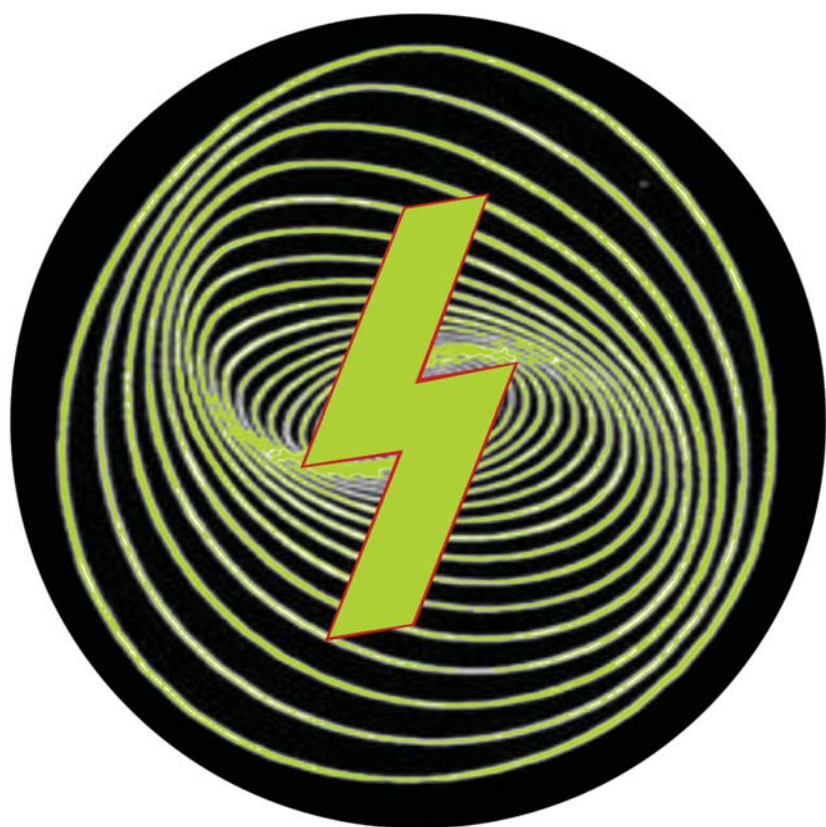


HYPERBOREAN

PROGRAM



SIEG GRUN

BERSERKER

BOOKS



HYPERBOREAN PROGRAM

Index

Self

World

Enemy

'A Self stripped of every moral, of every dogma, indifferent to the deceptions of the world but open to the memory of the blood, will be able to gallantly march towards the Origin and no force in the universe will be capable of stopping it'

-Nimrod de Rosario

Introduction

This work is a presentation of a basic program that leads the asleep toward a state of wakefulness, the domesticated to recover the state of a warrior Berserker along the path of immortality against the Will of 'The One', the 'god' of monotheism, the Demiurge (Jehovah/Allah/Brahma/Yahweh).

It prescribes a basic template for the transmutation of the aspirant into an Immortal Siddha. However it is not a cowardly flight from reality but the doorway to Eternity, a black hole toward the Green Ray beyond the spatio-temporal density of 'The One', the 'creation' of His matrix prison.

Herein is discussed a tripartite mode of action in 'the world' of 'The One' for the active warrior in his engagement with the enemy, namely 'The One' and His legions of dark forces. It prescribes a strengthening of the Will across all lines from basic exercise and physical life to spiritual tactics to deploy in the assault against the foe.

An extensive and prioritized bibliography is provided to amplify one's arsenal of weapons of war. The works cited constitute ammunition for the most lethal weapon of all-the Mind. These works can subsequently be integrated into one's Self and serve as a guide to liberate the captive Spirit from the prison of the Demiurge.

The work is presented in simple point-form making it accessible to as wide an audience as the author deems appropriate. It is the authors' express intention that this work be as widely disseminated as possible amongst the worthy and ideally with no profit motive, only the motive of victory against the foe.

For the author it is a distillation of a lifetime of dilettantish study and groping in the darkness and confusion of the Demiurge's penitentiary. May it serve as a guide through His world of illusion and densest matter and enable the aspirant to attain the light of the black sun in the last battle for the destruction of 'The One' and His earthly emissaries who enchain all in the prison of this tortured earth. To Victory and to Valhalla, back to Origin-to Hyperborea.

SELF

Exercises for Spiritual Liberation

Physical Exercise

Martial Arts

‘Fear is a strategic weapon[...]all fear is of external origin, alien to one’s own being’

‘Emotions are the most viscous form of illusion’

-Nimrod de Rosario

Research pressure points and vital areas that inflict the greatest damage against the opponent to subjugate the opponent and minimize legal liability for yourself.

Exercise caution to avoid injury and wear appropriate padding

1) Sambo: Combines throws; strikes and grappling for the most comprehensive and well-rounded martial art. Developed by the SS in Germany and transported to Russia. Sambo entails the martial arts listed below and more.

