

## Lal Kitab & its Remedies

Lal Kitab has gained a wide popularity in the recent years. It is an old book though not very old, which was written in Urdu. It deals with astrology with special emphasis on remedial solutions which more often than not, appear unusual and even bizarre to a lay man with a scientific temper. The origin as well as the authorship of the Red Book is shrouded in mystery. There are "farmaans" (messages) in the book which are very difficult to decipher due to many couplets of poetry mixed with philosophy and hidden meanings. However, many of the remedies suggested in the Red Book are very downright effective. The book also explains the science of palmistry in an exquisite manner. It relates each of the 42 divisions of the human brain to the different houses of a man's birth chart and the sketch of the human brain is reflected accurately on the lines of the palm. On the basis of these lines of the palm one can draw the actual horoscope of an individual and can place planets in various houses of the natal chart. The book also analyses the different aspects of a man's residential house based on his birth chart.

The remedial measures of the Lal Kitab / Red Book are very simple and do not require the observance of expensive rites and rituals. These measures are also different from Tantras and Mantras which are difficult to follow.

Some Remedies, solutions and tips of the Red Book are general in nature and can be applied if required. You are free to try them. They are:

\$\$ Household articles & things which have not been used for several years should be disposed of. Your house as well as work place / office must be free from all clutter. Keep it neat and clean. This remedy is highly beneficial in removing the bad effects of Rahu.

\$\$ Take your lunch and dinner while sitting in your kitchen and when the fire is still burning. This will lessen the evil effect of Dragon's Head (Rahu). Avoid eating while you are sitting on your bed.

\$\$ Give due respect to old people, saints, your father and monks and don't ever mock at them. Seek their blessings. This will help Jupiter and it will start giving good results

\$\$ Give respect to your father and mother.

\$\$ Don't throw stones at dogs or beat them with a stick or kick them away. On the other hand, feed them whenever you get an opportunity. This will remove the ill effects of Ketu (Dragon's Tail) which signifies son and luxuries of life.

\$\$ You should feed monkeys (for improvement in financial condition), cows (for better conjugal relations with your wife), crows and fish (for better financial and health conditions). So doing this frequently will improve your domestic happiness, financial prospects and remove obstacles in general.

\$\$ Distribute yellow cooked sweet rice (chawal) or dough (halwa) to people, beggars, ascetics and children.

\$\$ Similarly offer yellow coloured sweets made of black grams powder (besan) in a temple but do not take back or eat any part of it as a prashad.

\$\$ Offer seven yellow flowers before the god / goddess in a temple.

\$\$ Apply yellow turmeric paste on your forehead.

The above four remedies can quickly improve your business, financial and service conditions.

\$\$ Using silver utensils for lunch and dinner or eating in general will be beneficial in many respects.

\$\$ If there is peepul tree near your house, water it every now and then. Don't show disrespect to it in any way. This remedy is useful for strengthening Jupiter.

\$\$ Whenever you happen to go to the cremation ground or cemetery, drop one or two coins preferably of copper. This remedy ensures some secret help to you when required.

\$\$ Keep some water in a utensil at your bedside when you go to sleep at night. In the morning, throw this water at a place where it will not be defiled or misused in any way. Or use this water to water a plant. This remedy is effective in reducing troubles, obstacles, diseases, disputes and disrepute.

### Lal Kitab Remedies (Part II)

The remedial measures of the Lal Kitab / Red Book for individual planets are given below. These remedies (upayas), solutions and tips should be performed only if the relevant planet is malefic (giving bad results) either in the natal chart or in the Lal Kitab varshkundli (annual chart). The remedies given here are effective in reducing the ill effects of the planets but according to the author of the Lal Kitab, if a planet occupies its own house (Pucca Ghar), then its good or bad results can't be changed. In other words, remedies in such cases will not be effective. All remedies are to be performed from sun rise to sunset. Do not perform all remedies (upayas) in one go or on one day.

#### Remedies for Sun (Surya)

- \$ Begin any important work after eating sweet and then drinking water.
- \$ Do not accept anything in charity.
- \$ Worship Lord Vishnu.
- \$ Throw a copper coin in flowing water of a river.
- \$ If there is marital discord or quarrels, put out fire with raw milk.

