

# The I AM University 22 Chakras Chart

Dimensions	Chakra Colors	Chakra Sounds	Chakra Numbers	
Chakras 16 - 22 are 5th dimensional	Platinum		Twenty Second Chakra	
	Blue Gold		Twenty First Chakra	
	Violet Gold		Twentieth Chakra	
	Magenta		Nineteenth Chakra	
	Pink Gold		Eighteenth Chakra	
	Multi-White		Seventeenth Chakra	
	Light Violet White		Sixteenth Chakra	
	Light Golden White		Fifteenth Chakra	
	Deep Blue Violet		Fourteenth Chakra	
	Chakras 8-15 are 4th dimensional	Violet Pink		Thirteenth Chakra
Shimmering Gold			Twelfth Chakra	
Pink Orange			Eleventh Chakra	
Pearlescen			Tenth Chakra	
Blue-Green			Ninth Chakra	
Seafoam Green			Eighth Chakra	
Violet		Aum	Crown Chakra	
Indigo		Om		
Chakras 1-7 are 3rd dimensional		Blue	Ham	Throat Chakra
		Green	Yam	Heart Chakra
	Yellow	Ram	Solar Plexus Chakra	
	Orange	Yam	Polarity Chakra	
	Red	Lam	Root Chakra	

***ANCHORING, ACTIVATING, AND ACTUALIZING THE 22 CHAKRAS!***

## THIRD DIMENSIONAL CHAKRAS

CHAKRA  
DESCRIPTION  
COLOR  
GLAND

Root Chakra

The first chakra is the seat of the physical body. It focuses your Earthly life, connecting you very specifically to the Earth. It deals with issues such as grounding and survival. In the early Lemurian period it was the base chakra that was most open. The first chakra deals with consideration about being here on Earth.

Red

The gland associated with this chakra is the gonads.

## **Polarity Chakra**

It has to do with creativity, masculine and feminine balance, and our sexual energies. The back side of the second chakra relates to the seat of the subconscious. This chakra was focused on in the latter Lemurian development.

Orange

The gland associated with this chakra is ludig, or lyden gland which relates to the lymphatic system.

## **Solar Plexus Chakra**

The third chakra is the seat of the emotional body. The Atlantis period of earth's history focused on the development of this chakra.

Yellow

The gland associated with this chakra is the adrenal gland.

## **Heart Chakra**

The fourth chakra deals with unconditional love. This has been the focus in the Christian era.

Green

The gland that is associated with it is the thymus gland.

## **Throat Chakra**

The throat chakra deals with communication, expression, and the use of will. This chakra is the one that is being developed in the Aquarian Age.

Blue

The gland associated with this gland is the thyroid gland.

## **Third Eye Chakra**

The third eye chakra has to do with inner seeingness or spiritual sight and vision. The third eye chakra also relates to the conscious mind.

Indigo

The gland associated with this chakra is the pituitary gland.

## **Crown Chakra**

The crown chakra has to do with the superconscious mind, the soul, the Higher Self, the Monad and/or God. It is truly our gate to bring through the higher energies.

Violet

The gland associated with this chakra is the pineal.

## **FOURTH DIMENSIONAL CHAKRAS**

### **CHAKRA DESCRIPTION COLOR**

#### **Eighth Chakra**

The first chakra of the fourth dimension, and is the seat of the soul. In the third dimensional chakras the earth designated number zero represents physical existence. It is solid and concrete. The seat of the soul now becomes the seat of our existence, just as the earth was the baseline for our existence in the third dimension.

Seafoam Green

#### **Ninth Chakra**

The ninth chakra corresponds to the base chakra in the third-dimensional chakra grid. The ninth chakra corresponds to the body of light. It has to do with joy. When this chakra is activated the body of light is now in your cellular and sub-cellular structure

Blue-Green

## **Tenth Chakra**

The tenth chakra is associated with the polarity chakra in the third dimension. It has to do with the integration of polarities—the proper integration of male and female within self. This chakra actually starts functioning when the male and female energies are in total balance. This is experienced as a state of effortlessness, and alignment with one's soul.

Pearlescent

## **Eleventh Chakra**

This is the chakra of the New Age energies. It corresponds with the solar plexus chakra in the third dimensional chakras, connecting the third chakra to the eleventh chakra allows us to diminish the present and past life trauma stored in the third chakra. The eleventh chakra energy feeling will be like a wave, and it will move through your body and out again without staying in the body or without attaching itself to an area of misperception.