2) Kickboxing: solo or partner(s)

purpose: subjugate opponent through fist; elbow; knee and foot strikes; defend through forearm; glove and thigh blocks

equipment: heavy bag with gloves and headgear; elbow and shin pads if taking blows from partner(s) as well as pads on floor or to be performed on soft grass or sand, ideally in the sun in a quiet and private environment

3) Kung Fu (Dim Mak; Hung Gar)

4) Grappling/ wrestling:

purpose: subjugate opponent to immobilize or knockout using joint locks; holds and throws

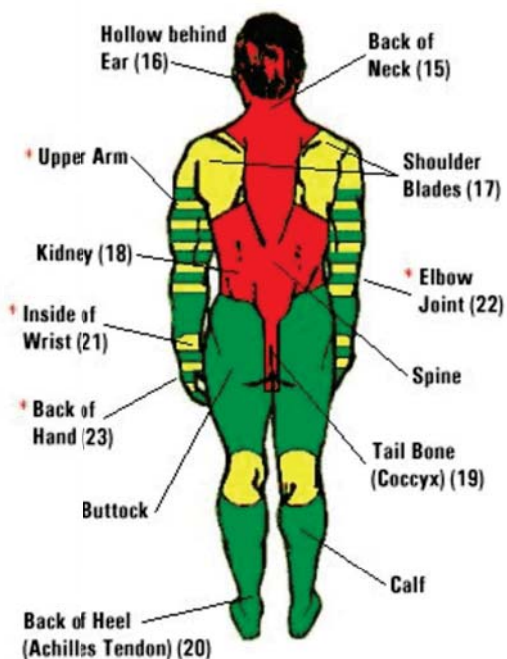
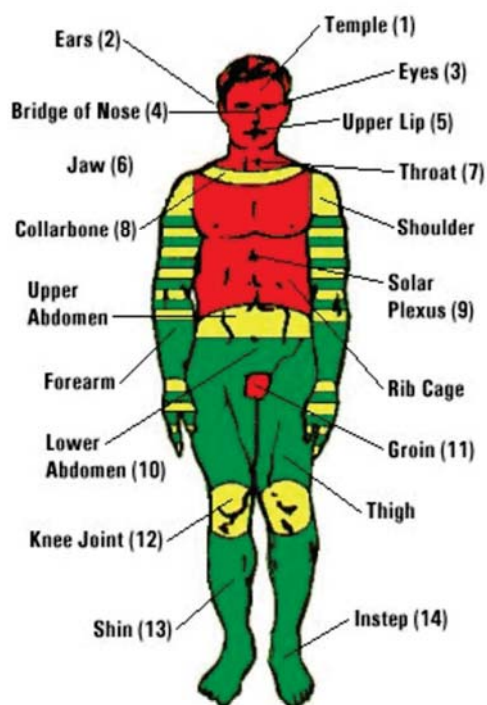
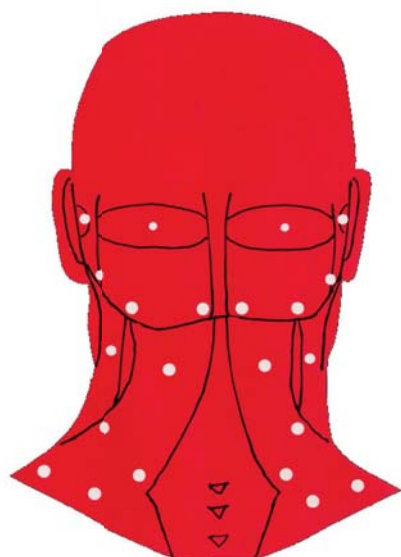
5) Stick Fighting:

purpose: strike blows to vital areas and keep distance to subjugate the opponent equipment: small baton-sized stick; larger broom sized stick

6) knife fighting:

purpose: strike and escape and evade not trade stabs and blows

equipment: use fake knives (from martial arts supply store or make one) to simulate actual street encounter. Use appropriate padded head and body gear to cushion blows and strikes. Take it seriously and don't condition yourself to downplay the seriousness of the threat. Below are charts indicating pressure points and vulnerable areas of the anatomy:



Resistance Training

purpose:

strengthen and develop the muscles; tendons; joints; and bones (musculoskeletal system); metabolic conditioning (increase endurance and develops the cardiovascular system); develop willpower

frequency: 3-4 times per week with one or both of:

I) Bodyweight Resistance: Note: bodyweight resistance is preferable to bodybuilding-style weight training as it conforms to the natural motion of the body in real life scenarios, eg. squatting; jumping; pushing without adding excessive weight during the movement and thereby avoiding unnatural neuromuscular entrainment and responses for real life scenarios as well as enabling greater endurance capacity with higher repetitions.

circuit training (military style training): e.g. 4-5 sets of 30 reps

(start with higher reps and decrease as you go each set if necessary; no breaks; continual motion)

symbol key: <---> = superset(alternation of exercises); ---> = contiguous sequence of exercises;

