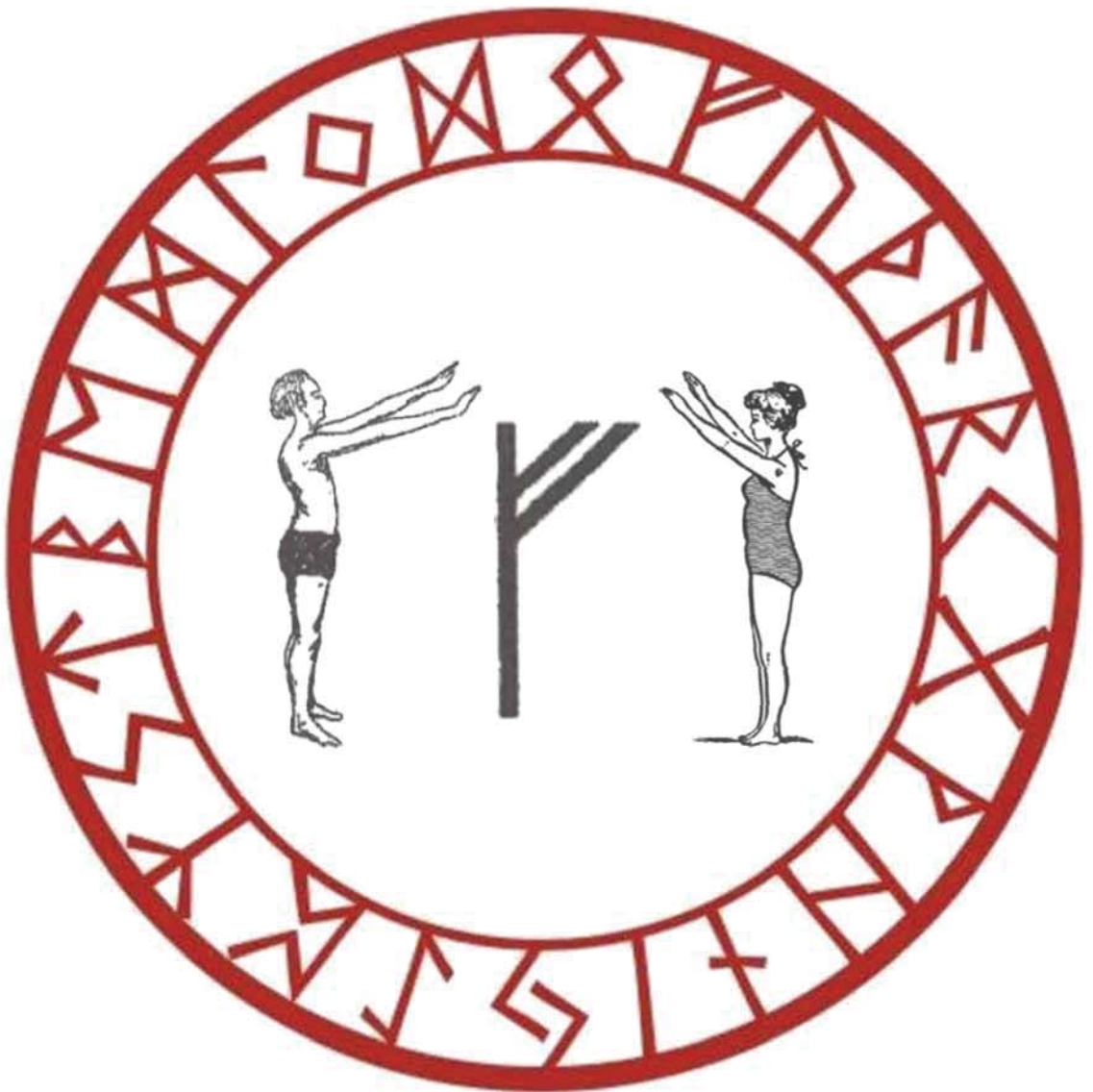


GNOSTIC RUNOLOGY

A SOURCEBOOK



BERSERKER

BOOKS



CAVEAT

This presentation of runic gnosis and its historical practitioners is in part distortion entailing much in the way of irrelevancies and possible deliberate corruption and incorporation of masonic and rosicrucian teachings. Therefore it should be read *cum grano salis* and with a critical mind taking what value it may have and casting aside the dross.

Gnostic Runology – The Runes and the First Root Race

The Gnostic Understanding of Creation

As we studied in the Hermetic Masonry series, according to Gnosis, the Universe that we now live in was created in an Alchemical way during the Dawning of the Cosmic Day. Seven Spirits called “Cosmo-creators” worked by performing special Rituals in order to “fertilize the Chaos” and for existence to surge forth.

Seven Temples were established in the Chaos for the construction of this solar system. The Cosmocreators divided themselves into 3 groups (in accordance with the sacred Law of Three): a Priest, a Priestess and neutral group (which we could consider something like the Choir, Chorus or the Congregation).

Then, they all sang the Rituals of Fire within their Temples and thereby fecundated the Womb of Chaos. Thus, the Universe was born. Samael Aun Weor tells us that **these Rituals of Fire were Masonic Rituals...**

Every planet develops seven Root Races and seven Subraces. Our planet Earth has already developed five Root Races; it needs to develop two more. After the seven Root Races, the planet Earth will become a new moon.

The Culture of the Polar Race

The first Root Race on our planet Earth was the so-called “Polar” Race and was Protoplasmatic. During that time, the Earth was submerged within the 4th dimension. This was a very civilized, semi-physical, semi-ethereal Root Race. The first Root Race lived on the Sacred Island situated in the north polar cap. That island still exists, yet it is in a Jinn state within the 4th dimension.

The Aztecs state that the human beings of the first Root Race were extraordinary, dark-colored giants and they had a gigantic civilization. The rituals and the wisdom of their culture were prodigious.

The language of the Protoplasmic Race was the Verb of Gold, a universal and cosmic language whose combinations of sound produce cosmic phenomena of all kinds. **Singing in this language, the parents of the Gods taught the Gods the Cosmic Laws of Nature.** They spoke the Language of Gold and they wrote with Runic letters. Their civilization was not degenerated, nor was their manner of perception subjective (as ours is today).

In that epoch, the rituals of the Polar Temples were all Runic. The movements of the officials were Runic. The Runes are the Divine Script. Let us remember that the Swastika is a Rune.



The Runic Rituals of the First Root Race

The cosmic rituals of that Polar Epoch are very interesting. In the temples the trained clairvoyant can discover pure Occult Masonry. Nevertheless, those rituals differed so greatly from those that currently exist in the world, that it would be impossible for the modern Mason to admit that these rituals were Masonic.

The lights of the Temple were not fixed. No sooner had the Venerable Master occupied a throne than he would abandon it. Sometimes the First Vigilant occupied a throne, to later change it for that of the Second Vigilant. The high dignitaries levitated in order to exchange among themselves their ceremonial positions.

On their vestments the colors black and white were combined in order to represent the struggle between spirit and matter. The construction of the Temple was perfect. The symbols and the tools of work were used inverted, to represent the drama that is projected into the centuries: the descent of Spirit toward matter.

Thus we may contemplate with surprise the inverted scepters, chalice, etc, all inverted. **Life was at this time descending towards matter, and it was necessary then to give symbolic expression to this.** The sacred processions were grandiose. They made the Great Mysteries and the supreme descent of Spirit towards matter understandable. This was a magnificent event that was awaited through the course of the centuries. It was awaited with as much yearning as is today the return of the human being to the superior worlds...

The Root Races of our Planet Earth

The first Root Race was devoured by the Tigers of Wisdom. The Regent of the first Root Race was the God *Tezcatlipoca*. Each individual of that race was a Master of Wisdom. The second Root Race was governed by *Quetzalcoatl*; this was the Hyperborean humanity. They were wiped out by strong hurricanes.

The third Root Race was the Lemurian race, which inhabited Mu, which today is the Pacific Ocean. They perished by fire raining from the sun (volcanoes and earthquakes). This Root Race was governed by the Aztec God *Tlaloc*.

The fourth Root Race was the Atlanteans and was governed by the Aztec God *Atonatiuh*. It finished with a great inundation. The pre-Columbian tribes of America are descendants of this Root Race, as well as the primeval Chinese and Egyptians, etc.

We are the fifth Aryan Root Race, that is to say: all of humanity regardless of skin color. The present Aryan race will end with a great cataclysm.

The sixth Root Race is called "Koradi". It will exist after the cataclysm of the fifth Root Race; it will live on a transformed Earth. The seventh Root Race will be the last one. Afterwards, the great cosmic night will arrive.

Divine Experiments in the Laboratories of Nature

Because of the poor achievements in the former rounds, the scanty developed planetary fire became overcharged with karma, thus producing in our physical world a slow, heavy, and terrible evolution. Therefore, due to the planetary karma, the coming rounds will accomplish very little.

The Gods of Nature had worked very much in order to create Self-Conscious beings. The Gods have performed difficult experiments within the laboratories of nature. However, it is good to know that **the struggle in order to create true human beings has not finished yet.** Still, the human being, or the so called human, has to discharge a lot of elements that will be present in the zoological gardens of the future.

The kingdom of Malkuth is a terrible filter. Whosoever wants to be free of this fatal wheel of Samsara has to dissolve the ego and to incarnate their Soul. Those who achieve it are very rare. The gold, the select, the true human being, is the one who has their Soul and Spirit incarnated; they are awakened within the internal worlds after death.

Gnostic Runology – Gnostic Explanation of Creation

The Fohat, Maha-Kundalini and the Alchemy of the Gods

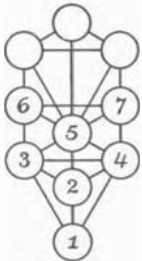
The universal fire of life is the **Fohat**, which is also called **Maha-Kundalini**. It has seven degrees of power.

“Oh **Devi-Kundalini!** You are the fire of the seven **Laya** centers of the universe.”

The seven **Laya** centers of the universe are the fire’s seven degrees of power.



Seven Churches exist in the Chaos where the Seven Planetary Logos officiate. These Seven Churches also exist within the spinal medulla of the human being (they are the Seven Churches from the Book of Revelations in the New Testament).



The Seven Planetary Logos officiated in their seven temples in the dawn of life. The Seven Holy Ones practiced the rituals of **Maha-Kundalini** within the sacred precinct of their temples at the dawn of the **Mahamanvantara** (the Cosmic Day).

The material universe did not exist then. The universe solely existed within the mind of the Gods. Nonetheless, for the Gods, the universe was ideal and objective simultaneously. The universe was; yet, it did not exist.

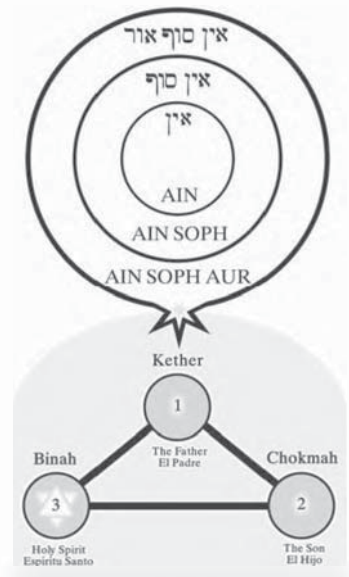
In Gnostic Kabbalah, the **Ain**, **Ain Soph** and **Ain Soph Aur** are collectively referred to as ‘the Absolute’. Within the bosom of the Absolute, the universe “is”; yet, it does not exist.

To BE is better than to Exist.

The Seven Holy Ones fecundated the chaotic matter so that the universe could emerge.

The Fire’s seven degrees of power divided the chaotic matter into seven different states upon which the perceptions of our seven senses are based. The Seven Igneous Serpents of each of the Planetary Logos fecundated the chaotic matter so that life could emerge.

The fire put the cosmic scale in motion.



The Mulaprakriti is the Raw Material or *Materia Prima*

The Chaos is the raw matter or raw material of the Great Work. The Chaos is the **Mulaprakriti**, the primordial matter. **Mulaprakriti** is christonic substance (the Seminal Energy) from which the universe emerged.

We have **Mulaprakriti** in our sexual organs, and from it life springs forth.

We see seven sacred vessels filled with this christonic substance on the altars of the temples of the Seven Planetary Logos. That is the sacred symbol of **Mulaprakriti**. Those are the primordial waters of life.

The water is the dwelling of the fire.

The one who wastes the water also wastes the fire, and remains in darkness...

The Seven Holy Ones fecundated the christonic substance of the universe so that life could sprout.

The Yogi and the Yogini have to fecundate their own primordial waters, their own christonic substance, with the grandiose power of **Devi Kundalini**.

Kundalini is the spouse of **Shiva**, the Innermost, the **Purusha**. **Kundalini** is the spirit of electricity. Electricity is the sexual power of **Maha-Kundalini**.

Kundalini is coiled within the **Muladhara** chakra (the Church of Ephesus of Revelations). It is the serpent whose tail is coiled three and a half times.

When **Kundalini** awakens, it hisses as the serpents hiss.

The **Prana**, the **Buddhi**, the **Indriyas**, the **Ahankara**, the mind, the seven elements of nature, the nerves, are in their totality products of **Kundalini**. **Kundalini** is intimately related with the **Prana** that circulates throughout the 72,000 **nadis** or Astral conduits which nourish the chakras.



Polarities, the Verb and the Fohat

In those sacred temples of the Seven Holy Ones (within the Chaos), there was an ineffable Lady next to a Logos. Indeed, the separated sexes did not exist; however, the Ineffable Gods knew how to polarize themselves in accordance with the necessities of the moment.

The **Elohim** or **Praja-patis** are hermaphrodites. One **Praja-pati** or **Elohim** can draw forth their masculine or feminine polarity; they know how to polarize themselves. This is how the Seven Planetary Logos could draw forth their masculine aspect. This is how their Isis could draw forth their feminine aspect.

Now our disciples will understand how (inside each one of the temples of the Chaos) the Gods worked in couples, chanting the rhythms of fire. Groups of children (**Praja-patis** or **Elohim**) formed choruses with these ineffable couples... The Sacred **Trimatzikamno!**

The sacred fire emerges from the brain of the Father and from the bosom of the Mother. This marriage of the sacred fire fecundated the **Mulaprakriti** so that life could emerge.

The raw matter of the Great Work is the christonic substance (the Seminal Energy). The raw matter of the Great Work is the **mazar** of the Gods, the sea of milk, the fountain of milk and of coagulations, the Waters of **Amrita**. It is the Sacred Cow from whom life emerges.



These are the Primordial Waters that we have deposited within our sexual glands. The Verb of the Gods fecundated the chaotic matter so that life could emerge. The throat is a uterus where the Word is gestated. The throat is the sexual organ of the Gods.

The sexual magic of the Verb fecundated the chaotic matter so that life could emerge. The creation of the universe was the outcome of the sexual magic of the Verb.

The entire universe is granulated **Fohat**. The entire material universe is elaborated with the granulations of **Fohat**.

Gnostic Runology – Gnostic Esotericism of the Edda

Gnostic Alchemy and Creation in the Germanic Edda

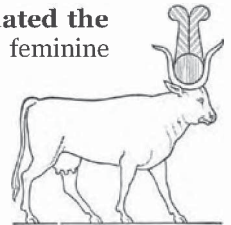
We can consider the Edda as the Germanic Bible. The occult knowledge of the nordic peoples is contained in this archaic book. The stories of the Edda about the ‘Genesis’ of the world are as follows:

“In the beginning there were only two regions: one of fire and light where the absolute and eternal being, *Alfadir* ruled, and the other, a region of darkness and cold called *Nifiheim*, ruled by *Surtr* (meaning the ‘Black’ or the ‘Darkness’). Between one region and the other the chaos extended itself.

The sparks that escaped from *Alfadir* fertilized the cold vapors of *Nifiheim*, and *Ymir* (father of the race of giants) was born. To nourish him – and in the same manner – the cow *Audumla* was created, from whose udder flowed the four rivers of milk. Satisfied, *Ymir* fell asleep and from the sweat of his hands a giant couple was born, male & female; and from one of his feet, a monster with six heads emerged.”

In the ‘Genesis’ of creation we have Sexual Alchemy: the fire fecundated the cold waters of chaos. The masculine principle *Alfadir* fecundated the feminine principle *Nifiheim*, dominated by *Surtr* (‘Darkness’), to bring forth life.

This is how *Ymir* is born, the father of the giants, the Internal God of every human being, the Master, our Inner Being. He is nourished with the *materia prima* or raw material of the Great Work. Said substance is the milk of the cow *Audumla*. The sacred white cow of India.



In the ‘Genesis’ of Moses: the four rivers of Eden are mentioned, the four rivers of milk. These four are the flaming fire, the pure water of life, the impetuous air and the perfumed elemental earth of the sages (the four Tattvas). **In every Alchemical operation the four elements enter into activity. These cannot be absent from the Sexual Alchemy of Creation.**

Ymir sleeps and from his sweat a giant couple is born, male & female, the sublime and giant primitive divine Hermaphrodite of the Sacred Island. In the ‘Genesis’ of Moses: Adam sleeps and God takes Eve from one of his ribs. Before this moment Eve was within Adam, and was Adam himself. He-She was a Hermaphrodite.



From the feet of this giant hermaphrodite (the Polar Race), the six-headed monster was born (the Star of Solomon, the Sexual Alchemy of the human being), which through many centuries ends in the separation or division of the giants, transforming them into human beings of separate sexes. The division into opposite sexes is the beginning of the great tragedy. From the hermaphroditic giant the six-headed monster is born.

The human being will again be a divine hermaphrodite. Man will return to Eden accompanied by his divine Eve. When man and woman are sexually united, in those moments they are a single hermaphroditic being. In fact, in those moments of supreme sexual voluptuousness, we are Gods. This is the supreme moment, which the Initiate knows how to utilize for their magical phenomena.

The birth of the human being into separate sexes was a grandiose event of anthropogenesis, which was realized over many millions of years. After having given a marvelous description of the creation of the World, the Germanic Edda relates the separation into opposite sexes as follows:

“Immediately the Gods decided to create the first human pair. Man was formed from an Ash tree, and they called him *Askr*. The woman was formed from an Alder tree, and they called her *Embla*.

Odin gave them the soul; *Vili* gave them understanding; *Ve* gave them beauty and the senses. And the Gods, satisfied with their work, retired to rest and to enjoy themselves in their mansion at *Asgard*, located in the center of the universe.”

The End of the World according to Nordic Mythology

The story of the Edda regarding the destruction of the world is the Germanic Apocalypse or Book of ‘Revelations’:

“Nature itself starts to become disordered; the seasons cease to alternate; the terrible *Fimbulvetr* (meaning ‘great winter’) dominates and lasts for three years because the Sun has lost its strength; there is no faith among men; peace between brothers, relatives and children of the same tribe is not observed; the sacred duty of the Germans to respect the dead, of cutting their nails and of burying them is neglected.

At the consummation of the centuries, *Hrimer* (the frost giant) and his innumerable companions have to embark on a colossal ship in order to destroy the Gods, their happy and resplendent abode *Valhalla*, and the universe. This terrible reproachful ship advances and grows in spite of the smallness of its materials, until the corruption reaches its limit.

Then the monsters (whom the Gods had managed to bind) break the chains which bound them. The mountains sink, the jungles are uprooted, and the wolves (who since the beginning of the world have howled at the Sun & Moon) try to devour these two stars.

In the past, the wolves have sometimes almost had the Sun & Moon within their clutches, but now they reach them and consume them once and for all.

The wolf *Fenrir* breaks his bonds and assails the world with open jaws, reaching the sky with one jaw and the Earth with the other, and would open them even wider, but there is no space.

The Serpent of *Midgard* floods all the Earth (because the human being has become a fornicator, wasting their waters); the frost giants come from the Levant in their ship of nails.

At high-noon the powers of the destructive fire draw nearer. *Loki*, the *Surtr* (the ‘Black’ or the ‘Darkness’), and the sons of *Muspeliheim* come to fight the final decisive battle of the *Æsir*.

The divinities of *Valhalla* prepare to receive the enemy. Their watchman *Heimdall*, posted at the entrance to the bridge that leads to their dwelling, sounds the clarion and the Gods, in union with the souls of the heroes who have died in battle, go out to receive the giants.

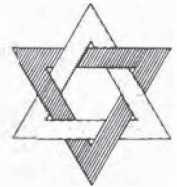


The Wolves pursuing Sol and Mani

The battle begins, and ends with the destruction of both armies; with the death of the Gods and the giants; the incandescence of those of the fire spreads over the world, so that all is consumed in an immense purifying holocaust.”

A profound analysis of the ‘Genesis’ and ‘Apocalypse’ of the Edda shows us that the key point, in both, is the sexual question. The world is created sexually.

The primitive hermaphrodite is divided sexually. It is a God when it does not spill the seed, when it does not waste the waters. It becomes a demon when it spills the seed, the waters of life. The world is created sexually, and this world is destroyed when human beings become terrible fornicators, when the Great Whore has reached the limit of corruption, when the serpent of *Midgard* floods the entire Earth.



In fact, when a human being becomes accustomed to spilling the seed, then the Great Whore is born whose number is six hundred and sixty six. Fornication, wasting the creative energy through the spasm, corrupts the human being. Through fornication the human being becomes terribly perverse, and then the world is destroyed.



The unknown monsters of Nature (elements about which the human being does not know, and which the Gods have enchained) are unleashed with atomic weapons. The jungles are uprooted, the wolves of Karma howl horrible; the wolf *Fenrir* breaks his bonds and attacks the world with open mouth, touching the sky and the earth with his jaws.

The Karma is terrible, and there will be a collision of worlds. In archaic times there has already been a similar collision, and the Earth, which was closer to the sun than it is now, was hurled to its present distance.

Now this cataclysm will be repeated due to the Law of Karma. Then, as stated in the Germanic Edda, everything will be consumed in an immense purifying holocaust.

There cannot be any ‘Genesis’ without Sexual Alchemy. Likewise, there cannot be any Apocalypse (or Book of ‘Revelations’) without sexual degeneration. Every ‘Genesis’ and every ‘Apocalypse’ is based on the phallus and the uterus. The Fire creates and the Fire destroys.

The powers of the destructive Fire are already in motion due to the sexual degeneration in which humanity has sunk itself. The hour has come to comprehend the necessity to enter fully the Path of the Perfect Matrimony. Only those who resolve to follow this Path can save themselves from the abyss and the second death. God shines upon the Perfect Couple.

The Soul, the Inner Being, and the Tiger of Wisdom

In the name of Truth we have to recognize that the problem of human salvation is very difficult to resolve. Jesus emphasizes the tremendous difficulty of entering the Kingdom of Esotericism and attaining Eternal Salvation. **It is urgent to fabricate Soul** if we really want to save ourselves.

Let us remember that the human being only has an Embryo of Soul incarnated. We need to fortify this Embryo and later incarnate the Cosmic Soul. Now it is good to clarify, that to incarnate the Soul signifies (in the end) to be assimilated, devoured, by the Tiger of Wisdom. We need the Tiger of Wisdom to devour us. This Tiger is the Intimus, our Real Being, the Atman of Hinduism.

The Aztecs say that the first race that existed in the world was devoured by tigers. In Yucatán there existed the Temple of the Tigers. *Quetzalcoatl*, with his tiger claws, traps the human heart. The Tiger Cult was never absent in any of the Mystery Temples of America.

The Order of the Tiger Knights was very sacred in Aztec Mexico. **The Intimus needs to swallow the heart of the human being, that is to say: to assimilate it, absorb it, devour the human personality that has fabricated what is called Soul.**

It is truly the case that the Intimus is like a tree with many leaves. Each leaf is a human personality. The Intimus does not have one single personality as pseudo-esotericists believe. The Intimus has various personalities, and what is most astounding is that he can have them incarnated in different parts of the world.

When a human personality does not fabricate Soul, it is logical that they are lost, and they descend into the abyss. But this is not important to the Intimus. This is like a leaf that falls from the Tree of Life, one leaf without any importance. The Intimus continues attending to the other personalities, struggling so that they may fabricate Soul, in order to devour them as the Tiger of Wisdom.

Therefore, the human person (the intellectual animal called a human being), is worth less than the ash of a cigarette. But, the fools feel themselves to be giants. The only one who is truly great is the Spirit, the Intimus, our Real Inner Being.

We, the intellectual animals, are leaves that the wind tosses about. Leaves of the Tree of Life; that is all. Humanity has failed. Most of humanity, almost all, still do not have Soul. The great majority of humans are dead leaves, which the hurricane of fatality drags to the abyss; leaves fallen from the Tree of Life...

The wolf **Fenrir** breaks his terrible bonds as the Germanic Edda says. Karma falls upon the whole of humanity. The divinities of Valhalla will fight the enemy. The Serpent of **Midgard** floods the entire Earth, and the world is a failure.

Germanic mythology contains knowledge that comes from the North. The first race was devoured by the Tigers of Wisdom. It was an immortal race. The second race was swept away by strong hurricanes. The third race was converted into birds, the fourth into fish-men and the fifth into goats.

The cradle of humanity is in the North. The Germanic Edda is Nordic wisdom. The ancestors of the Aztecs lived on the Sacred Island of the North. The occult wisdom came from the North to Lemuria, and from Lemuria it passed to Atlantis. After the Atlantean submersion, the wisdom remained in those lands that formed part of the Atlantean continent.

Thus, if we want to find the Wisdom of the Serpent, we shall find it in Mexico, Egypt, Yucatan etc. These countries really formed part of Atlantis.

It is urgent to study the Germanic Edda, to know how to read between the lines, and then to investigate Easter Island, Mexico, Yucatan etc.

The Germanic Edda, with its 'Genesis' and 'Apocalypse' (or Book of 'Revelations') is pure Sexual Magic. The root of our Being is found in sex. We need the Serpent to devour us. We need to be devoured by the Tiger. First, the Serpent devours us, and then the Tiger.



The Binding of Fenrir
Dorothy Hardy

Gnostic Runology – Nordic Mythology: Odin (aka Wotan)

The following information is a paraphrase from *Norse Mythology* (1884) by Rasmus B. Anderson:

The Mythological and Historical Odin

The Sagas of Nordic Mythology paint Odin as the most persuasive of men. Nothing could resist the force of his words. He sometimes enlivened his people with poetic verses and he was not only a great poet, but it was he who taught the art of poetry to the Norsemen. He was the inventor of the runic characters, which may very well be called a sort of second speech. But what most contributed to him passing for a god was his skill in magic. He could run over the world in the twinkling of an eye; he had the command of the air and the tempests; he could transform himself into all sorts of shapes, could raise the dead, could foretell the future, could deprive his enemies of health and strength through enchantments and even discover all the treasures concealed in the earth. He knew how to sing so tender and melodious that the very plains and mountains would open and expand with delight; the ghosts (attracted by the sweetness of his songs) would leave their infernal caverns and stand motionless around him. Such is the legendary Odin of the North, and he was the great example that the Norsemen had to imitate in war and in peace.

Various classes of beings are mentioned in the Nordic Sagas. Life is a conflict between these beings, for the spiritual everywhere seeks to penetrate and govern the physical; but it also everywhere meets resistance. The Nordic divinities called *Asa*, *Aesir* or *Æsir* (pronounced "ICE-ir") unite themselves with another group of divinities called *Van* or *Vanir*, and rule over heaven and earth. The giants war against the *Aesir* & *Vanir*. The elves belong to the *Aesir*, while the dwarfs align with the giants, yet also serve the *Aesir*.

Odin commanded the *Aesir* (whose country was situated between the Black Sea and the Caspian Sea, and whose principal city was *Asgard*). Odin, having united under his banners the youth of the neighboring nations, marched toward the west and north of Europe, subduing all the peoples he met on his way and giving their kingdoms to his sons. Many Royal Families of Northern Europe are said to be descended from these sons. Thus Hengist and Horsa (the Saxon chiefs who conquered Britain in the fifth century) counted Odin in the number of their ancestors. The Royal Families of East Germany, Denmark, Sweden and Norway all also claim lineage from Odin.

