

## LESSON TWO: RUNIC MANTRAS

### THE VIBRATORY POWERS OF THE RUNES

The purpose of learning Runic Mantras is to unlock the potential of the vibratory powers within the sound of each Rune. There are several theories on the origin of the Runes. Archeologists theorize that the Runes arrived in Europe as a result of waves of Indo-European invaders who originated in Central Asia. As the Indo-Europeans moved through Europe, the Runes were transformed by interaction with the Etruscan alphabet. In the Church of Balder Rising, we know that the Runes, and how to use them, were taught to our ancestors by the Gods more than nine thousand years ago. Over the millenniums, the Runes were corrupted into various forms and used as writing by the fallen peoples who were the descendants of the original mother-civilization of modern-day Europeans. The Gods gave us the knowledge of the Runes so that we could use them to transform the world around us. They possess trans-dimensional powers that can on the deepest level impart to our collective and individual consciousness an awareness of the true nature of the universe. This level of reality is only now being discovered by the world of secular science in the form of quantum physics. After the destruction of that first Aryan civilization along the shores of the Black Sea, the knowledge of Vrilology was lost for the most part. But bits and pieces of it were handed down through the ages by our fallen ancestors through verbal and written chronicles, myths, sagas, legends, sacred texts and hidden lore. And while the understanding of the science (Vrilology) was lost or misinterpreted, the symbols are universal, triggering subconscious awareness and enlightenment in those who use them. Their forms, natures and sounds create a bridge between the conscious (Midgard) and the subconscious (Asgard) realms. We can see this in the three-fold nature of the Runes: idea, sound, letter. While all three can be used in our contemporary age, we have to remember that the "letter" nature has been adapted by our modern alphabetic needs.

We need to briefly review what we covered in previous lessons so that you can be reminded of the nature of the vibratory power of the Runes and your voice's ability to unlock their powers. The world of body, spirit and mind can be influenced through the power of the vocal chant. This is what we mean by the word, *enchantment*. Chanting is widely used in religious practices and in music. We use chanting in Vrilology as a Runic tool. By chanting, we create a state of mind which we refer to as en-chant-ment. This state of mind is one of heightened excitement, while the opposite, *disenchantment*, is one of mental depression. We can change our mental state of being through the practice of chanting. The nature of that change, and the quality of the mental state, can be consciously controlled by understanding the nature of each Rune, and chanting the appropriate Rune to manifest the specific state of mind we wish

to create.

## **EVERYTHING IN THE UNIVERSE IS IN A CONSTANT STATE OF VIBRATION**

There is an old occult axiom that says: "*Everything Vibrates.*" While the ancients knew this to be true, modern science has, through experiments conducted under laboratory conditions, proven this state of existence to be a definitive principle of the physical universe. The realms of the modern mystic and that of modern science have moved closer through the discoveries made about conditions at the atomic and subatomic levels. These discoveries have shown us that everything in the universe is in a constant state of perpetual vibration. Everything from matter, light, heat, magnetism, electricity, cold, and all forms of energy in the universe are functioning according to this principle of vibration. As Vril scientists, we can conclude that if everything in the physical universe is in a constant of vibrations, then this principle is just as valid in the mental and spiritual realms. In fact, the difference between the various states of existence is due to different rates of vibration. By learning to control and change the rate of vibrations of your mind, you have the potential to travel through the different realms of existence.

Just as every physical substance, as well as all forms of energy, has its unique and distinct rates of vibration, so too does each state of the mind. The



secret of magical contagion (emotional transference) is the result of one person's influencing other persons through the control and manipulation of their emotional state of mind by way of similar rates of vibrations. A person who has mastered this art of mental control can, through his ability to manipulate the vibratory state of emotions, control the minds and actions of other persons. We can see this manifested at rock concerts, political rallies, or religious gatherings. This principle lies behind the power of persuasion of all great orators. Through the vibratory power of their voice, they can literally control and manipulate the emotional state of their audiences. Through this methodology, one is able to control the emotion, will, desire, feeling, reasoning and the general mental state, of another person, or persons. This is the same principle as that of tuning forks. One tuning fork will begin to vibrate when another tuning fork is struck. This principle lies behind the secret of how to mentally influence others through personal magnetism, oratory, and the power of chanting and enchantment.