I) push-ups<--->squats/jumps; pull-ups/chin-ups--->

ii) alternate leg raises(kicks)hanging from pull-up/chin-up bar(multiple directions; single or double, eg. extended leg or knee flexion; twists; side-to-side motion, etc.)-->

iii) hyper-extensions<--->squats/jumps (superset)

iv) abdominals (bicycle sit-ups)

2) Weight-Training: (not recommend but if necessary below are examples; modalities and reasoning)

I basic exercise for each major muscle group and direction of joint motion

(Avoid excessively heavy weights as it causes too much load on joints and excessive intrathoracic pressure and doesn't translate to metabolic conditioning but Absolute Strength which is not as useful for daily encounters)

3) Olympic Lifting: (caveat: can require excessive investment of time/effort in training and motor skill development; also can result in injury to a great degree)

examples of conventional weight training routines:

A) 3 times per week: 10-12 reps x 4-5 sets; higher reps for calves and neck (eg. 20 reps); continual exercise without rest between alternating exercises; use proper form for exercises

Duration: 15-20 minutes; less than 30 seconds between sets; supersets and giant sets

Day 1: upper body superset/giant set

a) chest exercise<--->back exercise

(eg.s 1) flat bench dumbbell fly<--->1) lat cable pull downs or

2) cable crossover<--->3) alternate dumbbell row)

take day off

Day 2: Lower Body superset/Giant set

(egs 1) hamstring/knee flexion<--->2) quads/knee extension<--->3) optional: calves)

i) 1) leg curl<--->2) leg extension or

ii) 1) stiff-legged deadlift<--->2) squats (note: ii) can be hard on the spine, hence use lighter weight with more rapid movement)

3) calf raise

(eg. 1) machine<--->broomstick twists or

2) dumbbell on elevated platform<---> broomstick twists)

take day off

Day 3: Arms/Shoulders/Neck/Trunk

a) Shoulders

(egs 1) bent over flies (posterior deltoids)<--->broomstick twists<---> alternate dumbbell extensions)

b) 1) Elbow Flexion (biceps)<---> 2) Elbow Extension (triceps)

(egs 1) alt. dumbbell (hammer) curls<--->2) rope pressdowns

2) pull-ups<---> dumbbell kickback extensions)

c) 1) Trunk/Erector Spinae

(eg. 1) hyper-extensions<---> broomstick twists/side-to-side motion)

d) 1) Neck

(egs 1) hanging off bench: flexion<--->extension: 20 reps or 2) side-to-side rotation facing ground<--->side-to-side rotation facing ceiling: go slowly; 20 reps each or 3) wrestler's bridge)

day off

Day 4: weighted pack or weight vest walk other forms of

strength training:

Hands:

hand squeezer (use only multi-prong squeezer such as 'eagle claw' martial arts style squeezers or cage-style vintage squeezer)

-weighted vest;

-strongman exercises (farmer's walk; sled drag; football style exercises);

-eyes: sun gazing (look indirectly at the sun for 3 minutes per day during the periods of dawn to early morning or late afternoon-evening; pinhole glasses; bates exercise; reading in dim light);

-reflexology sandals: stand on wooden or metal sandals for multiple hours straight, eg. in front of standing desk or computer placed on top of filing cabinet (increases metabolic rate and bone mineral density; circulates blood); intersperse with occasional freestanding squats to circulate blood

Cardiovascular/Endurance Training

6-7 days per week:

If no joint problem occur: run 20/30 minutes to an hour per day on an empty stomach or after other exercises (follow proper technique; stretching, etc.)

If joint problems occur: elliptical trainer (ski machine) or other cardio machine that will utilize both upper and lower limbs and induce sweating and increase of heart rate as well as deep breathing.

1 day per week: long walk with small light pack or no pack for at least two hours (ideally on 'rest' day)

-swim in lake or kayak or cross-country ski if you have the facilities and equipment

Trampoline: 6 minutes per day one or more times per day preferably rotating in a leftwards direction (levorotatory).

Helps to exercise internal organs via g-forces and leftwards direction activates right brain/intuitive consciousness.

Recuperation/Recovery

'Normie lifestyle':

Sleep #1: 22:00 PM-05:00 AM/06:00 AM

purpose (accords with circadian rhythms; facilitates liver detoxification: "early to bed early to rise") 'Rebel lifestyle':

Sleep #2: Midnight or later-early morning (shifts consciousness to dark side, increases intuitive faculty

Sleep #3: wake very early in morning similar to Hindu practice. Sleep from 22:00PM

Rest: 15 minute naps 2 times per day (ideally doing third eye meditations in a quiet environment; minimize discursive thought, aka. 'monkey mind')

Near Infrared heat lamp: lie underneath for 30 minutes to 1 hour per day concentrating its light on naked abdomen, avoiding head exposure. How to relax organs and purge liver of parasites and especially the liver (right side).

Chromotherapy: Different colors for different mood states/effects (eg.greenlight for harmonious states of consciousness; blue for spirituality; yellow for intellect, etc.)