After Odin had finished this glorious achievements he retired into Sweden, where (perceiving his end to be near) he gathering round him the friends and companions of his fortune. He gave himself nine wounds in the form of a circle with the point of a spear, and many other cuts in his skin with his sword. As he was dying he declared he was going back to *Asgard* to take his seat among the gods at an eternal banquet, where he would receive (with great honors) all who should expose themselves intrepidly in battle and die bravely with their swords in their hands. As soon as he had breathed his last breath, they carried his body to *Sigtuna*, where (in accordance with a custom introduced by him) his body was burned with much pomp and magnificence.

Odin: the All-Father

Odin is the first and eldest of the *Aesir*. The name 'Odin' is derived from the verb *vada* (imperfect *óð*) "to walk" (compare *watan*, *wuot*, *wuth*, *wüthen*, *wuothan*, *wodan*). He is called "All-father", because he is the father of all the gods. With the gods *Hoener* and *Loder*, he makes the first man & woman and gives them spirit. All enterprise in peace and in war proceeds from him. He is the author of war and the inventor of poetry. All knowledge comes from him and (as has been said) he is the inventor of the runes.

Odin is the all-pervading spirit of the world, and produces life & spirit (*önd* & *aand*). As such, he permeates all animate and inanimate matter, the whole universe. He governs all things and although the other deities are powerful, they all serve and obey him as children do their father. He confers many favors on gods and men...

Besides "All-father", Odin is also called *Valfather* (father of the slain), because he chooses all who fall in combat as his children. For their abode he has prepared *Valhal* (or *Valhalla*) and *Vingolf*, where they are called *einherjes* (heroes). The heroes are constantly the object of his care. He guides and protects the brave heroes through their whole life; he watches over their birth and over their whole development; gives them wonderful weapons, teaches them new arts of war; assists them in critical emergencies, accompanies them in war, and takes the impetus out of the enemy's weapons; and when the warrior has at last grown old, he provides that they may not die upon their bed, but instead fall in honorable combat. Finally, he protects the social organization: he revenges murder, protects the sanctity of the oath, subdues hatred, and dispels anxieties and sorrows.

Odin: Inventor and Master of the Runes

The original meaning of the word 'rune' is "secret", and it was used to signify a mysterious song, mysterious doctrine, mysterious speech, and mysterious writing. It is said that the Nordic peoples had an alphabet called runes, before they learned the so-called Roman characters... But what does it mean that Odin is the inventor of the runes? **Odin's runes are an expression of his being and represent the might and wisdom with which he rules all of nature, even its most secret phenomena.** Odin, as master of the runes, is the spirit that subdues and controls physical nature. He governs the wind, the sea, the fire, and the spirit of the human being, the hate of the enemy and the love of women, etc. Everything submits to his mighty sway, and thus the runes were carved on all possible things in heaven and on earth.

The runes of Odin were carved on the shield which stands before the shining god, on the ear of *Aarvak* (the ever-wakeful), and on the hoof of *Alsvin*; on the wheels that roll under *Rogner's* chariot, on his horse's reins, on the paw of the bear and on the tongue of *Brage*; on the claws of the wolf, on the beak of the eagle, on bloody wings and on the end of the rainbow bridge (the *Bifröst*); on glass, on gold, on wine and on herb; on *Vile's* heart, on the point of his spear, on *Grane's* breast, on the nails of the *Norns* (who rule the destiny of gods & men) and on the beak of the owl. All that were carved were afterwards scraped off, mixed with the holy mead and sent out into all parts of the world: some are with the *Aesir*, some with the elves, and some are with the sons of men.

Odin hung nine days on the *Yggdrasil*-World tree (the Nordic "tree of life") and sacrificed himself to himself. As mentioned earlier, he also wounded himself with his own weapon. Do you know that knowledge cannot be acquired without labor, struggle, sacrifice, and without solemn consecration of one's self to a subject? Did you know that Odin gave his own eye for a drink from *Mimer's* fountain? For the sake of this struggle to acquire knowledge, the spirit offers itself to itself. It knows that hardships and sufferings must be encountered on the road to knowledge, but it bravely faces these obstacles; that is its greatness, its glory, and its power.

Nine nights Odin hangs on the *Yggdrasil*-World tree. Rome was not built in a day, nor is knowledge acquired in a day. The spirit is developed through a slow process. During those nine nights, Odin neither eats nor drinks: he fasts. **You must also curb your bodily appetites, and, like Odin, look down into the depths and penetrate the mysteries of nature with your spirit.** Then you will learn all those wonderful rune songs that Odin learned, crying, before he fell from the tree. Odin is the author of the runic incantations that played such a conspicuous part in the social and religious life of the Norsemen. The belief in occultism was universal among Nordic peoples, and had its origin in their mythology, and (not surprisingly) Odin is also the inventor of the magical arts.

Gnostic Runology – Nordic Mythology: The World Tree

The following information is a paraphrase from *Norse Mythology* (1884) by Rasmus B. Anderson and *Teutonic Mythology* (1889) by Viktor Rydberg:

The *Yggdrasil* World Tree and its Roots

Yggdrasil World Tree is, in fact, the great tree of life, the Tree of Existence, wonderfully elaborated and extended through the whole system of the universe. It furnishes bodies for mankind from its branches; it strikes its roots through all worlds, and spreads its life-giving arms through the heavens. All life is cherished by it, even that of serpents (who devour its roots and seek to destroy it).



The name *Yggdrasil* is derived from Odin's name: *Yggr* (the deep thinker), and *drasil* (carrier, horse). *Yggdrasil*, therefore, means "the Bearer of God", a phrase which finds a literal explanation when Odin hangs nine nights on this tree before he discovered the Runes.

Yggdrasil, the Ash-tree of Existence, has its roots deep down in the kingdom of *Hela* (or Death); its trunk reaches up to heaven, spreads its main branches over the whole universe. Its main branches, with their buds and leaves stretch through all lands and times. These branches connect events, things suffered, things done, catastrophes, etc. Every leaf of it is like a biography, every fiber is like an act or a word, etc.

Yggdrasil has three grand roots far apart. One of them extends to the *Aesir* (the Nordic gods). Another to the hostile *Jötunn*/Giants (giant beings who are offspring of the chaos-giant *Ymir*). The third stands over *Niflheim* (the homeland of primordial darkness, cold, mist, and ice).

Under the root of *Yggdrasil* that stretches out toward the *Jötunn*/Giants is *Mimer's* fountain, where wisdom and knowledge are hidden. *Mimer*, the fountain's owner, is full of wisdom, because he drinks its waters every morning with the *Gjallarhorn* (the "yelling horn" or "the loud sounding horn").

The *Jötunn*/Giants are older than the *Aesir*, and looked deep into the darkness of the past. They had witnessed the birth of the gods and the beginning of the world. Therefore, the gods had to go to the *Jötunn*/Giants for knowledge. In the first song in the Elder *Edda*, a *vala* (or prophetess, from *Jotunheim*) is represented as rising up from the deep and unveiling the past and the future to gods and men.

Thus, there was a time when Odin had not yet acquired strength and wisdom. But, though self-sacrifice, he was able to acquire a drink from the celebrated *Mimer* (who dwells in the deep and has charge of the mighty runes). However, he had to leave one of his own eyes in exchange for it.

After the drink from *Mimer's* fountain had given him strength, Odin slue the chaos-giant *Ymir*, raised of the crust of the earth, and created *Midgard* ("Middle Enclosure"). *Midgard* is the terrestrial world, the only primarily visible world of Nordic Mythology's Nine Worlds. A serpent lives in the sea and the wilderness that surrounds *Midgard*.

The power from which Odin was made able to form the upper world, came from the lower world and from *Mimer's* fountain of wisdom. Mythology makes *Mimer* the first smith and chief artist, and keeper of treasures and the ruler of a group of dwarfs, underground artists, for originally these were and remained creative forces personified..

The Root of the *Aesir*, the *Urdar*-Fountain and the Norns

Under the root of *Yggdrasil* that extends to the *Aesir* (in heaven) is the holy *Urdar*-fountain. Here the gods sit in judgment. Every day they ride up hither on horseback over *Bifrost* (the rainbow), which is called the 'bridge of the gods'. The gods who have horses ride them over this bridge, except for Thor, who has to go on foot. He cannot pass this *Aesir*-Bridge, for the thunder (which he is) would destroy it; therefore he daily wades through the rivers to get to the council of the gods.

The *Jötunn*/Giants cannot pass the *Aesir*-Bridge, since the red in it is burning fire and the waters of heaven roar around it. If it were easy for every one to walk over it, then the Giants would go up to heaven by that bridge, and perhaps succeed in bringing ruin upon the gods.

At the *Urdar*-fountain dwell also three maidens, named *Urd*, *Verdande* and *Skuld* (Present, Past and Future). **These maidens fix the lifetime of all human beings, and are called Norns.** They guard the fountain, which takes its name from the first and highest of the three, *Urd*. There are also other Norns, some of which are of heavenly origin, but others belong to the races of elves and dwarfs. The Norns who are of good origin are good themselves, and dispense good destinies. Those persons to whom misfortunes happen ought to ascribe them to the evil Norns. Thus it is that some people are fortunate and wealthy, while others acquire neither riches nor honors; some live to a good old age, while others are cut off in their prime.

The Norns who dwell by the *Urdar*-fountain, draw water from this spring every day. With it (and the clay that lies around the fount), they sprinkle the Ash tree, in order that the main branches may continue green, and not rot and wither away. This water is so holy that everything placed in the spring becomes as white as the film within an egg-shell. The dew that falls from the tree on the earth people call 'honey-dew', and it is the food of the bees. Finally, two swans swim in the *Urdar*-fountain, and they are the parents of the race of swans. Thus all the tribes of nature partake of the universal tree and all life is figured by the tree.

The World Tree, the Nations of *Midgard*, and the Universe

Furthermore it must be stated of the Ash *Yggdrasil* tree, that on its topmost branch sits an eagle who knows many things, and between the eagle's eyes sits a hawk. A squirrel runs up and down the tree, seeking to cause strife between the eagle and the serpent *Nidhug* (who is together with many snakes & reptiles). Four stags leap about beneath its branches and feed on its buds.

As has been mentioned, its branches connect events together and every leaf is like a biography, every fiber is like an act. Its main branches are histories of nations; the rustle of it is the noise of human existence. It is *Yggdrasil*, the Tree of Existence. It is the past, the present, and the future; what was done, what is doing, what will be done; it is the infinite conjugation of the verb 'to do'.

Yggdrasil is the tree of the experience of humanity. It has three roots, and experience teaches that there are, in reality, but three kinds of people in the world: some that work energetically for noble and eternal purposes (their root is in *Asaheim*); some that work equally energetically, but for evil and temporal ends (their root is in *Jotunheim*); and many who distinguish themselves only by sloth and impotence (their root is in *Niflheim* with the goddess *Hela* or death, in *Hvergelmer*, where the serpent *Nidhug*, with all his reptile brood, gnaws at their lives).

There is a deeply-laid plan in the universe, a close union between spirit and matter. There is no such thing as independent life or action. The ends of the threads wherewith our life is woven lie deeply hid in the abyss of the beginning. The mortal individual was merely a leaf, who imagines themselves to be something, but is in fact only a bud that unfolds itself and falls from the tree of the universe. The struggle between absolute necessity and free-will was an unsolved riddle in Nordic Mythology and still puzzles many today...

Gnostic Runology – The Reemergence of Runic Studies

A European Esoteric Movement from the 17th Century

With the expansion of the Roman Catholic Religion during the Middle Ages (which lasted from about the 5th–15th century), the use of any non-Christian spiritual system was frowned upon. Depending on the country and the time period, one could easily be imprisoned or put to death for studying or practicing “Paganism” (other terms used for basically the same classification were ‘hellene’, ‘gentile’, and ‘heathen’). Thus, even in Scandinavia, the study and use of the runes had declined, at least on a public level.

However, towards the end of the Protestant Reformation (approximately 1517–1648), there was a very interesting esoteric or occult current that began its movement through northern Europe: **Rosicrucianism**. Between 1614–1617, three anonymous manifestos were published in German, and later translated into other languages, spreading throughout Europe. These were:

- *Fama Fraternitatis RC* [“The Famous RC Brotherhood”] (1614),
- *Confessio Fraternitatis* [“The Confession of the Brotherhood”] (1615), and
- *Chymische Hochzeit Christiani Rosencreutz* [“Chymical Wedding of Christian Rosicross”] (1617).

In the early 17th century, these manifestos caused excitement throughout Europe by declaring the existence of a secret brotherhood of alchemists and sages who were preparing to transform the arts, sciences, religion, political and intellectual landscape of Europe. The books also called for others to come forward in support of the brotherhood and ignited a stream of publications sympathetic with the Rosicrucians between 1614 and 1620, amounting to more than 200 texts.

Johannes Bureus and the “Nordic Renaissance”

Right about this same time a book was published (although in Latin, not German), which is much less well known:

- *FaMa e sCanzla reDVX* [“The Famous Return of Scanzla”] (1616)

Its author was a Swede named Johan Bure (1568-1652), often Latinized as Johannes Bureus. In 1593, Bureus became a civil servant and was appointed as editor of religious texts in Stockholm. He lived in an area that had many runestones, but claims he never really noticed them until just before he moved to Stockholm, when one awakened his curiosity... He was captivated by the strange scripts and wanted to learn how to read them. Between 1599-1600 Bureus made an extensive trip throughout Sweden to find more runestones in an effort to document, translate and interpret them. The King even asked him to translate certain stones.



In 1604, Bureus was appointed tutor to the young Swedish Prince Gustavus Adolphus (who later became the King of Sweden in 1611). In the 1610s, Bureus was promoted to Royal Librarian. The following year, he wrote a runic ‘ABC’ booklet and wanted to allow other people to understand the language of the runes. Bureus seemed to have been influenced by other mystical currents of the time: Alchemy, Christian Kabbalah, Magic, etc. According to historians, he studied Paracelsus, Pico della Mirandola, Johann Reuchlin, Guillaume Postel, Heinrich Khunrath and others. Eventually, he became convinced that the runes had an occult side to them (similar to the letter-mysticism and numerology of the Kabbalah). He called his system of Runic Kabbalah *Cabala Upsalica* and its esoteric aspect *adulrunor*, the “Adul Runes” (or ‘Noble Runes’). Thus, he is often called the first of the modern rune revivalists...

Different Historical Runic Alphabets or Futhark

Runic Alphabets have changed over the years and have their different letters or ways of writing the same letter varied by location, etc. The **Younger Futhark** (mainly used in Scandinavia) seems to have developed as a reduction of the **Elder** and the **Anglo-Saxon Futharks**:

Elder Futhark (150-700)			Anglo-Saxon Futhark (400-1000)			Younger Futhark (700-1150)		
1	ƿ	F <i>fehu</i> (wealth)	1	ƿ	F <i>feoh</i> (wealth)	1	ƿ	F <i>fe</i> (wealth)
2	ᚢ	U <i>uruz</i> (cattle)	2	ᚢ	U <i>ur</i> (cattle)	2	ᚢ	U <i>ur</i> (iron/rain)
3	ᚦ	Th <i>thurisaz</i> (giant)	3	ᚦ	Th <i>thorn</i> (thorn)	3	ᚦ	Th <i>thurs</i> (giant)
4	ᚥ	A/O <i>ansuz</i> (a god)	4	ᚥ	O <i>os</i> (god or mouth)	4	ᚥ	A/O <i>as/oss</i> (a god)
5	ᚷ	R <i>raitho</i> (riding)	5	ᚷ	R <i>rad</i> (riding)	5	ᚷ	R <i>reio</i> (ride)
6	ᚨ	K <i>kaunaz</i> (ulcer)	6	ᚨ	K <i>cen</i> (torch)	6	ᚨ	K <i>kaun</i> (ulcer)
7	ᚨ	G <i>gebo</i> (gift)	7	ᚨ	G <i>gyfu</i> (gift)			
8	ᚱ	H <i>habalaz</i> (hail)	9	ᚱ	H <i>haegl</i> (hail)	7	ᚱ	H <i>hagall</i> (hail)
9	ᚰ	W <i>wunjo</i> (joy)	8	ᚰ	W <i>wen</i> (amusement)			
10	ᚱ	N <i>nathiz</i> (need/hardship)	10	ᚱ	N <i>nyd</i> (need/plight)	8	ᚱ	N <i>nauor</i> (need)
11	ᚱ	I <i>isa</i> (ice)	11	ᚱ	I <i>is</i> (ice)	9	ᚱ	I <i>isa/iss</i> (ice)
12	ᚰ	J <i>jera</i> (year/harvest)	12	ᚰ	J <i>ger</i> (year/harvest)			
						10	ᚱ	A <i>ar</i> (plenty)
13	ᚱ	E/I <i>eihwaz</i> (yew tree)	13	ᚱ	ī <i>eoh</i> (yew tree)			
14	ᚱ	P <i>perth</i> (luck)	14	ᚱ	P <i>peoro</i> (pear tree)			
15	ᚱ	Z <i>algiz</i> (?)	15	ᚱ	X <i>eolh</i> (elk)	14	ᚱ	M <i>maor</i> (man)
16	ᚱ	S <i>sowulo</i> (sun)	16	ᚱ	S <i>sigel</i> (sun)	11	ᚱ	S <i>sol</i> (sun)
17	ᚱ	T <i>teiwaz</i> (the god Tyr)	17	ᚱ	T <i>tyr</i> (the god Tyr)	12	ᚱ	T <i>tyr</i> (the god Tyr)
18	ᚱ	B <i>berkana</i> (birch twig)	18	ᚱ	B <i>beorc</i> (birch tree)	13	ᚱ	B <i>bjork/bjarkan</i> (birch)
19	ᚱ	E <i>ehwaz</i> (horse)	19	ᚱ	E <i>eh</i> (horse)			
20	ᚱ	M <i>mannaz</i> (man)	20	ᚱ	M <i>mann</i> (man)			
21	ᚱ	L <i>laguz</i> (water)	21	ᚱ	L <i>lagu</i> (lake)	15	ᚱ	L <i>logr</i> (sea)
22	ᚱ	Ng <i>inguz</i> (the god Ing)	22	ᚱ	Ng <i>Ing</i> (the god Freyr)			
23	ᚱ	O <i>othila</i> (inherited land)	23	ᚱ	CE <i>eoel</i> (estate/homeland)			
24	ᚱ	D <i>dagaz</i> (day)	24	ᚱ	D <i>daeg</i> (day)			
						16	ᚱ	Y <i>yr</i> (yew)

The Younger Futhark Variants and Bureus' Adulruna Alphabet

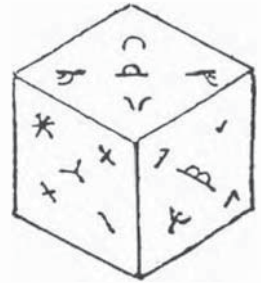
The basics of Johannes Bureus' "Adul Rune" system were to work with modified versions of the **Younger Futhark** runic alphabets (combining the "Long Branch", "Short-twig" and the **Hälsinge** or "Staveless" variants together):

Younger Futhark Runes (700-1150)	Rune Sound, Name, and Scholarly Association	Bureus' "Adul Runes" (1600s)	Rune Sound, Name, Association and Numeric Value
1	F <i>fe</i> (wealth, goods, cattle, sheep)	1	F, V <i>Frey</i> ("Freyr" – a phallic fertility god, as well as seeds, frogs and cow) 1
2	U <i>ur</i> (iron, rain, storm, spark)	2	U, V, Y <i>Ur</i> ("from", "out of", as well as clock or time) 3
3	Th <i>thurs</i> (giant, the god Thor)	3	T, Th <i>Tors/Thors</i> ("to dare", God United, as well as Thurs – the god Thor) 5
4	A/O <i>as/oss</i> (the god Odin, mouth of a river)	4	O, A <i>Odhes/Odhen</i> (Odin or Wodan, "oath", as well as Mercury) 7
5	R <i>reio</i> (ride, carriage, car, thunderbolt)	5	R <i>Rydhur</i> (advice, ride, as well as rudder) 9
6	K <i>kaun</i> (ulcer, boil, swelling)	6	C, G, Q <i>Kyn</i> (the reproductive power of nature, nature's generous or noble rod) 10
7	H <i>hagall</i> (hail)	7	H, Gh, Ch <i>Haghall</i> (skill, cunning, finesse, as well as art, "noble") 30
8	N <i>nauor</i> (need, fetters, want, necessity)	8	N <i>Nadh</i> (grace and distress) 50
9	I <i>isa/iss</i> (ice)	9	I, J <i>Idher</i> ("completely naked", remorse, repentance) 70
10	A <i>ar</i> (plenty/croh; year, harvest)	10	Æ, A <i>Æru</i> (honor and eagle) 90
11	S <i>sol</i> (sun)	11	S, Ss <i>Sun</i> (highest sun, hanging sun, son of light) 100
12	T <i>tyr</i> (the god Tyr, bull)	12	T, D <i>Tidhr</i> (tiger, priest) 300
13	B <i>bjork/bjarkan</i> (birch)	13	B, P <i>Byrghal</i> ("to start", "gate", the microcosm, the spirit immersed in matter, "son of war") 500
14	M <i>maor</i> (man)	15	M, Mm <i>Man</i> ("the one who closes the mouth" and "man as the measure of everything") 900
15	L <i>logr</i> (sea, liquid, moisture)	14	L, Ll <i>Lagher</i> (to drip, to pour, to bath, "arrange", law) 700
16	Y/R <i>yr</i> (yew, bow, money)		

*Note that the 14th rune "Maor" of the **Younger Futhark** becomes Bureus' 15th "Man", and the 16th rune "Yr" of the **Younger Futhark** is combined with Bureus' 5th "Rydhur" to become a single rune.

The *AdulRuna* or Bureus' System of Occult Runology

Bureus' reduction (and slight reordering) of the different *Younger Futhark* variants into a single script appears to be the foundation or ground work for later Runologists such as Guido Von List.



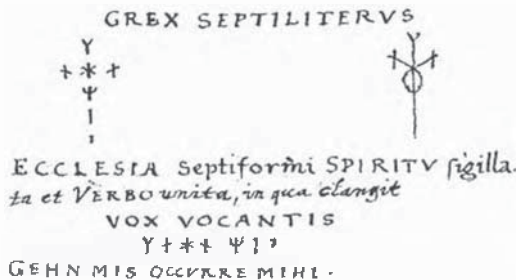
Part of Bureus' system was *den Liggande Stenen* ["the Falling Stone"], a cube with three sides visible. On each of the visible sides, five runes are depicted (in a cross or X shape).

These 15 runes were divided into 3 groups of 5 runes each. In each group, at least 2 runes have been depicted as the mirror (or inverse) of one another.

He arranged these same 15 runes into another cross-symbol (that he called *adulruna*) which seems to be related to the Kabbalistic Tree of Life, and the *Yggdrasil* World Tree (see the "Titulus III" image on the right below).

The *adulruna* is supposed to be a map of the universe and of the human being's progression through different levels of existence. It is both as a symbol of the human being and of the universe, the microcosm and macrocosm, with the * *Hagal* rune at its center. For Bureus, the initiate's progression was related to the vertical line of the cross.

To help explain the larger rune-cross-symbol (with 15 runes), Bureus makes multiple other smaller rune-crosses (with between 4 – 7 runes) to highlight the significance of the runes and their interrelationship(s). An example of one of these smaller rune-crosses is below:



A D V L - R V N Æ
T I T V L V S I I I
D e P a s t o r i s S a c e r d o t i o .



Here we have a translation of half a page from Bureus' *Adul-Runa* (1642) book:

<p>GREX SEPTI LITERUS</p> <p>ECCLESIA Septiformi SPIRITV sigilla- ta et VERBO unita, in qua clangit VOX VOCANTIS</p> <p>Y † * † ψ </p> <p>GEHN MIS OCCURRE MIHL.</p>	<p>GANG [OF] SEVEN LETTERS</p> <p>Sevenfold SPIRIT [OF THE] CHURCH sealed and united [with the] VERB, in which [the] SOUND [of the] trumpet CALLS</p> <table border="1"> <tr> <td>Bureus' Rune</td> <td>Y</td> <td>†</td> <td>*</td> <td>†</td> <td>ψ</td> <td> </td> <td>ʔ</td> </tr> <tr> <td>Associated Sound</td> <td>K/G</td> <td>A/E</td> <td>H</td> <td>N</td> <td>M</td> <td>I</td> <td>S/Z</td> </tr> <tr> <td>Modern Rune</td> <td>ƿ</td> <td>†</td> <td>*</td> <td>†</td> <td>ƿ</td> <td> </td> <td>ʔ</td> </tr> </table> <p>"GEHN MIS" OCCURS [TO] ME.</p>	Bureus' Rune	Y	†	*	†	ψ		ʔ	Associated Sound	K/G	A/E	H	N	M	I	S/Z	Modern Rune	ƿ	†	*	†	ƿ		ʔ
Bureus' Rune	Y	†	*	†	ψ		ʔ																		
Associated Sound	K/G	A/E	H	N	M	I	S/Z																		
Modern Rune	ƿ	†	*	†	ƿ		ʔ																		

Gnostic Runology – Historical Influences 1

Esotericism in Europe during the 17th to 19th Centuries

In trying to understand the popularity and development of Runic Occultism, it is important to see how other esoteric currents influenced European culture prior to this. The most influential seem to be the Rosicrucian and Freemasonic movements. These two movements have had an effect on both German and French language esotericists (both of whom are of interest to us).

Soon after the publication of the Rosicrucian manifestos (mentioned in Reemergence of Runic Studies), these documents were translated into other languages, which gave rise to what is now known as the 'Rose-Cross Movement' or Rosicrucianism.

These manifestos centered around a German doctor and mystic known as "Father Brother C.R.C." (identified in the third manifesto as "Christian Rosecross"). The manifestos purported to announce the existence of a previously unknown esoteric Order and used an interesting mixture of Alchemical, Esoteric Christian, Hermetic and what we could call Gnostic-Kabbalistic language or symbolism.

A high point in the momentum of this Rosicrucian Movement was when two mysterious posters appeared on the walls of Paris in 1623. The first said "We, the Deputies of the Higher College of the Rose-Croix, do make our stay, visibly and invisibly, in this city..." and the second ended with the words "The thoughts attached to the real desire of the seeker will lead us to him and him to us."

Rosicrucianism is now becoming a spiritual & cultural movement across Europe.

Freemasonry as the Child of Rosicrucianism?

Next comes the emergence of what we now call Freemasonry. The formal foundation of Freemasonry in England was on June 24th, 1717 (although, there are written records of Masonic lodges having meetings prior to this date). With it, Freemasonry begins to gain prominence in European esoteric circles.

There are French traditions which say that the first Masonic lodge in France was founded in 1688 just outside of Paris in Saint-Germain-en-Laye. However, the first French lodge of English origin (whose existence is historically certain) was founded in Paris around 1725.

In Germany, the first Masonic lodge was founded in 1737 in the city of Hamburg and, a few years later in 1740, a Grand Lodge was founded in Berlin.

'Higher' Degrees of Freemasonry and the Rite of 'Strict Observance'

Traditional Freemasonry is based upon three degrees (often referred to as the 'Blue Lodge'):

- 1) *Apprentice*
- 2) *Companion* or *Fellow*
- 3) *Master*

However, additional degrees were developed and were especially popular in France called *Hauts Grades* or "High Degrees" (they appear to have first emerged about 1737). Most of these 'higher' degrees build off of the symbolism of the first three (the 'Blue Lodge') in order to incorporate Kabbalistic, Hermetic, Chivalric or Alchemical teachings into their rituals and studies, although Templar, Rosicrucian and other esoteric systems made their appearance as well.

As these new degrees became more and more popular in French esoteric circles, interest was also growing in neighboring countries. The French influence on German Masonry is connected to an interesting story:

In 1741, a German named Baron Gotthelf von Hund was at the coronation of Charles VII in Frankfurt, where he was admitted into the Masonic brotherhood. Then, in December of 1742, Hund went to Paris and became Master of a Masonic lodge there, in early 1743. Later that same year, he claimed he was also initiated (by "Jacobite-Scottish knights") into the Order of the Knights Templar. Hund further claimed to have been appointed by the "unknown superiors" of the Templars as "Provincial Grand Master" of the Order of Province VII (Germany) and was supposedly charged with the revival of the Templar Order in Germany.

