officers also use safe houses for meetings with informants and for purposes of entrapment. A good recent example of entrapment are the tapes viewed on the television news showing the mayor of Washington, D.C., engaged in the use of illegal drugs in a hotel room the feds had wired for complete surveillance. Police agencies in several American cities have also achieved considerable success in the use of safe houses where cops pretend to be fences willing to pay top dollar for stolen goods. Detectives working undercover on drug cases and targeting organized crime often establish a safe house as a temporary residence for the period of time they are working the case.

While the use of safe houses can be a legitimate tool in crime fighting, police forces in many countries also use safe houses to keep secret certain illegal acts by police officers. Police agencies of tyrannical governments around the world use safe houses to hold prisoners for special interrogations, which include the use of torture. This allows the police and security agencies to maintain a facade of legality, as the use of a safe house limits the number of people who know who

is being held without legal cause or who might even be tortured. Because the victims never see the inside of a government building, even if they eventually manage to escape, they cannot prove that the men who tortured them were police officers. This also makes it much more difficult for friends and family to discover where the political prisoner is being held. Government officials will always deny that the government security forces had anything to do with the disappearance.

### Common Criminals

Every successful criminal who stays in business and avoids jail is a criminal who understands the principles of using a safe house, even if he doesn't think of it in those terms.

Those who defraud, rape, rob, or murder need a safe place where they can plan the crime, store the tools of crime, hide out between crimes, and when possible, lure the victim to and commit the crime in relative privacy, as did Jeffrey Dahmer (the cannibal who killed helpless victims in his house, stored body parts in his refrigerator, and cooked them up on his stove). Smarter criminals will have several different safe houses where they can hide out when the heat is on.

### THE BASIC NEED IS ALWAYS THE SAME

Regardless of why someone needs a safe house, the basic requirements are always the same: someone is engaged in an activity that he or she must keep secret and needs a place where he or she can go to avoid discovery. Doing something that must be kept secret is what the intelligence trade calls a *covert action*. Those who engage in covert activities are called *covert operatives*, the term I will use to describe anyone who needs a safe house.

## THE SAFE HOUSE

All covert operatives share a common fear that the safe house will be discovered by someone who will do them harm. That might be an enemy in wartime, the local law, a business competitor, a jealous lover, a criminal hoping to silence a witness, or a national policy agency. For simplicity, I will use the term *enemy* to describe a person or organization that creates the need for secrecy.

### IT'S NOT JUST THOSE WHO NEED A SAFE HOUSE WHO NEED THIS INFORMATION

While the reader may never have any need for a safe house for his or her personal use, he or she may someday have a family member, a friend, or someone who shares a political or religious belief whose very survival may depend on finding a safe house. In a very high percentage of critical situations in which a safe house ensures survival, the safe house will be the home or business of some previously innocent party who has never been directly associated with the covert activities of the person who needs a safe house. Indeed, as I will explain later on, the best safe house of all is a home or business that is occupied by someone who has lived a public life and who appears to be above reproach and suspicion.

As none of us know what the future might bring, understanding the principles of setting up a safe house should be one more piece of knowledge in the survival strategy we follow.

### THE CASE STUDY METHOD OF LEARNING

The best way to demonstrate how those in any of the above categories might set up a safe house is to use case studies from real life. I will do this in the following chapters. While several of the case examples are from my own experience or the experience of my old colleagues, the read-

## WHO NEEDS A SAFE HOUSE?

er will also understand why each of the cases has been disguised to protect both my informants and ongoing intelligence operations. All names are fictitious, of course, and some details in each example have been changed to further hide the identity of the participants. A select few of the case studies will be entirely fictitious, to allow me plausible denial should anyone attempt to claim I have invaded their privacy or revealed national security secrets.

### ENDNOTE

1. While they are called safe houses, refuges for battered wives and victims of child abuse differ from the traditional safe house in that their locations are advertised rather than kept secret. The safety of such places depends on fast police protection and not on secrecy.

# Chapter 3

## *What Is a Safe House?*

A safe house is a house, building, or other physical location in which someone can hide from an enemy or where someone can engage in risky activities with little chance of being discovered.

### **SECURITY IS ESSENTIAL**

What makes a safe house safe? High walls? Strong locks on the door? An electronic security system? Electronic countersurveillance equipment? Well-armed guards? No. A safe house is safe because it appears to the enemy to be a place used by ordinary people for ordinary purposes, such as a middle-class home occupied by a law-abiding family, a farmhouse, barbershop, summer vacation home, church, candy store, or any other legitimate, normal part of a com-

## THE SAFE HOUSE

munity. But such a place doesn't have to be a house or a business location. It can be an apartment on Fifth Avenue, a trailer home sitting in a trailer park, a cabin in the country, a yacht anchored in a bay, a boat in a marina, or even a recreational vehicle parked beside a mountain stream or in a shopping mall's parking lot.

The only universal requirement is that any stranger who makes contact with those working or living inside the safe house will find no reason to suspect that the place is anything but what it appears to be. The safe house is the dwelling equivalent of the purloined letter left lying on the mantel above the fireplace so conspicuous that no one would suspect what important secrets are inside. Only those who are active, willing participants in whatever activity requires a safe house will know what the safe house is really used for. Everyone else, even those living in the house or visiting the property, will have no reason to suspect what the house is hiding.

### THE BEST KIND OF SAFE HOUSE

The very best safe house of all is a place occupied by people who have lived in the house for some time, even years, who have the respect and friendship of their neighbors, who work in regular jobs, attend church, send their children to school, fulfill their civic duties, and who have never been openly identified with the cause that requires the use of their home as a safe house. Such people may be putting themselves at serious risk by allowing someone or some group to use their home or business as a safe house. They take that risk for one of four different reasons:

- They knowingly support the cause of the covert operative.

## WHAT IS A SAFE HOUSE?

- They may not support the cause, or perhaps even know what the cause is, but the covert operator has offered something of value that makes the risks worthwhile.<sup>1</sup>
- They have been fooled into believing that the covert operator is acting on behalf of a cause they do support.
- They have been fooled into believing that the person they are allowing the use of their home will not engage in any illicit or dangerous activity.

### THE SECOND-BEST CHOICE

If such a place cannot be found, then the second-best choice is to purchase or rent a home, business, or any other physical location under circumstances that suggest that the newly acquired property will only be used for ordinary, legitimate purposes. The covert operative will have to find such a property, then will have to either occupy the place himself, or find someone who will occupy the place and use it for what appears to be ordinary, legitimate purposes.

The person setting up such a safe house will have to deal with people such as real estate agents, property owners, landlords, and apartment building doormen, as well as cleaning and utility service personnel. He must take every precaution to ensure that such people have no reason to suspect that the property will be used for anything except a legitimate purpose. The fewer people who know what a safe house will be used for, the more secure the safe house will be. You must make very sure that only those with a need to know have any knowledge of the safe house and that all others have no idea that something other than the ordinary is going on there.



### DECEPTION

Every successful safe house depends on deception and must therefore have a cover story that hides its secrets. The cover story should, if at all possible, be based on truths that can be verified by checking public records, interviewing neighbors, and making visual checks on the property. The simplest and best cover story is that the safe house is occupied by law-abiding people who have never been involved in any illegal, dangerous, or political activism. The deception in such a cover story will be when the occupants continue to hide their secret support for the illegal or dangerous activities hidden behind their closed doors and explain changes in their living patterns, visitors to the home, and other unusual events related to the use of the home as a safe house.

Even legitimate cover stories require at least a few lies to hide the truth. The family members in the perfect safe house must have a ready story that explains the presence of a stranger in their home. They could claim that the person occupying the guest bedroom is a cousin visiting town on vacation or an old school buddy who lives in a distant city.

Every cover story will be different and will depend on the specific circumstances of each situation. A cover story might be nothing more complicated than telling neighbors that the illegal immigrant hiding out in the basement is a friend met during a vacation to Mexico. A more sophisticated cover story could require setting up a legitimate business, say a restaurant, hotel, or massage parlor, that would be open to the public, but with space that could occasionally be used as a hiding spot for escaped prisoners or spies.

### THE TWO TYPES OF SAFE HOUSES

Safe houses generally fall into one of two different cate-

gories. The first is the *defensive* or *passive* safe house, which is used to hide people, actions, and materiel from the world. All those using the place as a safe house will be voluntarily engaging in an activity that requires a safe house. The defensive safe house will be a sanctuary from the world, a place where anyone who enters can find safety from investigation, and capture while they rest, await further developments, plan future operations, or enjoy the cover of secrecy while engaging in illegal activities that do not immediately impact on anyone outside the safe house.

This is the kind of safe house where an escaped prisoner can hide out, two illicit lovers can meet, friends can smoke a joint, a woman can braid a friend's hair without registering herself as a beautician, a prostitute can entertain her customer, a loyal and trusted spy can be debriefed, two poachers can skin and butcher a deer, wounded guerrillas can recover, or saboteurs can plan their next attack or store the explosives they will use.

The second type of safe house is the *aggressive* or *active* safe house, which is used for operational purposes requiring secrecy, which includes bringing people to the safe house who are not knowing and willing participants in the covert activities. It might be a place where prisoners or hostages are held by a guerrilla band; where unsuspecting people are recruited to the cause through bribery, entrapment, or fraud; where untested spy recruits are trained and debriefed; or where police officers secretly videotape criminals selling illegal merchandise to someone they believe to be a fence.

While everyone who uses a defensive safe house has a justified expectation of safety within its walls, those who enter an aggressive safe house will include both those who know the true purpose of the safe house and those who have an unjustified expectation of safety and who may indeed be in great danger. This is not a safe house for all

## THE SAFE HOUSE

who enter, but rather only for those who are in control. The hotel room rented by DEA agents is a very safe place for the cops, but not for the heroin dealer who thinks he's making a sale at a good profit. The bachelor apartment where two married men take their pick-up dates for a little loving will be safe for one of the men—an intelligence case officer whose date is really one of his service agents. The second man, whose date was prearranged by the operative, has no idea that his every action in the bedroom will be videotaped and his life forever altered.

These two types of safe houses are mutually exclusive. Although a defensive safe house might become an aggressive safe house, it should never be used again as a defensive safe house once it has been used for operational purposes. Defensive safe houses can often be used for months or even years, or not be used at all, but held in reserve in expectation of some future need. Aggressive safe houses have a much shorter life span and may even be set up for a single event. While a private home occupied by real people makes a good defensive hideout, one wouldn't want to risk the home of a loyal supporter who could be placed in great danger should the safe house be compromised. On the other hand, a covert operative might use the private home of a stranger, or even a known supporter of the enemy's cause as an aggressive safe house, provided he can arrange the use of such a place under a false flag, as described in Chapter Six.

Most covert operatives require both kinds of safe houses, one for hiding out between operations and one (more likely, several) for use while engaging in direct action (sabotage, assassinations, raids, and so on).

Each of the two types of safe houses have different requirements that must be addressed in the planning stage. For example, a defensive safe house should have good hiding places on the property where the safe house manag-

## WHAT IS A SAFE HOUSE?

er can hide people, documents, or materiel. Someone setting up an aggressive safe house where prisoners will be interrogated will either want a place in a remote area or a building with thick walls and heavy curtains that can confine loud noises.

The common characteristic that both the defensive and aggressive safe house share is that each must appear to be a place used for ordinary, legal activities by ordinary, law-abiding citizens.

### WHAT EVERY GOOD SAFE HOUSE SHOULD HAVE

While the safe house must appear to be an ordinary place of no interest to the authorities or the enemy, the best and most secure safe house must have several additional features.

The safe house should have easy access and escape routes, preferably with both walking and auto approaches and retreats in several different directions.

When choosing a safe house, one should also consider the mode of transportation that will be used by those arriving at the safe house. In the United States, that usually, but not always, means a place with adequate parking, preferably off the street. In most countries and in large American cities, the place should be near bus or subway lines or in a part of town where it is easy to catch a cab.

Once, in Thailand, I operated a safe house that had a street served by a bus line on one side and a canal on the other. Those using the safe house could arrive either by car or boat. They could also walk away through a vacant lot or slip into the black waters of the canal and swim underwater for 50 feet before coming up for a breath of dark night air.

One of the reasons why homes in the country are such popular safe houses with intelligence officers is that they

## THE SAFE HOUSE

often offer easy access routes, lots of privacy, plenty of parking, and no nosy neighbors with an immediate view of the house and surrounding land. However, if a safe house is to serve agents working in the inner city who will depend on public transportation for travel to and from a safe house, a rural country house 20 miles away makes no sense at all.

The safe house should be situated so that people both inside and outside can discretely observe all approaches. At the same time, all windows should have heavy curtains, and the thicker the walls, the better. The occupants of the safe house shouldn't keep the curtains closed at all times but should do everything possible to appear to be ordinary people living or working in an open manner with nothing to fear. The last thing someone in a safe house wants is a nosy neighbor seeing him peaking out through the venetian blinds like he was afraid someone might be watching the house.

Those using the safe house must fit within the normal flow and cultural patterns for the neighborhood and the building. They must be able to enter and leave without attracting the attention of the neighbors or local law enforcement officers.

If one is going to hide newly arriving illegal immigrants from Asia, it wouldn't be a good idea to establish a safe house in the basement of a church in an upper-class, mostly white suburb. Nor, for that matter would it do to use a church in the part of town where lots of businesses hire illegal immigrants and where the Immigration and Naturalization Service (INS) runs regular raids. A better place would be a church in a well-established ethnic neighborhood where most of the residents are citizens or legal immigrants, but who are inclined to be protective toward their more recently arrived fellow immigrants.

The simpler the furniture, floor plan, light fixtures, and interior decorations in a safe house, the better. Simplicity

## WHAT IS A SAFE HOUSE?

makes it easier to spot something that has changed position, and makes it harder to hide microphones, miniature video cameras, and so on. At the same time, the furniture and interior of the safe house should match the cover story.

If at all possible, the safe house should have good hiding places where documents, weapons, and even people can be stashed for hours, or even days. If the house contains an attic, basement, or some crawl spaces, the entrance can be disguised or special corners sealed off. If such spaces are not available, then pieces of furniture, large stereo speakers, or similar items can be placed in the appropriate area. Floor safes can be installed under furniture or kitchen appliances where documents or other valuables can be hidden.

Now let's take a look at how a safe house is actually set up.

### ENDNOTE

1. As we will see, something of value might be nothing more than friendship, but it could be sex, entertainment, goods and services, or money.

# **Chapter 4**

## ***Setting Up a Safe House***

When setting up a safe house, one has to determine exactly what is needed, identify a specific piece of property that fits the requirements, and then, if necessary, convince the current occupants to make the property available as a safe house. The second and third steps are often reversed, that is the covert operative first identifies all those who might be willing to offer their property as a safe house then determines which property best fits the requirements.

By its very definition, a safe house must be someplace that is already being used for legitimate, safe, and overt activities. Making such a place a safe house means using the preexisting legitimate cover to hide the covert activities in which one intends to engage.

The first step then is to determine what the requirements are. Will the safe house be used for defensive

## THE SAFE HOUSE

purposes, or will the covert operations officer need an aggressive safe house where he can meet with untested or even hostile individuals? If it will be a defensive safe house, the usual choice will be either a personal home or a small business establishment. In low-risk situations in which one is not already under suspicion, it could even be the operative's own home, or another piece of property he or she already owns or rents. (Don't do this in a life or death situation, especially if it would put your family at risk.) It might be the home of someone who supports the cause or a property occupied by a stranger whom the covert operative can either convert to the cause or trick into believing he or she will be serving a cause he or she actually supports.

If the operative needs a safe place to interrogate uncooperative people, deal with a crook in hopes of entrapping him, entertain potential recruits, or engage in some other aggressive action, the operative must look for some place that cannot be connected afterward to him or his covert action group by those he has invited into the safe house. The best choice might be a hotel room, rented office space, or a property that the operative rents or borrows under a cover story.

There are a number of other questions that must be considered before deciding what specific property fits the bill as a safe house. How long will the operative require the use of the safe house? What actions will the operative have to take should the safe house be compromised? Who will be visiting the safe house, and how much can the operative trust each expected visitor? Will those using the safe house be fugitives or others who have already been identified by the enemy, or people the enemy has not yet identified? How will they travel to the safe house, and will they have the skills necessary to successfully evade surveillance? Will the operative be taking hostile or untested

## SETTING UP A SAFE HOUSE

people to the safe house? If so, how will the operative transport them there? Who will occupy the safe house when it's not being used as such? How far can those people be trusted?

And there are more concerns. Who, exactly, is the enemy? If the enemy is a government, what government agency has responsibility for discovering what the operative is doing, and what action will the agency take to stop the covert activities? How effective is the enemy and how much effort will enemy personnel make trying to discover the covert activities? What methods are the enemy likely to use in attempting to identify the operative and his cohorts, and how high will the covert activities be on the enemy's list of investigative priorities? What's the best way to avoid or defeat the enemy's attempts at discovering the covert activities?

The covert operative will want to establish specific "must have" requirements, such things as whether the safe house must have escape routes, internal hiding places, a phone, cooking facilities, and sleeping quarters, and whether someone will be occupying the safe house when it is not being used for other purposes.

## FINANCIAL CONSIDERATIONS

Setting up a safe house can be an expensive endeavor, but it doesn't have to be. Nevertheless, anyone setting up a safe house must have usable financial resources.

Large government intelligence agencies such as the CIA usually don't have to worry about the expenses involved in setting up a safe house. However, smaller intelligence agencies, such as the Mossad, do have to watch what they spend. For the private individual, small business enterprise, or political activist group, costs can be a difficult burden and may limit options.

**THE COVER STORY**

An important part of the analysis and planning phase is designing a cover story. As I have already pointed out, the basic cover story for every safe house is that the house is occupied by law-abiding citizens who pose no threat to anyone and who have never been publicly identified as supporters of the cause.

It is much easier to convert a legitimate home, which has been long occupied by the current residents, into a safe house than it is to build a legitimate cover from scratch. Therefore, it's best to find someone who is living an ordinary life, at least to all outward appearances, who will allow his or her property to be used. In such a situation, all that will be necessary in building a cover story will be creating explanations for unusual activities, new visitors, and any changes in the lifestyle of the house's occupants.

If such an innocent piece of property is not available, then the operative must create a much more elaborate cover story that will convince real estate or rental agents, property owners, utility companies, and new neighbors that the property will be used for nothing out of the ordinary. This will almost always require establishing a false identity for use while dealing with such people.

**FINDING A PLACE THAT FITS  
THE REQUIREMENTS**

While an operative is analyzing his or her needs, the security situation, and how it all fits within the budget, he or she will also be looking at potential properties. The first place to look is at property that friends, supporters, and sympathizers of the operative own, rent, or otherwise legally occupy. The easiest, most obvious solution is to borrow the home or other property of someone who supports the

operative's cause and who can be trusted with the operative's life. This would include friends, relatives, and those who otherwise support the operative's activities. (The latter group might not necessarily know the person requiring a safe house. Indeed, it's better if they don't have any prior connection to those who will be using the house.)

When an operative borrows a piece of property from a friend or a supporter as a safe house, he usually won't actually take over the entire property. The person or family lending the property will continue to occupy it and will provide the primary cover story. Depending on circumstances and risks, the occupants may remain in the house while it is being used as a safe house, or they may take a vacation, do a night on the town, go shopping, or visit friends whenever it is being used.

Most of the time when we talk about a safe house, we are talking about this kind of situation. Insurgents in a just war against a tyrannical state, members of an underground fighting a foreign invader, a persecuted minority seeking to escape being shipped to a concentration camp, or political dissidents who find that speaking the truth has suddenly become a crime will not have the funding or the time to set up safe houses by buying or renting properties and then occupying them. Instead, they will have to find others who support or sympathize with their cause and who are willing to make their own homes a haven where a fugitive can hide, materiel can be stored, or people can meet for whatever reason.

In the great majority of cases in which decent people had to find a safe house because of the rigors of war, natural disaster, civil unrest, persecution, or unjust government action, they found safety in the home or business of someone who supported their cause or sympathized with their plight. The people who hid runaway slaves prior to the Civil War or escaped prisoners of war in Europe during World

## THE SAFE HOUSE

War II used their homes, farms, and small businesses as safe houses.

Unfortunately, using the property of a friend, relative, or fellow conspirator has a major security downside, in that the enemy has identified the operative and is looking for him or her, and if the enemy can discover the association between the operative and the person offering the safe house, the enemy will be watching that person and waiting for the fugitive to show up. Police catch a surprising number of fugitives when the crook makes the mistake of trying to hide out with a friend, close relative, or lover. Operatives should therefore use the home or residence of someone they know only if they can be absolutely certain that the enemy cannot identify the home owner as a possible provider of refuge. This usually means that the operative must not have had any direct association with the person providing the safe house for some time, perhaps even years. Anyone who begins engaging in covert activities that will create enemies must cut all open ties with anyone who might offer a safe house at some time in the future. The operative must also destroy, hide, or encode all records that could tie him or her to the potential safe house source. This doesn't necessarily mean that no contacts can be made, but it does mean that all such contacts should be made using security measures that leave no records and escape any surveillance or other investigative action by the enemy.

What works best in this kind of situation is finding someone with whom the operative has had no previous personal association, but who he knows supports the cause even though they have not been actively engaged in the covert activities. Just about every cause has a range of people who support it, but who choose to not become true activists, for example, they would never own slaves, but they didn't want to ride with the Redlegs trying to drive slavers out of Kansas; they hated the Nazis who occupied

## SETTING UP A SAFE HOUSE

their country, but they didn't have quite enough courage or the physical resources to join the underground; they may whisper to friends they trust about how much they fear and hate the current unjust regime, but they don't want to take the risk of saying so in public, and they don't want to personally take up arms against the government.