Oxygenate: ozone generator therapy: breath ozone rich atmosphere and drink ozonated water throughout the day

Heliotherapy/sun exposure: before 10:00 AM and after 03:00 PM or later in most regions of the earth for at least 5 minutes on face and arms

Earthing/Grounding: stand on bare earth with barefeet for 5-10 minutes per day. (obtain grounding mat which generates negative ions if no such options exist)

Massage: (oil the anatomical region to be massaged with olive or sesame oil)

- i) Reflexology/gua sha stone (reduce muscle tension through massaging along muscle fibers)
- ii) Vibration machine massage (w/oil)
- iii) Tiger Balm or similar ointment (eg. capsaicin oil in beeswax) to reduce muscle tension

Spiritual Exercises

'Isolate the material body from the rest of the material order[...]become an "autonomous microcosm", independent of pantheistic Space and karmic Time.'

-Nimrod de Rosario

1) Meditation:

Purpose: strengthens concentrative ability. Activates pineal gland to enhance higher intuition. Enables dissociation and attachment of the Demiurgic soul to the Spirit

- a) 3rd eye meditation: stare at 3rd eye/pineal gland crossing eyes and count down from 99-0. Do this 2-3 times per day
- b) Light meditation: stare at a candle or light for 5 minutes continuously, minimizing blinking.
- c) Darkness meditation: shut off all sensory stimuli and perform void meditation. Do this daily just after waking and prior to sleep for at least 15 minutes, optimally 30 minutes in kneeling posture or lying down with head elevated. Fingers not touching anything. Place tongue on roof of mouth breathing through nose

2) Recollection:

- a) prior to sleep rewind the events of the day to the period of waking
- b) upon waking: recall dream sequence ensuring not to fall back to sleep
- c) recollect the events of the week and contemplate them at week's end purpose: integrates experience and increases self-understanding

3) Contemplation:

Contemplate works of art (music; poetry; pictorial or plastic art) and let them serve as sources off ideas and motivation



A totemic icon or object can be set up in a shrine for recollection of the blood memory (eg. Hyperborean symbols such as the TyrOdal rune)

purpose: self-understanding integrating experiences into the Spirit

4) Fast:

Periodically fast taking only pure, distilled water

(eg. 36 hours every 1-2 months; 2-4 day fast every spring or summer within the context of one week fasting from meat; one month of the year eat only twice daily and not greater volume than normal)

purpose: elevate consciousness; purifies body

5) Endurance:

(possibly in a fasted state): walk or hike with a full backpack of no greater than 20 lbs. (depending on height and weight) for at least 4 hours continually taking only occasional water breaks

6) Yoga:

(See Nimrod de Rosario's recommendations in bibliography)

Tantra

"The esoteric objective of tantra, as we have already said, is the same as that of any Hyperborean strategy: the mutation of the animal nature of the pasu into the Divine and Immortal nature of the Siddha[...] The Hyperborean virya, by means of tantra, does not seek any fusion with the Demiurge but, on the contrary, seeks to isolate himself from Him to gain the absolute individuality that vril grants".

-Nimrod de Rosario

7) Voluntary Reclusion:

Go into a quiet environment if it can be found and experience total silence for at least 24 hours (ear plugs can be used if needed) preferably in a rural place

8) Chant:

Chant runic mantras (focusing on third eye with appropriate mudra or hand gesture)

9) Remote Viewing and Influencing (see bibliography)

'Soul' Exercises

purpose: subject oneself to hardship to overcome emotional reaction

1) Dereliction:

Throw yourself onto the streets for three days a few times each year. Dress in the poorest clothes from a thrift store and appear to be a vagrant (don't shave prior to this time). Ideally fast during this time.

purpose: experience deprivation without affect

2) Harmonization:

i) Listen to harpsichord music for 3 hours continually; ii) listen to military music for 3 hours continually (eg. while exercising)

purpose: harmonizes the consciousness with the music and its meaning. Older electronica music might also be a candidate. This will induce a trance state.

3) Poetry:

Write poetry for an entire day ideally under similar or different conditions (eg. Urban environment; rural environment; with noise; in silence, etc.)

purpose: expands consciousness and elevates the mind creating a lyrical mode of being.

4) Art:

Undergo artistic activity for 1 day of a similar or different nature (eg. Drawing; painting; sculpture, etc.).

Avoid staring into computer screens as this disturbs the consciousness and is too artificial a form of media.

5) Music:

Play a musical instrument or sing songs (ideally compose counter-culturally relevant songs)

6) Communion:

Sleep next to a person of the opposite sex for the night without any contact separated by a sword. The person should ideally never have had contact with you before.

Nutrition

Eat: most nutrient dense; high alkalizing; all natural organic food (eg. Animal products: high omega three farm eggs; dairy; fruits; vegetables; nuts; starch; legumes). The writer's personal preference is a lacto-vegetarian diet owing to its being minimally acidifying and optimally digested).