We practice the art of chanting to become masters of our ability to change the rate of mental vibrations at will. You must understand that with the invocation of certain sounds, you are creating certain vibrations within yourself, which then resonate in the environment around you. These vibrations harmonize with those Vrilic vibrations that affect the human aura. This aura is part of your soul, surrounding you, absorbing currents of Vrilic energy that pours into you, giving you life and affecting every atom, of every cell, in every part of your body. Sound of all types will affect the flow of Vril into you, by transforming the rate of vibration of its currents. Once we have mastered this science, we become masters of the world around us, our environment and those whom we come into contact with, while maintaining a state of control and calmness in the knowledge that we are untouchable by the events unfolding about us.

### **THE OCCULT POWER WITHIN CERTAIN SOUNDS**

There is in certain occult traditions, outside of Odinism, the belief that certain letters possess particular meanings. We will examine this practice because you will discover that though it originated in Egypt and Greece, in Hermetic/Hellenistic occult traditions, this belief system *must* have had its roots with the ancient refugees of the lost Black civilization who migrated south, into the eastern Mediterranean region, because of the similarities with the vibratory powers of certain equivalent Runes of the Elder Futhark. They undoubtedly brought with them vestiges of the original Vrilology, practiced by their lost civilization and was incorporated into the technology used to build such wonders as the Egyptian pyramids.

The first letter we will examine is **R**. Its sound represents royal, ruling, authority and ordered. Of course R is represented by the Rune Raidho. Raidho

is the Rune of the right order, or divine order, true paths that will prevent chaos in any situation.

Another letter we should examine is **A**. In the Elder Futhark, A is represented by Ansuz. Ansuz is the Rune of *the* God, or the All-Father, Odin. This is why A in the Hermetic/Hellenistic tradition means *masculine vitality*. What is interesting is that if we combine Raidho, R, with Ansuz, A, we have RA. In the Egyptian religion, Ra was a principal male deity.

The next letter worth examining is **M**. M represents a calming, maturing, and passive force of the feminine power, and is represented by Mannaz in the Elder Futhark. According to the Denali Institute, Mannaz is the Rune of the Perfected Human Being. Mannaz contains within it elements of the combined forces of M and A. We see the nature of Balder within Mannaz, and the Denali Institute's interpretation of this Rune as the Perfected Human. While Balder is a male deity, and represents the regenerative powers of the masculine force, he is a God of Peace and is the only male God in the Norse cosmology that possesses no weapon. Thus, Balder has features of the aggressive masculine and the passive feminine forces in nature. And though he is defined as Odin's son, in some ways he is the reincarnation of the first God, Borr, who was androgynous and gave birth to the race of Aesir.

Next, we should look at the letter **O**. In occult lore, its meaning is the infinite universe. Existence without beginning nor end. It represents the Rune Othala. Othala is a Rune of Odin. The name, *Odin*, has a dominant O sound. Odin is the All-Father, the creator of the ordered universe. He is the teacher of humanity, and the God of the clan, tribe, nation or Folk. If we combine O with the feminine M, we have OM, which is an Eastern mantra of power, similar to Wunjo. The vibratory essence of both sounds bring harmony, joy and calmness within the soul of the chanter.

Two more letters deserve our attention. The first is actually the **TH** sound, which represents the might and forceful energy of the father influence in life. This is the dynamic force of creation and breaking. Of course it is the Rune Thurisaz, representing the Th sound in the Elder Futhark, and is personified by both Thor, the Thunderer, possessing his all-powerful hammer, and the Thurses, or Giants. Like dynamite, its explosive power can be used for constructive or destructive purposes.

Finally, we should examine the letter **E**. Its sound is like the E in bet or yet. Its powers can control the power within water. From this sound the Babylonians created the water deity, Ea. E represents the life-giving currents of water, which can be equated with the Life-Force currents of Vril energy.

