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I. The Externsteine as a key to ancient Nordic wisdom.

Wagner's show of Germany's rebirth.

There, where today near Detmold the Externsteine as the oldest symbol of the German spirit, providence has dug a rune into the heart of Germany as a legacy of dreamlike

Childhood represents the symbol of a high future destiny—the Sun Rune: *)

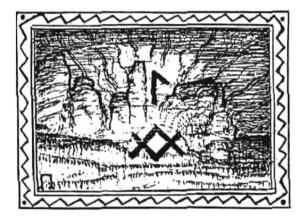


Fig. 1: Oldest Nordic rune of the "world sun" with the "Lögr" sign above it, which can be verified even before the flood. It can be found at the Externsteine. Her Nordic name is Ink, Ingo, Ank. She later appears in the East as the sign "Enochs". According to the Bible, Enoch lived before the flood (Genesis 5:18) and was the founder of heavenly knowledge. The upper rune means as "Lögr" the primordial water and at the same time as "Log" (demonstrable in the case of the Frisians) the primal law or the logos that broods in or over the waters!

^{*} The two angles of the sun rune, Fig. I. one of which faces earth and the other faces heaven, signify the primal polarity or duality of creation. But the Lögr rune above it represents the unity of creation in the logos.

It is still resplendent today on the weathered rock bottom right at the left front entrance, with the Lögr or Urwasser rune representing the rebirth of German people in holy streams of elemental power (Heil-wak).

Of course, the meaning of these two runes and thus that of this oldest sanctuary of the Germans can only be understood in a specific cultic act, which we make the subject of this writing. But there are many reasons for the need to revive that cultic act.

The tragedy of German history to date is often related to the loss of the oldest German blood inheritance. The German is slowly remembering these high goods of his in the present. But as Richard Wagner saw it in spiritual clairvoyance, the exposed position of the German in the heart of Europe still demands something from him, which only he has, not out of power but out of a spirit of service, and perhaps alone heals the wounds of the world! The following lines speak of this in more detail. There is no arrogance in this, from which the genuine German has never suffered. Rather, he was happy to let his rank be contested by a more demanding species of humanity and only necessity, as Napoleon I said, awakens the German to his true destiny! What Richard Wagner now saw concerns something that is not accessible to the intellect as such, but only to the innate kind and blood.

The German, whom even an important French scholar Boutroux once called the "holistic" human being ("total" and "German" linguistically related!) lives from a holistic national substance, which has also erupted more elementarily in the present. In those early cults Now this holistic national substance was embodied in a special mythical figure. In clairvoyance Wagner does not call her "Siegfried" but "Wiland" and promises her the salvation of Germany!

What Siegfried spoiled, Wiland, the "smidr", a name that not only heals Schmied also meant "artist", "creator-man"! He invents something "that no

This, too, can only be interpreted by looking at blood, but it is something that the German has out of necessity and destiny that is as tragic as it is higher. And who can break the world will? But "Wiland" is, as the name Wil suggests, the bearer of the "primal will" in humans.

From its substance, from

human mind has ever understood," as Wagner says.

above

his

The German should use his rational strength to renew himself when the time calls for it, and thereby ensoul the world with what it has lost!

II. Suns=rune over Germany.

The Externsteine represent the central sanctuary of the Germans in prehistoric times, and even later the "Pfahl", the "Irminsul", which director Teudt and Professor Andree verified at this very point, announced a national cross shaped after the cultic symbol of the sun cross here To the east of the "Pfahl" lived the "Ostpfahlen", to the west the "Westphalians", to the south the "Palatinate" (named after "palatium", but this again after the Nordic god "Pales", who went to Rome, of whom the Roman writers Festus and write Solinus), to the north the actual "Pfählinger" in the Mark Hoya of the "Angrivarier" who named themselves after the sun sign Ingo- or Ang, Fig. I. They kept the secret of the "earth-born" German Ur -Sex of which Tacitus also speaks, the "Pfalian"

Race. Here, too, the entry of the god into the earth and his renewal from it were celebrated in holy cults (cf. also Hermann Wirth in the magazine "Germanien", Jan. 1933).

The holistic German human also corresponded here to a holistic, i.e. supermaterial power radiation from the "great mother", the holy earth, which brought about this renewal. It is a high, but also lost secret of those primeval times myth their extinction. This high power was initially destroyed by the intervention of a hostile priesthood. Baldur is the dreamlike Christ of the Germans, ie seen before the development of self-awareness. He is the great Nordic sun being of the early days, the "Hyperborean Apollo" of the Greeks. His name announces a traction struggle of the early days, the "Hyperborean Apollo" of the high goal: the

The belief in the sun of the early days was by no means that pagan pantheism which theology likes to brand it as. Rather, it was a knowledge and experience of connections in a divine creation, which just theological rationalism was more and more lost. Religious fanaticism has long falsified the simple primal knowledge of Nordic-Germanic humanity. The light faith of early man was free from that dogmatic bigotry with which a jealous priesthood

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Primal teachings pursued and eradicated. Of course, a "secret" wove around the German soul! As long as she worshiped and experienced the great being of the sun in a dreamlike childhood, her faith was pure, but when I consciousness penetrated her with the East, her primal knowledge clouded over. Today, however, she dreams anew in divine vision of unity the German soul is the first! It picks up where other peoples have lost the inherited remembrance of that unity with God that has not yet been marred by sin; because on the German-Franconian (German-French) ground, Nordic mankind experienced their first dream! And this dream was pure before the onset of I-awareness. With the intellect came the fall, also due to racial degeneration.

The blood became without resonance for the glow of the universal spirit! It no longer sang its sacred hymns of the dawn. "In sveta dvipa", the "white island" (of the north), the Mahabharata of the Indians announces, "the bhaktas served the primeval god with pure songs, holy hymns and bloodless sacrifices". As we have shown, this first dreamlike state of consciousness of Nordic mankind is recorded by the Germans by the name "Baldur" (Phol, Beldegg). It is pure, is without sin, and that is also the soul of the German in its dreamlike depths! Here the word of the sun, the world logos, still sings and sounds, and here it is able to awaken to the highest dynamism, to victorious omnipotence, if another dark onslaught should break the will to rebirth!

III. Wagner's show: Wiland the blacksmith.

For the inheritance of the first humanity, the German has to survive not only an external but also an internal struggle. The peoples broke away from this heritage in which their unity was secure.

Their profound dichotomy is the result of apostasy from this primal inheritance. Richard Wagner sees with a bright intellectual vision how Germany is being led to victory in this difficult struggle by an ancient legacy. It's in Wiland's hands.

The symbolic language of the myth acquires a deep meaning here, which, as we have indicated, is basically only revealed through the blood. It is said that outstanding people, shortly before they leave the earth, become capable of an unusual vision as a result of a certain relaxation in their soul. The Wiland myth had done it to Wagner in recent times. He wanted to set it to music and, as his essays from this epoch prove, do his fatherland a service, show it the way through his genius to a future glorious rebirth and liberation!

In this view of Wagner we are dealing with a weapon that deserves all the more attention as a remarkable teaching of the East, the so-called. Zen teaching, which is also rooted in Nordic prehistoric knowledge, follows a similar path. So it seems as if a new era is dawning for the peoples of both the West and the East! But is this a time of peace like most expect? How they expect him: No! The discovery of this new weapon, which promises to bring peace, brings it only to an inwardly and outwardly renewed community of nations, such as is currently being held back by disturbing influences.

In Wagner's presentation of the text to the "Wieland"*) drama, as well as according to the old myth, it is about the "Siegerstein", which enables the Nordic hero Wiland to get in touch with a certain higher power. Through them he forges "wings" which bring liberation. The "stone" is carried by the "ring". Wieland's "ring" with the stone is a kind of counterpart to the "Nibelung ring" that brought destruction.

Power of the ring he is in connection with the Walkyre, the angel, as it were the higher mind that conveys the primal knowledge of that high power. Wiland the blacksmith, Old Norse "smidr" ie the "artist", the "creative person" finds the way to salvation in dire need! One will ask: wasn't it already in the great war this creative, inventive spirit of the Germans that achieved extraordinary things! But this is about something else! It is not a purely technical invention that brings about the final decision here. There is a primal force that commands technology! It is innate in the will, because the will is also a primal Power of a universal kind, as Schopenhauer already saw.

In the Arya, in the noble human being, this "will" has an absolute, supernatural structure and legality, and there is also access to it. Isn't the name "Wieland", more correctly written "Wiland", itself connected to this legality? In fact, this name is related to the nature of the primal will and its highest dynamic in all of creation. Schopenhauer already taught that every force is a manifestation of "will". Wagner was perhaps stimulated by this realization of the philosopher who was close to him.