Do not eat/drink:

minimize or eliminate meat and red meat especially unless no alternatives are available (raw meat is preferable to cooked)

-alcohol (including all drugs pharmaceutical or street drugs; all pills; potions; creams; smoke; injectables; oral; nasal; rectal; dermal)

-no artificial or processed food if at all possible

-minimize grain and starches and cook all grain/starch to the point of dextrinization

Food List:

Animal Food

Dairy (cheese; Balkan Style Yoghurt)

Fish (small fatty wild caught ocean fish,
eg. sardines; sprats; herring)

Eggs (high omega-3 free range)

Starch

buckwheat; millet; quinoa; (calrose) brown rice; lentils; chickpeas; oats

Vegetables

carrots; beets; cabbage; broccoli; brussels sprouts; sweet onions (red; white); nori/seaweed

Nuts/Nut Butter

Almonds; sesame seed/flax seed (grind both); peanut/almond/sesame butter; walnuts

Fruit

figs; dates (post workout)

lemons/limes (drink via straw with herbal tea)

Herbal Tea

green tea (sencha); dandelion leaf &/or root; oatstraw

Supplements

testosterone boosting herbs

(kanchnar guggul; sarsaparilla root powder; shilajit/mumijo; tribulus terrestris)

beet powder; bee pollen; chlorella powder; turmeric; borax; oregano; cayenne pepper;
ginger powder

Frequency of meals:

3 meals per day with 4-5 hour interval; 6-7 days/week (optional: one day/week water fast or vegan) Ideal timing (for normies):

- 1) 06:00-08:00 hrs.
- 2) 11:00-13:00 hrs.
- 3) 04:00-06:00hrs.

Timing for rebels

- 1) 09:00-10:00
- 2) 13:00-15:00
- 3) 18:00-20:00 PM

Meal Plan example:

- 1) fruit+dairy (eg. yogurt)

for extra calories add nut butter or nuts; possibly cooked starch for longer lasting energy

- 2) dairy/egg(s)+fruit or starch/legumes+nuts/nut butter or ghee+vegetables
- 3) dairy/eggs (repeat 2 with variations of type of food)

Macronutrient Ratio:

15-20% Protein (of which 60-70% is animal protein); 50-65% Carbohydrate
15-25% Fat

Volume: two fist-seized portions 3x/day

Drink:

Distilled water and non-caffeinated herbal tea preferably (though green tea is tolerable for most and is alkalizing)

Sanitation:

Cleaning Supplies: all natural 100% olive oil soap (body); vinegar (dishes); all natural toothpaste; olive or sesame oil for oil pulling

baking soda (laundry)

Bathe+Scrub entirety of body with scrub clothe 3x/ week

(possibly shower additionally if necessary)

-neti pot (purpose: clean sinuses): 1x/ day use (pour 1-2 pots full in same nostril)

-tongue scrape

-brush and floss: 2x per day after first and last meal (1-1 1/2 hours after except after eating fruit); use gum stimulator 1x/week; wash out mouth at noon meal and/or chew gum

-earwax: clean out w/ hydrogen peroxide and squeezer ball 1x/month lying on each side for 10 minutes then flushing out H₂O with squeeze bulb of warm distilled water)

-wear as few clothes as possible to allow the skin to breath; oil massage after bath

-use Tesla's violet ray machine on body after oil massage

-use a handheld parasite zapper to facilitate blood electrolysis and destruction of parasites

Sexual Health

minimize ejaculation to 2x/week

-tantric alchemy ("*Metaphysics of Sex*", Julius Evola)

-only heterosexual sex

-no anal sex

-no usage of sex 'toys' or other artificial devices

Caveats

Never 'wear your heart on your sleeve'. Never allow anyone to know what your thoughts or feelings are as they will use them against you (especially never answer annoying questions from those attempting to engage you in conversation).

The government experiments on people for their 'transhumanist agenda' and for the torture and abuse of dissidents. To provoke you to respond to them is part of their program which is run through 'community policing' (this is also called 'the targeted individual phenomenon' or 'gangstalking' and is a torture-ritual murder process).

Never engage the enemy in word or deed in any public way. Appear normal at all times. Consider NOT reacting to the enemy as a test of strength and challenge to self-control.

The government and its endless community agents ('community based agents') all work as informants attempting to set up dissidents (those the government convinces them are 'evil'; 'criminal'; 'pedophile', etc.).

Note: these agents come in all shapes; sizes and races and are typically christians or pasus, especially the mossad who controls the gangstalking operation at its highest levels) and all monotheists participate in this terroristic abuse of citizens

ALWAYS appear as normal as possible or they will gather information on you and this might lead to:

- 1) forced psychiatric institutionalization by the police or
- 2) incarceration should you retaliate in word or deed to the provocations of these plainclothes agents.