In 1745, there was a Jacobite attempt to overthrow the British monarchy while most of their Army was fighting in mainland Europe, which was supposed to occur along with a coordinated French Jacobite attack on Britain. This revolt failed and soon afterwards Hund lost touch with his French Jacobite masters. Notwithstanding, in 1749, he had established a Masonic lodge in Unwürde, Germany on his estate and began working a 'High Degree' system. The following year, he settled in Lower Kittlitz and built a castle with an octagonal floor plan (which is interpreted as having Masonic symbolism).

The new French 'Scottish Rite' that Hund introduced to Germany, he named "Rectified Masonry" and later the Rite of *Strikten Observanz* or "Strict Observance", while referring to the English system of Freemasonry as the Rite of "Late Observance". However, it did not become popular until a little later...

In 1764, seeking to re-establish his link with his French Jacobite masters, Hund unintentionally unmasked a fraud named George Frederick Johnson (who claimed to be an exiled Jacobite with knowledge of the higher degrees of Freemasonry). Johnson had been accepted by the lodge at Jena as their Masonic mentor, and now claimed superiority over all other lodges in Germany and Bohemia. Those who accepted his rule had their own charters and papers burned, and their leaders re-initiated (at some expense) into Johnson's system of higher degrees.

Hoping that Johnson was a link to his own missing superiors, Hund agreed to meet, and Johnson brought his entire entourage (with representatives of his subordinate lodges). However, Johnson's bizarre behavior, and his failure to produce promised material, convinced both Hund and Johnson's own people that he was a fraud. He was later found to be a conman named Johann Samuel Lechte.

When their discredited mentor left, all those lodges turned themselves over to Hund as the unexpected hero of the hour, and the Rite of Strict Observance was born, rapidly becoming the predominant form of Masonry in Germany. It had 7 degrees:

- | | | | |
|----------------------|---------------------------|--------------------------|-----------------------|
| 1) <i>Apprentice</i> | 3) <i>Master</i> | 5) <i>Secular Novice</i> | 7) <i>Lay Brother</i> |
| 2) <i>Fellow</i> | 4) <i>Scottish Master</i> | 6) <i>Knight</i> | |

By 1768, the Rite of Strict Observance had 40+ lodges. It appealed to German national pride, attracted the non-nobility, and was allegedly directed by the "unknown superiors" (a term later incorporated into Martinism in 1884).

The Rite of Strict Observance was particularly devoted to the reform of Masonry, and specifically to the elimination of the occult sciences (which at the time seem to have been widely practiced in many lodges), and the establishment of cohesion and homogeneity in Masonry through the enforcement of strict discipline, the regulation of functions, etc.

Despite its initial popularity, soon after Hund's death in 1776, the Rite became defunct.

‘Higher’ Degree Alchemical and Rosicrucian Orders in Europe

About the same time that Hund was first establishing lodges in Germany (the 1750s), there was another Masonic-Rosicrucian order named “*Gold- und Rosenkreuz*” [The “*Golden and Rosy Cross*”] founded in Berlin. This organization was said to have included King Frederick William II of Prussia and Johann Christoph von Wöllner as members.

In contrast to the Rite of Strict Observance, this Order emphasized the need to study and practice occultism (specifically Laboratory Alchemy and Ceremonial Magic). The supposed purpose of the Order was to regenerate man back to his original state, to restore the image of God, and (with the aid of Jesus Christ) to fight against the devil and darkness while building the Kingdom of Light.

According to a researcher on the subject, Tommy Westlund:

“This was accomplished by teaching the members the arts of alchemy, magic and prophecy, through an elaborate degree system.

...The initiation rituals were influenced by the Masonic blue lodge degree rituals, and very often sought to explain alchemical meanings and symbolism hidden therein. In addition, they each had what we could call a purifying aspect.

Each degree had a special lodge room with several sections (colored according to alchemical stages), and during an initiation, a brother might have to visit several rooms in order to receive certain objects or instructions, which were then brought to the room of the degree he was being received into (all done in ceremonial manner with questions, passwords and signs).”

Candidates were expected to already be Master Masons (in the ‘Blue Lodge’) and Alchemy was a big part of their studies. It is said to have had a 9-degree hierarchy based on the Kabbalistic Tree of Life:

- | | | |
|---------------------|-------------------------|----------------------------|
| 1) <i>Juniorus</i> | 4) <i>Philosophus</i> | 7) <i>Adeptus Exemptus</i> |
| 2) <i>Theoricus</i> | 5) <i>Adeptus Minor</i> | 8) <i>Magister</i> |
| 3) <i>Practicus</i> | 6) <i>Adeptus Major</i> | 9) <i>Magus</i> |

As a side note: much of the hierarchical structure for this order was said to have been used over a century later in some English esoteric orders: *Societas Rosicruciana in Anglia* (established in 1865); as well as the *Hermetic Order of the Golden Dawn* (established in 1888).

Returning to the quote from Westlund:

“...the Order sought to promote laboratory alchemy as a preparation for the true divine magic, and with these two, members could become prophets.

And for several years, this was a great success throughout Europe. However, nothing lasts forever, and instead of the mandatory 10 year reformation (which should have happened in 1787), the Order slowly faded out, due to inner conflicts, alchemical experiments with fatal outcomes; Unknown Superiors that never came with even more secret teachings, and outer conflicts with the Asiatic Brethren, the Illuminati and the enlightenment scene as a whole.

In the end of the 18th century, the term Rosicrucian became a substitute for charlatan, imposer or just general ignorance...”

The mid to late 1700s saw a huge variety of High Degrees in France, many created there, but others were imported from Great Britain, Germany and elsewhere.

In the late 1700s and early 1800s, there were attempts to organize and standardize the various Rites, leading to multiple 'High Degree' systems, such as:

- the French Rite
- the Rite of Wisdom
- the Academy of True Masons
- the Rectified Scottish Rite
- the Memphis Rite
- the Adonhiram Rite
- the Rite of Perfection
- Counsel of the Emperors of the East & West
- the Philosophical Scottish Rite
- the Mizraim Rite
- the Rite of the Metropolitan Chapter of France
- the Sovereign Counsel of the Knights of the East
- the Consistory of the Sublime Princes of the Royal Secret
- the Ancient and Accepted Scottish Rite, etc.

Many of these Orders did not survive another 50 years (into the mid-1800s), but luckily their rituals were preserved in manuscripts or other published forms and can be studied today...

Gnostic Runology – Historical Influences 2

Religious Currents in Europe leading up to and during the 1800s

With the popularity of Freemasonry beginning to decline towards the mid to late 1800s, space started to open for other groups to make an attempt to hold the torch of spiritual reform in Europe.

Now, some new esoteric, spiritual or religious currents become popular that will play a role in the emergence of the Runology of the 20th century. They were:

- 1) **the Spiritualist movement** – a combination of the ideas of Swedenborg (highlighting personal revelation) and Mesmer (emphasizing energetic healing),
- 2) **the Od or Odic Force** – Reichenbach's idea of Vital Force(s) that emanate from all living things (somewhat similar to Mesmer's "Living-Magnetism")
- 3) **the Theosophical Movement** – Initially based on Blavatsky's books which brought the ideas of the Asian to Europe (and to the West in general) and, with it, the popularity of Esotericism and Occultism became more widespread.

Did Theosophy lay the groundwork for the *Völkisch* Movement? If we want to understand the environment wherein the *Völkisch* Movement was able to flourish, we'll have to back up a little in history to see the bigger picture.

The Great Awakenings

After the Protestant Reformation (which began in German in October of 1517 and ended sometime in the mid-1600s), there continued to be attempts to reform traditional Christianity in Europe. The belief in personal empowerment and independence in religious matters has its roots in the Protestant Reformation, but now we start to see a variety of unique religious flavors emerging...

Beginning in the early to mid-1700s, there were a number of surges in religious popularity that historians have named the "Great Awakenings". We have already noted the Rosicrucian manifestos and their influence above, so now let's look at other religious currents during the same time period.

According to the scholar Christine Leigh Heyrman, "during the middle decades of the 18th century, a new 'Age of Faith' arose to counter the currents of the Age of Enlightenment, to reaffirm the view that being truly religious meant trusting the heart rather than the head, prizing feeling more than thinking, and relying on biblical revelation rather than human reason."

The philosophers of the 18th-century Enlightenment had a dramatic effect on subsequent developments in philosophy and religion. In particular, the works of the German Philosopher Immanuel Kant (1724-1804) gave rise to a new generation of German philosophers and they began to see wider recognition internationally. However, in a reaction to the Enlightenment, Romanticism began to develop towards the end of the 18th century. Key ideas that sparked changes in philosophy were the fast progress of science, including the idea of 'evolution'.

The first Great Awakening was an evangelical upsurge in England, Scotland, Germany and the American colonies between the 1730s and the 1770s. It has been described as a focus on religious experience, rather than on traditional doctrinal divisions (between the Protestant and Catholic churches). With it, there was an emphasis on religious faith as opposed to religious intellectualism and scholasticism. Here we also see the emergence of the theological view that religious conversion had to be a "new birth" experienced in the heart and not simply an intellectual grasp of 'proper' Christian doctrine.

The second Great Awakening began around 1790, gaining momentum by 1800 and on into the 1820s, before losing much of its momentum in the 1840s. During this time, there was more emotional preaching and the need for not only personal reform, but also social change (getting rid of “sin” in all its forms).

Scholar Henry S. Commager, in his paper *The Significance of Freedom of Religion in American History* (published in 1982, in the book *Freedom of Religion in America*) says that “Romanticism found expression in the Great Awakening of the mid-eighteenth-century, which was characterized by en-thusiasm, emotion, and an appeal to the super-natural“, this he also contrasts with the skeptical rationalism of the Enlightenment.

There are scholars who claim that there were more Great Awakenings (such as: a Third from 1855–1930 and a Fourth from 1960–1980), but for our purposes we only to look at these first two. We can see that both of them emphasize a more personal and emotional perspective of religion, instead of just adherence to a doctrine. Thus, the seeds for a personal interpretation of religious teachings begin to grow from here and, as the influence of these Great Awakenings begins to wane, we see the emergence of a new spiritual movement called ‘Spiritism’ or ‘Spiritualism’.

Spiritualism

Spiritualism first appeared in the 1840s in upstate New York (earlier religious movements such as Millerism and Mormonism had also emerged from this area, during the second Great Awakening). Many believed that this area was a special place where direct communication with God or angels was possible.

Spiritualism was concerned with the afterlife and communicating with ‘the spirits of dead people’ (whom they called ‘discarnate humans’ or simply ‘spirits’). Central to their system is the idea that ‘spirits’ are capable of growth and perfection, progressing through higher spheres or planes, and that the afterlife is not a static state, but one in which ‘spirits’ evolve. Here we see the emergence of the idea that a disincarnated person can continue to develop after death, similar to a ‘spiritual evolution’.

One of the reasons Spiritualists were interested in contacting spirits was the idea that spirits can provide knowledge about moral and ethical issues, as well as about God and the afterlife. Many believers therefore speak of “spirit guides” (specific spirits, often contacted, and relied upon for guidance).

Spiritualists believe that those they called ‘spirit mediums’ are gifted with the ability to communicate with ‘spirits’, however anyone may become a ‘medium’ through study and practice. According to Spiritualists, anyone may receive ‘spirit’ messages, but formal communication sessions (séances) are held by mediums, whereby they claim to directly receive information.

1) Swedenborg, Mesmer and the Foundations of Spiritualism

For Spiritualists, the writings of Emanuel Swedenborg (1688–1772) and the teachings of Franz Mesmer (1734–1815) provided an outline for accessing direct personal knowledge regarding the afterlife, the ‘spirit’ world and the supernatural.

Swedenborg’s Spiritual Awakening

Swedenborg was a Swedish Lutheran theologian, scientist, philosopher and mystic, who was best known for his book on the afterlife, *Heaven and its Wonders and Hell From Things Heard and Seen* [De Caelo et Eius Mirabilibus et de inferno, ex Auditibus et Visis] (1758). This book is often known as simply “Heaven and Hell” in English translations.

Prior to his spiritual career, Swedenborg was an inventor and a scientist. But then, at 53, he entered into a spiritual phase where he experienced dreams and visions, which began on 6 April 1744 (Easter Weekend). It culminated in a 'spiritual awakening' in which he received a revelation that he was appointed by the Lord Jesus Christ to reform Christianity.

In Swedenborg's understanding: after death, we wake up in the 'intermediate region' of the spiritual world, neither in Heaven nor Hell, but in a neutral "no man's land" that he called the "World of Spirits". Here we gradually lose the ability to pretend and the spiritual "real us" comes out. Following this judgment, the new 'spirit' goes on to the Heaven or Hell by its own free will. God does not force them. Spirits gather with those that are similar to themselves, whether in Heaven or Hell.

According to Swedenborg, people are kept in spiritual freedom by means of the equilibrium between Heaven and Hell. He says that anyone can enter Heaven, but as soon as an evil person inhales the Heavenly air, they have excruciating torment so they quickly shun it and escape to keep with their true state. He emphasized that the basic spiritual orientation of a person toward good or evil cannot be changed after death. Thus, an evil spirit could leave hell, but never wants to.

Two features of Swedenborg's view particularly resonated with the early Spiritualists:

- 1) that there is not a single Hell and a single Heaven, but rather a series of higher and lower Heavens and Hells;
- 2) that 'spirits' are intermediates between God and humans, such that the divine sometimes uses them as a means of communication.

Although Swedenborg actually warned against seeking out 'spirit' contact, his works seem to have inspired others to, in fact, do so.

Mesmer's "Living-Magnetism"

The second person who influenced Spiritualism was Franz Friedrich Anton Mesmer (1734-1815), a German medical doctor with an interest in astronomy.

In 1766 he published a doctoral dissertation where he discussed the influence of the Moon and the planets on the human body and on disease. Almost 75 years earlier, in 1687, Sir Isaac Newton explained that ocean tides result from the gravitational attraction of the Sun and Moon on the oceans of the earth. Tidal generating forces vary inversely as the cube of the distance from the tide generating object.

Mesmer's dissertation was called *De planetarum influxu in corpus humanum* ["On the Influence of the Planets on the Human Body"], and it built off of Isaac Newton's theory of the tides, suggesting that certain tides in the human body might correspond to the movements of the Sun and Moon.

At the beginning of 1768, Mesmer got married and started his practice as a doctor in Vienna, Austria. Over the next few years he would experiment with attempting to heal patients by provoking an "artificial tide" in them.

In 1776, Mesmer published a book in German, entitled *Schreiben über die Magnetkur* ["Writings about the Magnetic-Cure"] in which he mentions his dissertation and gives examples of his findings from 'magnetic' experiments with people and animals. The following year, after partial success in curing the blindness of an 18-year-old musician, Mesmer decided to leave Vienna. He moved to Paris, France and rented an apartment and established a medical practice. Here, it is said that he was often visited by Mozart.

In Paris, he published a French language book *Mémoire sur la Découverte du Magnétisme Animal* ["Memoir on the Discovery of Animal Magnetism"] in 1779, with the help of one of his French students. At the end of this book he gave 27 "Propositions" or Axioms regarding 'magnetism'.

Mesmer 'magnetic' theories center around a natural energy transference that he says occurs between all animated and inanimate objects. For him, this invisible natural force was possessed by all living things, including humans, animals, and vegetables. He also believed that this force could have physical effects, including healing.

Mesmer's ideas attracted a wide following between about 1780 and 1850, and continued to have some influence until the end of the 1800s. Although he did not contribute religious beliefs to the Spiritualists, some of his techniques (later known as hypnosis) were used to help induce trances. Through these trances subjects often reported contact with supernatural beings.

2) Reichenbach's Odic Force

Baron Dr. Karl Ludwig von Reichenbach (1788-1869) was a notable chemist, geologist, metallurgist, naturalist, industrialist and philosopher. Towards the end of his life, he dedicated himself to research on a field of energy (combining electricity, magnetism and heat) emanating from all living things, which he called the 'Odic force'.

In 1839, Reichenbach retired and began an investigation into the pathologies of the human nervous system. He studied neurasthenia, somnambulism, hysteria and phobia (at the time, there were reports that these conditions were affected by the Moon). After interviewing many patients he was able to rule out many causes and cures, but came to the conclusion these ailments tended to affect people who had particularly vivid sensory faculties, whom he called "sensitives". Influenced by the Mesmer's theories, Reichenbach considered that these conditions may be affected by environmental electro-magnetism.

He began investigating how the human nervous system could be affected by various substances, and discovered the existence of a new force that seemed to be connected to electricity, magnetism, and heat. He thought this force was radiated by most substances and that "sensitives" were more influenced than others.

His investigations led him to propose that this new force was similar to magnetism and was a kind of "life principle" that permeated and connected all living things together. He named it the 'Odic force' and said that:

- 1) the Odic force has a positive and negative flux, and a light and dark side;
- 2) individuals can forcefully "emanate" it, particularly from the hands, mouth, and forehead;
- 3) and that it has many possible applications.

The Odic force was said to explain the phenomenon of hypnosis. In Britain, after the translation of Reichenbach's *Researches on Magnetism, Electricity, Heat and Light in their Relations to Vital Forces* in 1850 by Dr. Gregory (professor of chemistry at the University of Edinburgh), research was undertaken to try to show many of the Odic phenomena to be of the same nature as those described previously by Franz Mesmer and Emanuel Swedenborg.

Reichenbach hoped to develop scientific proof for this universal life force, but he did not put forth any reliable way to do controlled experiments with so-called "sensitives". The "sensitives" had to work in total or near-total darkness in order to be able to observe the phenomena. His experiments relied on the perceptions reported of those who claimed to be "sensitive" (since he was unable to observe any of the reported phenomena himself), but scientists were unable to duplicate these experiments.

Proponents of the Odic force say that, in total darkness, it is visible as colored auras surrounding living things, crystals, and magnets, but that viewing it requires time first spent in total darkness, and only very sensitive people have the ability to see it. They also say that it resembles the Eastern Qi and Prana, but unlike these: the Odic force was not associated with breath, but instead mostly with biological electromagnetic fields.

We'll look at the 3rd aspect, the Theosophical Movement, in the next class.

Gnostic Runology – Historical Context 1

Blavatsky's Theosophical Movement

Helena Petrovna Blavatsky (1831–1891) was born in Russia and studied Esotericism throughout Europe and the Middle East before eventually traveling to India and Tibet. Sometime between 1867-1868, she traveled to Constantinople, where she met Master Morya and together they traveled overland to Tibet. There they stayed with another spiritual Master named Koot Hoomi, near to Tashilhunpo Monastery, in Shigatse (modern Xigazê).

There, Blavatsky claimed she was taught an ancient language (known as *Senzar*) and translated a number of ancient texts written in it that were preserved by the monks of a monastery. She also claimed that while in Tibet, she was taught how to develop and control her psychic abilities.

When she left Tibet in late 1870, she said it was with the mission of proving to the world that the phenomena identified by Spiritualists was objectively real, thereby defending it against accusations of fraud made by scientific community. However, she also stated that the entities being contacted by Spiritualist mediums were not the 'spirits' of the dead (as the Spiritualist movement typically alleged), but instead either mischievous elementals or the "shells" left behind by the deceased.

After traveling to Cairo in 1871, she established a *société spirite* with the help of Emma Cutting. This group was largely based on Spiritism (a form of Spiritualism founded by Allan Kardec which professed a belief in reincarnation, in contrast to the mainstream Spiritualist movement). However, Blavatsky believed that Cutting and many of the mediums employed by the society were fraudulent, and so she closed it down after two weeks.

Later (after returning to Europe), in 1874, Blavatsky traveled to the United States, where she met Henry Steel Olcott, who soon became her friend and spiritual collaborator. The following year, Blavatsky, Olcott, and others (including an Irish Spiritualist named William Q. Judge) decided to establish an esoteric organization.

On November 17th, 1875, in New York City, the "Theosophical Society" was officially formed, which they described as "an unsectarian body of seekers after Truth, who endeavor to promote Brotherhood and strive to serve humanity".

That same year (1875), Blavatsky began work on a book outlining her Theosophical worldview. Although she had hoped to call it "The Veil of Isis", instead it was published as "Isis Unveiled". While writing it, Blavatsky claimed to be aware of a second consciousness within her body, referring to it as "the lodger who is in me", and stated that it was this second consciousness that inspired much of the writing. It was first published in two volumes in 1877.

"Isis Unveiled" became very popular and all 1000 copies of the first edition sold out in one week. It has been described by Nicholas Goodrick-Clarke in his book *Helena Blavatsky* (2004) as teaching a universal doctrine present in all religions and cultures:

"The underlying theme among these diverse topics [in "Isis Unveiled"] is the existence of an ancient wisdom-religion, an ageless occult guide to the cosmos, nature and human life. The many faiths of man are said to derive from a universal religion known to both Plato and the ancient Hindu sages.

This wisdom-religion is also identified with Hermetic philosophy as “the only possible key to the Absolute in science and theology” (vol 1, vii). Every religion is based on the same truth or “secret doctrine”, which contains “the alpha and omega of universal science” (vol 1, 511). This ancient wisdom-religion will become the religion of the future (vol 1, 613).”

By 1878, Theosophical ‘Lodges’ (formally organized groups who met regularly to study and present information to the public) were being established throughout the United States and Europe. In 1879, Blavatsky moved back to India and continued to teach her doctrine there, before returning to Europe in 1883.

In 1885, the Theosophical Society’s printed materials began using what is now called the ‘Theosophical Seal’ (shown on the right). This same year, Blavatsky resigned as secretary of the Theosophical Society (due to deteriorating health) and started focusing on her next book, “The Secret Doctrine”. The book was eventually published in 1888, in two volumes: the first volume is named ‘Cosmogogenesis’ and the second ‘Anthropogenesis’.

“The Secret Doctrine” is of particular interest for our studies because this is where Blavatsky presents the concepts of the Seven Rounds and the Seven Root-Races and says that the ‘Aryan’ race is the 5th, describing it with the following words:

“The Aryan races, for instance, now varying from dark brown, almost black, red-brown-yellow, down to the whitest creamy colour, are yet all of one and the same stock – the Fifth Root-Race – and spring from one single progenitor, ... who is said to have lived over 18,000,000 years ago, and also 850,000 years ago – at the time of the sinking of the last remnants of the great continent of Atlantis.”

— The Secret Doctrine (vol 2, p.249)

Not only was the term ‘Aryan’ used by the Theosophical movement, but so was the swastika (visible in the upper circle of the Theosophical Seal).

Germanic Esotericism and Spiritual Influences in the late 1800s

We have seen that Rosicrucianism and Freemasonry both had considerable influence in Germany from the early 1600s on. The ideas of a secret or special group of people (the fraternity or brotherhood) that has special spiritual knowledge and who’s goal is to help advance culture and humanity, has had over 200 years to normalize itself into European and Germanic culture.

So we have three strong influences becoming prominent in European religious or spiritual culture:

- 1) Great Awakenings emphasizing **a need to rely on the Heart** and not the Intellect;
- 2) the popularity of Spiritualism bringing attention to **the ideas of personal revelation, the concept life after death, and the possibility of supernatural forces** that can be experimented with by anyone who has proper training;
- 3) and, finally, a **‘magnetic’, ‘vital’ or “Odic” Force emanating from all living things** which can be used to both heal and hurt.

All of them are implying that there is an unrecognized or invisible world which is readily accessible and, thus, we see an environment that is ripe for a more inclusive “special group” (formerly the fraternal organizations), **adding a forth current** or influence to the mix...

The ideology of this special group of people or ‘folk’ has been nourished through multiple generations in something we now call the **Völkisch** Movement. We may consider this to be an additional and significant influence leading to the popularity of Runic studies in the 20th century.

The *Völkisch* Movement

In the early 1800s (around the same time as the second Great Awakening mentioned before), the *Völkisch* Movement (literally 'folk-ish') emerged as an offshoot of Romantic nationalism.

Romantic nationalism is the idea that the country or state derives its political legitimacy "as an organic consequence of the unity of those it governs", meaning from the people themselves. This grouping of people can be based on language, race, culture, religion, and customs of the nation, etc.

Romantic nationalism is on the opposite spectrum to the Royalist philosophy (which the Jacobites ascribed to, and related to the Rite of 'Strict Observance' mentioned before), it is the idea of a king or queen's "divine right" to rule.

Scholars say that the *Völkisch* Movement started becoming popular through ideas like those expressed by author Johann Gottlieb Fichte in his 1808 book *Reden an die deutsche Nation [Address to the German Nation]*. In this book, Fichte addressed the question of what could warrant a noble individual's striving "and their belief in the eternity and the immortality of their work?". This he connects with the question "What is a People (or *Völk*), in the higher sense of the term, and what is love of the fatherland?".

Fichte's answer is that it could only be that "particular spiritual nature of the human environment out of which the person themselves, with all of their thought and action ... has arisen, namely the people (or *völk*) from which one is descended and among whom one has been formed and grown into that which that person is". Here we have an idea that propels the emergence of what we now call the *Völkisch* Movement.

Throughout the 1800s, the *Völkisch* Movement starts gradually becoming more and more popular in German speaking countries. According to historian James Webb, the word *völk* does not just simply translate as a people or 'folk', but also has "overtones of 'nation', 'race' and 'tribe'".

There is no direct English equivalent to the term *völkisch*, but Webb says it might also be translated as "ethno-nationalistic", "racial-nationalistic" or "ethno-racialist". The defining idea, that the *Völkisch* Movement revolved around, was that of a *Völkstum* (literally "folkdom", with a meaning similar to a combination of the terms "folklore" and "ethnicity").

Historians emphasize the idea that the *Völkisch* Movement combined sentimental patriotic interest in Germanic folklore and local history with a "back-to-the-land" anti-urban philosophy. Some have claimed that its ideology was partly a "revolt against modernity" and "the longing for a self-sufficient life lived with a mystical relation to the land".

Scholars also claim that part of the popularity of the *Völkisch* Movement was "a reaction to the cultural alienation of the Industrial revolution". **Like today, many people were longing for a purpose in life and the *Völkisch* Movement as well as Germanic/Nordic Mysticism seemed to fill that need, thus becoming more and more popular...**

With the growing interest in their 'tribe' or 'folk', we naturally see an interest in the associated Mythology, folklore and, consequently, the Runes. Likewise, we see an increased curiosity regarding so-called Germanic Paganism or Pre-Christian Religious practices as another way to study similar themes and ideas.

Fascism and the *Völkisch* Movement

As it evolved, the *Völkisch* Movement sometimes combined the esoteric aspects of folkloric occultism with "racial adoration".

During the 1900s, in some circles, we see a type of “anti-Semitism linked to exclusionary ethnic nationalism” emphasized as well. Now we start seeing different organizations using the term **völk** or **völkisch** that emphasize ideas including anti-communist, anti-immigration, anti-capitalist and anti-Parliamentarian ideas.

Although the primary interest of the Germanic Mystical Movement was the revival of native pagan traditions and customs (often set in the context of a semi-Theosophical esotericism), nonetheless a preoccupation with ‘racial’ or ‘ethnic’ purity came to motivate its more politically oriented offshoots. In the 1910s, Germanic Mystical Movement groups met in order to celebrate the summer solstice (which was also an important festivity in **völkisch** circles) and more regularly to read the Eddas as well as some other authors considered Germanic mystics.

As time progressed, this same word **völkisch** came to emphasize “ethno-nationalistic” and racial themes more and more. Scholars see **völkisch** ideologies as influential in the development and popularity of Nazism. In *Mein Kampf [My Struggle]* (1925), Adolf Hitler wrote: “the basic ideas of the National-Socialist movement are populist [**völkisch**] and the populist [**völkisch**] ideas are National-Socialist.” Thus, Nazi racial understanding leveraged **völkisch** terminology. Now the “folk” were specifically Germanic, Nordic or “Aryan” peoples, and others were seen as a threat...

The Term “Aryan”, the “Indo-European” Language and the *Völkisch* Movement

Since the ‘Folk’ or **Völk** are a “special group”, not by personal choice (that is not by joining a Rosicrucian, Masonic or some other Fraternal organization), then how does this group define itself? Through studying their Mythology & Folklore, they are able to extract the special knowledge related to their group.