^{*} We often write "Wiland" instead of "Wieland" because the latter spelling emphasizes the "sense" of this name more clearly, which is rooted in "will" as the primal force, the supermechanical unity of all forces, through which the mythical "Wiland" triumphs .

Wagner speaks a lot about "regeneration", ie about the rebirth of the Aryan man through a renewed will!

Of course one cannot violate the primal will as the innermost pulse of everything living. Yes, the materially enslaved person is not even able to grasp it! But it is possible for the original human being, in the Wagnerian sense for the still unspoilt human being capable of renewal, to realize the primal will. "Wiland" is this blessed one, not through a power outside of him, but through the higher fluid of will circulating within him, which enables him to achieve this redemption. He is in the primal connectedness of the causal will, which is why he is called "Wiland". In the blood of the Aryan of the north, who, as we have shown, still carries the legacy from the time before the "fall", this causal divine jewel slumbers, the "little spark" of primal connection. The "fall" has not been able to extinguish it in its innermost focus, the crystalline center, the crystal spark or "little spark". It smolders here as the "primal fire" over which Wiland, the primal blacksmith, watches and commands.

But one day the "little spark" must become a flame! The original blacksmith must get his fire to blow. That is why "Wiland" must come and be instructed in forging the redeeming armor from the stone that harbors the "spark", the "victor's stone"!

This higher armament is symbolically denoted by the name "wings". With them, Wiland flees from his enemies, especially from "envy" and his comrades, who do not understand his work, which is in the service of a higher task, and do not want to understand it either. They have a sick will, which was split with its development in the East, as both Augustine and Schopenhauer recognize. But the difficult task now fell on the German fire smith, to heal the cracked stone, the crystal of primal connection, with the glow of his heart and his primal knowledge! But not only does Wiland flee from his enemies, he also hits them, who continue to fight and seek to destroy him for unjustified motives, with his bow and missile. Let's hear what Wagner himself writes about it:

"Out of necessity, terrible, all-powerful necessity, the downtrodden artist learned to invent what no human mind has yet grasped. Wiland found it how he forged wings, wings to boldly rise to take revenge on his tormentor!"

"He did it, he accomplished what the greatest need prompted him to do. Carried by the work of his art, he flew up to the heights, from which he struck Neiding's heart with a deadly missile".

"O only glorious people, you wrote it, and you yourself are this Wiland. Forge your wings and soar!"

"Wil-and" is the Nordic sense of the word "Willens-Geift" (German Wil and, Nordic Wöl-undr). Mankind will not be redeemed through "spirit" or spiritual conversion alone, nor through "will" alone, but through "Willens-Geist" (Norse "Wil i" Wille, "andr" = spirit) or spiritual will, the will, which in its origin was not drive but spirit. This "spirit-will" is the soul spark, the original inheritance and legacy of the unbroken "Aryan race" that first arose in the north, which admittedly was originally still unawakened, without actual I consciousness, but all the more closely connected to God, the world spirit lived in the luminous imagery of heaven in a dreamlike primordial vision, wandering to the east then woke up, the language developed richer but also through magic!

The purpose of the exercises given here is to reawaken the primal connection in the All-Will, as there was in the North, but they also strive for its entry into consciousness, into the "I"! Since this stimulates the gap complexes of traditional Eastern thinking, requires it they work on the ego, on the character! They require "fighting" with the "dragon", the earthly driven forces as in the Siegfried myth, and require victory over the latter! But they also carry a logocentric world order into our knowledge, into the technique into it and show it governed by a super technique!

Technology is the natural foundation for the supertechnology that develops from it. If "Wiland" his If the enemyhhagen mastered the "vibrational powers" (ie the "wings") of a power that has been developed for him by blood, then here race, blood-herb as the creative, the new enters. The latter enable victory through a connection in a higher knowledge and will than the mere technical mind can find. You enable the victory of a new force! Our Hermanic Exercises reveal what this new power is that flows from the Urwi 11 en.

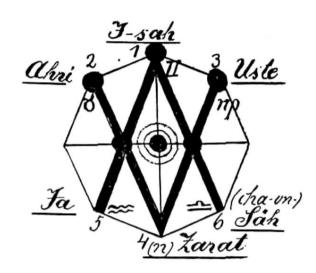
As Schopenhauer shows, the will is "transcendent" ie transcendent for mere cognition

Inherent in nature, the mind cannot comprehend. Just as one should "apply" the spirit, one should "do" the will --- or not do!

This is decided by something that blood and race determine more intimately than the often bastardized cleverness and cunning of an oversaturated civilization. "Spirit-Wille", "Wiland" is itself the force as a person: "I myself am this will, which lies outside of time and change", Schopenhauer teaches. When the latter experiences the will instinctively anchored and "split", he experiences it a fact that is not yet eliminated by the fact that Klages, Schuler, etc. place "will" above instinct. They indicate something that ought to be, but is not yet, for the victory of the will over urge or instinct is ultimately something that does not want to be won in an outer but in an inner struggle, it is the victory of the Nordic will-spirit over the Eastern, the magically split and fallen earth-spirit!

IV. The path to the armory of the spirit

According to Jornandes, the Goths already possessed a developed knowledge of the heavens. But their teachers were the Ingaevonian tribes of the "Phalen", the "Phalic" race of Lower Germany, according to H. Günther the oldest Nordic race of all, which extended to northern France. In this celestial knowledge, the sign of the world sun rune "Ink" or "Ank" formed the center corresponding to the celestial picture of "Orion", in which the stars shown in Fig. 2 can still be found today: the three belt stars and the upper triangle of "Orion". The natural-minded early Aryan still saw this group of stars constructively as a unit, and it was the "universal sun" that the Arvan worshipped and whose image shone in the daytime sun! One can easily recognize the image of the "double axe", Fig 3d, which can be proven to have been a high cult object in the rock paintings of Bohuslähn, in Crete, pre-dynastic Egypt, in Mexico etc. and as "labrys" also in the old "labyrinths", the sun sanctuaries of the south, such as Sweden, of Britain, etc., gave name and importance. But "Labrys" is only a split form of the "Chabrys" or "Kabir", ie the "Great", who rules over the "holy eight" (see Figure 2). over the eightfold zodiac, in which the traditional names mean the "Great " (ie "Kabir") result in the Logos: Jesus Christ of Nazareth. This fact of such a relationship between the names of the Christian Savior and the Aryan Zodiac of the early days can only be understood if we assume that the same great Being known as "Christ of Nazareth" story 1 I appeared before the Aryan race with that holy G ei -



flight 2 Arranged according to this rune, the names of the oldest zodiac that the Egyptians handed down from Nordic-Aryan sources (cf. Heinrich Brugsch, "Thesaurus inscript. aegypt." I and II) result in the words (see Fig. 2): Isah — achri uste — (n)zarat, from which later the savior figure of Christianity grew: "Jesus Christ of Nazareth". If you read the last words backwards (4, 3, 2 Fig. 2), you get the name of the Aryan-Iranian founder of the religion: Zarat-ust-ahri = Zarathustra. In 5 and 6 (Fig. 2) the name "Isah" (Jesus) is broken down again into a duality: "Yes" and "Sah" and unfolds in 6 to the primal force gradient of the entire sun or zodiac, the "Jo-han-es" fire of the Germans (originally not derived from the biblical "Johannes" but from the Ansen = Asen, i.e. God's fire).

stesgutte who lived in the oldest sun beliefs of the north.

Of course we emphasized that this belief in the north remained dreamlike and thus protected and preserved for a later development, so that it might one day shine forth as that of a cosmic logos and reveal itself not only to be above the world but also to be classified as such. It seems strange that the Jewish race, which took over the "two golden triangles of Enoch", namely the Nordic sun rune Ingo-Ang as David's shield, thus also appropriated the very own hieroglyph of the world Christ as a coat of arms, the same Christ, the still pursues them today and which basically represents the constructive primal law of every consciousness! Because it can be proven that those holy names of the world primal rune, figure 2, the logos, vibrate in the subconscious of every I, since that primal knowledge of the north

The unconscious sank, "dreamlike" remained hidden, but not the guilt of Cain in Abel (Baldur, see the author's "The Ur-christ of the Nordic World").

Thus in the Nordic man the violently destroyed primal knowledge awakens anew as the primal conscience of mankind.

The Externsteine contain what a fanatical hand has left us, the divine renewal secret of the Aryan peoples, not only religiously but also biologically (law of life)! Ever since the Aryan peoples of the west lost this and succumbed to the spirit of division in the east, all life became - an expulsion from paradise!