### **THE POWER WITHIN YOUR VOICE**

Since chanting is so important in harnessing the Vril currents, all good Vrilologists should learn to develop their voice's full potential. Everyone has a

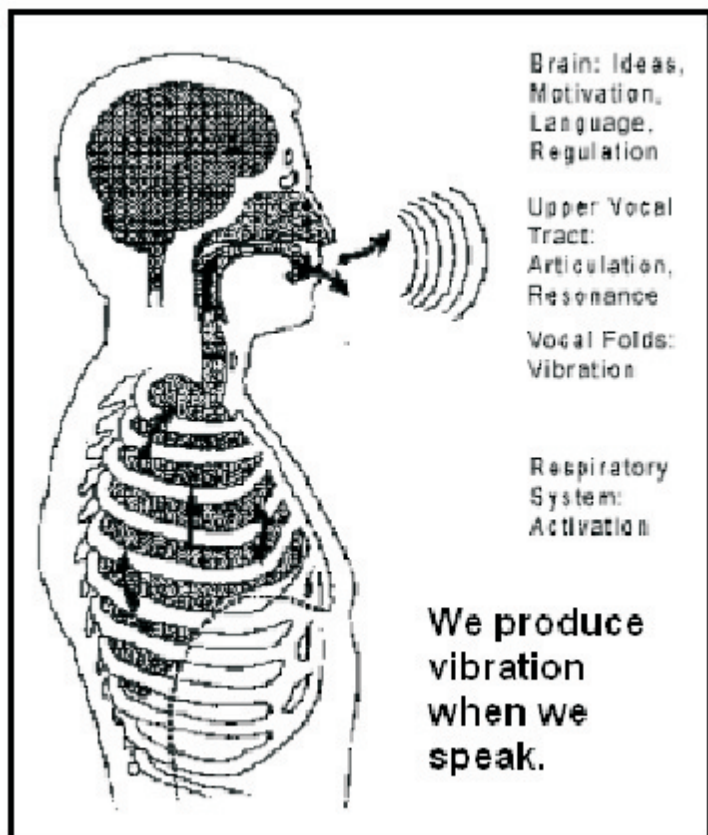


personal Cosmic note that is attuned with their individualized consciousness. This Cosmic note vibrates at a very high rate of vibration within your psyche. But it also possesses a complementary or harmonic correspondence on the music scale of do, re, me, fa, so, la, te, do. By practicing Galdor science, you eventually attract a responsive note that is your Cosmic note. Once you discover your personal Cosmic note, and learn how to use it, your ability to draw on the power within Galdor will increase tremendously.

Each person has his or her individual voice that is unique. You can discover your own Cosmic note by sitting in a relaxed position and thinking of the musical scale of notes (do, re, me, fa, so, la, te, do); meditate on it and try and imagine what, if any, spiritual effect it might have on you. Then, hum it outwardly. Try this with each note. You don't have to rush through the process. You can do it several times, and even experiment with each note. Try chanting with each musical scale to see what reaction your voice has. You should understand that your Cosmic note will not necessarily, and in most cases won't, be the same note that your voice uses to speak normally. Once you have discovered your Cosmic note, you will be able to use it to create a mastering voice. Your skills in enunciation, voice projection and high volume will all increase. Along with these changes, you will develop increased confidence, for you will discover that your voice will take on the power to influence people

around you. Your voice will resonate through your entire body when you connect with your Cosmic note. It will become a powerful tool for you to use in magical operations.

The power in your voice will have an effect on any pets you might have. They will respond differently to your voice once you have discovered and mastered your Cosmic note. In European lore and myth, there are many tales of people speaking with animals and even trees. Unlike other traditions, which concentrated on the mystical practices of silent prayer, European mysticism relies extensively on the power of the human voice through chanting. When we chant, our



body, mind and spirit are united in a collected concentration on a single point, which we have described as the "one point concentration of the will." Chanting helps us to focus on a single point, and this is extremely important when conducting any magical operation.

