

LESSON EIGHT: RUNIC COLORS

THE IMPORTANCE OF COLOR AND LIGHT

We should touch on the subject of colors and how we can use them to assist us in developing our abilities in using the Runes effectively. In past lessons we have mentioned that red is an important color, representing the Vril and its power. We have also explained how white, gray or black should be used in different exercises. Traditionally, red has always been used to empower the Runes, and Rune Masters have colored the Runes red because that is the color of blood. Blood is the life-giving fluid within us, and it is through our blood that oxygen is passed throughout the body, giving life to every cell. This process enables the Gods, who dwell within us, to awaken. This is the way Rune Masters of old used red pigment made from madder plant, and why human blood (blood belonging to the Rune Master) was mixed with the pigment and rubbed into the wood or stone from which the Runes were made.

Red is not the only color that can be incorporated into our ceremonies. Our pastors will wear different colored garments (robes) for different ceremonies based on the meaning or symbolism of the different colors. Different colored candles can be used in ceremonies. Even the decoration of any hall or temple in which our ceremonies are held also has to take into consideration certain color patterns. The different colors and their use will be helpful to you in your exercises, as well as in your ceremonies, to visualize during Runic meditation and ritual. Some Runes may be associated with more than one color.

Red is the color of power, strength and vitality, and is the color of life-giving blood, which explains why it is most associated with Vrillic power. It can be used to enhance your powers and strength of mind and character, for protection, and to increase your vigor and vitality. Its element is Fire, and thus gives off warmth and excitement. In healing, red is used to stimulate the circulation of blood and the sensory nerves. Runes associated with red are Fehu, Thurisaz, Raidho, Kenaz, Tiwaz, and Mannaz.

Orange, tawny or copper symbolizes powers of transformation within the material plane of existence. Orange-colored Runes can be used to treat muscular injuries, cramps and spasms. The pancreas, spleen and the lungs can be strengthened by Runes associated with orange. They are Ehwaz and Uruz.

The colors gold and yellow are associated with the divine and life-giving powers of the Sun. Gold represents the spiritual light emanating from Asgard, while yellow is of a more earthly origin—the bright light of day. Yellow can also represent lust and desire. These colors strengthen your powers of the intellect, memory and all mental abilities. They are the colors of conscious mental cognitive energy. They can be used in healing problems with motor nerves, as well as digestive problems. Depression can be treated with the color yellow,

especially bright yellows. The Runes associated with yellow are Wunjo, Sowilo, Ingwaz, Kenaz and Othala.

Green is the color that represents the power of Nature, organic life, but especially that of living plants. It symbolizes growth and fertility and living in harmony with Nature. It is the color of the earth. When using this color in healing, its potential powers help to strengthen the powers of the Bifrost Gland or third eye, and builds up muscular growth and strength. It can also be very effective in treating fatigue or shock. The Runes governed by this color are Berkano, (light green) and Laguz (dark green).

Blue is the color of the heavens and sky. Sky Blue helps in dealing with all problems of stress and is the color of higher consciousness and intuition or the sixth sense. It is the color of the all-encompassing, all-penetrating, omnipresent Vrilic power of the shaman. It is the color, especially the darker shades of blue, of perpetual motion (Odin on the move, wandering, he wears a night-blue cloak). In its darkest shades, it blends with Black. Runes associated with sky blue are Hagalaz, Jera and Dagaz. Dark blue or indigo Runes are Ansuz, Gebo, and Eihwaz. This color is used to purify the blood, strengthen muscles, heal the throat and the parathyroid glands.

Violet has power to calm, giving balance and assisting in strengthening your powers of concentration. It can restore a sense of well-being and security. Ansuz is associated with this color.

Silver and white symbolize powers dealing with the Moon. They are colors associated with light and purification and driving away darkness. White represents purity, perfection, nobility and totality, for it includes all colors. Silver is the striving for greater knowledge, knowledge that is mysterious and secret (occult). Runes associated with these colors are Elhaz, Ehwaz and Kenaz.

The color brown symbolizes the nurturing powers of the earth and the Goddess Erda. It is the immobile power of rocks. It can be useful in healing bones. Isa is associated with this color.

Black is the color of concealment, gestation and potential powers. The color represents the subterranean or hidden powers that are the root force for all growth and development, knowledge and great creation, but it also represents death and the next life. It represents that vastness of the void and nothingness, as well as the mysterious and unknown. Its Runes are Nauthiz, Isa, and Perthro.

