

LESSON SIX: FIVE COSMIC ZONES

Vrilic power streams toward Earth and fills its atmosphere, penetrating everything, even into the center of the planet. The entire electromagnetic field of the planet which stems from the metallic molten core is powered by Vrilic power. All things, organic and inorganic, energy and matter, are influenced by Vril. F. B. Marby has theorized that the Vril forms five zones or fields of energy, and that it is important for us to understand their properties and how they are manifested from the Vrilic power. Therefore, we should take some time in this lesson to discover their nature so as to acquire a better understanding of how the Vril affects us, and how we can harness it for our own use in manifesting both the objective and subjective realms of reality.

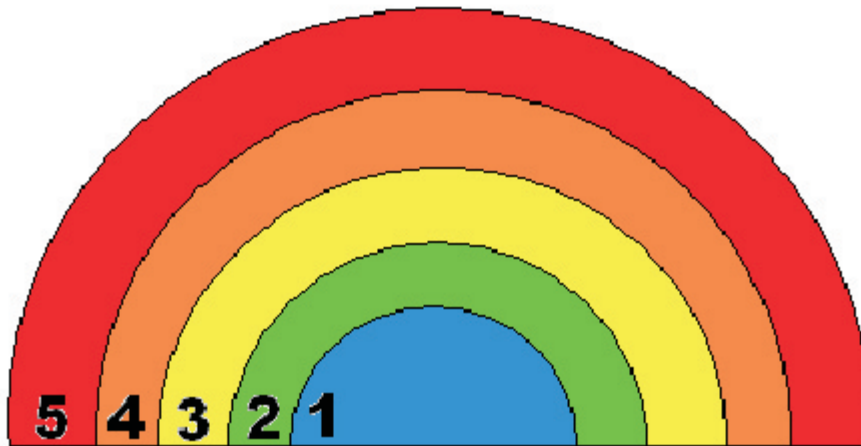
First, let's describe the five zones that Marby identifies. **The first zone is named the Inner Earth Space** and is the vast subterranean space beneath the surface of the earth. Within this zone the Vrilic power is tranquil and radiates energy. **The second zone is called the Material Earth Space.** This zone is the physical substance of the planet Earth. Here, vast reservoirs of Vrilic power are stored that are very ancient. In this zone, the remains of billions of organic life forms which once existed and died over billions of years are stored. **The third zone is known as Wave Space.** This zone is the realm of the surface of the planet which we inhabit. In this zone, Vrilic energy streams are received from above and below and are freely exchanged. **The fourth zone is Cosmic Space.** This zone is influenced by Vrilic power radiated from the physical bodies in space and throughout the universe. **The fifth and outer most zone is the Super Cosmic Space.** This zone is much like the Inner Earth Space. It transmits tranquil and radiant Vrilic power.

When performing the Runic Yoga stadhas we should keep in mind the flow of the Vril through our bodies. Vrilic power can enter from below and above. We should try to visualize from which zone the Vril is flowing into us and consciously concentrate on each zone in turn, and determine if it affects us in different ways. What is important to understand is that we can consciously guide and manipulate the evolution of our individual self, as well as the entire Folk, humanity and the universe by harnessing and guiding the Vrilic streams of power from these different zones, and that the Runes are a tool, or key, to learning how to master this art of receiving and absorbing and finally projecting the Vril to transform both the subjective and objective realms of reality. As your group progresses in its development in learning how to master the control of the Vril through both Galdor and Seither Science, the entire group will be purified and strengthened as you progress through these lessons.

Marby explained that there are nine steps that he refers to as the "Nine Mothers," necessary to effectively harness the Vril from the different zones for your use. They are:

- (1) posture or shape (Runic Yoga),
- (2) the space in which you continuously perform your lessons, which will become charged with the Vril,
- (3) location (a site could be a better conductor of Vril because it lies on a ley line, for example),
- (4) direction and orientation,
- (5) breathing,
- (6) vocalic sound or chanting,
- (7) consonantal sound or vibration,
- (8) the power of the one-point concentration of the will and visualization, and finally
- (9) motion, (through dance and other dynamic forms of movement used to enhance Vrilological Scientific methodology).

The Five Zones of the Cosmos



- 1. Inner Earth Space**
- 2. Material Earth Space**
- 3. Wave Space**
- 4. Cosmic Space**
- 5. Super Cosmic Space**

You should be in a relaxed position and perform your basic exercises of breathing and chanting, but now you are going to chant three Runes: Fehu, Uruz, and Elhaz in the long and drawn out fashion. Repeat the three Runes, nine times, and concentrate as hard as you can, visualizing the Runes. You want to achieve a state in which the rune-might of the combination of the three Runes fills your very being with Vrilic power. The combination concentrates the Vril by use of Fehu, from the Cosmic Space and Super Cosmic Space, while Uruz will draw in the telluric form of Vrilic power from the Inner Earth Space and the Material Earth Space. The two forces, drawing Vril from both directions, will unite and combine them in Elhaz, into a divine consciousness within you. We will discuss this process in greater detail in later lessons when exploring the nature of the Soul and how to harness Vril to increase our personal Luck. You might feel a little light-headedness and your vision might be blurred when you open your eyes. This is the effect of absorbing Vril in this way.

The principle behind this exercise is to permit the flow of Vrilic energy to enter you from above and below, from all five zones. This is done by tuning into the Vril currents. The process takes practice, but it really is simple. By using the Runic Yoga positions you are turning yourself into a Human Runic Tuning Fork., harnessing the Vril energy, reshaping it through the properties of the individual Runes, and then guiding them for your purpose. Our Vril Lords and Ladies describe the process as one where you gain the ability to master Vril and learn to use it, through the use of the Runes, to reshape the evolution and structure of the cosmos, including the material world of Midgard. The Runes are a tool that gives you the ability to perceive, absorb and then send Vril energy into the world around you. **But most of all, you will discover that the greatest effect of this exercise is your own individual transformation!**