Overexploitation of the holiest good caused the true destiny of mankind to be lost: the ability to perpetual renewal by virtue of the uniting of the sacred primordial earth and heaven streams in man, as they are presented in the first two cult-Hermanic exercises.

We now turn first to the cult-Hermanic meaning of those two main runes, Fig. 1. If we enliven it with exercises, it means: The "primal will" (the "dynamics of the will" in A. Rosenberg) of the Aryan people is causally action and not reflection. It is certainly an enlightened action, enlightened by the God-given primeval legacy of the Aryan people. He has the truth, if he wants it, from the unbroken holy will-spirit of the primeval race. If his will has become impure, he suffers, and no thinking frees him from this suffering either - but again will to redeeming action: "Not who says 'Lord, Lord', but who does the will....." (Matthew 7:21).

The original belief of the Aryan peoples was based in holy acts - later to become "mysteries" and withdrawn from the people! The people learned to think and reflect and to dissolve the faith. Exercises should help to win back what was lost try to understand and don't go to the next exercise until you have grasped the present one. Thus, thinking should also be divided again into deed-primal connection with the universal spirit.. Christ as a word is a foreign word and means the "overflowing" (the word "anointed one", from "salve" lat. saliva is also a foreign word), "baptism and anointing" are symbols of being overflowed from the dynamic world of the divine primal will.

Both represent the primeval water rune "Lögr" as a symbol of the Ueber

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stromen and the primordial sun rune as a symbol of enlightenment, Fig. I. In a dreamlike foreshadowing, Aryan humanity already accomplished what Christ brought later, because he was the same before and after and is "the same for eternity".

The "Arya", ie Indo-European, the "light one" is "immersed" in the "healing waters" (Heil-wak) of the kingdom of heaven.

In Fig. 3a we see the primordial water flowing down from the Mnwil* arch GH, as our exercise shows in more detail. The primeval water is hereby a picture of "baptism", of "immersion" in a higher power and community of power with the ONE. That's how we designed our retreat: "I go into the ONE".

The unified vision of our German thinkers and poets, especially Eckehart, is transformed here into an experience! Because "unity" is, as Eckhart says, not comprehensible with the intellect. It is I, experience. But how? It lies in the blood, in the nature, in the original origin itself from the One! One can only wake up, rise again in and to her as if from death, from the entrance into nonunity, matter. That is also the Hermanic legacy of the Extern Stones! There we also find the death-right, the transformation rune, at the entrance to the burial cave in the form of the two arms turned towards the earth, Fig. 3 g. It denotes entering the earth, the "die and become" that accompanies every higher development. The immortal spirit, the "higher" self, the "Irmin" (in Nordic the "high" or the "higher" self) unites with matter in apparent in and out, in reality for the purpose of "transfigure", to "transform"! This transformation has not been achieved before. Even Christianity has not yet been able to transform people "materially" but only "in the sacrament". This transformation was achieved in the early Aryan days in the so-called "primeval kings"**, but it remained a dream. How does it penetrate conscious life? That is the decisive question for Christianity and for all of mankind. All suffering on earth arises from the disastrous contrast between "spirit" and "substance" (body) and increases to the same extent as that transfiguration is not achieved with increasing development. The

^{*} The word "Mnwil", which indicates a certain vibration of the 'primal will', continues to be understandable.

^{** &}quot;Kings of Edom" they call the Hebrews. "Edom" is "Atum" (Egyptian loan word) = the west.

Humanity fails to meet a demand. She remains in the inner contradiction. Also, as Christian Morgenstern says, she is perhaps too cowardly to go to the "death" of her previous life!

Increasing suffering grows out of the internally divided life, increasing non-fulfilment of the higher demands arising from the blood, from the race. She doesn't dare the inner struggle and flees into the outer one. She evades inner demands and prefers to hide behind a comfortable doctrine of grace, putting herself in a wait-and-see attitude towards all immediate higher demands. In this way, the mental tensions in the individual as well as in the nations grow to the extraordinary. Christ did not know the word "grace." He calls for "followers" and non-critical believers, not people dragging his teaching down into earthly mentality. He speaks of metanoia as a requirement for a necessary "change of mind". But mindset is not just thinking but also an attitude of will, is spirit and will, is will-spirit like "Wil-and"!

"Wil-and's" weapon thus defeats a sick humanity split at the "spirit-will"! The "will" does not go the way of the "spirit," cannot go it because it has sunk to instinct-blindness, slavishly attached to it. And nothing frees him from him but only Wiland's weapon, bow or missile. This is the mythical image of deep cult significance, the symbol of a "tension" (bow is something tense) into the higher wave. The gifted artist experiences himself stretched into it, who receives grace through his original power rooted in God! The "creative" person bears the image of the "creator"!

The Aryan man who is in the "primal" is also in the "primal connection" with the Creator. He is not the slave but the "designer" of his life and destiny! He takes it upon himself voluntarily, he designs, he creates. In this way he radiates the fluid of a higher birth, the "primordial connection", the "firstborn", through which he is called the "Arya", ie the "radiant", the "light". She surrounds him, in her dwells Wiland's spirit-will!

V. The Smithy=Work of the Hermanic Exercises.

Spell formulas, if they are adapted to the universal law, the Logos, have a direct effect on man's bond with this very Logos. The latter originally had the meaning of "Rhyth

mus".* Life is rhythm, is pulse. The latter moves the blood.

The blood still has a connection with the All-Rhythm. The heart of the sun also contracts once in the great epoch of 11 years, as science teaches, and the dark spots of contraction appear on it. The world sun heart of the All-Logos pulses in an even more elementary rhythm. And yet this can also be heard in the blood of the primal connected, the Arya. He establishes the effect of the "Word" on the rhythm of life. In 3 1/2 times (Rev. 12, 14) like the holy Om of the Indians, it will be heard by those whose ears are awake. As we continue to show, it means the "153 fish" (Joh. 21, 11) in Jesus' mythical catch of fish the same "primordial sun word" and its key rhythm. In it also lies the "absolute power", the "power of all powers". But nobody can use it by force Whoever she stretches into her wave, "she equips with extraordinary power" like the Grail Knight "Lohengrin". "Lothar" rune with the "Ang" rune, Fig. I. He is the sent one from the sanctuary of the Aryan primal race. "Elsa" is the soul of the German people who was ostracized because she was not understood and who was accused of deceit. But will she, like in the "Lohengrin" myth, with her "questions", with her "intellect". save the sanctuary "healed"? Let it go or dissolve it? The primordial legacy is combined with a sacred duty and a test at the same time. Without this primordial legacy, humanity cannot "rejuvenate". The Grail's "power of rejuvenation" is the shell made of a "stone," a "crystal," as the myth proclaims. Fig. 2 shows us this "stone" as a shell at the same time. It contains the sun rune of the Externsteine as an Aryan calender (ie calendar) table with the oldest zodiac, as it developed further among the Aryans of the East in Iran. His names are mostly of Aryan-Iranian origin, then came to the Egyptians and were, as it were, saved by them and handed down to us (so-called "decanologies", contained in the author's writing "Atlantis").

The Nordic "Edda" now knows the renewal law of Aryan mankind, the later Grail Mystery, in the most concise form. It says in the "Woluspa":

^{* &}quot;legein", the root word in "logos" does not yet know Homer for "to speak". It originally has the meaning of "to count". Thus "Logos" originally = number, rhythm.

"Then the earth rises again in resplendent green from the bottom of the sea. The tide dwindles under the flying Aar, which quietly grazes on the rock for fish."

This is what we do in the first two retreats. We step on the rock or crystal of the "sun rune," see Fig. 3a. This emphasis on a particular "division" is necessary because Aryan man pays as much attention to the body as to the spirit. The body is "crystallized spirit" (Novalis). So it is subject to the mental vibration lines "as it were" the directional constants of the primeval sun or primeval life rune - "because life is the light of man" (Ev. Joh. I, I . .)

The attitude of the "flying Aar" enables the "Arya", whose name is connected with the "Aar", the sun symbol, in a holy word (Exercise 2) to dissolve the morbid matter entanglement. The "fish", the caught as well as in the "miracles" of Jesus are the waves of rejuvenation or renewal of the heavenly crystal fluid received from heaven (the "fishes" as a sign of reference of the "eagle"), see Fig. 3 a.