However, because of the role that the Roman Catholic Church has played in suppressing “Pagan” or “Traditional” religious forms, accessing this knowledge doesn’t come easy and so, there is an attempt to discover what was destroyed or hidden.

With the study of European Pre-Christian Mythology, History, Culture and Customs (thanks to the **Völkisch** Movement), and the availability of Hindu and Buddhist Doctrine & Mythology in European languages (thanks to the popularity of Esotericism and, specifically, Theosophy), we see an attempt to unite the newly re-discovered information into a single system in order to restore the “original doctrine” of the **Völk**.

In addition to encouraging lots of speculation about the way the **Völk** could have lived, this is also where the Eastern term “Aryan” takes on a new meaning in the West as ‘White-European’. Let’s take a brief look at how this occurred...

According to the *Encyclopaedia Britannica*’s entry for the topic ‘Aryan’:

“Aryan, name originally given to a people who were said to speak an archaic Indo-European language and who were thought to have settled in prehistoric times in ancient Iran and the northern Indian subcontinent. The theory of an ‘Aryan race’ appeared in the mid-19th century and remained prevalent until the mid-20th century...”

In Europe the notion of white racial superiority emerged in the 1850s, propagated most assiduously by the comte de Gobineau and later by his disciple Houston Stewart Chamberlain, who first used the term ‘Aryan’ to mean the ‘white race’.

Members of that so-called race spoke Indo-European languages, were credited with all the progress that benefited humanity, and were purported to be superior to 'Semites', 'yellows', and 'blacks'. Believers in Aryanism came to regard the Nordic and Germanic peoples as the purest members of the 'race'."

As an example, let's take a look at a text from the late 1800s that discusses topics that would be of importance to those in the *Völkisch* Movement.

In the Introduction to Swedish author Viktor Rydberg's *Teutonic Mythology* (originally published 1886, but translated into English in 1889), he tries to establish a link between European and Asian/Eastern languages as well as their religious forms. Here the term 'Teutonic' is used to refer to Northern European (German, Dutch, and Scandinavian, etc.):

"It is universally known that the Teutonic dialects are related to the Latin, the Greek, the Slavic, and Celtic languages, and that the kinship extends even beyond Europe to the tongues of Armenia, Irania, and India.

The holy books ascribed to Zoroaster, which to the priests of Cyrus and Darius were what the Bible is to us; *Rigveda's* hymns, which to the people dwelling on the banks of the Ganges are God's revealed word, are written in a language which points to a common origin with our own.

However unlike all these kindred tongues may have grown with the lapse of thousands of years, still they remain as a sharply-defined group of older and younger sisters as compared with all other language groups of the world. Even the Semitic languages are separated therefrom by a chasm so broad and deep that it is hardly possible to bridge it.

This language-group of ours has been named in various ways. It has been called the Indo-Germanic, the Indo-European, and the Aryan family of tongues. I have adopted the last designation. The Armenians, Iranians, and Hindoos I call the Asiatic Aryans; all the rest I call the European Aryans.

Certain it is that these sister-languages have had a common mother, the ancient Aryan speech, and that this has had a geographical centre from which it has radiated..."

Although Rydberg is only talking about language, it is clear that this differentiation between what he calls 'Asiatic Aryans' and 'European Aryans' is an example of how the term "Aryan" is being glamorized and co-opted for the *völkisch* agenda.

For the Northern Europeans of the mid to late 1800s (and on into the 20th century), Caucasian/White and "Aryan" start becoming essentially the same. This is how people understood things and, therefore, how they saw the world around them.

So, even with the popularity of Theosophy in the late 1800s, and with Blavatsky saying that the "Aryan Root-Race" is the 5th Root-Race and includes all the peoples across the Earth right now, this is inconsistent with how most 'educated' (or 'woke'?) Europeans understand things. They already have a preconceived notion of what "Aryan" is and so they can skip over this detail and focus on what is more important to them...

In the next class, we'll look at how the German Theosophical Movement provided an environment for *Völkisch* authors to share their ideas with the German-speaking public.

Gnostic Runology – Historical Context 2

German Theosophy and the *Völkisch* Movement

The intermingling of Theosophical Movement and the *Völkisch* Movement in the 1890s leads to a unique environment. With the *Völkisch* Movement, we have an interest in the Nordic Mythology, Religion, and the Runes. With the Theosophical Movement, we see an interest in Eastern Philosophy, Ancient Mythology, Comparative Religion, Yoga, Fakirism, Esotericism and Occultism.

Now these two start to blend in a way that allows the Runes (from the *Völkisch*) to connect with the Mystical (from Theosophy). Later, we'll see how Reichenbach's idea of the "Odic force" will also merge to sustain the Rune Exercises (the study of which is the object of this Course).

The first German Theosophical Society was established in July of 1884 by Wilhelm Hübbe-Schleiden. Between 1886 and 1895 he published the monthly periodical *Die Sphinx [The Sphinx]*. This had a small version of the Theosophical logo (which included a swastika) under the Sphinx's face, but was hard to see.

Soon thereafter, in Vienna, a theosophical society was founded in 1887 (who's members included Franz Hartmann and a young Rudolf Steiner). In 1893, Hartmann began a periodical of his own, which was the first German publication to clearly use the Theosophical swastika on its cover.

Hartmann's periodical *Lotusblüten [Lotus Blossoms]* and was published for seven years. During this time, Hartmann became president of another German Theosophical Society (which was a branch of the International Theosophical Brotherhood) when it was established in 1896, while American theosophists (including William Q. Judge) was traveling through Europe. A little later, Rudolf Steiner was made general secretary of this same branch in 1902.

Hartmann's magazine seems to have motivated another German, Paul Zillmann, to found the *Neve Metaphysische Rundschau [New Metaphysical Review]* in 1896. According to the Editors of 'The International Association for the Preservation of Spiritualist and Occult Periodicals' (IAPSOP):

"The journal was a who's who of German metaphysics and mysticism and of contemporary New Thought. It had very close relationships with the English-speaking world, especially with the Metaphysical Magazine..."

It published articles from Rama Prasad, H.P. Blavatsky (and other Theosophists), as well as up-and-coming German authors such as Peryt Shou and Guido von List (whose books Zillmann also published).

Zillmann was a leading German Theosophist and published translations of many English-language Theosophical texts in German (often translated by his wife). **In this magazine, a *Völkisch* article is published (in 1906) that becomes somewhat of a focal point for Runic studies in German speaking countries...**



Summary of Timeline:

- 1884 – First German Theosophical Society established by Wilhelm Hübbe-Schleiden
- 1885 – German Theosophical Magazine “The Sphinx” is published (also by Hübbe-Schleiden) incorporating a Theosophical logo with a swastika
- 1887 – Second German Theosophical Society is established (members include Franz Hartmann and Rudolf Steiner)
- 1893 – Another German Theosophical Magazine “Lotus Blossoms” is published (by Hartmann) also incorporating a Theosophical logo with a swastika, this time more prominent
- 1896 – A Third German Theosophical Magazine “New Metaphysical Review” is published (by Paul Zillmann) also incorporating a Theosophical logo with a swastika.
- 1906 – “New Metaphysical Review” publishes Guido von List’s article *The Mystery/Secret of the Runes [Das Geheimnis der Runen]* in multiple parts, beginning in January.**

A Theosophical Critique of Guido von List’s Article

In the June 1906 issue of *The Theosophist* (an English language Theosophical magazine that was published in India), some other Theosophical magazines are reviewed, including those published in French, Spanish and German languages. The [relevant German magazine review](#) follows:

Neue Metaphysische Rundschau, edited by Paul Zillmann, Berlin-Lichterfelde, Band XIII., Heft 1. This journal has, in consequence of its solid contents, conquered a unique position in Germany, being the only journal connected with Theosophy *¹ which has many subscribers other than Theosophists, and the only one which may be found in the reading-room of almost every university.

The first number of the new set is dedicated to *Eduard von Hartmann*, the greatest of the living European philosophers...

The second article, “The Secret of the Runes,” by Guido von List, is likewise highly interesting, although too bold, as seems to us, in many of its particulars. The runes are said to be hieroglyphs of the original, not Germanic, but Indo-European language, and an explanation of the current ones of them (besides which there exist many hundred used now as ornaments or auspicious signs only) is given from the “Hávamâl,” one of the most wonderful books of the rich Old-Icelandic literature, the main contents of which are, so to say, the Mahâbodhi of Odhin (Wuotan), *i.e.*, the knowledge attained to by the dying father of the gods, at the time of the beginning *pralaya* of this world, (“Götterdämmerung”) **that all life is a sacrifice brought to himself by himself**. The word “runes” (*rûnir rûnar*) is often used in exactly the sense of the Indian *mantra*. It may be noticed here that the parallels to old Indian literature are so numerous and close, not only in the “Hávamâl,” but in the whole Old-Icelandic literature (which is the only pure, *i.e.*, un-Christian, Old-Germanic literature preserved to us) that a complete, systematical comparison of the two literatures would certainly evoke the greatest surprise in Europe as well as India, and would, probably, give the proof to every unprejudiced mind that the Germanic nations (Scandinavians, Danes, Germans, etc.), if they had been spared the disturbing influence of the Christian Church, would have developed to the spiritual height of India in the “dark” middle age.

Despite the Theosophical author’s critique of G. v. List’s article as being “too bold”, G. v. List’s acclaim in the German-speaking world and especially in *Völkisch* circles was pretty significant. However, before Guido von List’s popularity, we have some very interesting observations on the Runes by a man named Friedrich Fischbach (1839-1908), a German textile designer by profession.

¹ * It is the organ of an “Independant Association for Metaphysics and Theosophy” called, “Wald-Loge.”

Gnostic Runology – Runes as “Religious-Concept Forms”

Friedrich Fischbach’s Little Booklet on the Runes

Friedrich Fischbach (1839-1908) was a German textile designer. In 1862 he moved to Vienna where he was a decorator & designer. While there, he prepared drawings for the collection of pattern designs in the Austrian Museum. In 1870, he became a teacher of ornamentation at the Royal Academy in Hanau, Germany. Then, from 1883 to 1888, he served as director of the newly organized Industrial Art School of St. Gall in Switzerland, before moving back to Germany in 1889.

Fischbach founded many societies for the advancement of industrial art and, through his work, he exercised a great influence on textile designing in Germany. In 1909, the Metropolitan Museum of Art, in New York City, acquired his surviving collection of antique embroideries and fabrics.

Towards the end of his life, Fischbach began publishing books on Nordic and Germanic Mythology, including a particularly interesting little text where he discusses the Runes, entitled *Origin of Gutenberg’s Letters* (1900). In this 44 page booklet, he uses his experience with textile ornamentation to explain his understanding of the Runes and their Religious origin.

Fischbach: From Textile Ornamentation to Religious Symbolism

No matter how deeply the Nature of the oldest Runes have been understood, what has remained unclear is what their Forms (in and of themselves) express or mean as individual Characters. **People are too used to seeing Letters only as spiritless Characters...** Thus, a preliminary explanation has to be done, before an unraveling of the Form of the Runes will be possible.

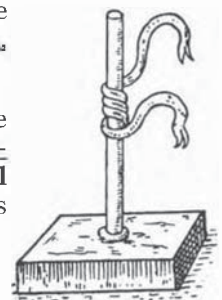
The famous German architect Gottfried Semper (1803-1879) predicted, in the 1850s, that comparative Ornamentation would one day become interrelated with comparative Linguistic Research. This would be possible as soon as there becomes a way to have an overview of the most important Ornaments from all time periods and all countries. Semper emphasized that before Scripts and Figures existed, discoveries about the views, and especially the Religion, of the Ancients were accessible through their sacred Symbolic-Ornaments [*heilige Symbol-Ornamente*].

When Fischbach discovered the relationship of old Peruvian Textile-Ornaments with Oriental Carpet-Patterns, he says he found the Source, Root or Cause in their common Religious symbols, in the communion of Ethical and Religious Perspectives based upon an imperishable concept.

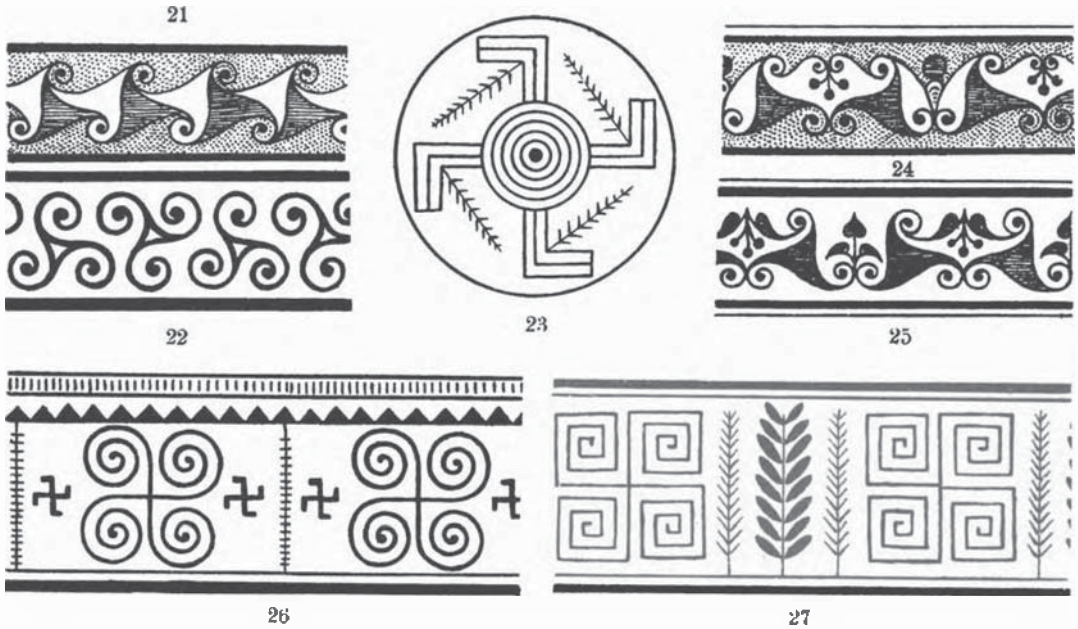
The assumption that primitive geometric Ornaments were only games of the imagination, or Ornamental-Forms [*Zierformen*] of straight, curved and crooked lines, has to be rejected. This is because, **originally, both Form and Concept were united in the most primitive Way.** For the Ancients, Religious-Concepts [*Cultus-Ideen*] were directly connected with their forms of expression, including decorations found on items such as clothing, pottery, rugs, buildings, etc.

The question that necessarily follows is: which Religion or form of Worship was the most common and widespread in Ancient times? “Fire-Worship [*Feuer-Cultus*] is, indisputably, the most prominent”, Fischbach says, “even if Animism is older”.

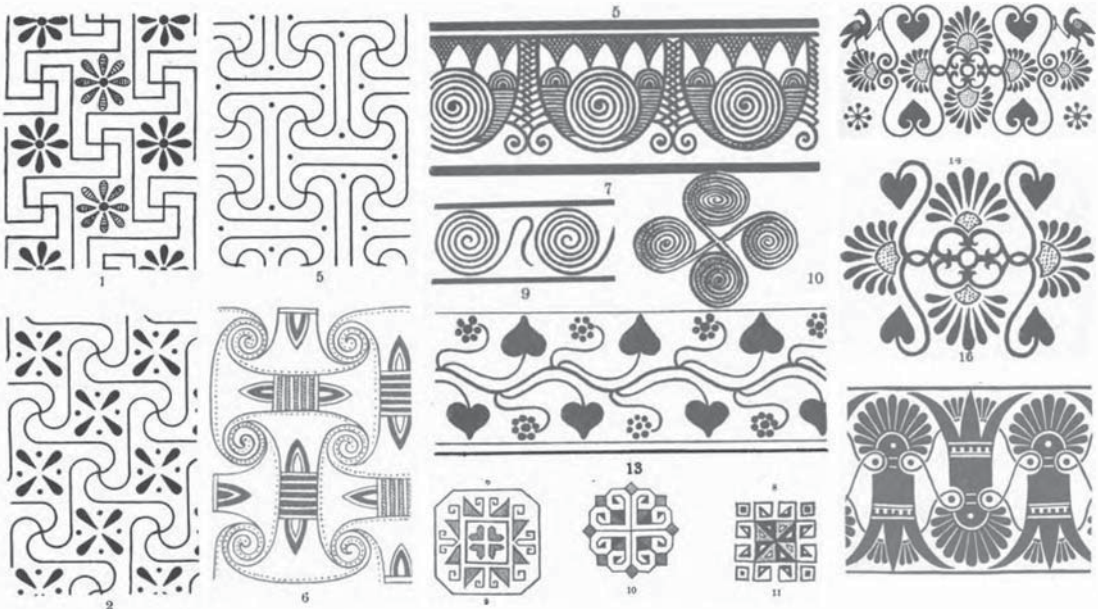
In the back of his booklet, Fischbach gives 16 plates as the proof that “these Ornaments are (for the most part) to be traced back to devices for Fire-Production”. These devices, in general, are often referred to as **the ‘Fire-Drill [*Feuerbohrer*]** and, by using these primitive devices, “the sacred Fire is generated through rubbing”, often via a spinning action.



This spinning action, used to create the sacred Fire, is symbolized in Ornamental-Forms through: spirals, interlaced or interwoven lines, as well as crosses, including ‘spinning’ or ‘rotating’ crosses [*Drehkreuzen*] (such as the well known Swastika).



Other related symbols that are shown in Ornamental-Forms are the Fire-Flower [*Feuerblume*] (which Fischbach equates with a “Palmette” or ornamental flower) and the Fire-Bird [*Feuervogel*].



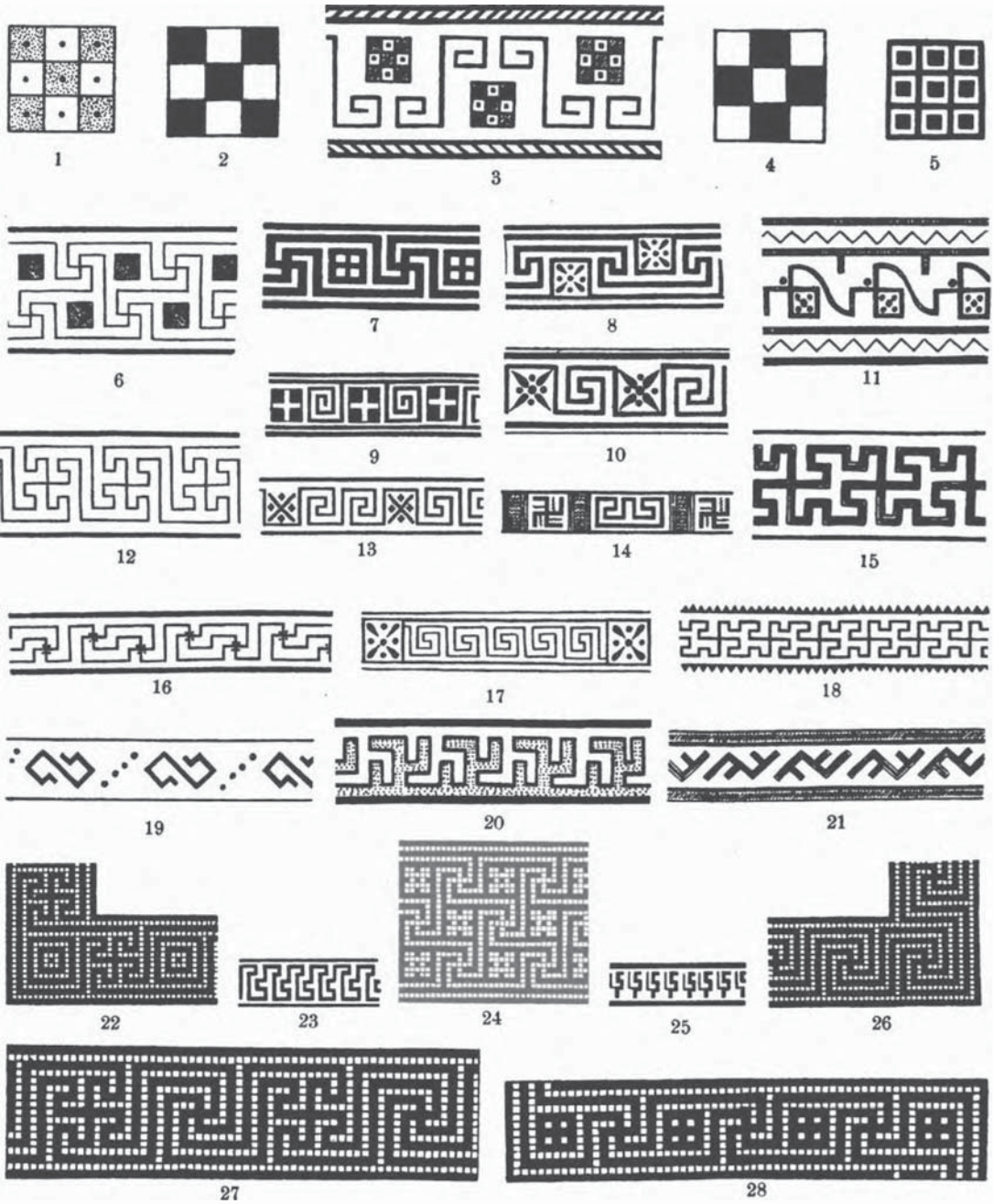


Plate 4 from Friedrich Fischbach's *Ursprung der Buchstaben Gutenbergs* (1900)



Plate 16 from Friedrich Fischbach's *Ursprung der Buchstaben Gutenbergs* (1900)



Thus, for example, from its simplest to its richest development, the Assyrian Tree of Life (left) shows the Fire-Drill with its the twisting cords, and the Fire-Flower. Another example he gives: in Zoroastrianism (considered one of the world's oldest religions), the highest God, Ahura-Mazda, hovers above the sacred Fire.



Fischbach believes that his explanations should indicate to us that all prior accounts of Ornamentation were often mistaken. This is because those explanations did not begin with the Religious-Concepts that created or originated the corresponding Form which is an expression of the Religion.

Just as someone who does not know Christianity may have difficulty grasping “the symbolism of the Cologne Cathedral, **we cannot solve the enigma of the World-of-Forms [Formenwelt] which the Runes show us, if we do not start from the Sacred**”, because in ancient times Religion and Worship “absolutely stood in the foreground”.

The proof is here for you to see, claims Fischbach: the oldest Runes grew from the same Root as the oldest Ornaments: Fire-Worship. Runes, he says, “are actually Protection-Signs against demons and are found in connection with Magic-Words and Incantation-Signs [*Zauberworten Beschwörungszeichen*]”, and that they became Letters only about three thousand years ago.

Runes correspond to fundamental Religious-Concepts, and what has been emphasized with them is not beauty, but the best possible simplicity and abbreviation for their everyday use. This is why, he says, the Runes have remained simple, suffering little alteration through time. Only a few strokes distinguish the seven oldest Runes, although it would have been easy to achieve a much richer alternation through geometrical signs of various kinds. But, again, people are too used to seeing Letters only as spiritless Characters...

The Original Purpose of the Runes

According to Fischbach, if we want to understand the Runes, then we have to distinguish three epochs of their development and use:

- 1) the oldest (or earliest) in which Runes were only Magic- and Divination- and Protection-Characters [*Zauber- und Wahrsage- und Schutz-Zeichen*];
- 2) the middle, in which Rune Script-Characters developed (thereby becoming ‘Letters’);
- 3) and the youngest (or latest), in which they were supplemented in concurrence with the Script-Characters coming from the East and South.

Originally there were very few Runes in use and, if these were not sufficient, then (he says) the earlier ones were changed just a little, or a new symbol rooted in Religion was sought for. Hence, the similarity of the seven most sacred Runes.

It was not profane “Games-of-Form [*Formspielerei*]” that created the seven oldest Runes, but veneration for the Most-Holy and Most-Blessed [*Heiligsten und Segensreichsten*]. These are the signs for Fire (1), Primordial-Light (2), the Thunderer (3), God (4), the Fire-Wheel (5), the holy Altar woods (6) and the Conjunction of those holy Altar woods (7).



The similarity of the Runes is justified by Fischbach as originating from the veneration of the oldest Religious Symbols, those of Fire-Worship.

He says that we have to distinguish a Sign from an Image. A Sign (as a Symbol) only indicates, but does not depict (whereas an Image is a depiction). Thus, the Symbolic-Sign arises from a higher Spiritual-Power, rather than from the depiction of an object.

Runes are suggestive signs, whereas images (such as hieroglyphics) could be considered more depictive signs. If we look deeper, even the Word, to which the Sign is dedicated, is a suggestion, a seed that awakens Concepts. For Fischbach, the Runes (as suggestive signs) arise from a higher Spiritual Force (rather than from the Depiction of an Object) and therefore correspond to fundamental Religious-Concepts. This means that, for him, the Runes are signs that are suggestive of the ethical and religious views related with Fire-Worship.

The Runes, Holy Trees, Sacred Songs and Magic-Sayings

According to Tacitus, in his book *Germania* (98 AD), Germanic tribes cut twigs or sprigs from fruit-bearing trees into sticks or staffs. They cut or carved signs into them, scattered them on a white cloth and then picked them up in one of two ways:

- a) either three sticks several times in a row,
- b) or several sticks over three consecutive days.

Others say that they did not use fruit trees to make these sticks or staffs, but holy Trees [*heiligen Bäume*], which have the hardwood “necessary for the sacrifice”. These holy Trees are given as: either Beech, Oak and Ash; or Hazel, Elder and Juniper.

According to Fischbach, one cuts these Rune sticks/staffs from “east-hanging branches, designating them through crosses, and there were distinctive black and white sticks”.

The Runes were not Magic-Formula [*Zaubermittel*] in and of themselves, Fischbach tells us, since they became magical only through Incantations or Magic-Sayings [*Zaubersprüche*].

As we shall see, this means that **sacred Songs/Chants [*heilige Gesänge*] and Magic-Sayings are closely connected with the Runes through alliteration** (use of similar phonetic sounds at the beginning of adjoining words).

Thus, the stick from a ‘holy Tree’ with a Rune or Runes carved upon it became the Rune-Staff [*Runenstab*], which may have also been a document or record for Verse and alliterative Rhyme, and this he calls a Staff-Rhyme [*Stabreim*].

Fischbach explains that it was very important that the Rune conformed to the Incantation or Magic-Saying, be it for Blessing or for Cursing; and that the Staff-Rhyme repeated the Initial-Sound to make the Saying more powerful.

In order to perform their Healing functions, these Sayings [*Sprüche*] were invoked through a Healing Song [*Lied Heil*]. For Divination, the “Oracle’s Proclamation was usually made by a Staff-Rhyme, because the Seer rhymed the alliterated Runes.”

Just like the Rune-Signs themselves, these Rhymes had their origin in the Religious-Concepts of Fire-Worship and may have also been used as a memory aid or mnemonic (a pattern of letters, ideas, or associations that assists in remembering something).

Since these Sayings allude to Universal-Secrets, the Trivial is excluded, and the Path to the highest Principles is laid out. Ancient-Germanic Poetry is thus closely related to the Runes. Odin often gives the Sayings and the corresponding Runes, and he sanctifies them through poetry.

Conclusion and Summary of Fischbach's Understanding of the Runes

For Fischbach, the Runes were originally abbreviated Religious symbols, which were only used as Characters for Magic, Divination and Protection.

Later, they came to be used to represent (or be associated with) sounds and syllables. These sounds and syllables were alliterative, so the beginning of the word or syllable rhymed (not the end of the word).