Fehu—Light Red
 Uruz—Dark Green, Orange
 Thurisaz—Bright Red
 Ansuz—Dark Blue, Violet
 Raidho—Bright Red

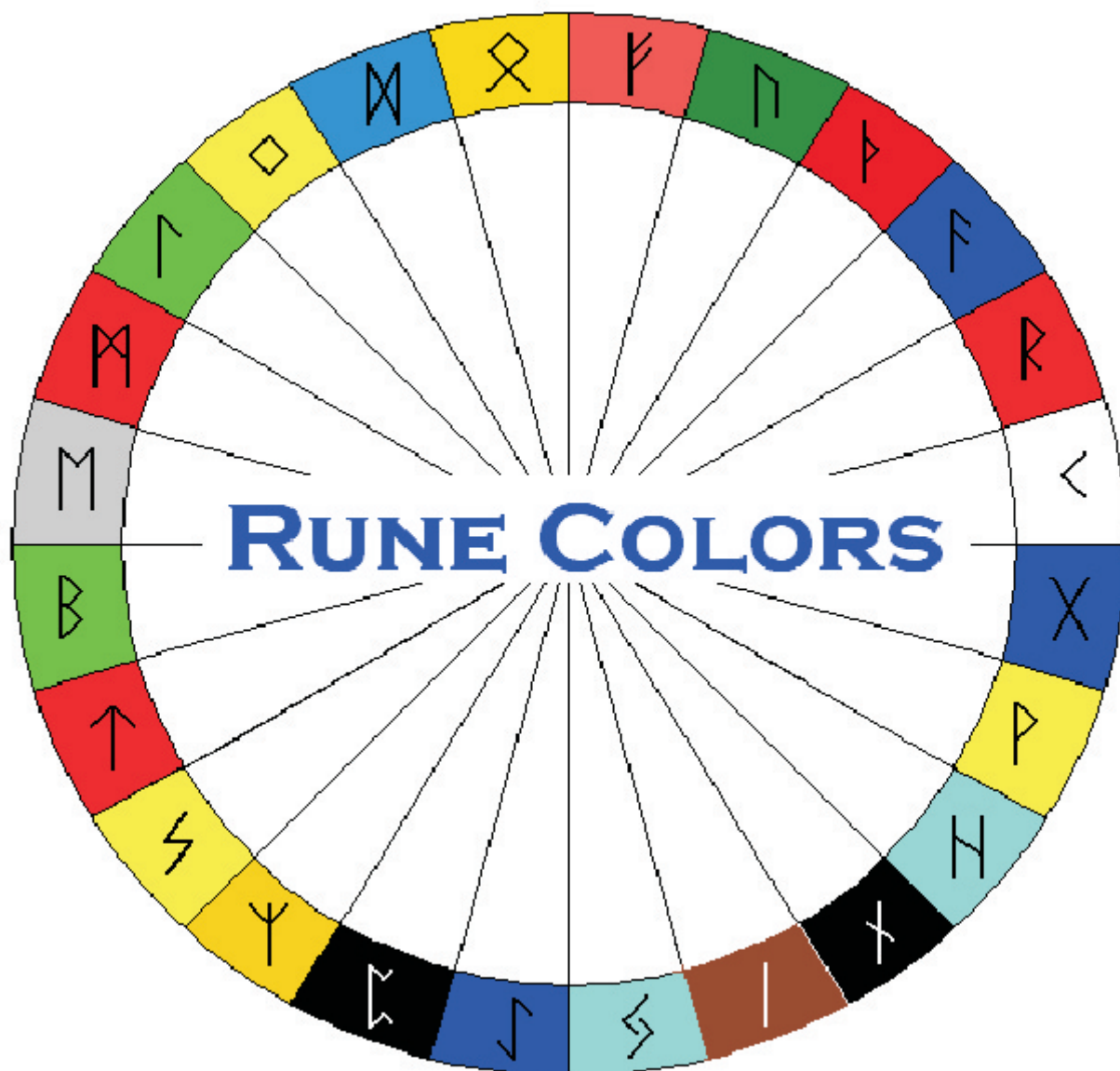
Kenaz—Light Red, White, Silver, Yellow
 Gebo—Deep Blue
 Wunjo—Yellow
 Hagalaz—Light Blue, Sky Blue
 Nauthiz—Black
 Isa—Black, Brown
 Jera—Light Blue, Sky Blue
 Eihwaz—Dark Blue
 Perthro—Black
 Elhaz—Gold
 Sowilo—White, Silver, Yellow, Gold
 Tiwaz—Bright Red
 Berkano—Light Green
 Ehwaz—White, Silver, Orange
 Mannaz—Deep Red
 Laguz—Deep Green
 Ingwaz—Yellow
 Dagaz—Light Blue, Sky Blue
 Othala—Deep Yellow, Gold, Yellow

Colors, symbols, and images can all be used to stimulate the senses and the mind to manifest concentrated thought and feeling in the working of magic. Have you ever wondered why stores paint the walls a certain color? Because they stimulate the mind to buy. Or why restaurants use another color? Because certain colors stimulate hunger. Even hospitals and doctor offices will use certain colors to calm the patients and help the healing process. Colors are used over and over to cause humans to react in a certain way. Our minds are geared to react to the stimulant of color.