Most often, the leaders of an activist cause wouldn't want such people in an operational role, even if they tried to join up. They might be too old, too out of shape, or simply not have the kinds of skills it takes to become good covert activists. Nevertheless, such people, who often feel guilty about their failure to get active, can provide safe houses for the more daring activists. The smart operative will make a point of identifying such people and will try to convince them to offer their homes as safe houses should such a service ever be needed. Once they have been identified as potential suppliers of safe houses, they should be encouraged to hide their true views and live lives that make them appear to be no threat to anyone.

Borrowing a place to use as a safe house from a friend, relative, coconspirator, or sympathizer works best if one makes such arrangements long before one needs the house. If at all possible, anyone who intends to engage in any covert action that might result in needing a safe house should make such arrangements before going active. Survivalists, those who intend to lead armed resistance groups, covert political action committees, or any other covert action group, should develop and regularly update lists of supporters who own potential safe houses. Despite the inherent risks in using the homes of friends and supporters as safe houses, the leaders of most covert action groups around the world keep lists of known supporters who can be counted on for such services, but who cannot be easily identified by the enemy.

Even if a potential covert operative does not now need a

## THE SAFE HOUSE

safe house, he or she ought to be making arrangements for the possibility that he or she might someday have a sudden, critical need for one.

As a committed survivalist who plans for every possible emergency, I know a dozen or so home owners spread over five states with whom I could seek refuge if I ever required it, and they could do the same with me. We never write letters to each other. We don't even send each other Christmas cards. We do make occasional contact, but we always call from a public phone. Sometimes, when one of us is traveling, we stay with each other, but we never introduce one another to friends and neighbors, at least not by the right name. Indeed, each of us has a well-rehearsed cover story. When I visit Jim, who lives in a Chicago suburb, I'm Bill Jakes, the guy who saved his life when he was drowning in a lake when we were teenagers. Don's friends in San Diego know me as Craig Stokes, who played on Don's high school football team back in the 1950s.

It behooves leaders of covert action groups to identify possible supporters and to keep in touch with such people so that they can be tapped to provide safe houses if needed. The Mossad regularly tracks the *Sayanim*, Jews who are citizens of other countries but who are sympathetic to Israel and would willingly provide assistance to Mossad agents. The Sayanim number in the thousands and are spread around the world. None of them have any direct contact with Israeli intelligence officers except when they are approached and asked to perform some special service. That service is often providing a safe house for Mossad agents operating near where they live.

## USING A BUSINESS AS A SAFE HOUSE

Another way to establish a safe house is to convert a legitimate business enterprise owned by a supporter into a

## SETTING UP A SAFE HOUSE

safe house operation. This works especially well if the nature of the business offers an easy explanation for a sudden change in the customer traffic patterns. Hotels, motels, warehouses, office buildings, farms, and factories all have spaces that can be used as safe houses.

A businessman who supports a citizen militia group might allow the militia group to store equipment, weapons, and ammunition in one of his warehouses. Another businessman might offer unoccupied offices in his headquarters building to an ethnic group protecting illegal immigrants who face prosecution in their home country if deported by the INS.

Buildings owned by churches, social clubs, and even political organizations can also be used as safe houses, provided the leadership of such organizations support and approve of the covert activity and are willing to take the risks. (You will recall that churches were often used as safe houses in the Underground Railroad and that the four Czech men who assassinated Reinhard Heydrich were discovered by the Nazis while hiding in a church in Prague. During America's painful Vietnam years, some churches offered secret sanctuary to absent without leave [AWOL] soldiers who were conscientious objectors, and more recently, other churches have taken to hiding illegal immigrants from Central American violence. Just about any profit or nonprofit organization that owns or rents a building where people gather or do business can usually find a space where someone can hide people, weapons, or other materials.)



# Chapter 5

## *When Sympathizers Can't Be Found*

Finding a safe house can be much more difficult if one can't identify friends, supporters, or sympathizers who will offer their own property. The obvious solution in such a situation is to rent or buy a piece of property and convert that property into a safe house. To successfully do that, the operative will have to use a false identity or set up a false business front. He or she will also have to arrange for a supporter or one of his or her agents to occupy the property and establish a cover story that makes it appear that the property is occupied by people who intend to use it for normal purposes.

That's how the international spy masters do it. Renting, buying, or borrowing a piece of property under a false front is such a common practice among international intelligence agencies that some wags suggest that a major inflationary

## THE SAFE HOUSE

factor influencing the price of rural properties in the northern Virginia countryside is the willingness of just about every embassy in Washington, D.C., to pay top dollar for rural properties near the nation's capital, which can be used as safe houses.

Of course, each of those properties is purchased or rented through false fronts, fake identities, or offshore corporations, with each foreign intelligence agency making every effort to keep the true purpose secret. Naturally, as soon as the FBI discovers the existence of such a safe house, and the safe house operators figure out they have been made, the embassy involved has to come up with more cash to set up a new false front and then buy or rent a new piece of property. Even the CIA has such a piece of property, called The Farm, where all CIA intelligence officers take their basic training. For years, the location of The Farm was considered top secret, but like so many things done by the CIA, the secret wasn't very well protected. Now, many of those living in the area can point the place out to tourists and any foreign agent who cares to ask.

Generally, an intelligence officer working in a foreign country will set up and maintain several different safe houses, at least one of which will be a defensive safe house for his own living purposes, while the rest will be aggressive safe houses that he will use for recruitment, training, and debriefing purposes.

Back when I knew him, Dick Uhling was a CIA case officer working under embassy cover in Bangkok. He had set up several safe houses, two of which I knew about. One was a small, wooden, two-bedroom house on a side street in a lower-middle-class neighborhood. Dick had a young female Thai service agent<sup>1</sup> rent the house in her own name and live there. Both let the neighbors assume that the woman was being kept as a mistress by an American businessman, even though Dick's relation with her was sexually innocent.

## WHEN SYMPATHIZERS CAN'T BE FOUND

(At least that's what he always insisted to his supervisors.) As further cover, Dick sometimes entertained trusted American government and business contacts at the safe house so that the neighbors would become used to seeing people going in and out of the house at odd hours.

Dick's real purpose for the safe house and the only time he used the safe house for covert purposes was as a place to hold secret meetings with a high-ranking spy working with the Burmese government in Rangoon. The recruited spy didn't dare meet with any Americans in Rangoon, but he did occasionally travel to Bangkok on official business. When he did so, he would sneak out of his hotel and go to the safe house late at night.

The second of Dick's safe houses that I knew about was an apartment in an five-story building not too far from the infamous Patpong Road (a sleazy nightclub neighborhood that offers tourists a variety of delights appealing to every kind of sexual preference, with the exception of chastity). Two Thai businessmen and a senior Thai government official shared with Dick the cost of the expensively furnished apartment, which included a stocked liquor cabinet, movie projector with a bookcase full of porno flicks, and two live-in maids who were willing to do bedroom duty in the event the businessmen didn't make a classier connection for the evening. The four men each had one evening reserved for their private use. The three free nights were available on a first-come, first-served basis. The men had a simple telephone code they could use when one of them wanted to ensure that he would have total privacy on a certain night.

The three Thai men knew Dick worked in the American Embassy, but they thought he worked in the office dishing out economic assistance to the Thai government. They assumed that Dick was using the apartment for the same reasons they used it: a safe place where they could take their dates with no fear that their wives and families would

## THE SAFE HOUSE

learn about their extramarital activities. In fact, Dick was using the safe house as a place where he would take men from communist country embassies whom he was targeting for recruitment as spies. He would supply girls, booze, and anything thing else they might want as part of the experience not for purposes of blackmail, but as a way to win their trust and to encourage habits that would create a need for extra income, which Dick would eventually offer in return for spying.

Dick had also recruited both the maids as his service agents. He was paying them considerable sums to spy on the three Thai businessmen and their guests, which often included high-ranking Thai officials. Dick had secretly wired the whole place for sound with the expectation that eventually he would learn something that would help him recruit additional intelligence resources within the Thai government.

### WHAT A PROFESSIONAL CAN DO, SO CAN AN AMATEUR

Jack and Jill Hill decided to rent a mountain cabin to use for some legally and socially risky recreational activities. Their decision to rent rather than buy was based on two factors: they knew that it is much easier to rent property by using a false identity than it is to buy, and they intended to use untaxed income to pay for the cabin.

Prior to renting the cabin, they set up false economic identities that they used to set up a front corporation in an offshore tax haven. They listed their false names as the CEO and deputy CEO of the corporation, Recreation Consolidated, International. They then opened a bank account in the name of the corporation in a second tax-haven country and deposited the money necessary to pay the rental fees for the first couple of years.

In all their dealings with rental agents, they explained

## WHEN SYMPATHIZERS CAN'T BE FOUND

that they wanted the cabin for family vacations, weekend getaways, and hunting trips for senior employees of the corporation. They also let it be known that they would sublease the cabin from time to time, which they have in fact done, making enough money off of the subleases to pay most of the costs of renting the cabin.

Jack and Jill now have a safe house that cannot be easily traced to their real identities. They have constructed a secret cache site on the property where they keep their stock of marijuana and cocaine, their drugs of choice. By advertising in swinger magazines (using false identities, of course) they have slowly developed a list of couples who share their interests in sexual and drug adventures who now attend their private parties in the cabin. None of their new friends have any idea of Jack's and Jill's real identities; they think that Jack and Jill are subletting the cabin from an international recreational company.

Anyone engaged in high-risk behavior, especially if the activity includes other people, should always set up a safe house under a false identity rather than using one's own home. The trick is to make sure that any hostile investigations will not be able to identify the covert operative as the owner or renter of the new property. The operative will not only have to buy, rent, or borrow the property under a false identity, he or she will also need a good cover story to make it appear that the operative will be using the property for legitimate, ordinary purposes. The operative will also need a cover story to explain to friends, family, and others where they spend their time when using the secret safe house.

### HOTELS, MOTELS, AND OTHER COMMERCIAL ESTABLISHMENTS

The easiest way to rent space for a safe house, especial-

## THE SAFE HOUSE

ly if the requirement is for only a few days or a couple of weeks, is to rent a room in a hotel or motel or perhaps sublet an apartment. Professional intelligence officers and assorted police agencies often use hotel rooms as safe houses. Police officers frequently use them as hiding places for protected witnesses. Hotel rooms also make great places to set up a buy/bust operation, in which a dope dealer thinks he's doing a deal in a safe place and never suspects he's dealing with cops until they have the evidence they need to put him away.

Obviously it's not a good idea to rent a hotel room as a place where one can interrogate a prisoner, but hotel rooms do just fine for exchanges of money or materiel, meetings, recruitment efforts, nonviolent interrogations, and as a temporary hiding place for personnel. There must be no way that anyone who is investigating or seeking to thwart the covert action can discover that the operative is renting such a place or trace the rental to the operative once he has finished occupying the space.

The key to ensuring that such a place qualifies as a safe house is, again, deception. The hotel room or other facility must be rented under a false identity, or better yet, no identity at all. The kind of identification required to rent a hotel room varies greatly from country to country. In many countries (I've found them in Thailand, Japan, and Panama), the larger cities have short-time hotels that cater to illicit lovers. Such places never require any identity document, rent by the hour, and often provide garages or curtained parking spots to hide cars as well. Every intelligence case officer I have known who was working in one of those countries used love-nest hotels on an almost daily basis. The only caveats are not to use the same hotel with any frequency and to vary routes of travel when driving to a hotel that has been used before.

In countries where the law demands that those check-

## WHEN SYMPATHIZERS CAN'T BE FOUND

ing in to a hotel show a national identity document or a passport, renting a hotel room as a safe house is more difficult, but not impossible. Sometimes, a simple bribe to a desk clerk combined with a plausible explanation for not having ID (perhaps a stolen or lost wallet) will do the trick. Fake ID, if it's good enough to pass a quick exam by a desk clerk, is always a solution.

As is always the case whenever one uses a safe house, those traveling to and from the hotel must exercise extreme caution to avoid surveillance.

## SETTING UP A FALSE BUSINESS FRONT

Just as it is possible to use a legitimate business location that a supporter already owns as a safe house, anyone can rent a business location and establish a business that appears to be legitimate but will serve as a safe house.

A Mossad agent who was targeting Arabs visiting New York City several years ago rented an office suite in one of New York's skyscrapers and painted a sign on the door announcing the New York office of the Arab/British Overseas Petroleum Investment Corporation, a company that did not exist. The office was staffed with a secretary and an executive officer, both of whom were local service agents working for the Mossad. The only customers who ever entered the office were potential recruits who were invited to the office for interviews, discussions, and training sessions. The office was also used for debriefing spies, including spies who had traveled from the Arab world for the specific purpose of meeting with their control officers.

As the Mossad intelligence officer was operating under a false flag, the potential recruits had no idea they were dealing with the Mossad. Instead, they believed that they were dealing with British subjects who were hoping to make a major investment in Arab oil, and who were will-

## THE SAFE HOUSE

ing to pay top dollar for Arab agents who would represent their interests.

Just because one sets up a business as a front for a safe house doesn't mean one can't make a profit, too. One religious group in the United States has long been targeted by the IRS and several other government agencies to the point where several of the members have been forced to hide out to avoid arrest. The leaders of the well-financed "church" have quietly acquired several hotels, resorts, and spas in different parts of the country through corporations set up by trusted members. While the businesses produce considerable income for the church coffers, they also serve as safe houses where those members having trouble with the law can hide out until the heat dies down. Even though the feds know what is going on, the legitimate customer traffic into the resort areas is so heavy that the feds have no way of identifying which guests are registered under false identities and are using the hotels as hiding places.

The nature of a business activity can be the very reason a safe house is needed as well as why a false-front business will best serve as a cover story. Mark Ratigan is a computer nerd who works as a commercial World Wide Web page designer from an office in his own home. He also sells porn on the Internet, but he doesn't do that from his home. Mark doesn't want his children, his friends, his relatives, and certainly not the IRS, to discover his extra source of income. He is also keenly aware of the fact that as government intrudes more and more into our private lives, what is legal today may be illegal tomorrow with severe punishment.

Using a false identity, Mark rented an office in a building in a low-rent district and painted a sign on the door that announced an export/import business. He then set up a corporation in another state, using a collection of false identities as the corporate board membership. He next opened a bank account in the name of the corporation using cash and

## WHEN SYMPATHIZERS CAN'T BE FOUND

money orders. He put a phone connection and a computer in the office, then opened an account under another false identity with a local Internet service provider.

With that done, Mark designed a Web page where anyone with a credit card could download the pornography he posts on his Web site. Mark does all his banking with the corporate accounts by mail and phone. He does his own office cleaning, and the building manager, who thinks Mark is indeed a legitimate businessman, knows him only by the false identity.

Mark's porno business is doing so well that he washes some of his profits through his legitimate business run from his own home. He is also thinking about the possibility of expanding into porno production. If he does so, he will set up a photo studio as yet another safe house. This will be open to the general public for portraits as well as graduation and wedding photos. He'll use a whole new set of corporate and economic false identities and different sets of employees to run the legit side of the business during regular working hours in addition to those who do the porno shoots after hours.

From here we'll examine some alternatives.

### ENDNOTE

1. Intelligence case officers often recruit local nationals to provide a wide variety of administrative and operational services. Called service agents in the trade, such recruits sometimes openly work as embassy employees. On the other end of the security spectrum, someone used as a service agent may not know whom he is working for but will have been recruited under a false flag.

# Chapter 6

## *The Other Alternatives*

Although it is easy for an intelligence officer working for a national spy agency or someone spying for a big corporation to secure the funding to rent or buy a safe house, most private citizens the kind who might join a militia, get on the wrong side of a politician or his cops, or belong to the wrong church won't have access to that kind of cash. Unless such a person is planning to engage in some well-paying but illegal business enterprise, budgeting the money to rent or buy a piece of property for a safe house will be out of the question, especially if the safe house will be used for more than just a few days. If an operative faces such a situation, there are other alternatives, although each entails risks because the operative will be dealing with people who would not normally cooperate with him.

**FRAUD AND THE FALSE FLAG**

A solution often used by professional intelligence officers when it isn't convenient to rent or buy a piece of property is to con someone into providing a safe house by convincing them that the intelligence officer will be using the property in support of some cause that the occupant actually supports.

Using fraud to secure a safe house always requires the use of a *false flag*. The false flag is the intelligence officer's single most important tool in spycraft. It is used for recruiting spies, for deceiving the enemy into thinking the operative is a harmless person, and for obtaining the use of such things as weapons, transportation, communication routes, and safe houses. Flying a false flag means that one pretends to be something one is not, to gain the voluntary cooperation of the people with whom one must deal.

The false flag used in setting up a safe house can be as simple as conning a girl met in a bar to share her bed and the safety of her apartment because she thinks the new lover is rich, single, and looking for commitment. But a false flag can also be as complicated as claiming that one is a friendly government agent, with an identity backed up with a fake government ID, a driver's license, a passport, and credit cards, all supported with business telephone numbers that will be answered by people who will support the false identity.

An American intelligence officer I once knew in Ecuador was looking for a safe house where he could secretly meet with students and low-level government employees whom he hoped to recruit as spies. He met a young Ecuadorian architect who often defended leftist causes and who owned a small house near where he lived. The American case officer, who was of Latin ancestry, pretended to be a Cuban intelligence officer spying on Americans working in

Ecuador. When the case officer said that he was looking for a safe house where he could recruit people to spy on the American Embassy, the Ecuadorian was happy to make his home available for such a purpose, especially when the fake Cuban offered to pay for the favor. The intelligence officer thus tricked the architect into serving the intelligence needs of the United States, a country he would have never voluntarily served.

There can be several different false-flag cover levels. One of my colleagues working in Bangkok under diplomatic cover during the Vietnam War years was tracking local political activists controlled by Communist bloc intelligence officers. In the coffee shops and university student centers he introduced himself as Bob Niles, a Canadian world traveler. To support that identity, he carried a fake Canadian passport, a collection of personal documents, and traveler's checks in the name of Bob Niles, which could be legitimately spent.

Whenever he made friends with anyone who supported leftist causes, he would eventually confess that he was really an American antiwar advocate who was helping disgruntled American GIs stationed in Thailand go AWOL and escape to Canada. He had letters and faked newspaper articles that legitimized that identification, although he almost never had to show them.

One friend to whom he told the second story was an underground Thai labor activist named Thongdi. My colleague asked Thongdi to lend his home as a meeting place for a few Thais who were willing to hide American GI defectors from the U.S. military police.

My colleague was really using Thongdi's place to meet with members of a ring of spies he was running in an attempt to infiltrate the Soviet Embassy in that city. He also planned on using Thongdi's place as a hideout in the event he ever succeeded in enticing one of the Soviet diplomats to defect (something that never materialized).

## THE SAFE HOUSE

Describing in greater detail how one goes about establishing a false identity in support of a false flag operation is beyond the scope of this book, but the reader can find more about the subject in my book *Running a Ring of Spies* (Paladin Press).

As with so many things in the spying game, an operational technique used by a CIA or KGB case officer is also an operational technique any private citizen can use.

By using a cleverly constructed false-flag cover story, it's possible to fool many people into doing a lot of things, including, sometimes, loaning the use of their property under circumstances that could put them at great risk without their knowing it. To do so, the operative must convince such a person that the operative is someone the target can trust and want as a friend. The operative then asks the new friend for some help in solving a problem and may pretend to be engaged in some innocent activity, or he may admit that he is asking the target to engage in something dangerous, but on behalf of a cause that the target would willingly support. The following are a couple of examples of how a private covert operative can con an innocent home owner into loaning his home as a safe house.

Jake Dickles is not his real name, but a select group of clients think he's the best news since politicians amended the Constitution to allow an income tax. Jake is an accountant who charges big fees to help his clients cheat big time on their taxes in ways that avoid the attention of the IRS. Jake travels every year to several states to meet with clients, and he often stays in a city for a week or more while he meets with them. For obvious reasons, Jake does everything possible to make sure that the IRS' auditors and special agents don't discover his real identity, even if one of his clients should decide to blow the whistle on his activities. His precautions include the use of safe houses whenever he travels, rather than staying in hotels. He sets up each safe

## THE OTHER ALTERNATIVES

house while using another false identity, that of Alfred Blitzer, who allegedly is a deeply devout member of a conservative Christian church who finds a place to worship in every city he visits. Alfred has made lots of friends during his visits to worship services around the country, and he keeps in touch with them by using a mail drop address under his false identity. His church friends are happy to put Alfred up in their own homes whenever he visits their city. They all believe he is traveling in support of a nationwide Christian antiabortion movement, which covertly encourages more than just peaceful political action in attempting to halt the practice of abortion.

Dickles never uses these safe houses as meeting places with his tax clients, and he takes all the usual precautions to avoid surveillance when he travels from a client's office or home back to the safe house for the evening. At the same time, because his hosts believe that he is actively supporting covert action against abortion doctors, they not only don't ask questions about where he goes every day but also won't answer any questions about their guest should some law enforcement officer come around to visit them.

On one occasion that did happen, shortly after the man the home owner knew as Alfred left town. The good Christian not only refused to tell the man showing federal credentials anything about his recent house guest, he wrote Alfred about the visit. That warning allowed Jack Dickles to immediately sever the relationship he had with a customer in that town, who he was sure had sold him out to the IRS.