Pink Orange

## **Twelfth Chakra**

The twelfth chakra is the Christ consciousness, which is a transformational energy that connects all energy forms. It is associated with the heart chakra in the third-dimensional chakra grid.

Shimmering Gold

## **Thirteenth Chakra**

This Thirteenth chakra has to do with the manifesting of vibratory communication. This is the chakra that is used in materializing and dematerializing things. It is also the chakra used in teleportation. This chakra is also used for healing.

Violet Pink

## **Fourteenth Chakra**

The fourteenth chakra has to do with the Divine Plan. It allows the mental mind to surrender. The fourteenth chakra is saying that you are allowing the Divine Plan to show you the way without reviewing or evaluating from your mental thought beliefs. This chakra corresponds to the third eye in the third-

dimensional chakra system. It is bringing clairvoyance into the fourth dimension. It is beginning to activate your unlimitedness.

Deep Blue Violet

## **Fifteenth Chakra**

The fifteenth chakra has to do with your Monadic connection. It corresponds to the crown chakra in the third-dimensional chakras. The seventh chakra is your spiritual connection. With the fifteenth chakra your new spiritual connection is to the Monadic level. At the fifth initiation we become merged with the Monad. This brings us to the doorway of ascension. When this chakra is operating it is saying that the structure of your soul is stable enough to handle the energy and the scope of the information coming from the monadic level.

Light Golden White

## **FIFTH DIMENSIONAL CHAKRAS**

### **Sixteenth Chakra**

The sixteenth chakra has to do with ascension. Again it is the sixteenth chakra that descends into the crown chakra at the time of ascension. This chakra is the first chakra of the fifth dimensional chakra grid system. The chakra of ascension into the Monad and I Am Presence and becoming a universal being becomes one's new base line, just as the eighth chakra, the seat of the soul, was the base line in the fourth dimensional chakras.

Light Violet White

### **Seventeenth Chakra**

The seventeenth chakra has to do with universal light, which corresponds to the ninth chakra, or the body of light in the fourth-dimensional chakra grid. We are going from the third dimension, which is solid, to the fourth dimension, which is solid and light, to the fifth dimension, which is total light.

Multi-White

### **Eighteenth Chakra**

The eighteenth chakra has to do with sixth-dimensional divine intent. This chakra when activated will bring in the ability to bring in the sixth dimension of reality. In looking at your charts of the chakras you will see that there is a gap between the eighteenth and nineteenth chakras that says: "No correspondence." The reason for this is that at the fifth dimensional level there is no correspondence to the solar plexus because it has united with the heart chakra.

Pink Gold

## **Nineteenth Chakra**

The nineteenth chakra has to do with universal energy. The heart energy was the focus in the third dimension. The Christ consciousness is the expanding energy in the fourth dimension. In the fifth dimension the correspondence is the universal energy. This universal energy is being felt by those that are allowing the new source energy to come through this source, through their Monadic level, through their soul level to their physical body.

Magenta

## **Twentieth Chakra**

The twentieth chakra has to do with Beingness. In the third dimension you needed to communicate. In the fourth dimension you were able to communicate in a more expanded way through communication by vibration through light. In the fifth dimension there is no need for an exchange, it's a beingness where exchange is not necessary for communication.

Violet Gold

## **Twenty First Chakra**

The twenty-first chakra has to do with divine structure. It is creating from a point of evolution, which is really from a point of resolution. As you develop your consciousness, this chakra will allow you to see the Divine Plan. You are now beyond the structure of the fifth into the learning that took place during the Divine structure.

Blue Gold

## **The Twenty Second Chakra**

The twenty-second chakra has to do with Source or Godhead connection. It is platinum in color.

Platinum

## ***CHAKRA TONING***

*Besides using light and color to work with and open your chakras, it is also possible to use sound. Djwhal Khul has channeled the sounds that correspond to the seven three dimensional chakras. In parenthesis in the second column of the following diagram are words that will help you to enunciate the sounds properly.*

### **Chakras**

### **Tones from Djwhal Khul**

### **Hindu Tones**

Root chakra

O (oh)

Lam

Second chakra

SHU (shuck)

Vam

Solar Plexus chakra

YA (yawn)

Ram

Heart chakra

WA (way)

Yam

Throat chakra

HE (he)

Ham

Third eye chakra

HU (hue)

Om

Crown chakra

I (eye)

Aum

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