The original man was deathless, the man to come will be again. Only sin through the sinking of the primal consciousness brought death. Today it awakens again. In Fig. 3 b we see the pillar of the "Aar-Man", the man who cultically steps under the "Aar" to unite with the sun rhythm, the Ar-man, the later Ir-min. The round recess in which the "Irmin Column" stood was found on the Externsteine. As a winged sun pillar, Fig. 3 b, it signifies the power of the "world sun", which, as Fig. 2 shows, bears the name of the later Christian redeemer. The "wing forces" are also Wiland's symbol of victory!

VI. Introduction to the first Hermanic exercise.

"It is you, chosen, allloving, and you have become strong to bear a heavy fortune"! (to "Germania", Hölderlin).

The sun rune, fig. 1, contains two vibrations, one coming from above and one rising. In the first retreat Omen-anga we see the one coming from above, striving to earth (the Dionysian "Onine the reactive coming from below, striving towards the light (the "Apollonian")

developed. Both are united in the fourth exercise in the Omen-wil or the spirit-will (Wiland) motif, in which the absolute power, the primal will, reveals itself.

The setting of the first exercise is initially on the O dal - rune, see Fig. 3 a. The "odal" is: the holy life fluid of the all-sun breaking out of the earth ("odal" roughly as much as "noble radiance"), the "water of life" (Joh. 7, 38), which emerges from the so nnen rune begins to unfold at the practitioner's feet, see Fig. 3a. He brings the feet in the direction of this rune, steps on the "rock" under the "eagle" and catches "fish" (as depicted in the Woluspa). This is our retreat.

The renewal of the earth depends on the "Odal", which harbors the divine, the "Heilag" earth. It is betrayed by the fall in the East, which had also infected the West. So the earth radiated sickness and suffering. But "that it (the earth) too may one day become the sun" (Chr. Morgenstern) ... that is the work of Aryas in the wheel of rebirth. "Manheim" is the name of this regenerating earth after "man", the intelligible sun force in the Edda Thus we unite the Odal rune with the Man rune to the O-Men motif in the first retreat.

The "odal" as a real, higher form of energy radiating from the earth is expressed as "tension". The arc shown in Fig. 3a and c represents this tension. But its tension is not purely mechanical but "intelligible", i.e. in a certain sense of a spiritual nature. So we have to grasp it mentally, represent it pictorially, ie imagine. So we come The first exercise actually shows us how we come out of the earth, rise again, by virtue of a higher ray from the same, out of the divine earth, which split thinking stamped as a "material" one. It lured us to the sky, forgetting that the sky supports the earth just like other stars. The earth is in heaven, only betrayal of the earth separated it from unity, let it fall into "separation", into "sin". But the awakened spiritual Sun Word leads us back into the unity of the one great divine creation.

VII.

I. Hermanic Exercise.

The Unification Motive: Omen-ananga.

I go into the one.

Why this strange formula? She sets nothing but

Vibration gradient, as the resonance of the world sun and A 11 - L ebens -R une shown in the interior, which with the exit of the older Stone Age already the "Phälinger", the tribal family of the Nordic humanity, experienced and dug into the Externsteine left behind. They still knew that it was before the light of the world sun and her timeless "R un e" was no death! So was before the chest, which once contained the burial cave of the Externsteine, this ceremony consummated in the call of the eternal world-sun of the Orion Central sky, see Fig. 2. But this primal experience was "dreamlike" and today it rises and, due to the rhythm of the times, wants to Consciousness up!

Value and importance of the "plastic imagination", the so-called Imagination, for this process as well as the collection and des Keeping quiet will continue to be discussed.

Short presentation of the I exercise: We imagine an "arc". as a "tension" symbol of the primal life wave emanating from the world sun. We present it plastically in the shape and position shown in Fig. 3 a and more precisely indicate 3 c, from the outstretched arms between the Held in the middle of the hands GH. The bow lies in front of the forehead, while the associated tendon through the middle of the head (J pineal) and continues to be presented sliding down the spine. The width of the arch is about 1—2 cm. The plastic representation of a "bow". we will ask why? In a certain form it "catches" itself Urwille, Nordic "Eli-wag", at the same time the "primal life wave" in our Awareness. "We" are definitely "object" here. It so happens that not we the primal will but the latter imagines us.

The primal will is over-causal (Schopenhauer), it is "sunder whybe" (Eckehart)! In the beginning there was the "word" as and "S inn deed" (@cethor): Afteathis introduction woodevelopithatgination

"O men - ananga - motive as follows: First we speak the Syllable "O - m m" (the O and M rune) namely the O short, the m buzzing and reverberant. We tighten the bridge of the nose slightly like an eagle, first to increase the resonance of the sound inside and gradually (!) straighten the spine from top to bottom. Man get used to listening inward for the reverberations, and when then, after some practice, one notices how the "m" goes through by itself inflection turns into an "n", pronounce Om . . men (o short, e^m long). Now let the echoing "n" in "anan" at the level of the chest BP, Fig. 3c, while gradually straightening the body reverberant and at the level of the pelvis KL, Fig. 3 a and c the anan in Skip "nga" and try to feel the sound in your feet. *

"I go" (with the same concentration on the feet) "into the One"! So one should also try to get the vibration of the word "go" into the to perceive feet. We now combine the latter exercise with the des B ogens, leave him under the reverberation of Om . . n motif as before from the initial posture GH, Fig. 3 c, from the forehead to the front Contour of the body slowly and rhythmically (!) as if from point to point Glide down along the GE and HF guidelines. He walks at chest level again in anan . n, at the level of the pelvis in "nga" above and becomes continue to be introduced fluently by keeping the hands in the position KL, down to your feet. Here, too, it is important that the sound wave touches the feet reached and perceived in them*!

What is the meaning of this retreat? First of all, it formally represents a Reorganization of all usual thinking. The intellect became in the usual Think dominant! It is not this and not the "I" that enters here but a "something" in its place, of which we experience ourselves "understood"! This gives a significant relaxation to the often exaggerated, cramped, intellectual comprehension that wants to subordinate everything and but it is only part of something higher, like a cosmic consciousness. Relaxing into this opens the influx of new cosmic ones life forces. The Nordic-Aryan faith is rooted in them. The Arya, for immediate life revelation of this higher and are absolutes and not merely an expression of his intellect lives on him. Richard In this sense, Wagner says: To be German means to be a matter for oneself will do. Thus he experiences himself in the universal Logos and in his cosmopolitan

^{*} This perception should by no means be forced at the beginning, but let it develop.

mix primordial symbolism, on the spiritual vibrations of the primordial suns such as primordial life rune. He himself is an emanation of the eternal Logos, as he lived more than ten thousand years ago in the area of the Externsteine on this world-sunny rune, albeit a dream! He will wake up as if from a dream, provided that the material world did not paralyze the wings of his light soul! He will wake up when he recognizes that "the world year turned like an hourglass" (Nietzsche) and that the tragedy of its historical change is followed by the high time (Gorsleben, "high time of mankind"), the time of one new luminous ascension.

I. Practical meditation, as it is recommended to practice for the first time, daily for 5-10 minutes (the above mentioned must be taken into account): "Omen-ananga, I enter into the One. It penetrates me completely and makes me strong, healthy and free! It gives me success in what I strive for in right thinking and doing and teaches me to master my fate!"

The footnote is best practiced in the first fortnight after the first spell, as discussed above; "Omen-ananga, I enter the One". Nothing must be forced, but everything must be practiced with the right concentration!

VIII. Value of Concentration, Relaxation, Keeping Stillness and Mastery of Imagination.

"In the stillness of the senses and in the stillness of the heart, the hidden cognitive faculty reveals itself to you . . and speaks an unnamable language". Kant.

In the older religious cults and so also in part in the later sun mysteries, education in spiritual discipline, in self-control, in silence was more important than anything else, even external pomp and ceremony. It was considered more than devotional swarming, than taking everything safely into otherworldly spheres that make the earth appear more and more repulsive to us. The religious life of Germans in the early days was "earth-bound", as already described by Tacitus. It was rooted in the Odal or "Uodal", as it was called in Old High German, with a special linguistic form of expression that expressed the primal connection with the "Heilag-Erde" (holy earth) also experienced dynamically as initiation!

deal with the actual Wiland secret even more closely. From the "Uodal", the higher earth fire, Wiland forged the weapon which repels and destroys the generation that has become unfaithful to the "Heilag-Earth". The earth devours the "Rotte Kora", the idolaters of the desecrated earth, of the soulless "matter"! No matter how clever you are intellectually, "loyalty" or "unfaithfulness" will be decisive. "Have you nature in you?" says Shakespeare.

We now turn again to the practical significance of the Exercise. For the success of this it is of value that relaxation and concentration alternate in a meaningful way. Before the exercise you have to be completely relaxed, mentally and physically! During the arch and word exercise itself, the body is then gradually (!) transferred from the relaxed state to that of concentration, as indicated.