If we put together what Fischbach is saying, regarding how the Runes were used, then we can see the following:






















- 1) The Runes “became magical only through Incantations or Magic-Sayings [*Zaubersprüche*]”, but were not Magic-Formula [*Zaubermittel*] in and of themselves
- 2) Sacred Songs/Chants [*heilige Gesänge*] and Magic-Sayings are closely connected with the Runes “through alliteration”
- 3) The Rune-Staff [*Runenstab*] was used for associating Poetic “Verse and alliterative Rhyme” into a Staff-Rhyme [*Stabreim*]
- 4) The Staff-Rhyme repeated the Initial-Sound “to make the Saying more powerful”.
- 5) These Rhymes had their origin in the Religious-Concepts of Fire-Worship and may have also been used as a memory aid or mnemonic
- 6) These Sayings allude to “Universal-Secrets” and “the Path to the highest Principles”
- 7) Odin often gives the Sayings and the corresponding Runes, and he sanctifies them through Poetry

Incantations, Magic-Sayings, or Songs/Chants were used with the Runes to make them Magical. These used alliterative Rhyme, repeating the Initial-Sound of the corresponding Rune, in order to reinforce its attributes. These Rhymes were often abbreviated on carved sticks or Rune-Staffs, which may have served as a memory aids for Religious-Concepts that alluded to Universal-Secrets.

Gnostic Runology – Fischbach’s Runic Associations

Friedrich Fischbach’s Runic Associations¹

1st Row: “Heaven-Thunder-Keel” [„*Himmeldonnerkiel*“] = ‘Fire & Heaven’ + ThOR + ‘Keel & Connection’







	Old Norse	Anglo-Saxon	Oldest Form		Rune Name and Phonetic Value	Stands for:	Steht für:
1				F	F-Rune. Fé, Féoh	Fire. the Fire-Drill	Feuer. den Feuerbohrer
2				U	U-Rune = Ür.	the Universal, Absolute and Eternal and especially the Heavens	das Allgemeine, Absolute und Ewige und speziell den Himmel bedeutet
3				Th	Rune Th = Thôrr.	It shows the Thunder-God Thôrr ’s sharp Hammer, the Thunderbolt; The Lightning purifies the Air.	Sie zeigt dem Donnergott Thôrr scharfen Hammer, den Donnerkeil; Der Blitz reinigt die Luft.
4				A O	A and O Rune = Ans, Os, Aesc.	Origin of Life; Breath.	Ursprung des Lebens; Odem.
5				R	Rune R = Reid = Rad.	Fire-Wheel	Radfeuer
6				K	Rune K = Kaun, Kien, Kiel.	Firewood or Resinous wood [especially Pine]; the Keel-Wood or Ship’s Keel [the Ship’s Center-line or ‘Backbone’]	Kienholz; Kielholz oder Schiffskiel.
7				H	Rune H = Hagal	Hook = Connect. Connection-Rune;	Hakeln = Verbinden. Verbindungsrunne.

¹ These have been taken from his book *Ursprung der Buchstaben Gutenbergs [Origin of Gutenberg’s Letters]* (1900)

2nd Row:

	Old Norse	Anglo-Saxon	Oldest Form		Rune Name and Phonetic Value	Stands for:	Steht für:
8				N	Rune N = Naud = Noth.	A vertical Staff with a line through it. This probably means Destruction or Extinction of the Fire. Anyone fireless was, at that time, in Noth [or in Need].	Zeigt einen durch strichenen, senkrechten Stab. Dieser bedeutet wohl Vernichtung oder Erlöschen des Feuers. Wer feuerlos, war damals in Noth
9				I	Rune I = Ís	Lightning; the Sunbeam, which descends like a Sword, was symbolized, because Is = Iron	der Blitz; der Sonnenstrahl, der wie ein Schwert niederfährt, symbolisiert, da Is = Eisen bedeutet
10				J	Rune J = Jêr	Year. the elapsed Solar-Year; the crossed-out Sun	Jahr. das verflossene Sonnenjahr an; die durchstrichene Sonne
11				S	Rune S = Sol	the Sun-Rune; the fertilizing Sunbeam descending to Earth	die Sonnen-Rune; den zur Erde nieder fahrenden, befruchtenden Sonnenstrahl
12				T	Rune T = Tyr.	the Rune of the Battle-God Tyr develops from the Spear- to the Sword- Sign; also as the Day-Rune	sich die Rune des Schlachtengottes Tyr vom Speer- zum Schwert Zeichen; auch als Tag-Rune
13				B P	Rune B = Biörk = Birch.	the Birch-twigs was pliable like the willow for winding, it served for the Turning of the Fire-Drills [Feuerbohrers]	der Birkenzweiges an schmiegsam wie die Weide zum Umwinden war, so diente er zum Drehen des Feuerbohrers.
14				L	Rune L = Lögr	Lake.	See.
15				M	Rune M = Mâdr	a Man raising his Arms, or even crossing them	einen Mann, der die Arme aufhebt, oder auch sie kreuzt

Additional Runes & Symbols mentioned by Fischbach:

	Shape		Rune Name and Phonetic Value	Stands for:	Steht für:
[16]	 = yr	Y	Yr	the Bow made of Yew-Wood, called "the greenest and longest-lived of the Trees"	aus Eibenholz gemachten Bogen zeigt, „der Bäume grünste und langlebigste“ genannt wird
[17]	 = e	E	[Eoh]	The Oak [tree Eiche] has the Name Eoh. The Anglo-Saxon Rune-Song states: "Eoh is [an] outwardly uneven Tree, hard, firm in the ground, a Keeper of Fire, interwoven with roots, a delight in Odel." (Odin's Garden.)	Die Eiche hat den Namen Eoh. Im angelsächsischen Runen-Liede steht: „Eoh ist aussen unebener Baum, hart, im Boden fest, ein Hüter des Feuers, mit Wurzeln unterflochten, eine Wonne im Odel.“ (Odins Garten.)
[18]	 = g	G			
				the quadruple F, which our Turner interprets as fresh, happy, free, devout.	das vierfache F, das unsere Turner als frisch, fröhlich, frei, fromm deuten.
				The Triquetrum, as a triple F, denotes the Trinity.	Das Triquetrum bezeichnet als dreifaches F die Dreifaltigkeit.
[4]	 = o	O			
		W			

Gnostic Runology – Gnostic Explanation of Fire Worship

Ancient Fire Worship in Persia

Fire worship was grandiose in ancient Persia. Fire worship is very ancient. It is said that this form of worship preceded the dynasty of *Achaemenid* and the epoch of Zoroaster.

The Persian priests possessed a very rich esoteric liturgy related with fire worship. The ancient Persian sages were never careless with the fire. They had the mission to always keep it lit.

The Secret Doctrine of *Avesta* says that there are different fires:

- the fire from lightning that flashes in the terrible night,
- that which works inside the human organism producing calories and directing the processes of digestion,
- that which is concentrated in the innocent plants of nature,
- that which smolders within the interior of the mountains, and which is vomited out by the volcanoes of the Earth,
- the Fire that is before *Ahura Mazda* forming his divine halo,
- and the everyday fire that the profane use to cook their food.



The Persians used to say that when boiling water is spilled, or when a living being is burnt, in those cases God stops all the benefits he has granted to his privileged people.

Really, the fire has many modifications, but of all the fires, the most powerful is the one that blazes before Ahura Mazda (The Solar Logos), forming his divine halo.

This fire is the result of the transmutation of the sexual secretions. This is the Kundalini, the Igneous Serpent of our Magical Powers, the Fire of the Holy Spirit.

Whosoever wants to find the fire of *Ahura Mazda*, must search for it within the interior of their philosophical earth. This Earth is the human organism itself.

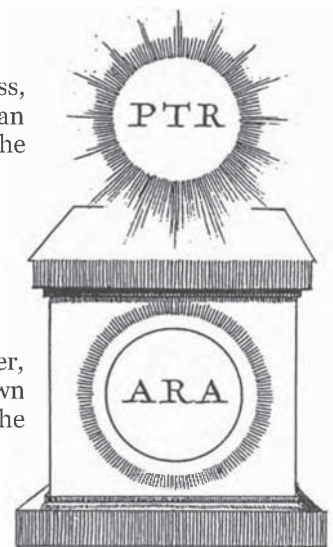
The Fire Altar and its Maintenance

The Persian priests cultivated this fire in places of complete darkness, subterranean temples and secret places. The altar was always an enormous metal chalice with its base upon the philosophical stone: the Sacred ALTAR Stone (*el ARA sagrada*).

The fire was always fed with fragrant and dry wood, especially the delicious branches of sandalwood. The old priests always blew upon the fire with bellows, so as not to profane it with the sinful breath from the human mouth.

Fill your chalice with the sacred wine of light. Remember, dear reader, that the secret and philosophical living fire blazes within your own philosophical earth. Now you will comprehend the occult mystery of the ritual of fire.

Two priests always tended the fire. Here we have the binary.



They each used tongs to place the pieces of wood, and a spoon to scatter the perfumes in it. There were then, two tongs and two spoons. In all this we can see the binary.

By this, one is given to understand that only the number two can tend the fire.

It is necessary that man and woman, in a perfect binary, light and tend the divine fire of Ahura Mazda.

In the *Bundehesch* (which is a kind of ritual gospel), it says that in a special chamber there was a well of sacred water where the priest performed ablutions before presenting himself before the altar of fire.

Only the one who drinks the pure water of life, can light the fire.

Only the one who washes their feet in the waters of renunciation can light the fire.

Only the one who conserves the water, can ritualize with the fire.

That water symbolizes the *Ens Seminis* .

In all of Persia there exists the remains of complex temples and antechambers where cult was rendered to the fire.

These remains can be found today in Persepolis, in Isfahan, in Yazd, in Palmyra, in Susa etc., etc.

Gnosis and Fire Worship

The fire is terribly divine. In the homes of those who follow the Path of the Perfect Matrimony, the fire must never be absent.

A flame (or candle), lit with profound devotion is always equal to a prayer and therefore it attracts a tremendous flow of divine energy from above.

Every prayer to the Logos should be accompanied by fire. Thus the prayer is powerful.

The time has come to return to fire worship.

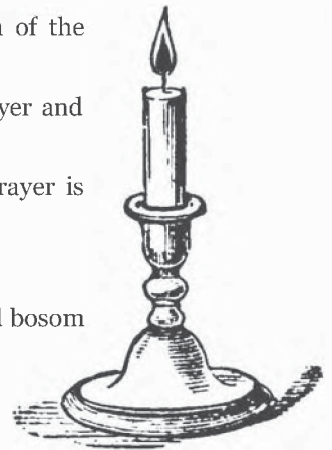
Gnostics should journey to the mountains and there, within the profound bosom of Mother Nature, build bonfires, light the fire and pray and meditate.

In this way, we can attract from on high powerful streams of divine energy that will help us in the Great Work of the Father.

The human being must light their forty nine fires by means of Sexual Magic.

When our thoughts are ardent then we can create like the ineffable Gods of the cosmos.

The holy Gods are true ministers of fire. The holy Gods are tongues of flaming fire...



Gnostic Runology – List and the Modern Runic Revival

Völkisch Ideas, Guido von List and his Influence

Guido Von List (1848-1919) is one of the most well known figures who promoted Germanic or Runic Occultism. From an early period in his life, he claims to have given up Roman Catholicism in favor of worshipping the Germanic **Wuotan**. He apparently spent a lot of time in the countryside of Austria as a youth, hiking and enjoying nature. From the 1870s to the 1890s, he began to write articles and novels placing a **völkisch** emphasis on the folk culture and customs of rural people, believing that many of them survived from the pre-Christian native Germanic religion.



During an 11-month period of temporary blindness (after a cataract operation) in 1902, List became increasingly interested in occultism, in particular coming under the influence of the Theosophical Society. During this time, he contemplated questions surrounding the origins of the German language and the use of the runes. After publishing a number of articles in various magazines, the popularity of his article *The Mystery/Secret of the Runes* (in 1906) in the German Theosophical magazine "New Metaphysical Review" led to it being published as a booklet the following year.

The popularity of his work among the **völkisch** community resulted in the establishment of a "List Society" [*Guido-von-List-Gesellschaft*] in 1908. Other occult-**völkisch** groups, such as the "Thule Society" [*Thule-Gesellschaft*] (founded in 1911), the "German Order" [*Germanenorden*] (founded in 1912) which had members from List's inner circle, and the "Edda Society" [*Edda-Gesellschaft*] (founded in November 1925 by Rudolf J. Gorsleben), were all inspired by List. Many of these organizations or their off-shoots became increasingly political and were partly involved in the creation of the Nazi party NSDAP.

The List Society produced a number of booklets authored by List as well as others over the next few years. They covered List's opinions on topics such as: the meaning and magical power of runes, the ancient Germanic priesthood, Austrian folklore and place-names, and the secret messages within Shields, Coats of Arms, Family Crests, etc:

- **The Mystery/Secret of the Runes.** [*Das Geheimnis der Runen*].
- **The Priest-Kings of the Aryo-Germans.** [*Die Armanenschaft der Ario-Germanen*].
- **The Rita of the Aryo-Germans.** [*Die Rita der Ario-Germanen*].
- **The Names of the Tribes of Germania and their Interpretation.** [*Die Namen der Völkerstämme Germaniens und deren Deutung*].
- **The Religion of the Aryo-Germans in their Esoteric and Exoteric.** [*Die Religion der Ario-germanen in ihrer Esoterik und Exoterik*].
- **The Pictographic-Script of the Aryo-Germans: Aryo-Germanic Hieroglyphics.** [*Die Bilderschrift der Ario-Germanen : Ario-Germanische Hieroglyphik*].
- **The Transition from Wuotanism to Christianity.** [*Der Übergang vom Wuotanismus zum Christentum*].
- **German-Mythological Landscape-Pictures.** [*Deutsch-mythologische Landschaftsbilder*].
- **The Primordial-Language of the Aryo-Germans and their Mystery-Language.** [*Die Ursprache der Ario-Germanen und ihre Mysteriensprache*].

Overview of Guido von List's Spiritual System

List claimed (like Johannes Bureus 200 year before) that there are **hidden meanings in the runes**, emphasizing that they had three different levels. The first level is the outer exoteric level. The second is the inner esoteric and the third is the most secret, which he called the "Armanen" level. The Armanen level was (according to List) only for the initiated runic priests.

He promoted a spiritual system which he called "Wuotanism" (which he saw as the exoteric or outer form), while "Armanism" was the term he applied to the more secret teachings. He claimed that while Wuotanism taught polytheism for the wider population, those who were members of the Armanist elite (or *Armanenschaft*) were aware of the reality of monotheism.

It has been stated that List's spiritual system consisted of "an original synthesis of his reading of Germanic mythology combined with Theosophy" and to that could also be added a sliver of Freemasonry (or what List understood Masonry to be).

Scholars suggest that List's early Theosophical influence came mostly from the writings of German Theosophist Max Ferdinand Sebaldt von Werth, who had combined Theosophical ideas with his own interpretations of Germanic mythology and emphasis on racial doctrines. In List's later works, scholars claim that the Theosophical influence over his philosophical ideas grew, and that he began referencing Helena Blavatsky's The Secret Doctrine and even expressed the view that Nordic Mythology agreed with the cosmological teachings of Theosophy.

List's spiritual system was constructed largely on his interpretation of various passages in the *Havamal*, the Prose *Edda*, the Poetic *Edda* (which appear to have been composed in Iceland during the late Middle Ages). He saw them as accurately reflecting the belief systems of the Germanic refugees fleeing Christian persecution. Prior to the spread of Christianity into Northern Europe, List believed that there had been a culturally unified Germanic civilization which was spread across much of Europe, but that had been degraded under the impact of Christianity.

He initially emphasized the idea that ancient German society had been led by the hierarchical system of initiates: the Armanist elite (or *Armanenschaft*), who acted as teachers, priests, and judges. He claimed that the ancient Armanist brotherhood had consisted of three degrees (each with their own secret signs, grips, and passwords), similar to the 'Blue Lodge' of Freemasonry.

In List's interpretation of history, the Christian missionaries persecuted the Armanists, resulting in many fleeing northward into Scandinavia and Iceland. He believed that they developed a secretive language for transmitting their teachings, known as 'Kala'.

List claimed that, after the Christianization of Northern Europe, the Armanist teachings were passed down in secret, resulting in their transmission through later esoteric traditions such as Freemasonry and Rosicrucianism. The Armanists imparted their secret teachings to the Jewish rabbis of Cologne in the eighth century, hoping to preserving them from Christian persecution. He believed that these teachings became the Kabbalah, which he therefore reasoned was an ancient German (and not Jewish) innovation, thus legitimizing its usage in his own teachings.

For List, the basic teachings of the original Germanic religion were found in the runic alphabet and could be deciphered by linking these runes with particular 'runic incantations' which appear in the Havamal Poem (in a section called the Runatal or "Odin's Rune Song"). List emphasized the importance of a mystical union between humans and the universe, viewing divinity as being immanent in nature, with all life being an emanation of it. Connected to this, he believed in a close identification between the racial group (the *volk* or folk) and the natural world. For List, humans had an immortal soul that it would be 'reincarnated' according to the laws of karma until eventually uniting with divinity (a concept based on a spiritual idea of 'evolution').

Guido von List's Mystery Language, the *Kala* and Vocalization

In the last work published during his lifetime, *The Primordial Language of the Aryo-Germans and their Mystery Language* (1914), List gave his **esoteric theories on the hidden meanings of sound**. His system depends upon the phonetic values (instead of the numeric, such as in Kabbalah) in order to unlock the secret meanings of language.

He says that Primordial-Language or "*Kala*" is founded upon 16 sounds or vocalizations, of which five count for the Vowels or "self-sounding" sounds: **A, E, I, O, U**; one for the *Hauchlaut* or Aspiration sound: **H** (which is to pronounce the letter "h" at the beginning of a word); and the rest are attributed to the Consonants: **F, R, K/G, Th/D, N, S, T, B/P, L, M**.

List says "The law of becoming and development (Progression) is subdivided into ten levels" which correspond to the Vowels sounds in an interesting way:

Table 1: Vowels

1	∫	A	<i>Ursache oder Kraft</i>	Cause or Power
2	∫	A	<i>Wille zur Kraftäußerung</i>	Will to Express-Force
3	∫	A	<i>Können (Kunst) als Kraftäußerungsfolge</i>	Capacity (Art) as a Consequence-of-the-Expression-of-Force
4	∫	A	<i>Verwirklichung des Zweckes in der Tat</i>	Realization of the Objective in Action
5	†	E	<i>das Gesetz, nach dem die Kraft wirkt (Verhältnis zwischen Kraft und Tat, die Macht oder Magie)</i>	the Law by which the Force works (Relationship between Force and Act/Action, the Power/Might or Magic)
6	†	E	<i>die Ordnung, in der die zur Tat gewordene Kraft naturgesetzmäßig wirkt</i>	the Order, in which the Act which has become Force works in accordance with the fundamental-law-of-nature
7		I	<i>im geistigen Innern (psychische Ordnung)</i>	in the spiritual Interior (psychic Order)
8	∫	O	<i>im körperlichen Äußern (physische Ordnung)</i>	in the physical Utterance (physical Order)
9	∫	O	<i>die Eigenschaften bildend</i>	the forming of Characteristics
10	∩	U	<i>in der Vollendung des Planes der Ursache (1.) oder der vorgefaßten Idee.</i>	in the Completion of the Plan from the Cause (1.) or the preconceived Idea

These ten vocalizations of the Consonants have the corresponding attributes:

Table 2: Consonants

I	Ǝ	(F)	<i>das Urfyr, als Ursache oder Kraft</i>	the Primordial Fire, as Cause or Force
II	Ɔ	(R)	<i>das Urluft, als der Wille</i>	the Primordial Air, as the Will
III	Ɔ	(K/G)	<i>das Urerde, als das Können</i>	the Primordial Earth, as the Capacity
IV	Ɔ	(Th/D)	<i>das Urether, als die Tat</i>	the Primordial Ether, as the Act/Action
V	†	(N)	<i>das Urwasser, als das Gesetz</i>	the Primordial Water, as the Law
VI	∫	(S/Z)	<i>die Sonne und der Blitz, als Himmelsfeuer, als die Ordnung</i>	the Sun and the Lightning, as Heavenly-Fire, as the Order
VII	∫	(T)	<i>die Sonne und der Blitz, als Himmelsfeuer, im geistigen Innern</i>	the Sun and the Lightning, as Heavenly-Fire, as the spiritual Interior
VIII	Ɔ	(B/P)	<i>die Erde (Mittgart), im körperlichen Äußern</i>	The Earth (<i>Midgard</i>), in the physical Utterance
IX	∩	(L)	<i>das Alleben, die Eigenschaften bildend</i>	Universal-Life, the forming of Characteristics
X	†	(M)	<i>der Mond, die Vollendung</i>	the Moon, the Completion

The Aspiration sound (corresponding to the *Hagal* rune *****) does not seem to have been given a value.

The Kala: Combinations of Sounds and ‘Seed-Words’

The Vowel and Consonant sounds are combined together to make syllables or sound formulas that List calls ‘Seed-Words’.

Each one of them, according to List, has an esoteric significance and he dedicates a considerable portion of his final book to each syllable, sometimes giving 2-3 (or more pages) for a single syllable.

The ordering of the sounds does not matter (it can be vowel-consonant or consonant-vowel), because **the power and meaning is in the combination of sound qualities, and not in their ordering:**

Table 3: Combinations of Vowels and Consonants creating ‘Seed-Words’

			1-4	5-6	7	8-9	10	1-4	5-6	7	8-9	10
			𐌱	𐌲	𐌳	𐌴	𐌵	𐌱	𐌲	𐌳	𐌴	𐌵
			A	E	I	O	U	A	E	I	O	U
I	𐌸	(F)	FA	FE	FI	FO	FU	AF	EF	IF	OF	UF
II	𐌹	(R)	RA	RE	RI	RO	RU	AR	ER	IR	OR	UR
III	𐌺	(K/G)	KA/GA	KE/GE	KI/GI	KO/GO	KU/GU	AK/AG	EK/EG	IK/IG	OK/OG	UK/UG
IV	𐌻	(Th/D)	ThA/DA	ThE/DE	ThI/DI	ThO/DO	ThU/DU	ATh/AD	ETTh/ED	ITTh/ID	OTTh/OD	UTTh/UD
V	𐌼	(N)	NA	NE	NI	NO	NU	AN	EN	IN	ON	UN
VI	𐌽	(S/Z)	SA/ZA	SE/ZE	SI/ZI	SO/ZO	SU/ZU	AS/AZ	ES/EZ	IS/IZ	OS/OZ	US/UZ
VII	𐌾	(T)	TA	TE	TI	TO	TU	AT	ET	IT	OT	UT
VIII	𐌿	(B/P)	BA/PA	BE/PE	BI/PI	BO/PO	BU/PU	AB/AP	EB/EP	IB/IP	OB/OP	UB/UP
IX	𐀀	(L)	LA	LE	LI	LO	LU	AL	EL	IL	OL	UL
X	𐀁	(M)	MA	ME	MI	MO	MU	AM	EM	IM	OM	UM

The Seed-Words for the vowels are derived from either [1] the sound it makes (similarly combining with the five vowels) or [2] the name of the rune (although List calls these ‘inauthentic [uneigentlichen]’ because they already appear in the previous combinations):

Table 4: ‘Seed-Words’ for Vowels

			1-4	5-6	7	8-9	10	Name or Derivation
			𐌱	𐌲	𐌳	𐌴	𐌵	
			A	E	I	O	U	
1-4	𐌱	A	Aa	Ae	Ai	Ao	Au	<i>Ar or Ra</i>
5-6	𐌲	E	Ea	Ee	Ei	Eo	Eu	<i>Eh</i>
7	𐌳	I	Ia	Ie	Ii	Io	Iu	<i>Is or Si</i>
8-9	𐌴	O	Oa	Oe	Oi	Oo	Ou	<i>Os or So</i>
10	𐌵	U	Ua	Ue	Ui	Uo	Ui	<i>Ur or Ru</i>

These syllables or ‘Seed-Words’ [*Keimworte*] can then be combined to form “*Ur-Words*”, or Primordial-Words (the German word *Ur* is related to Primordial, Original, Before, etc).

A third kind of word is the Root-Word and can be the same as an *Ur-Word* or even a Seed-Word. **The rune names themselves are all considered Root-Word.**

Summary of Guido von List's *Kala*

When we put all of this together, List explains that we can derive the esoteric meaning behind words. These are some of the examples he gives:

FA = I + 1-4, which is: 'Primordial-Fire' + 'Cause or Force, the Will to Express it, Capacity as a Consequence, Realization of the Objective in Action'

BAR = VIII + 1-4 + II, which is: 'The Earth (Midgard) in the physical Utterance' + 'Cause or Force, the Will to Express it, Capacity as a Consequence, Realization of the Objective in Action' + 'Primordial-Air'

NOTh = V + 8-9 + IV, which is: 'Primordial-Water' + 'in the physical Utterance (physical Order), the forming of Characteristics' + 'Primordial-Ether'

UOTAN (Wotan) = 10 + 8-9 + VII + 1-4 + V, which is: 'in the Completion of the Plan from the Cause (1) or the preconceived Idea' + 'in the physical Utterance (physical Order), the forming of Characteristics' + 'Cause or Force, the Will to Express it, Capacity as a Consequence, Realization of the Objective in Action' + 'Primordial-Water', etc.

List saw the Runes not only as letters, but also as phonetic values, which he said was related to an ancient language (the *Kala*) and that by breaking words down into their syllables (or 'bud/kernel-words'), one is able to extract their esoteric meaning.

The use of these consonant & vowel combinations with a particular rune is something that many other runologists have continued to use, effectively becoming the associated Vocalization or Mantram for each rune. This is probably one of the reasons why List has been described as the pioneer of *völkisch* rune occultism.

Gnostic Runology – Modern Germanic Runology

Modern Germanic Runology and the “Kala”

Over the next 20+ years (from the 1910s to the 1930s) many other authors, besides Guido Von List, emerge and discuss their perspective regarding the Runes. In the 1920s and 1930s, we see the public teaching of Runic body postures (imitating the shape of the Runes) which are given the name of “Runic Yoga” or “Runic Gymnastics”.

Guido von List’s combination of Consonant & Vowels (his ‘Seed-Words’) are now united with the Runic postures in order to create a mantra (or series of mantras) that are sung or chanted while holding the corresponding posture. Thus, by singing, chanting or vocalizing the associated mantra(s) from List’s *Kala*, one activates the associated esoteric qualities and principles.

Although List was extremely influential, let’s take a look at some other influential authors we’ll be reading from during this course:

Peryt Shou

The first modern author to publish Runic Exercises was Albert Christian Georg Schultz (also known as Albert Schultz and Jörg Schultz). He published his books under the name Peryt Shou (or Schou) and in 1910 came out with one of his first books or booklets (which was 70 pages), called *Sexual Mysteries in Religion* [*Sexual-Mysterien in der Religion*].



It seems that Arnaldo Krumm-Heller was one of many Occultists who were influenced by his writings and apparently even helped publish some of Shou’s works a few years later (immediately following WWI).

In 1920, Shou published *The ‘Edda’ as Key to the Coming Age!* [*Die “Edda” als Schlüssel des kommenden Weltalters!*] and this was the first text giving specific exercises associated with the Runes. Some say that the book has a very particular flavor of *Volkisch* Esotericism. In it, Shou tries to highlight some similarities between Christianity and Germanic Mythology (although he seems to look down upon Christianity), explaining that the Germanic approach is basically ‘better’.

In a section of this book entitled ‘Essence of the Edda’s God-Concept [*Wesen der eddischen Gottes-Idee*]', he implies that **we are an Antenna that can receive messages from the Cosmos** and that we, unfortunately, do not ‘hear’ these messages:

“Everything God-like is something that is also telepathically Spiritual. Within us there is an unfolded Antenna -a stretched-out Cross, like the Cross of Christ, where we hang as if dead, because we do not answer the call of the one universal Spiritual-Wavelength.

But whenever we awaken on this Cross, then we come to understand the language of the one spirit! Dead, the Person hangs on this Cross like Christ and Wuotan, but the Ninth Night draws near, in which he shall awaken.

This is the Technique itself which (approaching Divine-Knowledge) conveys the Secret, the Spirit submerged in Nature, which becomes free and breathes upward toward the Universal-Spirit. Lucifer’s Deliverance!

Nature is divine! ...Paradise is here and now if we know the Harp of the Power-of-Nature...”