You can utilize colors in meditating on the Runes. This is particularly helpful when you desire to use a Rune for a specific purpose. We use different color candles in different rituals. If you ever attend a Catholic Mass, you might have noticed the priest wearing different colored robes for different feast days, holidays and for the various purposes of the mass. This is all indication that so-called "traditional" religions all make use of magic and understand the power of color the generate a particular spiritual reaction by the congregation. This is also true in Vrilology. We use different colored table cloths, candles, flowers and other instruments in our rituals. Below is a list of colors and how to use them.

COLOR CORRESPONDENCES FOR MEDITATION, MAGIC AND RITUAL.

White: The union of all colors and can be used to create spiritual balance, enlightenment, purification, protection, all forms of clairvoyance, innocence higher spiritual existence.



Yellow: Light, illumination, mental activity, drawing, verbal expression, poetry, pulling and persuasion. Yellow can stimulate the powers of mental creativity, concentration, visualization and imagination. It can be used in solar rituals or all meditations regarding the Sun and illumination.

Gold: Has the power to harness and control cosmic forces beneficial for love,

affection, peace, and evolution as well as drawing money and wealth.

Orange: Can be used to increase the powers of the intellect and for creativity. It also has powers to heal.

Pink: A color usually associated with femininity. It can be used to stimulate affection, love, friendship, romance and generate a sense of comradeship.

Peach: Strength, courage, confidence, determination, and steadfastness.

Rose: Used to heal and maintain good health. Its powers can also stimulate love and passion, and reinforce peace and trust.

Red: Love, passion, health, strength, determination, force, power, courage, will power — red has many powers and can be used for different purposes. It is energy unleashed. Can be used to induce rage and violence. One can use its powers to increase one's personal charisma.

Turquoise: Health and healing, prosperity, peace and good fortune.

Orchid: Happiness, good luck, joy, power, healing and increases physical energy.

Violet: Can be used for comradeship and friendship, harmony, relaxation, trust and peace.

Purple: Royalty, higher spiritualism, psychic powers, idealism, fanaticism, independence, and contact with all higher spiritual beings. It also can be used to increase wealth and money.

Silver: Eliminates all negative forces and influences. Supports stability and order. It can increase one's psychic powers. Used to increase one's personal bond with the Great Mother Goddess.

Brown: The Color of the earth and nature. Good to use in rituals for material prosperity and fertility. It increases financial success, eliminates indecisiveness, strengthens your powers of concentration, will power and focusing of the mind.

Indigo: The color of mental inspiration, communication, high spiritual power; used to communicate with Odin (Odin's color), in deep meditation and remote viewing.

Royal Blue: Joy, harmony, loyalty, and promotion of happiness.

Light Blue: Used in all matters of inspiration, meditation, mental exercises; brings peace of mind, tranquility, harmony within the home and among friends.

Blue: Conservation and preservation. Primary spiritual color used in rituals to increase and obtain wisdom, harmony, inner inspiration, mental expansion, guidance, trust-worthiness, honor, and truth.

Dark Green: Deals with all matters regarding jealousy, greed, envy, and ambition.

Green: Used to increase fertility, productivity, good luck, harmony with nature, abundance, prosperity, and money; used to heal and rejuvenate.

Grey: Used in contemplation, deep thinking, to try and unravel complex problems, mysteries, and meditation. It is neutral and can be used to increase the powers of other colors as a background.

Black: Can be used to protect one from evil and negativity, or to direct these things toward another. Use to open up the unconscious, retrieve lost lore, and to induce deep meditation and remote viewing.

COLORS ASSOCIATED WITH GODS AND GODDESSES

Colors can also be associated with different Gods and Goddesses. When performing a ceremony in honor of a particular deity, or just meditating on or calling on a deity for help and assistance, it is helpful to utilize the color best associated with the deity.

Aegir—Turquoise, Purple
 Audhumla—Green, Brown
 Balder—Gold, White, Yellow
 Bragi—Orange
 Foresti—Yellow
 Freyja—Red (love), Black (protection, revenge), Silver, Green
 Frey—Red (love), Green, Gold
 Frigg—Silver, Blue
 Gefion—Green, Gold
 Gullveig, Heid—Gold
 Heimdall—White
 Hel—Black

Hermond—Red
Hoenir—Red
Holda—Black
Idunn—Silver, Green
Mimir—Yellow
Nanna—Silver, Pale Green
Njord—Blue
Odin—Dark Blue (wisdom), Black (revenge), Red (justice), Orange
(healing)
Ran—Black
Sif—Gold, Green
Skadi—Black
Thor—Red
Tyr—Yellow, Orange
Uller—White, Yellow