The value of the "imagination" results from the fact that the concentration of the powers of imagination on something pictorial, precisely on the "arch", as it were fixes the imagination and prevents it from digressing. Because it is precisely the fantasy or imagination that hinders, even destroys, the ability to collect (concentrate) more than abstract thinking. With the misuse of this very imagination there is almost always a loss of mental energy. This spiritual energy is now bound and held by the imaginative arc! This bow exercise has protective and also "healing" value if it is grasped correctly. It prevents the thoughts from wandering and the loss of mental energy, which was also called "man" or "mana". This is indeed so fine, that we scarcely notice them, but we often feel an inexplicable depression after times when, as they say, we let our thoughts wander easily and did not control them enough. The Odal Arc cures such lack of concentration, of concentration, and it also heals from depressive states. The present Exercise I is recommended to be carried out in connection with appropriate reading in the evening or in the morning, as work and circumstances permit. Towards sunset or sunrise or high altitude at 12 noon it often proves to be particularly useful effective. Longer than 5 to 10 minutes practicing the given motive is not recommended. Reflections on this also on the basis of the further given or similar p spells can be extended longer.

So now the first exercise leads us to experience what the two runes, see Fig. 1, want to say on the Extern stones: Rise from death

in matter through the call of the sun (Ink, Anga), which rises up to you from the sacred earth beneath your feet. Let her call ring through your limbs. Experience that the eternal word stands behind her too, that she too is the embodiment of a divine idea".

It is the Aryan belief that everything that exists is based on something spiritual. The same ancient belief kept this sacred secret sealed in two runes that can still be found engraved on the Externstones. The upper, the Lögr or primordial water rune, Fig. 1, means the "flow" of the "primordial water" as a creative force in our limbs, the "Anga" rune means the spiritual sun, which fertilizes the earth, announces the renewal of the same. So we receive the call of the sure-renewing sun, and that's why it shakes everything that exists, which has cramped in a material worship turned away from the light!

Depending on whether this world sun rune was experienced swinging up or down, it was called "Ink" or "Ank", as it is still in the East today: Yin and Yang, representing the world breath, drawing in and breathing out, the basic principle of Zen -Teach. Heraclitus also speaks of him as the "Logos Ananke", where "Ananke" means not only a holy "word" (Logos), like our "Ananga", but also the "law" (Ananke = "necessity"), the all living things subjected to change and resurrection. He received this knowledge from Orphic solar teachings, as did Plato, who mentions both the "Ananke" in the related sense and the "Arc" or "Telos" mystery. Of a renewal and rejuvenation of the earth and mankind from the Primordial fire (sun) or primordial water (Lögr) also speak Heraclitus and the old religions. Should this time still be a long time coming, when everything pushes for new life and new joy, and the old often base human weakness, envy, greed, Envy and greed lapsed?

IX. Exercise I A. Radiation protection.

The radiant energy of the body unfolding through the release of the Wurt*) or Logos forces must by no means be wasted in any way. If the retreat is to be successful, it is: during the time in which one is

*) altnordisch "Urd".

devotes to them, be it about three weeks at first, it is by no means advisable in any way to forcibly change their way of life. A certain abstinence from all irritating, sharp and salty foods is desirable. A diet that is as low in meat as possible also avoids and dampens instinctual life. Eros and Logos have a legal relationship to each other. The hormone of the epiphysis (pineal gland J), as well as of the associated further glandular system, is partly transformed by the vibration of the world-sun- and primal-life rune, i.e. by a specific word. A radioactive cloak of sound and form ions arises around the body, the odallight cloak, which has a conductivity for the finer form of energy awakened by the Logos. In order to prevent this form of energy from being decomposed in an often negative, oppositely directed atmosphere, it is necessary to capture and hold on to the emitted form ions in a visual representation. This is the radiation protection of the right hand. A right hand is imagined as a protective shield like the front body, lying close to the chest as follows.

At first one leaves the slur again as in Exercise I with the associated word motif: Omen-ananga. slide down the forebody, bintonew astropher beassthree-working Fig. 3f. The angle then slides down the body with the bow in such a way that it always somehow touches the latter, changing its shape accordingly. It, too, is rooted in the middle of the hands like the bow. This exercise is carried out until one finds the dotted gliding lines or passes indicated on the body in Fig. 3a (contact lines of the gliding angle). A quadrangle, also shown in FIG. 3a, is formed on the chest within these sliding lines of the angle with the arc at prominent points of the same and at two points of the hip. This now serves us for the development of radiation protection; because corresponding to this square, which is a little wider above than below, we imagine a right hand lying against the front body, facing it and grasping it from above, which, as far as this square is, covers the body in front, so it is correspondingly larger than the natural one Hand. While we now try to visualize this vividly while breathing in and out calmly, we say: "(Mn) I am in the hands of power. I am in the hands of the formative power". One will feel the hand best as protection against radiation if one precedes each word with a silent "mn" in the pronunciation of the same saying.

Above the face imagine a protection in the form of a "Protective hood" think of the "T ar nH aub e" - - or

still better in the form of a helmet-visor lowered over the face.

According to the "Widar" of the German myth ("widar" Old High German = ram), one imagines this visor in the form of a "ram" mask, such as is often found on the helmet visor of the warlike Athena protective cloak from various sides, the armored and helmeted "Lohenangrin" formed from the "Lohar" and "Ang" runes, Fig. 1, appears before our mental eye, the emissary of the world of light. He teaches us how to build a "protective mantle" from the power of the two runes contained in his name, the "primal water" and "fire" runes ("Lohar" and "ang"). One purified by the word Imagination, then, gives us protection from the world and the possibility of reviving sacred runic wisdom.

"Soul and body are to be at right angles". In it, N ietzsche sees the "angle" enclosing our crystalline soul body, which we connected with the bow, and this again, as it slides down the front and back of the body, draws the picture a flaming sword, which transforms the inner and outer human beings into sacred consecration for the new fight!

X. Exercise I B. The Ray Out of the Earth.

The true original meaning of the Irmin=pillar.

The Irmin Column harbors a deep natural secret, which of course was no longer alive in the time around Christ's birth, even in the Germanic priests. The Christ impulse had to come and give the nature cults of the Germans a deeper ethical meaning! In the course of development, however, he achieved that the natural was increasingly suppressed and that an oriental heavenly imagination hostile to "nature" and "earth" took its place. So the dichotomy also tore into Germanic thinking, until now the "earth," the "unconscious" itself began to speak. This is the language that this new age speaks for the German, understood by some, not by others, and it is obvious that it divides minds!

The Teutons called that enigmatic primordial ray that directs everything, breaking forth from the earth as well as from the sky, the stars, the Uodal. This older spelling instead of "Odal" is more important. You

still contains the vibration in the initial sound of the word, in the "U" or "Hw", in which the unconscious breaks through to "consciousness" for the one who exists the "wavering" blaze of the earth and gives him the means of power, the weapon, so to speak to defeat the dragon as a symbol of the corrupted earth fire. This "wavering blaze", the "fire of desire" is also rooted in man and destructively eats into his inner being, not only as unbridled sensuality but also as intellectual arrogance, as selfishness itself in the form of so-called individualism and the like . more. The actual "self" of the human being, which can also be understood as "I", but in a different sense, is different from it. It is "UR-connected", it is rooted in the divine. From this UR, which appears on the Externsteine as the third and comprehensive rune, the "Uurt", as it was written in Old High German, corresponds to the "Logos", so to speak, the " Word", but also in the sense of "fate" itself. It is the primal force of this "Uurt" or "Wurt" that now also unfolds in such inner oscillation gradients as "Omenananga". This wordformula thus resembles the flow of a fluid, namely the "Lögr", the "primal water" that leads the Nordic people through tests with the "primal fire" of the "sun rune". If he succeeds in leading the "self" through the friction of the two opposites, the watery and fiery principle, from feeling and thinking. so to speak, in that feeling and thinking unite, then he now experiences in himself through the word, the logos, the inner agreement with the primordial ray that runs through the whole universe and also shoots up out of the earth. We are now able to experience this in the form of an exercise with the "Omen Jah motif". If you have completed Exercise I in connection with the considerations made about it in this writing, the effect of the saying Omen-ja or Omen-jah - treated in the same way as Exercise I - shows itself in the fact that the body more and more like a pillar resounding in word or sound, the original Irmin-sul, Sav it like this: "Omenjah.

I am one with the one. I walk and stand in the One".