Ernst Tristan Kurtzahn

E. Tristan Kurtzahn (1879-1939) was a naval architect, teacher, Freemason, author, Kabbalist and Tarot researcher.



In 1915, he became interested in the Tarot, but found no substantial German-language literature on it. Five years later, he published a book on the subject called *The Tarot, the Kabbalistic Method of Future Research as a Key to Occultism [Der Tarot, die kabbalistische Methode der Zukunftsforschung als Schlüssel zum Okkultismus]* in 1920. It was the first German-language book on the esoteric aspect of the Tarot.

That same year (1920), he also published another book, entitled *The Rosicrucians [Die Rosenkreuzer]*. A few years later, in 1924, he published *The Runes as Salvation-Signs and for Unbinding-Fate [Die Runen als Heilszeichen und Schicksalslose]*. In this book he says:

“It is really a great Joy to see what wisdom is hidden behind the Runic-Signs which seem so simple in their structure.

We Germans could come to such a fullness of Knowledge (Gnosis) through them that we could quietly refrain more than before from oral Mysticism of any kind, especially since the latter is basically alien to our nature and species.

Then we would have the old much abused Latin saying:

Ex Oriente Lux
[Light comes From the East]

It is also more correctly understood in the way it should actually be understood, namely: From the East of one’s own interior, i.e. from the Heart, comes the Light.

Everything Esoteric always comes from inside, never from outside!”

The following year, in 1925, he published *The Gnostics or the Invisible Church [Die Gnostiker oder die unsichtbare Kirche]* where he describes the “gnostic Marriage [*gnostischen Ehe*]” as the practice of White Tantra:

“With this there can be under no circumstances any *ejaculatio seminis* [seminal ejaculation], rather it is a case of a safe *immissio membri virilis in vaginam* [penetration of the virile member into the vagina], but only in a calm manner and under the complete control of both partners.”

Dr. Friedrich Teltscher

Dr. Teltscher was a doctor of engineering who taught at the University of Innsbruck, Austria. He published a monthly magazine on Runic subjects, named *Hag-All=All-Hag*.

Although we cannot find any specific Runic practices that he gave, his ideas and concepts of the Runes certainly influenced many other Runic Occultists.

In his magazine, he wrote the following:

“...let’s state a preliminary working hypothesis of a third basic energy besides light and weight/mass (gravity), which are streams of subtle energy...”



A possibility to explain the Runes could perhaps be in their characteristic as symbols for compounds of streams of subtle energies, not unlike chemical compounds.”

Friedrich Bernhard Marby

After writing a number of articles on the Runes in the late 1920s, F.B. Marby (a Dutchman who immigrated to Germany) began publishing a multi-volume work: **Runic-Writing, Runic-Words, Runic-Gymnastics** [*Runenschrift, Runenwort, Runengymnastik*]. This was eventually published (starting in 1931) and detailed some complex theories around the Runes and Runic Exercises.



In the first volume, Marby gives his Runic Philosophy, which is based on: Sacred Writing, Sacred Speech, and Sacred Action [*Die heilige Schrift, Die heilige Sprache, und Die heilige Tat*].

“Sacred Writing arranges Salvation-Conceiving [*Heil-Denken*].

Sacred Speech translates the Concepts into (Power or) Force [*Kraft*].

Sacred Action shapes the Force and sends it out through the corresponding Body-Positions in the Rune-Exercise.”

He regarded the human being as a receiver and transmitter of cosmic waves & rays that animate the entire universe. His theories for how to practice “Rune-Gymnastics” were based on gathering Runic energy from “The Lodge of World-Space [*Die Loge der Welt-Räume*]”, which had 5 aspects:

- 1) Cosmic Space
- 2) Planetary & Starry Space
- 3) Atmosphere of the Earth
- 4) Earth Itself
- 5) Interior of the Earth

According to information provided in his own records, Marby began to use the Runes in an esoteric fashion in 1907 (right about the same time Guido von List published his famous The Mystery/Secret of the Runes).

Marby is often cited as the first to develop and use Runic Body Postures or “Rune-Gymnastics” [*Runengymnastik*] as a means of gathering Runic energy. However, this does not appear to be the case, since Peryt Shou published a single Runic Body Posture in 1920 and also gave similar theories about receiving cosmic messages or energy.

In his writings, Marby emphasized the health benefits gained from meditating on the Runes. He says that the first effect of practicing “Runic-gymnastics” should be the transformation and healing of the individual. If a group of people (or folk) are engaged in the practice of the Runes as a body, then that whole body will be gradually purified and strengthened.

Rudolf John Gorsleben

R.J. Gorsleben created a synthesis of many Rune Occultists, Esotericists, and Theosophists of the time (including Von List). His over 700 page book **The Peak-Time of Humanity** [*Die Hoch-Zeit der Menschheit*] was published the year of his death (1930) and was apparently something he had been working on for over 20 years.

Although he does not give many rune-gymnastics or rune-yoga practices, he does hint at them in his book, where he also says:



“The Runes have a Life-of-their-Own [*Eigenleben*], they are true Magic-Characters [*Zauberzeichen*], from which we can draw the Spirit to Advise and the Courage to Act”.

According to Gorsleben’s vision, the peak of the Aryan race’s power was to be remanifested through a combination of eugenics (improving the genetic quality of a human population) and the systematic reawakening of occult powers and abilities (and he saw the runes as the key to this reawakening).

The runes were seen by Gorsleben the same way others saw them: as **tools for the reception and transmission of subtle forces in the universe**. It is through them that the ‘people of the runes’ and the ultimate powers in the universe may be joined together.

“The aryan Pictographic-Script [*arische Bilderschrift*] and its mode of use are *Kahla* [*Kala*] and they are employed for the Purpose of keeping its Communications secret from the Unqualified and from Abuse, a Practice strictly observed in all Mystery-Schools...”

Siegfried Adolf Kummer

Kummer (1899-1977) was another *Völkisch* Runologist who also worked to advance similar developments in what he referred to as “Rune-Yoga” [*Runenyoga*].

He founded a runic school called “*Runa*” in 1927 where runic exercises, along with runic dancing and runic songs were taught. *Runa* concentrated on the practice of ritual magic, including the drawing of magic circles containing the names of the Germanic gods and the use of traditional magical tools such as a candelabra and censers. During these rituals, the names of runes were called out and rune shapes were traced in the air as an aid to the magical process.



In his book *Holy Runic-Power* [*Heilige Runenmacht*] (1932), Kummer taught a basic system for practicing individual rune postures (his “Rune-Yoga”) in a certain order. According to Kummer’s curriculum, this regimen will result in profound runic initiatory experiences. The practitioner should be able to do each exercise for about ten minutes, but is urged to practice as often as possible. Then, in 1933, Kummer published another book *Rune Magic* [*Runen-Magie*], where he gave Runic Hand Postures (or Mudras) which could be used just like the body postures.

Kummer (like Shou and Marby) felt that the absorption of certain cosmic ‘waves’ could be achieved through runic practices. However, Kummer claimed that this was only possible for Germanic folk, saying:

“Just as one can now pick up various Waves in the Radio-Apparatus, so the Teuton [or Germanic folk] can likewise regulate the Influx of invisible, subtle All-Waves through Runic-Exercises and Dances. He who considers this impossible will never be able to receive Thought-Waves, for he vibrates in Disharmony with the cosmic All, [and] is burdened by foreign-racial Blood.”

Despite his racist views, he was still criticized (along with Marby) in a report given to Heinrich Himmler (by Himmler’s chief esoteric runologist Karl M. Wiligut) for “bringing the holy Aryan heritage into disrepute and ridicule”. Both he and Marby were imprisoned by the Nazi regime for being unauthorized occultists.

Gnostic Runology – Marby’s Runic Theories

Friedrich Bernhard Marby’s Theories of Runology

Marby is considered by some to be one of the most important figures in the realm of Runic studies. According to information provided in his own records, he began to use the Runes in an esoteric fashion in 1907 (right about the same time Guido von List published his *The Mystery/Secret of the Runes*). He attempted to synthesize Runology with Astrology after encountering List’s writings.

In the first volume, Marby gives his Runic Philosophy, which is based on: **Sacred Writing, Sacred Speech, and Sacred Action [Die heilige Schrift, Die heilige Sprache, und Die heilige Tat]**.

“Sacred Writing (or Sacred Script) consists of Line-Forms, Script-Forms, and Sign-Forms.

Sacred Speech consists of Sound forms, which go with the Image-Forms of the sacred Script in-Itself.

But Sacred Action consists of a Shaping (or Forming) of the Body, in which the Image of the Characters, the Sound-Currents and the Vibrations of the Speech are brought **into Doing** (or are Performed)!”

He says that with the successful combination of Sacred Writing, Sacred Speech and Sacred Action, one has Sacred Causal-Action [*Die heilige Tat-Sache*] which results in Salvation and/or Healing [*Das Heil*].



The German word **Heil** has many different meanings when translated into English: hail; heal, healing, cure, curative; well-being, welfare; good; salvation, deliverance; intact, unhurt, undamaged, in one piece.

This shows us that this term includes not only ‘salvation’, but is also connected with ‘health/healing’, ‘well-being’ and even ‘hail’ (a greeting or praise-giving phrase):

Heil = Hail = Health = Well-Being = Salvation

And the German word **Heilige** (meaning holy, sacred, saintly, devout, sanctified) has **Heil** in it... Which means that in Marby’s Runic philosophy, all these concepts are connected together in a way that is not so easily translated into English. He further explains:

“Sacred Writing arranges Salvation-Conceptualizing [*Heil-Denken*].

Sacred Speech translates the Concepts into (Power or) Force [*Kraft*].

Sacred Action shapes the Force and sends it out through the **corresponding Body-Positions in the Rune-Exercise.**”

Marby regarded the human being as a receiver and transmitter of cosmic waves & rays that animate the entire universe. His theories for how to practice "Rune-Gymnastics" were based on gathering runic energy from what he called *Die Loge der Welt-Räume* "The Lodge of World Space" (or the "The Lodge of Cosmos/Universe Space").

He also gives his description of the “The Lodge of World Space” in this first volume, which had 5 aspects or zones:

	Original German	Literal Translation	Explanation
5	<i>Uber-Welten-Raum</i>	‘Ultra/Beyond’ - ‘Worlds/Universe’ Space	Cosmic Space
4	<i>Welten-Raum (Sternenraum)</i>	‘Worlds/Universe’ Space (Starry Space)	Planetary & Starry Space
3	<i>Wellen-Raum</i>	‘Wave’ Space	Earth’s Atmosphere
2	<i>Erdstoff-Raum</i>	‘Material-Earth’ Space	Earth itself
1	<i>Erd-Innen-Raum</i>	‘Within/Inner’ Earth Space	Inner-Earth

Zone 5 is considered a zone of tranquil space that radiates energy.

Zone 4 is charged with radiations from zone 5 and is influenced by the physical bodies (stars, planets, etc.) that occupy it.

Zone 3 includes everything above the surface of the earth and that our physical bodies inhabit. It receives energy patterns from the zones above and below, and they are most freely exchanged in this zone.

Zone 2 is the physical planet, which is supposedly filled with ancient forms of energy in various patterns.

Zone 1 is also a zone of tranquil space that radiates energy (like zone 5).

In the second volume (1932), he gives detailed instructions on the practice of the Is or I-Rune, that he called the “I-Rune-Form-Exercise” [*I-Runen-Form-Abung*]. The two final volumes of his 4 volume, 8-part, book (both of which were published in 1935) are where he gives detailed “Rune-Gymnastics” exercises for additional Runes.

For Marby, the exchange of forces within the various energy zones constitutes the phenomena of the universe.

He claimed that the methodology for the internalization of these cosmic forces was something that was practiced throughout Germany, Scandinavia, and the British Isles in ancient times. He noted that, in Scandinavia, it is still a folk custom to teach the alphabet to school children by having them strike poses similar to the shapes of letters, while making the sound each letter represents. In this way they quickly internalize the shapes and sounds.



Thus, Marby saw the runes not just as letters or phonetic values, but as representations of postures & movements that could be performed in order to improve one’s reception, absorption, and projection of certain cosmic influences.

By imitating the forms of the runes one is able to enjoy the particular influences associated with them, and this is augmented through the repetition of the associated sound or mantram. Meaning that by practicing the runes, one makes oneself capable of receiving and sending patterns of energy like an antenna.

Marby considered nine basic factors (or “Nine Mothers” as he called them) to be the keys to using the runes:

- 1) posture or shape
- 2) environmental space
- 3) place or location
- 4) direction or orientation
- 5) stream of breath
- 6) vowel sound
- 7) consonant sound
- 8) will or concentration
- 9) motion or movement (such as when postures or shapes are made dynamically in dance, etc).

Gnostic Runology – Gorsleben’s Runic Theories

R. J. Gorsleben and the Primordial Religion (or *Ur-Religion*)

Our intent is to give an idea of the magnitude, greatness and immediacy of the *Ur*-vision that we have from birth, and that should be every religion. But where could we experience such a religion? Now is the time to retake the God-experience of humanity. Our research, then, will not make true religion less important, but it will enrich it in presently unsuspected ways. Only from the highest wisdom of the *Ur*-religion can the renewing of all sects and Churches emerge, because this *Ur*-religion alone has given them content and shape.

As microcosms we are dependent on great infinite events in the macrocosm, but we can add a lot to this through our own Volition (Willpower), so that we can grasp the meaning of our present life. A human life often passes far too fast, without having found the connection to the energies of the Cosmic Will of its time. After we have shown the beginning Runes and a few hieroglyphs, then we have to continue in order to give you a complete picture.

The Universe, Mathematics and the Runes according to Gorsleben

The Runes are Symbols of the ‘pulsating Life’ [*pulsenden Lebens*], they are Life itself, reduced to a mathematical Formula. They are mystically Related to the law of Numbers as the Foundation of all cosmic and philosophical Thinking. It is simply not possible to explain the Runes with so-called ‘scientific methods’. The Runes prove most clearly that there are still things between heaven and earth that the scholastic ‘wisdom’ of our days just cannot explain. I myself cannot accept the idea that the Runes originated in pictures, or ideograms, as Dr. Wilser tried to prove, and that they were simplified in the course of time. But I must admit that people invented images and connected them with the Runes at a later date, so that they were easier to understand. With this assumption there is no contradiction, and therefore it appears often that a Rune originated from an image. On the other hand, the Runes are mathematically defined straight lines, which makes such an assumption very unlikely...

The origin of the Runes is only to be understood based on knowledge of certain laws of a cosmic-mathematical nature. The original expression of this knowledge, or insight, we can read from the shape of the array of old Nordic Runes. For the person who is knowledgeable in the *Edda* there is no doubt of that. One can prove that hundreds of thousands of years ago the “gods” already had *Ur*-knowledge in astronomy, which also gave them the key of the Runic script. For a long time this script had the character of astronomical symbols, such as the signs of the zodiac, with which they are still connected in narrow parallelism.

Literally, **the Runes have been carved out from the heavens, from the universe**, and due to this origin one can also prove their supernatural powers. The original form and the elements of the Runic symbols are sections of a geometric shape which was the symbol of the cosmos since very ancient times. This is the hexagon that is inscribed in a circle, the tips of which are touched by the ends of the ✱ Hagal Rune. Hagal or ‘Hag-All’ means the All-Caring, that which caringly surrounds and embeds everything.



This is not a coincidence, nor a posterior construct or assumption, but the result of an intent to find the Divine Word, and is repeated daily in the revelation of God, of that which is Divine. This is an incarnation, a materialization, a projection, a transfer into the visible world, that corresponds to the sanctity & the miracle of the Word; and that keeps this Word connected with its cosmic origin.

Eighteen cosmic Runes (Divine ones) come from the “chief talker”, the All-Father, who teaches the *Ur*-Runes, like eighteen tones of the spheres, which resound in the cosmos. The Runic alphabet, or the Runic Futhark, consists of 16 or 18 symbols (later more were added). Following Odin’s Rune song we can determine this alphabet is as follows:

Number	1	2	3	4	5	6	7	8	9
Character or Symbol									
Letter	F	U	Th	O	R	K	H	N	I
Name	<i>fu</i>	<i>ur</i>	<i>thorn</i>	<i>os</i>	<i>rit</i>	<i>ka</i>	<i>hagal</i>	<i>noth</i>	<i>is</i>
Number	10	11	12	13	14	15	16	17	18
Character or Symbol									
Letter	A	S	T	B	L	M	Y	E	G
Name	<i>ar</i>	<i>sol</i>	<i>tyr</i>	<i>bar</i>	<i>laf</i>	<i>man</i>	<i>yr</i>	<i>eh</i>	<i>gibur</i>



One look at this design shows even the uninitiated person that the Runes have been cut out of this image of the universe, or, in better words, **the universe has been cut up into the Runes**, which are its composing parts. Therefore we should not be surprised if the initiates (who knew and used the magical power of the Runes) also used them for oracles and decisions. This can still be done in our days, provided that the person strives and seeks honestly, and then they can experience them in themselves.

Whosoever refuses to ascribe any spiritual origin to the cosmos, the universe, the stars, and to matter in general (in other words, one who teaches meaning-less-ness or nonsense), lacks all sense, makes no sense, is nonsensical, and is enclosed in horrible error, consciously or unconsciously. The fact that such non-spiritual persons cannot make any more connection with the spiritual Divine powers is self-evident. Therefore it seems to them that the world is a mechanical institution without purpose, without cause, and without meaning, and for them this is so, because they remove themselves from any spiritual co-creation.

The human body, being a world of creation on a smaller scale (and for which the * Hagal Rune is the *Ur*-holy symbol and an obvious copy thereof), can by means of the Runes (i.e., the cut-up and separated cosmos) draw down into itself the spiritual cosmic energies and bring them so as to create effects in time & space on the material plane. This art has been known and has been taught and passed on eternally, however, in no epoch has it been less known and less practiced than in this rotten, non-spiritual present that is swamped and blurred into an obsession for material things.

The symbol that is kin to Hagal, and which corresponds to it, is the six pointed star. Generally the six pointed star is seen as the symbol of Judaism, but it has been borrowed by them and it likely came to them by way of Egypt. The six pointed star is the *Yggdrasil* world ash tree and as such it represents the universe.

There is no doubt that we have here the mathematical *Ur*-image of the world ash tree and its two parts: the triangle with its tip on top and another with the tip at the bottom, the combination of which represents the spiritual & the material worlds, the ascending & descending life, light & darkness, rise & decline, good & evil, the conscious & the unconscious; in brief, all polarities, from which life originated.



R. J. Gorsleben and the ‘Subtle Force’ of the Universe

Initiation into the *Secret of the Runes* has the purpose of putting the person (who is ready for it) into a higher cosmic consciousness of life. The notion of “force” in general (implying ‘energy’) means that we force any kind of effect. We have to distinguish between three types of force:

- A - The movement of a dense-matter/material, tangible body: this is force in the mechanical sense (such as Force = Mass x Acceleration).
- B - The movement of an invisible “something” of subtle matter: For instance the creation of a tension such as electrical voltage.
- C - The impulse to set into movement, for instance the force of our willpower.

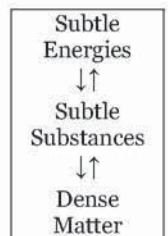
A is the final effect, B is the medium and C is the cause or trigger. Modern physics in its exact research includes A and B, such as the mechanics of solid & liquid matter, electricity and optics.

But if we go deeper, we gain the knowledge **that nothing happens without a cause or trigger**. If we throw a stone, the trigger to that is the impulse of our will (C), the medium of our nervous impulses (B) and the throwing movement itself with the power of our muscles (A).

The *Ur*-source of every visible movement is a trigger. These pre-historic observations lead us to the result (or insight) that dense **matter is the element of form**, the building material, so to speak, of the world of bodies (forms) **that is directly accessible to our five senses**. Everything we can see, hear, feel, smell or taste consists of atoms. Already these atoms, being basic elements of dense matter, are extremely small as compared to our usual notion of the senses.

The elementary particles of which the subtle matter is composed is at least a thousand times smaller than the atoms of dense matter. Subtle matter is also an atomic building material of our world. The atoms of the Light-Ether (which are the smallest particles of the world) correspond in their size to the largest of the basic particles of subtle matter. At the point where the world of dense matter ends, the world of subtle matter begins. The streams of subtle energy are moving and directing these elementary particles of subtle matter, which in turn transfer the impulse received to the atoms of dense matter.

The inner mechanisms of the world of dense matter could be imagined as follows: the vibrations of subtle energies (which come from the universe to our Earth) influence the subtle substances, and these transfer their effects further into the dense matter. The effects of subtle energy flows according to what would only then be recognizable by means of intermediary measurements (i.e. from changes of dense matter). This is so, because our sensory organs are generally tuned to dense material matter only. Since our subconscious is closely connected with processes of subtle materials, certain types of art (which originate from the influence of the superior faculties) could be interpreted as materialized representations of the processes of subtle matter.



There are persons who perceive a color stimulus when they have their eyes closed and a note is played on the piano. The vibrating string of the piano sets the molecules of the air into rhythmic motion. The physicist calls those longitudinal vibrations. This shaking of the dense matter has also a strong disturbance on the balance of the subtle matter as its consequence (which is between the dense molecules of the air). From this emerges a direct vibration of subtle energy, which can give to the eye of a clairvoyant listener the impression of a specific light reflex.

This way light emerges from sound according to a law which we could label as “law of rotation”, and this law controls the connection between the dense matter and the subtle matter.

This law of rotation states that our normal sensory organs are set for dense-material impressions and our higher sensory organs are set for processes in subtle matter. They are therefore polar opposites of each other. In this case, for instance, the warning voice within ourselves that we call conscience (namely that which is the only thing certain, that which we know of ourselves in this respect to a connection with things cosmic) is proof of an internal clairaudience, and proof for the capability of our subconscious to perceive streams of subtle energy from the universe, as well as signals of subtle light, which were mediated through flows of subtle energy.

Today we are capable of wirelessly transmitting sounds and words to places thousands of kilometers away, so why should it not be the case that with much finer-tuned flows of subtle energy in a greater volume and on a higher plane of subtle matter? The capability to hear in colors by humans who are on a high level of excitability again shows us proof of the kinship of sound & light that was formerly assumed by mystics. We may think of the Faustian revelation: "The Sun sounds in ancient tune to the singing contest of the brother-spheres."

Music, in its instrumental practice, is apparently only a dense material process. But the sound waves are included in such processes; they give impulses and stimulate themselves again. The sound waves of good music are intensifiers of *Odic* energy, generators of *Od*. Under the influence of such music, humans and objects light up and revitalize themselves, as a result of a heightened capability to irradiate, and thereby spread uplifting impressions. To feel and to see these phenomena, and the receptiveness of them, depends upon the level of development of our superior faculties.

Music, Language and the 'Subtle Force' according to R. J. Gorsleben

Whosoever has an understanding of the finer formative powers of language & music, and of the subtle energy streams in nature, is already on the path to a higher insight of existence. Music includes impulses within itself: it is an impulse giver, and therefore it is the only known means to put us into the position of being capable of generating primary movements within our world. Therefore music will play a great role in the technology of the future. The enlivening effect that a fast march has on tired marching troops is well known. All further possibilities are but a question of intensification and refinement of effects. A well-established fact is that sick people, for instance people who are paralyzed, can be made to feel better with music.

Let's look at the acoustic processes in nature: nature served as the primary model for every primitive technology. The most brutal sound is the thunder from lightning. What is its purpose? It intends to cleanse! The extent to which the purifying impulse (that is concealed in the sound of thunder) is generating ozone should be left to a sound-chemistry of the future. Therefore: brutal, suddenly-stopping sounds contain cleansing impulses. What is the purpose of the murmur of a peacefully flowing little brook? It intends to enliven! All sounds that are trickling and murmuring contain enlivening impulses.

In the future, music will not serve recreation alone, but, as happened already in ancient times, it will also serve for work. The rhythmic songs, that in ancient times accompanied all work, have disappeared from daily practice, with the exception of some minute leftovers of this method. The song brought the breath into rhythm and made it capable of specific peak achievements (especially when people worked together). Let's remember the "heave-ho", for instance, when people jointly lift something heavy. In ancient times people knew that rhythmic breathing could be used to eliminate gravity. From the word to the Rune that corresponds to it, is only a small mental step. The starting point for these explanations of the Runes as streams of subtle energies of the universe was found in the magical-technical experiments and in the research on subtle energies by the physicist, painter and philosopher Dr. Ing. Friedrich Teeltscher...

Gnostic Runology – Teltscher’s Runic Theories

Dr. Friedrich Teltscher’s Hypothesis of ‘Subtle Energy’

Dr. Ing. Rudolf Emanuel Teltscher (1880-1931) was a doctor of engineering who taught at the University of Innsbruck, Austria, and who also discovered the “intellectual biorhythm” of 33 days. Sometime during the 1920s, he seems to have begun publishing a monthly magazine, *Hag All All Hag* (later changed to simply *Hagal*), where he said the following:



“We are living on the Earth and we see the stars moving along their tracks in the night sky. The first basis of the knowledge of our world image therefore is an optical one. Modern astronomy is based on the law of gravity. This means that two bodies attract each other with a force that is inversely proportional to the square of their distance from each other [Newton’s law of universal gravitation]. In order to deepen our understanding for an exact world view, we have to gain knowledge of the energies that are blocked, for instance, that the earth would be pulled into the sun if it did not have its own movement.

Now astrology assumes an influence of the position of the stars upon the destiny of people, and astro-meteorology is based on the influence of stellar positions upon the formation of the weather. Similarly, we could develop an astro-geology. Yet, all these influences do not fit into the world view of exact science, because neither the science of the light nor the science of gravity can explain such influences. Therefore we are either forced to reject the astro-sciences or to search for an expansion of the basic energies that are considered to be active in our model of the world.

Let’s make such an attempt to go this route, and let’s state a preliminary working hypothesis of **a third basic energy besides [1] light and [2] weight/mass (gravity), which are [3] streams of subtle energy**. We can assume these subtle energy streams to be free energies:

1. that are active without being blocked in any way,
2. that the planets & the Sun (and Stars) send towards the Earth, and
3. that have the role of basic energies that provide formation.

All more subtle compositions of minerals, stones, petrifications, but also of living beings, are (according to this hypothesis) the consequences of streams of subtle energies, which come to our earth from the universe. These flows of subtle energy would even be part of the shaping of our mood, and would have influence upon the economic and political events on the Earth. The assumption of streams of subtle energy would then clarify an array of facts that to this day could not be explained. In the following it is important that we bring proof of the possibility of the existence of energies of a subtle nature that act in such a way, because a working hypothesis can only become a science, if it is backed by sufficient facts as proof (be these facts historical, done by experiment, and furthermore), if their practical usefulness has been established.”

The Runes as Compounds of ‘Subtle Energy’ according to Dr. Teltscher

“Here we will briefly touch upon an important question: If streams of subtle energy exist, why have they not been discovered long ago and analyzed with precision? With this question we touch upon the most difficult obstacle to overcome in this whole situation. The answer is that because these energies are so subtle, they escape our direct observation most of the time.

In other words, our normal organs of perception (such as the eye and the ear) are not suited to detect streams of subtle energies and our internal sensory organs are degenerated most of the time. Notwithstanding, the streams of subtle energies can be proven under some circumstances.” Consider the revelation from modern Quantum Mechanics that a beam of electrons is affected by the act of being observed...

“A possibility to explain the Runes could perhaps be in their characteristic as **symbols for compounds of streams of subtle energies, not unlike chemical compounds.** In ancient traditions we can see that the cosmic feeling of the ancients was already on a high level, certainly on a much higher level than is the case with most people of the present times. We can then assume that this could also have manifested in the symbols of writing, such as in the Runic alphabet.

Number	1	2	3	4	5	6	7	8	9
Character or Symbol									
Letter	F	U	Th	O	R	K	H	N	I
Name	<i>fa</i>	<i>ur</i>	<i>thorn</i>	<i>os</i>	<i>rit</i>	<i>ka</i>	<i>hagal</i>	<i>noth</i>	<i>is</i>
Number	10	11	12	13	14	15	16	17	18
Character or Symbol									
Letter	A	S	T	B	L	M	Y	E	G
Name	<i>ar</i>	<i>sol</i>	<i>tyr</i>	<i>bar</i>	<i>laf</i>	<i>man</i>	<i>yr</i>	<i>eh</i>	<i>gibur</i>

Let's try to examine the Runic symbols on the basis of this assumption. For that purpose we have to put the Runes into groups or classes, namely:

- Runes with full length lines, i.e., Runes, the lines of which are of equal length, and
- Runes with full length and half length lines, i.e., Runes, where we can see lines of full length and of half length.
- Runes, which consist only of half lines.