The organ in your throat known as the larynx has folds attached to it known as vocal cords. It is this membrane-like substance that vibrates when we speak or chant. The air is disturbed when the larynx vibrates. This produces air waves that emanate from your mouth as sound, which is heard by the human ear. But these vibrations don't just travel through the air, they also travel throughout the human body, and eventually, end up in the brain. In the brain, the pituitary gland is stimulated. The pituitary gland is the instrument that either activates or represses emotions. The pituitary brain and the pineal gland are connected, and the vibrations travel from the former to the latter. This is the seat of your "Third Eye," or "Bifrost Gland." When the Bifrost Gland is stimulated by this process, it produces psychic awareness from the invisible world.

This means chanting has two effects: inner and outer. The first effect influences the vibration patterns of what you seek to manifest in the physical world. This is done through the influence of your personal aura and the energy fields of vril currents flowing in and out of you. Secondly, it enhances your ability to make a connection with the invisible realms of the higher spiritual impulses.

### **AN EXERCISE YOU CAN DO TO DEVELOP YOUR PERSONAL COSMIC NOTE**

We want you to try this exercise, designed to help you develop your voice, and turn it into a vibrational instrument used for chanting. The ability to chant is within the capacity of every individual. One does not have to be a "natural" psychic or gifted with a "natural" talent for magic to be able to master the art of chanting. Chanting is vibration, and vibration is the physical law that transcends the physical world and permits you to tap into the potential of the invisible realms. This ability to use vibration is available to everyone who wishes to learn Vrilology.

We have already explained how you should experiment with the harmonic musical scale (do, re, me, fa, so, la, te, do), and try and find which note is best suited for you to use. Then you should begin exercising your voice in the most commanding way possible. Strive to enunciate and project your voice. Learn to send your voice and don't be afraid about how you sound. You are not trying to master the art of being an opera singer, you are just trying to discover how to use "one" note. So really belt it out. Once you find which note you can best use, begin to practice projecting it. You can do it when you are alone at home, or driving in your car. Believe it or not, your voice really does sound better in the shower. The acoustics in the shower really does make your voice sound

better. So when you shower, let go and practice! You can simply sing your favorite song at first, but eventually you will want to practice chanting each of the Runes. Try and hold the note for as long as possible. You will discover that in time, you will be able to hold it for longer periods each time you chant.

## **PRONUNCIATION GUIDE**

### **RUNES:**

FEHU----fay-who  
 URUZ----oo-rooze  
 THURISAZ----thoor-ee-sasz  
 ANSUZ----ahn-sooze  
 RAIDHO----rayd-hoe  
 KENAZ----kehr-ahsz  
 GEBO----gay-boe  
 WUNJO----woon-yoh  
 HAGALAZ----hah-gah-lahsz  
 NAUTHIZ----now-these  
 ISA----ee-sa  
 JERA----yeer-rah  
 EIWAZ----eye-wahsz  
 PERTHRO----peer-throw  
 ELHAZ----ehl-hahsz  
 SOWILO----soe-wee-low  
 TIWAZ—tee-wahsz  
 BERKANO----beer-kahn-oh  
 EHWAZ----ay-wahsz  
 MANNAZ----mahn-nahsz  
 LAGUZ----lahgooze  
 INGWAZ----eeng-wahsz  
 DAGAZ----dhah-gahsz  
 OTHALA----oh-tah-lah

### **THE VOWELS:**

**a** - **aa** as in....ah, far, Bach  
**e** - two forms: **ay** as in...say  
                                   **ee** as in..see  
**i** - two forms: **ee** as in....seek  
                                   **ih** as in.....sit  
**o** - **oh** as in.....home, own

**u** - two forms: **oo** as in....mood, spoon  
**yew** as in.....yew, mule

### **REGULAR CONSONANTS:**

**r** - trilled in throat or with tongue  
**th** - two forms: **t** as in.....tin  
**th** as in.....thin, thorn  
**j** - always sound as y as in yes  
**k** - always a hard **k**, there is no soft c  
**g** - always a hard **g** as in get, there is no soft g  
**s** - two forms: **ss** as in glass  
**z** as in zero  
**z** - between **s** and z, not a hard z

### **DIPHTHONGS:**

**ae** - **ey** as in.....hey  
**au** - **ou** as in.....house  
**oy** as in.....boy  
**ei** - **ay** as in.....may, day  
**i** as in.....mine  
**ng** - **ng** as in.....sing