David Santini is 24 years old, stands just under six feet tall, and has a face that is not quite handsome and the body of a pro quarterback. He is an environmental activist who has participated in several equipment-wrecking and tree-spiking attacks against the lumber industry in the Northwest. He travels frequently in connection with his monkey-wrenching activities, always by car and never in



the same vehicle. Whenever possible, he stays in safe houses rather than hotels, especially on trips in which he engages in covert activities.

David finds his safe houses through romance. He looks for women who are single, working in jobs that pay reasonably well, and who have their own apartment. He finds them in churches, libraries, movie theaters, shopping malls, banks, and business offices, and sometimes on university campuses, where he looks for instructors, librarians, and graduate students. He usually picks the unattractive, but not truly ugly or grossly overweight wallflowers who so often hope for some romance in their dull lives.

Santini has half a dozen cover stories that he uses when he approaches new women, picking each story to fit the personality of the target. As George Brent, he's a private investigator working for a major law firm serving the interests of large corporations, including several forest product companies. As Darrow Jones, he's a technical representative for a manufacturer of logging equipment. As Jim Davis, he's a copilot for a charter air service. And as Roger Vector, he's a novelist traveling to gather background information for his next novel.<sup>1</sup>

Santini has developed to perfection his techniques for winning an invitation to share the bed of one of his new girlfriends for as long as he is in her town. He treats the women well, never takes economic advantage of them, and keeps in contact via mail drops and long-distance calls from safe phones. He often stays with the same woman he met on a previous trip to her town. Two of his girlfriends actually work for the timber industry, and a third is a Libertarian Party supporter who actively campaigns against environmental activists. Such ladies not only provide Santini with a safe place to stay the night and a safe phone to use during the day but also information that he can use in his covert monkey-wrenching operations.

In both of the above cases, the operative is not putting the victims of his fraud in any real danger. At most, they would suffer embarrassment and anger should Santini be exposed. More often, especially when dealing in international espionage, using fraud to acquire a safe house does put the victimized property owner in deadly danger. And in some situations, an operative who needs a safe house may deliberately use fraud to find a safe house to do damage to his enemies in the event the safe house is compromised.

Michael Gordon is one such example. Michael deals in cocaine, supplying quality merchandise in wholesale lots to several dealers who service upper-middle-class customers in Midwestern cities. In each of the cities where he makes his deliveries, Michael, under cover of a false identity, has made friends with strangers with the sole purpose of using their homes as safe houses where he stays as a guest, gains use of their telephones to call his dealers, and sometimes stores his goods (well hidden in his suitcases, of course). He sometimes even uses the homes of his patsies to meet with customers.

Michael finds his potential victims on university campuses, in churches, shopping malls, singles bars, and just about any place else where people mingle in an atmosphere that encourages casual conversation. He weaves a false flag to fit each individual. One friend thinks he's an animal rights activist who engages in covert operations to free captured lab animals. A college baseball player in another city knows Michael as Ron Murphy, a talent scout for a big league baseball team, and a third friend believes that Michael is a campus radical trying to revive the leftist activism of the 1960s. Others know him as a rich playboy who likes to travel as cheaply as possible, an actor who plays bit parts on Broadway, and an advance man and political consultant for a major political party.

Whenever Michael is staying in a safe house one of his

## THE SAFE HOUSE

friends unwittingly provides him, he spends money freely and provides a bit of excitement and variety in their otherwise dull lives. None of them suspect that Michael is putting them at great risk. Should the narcs ever make Michael, those who offer him the use of their home could be charged with narcotics possession and, perhaps, conspiracy to deliver illegal narcotics. Even if they are not convicted, they could lose their homes, cars, and bank accounts under asset seizure laws.

The use of a fraudulent cover story to establish a safe house can even prove deadly to the unsuspecting host. If the covert operator is a saboteur, an espionage agent, or involved in antigovernment activities in a repressive political state, the friend who thinks his guest is a college professor, a mid-level government bureaucrat, or a lover may find him- or herself standing beside the trickster in front of a firing squad.

Saboteurs, terrorists, political assassins, and espionage agents know that using a false flag to establish a safe house is the best way to ensure that the enemy cannot trace them to a safe house by watching the homes of suspected sympathizers. Because such patsies are often supporters of the very regime that the operative is targeting, he also gains the satisfaction of knowing that, should he be caught, the enemy will almost certainly also punish one of their own by mistake.

### FORCE

Someone in great danger can establish himself in a safe house by forcing the owner to make the property available. One example of this is the criminal on the run who breaks into a house, captures the family, and then holds the children hostage while he allows the father or the mother to go about their usual activities for several days while the heat

## THE OTHER ALTERNATIVES

is on. Such a safe house is of time-limited value. As a ploy for establishing a safe house, it works best if the occupant of the property is living in a remote rural area, is retired, or living as a recluse. This is extremely risky behavior in most circumstances.

Those who use force are usually incompetent criminals with a high risk of eventual capture. The exception is when either organized crime figures or government police agencies force unwilling cooperation, usually from people who already have good reason to fear either the Mafia *capo* or the government police agency. One example would be a situation in which a narcotics agent might force a snitch to provide a place where the agent can meet with suspected dealers.

### BLACKMAIL

It's also possible to secure a safe house by using blackmail instead of a physical threat. This can be somewhat safer than threatening physical force, especially if the occupant of the property doesn't believe that he is being placed in any serious danger.

Trevor was a married man with a taste for loving on the side but with a tight budget that didn't allow for motel rooms where he could take his dates. When Trevor accidentally learned that a coworker, Chet, was cheating on his travel expenses, Trevor made a deal. He wouldn't blow the whistle and get Chet fired, if Chet, who was unmarried, would allow Trevor to use his apartment whenever Chet had to travel on company business. As Chet traveled for a couple of days just about every week, Trevor made frequent use of the coworker's apartment.

Like force, blackmail is a dangerous business. If my life, freedom, or livelihood must depend on someone else, I don't want that person to be someone who hates me. Trevor

## THE SAFE HOUSE

learned that lesson the hard way when Chet finally got access to a trust account his father had established. The last time Trevor used Chet's apartment, a private detective got lots of pictures, which Trevor's wife used to get a divorce settlement, which in turn took all the fun out of the rest of Trevor's life.

While I strongly recommend against using force or blackmail to set up a safe house unless there is no other alternative, I also note that intelligence and security officers of governments around the world frequently do use both violence and blackmail as means of securing the use of safe houses.

Smart covert intelligence case officers will not engage in direct blackmail. Instead, they will set up a situation in which some third party, who is controlled by the case officer, does the blackmailing. The case officer then steps forward and resolves the problem, thus earning the gratitude of the target.

I once knew a police general in Southeast Asia who sometimes had to meet with American intelligence officers under circumstances in which he wanted to impress them with lavish entertainment, without drawing the attention of the press or that of his political enemies. He set up a scam in which a bureaucrat in the national tax office attempted to blackmail the owner of a luxury hotel with a threat of exposing some massive tax evasion in which the hotel owner was involved. When the hotel owner agreed to a rather gigantic payoff, the police general arranged a raid on the meeting for the payoff, then pretended that the cops had been following the blackmailer, but had no idea what an important citizen he was blackmailing. Instead of arresting the hotel owner, the general's men took him directly to the general's office. In a one-on-one meeting, the general suggested that a messy trial, publicity, and destruction of the hotel owner's business was not in the national

## THE OTHER ALTERNATIVES

interest. When he learned that he was not going to be arrested or exposed, the grateful hotel owner was only too happy to offer the general the use of an entire floor of his hotel, as well as the use of any of the hotel's kitchen and service staffs whenever the general needed to discretely entertain his guests.

### STEALING A SAFE HOUSE

If one can't buy, rent, beg, or borrow a safe house, it might be possible to steal one, at least for a short time. The best example of this kind of safe house would be when an escaped prisoner or a covert operative on the run breaks into a vacant house or apartment and quietly occupies the place for a day or two.

Like burglary, stealing a safe house is best done when the occupants are not in the house and are unlikely to return for as long as the covert action personnel will be using the property. The ideal situation for doing this is to find a house or apartment that is unoccupied and will be for some time. That might be a summer home in the mountains, a vacant piece of property for sale at more than the market price, or the home of some deceased person whose property is tied up in litigation. It might also be a home that is occupied, but where all members of the home are out during large portions of the day. This is not that difficult to find, at least in America. With both partners in most marriages working, the average suburban household or urban apartment, even a home with small children, stands vacant for long hours every day, with the adults at work and the kids in school or day care. Middle-class suburban neighborhoods with large lots offer the best possibilities. However, the house should not be in a neighborhood where family income is so high that home owners wire their houses with silent alarms.

Chuck Lister is a freelance investigative reporter living in northern Virginia who has written several articles exposing the secrets of important national politicians and the alphabet soup of government law enforcement and intelligence agencies. Several years ago, when law enforcement officers arrested one of his most sensitive sources, Chuck suspected that the source's identity had been compromised by a pen registry<sup>2</sup> on Chuck's home phone. Since then, Chuck, who might make hundreds of phone calls in the course of investigating someone, has avoided using his own phone whenever a pen registry might compromise a source or a potential source.

Finding a safe phone in a safe place, especially when he needed to make multiple calls, was not all that easy in the upper-middle-class, semirural suburb where Chuck lived. Public phones were widely scattered, and Chuck found that standing in full view at a public phone in a service station, shopping mall, or a supermarket entrance didn't fit his professional needs. Checking in to a hotel room for the purpose of making an afternoon's worth of phone calls, the only alternative he could find, proved too expensive. Nevertheless, Chuck found a solution to his problem, albeit quite by accident. He had gone to the home of a potential source whom he had hoped to catch still at breakfast before she left for work. When he couldn't hear the sound of the buzzer when he pressed the button, he tried the door, found it unlocked, and opened it a bit to shout the woman's name into the house. Getting no answer, he stepped through the door without really thinking about it.

Once inside and sure that no one was home, he looked around hoping to spot some evidence that the woman might be involved in corrupt practices. While he found nothing of interest from an evidence point of view, he did find a telephone. On an inspiration, he sat there at the woman's kitchen table and made about three dozen phone calls over

the next three hours. By the time he quietly left by the back door and walked back to his car, he knew he had found the perfect answer to his need for a safe house where he could make telephone calls without revealing his contacts to a pen registry.

Since that first day, Chuck has systematically checked out dozens of different houses in several suburbs in northern Virginia. He looks for places where the owners are not only absent all day, but where the neighbors are also gone during the normal working day. He picks homes where he can park a block or so from the house and then make an approach through alleys, vacant lots, or wooded areas without being seen by neighbors or passers-by. He only uses houses where he can find easy entry, either through a door or a window left open, or a house with door locks that are simple to manipulate. While most of the calls he makes from his safe houses are local calls, when he does make long-distance calls, he uses a prepaid calling card.

Finally, let's examine the importance of total secrecy.

### ENDNOTES

1. There really is an almost unknown author named Roger Vector and it's not Santini. However, when Santini plays that role, he carries a few of Vector's paperbacks, which he gives to the girls he seduces.
2. A pen registry records all numbers that a telephone receives or makes but does not record conversations. Unlike a phone tap, a pen registry does not require a warrant, and there is no way that the phone owner can discover that the information is being recorded by the phone company and passed to either a local or federal law enforcement agency.

# **Chapter 7**

## *Guarding the Secrecy of a Safe House*

Every safe house begins as a well-guarded secret; a property occupied by what appears to be ordinary people or a legit business that is being used by people engaged in dangerous, and probably illegal, activities. If the secret is compromised it will happen in one of the following ways. Each security error has specific defenses.

**ONE OF THE OPERATIVE'S AGENTS OR  
SUPPORTERS SELLS OUT TO THE ENEMY  
OR HAS BEEN WORKING FOR  
THE ENEMY ALL ALONG**

This includes those who sell out for money or other inducements and those who are captured by the enemy and give the secret away during interrogation, perhaps because

## **THE SAFE HOUSE**

of torture, but more often as part of a plea bargain. It also includes those who have been working for the enemy all along and who have infiltrated the covert group.

There are five defenses here.

1. Anyone engaged in covert activity of any kind must establish personnel security practices that will identify supporters who have sold out, those who are ringers, and those who have personal problems that make them high risk.
2. The best safe house defense against infiltration, sellout, treason, or enemy interrogation of a prisoner is to strictly limit the knowledge of covert activities and the identity of safe houses to those who have a need to know.
3. If anyone who has knowledge of the safe house is captured or disappears without explanation for any length of time, or if evidence is discovered of a suspicious loyalty of someone who knows the secret, the safe house must be immediately abandoned.
4. When in doubt or when dealing with people whose loyalty has not been proven, set up an aggressive safe house under a false-flag cover, then use it for only a short time or for a single recruitment effort.
5. Make sure that untrusted subjects being taken to a safe house cannot learn the location of the safe house as they travel. This usually means blindfolding the subject for the last portion of the trip, putting him in the back of a windowless van, or taking him to the safe house at night and driving a roundabout route that includes several dark stretches.

## **GUARDING THE SECRECY OF A SAFE HOUSE**

### **THE ENEMY DISCOVERS AN OPERATIVE'S CONTACT WHO IS PROVIDING A SAFE HOUSE**

This often happens in criminal cases when a fugitive hides out in the house of a friend, lover, or relative. It also sometimes happens when witnesses to criminal activity, people being stalked, or victims of domestic violence attempt to hide out by using the home of a friend or close relative as a safe house. It can also happen when saboteurs or rebels seek refuge with old friends or relatives after an attack on an enemy force.

There are two defenses.

1. An operative setting up a safe house for anyone likely to be hunted by an enemy must make sure that there is no way for the enemy to identify the safe house by tracing the previous acquaintances and contacts of the hunted party.
2. There must be no records left behind that could be used to identify a safe house. This includes property records, court documents, phone records, letters of reference, employment records, medical records, and even personal letters.

### **THE ENEMY TRACKS A SUSPECT TO THE SAFE HOUSE**

Sometimes the operative either knows or must assume that the enemy has identified him and will have established some kind of surveillance. This is always the case with intelligence officers working under embassy cover who must assume that both the host government and the agents of hostile governments have them under surveillance. Such operatives must be well trained in the techniques for spotting and

## THE SAFE HOUSE

breaking surveillance. They may be under surveillance at any time, and they must act accordingly at all times.

The much more dangerous situation is when an operative believes that the enemy has not identified him as a subject of interest and therefore does not bother to take evasive action to ensure he is not followed to a safe house.

Two defenses are as follows.

1. It is imperative that the operative never approach a safe house until she is certain that she is not being followed or tracked. Even if the operative has no reason to suspect that the enemy has identified her, she must follow sound security procedures for spotting and evading surveillance on every occasion when visiting the safe house.<sup>1</sup>
2. The operative should use surveillance avoidance techniques not only while traveling to the safe house but also when leaving the safe house in the event that an enemy has identified the nature of the house and is tracking the movements of all those who enter and leave.

### **THE OPERATIVE UNKNOWINGLY TAKES A SUBJECT WHO IS UNDER SURVEILLANCE TO THE SAFE HOUSE**

This often occurs when the operative takes someone to the safe house for purposes such as interrogation, entrapment, or capture. However, it also happens when a loyal supporter comes under enemy suspicion without knowing he has been so identified.

There are two defenses in this instance.

1. Verify through countersurveillance that all those who are taken to a safe house are not under surveillance.

## GUARDING THE SECRECY OF A SAFE HOUSE

The covert operative or his trusted agents must meet the subject on neutral ground. They must set up their own surveillance to ensure that the subject is not under enemy surveillance as he travels to the meeting place. The operative then takes surveillance avoidance action as he takes the subject to the safe house.

2. Set up an aggressive safe house that cannot be traced to the operative and use that safe house for people who might be under surveillance. Keep the safe house active for only as long as necessary, then abandon it.

### **A TIP SUGGESTING POSSIBLY ILLEGAL ACTIVITY BY THE OCCUPANTS CAUSES THE ENEMY TO SURVEIL THE SAFE HOUSE**

Anyone who offers his home as a safe house to fugitives, escaped prisoners of war, insurgents, saboteurs, foreign agents, or illegal dissidents is engaging in high-risk behavior that could result in the loss of their property, imprisonment, torture, and even execution. People engaged in dangerous activities have a natural tendency to change behavior because of the stress or fear of being caught. They cut off contacts with old friends and change their behavior, such as looking over their shoulder as they walk down the street or suddenly jumping whenever they are surprised by some noise or just the sudden appearance of an old friend. They stop inviting friends in for social events, turn down invitations they would once have accepted, and avoid casual contacts with friends and neighbors. Then they fail to create and memorize believable cover stories for such changes in behavior. Such actions arouse suspicion and invite curiosity, which can lead to discovery.

The more tyrannical the state, or the more dangerous the

## THE SAFE HOUSE

political, military, or law enforcement situation, the greater the likelihood that one's neighbors or local authorities will become suspicious because of changes in daily routines.

The best defense is as follows.

1. Everyone associated with a safe house must act in a manner consistent with previous behavior patterns whenever dealing with friends, neighbors, and the authorities. This is not something one can suddenly start doing. Developing a proper mental attitude that allows one to act naturally when scared to death requires planning and practice. Therefore, anyone who expects to engage in any covert activity inside their own home, or who plans to offer their home as a safe house, must practice beforehand the deceit necessary to make a cover story plausible.

If one establishes personal security practices that include the use of deceit<sup>2</sup> when their home is not being used for dangerous purposes, then when one does start using a home as a safe house, friends, neighbors, and the authorities will not see the behavior necessary to hide the activities as something new and suspicious. Those who develop behavior patterns that protect privacy long before their homes become safe houses will be acting in a manner consistent with expected behavior when such practices are the difference between life and death.

### DEVELOPING A SAFE HOUSE MENTALITY

The best safe houses are those that were ordinary homes or business locations for many months or years before someone started using them as a safe house. If you can't imagine a set of circumstances that would require that you make your own home a safe house, think again. Indeed, you may already be engaging in some activity that

## GUARDING THE SECRECY OF A SAFE HOUSE

is illegal or antisocial and even dangerous to the community. The great majority of men and women who are involved in some risky covert activity are doing so in their own homes. Every day, millions of people around the world use their own homes to engage in dangerous or illegal sex acts, read forbidden literature, plot illegal business deals, swap insider trading information, watch porn movies, cheat on their taxes, process poached game, drink alcohol when underage, use illegal drugs, plan violent crimes, or conspire to start a revolution.

Most people who are doing something illegal or dangerous behind the walls of their own home know nothing about the basic security requirements of setting up a safe house, yet the great majority of people who engage in covert activities in their own home are never publicly identified, prosecuted, or punished. For those who do understand the basics of security, a private home can be the best kind of safe house for both the occupants and for those seeking sanctuary. This is true even in countries without the protection offered by the Fourth Amendment of the U.S. Constitution.<sup>3</sup>

The trick in using your own home as a safe house is to do everything possible to ensure that no potential enemy has any reason to suspect what you are doing. This requires a much higher level of attention to personal security and privacy than most people in the modern world practice, even those now using their homes as hiding places for illegal, dangerous, or antigovernment activities.

If you are doing anything, or will in the future do anything inside the walls of your own house that you don't want the government, business competitors, neighbors, personal enemies, or criminals to learn about, you must abide by the following commonsense rules and make sure every member of your family does the same. This will not only increase your own chances for avoiding trouble but will put you in a



position where you can offer your home as a safe house to those you want to protect, without having to change the way in which you deal with friends, neighbors, and authorities. Even if you don't think you have to worry about your privacy, you ought to follow most if not all of the following rules, if only to protect yourself and your property against the common criminal, and, perhaps, a criminal government.

### **RULE ONE: WHEN IN PUBLIC, ALWAYS ACT AS INNOCENTLY AS POSSIBLE**

If you are living or working in a safe house, you want to blend in, not stand out. Follow all the appropriate social conventions that rule community life where you live. Pay attention to building strong family ties and peacefully resolve family disputes when they arise.<sup>4</sup> Don't admit to anyone who is not directly involved any details of your illegal or dangerous activity. Don't brag about your cleverness in cheating on your income tax, the great dope you have stashed away, how much you won in a recent poker game, the number of unregistered guns you own, the traffic fine you didn't pay, or your support for a local antigovernment group.

### **RULE TWO: DISCRETELY BUT PASSIONATELY GUARD YOUR PRIVACY**

The less outsiders know about your personal life, the more difficult it will be for them to identify some unusual behavior that makes them suspicious. The individual who does nothing to protect his privacy and who suddenly starts guarding his privacy is much more likely to draw unwanted attention at the time he needs it least than the person who has a long history of guarding his privacy with a passion.

Guarding privacy has become increasingly difficult in an age of Social Security numbers, driver's licenses, credit

cards, telephone directories, Internet E-mail, and junk mail. Every bit of such information is computerized and readily available to just about anybody who wants to go looking for it. Even if you have an unlisted telephone number, if you own property, put money in the bank, have a driver's license, order magazines, or belong to any clubs or professional organizations, someone can find you, provided they know your real name and a little bit about you.

The secret in such a world is *not* to live an anonymous life in which your name never gets entered into computers. Indeed, that in itself will make you a suspicious person worthy of further investigation by anyone who looks for your public record for any reason. Instead, handle all matters dealing with your identity, including your credit ratings, employment, business, and public associations, in such a way that anyone who accesses that kind of information will find only evidence that describes you as an honest, law-abiding, typically dull citizen. You can keep a bank account, carry and use a couple of credit cards, buy property, pay taxes, apply for a passport, carry a driver's license, find a good job, start a legitimate business, and get an E-mail address. As long as you don't use any of those things in support of any covert activities, and as long as you pay all your bills, your real identity will be the best possible cover.

