

Hormones

Hormones are clouds of fine matter, finer than the gases given off by our various bodily organs. These hormone clouds permeate the whole organism with great rapidity and intermingle to cause one's state at a given moment.

They also constitute the enveloping atmosphere of emanations. This surrounds us at a certain distance and can even be seen under certain conditions. These emanations or radiations of the organism connect it with the fine atmosphere which surrounds it, and which penetrates the atmosphere in which we move and breathe.

The network of radiations which forms the body's emanations is of two kinds:

- i) Absorption. Sucking certain substances from the surrounding atmosphere into the organism;
- ii) Certain matters are thrown out of the organism.

If activity of the second kind is intense, the organism uselessly loses energy. If the first kind predominates, the organism gets stronger, healthier.

With some nervous diseases and disorders, one's right radiations have been violated. A strong quick shock (eg. a fall, contusion, bruise) can break off radiations, but slow normal movements around us don't break them as the vibrations of radiations are so quick that they are not affected.

Some people have a good or bad influence on others through their emanations. Some people give to and take from others so that each person is counterbalanced. Some people only give; others only take.

The state of our emanations determines our health. Right emanations make a man almost immune from infection as many microbes die in his atmosphere. Also, inside the organism hormones may neutralise any origin or disease or poison, even 'fatal' ones. Healthy emanations also act on some insects, especially some grubs, which perish. Parasites which live on the body don't affect all men equally. If someone suffers from diabetes, for instance, but lives in good external conditions, he can still be host to parasites, as his atmosphere is conducive to them.

Allegedly found among Ouspensky's papers and ascribed to Gurdjieff.
This text summarised from that found in *Centenary Fragments* by B. Pogson,
where "Narcotics" is also found.