With the syllable "eins" one straightens up gradually, namely with the reverberation of the "ntriansition to"; stpagtingftxc0s(flg2p3) hthreeteLiet the hands descend along the inner glide lines, as in the previous retreat. Practice this motif for about 8 days.

The New Testament closes with the words: "Omen yes, come, Lord Jesus!" We also experience these words as an inner flow when the syllable "come" with inflection echo like

"omn" is pronouncedas "come . . n". It heralds the resurrection from the Holy Earth sealed in the Sun Word.

Religious Meditation: "Omen-yes, come Lord Jesus. Fill me completely with your love and power. Immerse me in the crystal stream that emanates from the throne of your glory. Make me new in the waters of life. Expand my mind to all your children, that we may work to establish your kingdom. Let the ray of your glory break out victorious over all. Transform this earth into the hidden fire it emits. Strengthen those who are rooted in him, shake those who are unfaithful to you, so that your victory may come, A 11 penetrate, king of the worlds!

Eternal word, enlighten my mind in your light, eternal power, to which all powers are subject, let us become strong in the alliance of the ONE to fight for your victory, all-pervading, king of the worlds!

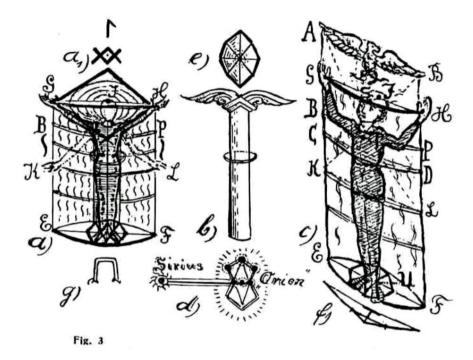
XI. Exercise II. The Honor=Motif: Omen=arya. "I honor. I adore the one"!

For the Aryan, "honor" is what really connects the divinity as well as the people and humanity.

The "Arya" is the living "Honour," it is he who "honours" the Primordial Spirit in his "I," and his "I" is the embodied Word that dwells in the limbs. He receives his life and power forever from the one.

We now carry out the exercise in reverse, starting from below with the position of the bow at the height of the pelvis, KL, see Fig. 3a, now set the body upright from below, adapting to the Om-men shown in Exercise I-Motive. But in going up with the arms in this way in guidelines EG and FH, Fig. 3, we do not say Omen-ananga, but Ommen-ar-ya instead. At the sound "ya" and at the transition from ar to ya, we stretch out the arms upwards in a straight line AB, Fig. 3 c, and try to feel the Ar-ya motif in the arms stretched out like rays and Now we turn the syllable "ar" into "honor" and "ya" into "I" and immediately afterwards say the meditation: "I honor the Eternal One". "I honor" must also be clearly felt and heard in the arms. You speak it gradually more quietly and without stretching out your arms, so it is felt.

The II Meditation: "I honor, I worship the Lord of the universe, in my blood, in my spirit, I exalt him. Its breath, its living breath dwells in my limbs. I honor, I worship him who created everything in the beginning by the power of his word, his breath. I honor him in body as in spirit. He who lives in my blood and the who who is a stellar whom I praise as the living in everything, I honor, I adore



Always note the long and pure sounding "e" as well as the transparent "r", especially in connection with the syllable "honor" in the body. By now trying to hear the Arya motif in the arms stretched out above, we bring the arms stretched out alternately in three positions AB, BP and KL, Fig. 3 c. It is the Hagal rune that we so embody, the universal or world rune as it later evolved from the Anga or Hanga rune, and with it the ancient "Column of the World," the "Columna universalis" or Irmin -sul in our mind's eye in Fig. 3 b. We step into such an imaginary crystalline column, stretch our arms up to AB and let the arch slide down from position AB, Fig. 3c, until the arch reaches the forehead again. From there he slides back to the front contour of his will

erect body slowly and rhythmically, as if from point to point, until the hands have reached the position KL again. In our thoughts, however, we let the vibration go down to earth, as before. We speak: "Ommen-arya". Like "Ommen-Arya", we now also speak the overall formula: "Arya man n dsaeh", a sun mantram of the ZtinteAveatkinthicassastildeotateftathdetath.of hise awakening from death means that matter is transformed by the Logos. The "Irmin-sul" motif of the ancient Germans springs from the same solar rhythm and solar motif in our limbs.

The body was divided into seven vibrational planes according to the sun's ray in the prism. The human body is also the prismatic decomposition of a divine primordial ray, the "higher" self (Irmin = the "high"). Accordingly, based on our motif, we now choose Schi 11er's saying at the end of his poem "To the Artists":

"As the white shimmer breaks up in seven gentle rays, like seven rainbow rays dissolve into the white light, flows back into a bond of truth, into a ray of light!"

XI. Exercise III. The metamorphosis motif.

"Identity" and "polarity" form, seen in Hermanic*) terms, the basic laws of creation. The "world sun rune" of the Externsteine embodies the "polarity", Fig. 1, in two currents directed downwards and upwards.

But it also embodies unity (identity) for those who find the unity motif. In the first exercise we developed the flow of the "Ur" directed from above to the earth, in the second exercise the flow of the "Ur" directed from below to the sky. In the third exercise we now experience the unification of the two polar energies in the primeval will. Thus in the fourth exercise we come to the embodiment of ".Wiland", the bearer of the primeval will. He forges the weapon of the Nordic man from the fiery primeval ray of the earth.

But before the actual Wiland motif can be developed, which has the strongest dynamic of all sayings and the primal law of "Identity" revealed in everything that is separate or dual, the connectedness and attunement of everything Ur - that has arisen

each other according to the same primal law, the will must be freed from its bondage to the material world and from its contamination, transformed from an unrefined will into a will to obey. This path, which cannot be described in a few words and therefore exceeds the scope of this brochure, is described in detail in the author's writing "Healing Powers of the Logos", especially in Chapter 17 of the same.

The Aryaman, Yör-mun and Arman were the mediating motif of this change for the sense of language of the earlier Aryan. It recurs as a motif in the Greek word "Harmonia" and also has the meaning of the harmonious "attunement" to the A 11 law. In our current language, based on experience, a motif best corresponds to it, which, however, initially has something repellent for the combatively inclined, the lamb (n) motif. Too much softness, too much un-German was associated with him. That has to be overcome. For there is something much deeper underlying the "Lamb" or "Aries-Lamb" symbol. "Widar", Old High German "Aries", also means in the Edda the bringer of the new era! The "lamb" is also originally a "ram" lamb, and the ram symbolizes the "leader" of the herd, the "dux gregis" in the zodiac and thus the leader principle in general. He is also at the head of the zodiac in heaven: Aries, Taurus, Gemini.

. The "lamb" of revelation opens the seven seals of the book of life within, namely the seven centers of the inner man and purifies them, makes them receptive to the dynamics of the higher primal will. It is the symbol of "obedience". But "obedience" again comes from "listening"! One must learn to "listen" to the higher will, which is a spirit and light will and speaks to us in the original reason and listens to the language of inner reason. This happens in "harmonious" attunement to it, in the "Arman " or "Lamb" motif. Now "Widar", the "ram" also means the reborn, with the Germans also the "silent Ase", because in the "stillness", in becoming still before the higher power, in obedience "obedience" the "rebirth" brings. Now it is time to work on oneself through silence, prayer and meditation. In addition to the writing mentioned, the way is also shown in the "Chain of Great Wanting" and "Inri" by the author.

On the whole, through the retreats given in this scripture, especially the omenanga is used as a key motif. most of the author's Logos exercises are understandable. They all deal with this or that path of practical spiritual training, which is necessary to carry out the transformation from the will enslaved by matter and bound by instinct into the free will, the Logos will, and thus the realization of the goal envisaged by Wagner reach,

^{*} The "Hermanic" is the "substantial" in relation to the phenomenal". It is not accessible to the intellect but to the inner human being.

the creation of the German superman Wiland, victorious not only through external but also through internal weapons, as a symbol of a coming great redemption not only of a people but of the people of this earth!

XII. Exercise IV. The Wiland Motive.

"Wiland" is not only the "Urschmied" but the "creative person" per se (Old Norse "smidr"), the inventor whom Wagner himself lets speak in his drama: "Necessity swung its wings, it blew enthusiasm into my brain! I found it, what no human being thought up!" More than once the German spirit in distress (Old Norse naudr = fate compulsion) has found the way to its salvation and more than this, the way to the realization of its higher task.

So Wagner also saw a fulfillment here, to which his spirit could soar in the clairvoyance of the last years of his life. The fate of his Germans was always close to his heart, and it was in France itself that he received the first impulse for his W i 1 and drama, the basic idea of which only matured late, without being completed and set to music.