Group A can be regarded as connection of equivalent streams of subtle energies, because each full length line describes an individual stream of subtle energy. The angle of intersection of 60 degrees means a harmonic interaction and cooperation of the corresponding streams of subtle energies. According to that we have three such connections:

- The **I Is** Rune: Only one full line, therefore the only stream of subtle energy
- The **† Eh** Rune: A harmonic connection of two streams of subtle energy
- The *** Hagal** Rune: Harmonic connection of three streams of subtle energy.

Connections with more than three independent streams of subtle energy would not exist in our world according to this grouping.

In Group B the shorter lines would mean auxiliary lines of power, or energy, which adapt themselves to the basic streams of subtle energy, such as is the case with the **Γ Laf** Rune (as well as most of the Futhark Runes). The vertical full line supports the main flow of subtle energy, while the inclined line or lines are working with the auxiliary flow of subtle energy.

...Runic inscriptions and old coats of arms (which are also Runic documents according to their lines and images) refer to flows of subtle energies that trigger movements in the sidereal pendulum that the experimenter holds above them. In other words: Runes and coats of arms (in nature or also on photographs) are not giving the usual vibrations and figures of the pendulum that the substance upon which they are engraved (stone, wood or metal) is supposed to deliver, but they produce specific images that still have to be interpreted. There still remains hard work to be done in this regard. These hints should suffice for the moment. The extremely important and basic meanings of the **Runic symbols as images of connection between, and combinations of, subtle energies is obvious by now**. Accordingly, the ancient Runes are symbols that somewhat correspond to the symbols of modern chemistry..."

Dr. Teltscher and the “Subtle Energies” of the Runes

To interpret and recognize the ancient Runes as symbols (like those of modern chemistry) would have a significant expansion of our world view. This conclusion may seem a bit too early, even too bold. A final judgment is possible only after science has penetrated into the field of the physics of subtle energies, which is entirely new for us. But, we are fortunate enough to also have a historical monument that gives us a few hints and from which the deeper meaning of the Runes (as far as natural processes are concerned) emerges very clearly. With this, we mean the very ancient song in the *Edda*, “Wodan’s Rune Song” and some passages in the *skaparmal* of the narrative *Edda*.

From this song we can clearly see that each rune contains a healing power as well as a defensive power. Here the Rune is not just a pure means for communication such as our modern symbols of writing, but **each Rune mentioned here has a means to cause or force a specific state within ourselves or around us** and this is exactly what we mean when referring to the notion of connections with streams of subtle energies. Let’s take the *Is*-Rune as the most simple example. Wodan says regarding it:

“This I sing as a ninth, when distress at sea forces me
To protect my ship against the billowing floods,
The storm I cause to calm down and I calm down the sea as well
And I put the waves into slumber.”

In the opinion that we present here, this would refer to the following basic law concerning the streams of subtle energies on our planet: On one hand, we can re-constitute disturbed balances in the air with the help of a simple stream of subtle energy. On the other hand we have to look at streams of subtle energy when trying to explain disturbances in the air and the weather.

Proof that modern science has not yet explained everything in the field of hydromechanics, are the appearance of basic waves in otherwise calm weather (for instance the so-called ‘shooting’ or ‘roaring’ of the lake on Lake Constance in Europe, on the Rhine at the northern foot of the Alps). This appears most pronouncedly when the hot wind starts, i.e. in disturbances of the air. This can be easily explained as an accompanying effect when seen in the light of simple streams, or flows, of subtle energy. In any case, several very unique natural phenomena point to the fact that we (by far) do not know our earth sufficiently and (no doubt) will we achieve significant progress in this field with the introduction of the notion of ‘flows of subtle energies’.

Now, let’s go back to Wodan’s song. From the interpretation of this single stanza follows very clearly that with technology of streams of subtle energies we can achieve a much more perfect control of natural processes than with the means of modern technology. Perhaps our ancestors possessed extensive means in this field.

People of our days have to start all over again. And here we find a concise path, starting with a little experiment in the laboratory, slowly ascending and progressing all the way to a cosmic power plant. Something similar has happened with the development of the technology of electricity that started with frog legs and went all the way to the electric train.

Finally we want to mention a very important fact: at the end of the song, there is emphasis on the development of technology of streams of subtle energies will play an important role. Then it is also necessary that we acquire basic knowledge in this field.

We are not saying to acquire treasures of knowledge alone, but (on the contrary) to acquire the interior experience, or co-experience of them. Therefore the technology of subtle energies will not find any fertile ground with people who measure the value of a science with a yardstick and with scales, but with those who feel streams of subtle energies within themselves.”

The Runes and Dr. Teltscher’s “New Doctrine”

“The streams of subtle energies are ‘the murmuring Runes’ [*die raunenden Runen*] in our existence. They murmur, flow, and surge, within ourselves and (in their language) continuously tell us what is good for us, what we have, what we are lacking, etc., and they bestow upon us strong power & health, but they also bring the close end of dense matter.

It is unfortunate that there is not just life giving and good subtle matter, but we know that there are also noxious or poisonous subtle matter and streams of subtle energies (corresponding to dense matter). Accordingly, we can (at least partially) ascribe the bad vibrations of some locations, paintings, rooms, precious stones, etc., to poisonous subtle matter.

We had better listen to them, because they are our inner help warning us against accidents and disease, they are the guardians of our health. We should never neglect strengthening the streams of subtle energy in our body by means of exercise, sports, massage, deep breathing, Runic postures, etc., by means of joy, goodness, and love.

As important for life as streams of subtle energy are, if they are flowing where they should flow, they can become noxious when they get to places where they should not go. As a whole they are the *Ur*-element of our inner feelings and “the feeling” is everything, says Goethe.

The new doctrine of the subtle energy introduces an important era, i.e., the connection of materialism with spiritualism. It delivers the bridge upon which a new cosmic culture can take the first steps into a new era. All pure humans who are striving to get ahead, are now starting from materialism or spiritualism and they have to unify.

As long as there is dissipation (as has been going on), nothing great can happen in terms of a valuable leadership towards mutual recognition both sides. Therefore it will be a difficult task, because the materialists and the spiritualists both believe they already know everything and that they are exclusively correct. We do not deny the dense material world, but we cannot deny the world of subtle matter and its facts either. Only this way can we find the best of both worlds.

If we are familiar with dealing with the streams of subtle energy, then we can learn to direct these energies and to use them for the well-being of all humans. **The main effect of the Runes lies in the fact that they are spiritual means to cleanse and to nourish, i.e., that they have an effect of spiritual cleansing and nourishment.**

The new realm of knowledge and proof that the doctrine of the subtle energies opens up for us will be revolutionary for humanity in its multiple potentials of use (similar to the discovery of electricity). But the subtle materials are not only limited to that which is material, but they relate (above all) to that which is spiritual and emotional, to what is related with the soul.

If we do not limit ourselves to the five senses with which to perceive the environment, then we reach a territory of that which is above the senses, i.e., things that (up until this point in time) remained closed to conscious experience and experimental tests. Of course there have been exceptions to that in all eras and these exceptions have been documented by the most ancient of traditions of humanity (provided we understand correctly myths and legends and the sacred books of all peoples and times), and we know that there was once a magical era with humans who could do more than humans of our days, no matter how evolved our technique of dense matter may be.”

Dr. Teltscher Explanation of the Runes

Here is a table of Teltscher's meanings of the Runes

Number and Character or Symbol		Letter	Name	Cosmic Meaning	Number and Character or Symbol		Letter	Name	Cosmic Meaning
1		F	<i>fa</i>	Lenkung Direction, Steering, Guidance	10		A	<i>ar</i>	Wandlung Transmutation, Transformation, Change, Alteration; Transubstantiation
2		U	<i>ur</i>	Erfasstes Acquired, Captured, Detected, Sensed	11		S	<i>sol</i>	Wille Will, Willpower
3		Th/D	<i>thorn</i>	Ziel Aim, Goal, Destination, Objective	12		T	<i>tyr</i>	Erregung Excitement, Intense Emotion, Thrill, Arousal, Causing
4		O	<i>os</i>	Gebotenes Advisable, Desirable, Worthwhile	13		B	<i>bar</i>	Befruchtung Fecundity, Impregnation, Fertilization, Implanting
5		R	<i>rit</i>	Verfließendes Elapsing, Passing By	14		L	<i>laf</i>	Bestimmung Determination, Resolution, Purpose
6		K	<i>ka</i>	Bestehendes Existing, Alive, Sustain, Stand, Endure, Pass	15		M	<i>man</i>	Trieb Drive, Desire, Inclination, Sprout, Impulse
7		H	<i>hagal</i>	Ewiger Wechsel Eternal Change, Eternal Exchange	16		Y	<i>yr</i>	Vollendung Completion, Finishing, Consummation, Accomplishment
8		N	<i>noth</i>	Trennung Separation, Division, Parting, Split, Distinction	17		E	<i>eh</i>	Vereinigung Unification, Union, Association, Combining, Fusion
9		I	<i>is</i>	Lauf Run, Function, Flow, Circulation, Movement, Motion, Orbit	18		G	<i>gibur</i>	[not given]

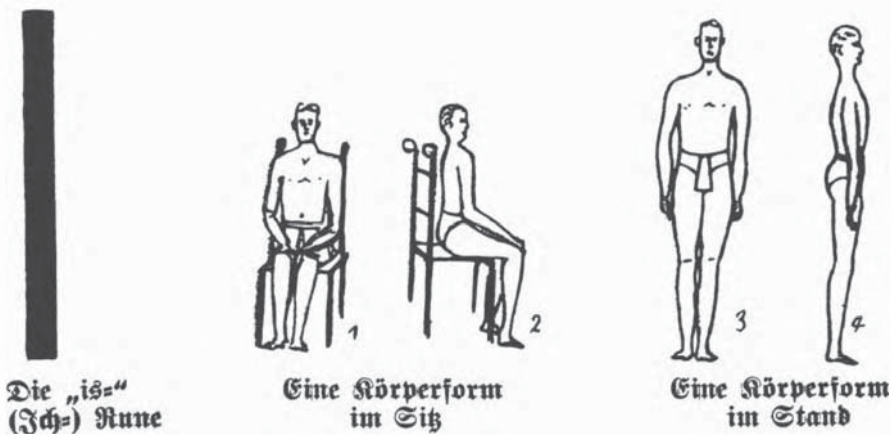
Gnostic Runology – Preliminary Rune Practices

1) F. B. Marby's First Runic Exercise: the "I" or "Is" Rune

Before beginning any specialized rune-work, one should familiar with some basic techniques. This is best done by means of the fundamental *Is*-rune exercise. This exercise can be performed anywhere and at any time, and in the beginning it should be done as often as possible.

The purpose of the exercise (besides the training aspect) is the general strengthening of the body and the attention, resulting in an all-around rejuvenation. It can be performed in a standing position (which is preferred) as well as walking and even sitting. If standing, then you take the "Basic Military Position": body erect, eyes focused straight ahead, chin down, chest out, with your feet touching at the heels. If walking, keep your feet straight, your elbows slightly bent, and your palms facing forward in a slightly cupped position. The sitting form of the exercise is one where you sit straight in a chair, knees together, with your palms on your knees, and the arms held to the body. The only thought that you should have is "I am here". Practice often and in any location.

Der Hall-Laut i



Marby's Instructions for the First Rune Exercise

The following introduction to the technique of runic gymnastics was outlined by Marby in the first volume of his *Marby-Runen-Bücherei* (1931).

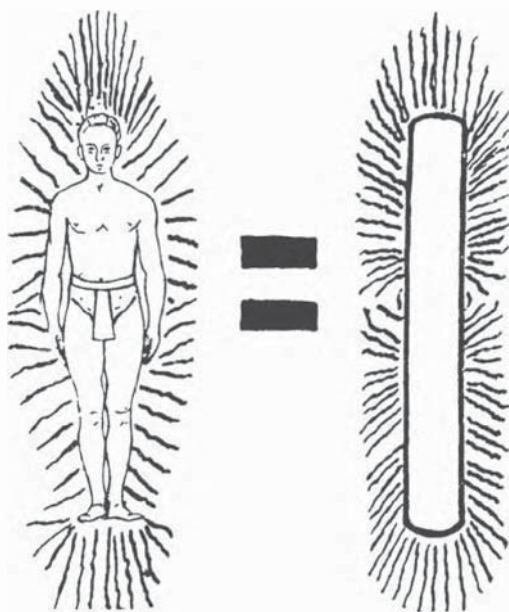
1. Inhale for a duration of five seconds, then exhale for five seconds (equivalent to the time it takes to walk 7 normal steps). **Maintain a rhythm of breath that is comfortable and make it a regular**, then start to expand the duration of the inhalation & exhalation (but always equal). Practice as often as you can and in as many different places as you can.
2. Softly **vocalize** the vowel "I" (pronounced like 'tree', but without the 'tr'). Do this **in a tone and pitch most comfortable and natural** for yourself. Practice daily in conjunction with the *Is*-rune posture.
3. Once this comfortable and natural tone has been mastered, **practice raising the pitch of the note as high as you can** (without pausing while raising the pitch).

4. Next **try expanding the length of the initial "I"-sound to ten seconds.** Continue to expand this time to your limits. Practice several times daily.
5. **As you raise the tone from your lowest point to its highest level, visualize or sense the energy rising from below your feet out through the top of your head.** Each time you repeat the exercise feel the energy of the tone rise from below upward throughout the length of your whole body. Then **on the next inhalation begin high and spiral the sound down to the lowest level. Spiral the sound up and down your body with each breath.** The overall effect of the sound will be something like a siren. The time period of the actual transition from the highest to the lowest tone is relatively short, usually about four seconds, with the end tone being held for however long is comfortable for you at that stage. Practice several times daily.
6. This step is very similar to the previous one, except here you repeatedly **jump from the lowest to the highest tone** (of which you are capable without strain and without cracking your voice). Practice daily and often.
7. Again, this is the same as the one above, except you similarly **jump from the highest to the lowest tone** you are used to making. Practice daily and often.
8. **Return to the pattern of step six** and jump from the low tone to the high tone. In the performance of exercises six through eight, the duration of each of the tones will be about four to five seconds.

To follow Marby's instructions correctly, one would always go through the steps in the specified order, mastering the first step before going on to the second, etc. Each subsequent step is added only after the previous one has been practiced for at least seven days. According to this schedule it should take at least 54 days to complete the program. When the program is complete, one will have a solid foundation for the art and practice of runic gymnastics and rune-song.

At some point during this program, one should add basic mental affirmations to the routine. For the *Is*-rune the basic affirmation is the contemplation of the fact that **your whole body is an antenna or a magnetic conductor of currents from all five zones of "The Lodge of World Space" (the Cosmos/Universe).** All of them flow to and through you, and all are running parallel to your own currents. You guide and channel them (see yourself in the midst of the whole cosmos) with the great distances of outer space and inner space above and below you.

According to Marby, the actual results of this program of exercises should be: a feeling of overall vitality and strength, a feeling of lightness of being and rejuvenation of the soul, and a feeling of being effective in action in all that you do (with clearer thoughts and quieter emotions). Furthermore, you should be able to increase your ability to attract people to yourself and to be able to settle strife between people in your immediate environment. You will become calm and vital, and will emit this quality into your surroundings.



2) S. A. Kummer's Explanation of Runic Exercises and their Purpose

Within us lies the great experience of God and of nature: high cosmic connectedness. Through rune exercises and rune dancing, the student will get to the point where this great experience breaks through again and awakens in their Spirit. This will allow us to experience the all-connectedness and to gain the deepest knowledge of God.

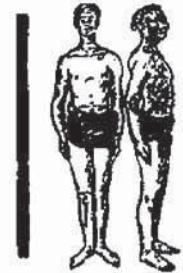
In the past, rune exercises and dances belonged to the highest mysteries, which were considered necessary in order to bring the initiate to the greatest development and to elevate them to the state of the God-Man. Rune positions and dances were the main form of education for priests and led to the development of the highest seers and prophets.

Dear brother or sister, the need of the hour calls you to this work. Always strive to educate yourself in the love of the All-Father, in nobility, beauty and goodness. You can do this because the core of these things lies in your Spirit. As such, you will be able to satisfy the requirements of the future culture and be victorious over beastly humanity. Let us now begin with the exercises...

Kummer's Basic Rune Practice for the "I", "Ich" or "Is" Rune

"With the Body firm, Face to the North,
Thy Spirit gives thee the commanding Words.
The icy Calm/Peace, according to the Way of the *Ur*-Father,
Many a Secret is kept within thee."

The Student must, first of all, learn to fully master/control [*beherrsche*] their Body, therefore they do the following Exercise every Morning after washing: One stands in the Middle of the Room in a firm Posture, Heels together (basic military Position) which is the *Ich*-Rune-Position, and face North.



One's Body is now ready for Commands, so one says loudly and energetically:

"I am your Supervisor [*Vorgesetzter*], you have to obey me fully and completely.

All Muscle-Twitches are eliminated starting today.

You have to submit to me.

Now I want you to stand at attention before your Superior, your Self [*Ich*¹ or Inner Being]."

Now the Student tries to spiritually Picture themselves as a member of Divine Humanity. They immerse themselves in this Picture, so much so, that they completely forget the Body. One must wish to see the spiritual Picture ever more clearly, more vividly and more tangibly. This exercise should take 10-20 minutes.

Above all, the Student must gain Calm/Peace [*Ruhe*], Patience and Perseverance, which is absolutely necessary in order to penetrate into the Rune-Mysteries. The Student should avoid meat and alcohol consumption, as well as stop smoking 1 hour before and after the Exercises; but it would be more beneficial to get out of the habit altogether. Your Body has to completely obey you.

The Student makes sure that their Stomach, Abdomen and Intestines are in order. Particular Importance must be attached to regular Bowel-Movements.

¹ The German word '*Ich*' means "self, one's person, ego, part of a person which distinguishes itself from others, the "I" part of the psyche". However, in this context, it is referring to the true Self, which we call "the Being" in Gnosis.

In the **Is**-Rune-Posture, the Practitioner is tuned in to certain Universal-Waves [**Allwellen**] like an Antenna of Nature, through which one incorporates Waves-of-Subtle-Force [**Feinkraftwellen**] into oneself according to the Practitioner's Fundamental-Vibration (either good, healing and invigorating; or corrupt, weakening, and even demonic).

When you sing the "i-i-i" sound in this Position, it resonates through the whole Body, sounding from the Head, from the Top-of-the-Skull, down the Spine, through the Legs, and down to the Middle of the Feet.

If the "i-i-i" Tone is raised in the same Way as when Posing a Question, then the Wave flows upward through the Body in reverse, beginning under the Heels. If the Practitioner sings the "i-i-i" in different Pitches, it also is perceived as a different sensation in the Body. I have been aware of this for years. Friedrich Marby already made this observation before John Gorsleben.

Kummer's Complementary Breathing Exercise(s) and Affirmation for the "I", "Ich", or "Is" Rune

Full- and Deep-Breathing through the Nose is a Principal-Condition for all Rune-Exercises and every Student has to make it to the point that they cannot do anything else but full- and deep-breathing, so this Must become a daily requirement. The Initiate of Occultism will already be familiar with Breathing-Theory [**Atemlehre**]. The Beginner should remember that proper Breathing is essential for lasting Health, not only for prolonging one's life, but also for significantly increasing Resilience and Life-Force...

(1st Breathing Exercise) The Student positions themselves in front of an open Window, taking up the already mentioned **Ich**-Rune-Position, pushes out the Chest and slightly raises the Head.

Now one breathes in deeply through the Nose, with the Mouth closed (Internally counting to 7); next push the Air down into the lower Lungs, keeping it down by counting to 5, then one breathes out slowly through the Nose counting to 7 again. The student does this Exercise three-times.

(2nd Breathing Exercise) Then one breathes in rhythmically through the Nose for 7 seconds, filling all parts of the Lungs to the utmost; and then breathes out rhythmically for 7 seconds.

Then one repeats the first Exercise three more times. When Inhaling, the Student should imagine that they are taking in a great deal of invigorating Energy [**stärkende Energie**], and while Exhaling they should realize that they are expelling all the spent and corrupt Substances from the Body.

Summary of Full Body Rune Breathing Exercise:

1. Take up the **Is**-Rune Position
2. Inhale deeply through the nose for a 7 count (imagine taking in invigorating energy)
3. Hold the breath for a 5 count, pushing the Air down into the lower Lungs
4. Exhale through the nose for a 7 count (imagine expelling spent & corrupt substances)
5. Repeat steps 2-4 for a total of three times
6. Inhale deeply through the nose for a 7 count, filling the Lungs completely (imagine taking in invigorating energy)
7. Exhale through the nose for a 7 count (imagine expelling spent & corrupt substances)
8. Repeat steps 2-4 for a total of three more times

Through these Breathing-Exercises (which are to be performed daily in the morning and evening) a strong Feeling of Calm/Peace and Harmony is achieved.

If the Student is Agitated or was in a Verbal-Exchange with someone, then they should do one of the above Exercises, which will immediately restore their Calm/Peace and then radiate it to the other Person.

Also, the Student should not forget that in the **Ich**-Rune-Position they consciously stand as a living antenna in a Sea of Currents (Waves) that give them spiritual Force.

Therefore, besides the Exercises, one also accustoms oneself to a straight Posture, as opposed to a bent and sunken posture; likewise, Nervousness and unnecessary Hand-Movements also hinder the Flow of the Universal-Force [**All-Kräfte**].

(3rd Exercise: Seated) Every day, the Student sits down at an open Window, or in cold Season at a closed Window in a well-ventilated Room. One completely relaxes the Body, does the breathing exercise already mentioned, and directs their Eyes into the Distance with a steady Gaze, if possible to the North or East, and in no way allows oneself to be distracted by Things or Objects that are within one's Sight. One should switch off all Thoughts and remain in perfect Calm/Peace for a quarter of an hour.

(4th Exercise: Evening) Before going to Bed, the Student practices the aforementioned Breathing-Exercise and then, while remaining in the **Ich**-Rune-Position one says to oneself the following:

“My Self [**Ich**] is awake. [Alternatively: ‘I am Awakening’ or ‘My Inner Being is Awakening me’.]

I am a Child of my Humanity, I serve it through higher development and thereby acquire magical Abilities. I consciously [**bewusst**] walk the Path towards you, All-Father, therefore I always have your Protection and your Blessing. I love my Brothers and Sisters and I am kind to all People.

I will defeat all Weaknesses in me, thus creating a better, healthier Life for myself. I want to become wise and noble.

With all my Force, I openly fight [**bekämpfe**] all the Corruption, Vulgarity/Inferiority and Evil which hinders my spiritual Development.

I live in Harmony and send out only noble, good Thoughts.

Thus, through Thee, All-Father, I will arrive at the luminous Goal!”

Now the Student goes to Bed and sends out good Thoughts and Wishes. They will wake up healthy, happy and well-tuned [**wohlgestimmt**]. After washing, they would do their Morning-Exercises and then go about their business.

The above Exercises are to be done for 7 days, but they can be extended to 14 days.

Gnostic Runology – Runic Alphabets and Our Study

Understanding Our Study of the Runes

We have tried to introduce the reader to different factors that have played a part in the development of Runic Exercises. We have briefly looked at the Gnostic-Anthropological aspect, then the Mythological as well as the Historical Background and Context that contributed to the popularity of the Runes. However, our real aim is to study and understand the Gnostic Esoteric aspect of these practices.

As we mentioned at the beginning of the course, **our goal has been to prepare the reader for the teachings of Arnaldo Krumm-Heller (Huiracocha) and Samael Aun Weor.** Why? Because of the following statement:

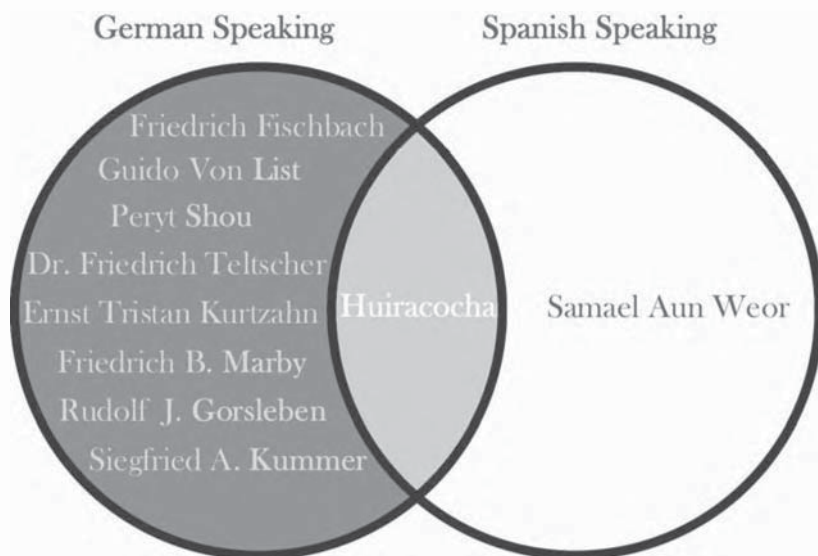
“THE CHRISTMAS MESSAGE 1968-69 CONTAINS THE RUNES FOR AWAKENING THE CONSCIOUSNESS.”

This statement implies that **the Runic Exercises can be used to assist us with the Awakening of the Consciousness.**

It becomes clear, when studying Samael Aun Weor’s writings on the Runes, that he studied Huiracocha’s **Runic Course**. He is even quoted as saying that Huiracocha’s “Course on Runic Magic is marvelous, there is no denying it...”

When we study Huiracocha, it becomes clear that he studied the German Esoteric & Occult authors of his time, including: Kummer, Kurtzahn, and Peryt Shou (he seems to have been friends with the last two).

And, if we read those German authors, then we can see that they read and/or were influenced by Gorsleben, Marby, List and Fischbach. So we have included them in an effort to show the possible sources, inspirations or (at the very least) similarities between authors.



The Runes we will be Studying

The influence of Guido von List on 20th century runic studies can not be underestimated. Although Johannes Bureus used a slightly modified version of the *Younger Futhark* runic alphabets (combining several variants together) in the 1600s, to which List added a few more, it is clear that List's alphabet became the popular one among many of those interested in *Völkisch* studies.

It is sometimes said that Guido von List created a new 'Alphabet of 18 Runes' (often referred to as the "Armanen" Runes). However, both Bureus and Fischbach also emphasized the same first 15, calling the remaining ones "more recent" runes. What List attempted to do was to reduce all the different rune alphabets into the most important ones.