You can't avoid having a public record in computers, but that doesn't mean you have to make it easy for anyone to discover the massive amount of personal information that never gets entered into national computer banks. Don't volunteer information to casual acquaintances about your work, your finances, or your private behavior. Don't brag about your wealth, income, personal activities, political beliefs, favorite restaurants, or hobbies. Don't write letters to newspaper editors, make public threats against government officials, put political bumper stickers on your car, argue politics or religion with strangers, and don't waste

time expounding upon your philosophies in Internet chat rooms. Such activities seldom influence the course of human events, but they can make enemies who will want to know more about you. What they will try to find out will be the very things you want to keep private and secret.

Learn the art of being friendly without revealing personal information. That's easier to do than it sounds. Most people would rather talk about themselves than listen to other people, so learn to be a good neighbor who would rather listen to other people than brag about your own dull life. You want neighbors and casual acquaintances to think you are such a boring, ordinary person that you are not worth a moment of gossip. Practice the same rules when answering telephone calls, especially unsolicited calls from strangers. Don't talk to telephone solicitors except to ask them not to call back. Don't answer any questions they might ask, even if they claim to be doing a political survey or to be taking a poll in support of some cause you fully support.

Law enforcement officers, private detectives, spies of every stripe, as well as con men and violent criminals, work phones for information by using what they call *social engineering*. They will claim to be legitimate salesmen, solicitors for charitable donations, a supervisor from the home office, pollsters, or people searching for long-lost relatives. When they ask the first question, answer politely that you never buy anything or donate to any charity as a result of a telephone solicitation, and that you do not give out any personal information over the phone. Then hang up.

### **RULE THREE: CHOOSE YOUR CLOSE FRIENDS CAREFULLY, THEN DON'T TRUST THEM UNTIL THEY PROVE THEMSELVES OVER THE YEARS**

No matter what good friends you have, don't tell or even

hint to them about your covert activities unless there is an operational reason for them to know. When you entertain friends who don't know about your covert activities, make sure you hide well all evidence of those activities before they come visiting.

Be very careful in adding new friends to the short list of people you will trust with your secrets. Be suspicious of people you meet under strange or unusual circumstances or who spontaneously attempt to become your friend with no good explanation, especially if they don't share any important common interests or they start to ask probing questions about your lifestyle, politics, or religion. If such people start bragging about their own secrets or illegal acts, don't take that as evidence that you too can share secrets. Indeed, if they aren't telling you lies in an effort to discover your secrets, then they are careless fools with whom you should never share secrets.

Remember that being a neighbor is not a good reason for making a friend, unless you discover shared interests and common philosophies. You want to act in a courteous and friendly manner whenever dealing with neighbors, but don't be the one who volunteers to host the neighborhood Christmas party, tries to organize a block watch, or is the first to knock on the door of the people who just moved into the neighborhood.

### **RULE FOUR: AVOID FIGHTS AND DISPUTES WITH NEIGHBORS**

You don't have to be the neighborhood whimp, but you should carefully pick the disputes where you make a stand, and make sure you are the one within the law. Even then, try friendly persuasion and neighborly cooperation first, then try it again. There are people who make terrible neighbors and who will deliberately look for ways to cause you

trouble, no matter how hard you try to get along. If you have one of those, don't use your home for covert activities. The best solution may be to sell the house and move somewhere else.

### **RULE FIVE: LIMIT, TO THE MINIMUM NUMBER POSSIBLE, THOSE WHO EVER SEE THE INSIDE OF YOUR SAFE HOUSE**

Don't let strangers into your house under any circumstances, especially if they suddenly appear unannounced at your door, no matter what kind of story they tell. If you want to buy insurance, a vacuum cleaner, or an encyclopedia, meet the sales agent at his or her office or their home. If you want to investigate a new religion, ask the two young people knocking on your door the address of their meeting house and tell them you'll talk to them there. If someone knocks on the door and asks to use your phone because of an emergency, ask for a number to call and a message to give, then leave them standing at the door, with the door closed and locked, while you dial the number. One of the best arguments for doing your own plumbing, painting, rug cleaning, and electrical work, is that doing so keeps strangers out of the house.

When you must allow appliance and utility service personnel, delivery boys, or casual acquaintances in, sanitize the entire house first, making sure that there is no evidence of your covert activity in sight or easily found by opening a drawer or peeking into a bathroom cupboard. Keep any strangers or casual acquaintances under close surveillance at all times while they are inside. If you can't live without a cleaning lady who comes in twice a week, arrange your schedule so that you or a family member is in the house while she does the cleaning.

### **RULE SIX: DON'T USE THE PHONE TO DISCUSS ANYTHING YOU WANT TO KEEP A SECRET. THIS INCLUDES USING THE PHONE FOR SENSITIVE E-MAIL AND FAX CONNECTIONS**

If, in lower-risk situations, you decide to chance breaking this rule, don't *ever* use a cordless or cellular phone under any circumstances when talking about information that someone could use against you. Don't talk to your banker, lawyer, stockbroker, doctor, or even your employer while using such devices. The higher the risk situation, the more important this rule is. Assume that every conversation on a wireless phone is being monitored by your enemy.

The solution to the phone security problem is not in setting up some kind of coded communication system using public or open lines connected to the safe house, such as using computer modems to transmit encrypted binary files. If the enemy does suspect you, the first thing he will try, after visual surveillance of your house and your travels about town, will be a telephone tap. If all the enemy intercepts is innocent telephone talk, he may eventually decide he has made a mistake. On the other hand, if the enemy intercepts encrypted messages, he will be absolutely convinced that he has the right suspect, even if he can't break the code.

Establishing a method for secure communications is the most difficult problem faced by anyone engaged in covert operations. A secure communication system is almost always the most important weapon in any conflict situation. Therefore, part of any covert action plan must be to establish a communication system that can be trusted and that will not compromise any safe house. The most simple solution, which is described in my book *Running a Ring of Spies*, is the use of public phones or temporary safe places and pre-paid phone cards<sup>5</sup> for covert voice and E-mail messages.

**RULE SEVEN: DON'T THROW ANYTHING INTO A GARBAGE CAN THAT MIGHT TIP OFF SOMEONE TO YOUR COVERT ACTIVITIES OR PROVIDE INFORMATION ON YOUR PERSONAL MATTERS**

Shred it or burn it, or better, do both. Aldrich Ames, the CIA agent turned KGB mole (for money), got careless with his garbage, and an FBI search of his trash can came up with a crucial bit of evidence that helped bring the spy to justice. This is good advice even for home owners and renters who think they have nothing to hide. Never throw away canceled checks, bill stubs, credit card vouchers, or any document that has any personal information such as bank and credit account numbers, tax information, birth dates of family members, Social Security numbers, and so on. Every such document provides information that a criminal might find useful.

**RULE EIGHT: PROTECT YOUR PROPERTY FROM CRIMINAL ATTACK**

If you won't let apparently law-abiding strangers into your safe house, you certainly don't want burglars, petty thieves, and vandals sneaking into the place. A criminal who, during the course of a burglary, discovers some evidence that the home owner is engaged in secret illegal activity takes away a get-out-of-jail-free card he can use the next time he gets arrested. He'll sell you out as part of his plea bargain. Good door locks, strong safes, outside lighting, inside alarm systems, and many other home security measures will not only help prevent crime but will also help discourage your enemy from a surreptitious entry if he should suspect you are running a safe house.

**RULE NINE: CREATE A COVER STORY TO EXPLAIN TO NOSY NEIGHBORS, VISITORS, AND THE LAW ANYTHING THAT OCCURS AS A RESULT OF YOUR COVERT ACTIVITIES**

This should include innocent explanations for late night activity, loud noises, strange smells, bulky packages in the mail, and visitors to the home (especially those arriving or departing at odd hours or who are dressed in a way that might arouse suspicion). You should also have a cover story that explains any sudden wealth your covert activity might produce, wealth that allows you to buy new cars, recreational equipment, and furniture and have expensive nights on the town. The cover story must be well thought out, believable, and designed to cut off further questions by curious people. Don't grab someone as soon as they enter your home and start telling them about your rich uncle who died, how much you won at poker, the old friend who is coming for a visit, the new cleaning woman you have hired, how your son made a mistake with his chemistry set that resulted in a loud bang at two in the morning, or how you sometimes sell articles that you write to magazines. Let the story out only when others ask questions. Then, answer the questions, but don't add more information than the question requires.

The cover story should always make you look like the typical, dull, good citizen. Make sure every resident of the house, even minor children, understands this rule and knows well the cover story they will give.

Follow the KISS rule: keep it simple, stupid. Aldrich Ames escaped official attention for years despite buying fancy cars and an expensive home by casually talking about his rich in-laws living in Colombia.<sup>6</sup>

### **RULE TEN: IF YOU ENGAGE IN ANY COVERT ACTIVITY OUTSIDE OF YOUR HOME, MAKE SURE THAT THE ENEMY WON'T BE ABLE TO TRACK YOU HOME**

If you are going to join a militia unit, enlist in a sex club, recruit commercial spies, organize a political protest, join the underground as an assassin, or engage in any other risky behavior outside your home, don't use your own name, and certainly don't tell people where you live. Create and use a false identity.

Even if you are not doing something covert or illegal, use a false identity whenever practical, even while engaging in everyday activities. Use one while you are traveling, meeting strangers, hitting the bars, and checking in to hotel rooms. (Pay cash; don't use a credit card.) Tell the talkative grandmother sitting beside you on the plane that you are a freelance writer. Introduce yourself with a fake name to the stranger who wants to exchange business cards and tell him how you've just gotten off welfare because a rich uncle died. Pretend to be a businessman expecting to close a deal when you check in to a hotel in a strange city. There are two reasons for doing this. First, it's not easy to learn the art of deception; we need all the practice we can get. Playing a role using a false identity demands as much practice as playing a role on the stage. You can't practice it with friends; you must use strangers. Look at every contact with a stranger as a chance to practice the art in a nonrisk situation.

Second, we all need all the privacy we can get. Do you really want every hotel employee, travel clerk, waiter, barfly, and fellow traveler to know your name, where you live, how much you make, what political causes you support, and how many children you have? Why make it easy for some nut or criminal you innocently offend to start stalking you?

It is legal to use a stage name or a pen name, provided you don't do it as part of a fraud scheme. John Wayne wasn't born with that name, Joseph Stalin's mother knew him as Josif Vissarionovich Dzhugashvil, and Lenin grew up as Vladimir Ilich Ulyanov.

It's easy to create and use a temporary false identity, and there are a number of books available that explain how to do so. Most of the time, a false identity needs nothing more than announcing to the world who and what you claim to be. I have used a nickname all my life. Although every friend knows that name, the name doesn't appear in any public record. Even so, I only give my common nickname to people I want as friends. The strangers I meet seldom learn who I really am.

Add a few business cards and a couple of easily manufactured fake IDs, and such an identity will pass most inspections short of an arrest or traffic stop. Don't write checks or use credit cards while using a false identity unless they are backed up with real bank and credit card accounts.<sup>7</sup> Better still, don't write checks or use a credit card when you can use cash, especially if you are purchasing an item or service that will support a covert activity. When you get your cash from the ATM and then pay for dinner, a motel, or anything else, you leave no record that can trace you from one address to the next.

Don't give your real name and address to anyone unless you expect some specific worthwhile advantage for doing so and the action supports and protects your reputation as a law-abiding, trustworthy, honest citizen. Do that, and your home remains your safe house where you can go if you have to run for it, dropping your fake identities as you head for home.

Whenever you engage in any covert activity outside your own home, especially when you do so under a false flag, practice surveillance avoidance before you return to

your own home. Don't use a vehicle that will give away your identity while you are engaging in covert activities; don't make any telephone calls to your safe house while you might be under surveillance; and don't carry any documents that might give an enemy your real identity. You and all those who know about your covert activities must take every possible precaution to ensure that no one is following any of you from a covert activity to your safe house.

### **RULE ELEVEN: DON'T ENGAGE IN ANY COVERT ACTIVITY INSIDE YOUR OWN HOME THAT INVOLVES OTHER PEOPLE WHOM YOU WOULD NOT TRUST WITH YOUR LIFE**

Never use a personal home for any covert activity that involves anyone who is not a willing and trusted supporter of the covert activity. If you are trying to enlist someone in your cause, you should handle the entire recruitment process in an aggressive safe house away from your home and business while using a false-identity cover story.

In high-risk situations, if you can't count the number of trusted allies who know about your covert activities on one hand, you shouldn't be using your home as a safe house. Your home should be your retreat where you can continue to live your real life if your covert activities are discovered and you manage to escape without the enemy discovering your real identity.

### **RULE TWELVE: IF YOU SPOT ANY SURVEILLANCE OR DISCOVER ANY EVIDENCE THAT THE ENEMY IS SUSPICIOUS OF YOU, IMMEDIATELY STOP ALL COVERT ACTIVITIES IN YOUR HOME**

Destroy or remove all incriminating evidence of your covert activities from your home. If you must continue with

the covert activities, it's time to find another safe house, one that the enemy doesn't know about. The greater the chance that your activities will attract the attention of a sophisticated enemy, the more important it will be to find a safe house apart from your residence.

Follow all of these suggestions, and your home will be the sanctuary you want it to be. Very probably, it will be the only safe house you will ever need. It will also be a place where you can offer sanctuary to those who are fighting the fight that you want to win and who need a place to hide, to tend their wounds, and to meet with others who share your cause.

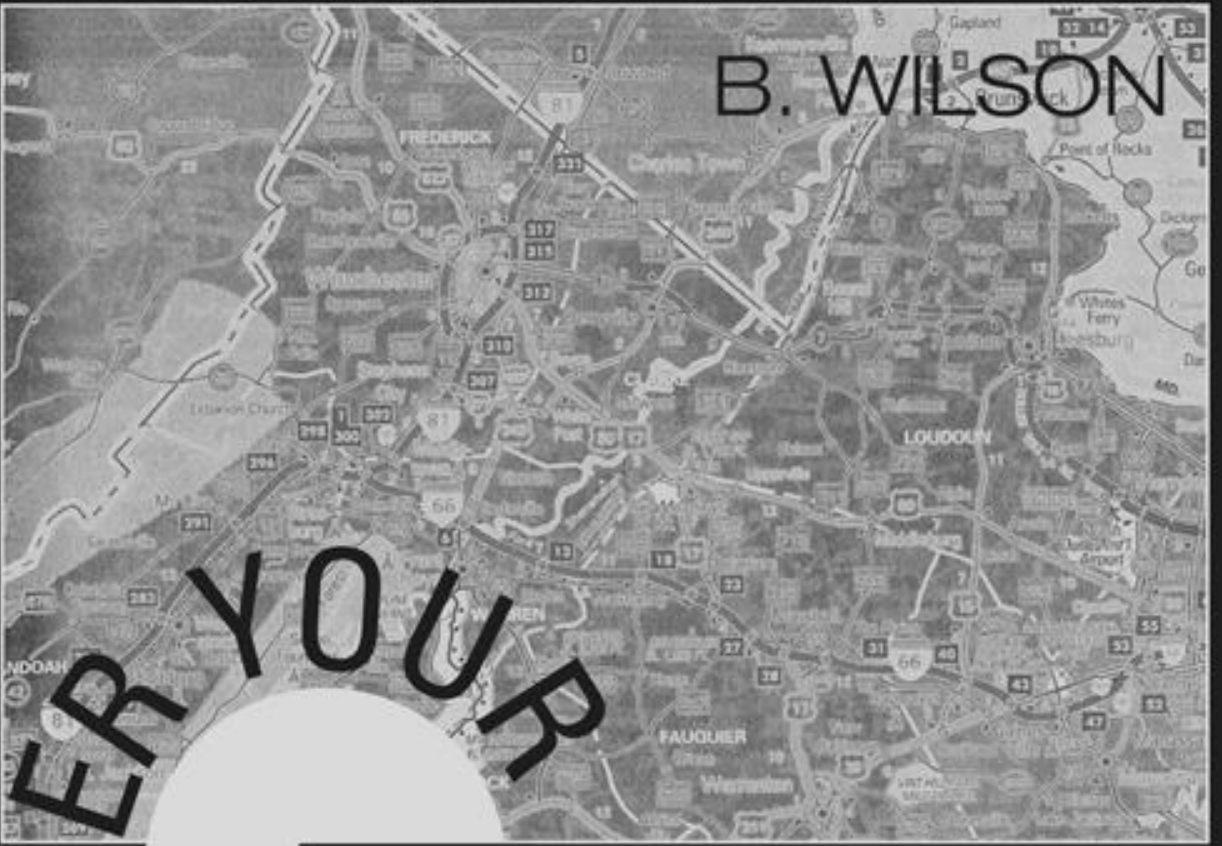
### ENDNOTES

1. The techniques for evading surveillance are beyond the scope of this book. There are a number of good books on the market, including several in the Paladin catalog that cover surveillance.
2. A simple example of home security deceit is using a light timer or leaving a radio or television on. Another is to tell your newspaper subscription service that you are canceling your subscription because of a disagreement with the paper's editorial viewpoints rather than because you will be away for the summer; this way someone with access to the subscriber list will think you are still there.
3. "The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no warrants shall issue, but upon probable cause, supported by oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized."
4. No home can be a safe house if the neighbors call the police to investigate domestic violence.
5. Prepaid phone cards are not totally secure, as Oklahoma City bomber Timothy McVeigh discovered. The long-distance company selling the card keeps records of all calls made on the card, record-

## THE SAFE HOUSE

ing both the number from which the 800 number was dialed and the number called. To make sure that no one can identify you as the person making the call, always 1) buy the card anonymously, 2) buy cards in small denominations, 3) use a different card and different phone for each call, and 4) never use such cards to make a call from your home, or from any phone that can be identified as one you have easy access to.

6. His wife's parents were scraping by at just above the poverty level, until their daughter, who married a CIA agent, started sending them lots of money.
7. Perhaps the easiest way to legally acquire a credit card with a fake identity is to sign up for a prepaid credit card, which are offered to bad credit risks. To get one, you must send a substantial deposit, which then becomes your credit limit. Because the companies that offer such cards take no risks and collect investment interest on the money they hold, they don't spend a lot of time checking out the bona fides of their customers.



B. WILSON

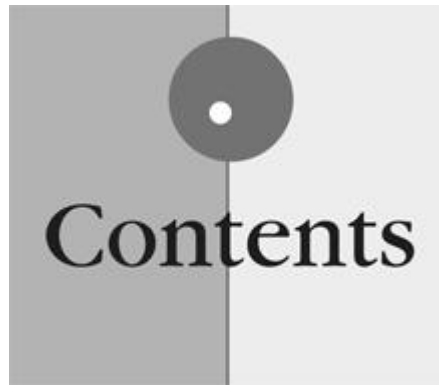
COVER YOUR  
TRACKS

**TRACKS**

WITHOUT  
CHANGING  
YOUR  
IDENTITY

**How to Disappear Until  
You WANT to Be Found**





[Introduction](#)

[Chapter 1 Where to Go](#)

[Chapter 2 Unloading](#)

[Chapter 3 Financial Concerns](#)

[Chapter 4 Means of Escape](#)

[Chapter 5 Making Money](#)

[Chapter 6 Recreation and Fun.](#)

[Chapter 7 Wrapping Things Up.](#)

[Appendix I:](#)

[Resources for Abused Women](#)

[Appendix II:](#)

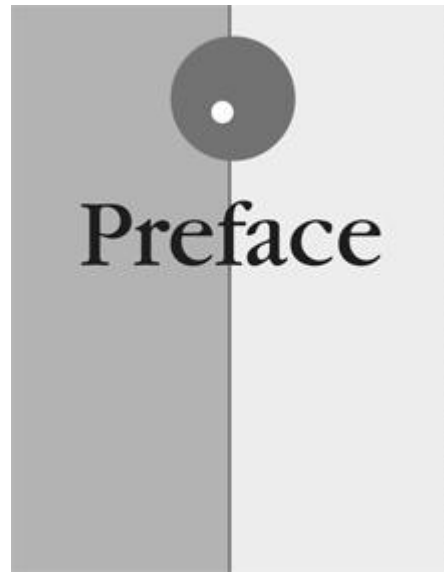
[Mail Drop Resources](#)

[Appendix III:](#)

[How Social Security Numbers Work](#)

[Appendix IV:](#)

[Resources for Further Study](#)



The human condition being what it is, dreaming of a better life is a pastime most of us indulge in at least occasionally. One of the most common fantasies is that of disappearing completely and leaving undesirable circumstances behind. Many who dream of this have severe financial or personal problems that have made their present lives intolerable. Numerous books have been written over the past 30 years showing these readers how they can shed their old identities and start over. These works have helped thousands to escape unpleasant and often dangerous situations and literally make a fresh start.

As valuable as these books are, however, they have one common limitation. They assume that the reader wants to make a total and permanent change, and the instructions they offer are given with that assumption in mind. For many, however, this is simply not the case. They want or need to get away but do not wish to permanently sever ties to their old life. What they need is a way to escape for a few weeks or months, perhaps up to a year; get some breathing room from their problems; and then decide what their next step will be. The usual “change your identity” books are not suitable for them. It is for these people that this book was written.

I have been in such a situation myself. The year 2001 was traumatic for me personally, and I realized one day that I had to get away for a while. I also knew that people like creditors and maniacal former significant others, as well as well-meaning but nosy friends, would want to keep tabs on me. This was unacceptable. So I developed a plan for disappearing one day and leaving no tracks that one could follow to find me.