With Wagner, "Wiland" did not acquire the idea for his work of redemption out of itself, but through the primal connection with the higher world, through the "Valkyrie"! Under the influence of the "Angel", the "Valkyrie", the sight of the "Victory Stone" triggers the idea of forging the "Wings", the liberation armament. What these "wings" are can only be understood if we associate the name Wil-and with the root stem of this word, as is done in this document, with the primal will, the Wil or Wili power of the north.

The primal will is the secret in the Aryan sense of the world in general (Plato, Augustin, Schopenhauer, etc.). It can be understood as a force per se, i.e. technically, as it were, but also as an emanation of an intelligible or spiritual world principle, such as the New Testament "thelema" (pronounced also "selema", ie "will") and the Old Testament "selem", a also originally an Indo-European word in the original text I. Moses 1:27 is used for "image" of God, after which "man" was created. In Wagner's sense, "technology" and "religious enlightenment" seem to be wedded. In the "Parsival" the "dove" is connected with the "stone" (the "grail"), as with us the "eagle", Fig. 3 c, with the "stone", the "rune" at the feet, that springs up from the earth.

According to Herman Wirth, it is the dynamics of "heaven" and "earth" that unite in humans to announce the "holy marriage", as it was experienced in Nordic "Hermanik" as a union between hero and Walkyre and so also in the "Marriage of Ka-na" (An-ka). Two forces become one. In the "Will" we showed this occurring after the third retreat. "Above" and "below". "heaven" and "earth" are fundamentally governed and penetrated by the one primordial ray. "Wiland" is the embodiment of this unity force, which is technology, but controlled by an over-technology, also over-will. This is how the meaning of a new culture is born. But what as over-will is also technology must be developed, according to certain Being schooled in laws is - - retreat! The old religious solar mysteries, as long as they did not succumb to a false "awakening", were built on strict retreats! The Germanic son of Kaland also had to pass his "test" through the "elements". "fire" and "water", the so-called "emergency fire" and "emergency water" test. The "emergency fire" was contained in the "sun rune" Anga, the "emergency water" in the "water rune", the Norse lögr or logos. We also showed this way. In this way he could set out on the path to the armored "Loher-angrin" if he merged both elementary realms in himself and thus allowed feeling and drive, symbolized in the "watery" principle, to become one with the spirit-will, symbolized in fire. A closer interpretation of the Wiland motif is required here for a better understanding. This is also based on a primal polarity like that of "fire" and "water". The Orientals developed this primal polarity into the fourfold. Here, however, "fire," as the highest, and "light" as well as "water" and "earth" on the other hand become one, so a fourfold becomes a duality here.

"Wil-and", Nordic "Woel-undr", returns in the "Vul-kan" of the Romans and "Tubal-Cain" of the Bible, the first archsmith. This Old Norse motif also appears again in "Olokun", which Frobenius found among the early Atlantean peoples of Africa " and "Tell" in general. The "apple shot" of the "Tell" is at the same time a symbolic reference to the Wil-and test in the myth. The apple pierced by the arrow denotes in a calendar (veiling) way the head itself in an inner center, that of the arrow of the sun Word, the ray, is struck and awakened! This Nordic original word finds its further religious deepening in the "Kwar-aenah" motif of the Aryan legislator in the East, Zarathustra. As this, according to Justi, it means the "Aryan glory" (Corona), the splendor that surrounded the Aryan leaders and kings. In this "Kwaraenah*)" ver-

^{*} see the author's writing "Signs of the Son of Man" (0.60)

it unites the Apollonian logos motif "Apoll", "Baldr", "Wal", "Kwar" with the Dionysian "And", "Chont", "Chons", "Dionys" into unity, thus again representing the higher unity -People like "Wil-and". In his writing "Armageddon" the author showed how the peoples of Europe shared with one another this Aryan "original glory" which had been broken by the Aryan Rita, the latter in the sense of "higher radiation" or They embody "splendour"! As a result, they share a common destiny. The unified racial body of the Aryan peoples in primeval times found its magic-religious incursion in the East with the so-called spiritual "awakening" (fall of man). This developed into an "intellectual" stigma of mankind with enslavement to matter, Mammon spirit and greed. In the Siegfried myth, the flames of this "greed", this "fire of desire" denied access to the Walkyre, the angel who had sunk into a deep sleep and with it the virgin holy earth! But in German it awakens!

So in the third exercise we showed the split glory motif "becoming one again through the

change of will. The latter is Nordic under the sign of "Widar", i.e.
"Aries", the leader sign in the zodiac, at the same time the symbol of rebirth, in Christian terms it has become the all too gentle "lamb".
"Vidar and Wali rule the sanctuary" of the future world, says the Edda.
"Rebirth" under the cosmic "leader sign" and "elective affinity"

(Wali), connection with the original

tribe, original descent from the one original and higher people, after which the "German" (tiuda) names themselves, indicate the way. Here the deeper meaning of the name Wiland is also understandable. There is an "identity", a folk-like primal connection in the "will", but not without the "elective affinity" (Wali) from origin and species, which is achieved through "rebirth" (Widar). Both must become one: The natural must not succumb to the spirit, the Instinctive ones are not violated, they must be actively led up in Christ, in the rhythm that nature created, in the primeval word that vibrates through it, the sun logos.

Here is the new. In the racially divided human being nature is dulled to hear this call of the primal species and of the blood. Because that's what Wagner saw: The renewal of the "Rassc" is for him the foundation through which the blood opens up to the Christ-Sun call. Wiland hears this through the Walkyre in the sight of that holy "stone". Fig. 1 and 2. In it the call of the one power, the redeeming Ur-Wi 11 ens sounds from "Heaven" and "Earth". It shows "Wiland" the way to liberation. Breaking out of the earth is able to do the UR power wave, nourished by those who forge armor out of it like the "blazing"

angrin, also to grasp the whole of mankind, to shake it in the retreat. Doesn't Jesus also say: All peoples on earth will be "shaken" (tarasfontai) (Matthew 24, 30)? The earth trembles, trembles in the original ray, in the sun - word, it wants to become the sun!

Isn't that what is now breaking out of German soil and was already dreamlike at the very beginning—until "Baldur" sank?

The earth trembles, it revolves in new birth! In the end, only the one call that everyone can only listen to in their own hearts, the call of the angel, the Walkyre, the holy call from the sun, will free her from the needs that she communicates to her children and lets them feel.

Siegfried fell away from him, he betrayed Brynhild. Can "Wiland" reestablish this bond? Can the creative spirit, the call of genius, turn dead matter into the service of living "materia"; the "motherly" holy earth? The "Wiland motif", the last one, must remain unspoken, it is also not utterable. The mouth of the Walkyre protects it, and whoever does not have it through them otherwise only has his curse, which still burdens the earth today! "Wiland" was a hero.

The call of the W alkyr e reaches the heroic man. He who learns to fight for heavenly things as well as for earthly things, who "works on himself", cleanses his heart from the dragon fire of base desires, slays the worm and yet remains faithful to the angel in his breast, he finds the shining weapon, he helps mother earth in the birth of a new generation and shaking off the old. What Siegfried once failed for reasons that the knower must discover in himself, Wiland then succeeds! That is Wagner's legacy to the German people in a serious hour.

XIII. The primal knowledge of the north.

In the Baldur period, Nordic people lived in a state of innocence. That's what this myth says. Baldur is here a symbol for this dreamlike-primary, not yet egoic and ego-conscious state of soul of early mankind.

In this early state, nature and man were still one, man in undivided connection with the total spirit of creation.

The ideogram of this bond was the rune of "Ur", as we still find it on the Externsteine, at the entrance to the

burial cave. Man came from the "Ur" and went back into the "Ur". But the "Ur" was an experience for him. The arms of this rune turned towards the earth, Fig. 3 g, signified a force striving towards the earth, as we conveyed it to experience in the retreats. In the "Ur" or according to Jakob Boehme in the "To be "primal" means to reconquer paradise or the primal connection with "totality", a state that was lost.

The cult sanctuary of the Externsteine made this experience possible in the early days. Then they stepped onto the platform of the rock and were taught the runic language of the heavenly signs. The universal spirit spoke in the spatial forces of the universe and imparted the primordial knowledge. As the universe came alive in the beholder, the forces of this universe also worked in him and through him and formed his body.

There was an important German theologian of the Middle Ages, Nicolaus von Kues (on the Moselle), who still clearly saw the connection between the macrocosm and the human microcosm. As the sign of this connection or the macrocosm we encountered that hexagon in Goethe's Faust, Fig. 1 and 2, which formed the germ cell of the universal soul in Orion and which we see in the world sun and primeval life -Rune as the sign of the original Christ, cf.