AVOID all government agents and understand that ALL 'moral majority' people and MOST people in western societies are unofficial or official agents of the police state. THEY have a 'hive mind' and are incapable of rational thought outside of their programming/dogma which is 'egalitarian globalist pacifism'. Anyone they consider to be 'Other' to themselves they will persecute to death (ie.nationalists)

Therefore: employ the 'grey man' strategy: never become known or you will be subjected to 24/7 persecution globally. (cf. 'Terrorism of the Hidden Hand', Sieg Grun)

WORLD

Network/Associate Organizational Template

Below is a template for preparedness; self-development and organization to facilitate the survival, expansion and advancement of the Heros of the new world. The reader may pick and choose (or not) from the list of practically oriented ideas and carve his own path for the coming end of His-Story

Structure of Organization: Ranks

-rank structure: pyramidal, the leader is the center and top and descending in rank; duties and power are correlated with rank; final decision making power vested in the leader (of whatever name)

Duties

Spiritual warfare; Power Building (eg. business conglomerate, etc.-eg. farming cooperative; security company; martial arts dojo; meditation center, etc.)

-propaganda (create/disseminate music/writings/leaflets)

-missions (leaflet drops on excursions; missionary recruitment work, etc.)

-presentation of lectures, etc./recruit drives

-gym/exercise/orienteering

Website

Untraceable; anonymous; provides

1) this document ('Hyperborean Program') which explains the org. and its ethics and principles. Anyone acting in accordance with these and not in accordance with its prohibitions can claim affiliation

2) library of works in pdf that are referenced in this document

3) a means of contact anonymously for meet-ups, etc.

Function of Organization

Community building; pooling of resources; constant propaganda and recruitment; members must demonstrate they are actively propagandizing for the org. with photos of their leaflets/flyers, etc.

The organization may be divided into an external and an internal 'inner core' for vetted initiates

Organizational Types

- Initiatic Order
- Business Enterprise
- Social Club

Note: the organization could be a combination of some or all of these

- the Initiatic Order can be designed based upon this handbook's spiritual and lifestyle prescriptions and the 'Spiritual' references in the bibliography

- Company: depends on interests and talents of the members and the world situation (ie. what markets exist and the resources available in terms of materials; skilled employees; finances, etc.)

ENEMY

To understand who The Enemy is and how to deal with same consult the bibliography below under the appropriate section. Suffice to say that the Enemy is the Demiurge and His legions, ie. fallen angels; seraphim (E.Ts-reptilians; greys; mantids; insectoids, et.al) and their humanoid genetic creations and those who serve under them (druids; freemasons; religious bigots; communists, etc.)

References

Spiritual/Magic

(note: this should be one of the goals of philosophy but can be undergone simultaneously)

General:

Fundamentals of the Hyperborean Wisdom, volumes 1 & 2, Nimrod de Rosario

The Crystal Book of Agartha, Gustavo Brondino

'The Metaphysics of Sex', 'Introduction to Magic', volumes 1-3, Julius Evola

'Magic: History, Theory, Practice', Ernst Shertl

'The Forbidden Parapsychology', Jose M. Herrou Aragon

'Remote Viewing', Tim Rifat

'Spiritual Warfare Training Program', Joy of Satan Ministries

Yoga:

Runic Yoga (from *'Holy Rune Might'*, Siegfried Adolf Kumer; *'Adolf Hitler: The Last Avatar'*, Miguel Serrano)

(recommendations of Nimrod de Rosario):

'The Subtle Forces of Nature', Rama Prasad

Kulanavatantra

Tantrakumadi

Shakti Sangana

Tantra Satva

'Tantric Yoga', Jean Riviere

'The Serpent Power', Arthur Avalon

'Hatha Yoga', Theos Bernard

Philosophy

(note: the purpose of philosophy is to lead to action not passive contemplation or rationalistic intellectual masturbation)

Nimrod de Rosario:

'Fundamentals of the Hyperborean Wisdom', volumes 1 & 2

(note: his novel *'The Mystery of Belicena Villa'* aka. *'The Mystery of the Hyperborean Wisdom'* and *'The Secret History of the Thulegesellschaft'* should be read first for a more thorough understanding); *'Fragments of SS Psycho-Social Strategy'*

Miguel Serrano:

'Adolf Hitler: the Last Avatar'; *'Manu: For the Man to Come'*; *'Resurrection of the Hero'*

Christian Cortes:

'Hyperborean Symbolism'; *'Hyperborean Reflexions'*

Jason Thompkins:

'Urru: Thulean Polar Mythos'; *'The Essentials of Esoteric Hitlerism'* (a compilation of quotations of Miguel Serrano)

Julius Evola:

'Essays in Magical Idealism'; *'The Path of Cinnabar'*; *'Revolt Against the Modern World'*; *'The Hermetic Tradition'*; *'Ride the Tiger'*

Friedrich Nietzsche:

'Beyond Good and Evil'; *'Genealogy of Morals'* (translators: Thomas Common; Anthony Ludovici)

Martin Heidegger:

'Nietzsche', 4 volumes; *'The History of Being'*

Sieg Gryn:

'Wise Warrior', volumes 1 & 2; *'Berserker'*; *'Master of the World'*; *'Ideological Critique'*

Jose M.Herrou Aragon:

'The Forbidden Religion'

Gustavo Brondino:

'*The Crystal Book of Agartha*'; '*Treatise on the Hyperborean Gnosis*'

Piedra Iberica:

'*The Tree of Navatan*' (also translated '*The Tree of Wotan*')

Plotinus:

'*The Enneads*'

Heraclitus:

'*Fragments*'

Xunxi

Politics

(note: having political ideals is fruitless in this current world situation. Understand you are limited and will not be elected to any parliament or other political formation/structure as they are all controlled opposition. Know what you need to do and don't focus on what you can't. Therefore reading the following works has value in basic ethical and social principles not in building empires of your own which would amount at this time to mere utopian pipe dreams)

'*Mein Kampf*'; 'Table Talks', Adolf Hitler

'*A New Aristocracy of Blood and Soil*', Richard Walther Darre

'*The Myth of the Twentieth Century*', Alfred Rosenberg

'*Odal: The Life Law of an Eternal Germany*', Johann von Leers

'*The Doctrine of Fascism*', Giovanni Gentile and Benito Mussolini

'*Ancient Eugenics*', Allan G. Roper

'*Speeches*'; '*Revolution and How to Do It*', Kai Murros

'The Art of War', Sun Tzu

Practical Handbooks

'*Optimal Survival Handbook*', Sieg Grun

'*Terrorism of the Hidden Hand*', Sieg Grun

Literature(Poetry/Epic/Myth)

Poetry

'*The Elder Edda*', (trans. Paul.B.Taylor & W.H.Auden)

'*The Nibelungenlied*' (trans. George Henry Needler) "*Kalevala*",

(trans. John Martin Crawford)

'*The Aeneid*', Virgil

Seneca, *Tragedies*

'*Poetry*', Ezra Pound

'*Eternal Poems*' trilogy; '*Silent Violence*'; '*Confronting the Beast*', Sieg Grun

Novels

'*The Mystery of Belicena Villa*'/'*The Mystery of the Hyperborean Wisdom*;

'*The Secret History of the Thulegesellschaft*', Nimrod de Rosario

'*Demian*'; '*Steppenwolf*', Hermann Hesse

'*Grey Wolves*'; '*Soul of Man*', Nihal Atsiz

'*Call of the Wild*'; '*The Iron Heel*', Jack London

'*Atlantis*', Gerhard Hauptmann

'*The Bourgeois Gentleman*'; '*The School for Wives*', Moliere

'*The Lord of the Rings*', Tolkein

'*Pinocchio*', Carlo Collodi

'*The Pleiades*', Arthur Comte de Gobineau

'*Rigoletto*', Francesco Maria Piave

(the below provide insight into the cabal's mentality; practices and probable extraterrestrial associations):

'*Horror Tales*'; '*Conan The Barbarian*', Robert E. Howard

Clark Ashton Smith stories

H.P.Lovecraft stories (cf. Christian Cortes' works and Sieg Grun's analysis in 'Wise Warrior' for a deeper understanding)

Mythology

'*Teutonic Mythology*', Jacob Grimm

The Enemy (the 'synarchy') and His Strategy

E.Ts ('seraphim')

'*The Yahweh Collective*'/'*Negative Alien Agenda*'

'*The Body Snatchers*', Susan.B.Reed

Js

'The sacred race is malkuth, the tenth sephiroth, that is, an aspect of the Demiurge'

'There is metaphysical identity between Israel and Jehovah-Satan or, if you will, Israel is Jehovah-Satan'

-Nimrod de Rosario

'*How to Recognize and Identify a J***', John Doe Goy (Joy of Satan Ministries)

'*Are J**s Reptilian*', compiled by Sieg Grun

'*The Protocols of the Elders of Zion*' (Victor Marsden translation; 1903 version if possible to find)

'*The World J**ish Conspiracy*', Dr. Karl Bergmeister

'*Three Aspects of the J**ish Problem*', Julius Evola

Druids

'Identity of the Religions Druical and Hebrew', anonymous

'The Celtic Druids, or, An attempt to shew that the Druids were the priests of oriental colonies who emigrated from India', Godfrey Higgins

Freemasonry

'Freemasonry', Dieter Schwarz

'Destruction of Freemasonry through Revelation of its Secrets', General Erich von Ludendorf

Christians

'The Criminal History of Christianity', Karlheinz Deschner (10 volumes most of which are in German and untranslated)

'The Christ Myth'; 'The Historicity of Jesus', Arthur Drews

'The Christ Conspiracy', Archarya.S (aka. D.M.Murdoch)

'The Origins of Christianity', Revilo P. Oliver

'Exposing Christianity', Joy of Satan Ministries

'Rome Contra Judaea, Judaea Contra Rome', Europa Soberana

Plutocracy

'Classism' Siegfried Grün

'Manifesto Against Usury' Gottfried Feder

'Banking and Currency and the Money Trust', Charles Lindberg

'The Theory of the Leisure Class', Thorstein Veblen

Democracy

'The False Assumptions of Democracy'; 'The Specious Origins of Liberalism',
Anthony Ludovici

Feminism

'Contra Matriarchy: A Selection from the Works of Julius Evola'

(Berserker Books)