I also knew, however, that I did not want to stay away forever. I could not say goodbye to Dixie permanently, being a native of the South and a lover of the region. Nor did I wish to sever all contact with family and friends. I was not wanted by the law or the Mob. What I needed was a “light identity change,” one that would safely shield me from snoops for several months while I cleared my head and figured out my next move.

I was able to accomplish this with complete success. I found a sanctuary where I could stay long-term and be treated well. I made a plan, saved my money, and reduced my possessions to a minimal level. Then one day I quite literally just took

off, driving to another region of the country where friends awaited to offer me shelter, aid, and assistance. I established red herrings and false clues to mislead others as to my whereabouts. While in the new area, I established employment and a savings account without changing my Social Security number. I kept a fairly low profile but was by no means a hermit. I traveled widely across the state I lived in, enjoying its sites and attractions openly. As I suspected, there were those who tried to find me, but they were unsuccessful. When my self-imposed “sabbatical” was nearing an end, I sat down to write this book as I prepared to return to the South and pick my life back up.

Now you can learn how I covered my tracks without changing my identity. This book is based upon my own experiences, as well as research and discussion with others who have gotten away for a while and were not found. If you believe that you could do with a little time out, then read on and learn how you too can take a vacation from your regular life for a while.



# Introduction

What is going on in your life right now? Have things taken a downward turn for you? Are your finances in a mess? Are you in a relationship, or even a marriage, that is in bad shape? Do you hate your job? Feeling mean, nasty, and tired? Well, don't go postal, don't get intoxicated, and don't send your money to a television evangelist.

Get out.

Rarely in difficult circumstances does one have the presence of mind to calmly and rationally evaluate the situation and decide on a course of action. Emotional stress; pressure from associates, family, and friends; and false feelings of guilt or misplaced loyalty can all hinder clear thinking. The best thing to do is get away, even if it is just for a day or two, and let yourself calm down. Put some distance between you and your problems, and very often solutions will come to you that you never would have thought of otherwise.

Getting away almost always helps, but the critical question is, "For how long?" For what amount of time should you stay away before returning to tackle your situation? For that matter, *should* you return? Tenacity is not always a virtue.

In some cases, such as where you are in extreme danger from a murderous and relentless foe, a permanent escape may be best. This will require a heavy-duty new identity, with all ties to your past life erased. In many other cases, though, leaving permanently may do more harm than good. Factors to be considered include your reasons for leaving, probability or desirability of being able to return to your old life, ability to cope with living a new life, and the diligence and resources of your potential pursuers.

Let's look at some hypothetical scenarios and see if we can figure out the best thing to do in each one.

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## UNLUCKY IN LOVE LARRY

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Larry Jones is a married man, 32 years old, with a decent job that he tolerates but doesn't really like. His health is good, his credit fair, and he has no kids. He is a law-abiding, tax-paying citizen with a modest home he owns and a few thousand dollars in the bank. He lives in Atlanta, Georgia. He has always dreamed of hiking

the entire Appalachian Trail, which begins in the northern part of the state. But he could never get the time off for the five to six months the adventure would require.

Larry's biggest source of both joy and sorrow is his wife Darlene. A moody, demanding woman, she frequently torments him with verbal abuse and nagging. When she is nice she makes him quite happy, but her niceness usually depends on her having her own way. When Larry does not give her what she wants she becomes angry and contrary, either berating him or trying to make him feel guilty. Larry loves Darlene but is afraid to think of spending the rest of his life with her.

One day Larry is on his way home from work. He has been upset all day because of a fight he and Darlene had that morning. He decides to stop at the florist and buy her a bouquet of roses; maybe that will smooth things over and he can have a peaceful evening for a change.

When he pulls into the driveway he notices the lights are out. He got off an hour early from work but did not call home because he wanted to surprise Darlene. There is a red sports car he has never seen before parked next to Darlene's Ford Escort, which he bought for her last birthday. He steps quietly in the house, afraid his wife is not feeling well and not wanting to wake her. Strange noises from the bedroom grab his attention, and he tiptoes toward it. The door is slightly ajar, and he sees inside. Darlene is on her knees giving oral pleasure to another man. The act is clearly voluntarily, and both she and her partner are enjoying it immensely.

Larry never dreamed Darlene could be unfaithful, and the sight is too much for him. He drops the flowers he bought and runs from the house, getting in his car. His wife pursues him and bursts outside in her bathrobe, ordering him to stop as he pulls out of the driveway. He hears her cursing loudly as he speeds away.

Larry cruises the city streets aimlessly until late in the night, trying to decide what to do. He is afraid to go home; he knows that his patience with Darlene is over forever and feels he is likely to hurt or even kill her if he sees her again. He glances down at the briefcase on the passenger seat beside him and remembers that he has a presentation to do the next day at work that he has not even begun to prepare for. The consequences from his overbearing boss will be severe if he is not ready to do it. He sees a sign for Interstate 75, which can have him in the mountains in less than two hours. It is early March, and warm weather will soon blanket the state. He sees the chance to do something he has always dreamt of: shuck conventional responsibility and the burden of debt and live as a free spirit.

This will of course mean the end of his good credit and his stability, but he honestly doesn't care. He has met others who have lived as nomads for years, and though they had difficulty eventually readjusting to society, they nonetheless had stories to tell that would make their grandchildren roll their eyes in wonderment. In fact, Larry has fantasized about completely changing his identity and adopting a new life altogether but would like to test the waters by disappearing for a limited time first.

What should he do?

## **WORKING MAN JACK**

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Jack Bradley is a self-employed carpenter. His prize possession is a pickup truck that he uses in his trade. Besides carrying his tools and hauling work-related loads, it serves as his only means of transportation. He purchased it a year ago

when he was working 50 to 60 hours a week at an excellent hourly wage. The payments are more than \$500 a month. At the time he bought the truck, Jack could easily afford the note. He was living with his mother for free and bringing home almost a thousand dollars a week. But his mom has since moved to a nursing home, and her house was sold to meet the expenses, so Jack is now renting. His work slowed down, and he is currently earning half of what he was 12 months ago. As a result, he is several months behind on his payments, and the finance company has become very threatening. Jack is afraid to declare bankruptcy, knowing it will destroy what is left of his credit.

One night he is talking with his brother, who lives in another part of the state. He mentions that there is a great deal of construction going on in his area, and carpenters are in high demand at excellent wages. He offers to let Jack stay with him while he seeks employment in the area.

There is only one problem: the finance company sent Jack a certified letter the previous day. If he does not bring his payments up to date within seven days, his truck will be repossessed. The amount now due is over \$2,000. Jack wants to pay his bills but cannot raise the lump sum in a week. What should he do?

### **SALLY AND HER STALKER**

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Sally Jones is a 20-year-old single mother with a 2-year-old daughter. She has been living with her new boyfriend for several months. At first he was very kind and loving to both her and her child, and she thought she had met Mr. Perfect. But lately he has become verbally and physically abusive. She has also discovered that he has a substance abuse disorder and spent time in prison for felony assault. One evening he comes home drunk and beats her severely. She flees to her mother's home with her daughter and calls the police.

The boyfriend is soon arrested, and she decides to press charges. He responds by showing up at the mother's house that weekend after making bond, waving a gun and threatening their lives.

The law shows up and takes him away, and Sally has a restraining order put on him. But she fears that he will disobey the order and come after her again. She is assured by her attorney that, because of the prior conviction laws in her state, Jack faces a minimum of 20 years in prison. But his trial date is several months away, and for now he is out on bail. Sally is terrified for herself and her daughter. What should she do?

\* \* \*

In each of the above scenarios we met people whose lives have taken serious downturns because of circumstances outside their control. In each case there is little or nothing they can do by sticking around and trying to "fix" things. If Larry goes home to his wife he will likely assault her, or he will be assaulted by her and/or her lover. He also knows his marriage is beyond repair but does not have the emotional strength to deal with a divorce at the current time. As for Jack, it is very unlikely that his creditors will work out a payment plan with him, and he will lose the ability to support himself if his truck is repossessed. In Sally's case, staying in her local area puts her life, as well as that of her daughter, at risk. In all of these situations,

the main characters would benefit enormously by covering their tracks and disappearing for a while.

Traditional new identity methods could be of assistance to these people, but they would entail a heavy cost indeed. If Larry does not eventually deal with his situation, his wife can claim abandonment and obtain a divorce with terms favorable to her, getting the house and other assets. Jack could slip away, change his critical identifiers, and find work under a new ID, but his financial resources are limited and he is dependent upon his vehicle. In Sally's case, she will be safe if she can only survive long enough to see her stalker imprisoned.

Completely dumping one's old life and starting fresh has consequences that many people cannot or will not deal with. Besides the time and effort involved in changing data such as one's birth date and Social Security number, there are the challenges of establishing a complete new identity from scratch— severing old ties to friends, work, and family permanently and adapting to a new location and new habits. One recent guide to “disappearing” lists almost 20 pages of “do-nots” and other instructions for the disapparee! Among the things urged: don't go to church, don't ever play your stereo too loud, don't travel cross-country by bus, let life insurance policies lapse, be careful to always dress in a very low-key manner, surrender any claim to refunds from utility companies when you discontinue their services, don't have milk or other products delivered to your door, don't join political organizations, don't work on your car in your yard, don't get to know your neighbors, don't express controversial opinions, and the list goes on and on. How many people could endure such a restrictive existence year in and year out? In all but the most severe cases, complete and permanent identity change carries a price too high to pay.

On the other hand, the average person can put up with all sorts of inconveniences on a temporary basis. In my own case, I could never endure the regimen dictated above for any length of time. However, I was able to tolerate many things, including unfamiliarity with the region and working at less-than-ideal employment at first, as well as more minor irritants such as higher prices and lots of pollen. The benefits of escaping my old situation for a while more than outweighed the transitory setbacks. Since I knew that I would eventually return to the South, my patience held, though it was at times taxed. I was even able to make a few new friends and tell them I am a writer (since my true profession, “wandering miscreant,” doesn't look too impressive on the ol' resumé).

To summarize: There are many situations in which leaving the scene for a while can be the best thing to do. At the same time, most people probably do not need a complete identity change, just a way to be “invisible” for a few weeks, maybe several months, while they get their head straightened out and wait for things to settle down back home. This can be accomplished by establishing a “new ID lite.” The techniques for doing so are described in detail in the rest of the book.

A final word: since no two people's situations are identical, I have avoided describing a “one size fits all” method in the following chapters. Covering one's tracks can be accomplished in a multitude of ways, and what is best for one person may be completely inappropriate for another. What I offer instead is a “buffet” of ideas and suggestions that readers can use to tailor their own solution to their problems. Use what works for you. Now let's get into the nuts and bolts of taking a powder.

# 1

## Where to Go

The options available to the aspiring vanisher are many. Which ones you choose will be determined by many factors, including your health, savings, personal interests and preferences, and prospects for a sanctuary. Those with youth, good physical condition, and/or financial resources on their side will have a greater choice than those lacking these things, but virtually everyone can find a way to disappear by using the ideas in this chapter.

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### THE GREAT OUTDOORS

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This is potentially the least expensive and most effective, as well as adventurous and scenic, of choices. The United States is literally covered by hiking trails, national forests, parks, wetlands, and wildlife preserves, most of which offer tremendous opportunities for solitude. You can disappear into the wilds for as long as you like, right here in the USA.



Scenery near the Appalachian Trail.



The Appalachian Trail in the East stretches over 2,000 miles from Georgia to Maine and offers clean, fresh air, fantastic views, and the chance to escape civilization almost completely. Thousands of people hike the AT (as it is known by its fans) yearly. Only a few hundred manage to finish the entire route. Most visitors are day hikers or weekend adventurers only.

Finding anonymity here is incredibly easy. An investment of a few hundred dollars in camping equipment is all you will need. Chain stores like Wal-Mart and Sports Authority, as well as local army surplus stores and flea markets, are good places to look. If you have never backpacked before, it is advisable to borrow or buy two or three books on the subject and read them thoroughly before setting out. Reasonably good physical condition is a must. So many people hike the trail every year that you can blend into a sea of faces with little effort. It has all the advantages of losing yourself in the throngs of a major city, without the crime, pollution, and hostility. As long as you dress like the other hikers, remain polite but discreet in dealing with others, and behave yourself, you should have no problems.



**Camping supplies can be found in abundance at discount department stores in summer and spring.**

The trail crosses roads and highways at regular intervals, and small towns are located near most entrance and exit points. Carry cash or prepaid charge cards to buy what you need, usually things like basic foods, personal items like toothpaste and soap, as well as an occasional restaurant meal. (Cards with the Mastercard or Visa logo can be purchased anonymously, with no credit references, proof of income, or even ID needed. Their value is equal to the amount you pay for them, minus a modest processing fee. The chapter on means of escape contains more information on these.) All-you-can-eat buffets are popular with hikers, and you will have no problem finding these in the communities you will pass through. All sorts of colorful-looking individuals hike part or all of the trail annually, and locals generally ignore them.

It is best to begin in early spring if you intend to go the entire distance. Most thru-hikers (the term for those who complete the entire route of 2,050 miles) start in Georgia in March or early April and trek for four to six months before reaching the

other end at Mount Katahdin, Maine. A reasonably thrifty individual should be able to do the trip on \$3,000 or less, including equipment.

Besides the AT, there is a sister trail along the West Coast, the Pacific Crest Trail, which is approximately as long and offers similar opportunities. There are also shorter trails located in individual states and regions of the country. For those who hate mountain climbing, the state of Florida offers hundreds of miles of trails that are virtually sidewalk-flat. Ohio is encircled by the Buckeye Trail, and in South Carolina the Palmetto Trail stretches from the mountains in the west to the beaches in the east. The Internet site [www.backpacker.com](http://www.backpacker.com) is a tremendous resource for further research. Just don't buy all the hype from their advertisers and get suckered into paying too much for your equipment. A complete set of good, dependable gear can be had new for \$400 or less. Check out [campmor.com](http://campmor.com) and [majorsurplusandsurvival.com](http://majorsurplusandsurvival.com) for great deals.

Not interested in doing all that walking? No problem. There are campsites galore across the nation where you can set up a tent and stay for a week or longer, up to several months. You will generally be required to show some form of ID, but there will be no background or credit checks. Private chains like KOA, as well as most larger state and national parks, offer comfortable amenities alongside the tent sites, including bathrooms with showers, washers and dryers, even vending machines, convenience stores, and restaurants. Some of these places close for the winter, but many are open year round. You can set up a large tent, a cot and sleeping bag, folding chairs and table, and relax with a good book. Cooking can be done on a camp stove (available from sporting goods stores for around \$50 to \$60), on a grill, or in a dutch oven suspended over your campfire. Spending time this way allows your mind and body to truly unwind, which is important when you are trying to gather your thoughts and evaluate your options. Keep your site clean, stay reasonably quiet, and behave yourself, and you should have no problems.



**A good tent is essential to camping comfort.  
Here the author poses proudly after erecting his.**

There is one other outdoors option which provides ultimate anonymity, and that is hiding out in the woods, deep in the forest or other wilderness where humans

never go. This is an option for those who do not wish to be seen by others, and it offers complete privacy if done right. The thing to remember is that the United States is filled with remote places that people never trod. Most of the Great Smoky Mountains National Park, for example, is totally uninhabited. Its holdings include more than 10 million acres of pristine wild lands. Avoid the public campsites, established trails, and scenic roads, and you can remain undiscovered forever.

Accused antiabortion terrorist and Olympic bomber Eric Rudolph lived for five years in the Smoky Mountains without being seen, despite a massive effort on the part of law enforcement and professional bounty hunters to find him. Eventually he was spotted by a local cop in Murphy, North Carolina, and arrested. Had he not wandered into town to raid Dumpsters, he would probably still be free.

They say Bigfoot lives in the Rocky Mountains out West. If so, then he has done an excellent job hiding, because he has been hunted by countless thousands and never captured. I have seen the Olympic National Forest in western Washington State, as well as the mountainous parts of Wyoming, Montana, and Idaho. It would be no problem getting lost in those areas. The southwest is largely desert, but it is dotted by abandoned ghost towns that tourists do not frequent. Desert survival is an art unto itself but has been accomplished for long periods of time.

Living this way would have its share of risks as well as advantages. You are on your own if you break a leg or need emergency surgery to remove your appendix. There is much to consider if you choose this option. Fortunately, companies like Paladin Press ([www.paladin-press.com](http://www.paladin-press.com)) and Loompanics ([www.loompanics.com](http://www.loompanics.com)) sell outstanding books on wilderness survival, and I refer you to their catalogs. For those who love the outdoors and can face its challenges, living on a hiking trail, in a campground, or just out in the middle of nowhere can offer sanctuary as well as adventure.

Remember Unlucky in Love Larry? This is the option he took. He spent the night at a rest stop, stopped at a branch of his bank first thing the next morning, and emptied out the checking and savings accounts. He also maxed out his credit cards (and then cancelled them), using them to get cash advances and buy supplies. Fortunately, he had done enough research on the AT to realize what kind of equipment he would need, so a couple of trips to sporting goods stores were all that it took to outfit him. Now he is staying at a mountain cabin for a couple of weeks, doing all the day hiking and exercising he can to prepare for the big walk ahead. Yes, he sweats a lot, but he never hears his wife's nagging voice. That has to be nice ...

## **THE OPEN ROAD**

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This option is closely related to the last one, in that you will be spending a great deal of time outside. However, instead of being out in the woods or the desert, you are on the highway with your thumb out. Hitchhiking is a great low-cost way to see the country. Despite its seedy reputation, it is much safer and more pleasant than most people think.

You will carry your possessions in a duffel bag or backpack. You are likely to meet nearly anyone when you hitchhike, but most people who give you rides will fall into three different categories:

1. Born-again Christians who want you to accept Jesus.
2. Old men who want you to listen to their stories of the old days.
3. Homosexuals who want your ass. Generally, the first two types are more abundant, unless you are hitching a ride anywhere near San Francisco. Horror stories in the media aside, it is rare that hitchhikers are assaulted or killed. (Special note to women: Forget this option. Don't argue with me; just forget it. We both know why.)

The whole adventure of hitchhiking is in the uncertainty. You never know from day to day whom you will meet, what you will eat, or where you will sleep. I have hitched a little myself, but my ex-hippy brother is an old master of the art. He has thumbed his way from Atlanta to the West Coast more than once. He advises the following:

1. Dress in casual, durable clothes that are neat and clean—i.e., jeans and a T-shirt, with a heavy shirt and/or jacket in winter and a hat of some kind to protect your head from the sun and the wind. Wear nothing that makes you look as if you might be rich (e.g., nice jewelry, fine watch; you get the idea). Duffel bags and backpacks are good for carrying your stuff. Make sure they look old.
2. Use of a cardboard sign with the name of your destination on it can be helpful. Make sure the letters are big and easily read.
3. Be courteous to the people who pick you up, but feel free to decline a ride with anyone who creeps you out.
4. Take a tarp with you to protect you from the rain and snow. A tarp can be wrapped up in like a sleeping bag or made into an impromptu tent. Also, a military-style sleeping bag and light pup tent can spare you from endless discomfort. Buy them cheap and stuff them in your bag or pack.
5. Sleeping is best done under bridges, he claims. I have also heard that church graveyards are comfortable spots. On very cold evenings, he would crawl under a bridge and wrap himself up in plastic.
6. Don't hassle the cops and they usually won't hassle you. Kiss their ass if necessary, but never, ever challenge a cop's authority.

My brother also shared some fascinating stories with me, which should give you a good idea of what you may expect. One of these involved an evening in Houston, during which he saw a man die in the middle of the street from a slit throat. This motivated him and his traveling companions to seek shelter for the night, and, by pooling their financial resources, they were able to rent a motel room. Unbeknownst to them, the flop was actually a cover for a cat house, which they discovered when they went upstairs and found the hallway lined with women in various states of undress loudly proclaiming their services.

Having no money to pay for such services, my brother and his three male companions went to their room. This caused the ladies to conclude that they were gay. The gentleman in charge of the house, himself a flaming homosexual, was delighted to hear this, and my brother and his friends spent much of the night declining his advances.

Things were especially hard for one friend who ventured to the rest room at the end of the hall to shower. He panicked when the manager decided he would shower with him.

His other tales from the road ranged from fleeing mentally disturbed drivers to suffering from hypothermia to smoking cigarettes infested with weevils. But he also had stories of seeing beautiful areas of the country, meeting kind and interesting people, and enjoying a sense of freedom he has never known since.

Good luck out there if you decide to hitchhike. For further research, consult *The Hitchhiker's Handbook* from Loompanics.



**The author is dressed for hitchhiking success. Note simple but durable clothes. Personal items are in old bag he carries.**



**For the nonsuperstitious, cemeteries make comfortable, safe places to sleep.**

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## THE STREET

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While not the most pleasant choice in this chapter, living as a homeless person may be an option for those who have little money and/or desire almost complete anonymity. Street people are a common sight in most decent-sized cities these days, not just metropolises like Atlanta and New York. You will probably never be noticed among the masses of people who sleep in the alleys, rescue missions, or doorways.

Athens, Georgia, is a good example of a smaller city (population approximately 100,000 to 200,000) where the homeless are well tolerated. There is an abundance of benches in the downtown area where the transient population gathers to socialize and to feed off whatever they are given or can find. Athens is a university town, so there are plenty of guilt-ridden white liberals and young, out-of-touch idealists to sponge off of. The abundance of restaurants and coffeehouses means edible food is just a Dumpster dive away. Being a Southern city, Athens enjoys a mild to moderate climate year 'round, though the summers can be quite hot.

