

**THE YGGDRASILL TRAINING  
PROGRAM:  
LESSONS IN UNDERSTANDING  
VRILOLOGY AND ITS APPLICATION  
PART THREE: SVARTALHEIM**





# **SVARTALHEIM**

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## **PART THREE: SVARTALFHEIM – THE TRANSFORMATION OF COAL INTO DIAMONDS**

The third section is named after Svartalfheim, which means, the realm of the black or dark elves. These are the dwarfs in Norse mythology. The dwarfs are credited with possessing great powers of shaping and creating. They use their powers to create great weapons and beautiful jewelry, possessing great magical powers. In effect, this is what you will be doing in this third set of lessons. After destroying your former self in the previous section, you will now fashion great weapons and tools, that will be both powerful and beautiful in their *magick*, for you to use to help you to grow and develop.

This is the *realm of your DNA*, your genetic code hidden within you, from which you can develop your powers. Your genetic code was fashioned for you by your ancestry and is that part of you that is unseen. It is your link to the thousands of individuals who are genetically linked to you in the past, including the Gods who created our people. Svartalfheim is the realm of formation, and all things in Midgard have their origin in this realm. All that you will become in Midgard has its origin in Svartalfheim.

Svartalfheim is a realm of subterranean darkness. It exists between Midgard and Hel. Its Rune is Eihwaz or awareness. This is the realm where you will transform coal into diamonds. Your psychic powers will begin the process of transforming you mentally and physically. You will learn, like a smith, to craft the Vril and use it to shape and create. In the darkness of the subterranean earth, great things take root. Tiny seeds germinate and begin the process of transforming themselves into huge giants, reaching up to the heavens. It is here that the heat and force of Mother Earth forge anew wondrous magical devices at the hands of the Dwarves. Great things are born in the darkness of Earth's womb.

### **ASSIMILATION OF RUNIC ENERGIES**

In this level you will begin the work of assimilating the Runic force into your soul so as to transform your personality and begin the process of building a *new you*. As we said, the Rune governing Svartalfheim is Eihwaz. This is the Rune of Yggdrasill, the vertical Axis–Kundalini Fire. It is the fire that the dwarves use to forge new and marvelous weapons, devices and other artifacts that the Gods use to maintain the order throughout the universe and in their struggle with the Giants. The Kundalini Fire is the fire of the dwarf's fire that he uses to forge new weapons and other devices of great power. It is the energy that courses through you, traveling up and down your spine. The human spine has twenty-four vertebrae, corresponding to the twenty-four Runes of the Futhark. Like Eihwaz, it is the channel for Vril energy to flow through the human body, from the sexual organ to the crown—from the lowest regions to the most exalted.

It is on this level that you will become aware of the most fundamental elements in your journey to becoming a Vril Lord. You will become aware of the Runic energies throughout nature—the world around you.

In these lessons you will begin the process of assimilating the Runes into your being. You will become aware of the Runic energies everywhere and you will begin to think in new ways. Both your subconscious and conscious minds will begin to “*think runically.*” The Runes are tools, given to us by the Gods, especially Odin, for the purpose to shape Vril into whatever way we desire to use it. You will do this by first, physically assimilating the Runic energies and then moving this energy (Kundalini Fire) upward through the spine to your mind so that you can transform your mental process.

### **EIHWAZ: THE RUNE OF VERTICAL FIRE**

In the last level, Jotunheim, you cleared the fields, now you will begin the work of rebuilding, growing new life that will eventually bring forth a new being into the world----**YOU**----as a Vril Lord or Lady. Eihwaz is the Rune of life and death mysteries, of initiative and endurance. It is the journey that will help you to traverse the entire nine realms of the Yggdrasill.

The vertical fire of Eihwaz is instilled within you in the forges of the dwarves who dwell within Svartalfheim. Within its heat you have remade yourself. From here, you can program further in the Yggdrasill Training Program and build upon what you have so far learned. We hope you will continue to do so once you have completed the nine lessons of this level, so that you can continue to stimulate the intuitive understanding of Vrilology. It is the Rune that helps to forge your ability to communicate with your ancestral stream and discover your true heritage.

Once you have completed the nine lessons of this level, you will not only have completed this level, but the first of three sections of the training program. You will have passed through the Vanir-changing experience of birthing the possibility of creating a new *you*. This will be the first true step in your quest to evolve into a Vril Being!