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The Healing Power of Gems and Mantras

Wendy Vasicek (Founder Member)
[Planetary Gemologist Association](#)
Certified PGA

The power of gems cannot be denied and it's for this very reason that the greatest care must be taken when prescribing them. We're all familiar with the axiom that only lords of the trikona houses (1st, 5th and 9th) should be strengthened, but even with these lords, if they're involved in a hostile relationship with another planet and the trikona is not their moolatrikona sign, one must exercise caution as to wear the gem during a dasa of the planet it's hostile to could be detrimental to the significations of that planet.

In the case of the great malefics Saturn and Mars, if they're aspecting other planets, their gems should not be considered unless they're *YogaKarka* or unless lagna is their moolatrikona sign. Even then one should exercise caution if they aspect a planet they're hostile to.

The Node's gems can be worn, under certain circumstances, during their own Mahadasa but great caution is needed if they conjoin another planet. For their lordship consider Aquarius for Rahu and Scorpio for Ketu. For affliction due to the nodes (and for inauspicious transits) one may consider having a yagya done.

Many knowledgeable astrologers are strongly opposed to remedial measures (particularly gems) as they believe it's an attempt to "short circuit" our karma, so to speak. Although I don't agree with this entirely (see [>here<](#)) I do understand the sentiment behind it.

Wearing the correct gem prescribed by a jyotish pundit (qualified Vedic astrologer) has an immediate and profound effect on the native and, apart from the purchase of the gem, no effort is required on his part...the effect is assured! This is seen by many as an attempt to *buy our way* out of the karma we ourselves have created and it's held that the karmic debt will still have to be paid somehow...if not in this life then in the next...yet the recommended use of gems (as seen in below quotes) abounds in ancient treatises.

In the "Garuda Puranam," chap. 68, verse 17 it is stated by Sri Suta Goswami: *"Pure, flawless gems have auspicious powers which can protect one from demons, snakes, poisons, diseases, sinful reactions, and other dangers, while flawed stones have the opposite affect."*

And from the ancient "Agni Puranam" chap. 246, slokas 7 & 8: *"A gem free from all impurities and radiating its characteristic internal luster should be looked upon as an escort of good luck; A gem which is cracked, fissured, devoid of luster, or appearing rough or sandy, should not be used at all."*

And again in the chapters of Sri Garuda Puranam, we find this quote on rubies by Sri Suta Goswami: *"A ruby, although genuine, should not be worn if it has strong color banding, excessive inclusions within like numerous internal cracks, a sandy appearance, a rough surface, or is dull and lusterless. Anyone using such a flawed ruby, even out of ignorance, will suffer from disease, or loss of fortune."*

Jataka Parijata; Adhyaya II Sloka 21 (page 55):

The ruby is the Sun's precious stone; a pure spotless pearl that of the Moon. Coral belongs to Mars. Mercury's precious stone is the emerald. Topaz (yellow sapphire) belongs to Jupiter. Venus owns diamond. Saturn's gem is the stainless (blue) sapphire...etc.

See here for [Sri Navaratna - Nine Gems](#)

The great Yogi Patanjali said;
"The pain which is yet to come can and should be avoided."

From the above treatises it should be clear that the use of gems as remedial measures has been an authentic tradition for thousands of years. The unfortunate thing is that, for many, jyotish quality gems are simply unaffordable; in which case the native is required to chant thousands of repetitions of the mantra specific to that particular planet. If the mantra is chanted in the correct manner for the correct number of repetitions then the native is also protected from the *sinful reactions* manifesting through the planets.

Know Your Gem

Sun - Ruby

Ring Finger: 2 1/2+ carats
*Not with diamond, blue sapphire,
gomedh or cats eye.*

Moon - Pearl

Ring Finger: 2+ carats
*Not with emerald, blue sapphire,
Diamond, gomedh or cats eye.*

Mars - Red Coral

Ring Finger: 6+ carats
*Not with emerald,
blue sapphire, gomedh
or cats eye.*

Mercury - Emerald

Little Finger: 3+ carats
Not with pearl or red coral.

Jupiter - Y. Sapphire

Index Finger: 3+ carats
*Not with emerald, diamond, blue
sapphire, gomedh or cats eye.*

Venus - Diamond

Middle Finger: 1 1/2+ carats
*Not with ruby, pearl or
red coral.*

Saturn - Blue Sapphire

Middle Finger: 4+ carats
*Not with ruby, pearl, red coral or
yellow sapphire.*

Rahu - Gomedh

Middle Finger: 6+ carats
*Not with ruby, pearl, red coral or
yellow sapphire.*

Ketu - Cats Eye

Middle Finger: 5+ carats
*Not with ruby, pearl, red coral or
yellow sapphire.*

Because the sound of the mantra (correct pronunciation) and the method of chanting are of utmost importance it's not easy, nor is it recommended, for lay persons (non-priests) to instruct the native in this form of remedial measure. The jyotisha can play a part in advising which mantra should be used (priests are not always good astrologers) but, unless he's well-versed in Vedic mantras, his role should end with the recommendation. Incorrect pronunciation of mantras have much the same effect as flawed gems. It would be far better not to wear a gem, or chant a mantra, at all than to do it incorrectly.