Athens has a very visible downtown police presence, but the cops generally do not hassle the homeless as long as they are well-behaved. Free or low-cost entertainment can be had from the countless small bands that play the clubs up and down Clayton Avenue. Street musicians are common as well. There is always an outdoor play, political demonstration, or something else going on. Reading material is abundant; 'zines can be purchased very cheaply from Bizarro Wuxtry's, the local comic book shop. (My favorite is "Betty and Judy," an illustrated 'zine about two adolescent girls who annoy old men and beat up obnoxious convenience store clerks. It runs 10 cents a copy.) I have taken clean and virtually unread newspapers from the trashcans when I didn't want to spend the 50 cents for my own copy. The University of Georgia library is very accessible. It has literally millions of books, papers, and other publications. My brother goes into the magazine shops downtown and reads articles at the stand, then puts them back on the shelf without purchasing anything. He has never been hassled for this.

All in all, Athens would be one of the better places to be homeless for a while if circumstances ever made it necessary. I urge you to strongly consider using a college or university town for your sanctuary, no matter which of the options in this chapter you decide to use. The casual, transitory atmosphere is perfect for someone trying not to be noticed.

You will need a good sleeping bag, plastic sheet or tarp for protection from the rain, and a backpack or duffel bag to hold your possessions. I advise against carrying a firearm; it can backfire on you in many ways (pun intended). A large can of pepper spray or handheld stun gun might be okay. The best weapon you can have is your wits. Always be aware of what is happening around you.

Living on the street is another option that requires long and hard thought. Done right, in the proper location, it can be tolerable. For those seriously contemplating it, I highly recommend the book *Surviving on the Street: How to Go Down without Going Out* by Ace Backwords (available from Paladin Press). It is absolutely the best book on homelessness I have ever seen. Ace lived on the mean streets of San Francisco for years, so his advice is all real-world, not academic BS. *Dumpster Diving: The Advanced Course* is another outstanding resource offered by Paladin Press. Put your prejudices aside; Dumpsters are veritable treasure troves filled with all sorts of goodies in great condition. Fresh food, clothing, building materials, even items suitable for resale are thrown away in abundance every day, and you can get them for *free*. Learn to live off of the wastefulness of American society, and you will always live well.

### **HOTELS/MOTELS/BOARDING HOUSES/TRAILER PARKS**

For the less adventurous, renting a place can prove to be a viable alternative to the above-described options. Hotels and boarding houses offer two advantages to conventional rentals: one does not normally have to submit to background or credit checks, and electricity, water, and local phone service are generally included in the rent. In addition, many trailer parks offer renters a package deal that includes the cost of electricity and water. This circumvents the need to establish these utilities in one's own name.

This said, there are disadvantages to these options as well. The most troublesome of these is that your future neighbors may not be the sort of people you want to be around. Rent-by-the-week motels have an especially bad reputation. Drug dealers and prostitutes often live out of them. When I resided in Georgia there were a pair of inns just outside of town that were always getting raided by the sheriff's department. There was a man who worked for me for a while who lived in one of them. He told me he did not dare to go outside his room after dark. The potential for trouble was too great.

Traveling work crews often stay in these kinds of hotels. They can range from tired construction workers just wanting a good night's sleep to real rowdies looking for drinking, drugs, and a fight. Ladies of the evening prowl the parking lot or even knock on one door after another, seeking customers. Ditto for the dope dealers. For a long time conditions like these were the norm for those who sought weekly or monthly lodging in motels.



**Extended-stay hotels like this one are clean, quiet, and safe.**

In the last several years this has begun to change. Clean, decent chains have sprung up across the country. They cater to business travelers and others who may need to reside away from home for a while. They often have the words “extended stay” in their names. I lived in one of these in Pennsylvania for a while and found it a wonderful place. The room was set up like a small apartment with a kitchenette, desk, and recliner. There was a fitness room and snack bar on the premises, and private boxes were available for the guests to receive mail. If you choose to stay in a motel during your absence, I strongly recommend seeking out a place like this. Rates are generally \$150 to \$200 per week, and they take cash. A driver’s license, which is in no way verified as authentic, is usually sufficient identification to check in. I discuss alternate ID later in the book. (I am assuming, of course, that you are the kind of person who likes things calm and peaceful. On the other hand, you may be the sort who enjoys the company of flesh peddlers, drug dealers, and violent



people. If so, save your bucks and go for the cheap dives you can live in for a hundred bucks a week. Just don't be surprised if you end up on *COPS* one night for all the world to gawk at.)

Boarding houses used to be very common but are hard to find these days. There was one in Belton, South Carolina, that I stayed in for a couple of months. The manager was a convicted felon who wore an alarm around his ankle that would go off if he left the property. He was under house arrest for receiving stolen goods. There was a very homely, mannish-looking slut across the hall who always wanted sex from me (no, I didn't accommodate her). Various kinds of losers rented the other bedrooms. The house was a giant two-story affair that used to be a funeral parlor. We shared a common bathroom and had a telephone downstairs with local service.

The "manager" would get plastered at night and scream at his wife. He eventually went back to prison for beating her half to death one night. Sometimes he would corner me downstairs and regale me with tales of his "glorious" criminal past. I found his stories difficult to believe.

I moved as soon as I could and rented a bedroom in a private home. My landlady was semiretired and took in boarders to supplement her income. She cooked dinner for her tenants at night, and we would all watch TV in her big living room in the evening. This was a really decent arrangement and accommodated me for several months.

The lesson here is to check out any motel, boarding house, or trailer park carefully. There are still decent places among them. Chosen carefully, these can be excellent options for those who have the cash. Keep your nose clean, be polite but discreet when talking to others, and feel free to lie as much as necessary about your real situation, both on the rental application as well as person-to-person. In rare cases you may need to provide real references to rent in a boarding house or trailer park. (By "real" I mean the landlord or lady will actually try to verify them. I discuss establishing false references in a later chapter.)

## **RENTAL HOUSE OR APARTMENT**

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This option presents limited opportunities for the disapparee, but there are some drawbacks. Houses and apartments generally require a fair degree of paperwork as well as a good supply of cash. Credit and background checks are common. In addition, it is usually necessary for tenants to provide their own utilities, which means signing up with the local electric company and the city water service. The vanisher can use a fraudulent Social Security number to do so, but this can be risky and will almost always necessitate a hefty deposit, unless he or she has already obtained credit under the number. It is unlikely that anyone should go to such measures merely to stage a short-term disappearance.

Houses and apartments need to be furnished, although they often come with a stove and refrigerator in place. In addition, at least in the case of houses, you will likely be surrounded by people who have lived in the community for a while. They will see you as their new neighbor and may try to get to know you; this could be very bad for someone maintaining a low profile. The local authorities may check you out, just to make sure a "troublemaker" is not invading their peaceful little

town. If you have brought your car, your out-of-town or out-of-state plates will draw attention. All in all, this option should be avoided if possible.

An exception may be if you have a close relative or friend who owns a rental home, timeshare, or summer/vacation dwelling and is willing to let you use it. Sometimes members of religious or political groups have networks of fellow adherents that will assist them. That leads directly into the next option.

## **SHELTER OR SAFE HOUSE**

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Abused women can take refuge in any one of hundreds of shelters set up for them. Many of these will shelter their children as well. There are tons of resources available for women in this situation, and I list some of them in Appendix I at the back of this book. Check out carefully any place you consider, and make sure they can take you in for as long as you need to be away from home.

If you are a member of a political, racial, or religious group that is frequently persecuted, then there may already be a network of safe houses around the country ready to assist you. Check with others of your color or creed on this option. Also refer to the suggestions for further reading at the back of this book.

In my research on this option, I discovered that there are essentially three different types of women's shelters across the country. One of these is the government-funded variety, often known as the "county shelter." The advantage of these is that they are adequately if not generously funded, enjoy strong support from local law enforcement, and are free or very low cost to the women who use them. The primary disadvantage is that bed space may be severely limited and so women may only be able to stay there for a few days. Check with your city or county's social services agencies to see if they support such a shelter and what kind of services it offers.

An alternative to the county shelter is one run by a private organization that is nonreligious. These are often feminist groups with local chapters. The conditions at these places vary widely. Some are clean, decent places for battered women and their children to live temporarily while they straighten their lives out. Others are little more than holding cells that treat the women like cattle. Some have been investigated numerous times for mistreatment and misuse of funds. For example, several shelters in the United States and Canada have come under criticism for refusing to allow the women to have male visitors, even if the person in question was their attorney, minister, or physician!

Homes like this are often run by ultrafeminists who equate anyone who does not have to sit down to urinate with Satan himself. I advise that you do research on any home in which you are considering seeking shelter. Check with law enforcement, civic groups, and other charities in the area to find out what kind of a reputation the place has.

The final alternative is a shelter run by a church or other religious group. These are subject to the same uncertainties I have already outlined, with the additional proviso that they will see you as a target for evangelistic work if you do not agree with their beliefs. If you are a nonreligious person with no interest in acquiring a faith, you may find this to be more than you can take. Then again, when you are flat broke, cold, and hungry, what is so bad about hearing a sermon if you know there is soup and a warm bed waiting afterward? Check these homes out the same

way you would the other options. Even if you cannot stay at one of these places for very long, you can usually get shelter for at least a few days while you flesh out other options.

Remember Sally from the last chapter? She was able to obtain shelter at a church-affiliated home for battered women. The situation is not ideal; she does not really want to receive Jesus as her savior, but the staff is pretty insistent about it. Still, they are not beating her or letting her or the baby starve, so it is a definite improvement over her last situation. We will check in on her again later.

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### **SECRET HIDING PLACE**

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If there is an abandoned home, a shack in the woods, or a hidden cellar that only you know about, then you have a refuge ready to go. Stock your sanctuary with canned foods or MREs, first aid supplies, and anything else you may need for a while. The book *The Modern Survival Retreat* from Paladin Press is a great resource for further study.

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### **A PRIVATE HOME**

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If you have a “covert” friend somewhere, he or she may be willing to put you up for a while. The Internet can be a great place to meet people like you who are open to new people and new experiences. It can also be a wonderful place to meet people who will slit your throat and toss your carcass in the river. Be careful.

Relatives may put you up, but any pursuers will logically think you are staying with family and probably seek them out. When I was a teenager, I went to stay with my aunt after my father came home in a drunken rage one night and tried to shoot me. She did not live far from him, but he did not dare bother me at her house. My aunt was heavily armed and a great shot.

There is one more option I want to mention here, which can be helpful to those in need of ending their marriage. The state of Nevada is a great place to get a quickie divorce, and you only have to “live” there for six weeks before you are officially a resident.



## 2 Unloading

Made up your mind which option is best for you? Then let's turn the page and start getting ready for the great escape.

Okay, you have searched your soul, evaluated your options, and decided to get the hell out of Dodge for a while. Now it is time to prepare for the big escape. And if you're really going to take off, you've got to lighten your load.

### **WHAT TO DO WITH YOUR STUFF**

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Unless you are an extreme minimalist, it is unlikely that you will be able to take all of your crap with you. In most cases you would not want to anyway. The less you have to fuss with material possessions, the more you will be able to think about your situation.

So travel light. Take basic clothes, personal care/hygiene items, a few essential books, and maybe some music CDs or cassettes and a handheld player, and try to leave behind as much as possible.

There are three things you can do with the stuff you don't take with you and don't want to throw away.

#### **Store It**

The storage option usually entails renting a storage building by the month and stashing your gear there for the time you will be gone. There are operations all over the country that lease sheds for this purpose. You will usually pay the first month's rent plus a small deposit and sign an agreement that says the owner can confiscate your goods if you fall behind on the payments. Most of the time you will have to be behind three months or more before he can exercise this option. Don't tell the manager about your plans to take a powder, however. This will probably spook him or her. Simply pack the stuff in, secure the big metal door with your own padlock, and that is it.

Since you supply the padlock, the owner or manager does not have a key and thus cannot poke around your belongings. Theft is unlikely, since these facilities are surrounded by high fences with gates that are locked at night.

You have to visit your unit during operating hours, or, at an additional cost, you can often get a private access code that will disarm the security system and allow you to enter at any time. My brother used to visit his in the middle of the night. He met hookers sometimes hanging around outside the facility. He reports that they were more trouble than they were worth.

This is an excellent option most of the time (storing, not meeting hookers), but there are a few things to consider. First, these storage facilities vary widely in cost, service, and quality. In the South it is easy to rent a unit for \$50 or less a month that should hold an entire house full of belongings—for example, a 10' x 10' space with a very high ceiling to allow stuff to be stacked up. The same space in some Yankee states could easily set you back \$200 a month or more! (I don't know why this is; probably some ridiculous Big-Brother-type laws. The northeastern states are run like socialist dictatorships.) Check the rates to make sure you can swing the payments for the duration of your absence.



**Storage facilities vary in quality. This one offers security and good rates.**



### **A fence surrounding the units adds to security.**

You want to make sure the shed is reasonably weatherproof. I rented a unit in South Carolina with a leaky roof, and my junk got soaked with the first rain. Generally, the more permanent the outfit looks the better it is. A quality operation will have sheds that are lined with brick and have shingle roofs. There will be a substantial metal fence surrounding the location, and plenty of night lighting. These facilities may cost a few dollars more per month than the ones that look like an abandoned chicken farm, but they are worth it.

You will want to get some tarps to cover your stuff with, and, while you are at it, put some rat and mouse bait on the floor to keep vermin from nesting in your books and clothing. Seal everything snugly in heavy cardboard boxes, or, even better, plastic or metal bins or barrels. Remember that there is no climate control normally; your stuff will fry in summer and freeze in winter. This matters little unless you are storing perishable goods. If you have items that are heat- or cold-sensitive, there are storage facilities that offer temperature control for their units. They are not cheap.

Remember Working Man Jack? He had a very difficult decision to make about his truck, and finally he concluded that putting it in a storage building was the best option for him. Repo men (and I say this as someone who used to do skip tracing as well as assign and work closely with repossession agents) are relentless and ruthless. Since Jack would be staying with a relative in his state, he could never be sure they had not found him. Even if his brother had fenced-in property and a big dog, the truck would still be vulnerable at Jack's work site, as well as anywhere he drove it.

Repo men have shadowed people for miles, snatching their targeted cars when the owners went into the grocery or convenience store. They have pretended to be law enforcement agents with arrest warrants, paid off neighbors to snitch on people whose vehicles they were after, and done plenty of other nasty things. They do not have souls.

Unless you are relocating to a place far, far away (preferably in another state), and unless you have been extremely careful not to establish a paper trail or even tell anyone where you are going, then they will find you. By the way, Jack rented the storage building using fake ID, a subject we will cover later. He obtained the unit in a town he had never been in before, a good distance from his old haunts as well as where his brother lives. He sends his payments through a mail drop, and he is *very* careful to make sure they are received on time. In addition, he moved the truck into the storage building late at night when no one was around. It is extremely unlikely that any repossession agent will find it.

There are special concerns to be aware of if you plan to store firearms, ammunition, medicine, or foodstuffs. If this is your situation, I suggest you consult one of the many excellent publications available from Paladin Press or Loompanics on caching sensitive items. The longer you are away, the more important proper storage techniques become. *How to Bury Your Goods: The Complete Manual of Long Term Underground Storage* from Loompanics is an excellent resource on this topic.

Don't want to store your stuff? Then the next option is to ...

### **Sell It**

I recommend this avenue highly, for several different reasons. First off, most people have way too much useless junk— things they will never need and rarely if ever use. To prove this to yourself, do a little exercise. Walk around your house and see how much stuff you have that you have not used in several months or years. Don't forget the basement, attic, or garage, or that "spare" bedroom that is too cluttered to sleep in.

Holding onto all this junk is bad for many reasons. First off, it clutters the mind. There is a reason that hermits, sages, and wise men have practiced asceticism throughout the ages. Excessive possessions prohibit clarity of thought, and the one thing you need right now is a clear head. Secondly, those items can be turned into cash, which is always useful. As an example, a couple of years back I went through the small trailer I was living in and boxed up all the stuff I had bought and never used. I carried it down to the local flea market, where it covered two big tables and a little more, and sold it for whatever price folks would offer to pay. By the end of the weekend I made more than \$500. You can do the same. Thirdly, limiting one's possessions is a good discipline. Americans spend too much, charge too much, and save far too little. Learning to live with less is a good way to clear up money to invest, a habit that is essential to a secure future.

Think about it for a moment: are the problems that you are trying to get away from at least partially tied to financial concerns? In most cases, I'll bet they are. Your disappearance may be a good time to assess your life and figure out what is really important. The point is this: you should try to learn how to use money, instead of allowing money to use you. For further research on this topic, I highly recommend the book *The Richest Man in Babylon*, available at virtually any bookstore. It is a short but highly illuminating read.

A yard or garage sale is a good way to dispose of unwanted items. Like any worthwhile endeavor, it requires a little planning. Visit some sales in your area if you have never held one of your own, so you can see how it is done. You want to be careful to price things appropriately. Since you are raising funds to finance your disappearance, you probably want to set them fairly low in order to boost sales.

Place an ad in the local paper, put signs up around the neighborhood a few days in advance announcing the event, and be prepared to get up early on the day of the sale. Many people who frequent these are early birds hoping to get the proverbial worm. Saturday mornings are by far the best time to sell. If you can, it is a good idea to set the stuff outside on tables the night before and cover the merchandise with tarps that you clamp or weigh down.

Use tags to display the prices clearly. Some people pass on buying things because they are too shy to ask how much they are. Use tables to display the merchandise if possible; if not, lay a tarp, blankets, or a sheet on the driveway or on the ground, and place the items on top. Be sure to have plenty of coins and small bills to make change with. Taking checks is always a risk; I advise against it unless you know and trust the person well.

Sally had a very successful yard sale right before she left for the shelter. She made well over \$1,000, disposing not only of her own unwanted items but also her abusive boyfriend's bass boat, which he had left parked on a trailer in her backyard. Silly man.

An alternative to a yard or garage sale is the local flea market. Look in the Yellow Pages for the nearest one, or just ask around if you don't already know

where the closest one is. Be sure to check the weather forecast for the day you plan to sell. Nothing kills a good flea market day like rain. Most markets have tables that are outside, as well as some that are under shelters or indoors.

The market owner makes his money by charging the dealers rent for the tables. This is usually a very reasonable fee, as low as \$3 for an outside spot. You can prepay your rent at the market office before sale day, or just show up early in the morning, set up your wares, and wait for the manager to come by and collect it personally. Try to display your stuff clearly and neatly, and set as much on each table as you can to save on rental expenses. As with the yard sale, showing up early is important. Some markets are already crowded by 6 A.M. on a weekend day!

Your setup need not look like a display counter at Saks Fifth Avenue, but it should be clean, neat, and attractive. Clean and dust any wares that need it. Glass cleaner works great on paperback book covers. Books by well-known authors are usually good sellers, by the way. Make sure you are clean and neat as well. Jeans and a T-shirt are just fine. You should wear some sort of hat to protect your head from the sun. Sunscreen and/or a beach umbrella can come in handy on hot spring or summer days. You will need a chair to sit in behind your tables. Bring plenty of coins and small bills for change, just as with the yard sale. Pack a lunch and plenty to drink.

Pricing can be tricky. The best guide is what other dealers are charging for similar items. Try to undercut them if you can. Don't worry about their feelings; this is business. Sometimes another dealer will come by and offer to buy most or all of your stuff for a lump sum. This is usually not a good idea unless it is near the end of the sale day. Hagglers will sometimes try to get you to come down on the price you have set. If it is an item that others have looked at or asked about, then it is best to stand firm.

A pickup truck or van is usually the best vehicle to haul your stuff in, but any vehicle will do. For years I carried my merchandise to market in a Ford Escort crammed with boxes full of items. A 4' x 8' or similarly sized utility trailer can be useful to load your wares on. These can be pulled by the smallest of cars easily.

If it sounds like I have experience selling at flea markets and yard sales, it is because I do. They are great ways of earning extra cash. The most important "secret" to the business is what kind of merchandise to sell. Way too many novice dealers make the mistake of buying so-called "quick sell" items from wholesalers, such as T-shirts, sunglasses, watches, porcelain figurines and off-brand tools. When they get to market, they see row after row of competing dealers selling virtually the same items. Nobody makes any money this way.

Auctions are far better sources for good, salable products. My favorites are the ones held periodically by storage building sites. When a tenant does not pay the rent on a unit for several months, which happens all the time, then the owner can exercise his right to confiscate the stored items and sell them off to recoup his losses. The auction is announced in the local paper, or you can call the office to find out when the next one will be. Often you can buy a shed full of furniture, books, clothes, tools, entertainment electronics, and other goodies for a couple hundred dollars or less. The profit margin can be considerable when you resell, even if you charge low prices. For those interested in pursuing this subject, I recommend the book *How To Make Cash Money Selling at Swap Meets, Flea Markets, Etc.* by Jordan L. Cooper, published by Loompanics.



Ooops, almost forgot—you may want to consider selling your stuff by using the classifieds section of your local paper, if you don't mind advertising your intentions to get rid of the stuff. Check with the editor or look online for information on rates and so on.

If you don't want or need to sell or store your stuff, the final option is the simplest ...



**Flea markets are great places to buy or sell goods.**



**Storage building auctions can be great sources of salable merchandise.**

### **Give It Away**

This option is simple, charitable, and often tax-deductible. Despite wearisome rantings about “cold-hearted, selfish Americans” by loser liberal types, ours is a generous and compassionate land. Virtually every community has a church or social agency that accepts donations of goods. These are either given or sold at very low cost to the poor.

The Salvation Army and Goodwill Industries operate thrift stores nationwide that are eager to receive your unwanted stuff. You can get a receipt for your donations that will reduce your tax bill in April; consult your attorney or accountant for specific information. Even automobiles are taken for charitable purposes, and the tax write-off for giving one away can be significant.