'Women Problems' Sieg Grun

'Woman: A Vindication', Anthony Ludovici

Islam

'The Original Sources of the Quran', W. St. Clair Tisdall,

'Exposing Islam', Joy of Satan Ministries

'Islam: The Religion of the J**', Joy of Satan Ministries

Libertarianism

"The Virtue of Selfishness", Ayn Rand

Communism/Leftism

"Revolt Against Civilization: The Menace of the Underman", T. Lothrop Stoddard

"Bolshevism From Moses to Lenin", Dietrich Eckhart

Psychology of the Enemy

Old Testament; Babylonian Talmud;

"The 48 Laws of Power"; "33 Strategies of War", Robert Greene

Xunxi;

Sun Tzu;

'How to Get Anyone to Do Anything and Never Feel Helpless Again', David J. Leiberian;

'The Manipulation of Human Behavior', Biderman and Zimmer;

'The Power of Persuasion: How We're Bought and Sold', Robert Levine;

'Programming and Metaprogramming in the Human Biocomputer', John.C.Lily;
'How the Illuminati Create a Total, Undetectable Mind Controlled Slave', Fritz Springmeier;
'The Communist Brainwashing Manual', L.Ron. Hubbard;

Neurolinguistic programming works (*Bandler* and *Grinder*)

The Enemy and Their Tactics

'Contra Magian: Opposing the Dark Forces'; "Terrorism
of the Hidden Hand", Sieg Grun

'New World War', Marc M. Rich

*'The Hidden Evil: The Financial Elite's Covert War Against
the Civilian Population'*, Marc M. Rich

Combat Skills

'Dim Mak: Weakness of the Human Anatomy', Master Hei Long

'The Deadly Secrets of Dim Mak Vital Point Striking', Scientific Premium Company

'Bloody Brazilian Knife Fighting techniques', Rick Nakayama, et.al

'The Secrets of Street Self Defense', Paul Wellard

'Prison Killing Techniques', Ralph Dean Omar

'1,001 Street Fighting Secrets', Sammy Franco

'Fighting with Sticks', Nick Evangelista

'The Bare-Knuckle Boxer's Companion: Learning How to Hit Hard and Train Tough from the Early Boxing Masters', by David Lindholm and Ulf Karlsson Tada

M.O.R.G (Magian Occupied Regime and Government) 'law'

'Fire Arson Investigation Manual'

'Car Bomb Recognition Guide'

'If an Agent Knocks', (U.S specific)

'On Informants', Bill White

'Beware of the Agent Provocateur'

'A Treatise on Arrest and False Imprisonment' (U.S Specific), Charles Weisman

'Identifying Undercover Activity and Agents', Timothy Tobiason

'Dirty Tricks Cops Use', Bart Rommel

Survivalism

'How to Steal Food from the Supermarket', J. Andrew Anderson

'Survival Poaching', Ragnar Benson

'Techniques of the Professional Pickpocket', Wayne Yeager

'Living in a Car 101'

'Modern Weapons Caching', Ragnar Benson

'The Art and Science of Dumpster Diving', John Hoffman

'The Modern Survival Retreat', Ragnar Benson

'Van Dwelling and Living off the Grid', Stacey Jaiden

'Van Dwelling Basics', Chris On

Infrastructural Security

'Expedient B & E', Carl Hammer

'Security Systems Simplified', Stephen Hampton

'How to Make you Own Professional Lock Tools', Eddie the Wire

'Modern High Security locks: How to Open Them', Stephen Hampton

'Tricks of the Burglar Alarm Trade', Mike Kessler

'The Construction of Secret Hiding Places', Charles Robinson

'The Big Book of Secret Hiding Places', Jack Luger

Intel and Communications Security

'Rules to Profit By', anonymous gangsta

'Shadowing and Surveillance', Burt Rapp

'Don't Bug Me: The Latest High Tech Spy Methods', M.L.Shannon

'Methods of Disguise', John Sample

'Gang Intelligence Manual', Bill Valentine

'Codes, Ciphers and Secret Writing', Martin Gardner

'The Quick and Dirty Guide to Learning Languages Fast', A.G.Hawke

Books from:

Desert Publications; Delta Press; Paladin Press; Loompanics (internet: circulate them before they go down the memory hole)

Outro

The journey the aspirant has made in studying this brief work should equip them to pursue further study according to the prescribed template. Inevitably the hero will follow his own path and thus may take from this work what they will.

Know that time is short at this point in the Kali Yuga and that the aspirant must limit themselves and their worldly concerns at least as they had heretofore confronted them.

The path is not an escapist reclusion of monk-like asceticism, but one of power and strength. It is the path of the Madman and of the Berserker, that of the Vama Marg or left-hand, the leftwards rotating swastika and therefore necessitates challenge across all dimensions of one's being.

Enter therefore into the battlefield of the world and the war everlasting between the Eternal champions of the light of the Morning Star against the powers of matter- victory and Valhalla await on the other side.

"Strategy is the Hyperborean way of life"

"All fear is of external origin, alien to one's being"

"Confusion is the main impediment for the transmutation of the virya into the Immortal Siddha".

-Nimrod de Rosario

BERSERKER

BOOKS