### **CHANTING RUNIC MANTRAS**

We must remember that the human body is constantly being invaded by the flow of Vril energy. What we are seeking to accomplish is to control this flow. Like the Gods, we too have both the essence of the Godly forces of order, and the Gigantic forces of chaos within us. The Gods have mastered their Giant quality within themselves. We mortals have yet to master the potential for chaos and thus self-destructive behavior. This is the essence of the Folk Faith—to master our self-destructive tendencies and work toward the acceleration of our evolutionary progress and the transformation of our Folk into a race of God-men. To accomplish this, we must learn to use the Runes as a tool to harness and shape the Vril for our purpose.

As explained in previous lessons, the Runes have different qualities, as well as multiple qualities. One is sound. We must learn the sound value of each Rune and use it to form mantras that will help to integrate the essence of the Runes into ourselves. Like our alphabet, the Futhark can be divided into vowels and consonants. The vowels are *a, e, i, o, u* and there are eighteen consonants: *f, th, r, k, g, w, h, n, j, p, z, s, t, b, m, l, ng, d*. It is easy to chant the vowel sound, but some of the consonant sounds are difficult to sustain. So



it might be necessary to combine some consonant sounds with vowels. But all consonant sounds will also be combined with the vowel sounds as part of the ritual of chanting Runic mantras. These combinations help to enhance the power of each consonant sound.

We are including mantra chants for you to practice. You should perform one mantra per day until you have completed all twenty-four. Once you have mastered these mantras, you will need to use them in combination with the following lessons dealing with Rune Yoga. As you become familiar with the mantras, you might want to experiment with them, changing them based on your own feelings that the sounds induce within you. Please do so. But the basic formula will remain the same. Here they are:

#### FEHU:

feeeehoooooooo, feeeehoooooooo, feeeehoooooooo  
 ffffffffffffffffffffffffffffffffffffff  
 fa, fe, fi, fo, fu  
 af, ef, if, of, uf,  
 ffffffffffffffffffffffffffffffffffffff  
 feeeehoooooooo, feeeehoooooooo, feeeehoooooooo

#### URUZ:

uuuuuuuuurrrrrruuuuuzzzzzz,      uuuuuuuurrrrrruuuuuzzzzzz,  
 uuuuuuuurrrrrruuuuuzzzzzz  
 uuuuuuuuuuuuuuuuuuuuuuuuuuuuuuu  
 uuuuuuuuuurrrrrrrrrr  
 uuuuuuuuuuuuuuuuuuuuuuuuuuuuuuu  
 uuuuuuuuuurrrrrruuuuuzzzzzz,      uuuuuuuurrrrrruuuuuzzzzzz,  
 uuuuuuuurrrrrruuuuuzzzzzz

#### THURISAZ:

thuuuuurrrrrriiiiisssssaaaaazzzzz,      thuuuuurrrrrriiiiisssssaaaaazzzzz,  
 thuuuuurrrrrriiiiisssssaaaaazzzzz  
 ththththththththththth  
 thar, ther, thir, thor, thur  
 tha, the, thi, tho, thu  
 ththththththththththth  
 thuuuuurrrrrriiiiisssssaaaaazzzzz,      thuuuuurrrrrriiiiisssssaaaaazzzzz,  
 thuuuuurrrrrriiiiisssssaaaaazzzzz

#### ANSUZ:

aaaaannnnnsssssuuuuuzzzzz,      aaaaaannnnnsssssuuuuuzzzzz,  
 aaaaaannnnnsssssuuuuuzzzzz

aaaaaaaaaaaaaaaaaaaaa,  
 aaaaaaaaaaasssssssss  
 aaaaaaaaaaaaaaaaaaaaa  
 aaaaaannnnnsssssuuuuuzzzz,    aaaaaannnnnsssssuuuuuzzzz,  
 aaaaaannnnnsssssuuuuuzzzz

#### RAIDHO:

raaaaiiiddo, raaaiiiddo, raaaiiiddo,  
 rrrrrrrrrrrrrrrrrrr  
 rat, ret, rit, rot, rut  
 ar, er, ir, or, ur  
 rrrrrrrrrrrrrrrrrrr  
 raaaiiiddo, raaaiiiddo, raaaiiiddo