See [The Vibrations of Our Universe](#)

Charitable works without the desire for reward (selfless service) and regular (transcendental) meditation practice, as taught by the great Rishis, are affordable, effective and safe remedies...for every chart! And there's never a danger of prescribing the wrong remedy. The very best rule of thumb is "when in doubt, don't".

The Navagraha Stotrams (hymns):

Are a blessing for every horoscope. To recite, listen, or read the stotram has a balancing influence on all the grahas (planets).

Sun Mantra:

*Japakusuma Samkaasham Kashyapeyam Mahadhyuthim
Tamorim Sarva Paapagnam Pranathosmi Divakaram*

Moon Mantra:

*Dadhishamkha tusharaabham ksheero daarnava sambhavam
Namami Shashinam Somam Shambor Mukuta Bhooshanam*

Mars Mantra:

*Dharaneegarbha Sambootham Vidhyadh Kaanthi Samaprabham
Kumaaram Shakthihastham Cha Mangalam Pranamaamyaham*

Mercury Mantra:

*Priyam Gukaalikashyamam Rupenaam prathimam Budham
Saumyam Saumya gunor petham tham Budham pranamaamyaham*

Jupiter Mantra:

*Devaanaam cha Hrisheenaam cha Gurum kaanchana Sannibham
Buddhibhootam trilokesham tham namaami Brihaspatheem*

Venus Mantra:

*Himakundha Mrinaalabham Daithyaanam Paramam gurum
Sarvashastra pravatkaaram Bhaargavam pranamaamyaham*

Saturn Mantra:

*Neelaamjana Samaabhaasam Raviputram Yamagrajam
Chchaaya maarthanda samboothm tham namaami Shanishwaram*

Rahu Mantra:

*Ardhakaayam mahaveeryam chandradithya vimardhanam
Sinhigaagarbha sambootham tham raahum pranamamyaham*

Ketu Mantra:

*Palashapushpa sankasham taaragagraha masthakam
Raudram raudrathmakamkhoram tham kethum pranamamhyaham*

It is important to understand that, whilst remedial measures can be beneficial in restoring harmony to that particular quality (within us), the karma that is due in this life will manifest at the appropriate time, albeit in a less severe manner.

For example, if separation from a loved-one is written into our karmic code, this will undoubtedly occur; but, with the help of remedial measures, the separation may be kinder (softer) and acceptance easier, thereby avoiding unnecessary suffering. There can be little doubt that karma will manifest, but the associated pain and suffering can and should be avoided...as stated by *Patanjali*.

Maharishi tells us that *Jyotish* should never be taken on any level other than the level of *Vedanta*. From this level we are led to realize our *true* identity - as an *infinite eternal blissful soul* - free from the consequences of ignorance and suffering.

Discussion between Sri Yukteswar and Yogananda:



Sri Yukteswar: "Mukunda (*Yogananda's boyhood name*), why don't you get an astrological amulet?"

Yogananda: "Should I, Master? I don't believe in astrology."

Sri Yukteswar: " It is never a question of belief; the only scientific attitude one can take on any subject is whether it is true. The law of gravitation worked as efficiently before Newton as after him. The cosmos would be fairly chaotic if its laws could not operate without the sanction of human belief."

Autobiography of a Yogi: >Ch.16. "Outwitting the Stars"<

Gems at a glance:

Planet	Gem	Name	Quality	Cosmic Color	Day	Ring Metal
Sun	Ruby	Manikya	Hot	Red	Sunday	Gold
Moon	Pearl	Mukta	Cool	Orange	Monday	Silver or Platinum
Mars	Coral	Vidruma	Hot	Yellow	Tuesday	Gold + Copper
Mercury	Emerald	Marakata	Cold	Green	Wednesday	Gold
Jupiter	Yellow Sapphire	Pushparaga	Cool	Light Blue	Thursday	Gold
Venus	Diamond	Vajra	Hot	Indigo	Friday	Platinum
Saturn	Blue Sapphire	Indraneela	Coldest	Violet	Saturday	5 Metals
Rahu	Hessonite	Gomedhaka	-	Ultra Violet	Saturday	5 or 7 Metals
Ketu	Cat's Eye	Vaidurya	-	Infra Red	Saturday or Tuesday	5 Metals

The natural friendliness or enmity amongst the planets - nodes not included.

Status	Sun	Moon	Mars	Mercury	Jupiter	Venus	Saturn
Friends	Moon Mars Jupiter	Sun Mercury	Sun Moon Jupiter	Sun Venus	Sun Moon Mars	Mercury Saturn	Mercury Venus
Enemies	Venus Saturn		Mercury	Moon	Mercury Venus	Sun Moon	Sun Moon Mars
Neutrals	Mercury	Mars Jupiter Venus Saturn	Venus Saturn	Mars Jupiter Saturn	Saturn	Mars Jupiter	Jupiter

Parashara states:

"Note the signs which are the 4th, 2nd, 12th, 5th, 9th, and the 8th from the Moolatrikona of a planet. The planets ruling such signs are its friends, Lords other than these are its enemies. If a planet becomes its friend as well as its enemy (temporary relationship) then it is neutral or equal."

See more >[here](#)<