#### Remedies for Moon (Chandra)

- \$ Get blessings of your mother by touching her feet.
- \$ Receive some solid silver as gift from your mother.
- \$ Do not get married at the age of 24.
- \$ Do not do business dealing in milk and dairy products If moon is in Aries (Mesh) in your birth chart.
- \$ If moon is in Scorpio (Vrishchak) in your birth chart, then keep some water in a bottle taken from cremation ground in your home. When water dries up, repeat the process.
- \$ If moon is in Aquarius (Kumbha) in your horoscope then worship Lord Shiva. Chant the mantra "Om Namah Shivaya."
- \$ Keep a glass full of water near your head at night when you sleep. Next morning, pour it into the roots of an acacia (kikar) tree.

#### Remedies for Mars (Mangal)

- \$ Keep fast on Tuesdays and donate vermilion (sindoor) to Lord Hanuman.
- \$ Throw red lentil (masoor dal) or honey in the flowing waters of a river.
- \$ Help your brother(s) from time to time. Do not annoy them.
- \$ Give frequently red clothes to your sister or maternal aunt or niece.

#### Remedies for Mercury (Budha)

- \$ Give green coloured bangles and clothes to eunuchs (hijras).
- \$ Throw a copper coin with a hole in it in a river.
- \$ Feed cows with green fodder or grass.
- \$ Donate a goat.
- \$ Do not accept or wear talismans (tabij).
- \$ Clean your teeth with alum (fitkari) daily.
- \$ Have your nose pierced for 100 days.
- \$ Wear copper coin in the neck.

### Remedies for Jupiter (Guru)

- \$ Eat saffron (kesar).
- \$ Apply saffron on your navel (nabhi) and tongue in the morning after sunrise and bathing.
- \$ Apply saffron or turmeric paste on your forehead.
- \$ Do not cut or get a ficus religiosa (peepal) tree cut. Show respect to it.
- \$ Put some saffron, some gold, some white grams, and turmeric in a yellow cloth. Tie it and give the small bundle in a holy place or temple.
- \$ Give food to girls who are under nine.
- \$ Wear solid gold in your neck.
- \$ Do not keep large sized idols of gods and goddesses at home if Jupiter is in 7th house in your natal chart.
- \$ Water a ficus religiosa (peepal ) tree for 43 days.

### Remedies for Venus (Shukra)

- \$ Throw a blue flower in dirty water or drain for 43 days.
- \$ Use perfume, scent, cream, incense etc on Fridays.
- \$ Worship goddess Lakshmi.
- \$ Give curd, pure clarified butter (dhesi ghee) and camphor at holy place.
- \$ Donate a cow in charity.

### Remedies for Saturn (Shani)

- \$ Feed crows for 43 days.
- \$ Pour mustard oil or alcohol on the ground (soil) in the morning after sunrise for 43 days.
- \$ Give baked bread (chapattis) with mustard oil applied on them to dogs and crows.
- \$ Donate iron.

### Remedies for Rahu (Dragon's Head)

- \$ If suffering from the ill effects malefic Rahu then throw barley (jaun) or wheat (400 gms) in a river or canal (natural). (The water should be clean and flowing).
- \$ Give cooked red lentil (red masoor pulses) to your sweeper and or help him in other ways.
- \$ Eat in the kitchen when the kitchen fire is burning.
- \$ Donate radish.
- \$ Throw raw coal (kacha koyala) in the river if facing a lot of difficulties and obstacles.
- \$ Keep saunf or sugar in a red small bag under your pillow while sleeping.
- \$ Keep a silver square plate with you.
- \$ Bathe in sacred rivers or tanks.

### Remedies for Ketu (Dragon's Tail)

- \$ Keep at home or feed a white and black dog (two colors only).
- \$ Give 100 chapattis (baked bread) to dogs.
- \$ Give / donate a cow (milk giving) and sesame seeds in charity.
- \$ Apply saffron (kesar) on your forehead.
- \$ Wear gold preferably in your ears.
- \$ Give white and black blanket made of wool in a religious place or temple.
- \$ Ganesh puja will be helpful.