#### KENAZ:

keeeennnaazzz, keeeennnaazzz, keeeennnaazzz  
 ka, ke, ki, ko, ku  
 kan, ken, kin, kon, kun  
 ak, ek, ik, ok, uk  
 keeeennnaazzz, keeeennnaazzz, keeeennnaazzz

#### GEBO:

geeebbbbooo, geeebbbbooo, geeebbbbooo  
 ga, ge, gi, go, gu  
 gab, geb, gib, gob, gub  
 ag, eg, ig, og, ug  
 geeebbbbooo, geeebbbbooo, geeebbbbooo,

#### WUNJO:

wwwuunnnjjjooo, wwwuunnnjjjooo, wwwuunnnjjjooo  
 wa, we, wi, wo, wu  
 wan, wen, win, won, wun  
 wu, wo, wi, we, wa  
 wwwwwwwww  
 wwwuunnnjjjooo, wwwuunnnjjjooo, wwwuunnnjjjooo

#### HAGALAZ:

haagggaaallaaazzz, haagggaaallaaazzz, haagggaaallaaazzz  
 hhhhhhhhhhhhh  
 ha, he, hi, ho, hu  
 hag, heg, hig, hog, hug  
 hal, hel, hil, hol, hul

ah, eh, ih, oh, uh  
 haaagggaaalllaazzz, haaagggaaalllaazzz, haaagggaaalllaazzz

NAUTHIZ:

naaaauudhiiizzzz, naaaauudhiiizzzz, naaaauudhiiizzzz  
 nnnnnnnnnnnnnnn  
 na, ne, ni, no, nu  
 nat, net, nit, not, nut  
 an, en, in, on, un  
 nnnnnnnnnnnnnnn  
 naaaauudhiiizzzz, naaaauudhiiizzzz, naaaauudhiiizzzz

ISA:

iiiiiiissssssaaaaaaa, iiiiiissssssaaaaaaa, iiiiiissssssaaaaaaa  
 iiiiiissssssaaaaaaa  
 iiiiiissssssaaaaaaa  
 ssssssiiiiiiiiiiiiiii  
 iiiiiissssssaaaaaaa  
 iiiiiissssssaaaaaaa, iiiiiissssssaaaaaaa, iiiiiissssssaaaaaaa

JERA:

jeeeeerrrrraaaaa, jeeeeerrrrraaaaa, jeeeeerrrrraaaaa  
 jjjjjjjjjjjjjjjjjj  
 ja, je, ji, jo, ju  
 jar, jer, jir, jor, jur  
 jeeeeerrrrraaaaa, jeeeeerrrrraaaaa, jeeeeerrrrraaaaa

EIHWAZ:

eeeeiiiihhwwaaaazzz, eeeeeiiiihhwwaaaazzz,  
 eeeeeiiiihhwwaaaazzz  
 eeeeeeeeeeeeeeee  
 iwa, iwe, iwi, iwo, iwu  
 iwu, iwo, iwi, iwe, iwa  
 eeeeeeeeeeeeeeee  
 eeeeeiiiihhwwaaaazzz, eeeeeiiiihhwwaaaazzz,  
 eeeeeiiiihhwwaaaazzz

PERTHRO:

peeeeerthrrrooooo, peeeeerthrrrooooo, peeeeerthrrrooooo  
 pa, pe, pi, po, pu  
 part, pert, pirt, port, purt  
 pu, po, pi, pe, pa

peeeeerthrrrooooo, peeeeerthrrrooooo, peeeeerthrrrooooo

ELHAZ:

eeeeelhhhaaaazzz, eeeeeelhhhaaaazzz, eeeeeelhhhaaaazzz  
 zzzzzzzzzzzzzzzzzzzzz (a deep, whistling, whirling sound)  
 az, ez, iz, oz, uz  
 uz, oz, iz, ez, az  
 zzzzzzzzzzzzzzzzzzzzz  
 eeeeeelhhhaaaazzz, eeeeeelhhhaaaazzz, eeeeeelhhhaaaazzz