One word of caution: I would avoid telling any of the charity workers you come in contact with about your plans for escaping for a while, unless you know they can refer you to a shelter or safe house that will help you. Anyone you share your plans with is a potential snitch. Keep your own counsel as much as possible. And bless you for giving to the disadvantaged.

Oh, yeah! If all else fails, you can always abandon your stuff and let someone else worry about it. Neither neat nor pretty, this option is one of last resort. Unlucky in Love Larry did it. Now his wayward wife has to figure out how to make the payments. Maybe she had better start charging for her services... .

Now that you’ve unloaded all of the stuff you don’t need, let’s look at something you will need: money.

# 3 Financial Concerns

The more cash you have the better off you will be, no matter which route you choose to disappear. Even hitchhikers and campers need money for food and personal items. Those using more conventional means to escape will need money for hotel rooms, gas, and so on.

Plain old greenbacks are usually preferable to checks or credit cards. Personal checks leave a paper trail and are increasingly viewed with distrust. Credit cards leave a paper trail as well; also, if you are fleeing an abusive or unfaithful spouse whose name is on the account, he or she can easily cancel the card. My advice is to get cash advances on your cards and then forget them.

There is a scenario in which using credit or debit cards may prove to your advantage in misleading potential pursuers. I call this strategy the “going from Atlanta to New York by way of Seattle route.” Let’s say you are fleeing Dixie for the Big Apple. Instead of a straight path, you go the scenic route, driving well out of your way to the west, say, to Seattle. On the way you make liberal use of your credit cards, establishing a clear trail for investigators to follow to the West Coast. Upon arriving in Seattle, you apply for a checking and savings account at a local bank using a bogus address. You may also fill out a rent application with any apartment complex or other rental property. You then ditch the card and drive to your real destination back east, using only cash to pay for purchases.

If you are using public transportation, you can establish a paper trail in a similar fashion by making purchases along the way at bus or train stops, or, if traveling by air, by charging items in the airport shops. The idea is to create a paper trail that leads any investigators in a completely wrong direction. While they are trying to find you in a city thousands of miles away from where you are, you kick back and laugh your ass off.

The one drawback to using cash is the possibility of being robbed or just losing it. Many people like to use traveler’s checks, which are guaranteed against loss or theft.

This is generally safe, but some new-identity experts caution that it can create a paper trail. To minimize this possibility, I advise buying the checks at several different financial institutions as far apart as possible, buying as small a quantity as

possible at each one. You will need to show identification to buy traveler's checks. (I did not say it had to be legitimate ID.)

Another alternative is using money orders. Many merchants are hesitant about accepting these. I suggest purchasing U.S. Postal Service money orders for amounts of \$100 or less. As with the traveler's checks, buy from as many different post offices as possible. Any local post office in the country will cash one of these. Make it out to yourself, and, again, be prepared to show some ID. If this concerns you, then read the section on false identification coming up later.

Since money can often buy them, the next subjects we should logically consider are friends, family, and confederates.

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## KEEPING IN TOUCH

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People can be your greatest assets or your biggest headaches, depending on a number of factors. A supportive and trustworthy person or persons can be of enormous help to you during the planning phase as well as the actual disappearance. On the other hand, they are potential security risks, especially if they know where you can be found. You must weigh the advantages against the risks when determining whether to let anyone know what you have planned.

When I took a powder, the only person I informed was my older, ex-hippy brother, who was totally cool about the whole thing. He kept my secret and told snoops who called him that I was missing and presumed dead in New York City. This discouraged their investigative efforts greatly. Of course, he knew I was alive and well and not anywhere near New York (or was I?).

Before deciding to tell anyone your plans, you need to do some hard thinking. Can you endure being away from people their investigative efforts greatly. Of course, he knew I was alive and well and not anywhere near New York (or was I?).

Before deciding to tell anyone your plans, you need to do some hard thinking. Can you endure being away from people you care about and knowing they are probably worried about you? You have to weigh your desire to keep in touch with family or friends against the possibility that everyone will find out your plans.

Are there any scenarios you can imagine (within reason) where you will need to contact an acquaintance? Maybe there is a sick relative whose situation is tenuous, and you want to keep updated on this person. Perhaps you are leaving children in someone else's care while you hide from a spouse who has threatened to kill you. You will want to know that they are okay. There may be legal or financial affairs you need to keep abreast of. This information could be critical to knowing when it is safe to resurface.

For many people, separating themselves from family and friends may be traumatic, especially if they know their disappearance may last several months or more. Others are glad to say good riddance to "those bastards." This is a choice you must make for yourself. In general, it is best to tell no one, unless you feel you can trust the person completely.

Sally and Unlucky Larry chose to remain completely undercover. It was especially hard on Sally, but the counselors at the shelter persuaded her that it was for the best. They were right. Jack still kept discreet contact with old friends but told no one where his truck was. No one.

There is a way to maintain contact with acquaintances that is very secure and will allow you to protect your privacy. That is by using a mail drop.

### **Sending and Receiving Mail**

There is virtually nothing more useful to seekers of privacy than a mail forwarding service, known commonly as a “mail drop.” These have proliferated in recent years, and virtually every community in the United States has one in town or nearby (including the giant metropolis of Moonville, South Carolina). Mailboxes Etc. is the most common one, with more than 3,000 locations from coast to coast.

Following are some of the advantages mail drops offer:

- They will allow you to receive mail without anyone knowing your location. You can even throw people off the trail with mail drops, causing them to think you are somewhere other than where you really are.
- You can deal with creditors while keeping them at bay. This can be invaluable to those who are trying to pay off a vehicle or other mortgaged item and are afraid the repo man will come after them if the bank finds out where they are. (Working Man Jack used mail drops to send payments to his finance company without their discovering where he was.)
- Mail drops usually offer numerous services besides mail forwarding, including private mailbox rental. They often ship and receive packages for UPS and Federal Express. They also offer money orders, low-cost photocopying, stationary and office supplies, desktop publishing, and 24-hour access to your mailbox.

Mail drops offer the best way to stay in touch with selected individuals while keeping your real location a secret. This is how it is done: before you take off, go to a local service and rent a mailbox. The cost will generally run from \$8 to \$12 a month. You can usually rent the box for up to a year at a time or as little as 90 days.

Advise the owner or manager that you will be out of town for a while and will need mail forwarded to you. Make up some bland, believable story, such as the company is transferring you or you have to care for a sick friend or relative for a while. Provide the new address where you will be during your disappearance, if you have it yet. If not, advise the manager that you will call or mail him or her soon with your temporary new address. Mail Drops will charge a fee for forwarding the mail to you, but this is usually quite reasonable.

For best security, I highly recommend renting another box at a mail drop near the place where you will be seeking refuge and giving this address to the first place as your forwarding address. Mail drop employees are generally very good at guarding their customers' privacy (and in fact can be sued if they divulge information about their clients to anyone other than law enforcement agents with the proper authorizations), but there have been situations in which some have been bribed or otherwise coerced into revealing a person's whereabouts. If you cannot find a private mail drop near your refuge, then a P.O. box rented from the local post office should suffice. A word of caution: do not use a regular P.O. box in the local post office if you can rent one from a private service instead. Private detectives and

seasoned investigators have several tricks for getting forwarding addresses and other supposedly confidential data from postal employees. The official U.S. Postal Service (USPS) Web site ([www.usps.com/cpim/ftp/pubs/pub549/pub549.htm](http://www.usps.com/cpim/ftp/pubs/pub549/pub549.htm)) states that individuals serving legal process papers may obtain forwarding addresses. Imagine a maniacal spouse filing for divorce, using this as an excuse to obtain his soon-to-be-ex's current address in order to serve notice on her. When he does discover her whereabouts, he dissolves the union with a .44 Magnum instead of a court decree. Don't let this happen to you.

Besides receiving mail, you may need or want to send letters to people in your old world from time to time. If you simply mail them from the area you are taking refuge in, then you run the risk of compromising your privacy. Even if you do not put a return address on the envelope, the recipient, as well as anyone else who sees the envelope, will view the postmark and know your general location. There are two possible solutions to this:

- Travel away from your refuge occasionally to send mail. The further you can get away the better.
- Use a remailing service. This is a business that will receive mail from you and then remail it from its location. This allows the recipient to see the service's postmark only, not yours. The mail drop that you set up in the place you left may provide this service. If not, there are an abundance of companies that do this around the country. It pays to be careful when choosing one; consult the Better Business Bureau in the area to find one that is established and reliable. I list resources in the back of the book that you can use to find out more about mail drops and remailing services.

In the case of Sally, the people who run her shelter have a system in place for her to communicate with family without giving away her location. Shelters tend to be very good at this sort of thing. Unlucky Larry has no desire to keep in touch with anyone from his old world, so he does not use the mail.

There are a couple of precautions I would advise taking when using mail drops. First, avoid accepting any certified or registered mail. These can be used by investigators trying to verify your current whereabouts. Second, try to check your mail at odd hours and different times each day. Finally, be wary of accepting any large, strangely shaped, or oddly colored packages that you are not expecting. If someone is shadowing the location and sees you walking out with the item, then your cover is blown. Third, beware of any correspondence you receive offering you a prize, advising you of a coming "reunion" of any sort, or urging you to respond to it. These are all methods used to find people who are using mail drops for privacy. I don't mean to make you unnecessarily paranoid with all this talk. (I myself hate being paranoid, but I have no choice, with so many people against me.)

Mail drops and remailing services have endless uses, and the subject is broader than what I can cover here. If you wish to know more, I recommend the book *How To Use Mail Drops for Profit, Privacy, and Self-Protection*, available from Loompanics. A directory of mail drops is *The Worldwide Maildrop Guide*, published by Eden Press ([www.edenpress.com](http://www.edenpress.com)).

There are other ways of keeping in touch besides physical mail. The best and cheapest of these is e-mail. You can set up a free electronic mail address from services like Hotmail ([www.hotmail.com](http://www.hotmail.com)) that will let you check your messages from any computer that has Internet access. You will be asked to provide personal information in exchange for the free service. Lie.

You do not want to transfer or set up an Internet account in your new location; this can create a trail right to you. You may be staying with people who already have an account and will let you use theirs. If not, the local public library may have public access computers you can use.

There are now companies that offer prepaid Internet service. You buy a CD-Rom at a local computer, office, or convenience store and receive a limited amount of time on the 'Net. The last time I checked, 10 hours of Web time could be purchased prepaid for about 10 bucks. You sign no credit agreements, the prepaid service can be accessed from virtually anywhere, and you give no personal information to the vendor, so you can use it with anonymity.

Phone calls to your old world are usually not a good idea unless made some distance from your normal location. If you do need to keep in touch with a confederate, prepaid phone cards are available from major retailers and convenience stores. A prepaid cellular phone is a way of having wireless phone service without applying for credit. Which brings us to the subject of credit.

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## CREDIT

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It is time we discussed that all-important subject. I strongly recommend against using credit for any reason while you are taking a powder. If you "put it on the card" once while in your area of refuge, you have blown it. You might as well get a bullhorn and ride through town shouting, "Hey everybody, here I am!" Your pursuers will find you if they are even halfway trying. This is especially true if you brought a financed vehicle or other mortgaged item with you, or if you left your creditors in the lurch when you took off.

If you absolutely must make purchases that require using a credit or debit card, then your only real option is to find someone who will let you use theirs. They will actually make the purchase in their name, and you pay them for it in cash in exchange for the merchandise when it arrives. Needless to say, there must be a strong bond of mutual trust between you and the person who does this for you.

Living without credit can be a very positive discipline to develop. There is no feeling like being debt free. Most purchases that are financed are completely unnecessary. Even a home or auto bought on time can be needlessly extravagant. You will never be truly free as long as you owe someone else. Pay as you go, live within a budget, and save as much as possible, and in the long run you will be much happier.

If you are going to pay bills while in refuge, use money orders and mail them through your mail drop/remailing service cover. Always save the money order stub, just in case a payment gets lost in the mail. You can use the stub to trace the order and get a refund if it was not cashed.

One drawback to the route Unlucky Larry chose is that his credit has been seriously damaged. He derives some satisfaction from knowing that his wife, who always depended on him financially, is suffering, but he will have to repair his

credit rating in the future when he is done adventuring on the trail. He has plenty of cash to tide him over, so he is okay with this.

One last word: whether or not you continue to make payments on your debts while hidden is up to you. It is extremely unlikely that anyone will find you if you follow the directions in this book. But you do not want a mess waiting for you when you go home. If you can honor your debts while away, then it is best to do so.

## MISCELLANEOUS FINANCIAL CONSIDERATIONS

In closing this chapter, there are a few more items that I want to touch on:

- Insurance—especially health coverage. This is a virtual necessity in modern society. If you currently have a policy, then I suggest paying up the premiums through the time you expect to be gone. Yes, you run a discovery risk if you use it in your new area, especially if your plan penalizes you for using doctors outside your “local network.” But you also run a risk ignoring physical problems that could be signs of serious illnesses. One possible way around this dilemma is to find a physician in the area you will be in who will take cash payments. I found one in the area I took refuge in that only charged me \$25 per visit. He did require me to fill out an initial application asking such embarrassing things as my Social Security number, but, as I recall, my answers on the form were highly inaccurate. You may also find a charity or government clinic that offers free services. Look around. This may be a major factor in determining where you spend your time in exile.
- Skills—there are things you should learn more about for your exodus. First aid techniques are good to know. Carry a good emergency medical kit with you. Take vitamins, exercise, and try to avoid stress. I advise against carrying a weapon, especially a handgun. But a knowledge of self-defense, both unarmed and/or using unconventional weapons like sticks, could save your life. Loompanics and Paladin Press sell dozens of books on first aid and self-defense. A good wilderness survival manual could come in handy too, in case the dung really hits the fan.
- Utilities—call to have them shut off if you have them in your name. Have any deposits forwarded to you through your mail drop system. Try not to cash the check while you are on “sabbatical.”
- Red herrings—I strongly suggest that you leave behind false “clues” as to your whereabouts. For example, if you are headed for Montana, get the Florida Department of Tourism to send you stacks of pamphlets about vacationing on their sunny beaches. Leave these in places where those wondering about you will find them. Right before you leave, you may want to mention to a few gossip types that you have always wanted to see Alaska, knowing the whole time that Arizona is your destination.
- The pseudocide solution—this is a drastic way of discouraging pursuers, but it may be necessary to keep others from coming after you. Go to the ocean front or to the steep banks of a very wide, deep river, and leave a set of your identification along with a “suicide” note written by hand,



saying something to the effect of “this was the only way out.” Leave some clothes, too, in a place where someone is likely to find them—preferably lifeguards or others in authority. This will scare the hell out of anyone who cares about you, but it is also very likely to shake anyone off your trail. Consider it as a last option if your situation warrants it (e.g., a homicidal spouse is trying to track you down to kill you).

In the next chapter we will discuss how to actually make the big break. Read on, fellow privacy seekers, read on.

# 4

## Means of Escape

Alrighty then. You've got your gear stashed, a wad of cash on you, and you're ready to roll. But what is the best way out of town?

There are a number of options—specifically buses, trains, and planes, as well as your own feet.

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### BUSES

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When it comes to economy, nothing beats the bus for transportation. I am not referring here to city transit systems but to the large private carrier in the United States, Greyhound Bus Lines. According to its Web site ([www.greyhound.com](http://www.greyhound.com)), the cost of a round-trip ticket from Atlanta to L.A. at the time of this writing (summer 2002) is less than \$200. That's without taking discounts into account. If I were a senior citizen or college student or I wanted to buy several days in advance, the rate would be even cheaper. Greyhound goes virtually everywhere in the United States and even has connections into Canada.

I used to ride Greyhound quite a bit in the '80s and early '90s, and my experience was not always good. In those days the buses were cramped and passengers were packed in like sardines. Drivers were generally rude, and fellow travelers were often mental patients or criminal thugs. Sleeping was possible if you were not sitting next to someone. If you were, it was a constant struggle to keep from drifting off and having your head hit his or her shoulder. This is why frequent bus riders often look like sleep-deprived zombies in a perpetual state of stupor.

The bus has a bathroom of sorts. It is like one of those porta-potties they set up at county fairs and construction sites. There is only one on the bus, so you may be waiting a while to use it. It is usually smelly, dirty, and out of toilet paper. Smoking is now illegal on the bus, so smokers will go to the toilet to sneak a few puffs. The smell makes it hard on us nonsmokers.

The newer buses are supposed to be roomier than the old ones, according to Greyhound's Web site. Traveling this way can be fun if the bus is not too crowded. You can stretch out across the seats next to you when they are empty and get some decent sleep. Be sure to bring a blanket and pillow if you will be riding overnight, along with your own toilet paper.

The bus will make periodic stops where you can get off, stretch your legs, use a real toilet, and get a meal. I advise carrying your own food; the restaurants in bus stops are often horrible. I ate at one in Knoxville, Tennessee, one time. The fried chicken was nothing but burnt, blackened skin stuck to the bones. Try to avoid going outside the bus stop while on layover, especially if you are in a larger city. They tend to be in the bad parts of town.

All in all, the bus is not a bad way to go if you will be traveling for a day or less. Try to ride during daylight hours only. And don't eat the fried chicken. Sally and Working Man Jack took the bus, were only on it a few hours during the day, and are none the worse for wear.

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## TRAINS

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A much more pleasant way to travel is by train. By this I mean Amtrak, the privately owned but heavily subsidized passenger rail company that serves the United States. Amtrak is everything that Greyhound is not. The seats are spacious and comfortable. The passengers are generally middle to upper middle class and, for the most part, are friendly and safe. Private sleeping rooms are available at additional cost if you don't want to ride coach.

Bathrooms are abundant on the train. They have regular flush toilets that empty into a holding tank on the bottom of the train. (Sometimes the older ones would dump the waste directly on the tracks. I rode these when I was in college in the '80s. It was fun to watch the hole open up and spill the fruits of my labors on the rail ties as the train sped by.) Bathrooms in private cars usually have showers.

The train will have a restaurant featuring tasty, wholesome food and a lounge car where you can get a drink or snack and watch the world pass by outside. Trains west of the Mississippi have double-decker lounge cars. The view from the top level of these is incredible. Many people love traveling by train, myself included.

The train is not cheap. I just checked the fare from Atlanta to Los Angeles, riding coach with no upgrades. It was more than \$800 round trip, four times the cost of Greyhound. If you plan to use one of these services, I recommend you weigh savings versus trip quality and judge accordingly. You can visit Amtrak on the Web at [www.amtrak.com](http://www.amtrak.com). There are various discounts available at different times; these can reduce the cost of the ticket greatly.

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## PLANES

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There is also the option of taking a plane where you are going. I can tell you little about this because I hate to fly. I do know that buying your ticket well in advance will allow you to get a better fare, and I list some Web sites in the appendices that can help you get a cheaper ticket. For anonymity's sake, buy your ticket with a prepaid charge card that has the Mastercard or Visa logo on it, and have the ticket mailed to an address besides your own. Prepaid charge cards work just like regular or secured credit cards, except they can be purchased without credit references, proof of employment or residence, or even identification. You can buy them at many drug stores or other retailers, including AAA Travel. Visit the Web site [www.wiredplastic.com](http://www.wiredplastic.com) to learn more.

## YOUR FEET

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Are you broke? If you are healthy, then there is a way of getting to where you are going absolutely free: walk. Have fun. Unlucky Larry took this route. He is walking to Maine, his vehicle abandoned in a small town he hitchhiked from to get to the beginning of the Appalachian Trail.

I discussed hitchhiking in an earlier chapter. Those serious about thumbing it should read *The Hitchhiker's Handbook* from Loompanics. If you already own a vehicle, then you may be tempted to use it to get you where you are going. I advise against this for a few reasons. The most important one is that your car or truck is tied to you by registration, tags, insurance, and so on. If you get a ticket or have an accident while away from home, then it will show up on your driving record. Any investigator, amateur or pro, will find the information and know where you are.

Also, the authorities in most locales take a dim view of people running around in their area with out-of-state plates. If your refuge is in another state, you will probably be required to switch registration and driver's licenses within 90 days or less of arriving (depending on the state). If you do so, your records will connect, leading a path right to you. Oh, hello, honey. What a big gun you have. How did you find me?

Having said all this, I realize that many people may have no option but to use their own vehicle to escape. I did so, in fact, and had no problems. If you do, I make the following recommendations:

- Pay your insurance and registration up for as long into the future as you can before you take off, preferably for an entire year. You don't want them expiring while you are away.
- Slow down! Drive in a careful and courteous manner while in refuge. This is always good advice, but is doubly important when you are trying not to be found. Remove any bumper stickers. It does not pay to ride around New York City flaunting a "Go Braves!" logo.
- Drive as little as possible, and if possible take different routes to the same locations, such as work and shopping. You don't want the local fuzz seeing that out-of-state tag speed past them at the same spot every day week after week.
- It helps to live in a college town if you bring your car. The police are used to vehicles from all over. Get a college decal for your car if you can. This will help allay any suspicions.
- Special note to those driving a vehicle in danger of repossession— it is important that you not keep your vehicle at an address the repo man might check. If you are staying with a relative, you are at high risk of losing your wheels if you park at this person's home. This is true whether or not the relative was listed on your credit application. Skip tracers will always suspect you are staying with family and will aim their investigations accordingly. Park well away from your relative's home. If there is a garage, you can try locking your vehicle in there at night. But be on the lookout for vehicles shadowing you. If the repo man finds out where you are staying, he may very well stake you out. The

farther you are geographically from your old digs, the safer you are. If you are worried about repossession, I highly recommend that you read *Repossession: Both Sides of the Story* from Loompanics. It offers solid strategies for foiling repossession agents. As mentioned before, repossession agents are extremely effective and ruthless in their methods, but they can be thwarted if you leave absolutely no trail to your refuge.