2, represented.

The names of this hexagon, which we see in Fig. 2, belong to the oldest zodiac and corresponded to the six main fields of it, while in the middle of the sky originally the seventh shone in the form of the Light Tross, the sign of the divine earth filled with man. "Manheim" in the Edda. But this is where the burglary happened. The Germanic traditions of the early days know of an Odhin penetrating from the east. Indian reports also tell in the Puratana Shastra of a Yodha who escaped to the north or west Germanic tradition creates a kind of confusion. Sometimes it is Wode himself who is "guilty", sometimes it is a hostile race of gods with whom Wode comes into battle, the "Wanen". In addition to the Wode myth, that of Baldur reflects which evidently developed independently in the early days alongside this, the incursion of "evil"! What all these early representations have in common is the fighting position of Nordic man, fighting against what is decomposing, preserving the "total" of higher nature.

This is the birth of the "German", the "Tua-tha", as Herman Wirth sees it, which in the tuath - tioda - concept reflects the "totality" according to the root of the word, also as "people"!

It is precisely the spirit that is igniting anew today in a combative manner against what is being decomposed that has penetrated. The "evil" is Germanic the "Basse", which means the "basser" * ("Better") has to give way. "The better is the enemy of the good". The law of development, a driving world will, demands the fight against it. It is necessary to become one with this world will and its lively tones within, its harmony logos. The recaptured unity or totality is the great source of power in nature from which everything hostile is conquered. One people, one will makes Germany the innovator of the world. —

So the dream soul of the Baldur period, via Wode and his inner division, was followed by the combative will soul of the Donar period. It saves the consciousness of unity in the fight against evil, the bass, in the "battle symbol, in the "world hammer", Fig. 3d and 2.

We based this writing on him and his cult-Hermanic new experience.

Gobineau said that the Nordic race will only conquer the world in "self-sacrifice". "Die and become" demands Goethe. In Götterdämmerung, in "Weltbrande", Wagner sees the heroic human Siegfried becoming one with the angel, the Walkyre, in a fiery blaze. The "self-sacrifice" that Gobineau speaks of is the self-sacrifice that the German has to make and that he is on the way to make today and to declare war on all base human beings.

"The fire that unites us Save the world from the curse"

This is what Wagner says about the atonement of the world through heroic self-sacrifice. No outer fire is meant here, but the necessary inner remelting, which drives out the lower self and the angel, the Walkyre, weds to the true divine self in the Nordic man.

Here the "little spark" of an Eckehart becomes a "flame" and transforms the old man. That is the meaning of "self-sacrifice". Here the world-crystal, Fig. 1 and 2, crystallizes out of the "little spark" and soars up in the purifying Sun-Word. It penetrates from the earth in a holy cult act into the body of the son of the earth and begins to transform it. The earth wants to become the sun.

Thus arises the "Ahri-uste", see Fig. 2, ie the "Aryan wish-son", the higher and archetype man, the "Aristos", the

^{*} The word "better" comes from "baß", which also originally means good, but succumbs to the better.

"Christos" (Achri-uste) from the earth again. A cosmic drama occurs. It demands self-devotion, self-sacrifice, which, however, only makes sense in the ruling of inner reason. All false exuberance, all urging from impure motives, all pseudo-Aryanism fails here!

XIV. The "Zen"=Movement in the East.

"From the east a giant penetrates with shields, so that the world-worm rears up in Joten-like manner" -

says the Edda (Woluspa) of the fall of the old world. Also elsewhere, in the "Hrafna-galdr" of the Edda, in the so-called "Vorspielslied" (at the end):

"There rises a brazen thorn in the east of the primordial streams of light of the frost-cold giant!"

The experience presented in the present writing gains a more contemporary meaning through a parallel awakening in the East.

The giant in the east is the Mongolian-Asiatic wave proclaimed by the Eddic prophet. For the skaldic seer, as in the Edda, the thurse or giant is everywhere the counter-power that the eastern Yodha or Odhin brought to the Nordic world. She will deliver one final and significant blow. The giant in the east is awakening, he is arming himself. The "thorn rune" of heaven, the Orionian sign, hovers over his head, as the Edda writes.

This basically means the same power that we identified in the "hammer" of the northern god, only in a hostile aspect. The West lost knowledge of that higher power through the superiority of its intellectual-materialistic attitude. A Nordic people in the East, the Galchas (Galatians, Celts), who still practice the Nordic sun cult in Turkestan today, carried the hammer secret of the north god to the east as early as prehistoric times. The Sumerians, who also came from the northern highlands of Asia, know it in the An-ki cult, in An-sar and Ki-sar, the polar primal powers of creation. It also penetrated the Mongolian world in the form of yin and yang. The Zen teachings of the Japanese developed from them in connection with Bodidharma Buddhism . It is considered the "school of heroism" in the East. It gives the Japanese the clout and defiance of death, while the goal

certainty of his actions, which Westerners perhaps only underestimate out of smugness. In reality there is a deeply religious movement behind it, which - as strange as it sounds - is rooted in Nordic elements! The Edda says it itself: The giant Hymir stole the hammer! "Hymir" comes from "hymja", meaning humming, humming, speaking holy words meditatively. This is the method of Zen. The giant Hymir hides the hammer eight fathoms deep in the earth, says the Edda. These are the "eight kuas" in the most mysterious book of the East, which has hardly been disclosed to westerners, the "Book of Changes". They contain the key of the "sacred eight" of the north for eastern people, Fig. 2! Primordial knowledge migrated to the east, while the intellectual-mammonistic plague gripped western people and blinded their inner spiritual eyes.

The Zen movement in the East knows no dogmas, no written book. It wants to remain living truth!

The Japanese officer, the samurai, the son of the Japanese nobility, is trained in it. It not only conveys quick-wittedness, dexterity, and calmness to him, but also puts him in the wave of Ueber Technik. It is she that the Eddic seer sees rising threateningly from the east in the "thorn rod of the heavenly giant"!

"Whoever listens to the rhythm of the world," proclaim the Zen teachers, "is carried by it and made invincible!"

Whose heart lives in the pulse of the all-heart knows no downfall!

XV. Germany's pioneer=position for a new world order. The healing powers of the new earth.

The sun=spirit pervades the earth.

What is to be shown in this writing is the fact that a new earth is fighting with Germany!

This writing is intended to show how this new earth, whose forces are not of a mental but of an actual nature, is experienced in its spirit of rebirth and moral demands.

It renews the

Hermanic exercises of the early days in a cathartic and constructive exercise regimen of the spirit adapted to the times.

That's why we talked about "exercises" here, they are essential

lich. The last thing that is required for the necessary change and renewal of the world will not be created by thought alone, nor by love and prayer alone. Today, the German is awakening more and more to his task of renewing the people and the earth, and for him the homeland still has a special meaning, because here, as research is showing more and more clearly, something that was founded on a higher earthly experience happened first intellectual development of Nordic man.

The dreamlike preliminary stage of human development took place on German soil. It was shown why this dream remained and perhaps should remain.

The monuments of this early period, except in certain circles of legends, are in accordance with them the Externsteine. The few but significant runes and other symbols preserved on them still permit a reconstruction of the sun-like primeval cults, which, in accordance with the Enochian tradition of the Orient, point back to an antediluvian epoch. That is what happened in this scripture.

These sun cults still speak of earth forces of a higher kind, which were already decomposed before Christianity by the cult forms invading from the Orient. Today, when the German reflects on himself, those "imponderables" awaken in him that mysteriously link him to blood and soil.

It was the task of this document to show, on the basis of Wagner's vision, that this secret bond with his, with the "German soil" also contained "defensive" forces! The German will need them one day. But because, as we said, a new earth is fighting with Germany, these "hammer forces" of the North son, on which the names of the world logos Christ stood from the beginning, see Fig. 2, one born of the earth, the Prepare the way for Christianity to be conquered anew. It is a matter of winning back the earth from dark powers to the powers of light. The dictatorship of the machine, of money, of the raw instinctual soul in man are such infernal powers which endanger all nationality on earth. Only in the serving- changed relationship to that spiritual all-sun and its original rune, which carried the name of C histus from the beginning (see Fig. 2). they become good. This world light rune pulses through today as a sunrhythmic original Wave in the higher blood rhythm and heartbeat the earth! She taps with the finger of the Savior on the gate of every hut, every soul. So from blood and primal race experience a spring storm will break in the heart. There is for the new marching columns no turning back m honor, the earth wants to become the sun!