SOWILO:

soooooowwwiiiiilooooo, soooooowwwiiiiilooooo, soooooowwwiiiiilooooo  
 sssssssssssssssss  
 ssssssooooooiiiiii  
 sa, se, si, so, su  
 sal, sel, sil, sol, sul  
 as, es, is, os, us  
 sssssssssssssssss  
 soooooowwwiiiiilooooo, soooooowwwiiiiilooooo, soooooowwwiiiiilooooo

TIWAZ:

tiiiiiiwwaaaazzzz, tiiiiiiwwaaaazzzz, tiiiiiiwwaaaazzzz  
 tiiiiirrrrr  
 ta, te, ti, to, tu  
 tar, ter, tir, tor, tur  
 at, et, it, ot, ut  
 tiiiiirrrrr  
 tiiiiiiwwaaaazzzz, tiiiiiiwwaaaazzzz, tiiiiiiwwaaaazzzz

BERKANO:

beeeerkaaaannnnoooo, beeeerkaaaannnnoooo, beeeerkaaaannnnoooo  
 ba, be, bi, bo, bu  
 beeeeeerrrrrrr  
 bark, berk, birk, bork, burk  
 ab, eb, ib, ob, ub  
 beeeeeerrrrrrr  
 beeeerkaaaannnnoooo, beeeerkaaaannnnoooo, beeeerkaaaannnnoooo

EHWAZ:

eeeeehwwaaaazzzz, eeeeehwwaaaazzzz, eeeeehwwaaaazzzz  
 ehwa, ehwe, ehwi, ehwo, ehwu  
 ehwu, ehwo, ehwi, ehwe, ehwa

eeeehwwaaazzzz, eeeeehwwaaazzzz, eeeeehwwaaazzzz

#### MANNAZ:

maaaaaannnaaaaaazzzzz,      maaaaaaannnaaaaaazzzzz,  
 maaaaaaannnaaaaaazzzzz  
 mmmmaaaaaaaaannnnnnn  
 ma, me, mi, mo, mu  
 man, men, min, mon, mun  
 am, em, im, om, um  
 mun, mon, min, men, man  
 mmmmaaaaaaaaannnnnnnnn  
 mmmmmmmmmmmmmmmmm  
 maaaaaaannnaaaaaazzzzz,      maaaaaaannnaaaaaazzzzz,  
 maaaaaaannnaaaaaazzzzz

#### LAGUZ:

laaaaggguuuuzzzz, laaaaggguuuuzzzz, laaaaggguuuuzzzz  
 |||||  
 la, le, li, lo, lu  
 lag, leg, lig, log, lug  
 al, el, il, ol, ul  
 lu, lo, li, le, la  
 |||||  
 laaaaggguuuuzzzz, laaaaggguuuuzzzz, laaaaggguuuuzzzz

#### INGWAZ:

iiiiinngggwwaaaazzzzz,      iiiiinngggwwaaaazzzzz,  
 iiiiinngggwwaaaazzzzz  
 iiiiiiiinnnnnngggggg  
 ang, eng, ing, ong, ung  
 ung, ong, ing, eng, ang  
 iiiiiiiinnnnnngggggg  
 iiiiinngggwwaaaazzzzz,      iiiiinngggwwaaaazzzzz,  
 iiiiinngggwwaaaazzzzz

#### DAGAZ:

daaaaaagaaaazzzz, daaaaaagaaaazzzz, daaaaaagaaaazzzz  
 dddddddddddddd  
 daaaaaagggggggg  
 da, de, di, do, du  
 du, do, di, de, da  
 dddddddddddddd



daaaaagaaaazzzz, daaaaagaaaazzzz, daaaaagaaaazzzz

OTHALA:

oooothaaaaalllllaaaa, ooooothaaaaalllllaaaa, ooooothaaaaalllllaaaa  
oooooooooooooooooooo  
othal, othel, othil, othol, othul  
othul, othol, othil, othel, othal  
oooooooooooooooooooo  
oooothaaaaalllllaaaa, ooooothaaaaalllllaaaa, ooooothaaaaalllllaaaa