If you are still in the same state, you can buy another car when you arrive at your refuge. You can drive on the dealer's tag for a while, and there will be no need to get a new license. This will require significant funds, of course.

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### **WHAT TO BRING REVISITED**

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I touched earlier on what to bring with you, and I want to revisit that now. Make sure you are familiar with the climate of the place you are going. I drove cross-country from Georgia to Washington in July one time. I figured that, since I was traveling during the hottest month of the year, I would have no need for warm clothing. Wrong! When I got to the Pacific Northwest it was freezing. Eastern Washington state can be a very cold, lonely place in July, especially at night. So can the Olympic National Forest. So learn from my mistake and check out the local climate before you pack.

There are products sold in certain regions of the country that are nearly impossible to find in others. For example, headache powders are sold throughout the South but are unknown in the Northeast. Since these are the only things I have found that can tame my headaches, I took a very large supply with me for my trip. You may be addicted to grits, Drake's Coffee Cakes, or some other item peculiar to your area. Still pack light, but take along some of these things if you can. They will help you feel less homesick.

Don't carry fancy luggage that will catch a thief's eye. Old, battered suitcases are good, as are military-style duffel bags. Backpacks will work. Be aware that airlines are particular about what kinds of baggage they will allow on their planes. If you use a backpack, make sure it is airline approved.

By the way, who the hell are you? Are you sure you know? Whether you are or not, the subject of fake ID is one we should address.

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### **FAKE ID**

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You may or may not have use for fraudulent identification, depending on your situation. It can come in handy when checking into a motel or campground if you are worried about there being a record of your staying there. If you are going to be working in your new locale, I believe that a new Social Security card with a number other than yours can be useful. I am not advising you to do anything illegal, of course.

Be aware that false identification has serious limits. Never try to fool the cops with it! There are different types of fraudulent ID. So-called "foundation documents" are used to establish identity. The most common of these are state-issued driver's licenses or ID cards and the Social Security card. Identification can

be purchased from a variety of mail order companies, or, if you are good with computers, there are programs you can use to make your own. I list sources in the back for further research.

Okay! Your trip has gone well, and you have arrived at your place of refuge. Now let's talk about the first few days and what you should do.

## **SETTLING IN**

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If your situation allows, you should relax a little and get your bearings. You have probably been through a bit of emotional turmoil, though you may have been too busy to be aware of it. A good night's sleep and a hearty meal can do wonders.

Unless you decided to try one of the more nomadic options I described, you are probably going to be spending most of your time in the same general area. Get to know it a little. Find the grocery store, the pharmacy, the department or variety store, and the gas station, if you have a vehicle.

You want to establish a mail drop as soon as possible. Again, I advise using a private service instead of the U.S. Postal Service. Have the drop you established in your old location forward the mail to the new one. You should have no worries.

When dealing with the locals, be friendly but discreet. I must disagree with other writers on new identity subjects who advise strongly against relocating to a small town. Little communities and rural areas tend to be safer and much cheaper to live in than large cities. Dress like the average Joe or Jane, have some bland cover story to explain your presence, and everything should go fine.

Once you are settled in, you will probably want to start making money.



## 5 Making Money

Unless you have sufficient funds to take care of yourself or have another means of support, your best option for earning cash in your new location will probably be a good, old-fashioned thing called a “job.” If you need to get to work right away, I highly recommend temporary employment agencies, since you are only going to be there temporarily. “Temping” can be a fun way to make a living. I have worked for several agencies over the years, and most of my experiences have been positive ones. Look in the Yellow Pages for a listing of agencies under “Employment,” and set up appointments to visit several of them.

The agency will have you fill out one of its applications, give you a brief interview, and probably give you some basic employment tests. These are not hard for anyone of average intelligence to do well on. They are usually meant to measure your command of basic English and simple arithmetic. If you want to work in an office, the staff may give you a typing test as well as quiz you on your computer skills. Usually a working knowledge of Microsoft Windows is all they want.

References can be a challenge. It is important that you not list real places you worked; if the agency calls them your cover is blown. You should create a fictional work history that closely represents your actual level of skills, experience, and knowledge. Screeners can spot a résumé that greatly exaggerates an applicant’s past achievements. Don’t apply for a position you are not sure you can handle.

It used to be that agencies rarely checked references, but since the tragic events of September 11, 2001, they are being more diligent, especially if you are applying for office work. Applicants for blue-collar positions are not checked as thoroughly, especially if the work is of an unskilled nature. If you are trying to get a white-collar job, I suggest lying on your application and/or résumé, and, if possible, setting up a false reference to back up your deceit. This can be done in a couple of ways.

You can hire a secretarial/answering service to answer the phone in the name of a business you make up. The person from the agency will call the number you provide and state that he or she is trying to confirm your employment. The service will take a message and say that you will return the call. You or a confederate then call the agency back, pretending to be your “old” boss. Better be sure you are good

at disguising your voice if you are the one who calls! Your “old boss” confirms the information you put on the application and says some positive things about what a good worker you were (don’t overdo it; this can arouse suspicions).

Another way of handling this is to have your “old boss” fax a letter of recommendation to the agency. Most remaining services will receive and forward faxes for you. Tell the agency that your old employer is hard to catch because of time constraints or whatever. Then inform them that you have his home number, but he gave it to you for emergencies only, so you cannot give it to them. But you will call him and have him fax a confirmation/ recommendation letter to them.

You then write your own letter, which will look something like this:

I.R. Bullshitter  
Sticky Widget Corporation  
213 Snookered Lane  
Lowdown, KS 00000  
March 22, 2002

To Whom It May Concern;

I recently received an inquiry from your firm about a former employer of ours, Mr. Joe Fakename. Mr. Fakename was employed by our company from January 3, 1992 until December 1, 2001 as an account auditor. His employment record with us was superlative, and he was noted several times for the quality of his work, his attendance, and his good attitude. I recommend him to you without reservation. Should I be able to help further, feel free to call. I am difficult to reach at times due to my schedule, but will respond as soon as possible.

Most Truly Yours,  
*I.R. Bullshitter*  
I.R. Bullshitter  
President, Sticky Widget Corporation

Fax it to your remaining service in your own town, and have them fax it to the agency where you applied for work. To make this as simple as possible, you want your false résumé/application data to say that you have worked at this same company for the past several years—the longer the better. The agency will love this. Be sure to apply at several different agencies to maximize your chances of being offered work. You should have employment soon.

These agencies pay by the week, and some offer health insurance and other benefits. You will need a phone number to give them. If nothing else, a phone number for a prepaid cellular phone will do.



When I was in refuge, I worked for an agency and had a very good time. I worked as a temp in a company's sales department to get them through their busy season. I was paid a good hourly wage as well as commissions on my sales. A silver tongue can come in handy with opportunities like these. By the way, that is a very flattering outfit you have on.

You may want to use a bogus Social Security number while you work during your refuge. I did not and had no problems. The Social Security Administration and IRS will know where you really are, but unless your pursuers can access those databases (highly unlikely), then you will be fine. If this still concerns you, then it is possible to work for several months with an incorrect number. I do not advise it, but you may feel it is best. Refer to Appendix III in the back of the book to see how Social Security numbers are assigned. You are on your own with this.

There are ways of obtaining a new number, but they are beyond the scope of this book. If you ever decide to disappear permanently, this will be something you'll need to investigate. I have been told it can be rather challenging, especially in these paranoid post-9/11 days.

You might have to settle for less-than-ideal employment while in refuge. Some jobs are easier to get than others.

Telephone work (telemarketing, phone surveys, customer service) is extremely easy to find. Nobody wants to do these jobs. If you have a good speaking voice and know how to handle people, then telemarketing can be a lucrative field. Most people are not overtly rude to you; they just hang up or say "no thanks" if they are not interested in your pitch. Bill collecting is another type of phone work that is easy to get and pays fairly well. You have to be something of an asshole to do well at this.

Janitorial, food service, and manual labor are all honest professions that need workers desperately. Convenience store clerks and security guards are in demand nationwide. You need to find out whether your employer will require a background check for these jobs. In many states, security workers are required to submit to extensive criminal records and other checks. Find out before you apply; even if your past is squeaky clean, the check itself can create a data trail right to you.

I worked as a guard for well over a year, and most of the time I was getting paid to read books and listen to the radio. Third shift positions can be very laid back. If your relief doesn't show up when your shift is over, you are obliged to stay on duty until someone shows up to take over. This can be a good chance for overtime pay.

Maybe you are planning to be a nomad during your refuge, or perhaps you insist on being self-employed. There are ways to accommodate you. Virtually every town of any size has a corner where unemployed men gather early in the morning to try to obtain a day's work. You can join them and probably find a position. Construction company owners will ride by and offer you a day's work doing some sort of labor. You might be picking produce, cleaning up a work site, or whatever. Generally these deals pay cash at the end of the day. Working Man Jack did this for the first few days to get some immediate cash and to meet the owners of some of the local construction companies. He soon had a regular job with a local company, making a good hourly wage.

If you do work for yourself, painting and lawn work gigs are easiest to get. You can put an ad in the paper or just go door to door offering your services. Work for

cash only if possible. Use your imagination to find work. Even collecting aluminum cans on the side of the road for recycling pays some money.

These days, it is vital that you have a marketable job skill if you don't want to empty trash cans or flip burgers the rest of your days. There may be a vocational school nearby that you can attend; if not, there are many good correspondence schools that teach computer programming, small engine repair, floral design, and dozens of other good skills. Make sure the one you use is reputable. Consult the Web site [www.detc.org](http://www.detc.org) for a listing of schools that are nationally accredited and have good reputations.

Work hard and keep a good attitude and you will be successful. America is still a land of opportunity, despite the best efforts of the politicians.

Everyone knows that all work and no play makes one a dull boy, so let's look at the lighter side of taking a powder.



## 6 Recreation and Fun

I strongly warn against getting your fun from alcohol or drugs. These substances can affect your judgment and give you loose lips. Remember, it is best to be discreet in your dealings with others in your place of refuge. Be friendly, but don't expect to make any real, long-term friends. This was a lesson that Working Man Jack and Sally had to learn; they both enjoy having a good time. The folks who run Sally's shelter are very good at keeping tabs on her, so she has little opportunity to party.

If you took my advice about locating near a college town, then you should have no trouble finding entertainment at a reasonable price, especially if you like live music. These communities often have a very casual atmosphere and lots of transients. They are fun to hang out in. Libraries and parks are free or cost practically nothing to use. Exercising your brain as well as your body costs almost nothing, and the benefits are enormous.

If you are spiritually minded, don't neglect this part of your life while in refuge. It may be necessary to exercise just a bit of discretion in attending services, though, especially if the ministers of your faith are under common authority or otherwise linked. You do not want your new pastor, priest, rabbi, or guru talking to the one back home and finding out who you are; wellmeaning people can inadvertently blow your cover or even put you in danger. Maybe switching to another denomination temporarily is best if your beliefs permit this.

In general, you want to live a quiet, peaceable life while in your "disappearance" phase. Avoid publicity, avoid trouble, and behave yourself, and all will be well. Remember to have a bland, believable cover story and stick to it. If things get tough at times, remind yourself that your exile is only temporary. (In fact, you may like your "new life" so much that you decide to make it permanent. More on that in the next chapter.)

Above all, I urge you to make it a time of reflection and selfexamination. Try to take stock of your life up to the present. Look for ways to avoid the troubles that caused you to take off in the first place. Otherwise, you may find yourself back in the same boat.

As a book that can teach you better living skills as well as help you financially and spiritually, I give my highest recommendation to the Paladin Press book Living

Well on Practically Nothing by Edward H. Romney. It is full of tips on how to live well without spending a fortune, and it is a fascinating and inspiring read at the same time. You will find it on Paladin's Web site at [www.paladin-press.com](http://www.paladin-press.com).

Good luck, and God be with you.

A vertical rectangular graphic with a light gray background. At the top center is a dark gray circle containing the white number '7'. Below the circle, the text 'Wrapping Things Up' is written in a large, black, serif font. A thin vertical line runs down the center of the graphic, passing through the circle and the text.

## 7 Wrapping Things Up

To every journey there needs be an end. As this book is about getting away for a while without a trace, it is logical that we conclude with a discussion about returning to your old haunts. Of course, there will be those who have no desire to return, and I will address that as well.

When and if you decide to return home, you will need to settle any affairs in the place where you have taken refuge. If you have been sheltered or otherwise aided by others, you should at least thank them for their kind assistance, and possibly offer them a gift or other compensation for their help. Never burn your bridges behind you; you never know when you may need to cross them again.

If you have been working a job, then you should turn in a notice if possible. Sometimes doing so will prompt your employer to tell you to forget the notice and take a hike immediately. If you think this may be the case, then just leave them high and dry. Assholes like that deserve what they get. Working Man Jack had a great experience with the company he was with, so he turned in a full two weeks notice. Now he has a good reference he can use to find work back home.

If you have been self-employed, let your clients know that your services will soon no longer be offered. Don't leave customers in the lurch. Remember what I said about not burning bridges behind you. If nothing else, they may serve as valuable references when you open up shop back home.

Now is the time to see any sights you have been putting off seeing and to gather a few souvenirs of your little adventure. Do NOT, however, lower your guard and start blabbing about your real reasons for being in the area. And don't start acting up at the end. Stupid mistakes like these can come back to bite you in the butt. Make your exit with class and discretion.

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### RE-EMERGING

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It makes no sense to return to your old life if the problems that led you to seek sanctuary are still active. Make sure the finance company is satisfied, the stalker is in prison, or the problem is otherwise resolved before you head home. Still keep your communications discreet, though.

Sally was able to catch a bus home to testify against her old love. He got 20 years with no chance of parole, and she is now safe. She is taking computer courses at the local vocational college and will soon have a high-paying and secure job.

If you left behind family or friends you did not share your plans with, then they may be a little pissed when you show up after they have written you off as dead. There are two options for dealing with this:

1. Simply tell them the truth. This is the easiest and often the best approach. Once they understand that you were facing a major crisis, they will likely be understanding and just glad that you are safe. Sally did this, as did Working Man Jack. Their friends and family were just glad to have them back.
2. Lie. Being a mischievous type, this was my approach. I have been telling inquirers that I was driving down a lonely country road on a dark evening last fall when a glowing, saucershaped object appeared in the air. Suddenly short, grayish beings with huge heads were standing in the road in front of me as my engine stalled. The next thing I knew it was Summer of 2002, and I was lying naked in a field with mysterious bruises all over my body and an anus that was swollen like hell. That's all I know, honest.

You may have a financial mess on your hands when you get back if you did not keep up with your bills. Try to contact your creditors and set up a payment plan. A debt counseling organization may be of some help, as might the various books available on credit repair, such as BestCredit: How to Win the Credit Game (Paladin Press).

Of course, after being away for a while, you may just want to say to hell with it all and stay gone.

## **SAYING TO HELL WITH IT ALL**

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There are many possible reasons for staying gone. You may not have realized until you took off just how shitty your old life was. You may have concluded that the problems back home either can't be solved or aren't worth the effort. Or you may have fallen in love with your new life and decided to make it permanent. Whatever the reason, there are things you must consider.

Permanent identity change is possible, even in the age of Big Brother. You must realize that there are only three identifiers that allow the government and private sources to keep tabs on you. These are your name, your birth date, and your Social Security number. Alter these and you will literally appear to slip between the cracks, as far as the major databases are concerned. You can then acquire new identifiers and re-emerge for all practical purposes reborn, your old life left behind forever. With care and caution it is possible to avoid any past mistakes you have made and do well in your new identity. You must always exercise some degree of caution to maintain a low profile lest you are discovered, however.



**Having returned home, the author celebrates  
in high style with friends and family.**

The most difficult identifier to alter is your Social Security number, but it can be done. If you are considering this, I highly recommend that you read the most up-to-date books you can find on permanent ID change. The two currently on the market that I think are the best are *How to Disappear in America* and *The Paper Trip III*, both published by Eden Press, and *Modern Identity Changer*, published by Paladin Press. (By the way, Unlucky Larry did this, and he is now Lucky Larry, working under his new name of Rusty Shackelford at an outdoors store in Colorado, where the possibilities for outdoor recreation are endless. His wife was not so lucky; she choked on a stale pastry she bought to console herself after her boyfriend dumped her.)

There is a method of identity change I recently read about that seems more foolproof than others. You find someone who is dying of AIDS or another incurable disease and arrange to “take over” their life in exchange for monetary compensation. Since death certificates are normally only filed in the county in which the death occurs, you must not reside in that county. Other than that limitation, this technique seems quite sound.

After nine months in refuge, I can honestly say that my life is much better. I have been able to take stock of things to realize how much I have been under the control of false guilt and incorrect thinking. I have seen new things, met new people, and learned new skills. I am a better person for the experience. I sincerely hope that your “sabbatical” will be just as rewarding for you. I wish you all the best.

As a final note, I want to announce a little contest. I have dropped little hints throughout this book about what state I took refuge in but never actually said which one it was. I am interested in learning how many of my faithful readers can figure it out. So I make the following offer: if you think you know where I was, then write to me in care of the publisher and tell me the state and why you came to your conclusion. The first five readers who guess correctly will receive a free, autographed copy of this book.

Again, best of luck to all of you. Take care.





I  
Resources  
for  
Abused  
Women

It is a tragedy that we live in a society where violence against women is all too common. Those seeking to escape abusers have a variety of options, fortunately. The first step is to discreetly contact local law enforcement, who can advise you of your options. Either they or the local welfare agency will be able to refer you to shelter resources in your area. By the same token, contacting law enforcement, social services, and churches in the area where you plan to seek refuge can be fruitful as well. I offer the following contacts for additional study:

*Advocates for Battered Women*

[www.aristotle.net/~abw/abwhist.htm](http://www.aristotle.net/~abw/abwhist.htm)

Assists with shelter, counseling, and support.

*Batteredwomen.com*

[www.batteredwomen.com](http://www.batteredwomen.com)

A resource to help victims gather information, get help, and realize they are not alone. Includes a state-by-state list of hotlines.

*Southern California Coalition for Battered Women*

[www.sccbw.org](http://www.sccbw.org)

Help for women in California.

*Erickson Mediation*

[www.ericksonmediation.com](http://www.ericksonmediation.com)

Legal and other assistance; many links to other resources.

*National Domestic Violence Hotline*

800-799-7233

*Women Against Domestic Violence, Inc.*

[www.wadv.com](http://www.wadv.com)

A group of survivors dedicated to stopping domestic violence through communication and support. This site includes links to a variety of resources.



[www.bnl.com](http://www.bnl.com)

Lists more than 9,000 mail forwarding services in the United States.

[www.mbe.com](http://www.mbe.com)

Official Web site for Mailboxes Etc., a national chain of mail forwarding services with more than 3,000 locations.

*The Eden Guide to Private Mail Drops*

Eden Press

P.O. Box 8410

Fountain Valley, CA 92728

[www.edenpress.com](http://www.edenpress.com)

With this book you can find a mail drop almost anywhere in the world. It lists more than 3,000 in the United States, as well as more than 400 in 90 foreign countries.



# How Social Security Numbers Work

These numbers are assigned by the Social Security Administration. If you want to use a bogus number, then you must understand how they are organized. The first three numbers correspond to the state you were born in. They have been assigned as follows:

001-003 — New Hampshire  
004-007 — Maine  
008-009 — Vermont  
010-034 — Massachusetts  
035-039 — Rhode Island  
040-049 — Connecticut  
050-134 — New York  
135-158 — New Jersey  
159-211 — Pennsylvania  
212-220 — Maryland  
221-222 — Delaware  
223-231 — Virginia  
232-236 — West Virginia  
237-246 — North Carolina  
247-251 — South Carolina  
252-260 — Georgia  
261-267 — Florida  
268-302 — Ohio  
303-317 — Indiana  
318-361 — Illinois  
362-386 — Michigan  
387-399 — Wisconsin  
400-407 — Kentucky  
408-415 — Tennessee  
416-424 — Alabama  
425-428 — Mississippi  
429-432 — Arkansas  
433-439 — Louisiana  
440-448 — Oklahoma

449-467 — Texas  
468-477 — Minnesota  
478-485 — Iowa  
486-500 — Missouri  
501-502 — North Dakota  
503-504 — South Dakota  
505-508 — Nebraska  
509-515 — Kansas  
516-517 — Montana  
518-519 — Idaho  
520 — Wyoming  
521-524 — Colorado  
525 — New Mexico  
526-527 — Arizona  
528-529 — Utah  
530 — Nevada  
531-539 — Washington  
540-544 — Oregon  
545-573 — California  
574 — Alaska  
575-576 — Hawaii  
577-579 — Washington, D.C.

You must make sure that the first three digits of the number you are using correspond with the state you are from (or are claiming to be from). The second set of (two) numbers (000-00- 0000) can be selected at random. The last four digits are random serial numbers, which could be anything from 0000 to 0009, but try to mix the numbers up (e.g., 3986, not 1234 or 5555).

You can work for several months under a bogus number, but eventually your employer will be notified. You can then supply another false number (or your real one, as I did without any resulting problems), apologizing for your carelessness, or just move on to other employment. In any event, the Social Security number is not an insurmountable problem for the seeker of sanctuary. I worked under my real number for nine months with no difficulties.

# **BERSERKER**

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## **BOOKS**

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