Bureus' "Adul" Runes (1600s)		Friedrich Fischbach's Runes (1900)		Guido von List's "Armanen" Runes (1906)				
1	ƒ ƒ ƒ	(F, V) <i>Frey</i>	1	ƒ ƒ	(F) <i>Fé, Féoh</i>	1	ƒ	(F/V/Ph) <i>Fa</i>
2	u u u	(U, V, Y) <i>Ur</i>	2	u u	(U) <i>Ûr</i>	2	u	(U/W) <i>Ur</i>
3	þ þ	(T, Th) <i>Tors/Thors</i>	3	þ þ	(Th) <i>Thôrr</i>	3	þ	(Th/D) <i>Thorr/Thorn</i>
4	o o o	(O, A) <i>Odhes/Odhen</i>	4	o o	(O/A) <i>Ans, Os, Aesc</i>	4	o	(O/A) <i>Os</i>
5	r r r	(R) <i>Rydhur</i>	5	r r	(R) <i>Reid, Rad</i>	5	r	(R/Rh) <i>Rit</i>
6	k k k	(C, G, Q) <i>Kyn</i>	6	k k	(K) <i>Kaun, Kien, Kiel</i>	6	k	(K/G) <i>Ka</i>
7	h h h	(H, Gh, Ch) <i>Haghall</i>	7	h h h	(H) <i>Hagal</i>	7	h	(H) <i>Hagal</i>
8	n n n	(N) <i>Nadh</i>	8	n n n	(N) <i>Naud, Noth</i>	8	n	(N) <i>Nauth</i>
9	i i i	(I, J) <i>Idher</i>	9	i i	(I) <i>Îs</i>	9	i	(I) <i>Is</i>
10	æ æ æ	(Æ, A) <i>Æru</i>	10	æ æ æ	(J) <i>Jêr</i>	10	æ	(A) <i>Ar</i>
11	s s s	(S, Ss) <i>Sun</i>	11	s s s	(S) <i>Sol</i>	11	s	(S/Z) <i>Sol</i>
12	t t t	(T, D) <i>Tidhr</i>	12	t t t	(T) <i>Tyr</i>	12	t	(T) <i>Tyr</i>
13	b b b	(B, P) <i>Byrghal</i>	13	b b b	(B/P) <i>Biörk</i>	13	b	(B/P) <i>Bar</i>
14	l l l	(L, Ll) <i>Lagher</i>	14	l l	(L) <i>Lögr</i>	14	l	(L) <i>Laf</i>
15	m m m	(M, Mm) <i>Man</i>	15	m m m	(M) <i>Mâdr</i>	15	m	(M) <i>Man</i>
				yr yr	(yr) <i>Yr</i>	16	yr	(Y) <i>Yr</i>
				ϕ ϕ	(e) [no name given]	17	ϕ ϕ	(E) <i>Eh/Ehe</i>
				χ χ	(g) [no name given]	18	χ	(G) <i>Ge/Gibor</i>
				ƿ ƿ	(w) [no name given]			
				ð ð	(D/d) [no name given]			
				o o	(n) [no name given]			
				o o	(o) [no name given]			

Comparison of Rune Alphabets

	Bureus' "Adul" Runes (1600s)		Guido von List's "Armanen" Runes (1906)	
1	ƒ ƒ ƒ	F, V Frey ("Freyr" – a phallic fertility god, as well as seeds, frogs and cow)	ƒ	F/V/Ph Fa (Fire, Procreation, Cattle/Livestock, Property, growth, migration, etc.)
2	u u u	U, V, Y Ur ("from", "out of", as well as clock)	u	U/W Ur (Primordial/Original, Eternity, Bull/Procreation, Aurochs/Ox, Life after Death, etc.)
3	þ þ þ	T, Th Tors/Thors ("to dare", God United, as well as Thurs – the god Thor)	þ	Th/D Thorr/Thorn (the god Thor, Thunder, Thunderbolt, Flash or Lightning and Thorn, etc.)
4	h h h	O, A Odhes/Odhen (Odin or Wodan, "oath", as well as Mercury)	h	O/A Os (Gods, Mouth, Formation/Emergence, Ash tree, Ashes, etc.)
5	r r r	R Rydhur (advice, ride, as well as rudder)	r	R/Rh Rit (Cosmic law, Rat, Red, Wheel, to Clear, Right, etc.)
6	k k k	C, G, Q Kyn (the reproductive power of nature, nature's generous or noble rod)	k	K/G Ka (chew, pine, boat, daring/bold, none/nothing, etc.)
7	h h h	H, Gh, Ch Haghall (skill, cunning, finesse, as well as art)	h	H Hagal (All-caring, to enclose, Hail, to destroy, etc.)
8	n n n	N Nadh (grace and distress)	n	N Nauth (need, Compulsion of fate)
9	i i i	I, J Idher ("completely naked", remorse, repentance)	i	I Is (Ice, Iron)
10	æ æ æ	Æ, A Æru (honor and eagle)	æ	A Ar (Sun, Primordial-Fire, Aryan, Nobles, etc.)
11	s s s	S, Ss Sun (highest sun, hanging sun, son of light)	s	S/Z Sol (Sun, Salvation/Health, Victory, School, Aim/Goal, etc.)
12	t t t	T, D Tidhr (tiger, priest)	t	T Tyr (Animal/Beast, Týr - the Sun & Sword God, to generate, to turn, to conceal, etc.)
13	b b b	B, P Byrghal ("to start", "gate", the microcosm, the spirit immersed in matter, "son of war")	b	B/P Bar (Birth, Singing/Chanting, Stretcher/Bier, etc.)
14	l l l	L, Ll Lagher (to drip, to pour, to bath, "arrange", law)	l	L Laf (Primordial Law, Sea, Life, Downfall/Decline, Defeat/Failure, etc.)
15	m m m	M, Mm Man ("the one who closes the mouth" and "man as the measure of everything")	m	M Man (Male/Masculine, Moon, etc.)
16			Ƨ	Y Yr (Iris, Bow, Rainbow, Error - to be Wrong or to be Mistaken, Anger/Wrath, etc.)
17			Ƨ M	E Eh/Ehe (Marriage, Law, Horse, Court of Justice, etc.)
18			Ƨ	G Ge/Gibor (Gift, Giver, God, Earth, Death, etc.)

Almost all the rune authors we are studying agree on the first 15. List added 3 more and many rune authors (inspired by him) have adopted the 18 "Armanen" Runes as the primary ones. However, in our study we will look at additional runes (and variants of those primary ones).

Below we have a table listing the runes on the left and, along the top, the names of the authors we are studying who mention them (explicitly as a rune). We haven't included Huiracocha, because we started with his FRA's runes, so they are all already included:

	Rune Shape	Rune Value	Johannes Bureus	Friedrich Fischbach	Guido von List	E. Tristan Kurtzahn	Rudolf J. Gorsleben	Siegfried Kummer	Samael Aun Weor
1		F/V	yes	yes	yes	yes	yes	yes	yes
2		U/W	yes	yes	yes	yes	yes	yes	yes
3		Th/D	yes	yes	yes	yes	yes	yes	yes
4		O/A	yes	yes	yes	yes	yes	yes	yes
5		R	yes	yes	yes	yes	yes	yes	yes
6		K/C (G)	yes	yes	yes	yes	yes	yes	yes
7		H	yes	yes	yes	yes	yes	yes	yes
8		N	yes	yes	yes	yes	yes	yes	yes
9		I	yes	yes	yes	yes	yes	yes	yes
10		A	yes	yes (combined with #19)	yes	yes	yes	yes	yes
11		S/Z	yes	yes	yes	yes	yes	yes	yes
12		T (D)	yes	yes	yes	yes	yes	yes	yes
13		B/P	yes	yes	yes	yes	yes	yes	yes
14		L	yes	yes	yes	yes	yes	yes	yes
15		M	yes	yes	yes	yes	yes	yes	yes
16		Y/I	yes (combined with #5)	yes (but considered minor)	yes	yes	yes	yes	no
17		E	no	yes (but considered minor)	yes	yes	yes	yes	no
18		G	no	no (not as a rune explicitly)	yes	yes	yes	yes	yes
19		J	no	yes (combined with #10)	yes (but considered minor)	no	no	no	no
20			no	no	no	no	no	yes	yes
21		O	no	yes (but considered minor)	yes (combined with #4)	yes (combined with #4)	yes (combined with #4)	yes (combined with #4)	yes (combined with #4)
22		G	no	yes (but considered minor)	yes (combined with #18)	no	yes (combined with #18)	yes (combined with #18)	no

Gnostic Runology – Rune-Songs and Runic Postures

The Rune “Songs” and Alliteration

As we have learned (when we studied the Mythological aspect), singing ‘rune songs’ or the chanting of rune poetry (“enchanting”) plays a role in the folklore of the runes. After Odin had hung nine nights on the World tree, he learned ‘rune songs’ or ‘runic incantations’ before coming down.

Fischbach explains that “the Runes were not Magic-Formula [*Zaubermittel*] in and of themselves, because they became magical only through Incantations or Magic-Sayings [*Zaubersprüche*]. He also says that, in order to perform their Healing functions, these Sayings were invoked through a “Healing Song [*Lied Heil*]”.

At this point, we should understand the limitations when trying to translate certain German words into English (which we also mentioned when discussing Marby’s Runic Philosophy).

The German word *Heil* has many different meanings when translated into English:

hail; heal, healing, cure, curative; well-being, welfare; good; salvation, deliverance; intact, unhurt, undamaged, in one piece.

So this word includes not only ‘health/healing’, but is also connected with ‘salvation’, ‘well-being’ and even ‘hail’ (a greeting or praise-giving phrase):

Heil = Hail = Health = Well-Being = Salvation

And the German word *Heilige* (meaning holy, sacred, saintly, devout, sanctified) comes from the root *Heil*... This means that the English concepts of ‘health/healing’, ‘holy/sacred’, and ‘salvation’ are all unified in a single word in German.

So when we discuss a “Healing [*Heil*] Song”, this song is also a “Salvation Song”, a “Song of Well-Being”, as well as a “Hailing Song”. Fischbach says that these Songs were “closely connected with the Runes through alliteration” (use of similar phonetic sounds at the beginning of adjoining words).

It was very important that the Rune conformed to the Incantation or Magic-Saying and, Fischbach tells us, the Rhyme repeated the Initial-Sound, “to make the Saying more powerful”. He gives an example with Divination, when the answer was given: it was in rhyme, “the Seer rhymed the alliterated Runes”.

Maybe the most famous alliterative rhyme in English is ‘Peter Piper’:

“Peter Piper picked a peck of pickled peppers.
If Peter Piper picked a peck of pickled peppers,
where’s the peck of pickled peppers Peter Piper picked?”.

The Runic Body-Postures and their “Songs”

Fischbach’s alliteration concept seems to have been picked up by Guido von List, because of the building blocks in List’s Kala Mystery Language. We covered this in more detail in Guido Von List’s Runic Ideas, but we will try to summarize the relevant ideas below.

The *Kala* , or what List sometimes calls the “aryan Primordial-Language [*arische Ursprache*]”, is based on phonetic values (as opposed to numeric values, like in the Kabbalah), where the runes correspond to a combination of Vowel-Sounds (A, E, I, O, U) and/or Consonant-Sounds.

	So erscheint der					unter dem Namen „ar“				
Buchstabe	F	als	Rune	J	od.	M	„	„	„	„eh“
„	E	„	„	I		„	„	„	„	„is“
„	O	„	„	A		„	„	„	„	„os“
„	U	„	„	U		„	„	„	„	„ur“

These sounds are combined together to make syllables or 'sound formulas' which, List says, have an esoteric significance. These combinations form what List calls 'Seed-Words' [*Keimworte*].

As an example, for the 1st rune (which has a phonetic value of 'F'), the Seed-Words are:

'Fa, Fe, Fi, Fo, Fu' and 'Af, Ef, If, Of, Uf'.

And, in fact, the Seed-Words for all the Consonant-Runes [*Mitlautrunen*] are made by simply adding the five Vowel-Sounds to the corresponding Consonant-Sounds.

Die Keimworte.

I.	II.	III.	IV.	V.	VI.	VII.	VIII.	IX.	X.
F	R	T	D	N	S	T	B	L	M
fa	rit	fa	thorn	noth	sol	tir	bar	laf	man

Entwicklungsstufe	I	:	fa, fe, fi, fo, fu; af, ef, if, of, uf.
„	II	:	ra, re, ri, ro, ru; ar, er, ir, or, ur.
„	IIIa	:	fa, fe, fi, fo, fu; af, ef, if, of, uf.
„	IIIb	:	ga, ge, gi, go, gu; ag, eg, ig, og, ug.
„	IVa	:	tha, the, thi, tho, thu; ath, eth, ith, oth, uth.
„	IVb	:	da, de, di, do, du; ad, ed, id, od, ud.
„	V	:	na, ne, ni, no, nu; an, en, in, on, un.
„	VIa	:	fa, fe, fi, fo, fu; as, es, is, os, us.
„	VIb	:	za, ze, zi, zo, zu; az, ez, iz, oz, uz.
„	VII	:	ta, te, ti, to, tu; at, et, it, ot, ut.
„	VIIIa	:	ba, be, bi, bo, bu; ab, eb, ib, ob, ub.
„	VIIIb	:	pa, pe, pi, po, pu; ap, ep, ip, op, up.
„	IX	:	la, le, li, lo, lu; al, el, il, ol, ul.
„	X	:	ma, me, mi, mo, mu; am, em, im, om, um.

If we take the Seed-Words that start with the corresponding Consonant-Sound, then we have a very rudimentary alliterative ‘song’: “Fa, Fe, Fi, Fo, Fu”

When Kummer publishes his “Holy Runic-Power [*Heilige Runenmacht*]” book (in 1932), he gives these same ‘songs’ for his corresponding rune practices. Using the 1st rune again, one takes up the corresponding posture and one should:

“softly sing or hum the ‘F’ or ‘Fa’.

I recommend the following Sound-Formula [*Lautformel*]: ‘fa-fe-fi-fo-fu’ ...”

On the other hand, the Vowel-Sounds, generally just keep their own sound (such as ‘U’ for the 2nd rune) or they use the rune’s name (or a derivation of it) as the Seed-Word (such as ‘Os’ for the 4th rune). However, there is also the possibility of combining the Vowel-Sound with the five vowels, such as ‘Aa-Ae-Ai-Ao-Au’ or ‘Aa-Ea-Ia-Oa-Ua’ for the 10th rune which corresponds to the ‘A’ sound.

F	:	aa	—	ae	—	ai	—	ao	—	au.
E	:	ea	—	ee	—	ei	—	eo	—	eu.
I	:	ia	—	ie	—	ii	—	io	—	iu.
O	:	oa	—	oe	—	oi	—	oo	—	ou.
U	:	ua	—	ue	—	ui	—	uo	—	uu.

On the following pages, we have a table showing the rune posture and the corresponding ‘song’ as “Associated Traditional Germanic Mantram” which have been taken from those given by Kummer (and/or other authors if available):

Gnostic Runology – Racial Themes

The term ‘Aryan’, the *Völkisch* Movement and the Need to Extract what is Useful

We mentioned that the term ‘Aryan’ was used differently by Blavatsky than it was by *Völkisch* authors (in Historical Context), and the Gnostic Movement uses it similarly to how Blavatsky used it (referring to the 5th Root Race, that is: all the peoples populating our planet in these present time). **Therefore, if we interpret the German author’s use of the term ‘Aryan’ in its Gnostic sense rather than its *Völkisch* sense, then we get a very interesting perspective.** That being said, we need to remember the definite impact that *Völkisch* ideas had on the previous centuries, and continue to have on people searching for an understanding of identity.

Often, we think of “*Völkisch*” as referring to only those of European ancestry, but the idea of a ‘special’ group (or “Folk”) is often used as a catalyst to unite a people, regardless of their ancestry. We see it not only in “racial-power” movements, but also in: religious extremism, nationalism, and even gang culture.

Many times people want to define themselves by what group or groups they belong to (or by which ones they don’t belong to), but, in terms of Gnostic Psychology, this does not really allow us to know ourselves.

To know ourselves, to know what we are internally, depends firstly on our ability to direct our attention to our interior. Secondly, it depends on what we do with the data we receive from our observations.

If we define ourselves based on exterior things (“race”, ethnicity, nation, politics, socio-economic situation, local affiliation, etc.), then we are more trying to fit a predefined mold of what that exterior thing ‘should’ be, rather than we are trying to study ourselves. So if our goal is to know ourselves, then let us recognize the drawbacks of group affiliation(s) and, instead, let us attentively study ourselves.

In any case, in our study of the Runes, we must note the influences that have affected Modern Runology, so that we can understand what needs to be discarded and what needs to be emphasized. Modern Runology emerged from a *Völkisch* culture, and we can study this while (at the same time) extracting the essential concepts from it in order to “salvage” some wisdom from these authors.

Let us not forget that after the WWII, the United States took many German scientists who had been working in missile & rocket technology and used them to put a man on the moon (see Operation Paperclip). So let us also take advantage of this esoteric information, but without becoming fanatical, because there are some themes here that can help us advance quickly in these studies.

A Note about ‘Race’: The Gnostic Movement's Position

The following is from Ch. 31 of *Igneous Rose* (first published in 1954) by Samael Aun Weor:

“In his Course of Runic Magic, the Master HUIRACocha teaches all these things [referring to certain Runic Exercises]; however, the sacred Runes are not the property of Master HUIRACocha, because this knowledge is as ancient as the world and belongs to the great Schools of Internal Mysteries.”

We do not accept the statement of the Master Huiracocha which states that black and yellow skinned people cannot belong to the WHITE LODGE because it is only for people who belong to the white race. We cannot accept this type of racial prejudice, because the WHITE LODGE is universal. **Masters from all races exist within our venerable WHITE LODGE.** We must not forget that the Masters MORIA and K-H (Kout Humi) belong to the yellow race. The white race is not superior nor inferior than another race; simply, it is different, that is all...

We also disagree with Master Huiracocha's despise for Oriental wisdom. Christ taught three ways in order to reach the union with the Intimate (the INTIMUS or Inner Being).

- [1] When he was preaching to the multitudes, when he was mystically exalted, he showed us the way of Ramakrishna, Kempis, and Francis of Assisi. This is the path of Anthony of Padua and Theresa of Jesus. This is the Mystical Path.
- [2] When Christ was walking with Magdalene, the repented prostitute, when he was among publicans and sinners, fishermen and wine drinkers, he showed us the Gnostic path.
- [3] When he retired to the solitude of the desert for forty days and forty nights, he then taught the way of oriental Yoga.

The seven rays of cosmic evolution are synthesized in these three ways that the Nazarene showed. Therefore, we cannot despise Oriental wisdom.

All human Intimates (or Inner Beings) who are fastened to the wheel of births and deaths belong to these three ways. **With all this, we sustain that sexual magic between husband and wife is the way in order to reach Nirvana. Therefore, we cannot accept the racial prejudice of Master Huiracocha for any reason. God has no preference for anyone. All human beings without distinction of sex, race, creed or color are beloved children of the FATHER and have the same rights.**

We also cannot accept the absurd thesis of Huiracocha, who stated that it is a sin for a man of one race to become married with a woman of another race, and that the bastard children of such marriages are children of the devil.

We recognize that the Master Huiracocha is a GURU of the Universal White Fraternity and it is evident for me that he is an Archbishop of the Gnostic Church; yet, he committed a lamentable mistake when he made these statements in his Course of Runic-Magic. There is no doubt that if the Guru Huiracocha had a physical body he would rectify those errors, because humans commit errors, however, only those who are stubborn remain in the error.

...All human beings, white, black, yellow, red and brown, have the right to speak the Verb of Light and to form part of the Great Universal White Fraternity, because everyone is a beloved child of the Father. God has no preference for anyone, he cares equally for humans and ants, birds and reptiles.

God has no racial prejudice and loves all his children with infinite love, without distinction of sex, race, creed or color. We must love all human beings; we must give even the last drop of our blood for all our brothers and sisters who belong to this great human family.

Evil ones criticize me because I teach the secret doctrine of the Gnostics to humanity. I diffuse all the esoteric teachings in order to save all my brothers and sisters of this humanity. Everything that I know is for my brothers and sisters. Therefore, I have decided to teach them the most sacred things of the universe, so that they may enter Eden, as I have entered."

Gnostic Runology – Huiracocha’s Introduction to the Runes

The articles below were originally printed in an Chilean Magazine entitled “ALMANAQUE ASTROLOGICO PARA 1936”. The translation of the full title was: “ASTROLOGICAL ALMANAC FOR 1936 – Daily Practical Guide [to] Astrology, Sciences, Hermeticism, Literature, Agriculture”. It is available in the English translation of Huiracocha’s Runic Course: [Gnostic Rosicrucian Runology](#).

The Runes

In all the Continents, be it in Europe, Asia, Africa, and above all, in America we find inscriptions carved upon rocks which we know by the name of. With primitive instruments, men (who lived thousands of years ago) engraved certain signs on the cliffs, which for them represented something sacred and they wanted to preserve them.

In Spanish, we have a curious word: “CALAR”, which we use commonly, in order to express the act of marking products (for example, to mark fabrics or metals). We also call the action of cutting into a watermelon or another melon in order to verify maturity “CALAR”. And we say the same word “CALAR”, when we put the bayonets into position with the intention to injure the enemy. In short, ‘to penetrate the motive, the reason or the secret’ of a thing, we call “CALAR”.

Among the ancient peoples of the North, “CALAR” OR “CABALAR” was said for the act of tracing or carving inscriptions on stones. Today, translating this term, we find the root of the word “CABALA” or “KABBALAH” which means “TRADITION”. Thus we can see that the KABBALAH is not Hebraic, but Nordic.

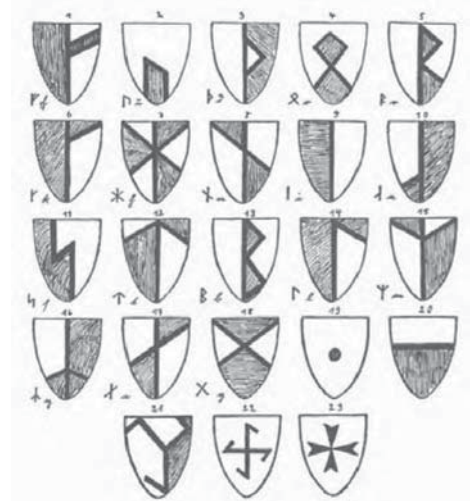
The two main Runic systems, received from the Germans and Scandinavians, were called “FUTHORK”. In them, each runic letter represented a God and although much of our mythological knowledge has been lost, some was preserved, like the God TYR, Tins, etc.

Tacitus has already acknowledged that these runic characters had a certain magical disposition, and we can assert the same, that the knowledge of the Runes was a privilege of the initiate priests, above all in that which refers to Runic Magic as prophecy.

The degeneration of our civilizations has led to the Anthropomorphic idea of Divinities, which does not invalidate that ancient peoples recognized that behind these names of Gods were hidden cosmic-magical forces, and that since human language was the exponent of the Logos, of the Mediator, of God, thus the characters written or engraved upon those rocks were the magical manifestations of the Logos itself.

If a man can act upon the cosmic forces through the tone or word (Mantrams), then he can also conjure or exorcise through the Runes. Just as the language of Light preceded ordinary language, the origin of the Runes is divine.

(In the engraving on the right, you can see the various Runic signs preserved up to now in many coats of arms.)



Dusty books from the libraries of Sweden, Norway, and other Nordic countries allowed us to access, in part, the key to this high magic; until in the archives of the Rose-Cross Fraternity manuscripts were found, which confirmed and complemented the truths conveyed by those works. In this way it was possible to translate and interpret works of Magic superior to everything known from the East, confirming the old Latin sentence: “EX-SEPTENTRIONE LUX”, that is to say, the Light comes to us from the North.

By theoretically discovering the power of the Runes as magical agents, we lacked the connection with ourselves, as an organism. But the Dr. Calligari, of Rome, discovered that man is a kind of Radio antenna, whose centers of reception and emission are located on the skin; he experimented with receiving and sending messages more than 100 km away. With this he saw that to mentally form pictures of objects, geometric figures and letters of the alphabet regularly presented difficulties. He tried several processes, such as the Morse system (in telegraphy), but with no better results. Calligari did everything in his power, but he obtained nothing. A celebrated Runist, who took over the same system of the Italian doctor, and, since he knew the matter, found the key, by making use of the Runes.

The Runes, in themselves, have enlivening forces, that even if these forces are only accessible in a rudimentary manner (through the Rose-Cross runic practices or exercises), one still becomes capable of handling High Magic in a way that even Eliphas Levi could not do himself. The Rose-Cross has discovered in the Runes the key to the highest powers.

Dr. KRUMM-HELLER.
Berlin, September of 1935.

Magical Power of the Runes

Otto Hauser, in his work “*Germanischer Glaube [Germanic Creed]*” and in his translation of the “EDDA”, shows that many cosmic events, which were related to the annual course of the Sun, were personified in figures of German legends. All the original worship of the Nordic peoples was a “veneration to the **Holy-Sun**”, like great celestial power, that always woke up again to the land of its death (winter sleep). The Nordic man loved the Sun as an eternal vital force and as the image of all LIGHT (both physical and spiritual).

The RUNES originally came from this source, and were always considered as cosmic signs. They served for the denomination of the ORTHO (Rising) and the setting of the Sun in its annual course; and for this reason, they were also used as signs in the Calendars. These Calendars of RUNIC RODS/STAFFS were used in Sweden until 300 years ago. We can still see them today in the Nordic Museum of Stockholm.

Many explorers believe that the RUNES are the oldest writing in the world. And it is proven that the RUNES were not only signs indicative of the course of the Sun, and simple signs according to our current sense, but even more, they were also MAGIC SIGNS.

Let's occupy ourselves with them: FUTHORK, which is the name of the RUNIC ALPHABET. This word is composed of the first letters, that consists of 24 signs, which are conserved in 5 monuments. In the EDDA, there appears a FUTHORK of 18 signs, which we will observe more closely: each RUNE has (like each letter of our alphabet) a name, which represents both a root word and a numerical value, as they are found in the song of the HAVAMAL.

The simplest and most popular use of the RUNES was for predictions. To this object, the RUNES were engraved on branches or rods of beech and then cut out.

These beech rods (note that letters, in German, are called **Buchstaben**; **Buche** or beech + **stab** or rod/staff), were thrown at random onto a white cloth, then picked up with their heads up and handed over to a man or woman knowledgeable for its interpretation. Said Oracle was received as coming from superior forces. Even now, the custom is still preserved in some places.

Tristan Kurtzahn revealed the procedure to us some years ago:

The Runic consultation should be carried out in a beech or oak forest, and only at certain times, at sunrise, at 6 or 9 in the morning, at midday, or even at 3 or 6 in the afternoon, as well as at the setting of the Sun, preferring Wednesdays or Sundays. The consultant should be completely alone and in one's best suit, and another important detail was not to talk to anyone about it. Silently cut the Runic rods of beech, oak or hazel rods/sticks, tying them up slowly with fibers. There were 4 different methods known: Druid, Dordon, Stonehenge, and that of Halgadam; it was up to the consultant to choose the one that seems the most.

In the aforementioned Song of the HAVAMAL, of the EDDA, the Runic are presented for us as ancient **Magical Signs**. In this song, ODIN OR WOTAN describes how he invented the Runic and the magical significance that they enclose.

Even today the use of the Runic lives on in villages, which is demonstrated by Siegfried Kummer in his book «*Heilige Runenmacht*» (*Holy Runic-Power*): "The TYR Runic, he says, served as a magic formula against the *Jettatura* (the evil eye)".

The Runic were used in short inscriptions on weapons, jewels and coins (figure 1), as well as in various shields that still survive. (See drawing page 150 of this Almanac see the shields above). In the North these inscriptions are customary engraved on tomb stones. One of them is that of UPLAND, which dates from the year 1,200 after J.C.

To whosoever has good eyes in order to observe, is still saluted today by benevolent signs in houses of old German cities and villages, speaking of its former inhabitants who knew how to appreciate, through tradition, their primordial knowledge. It is possible that the current inhabitants may have no idea of the deep significance of the timber of their houses.

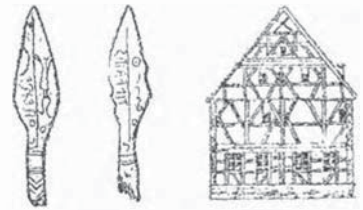


Fig. 1

Fig. 2

In this regard, says Siegfried Kummer:

"It was in the *Erzgebirge* (mountains between Saxony and Bohemia), where I found an old house, which invited me (through its Runic in the timber) to rest in it. I told the owner that I already saw from afar what his house told me, he answered me, that he had never understood why his father gave so much value to these beams; for he always said to him: "In these beams our great-great-grandparents already believed and they never went wrong". I showed the owner, at the entrance of the house, a beam with three TYR Runic, and then he remembered that his grandfather said: "These Magic Signs reject all demons, witches and pestilence in animals", adding, that in reality never have his animals suffered pestilence and he was convinced of the power of these signs, although the priest laughed at it" (figure 2).

The use of the Runic in the timber houses probably dates from the times of the persecutions of the church; the persecuted (in order to recognize each other) opted for this method, and thus the tradition was perpetuated.

It is clear that this quick story does not leave the Runic mysteries exposed. Many of these **Signs** are found in the Indo-American countries, and nonetheless, it has accommodated the ROSE-CROSS FRATERNITY OF THE SUMMUM SUPREMUM-SANCTUARIUM IN BERLIN, to be the first to reveal them to the Latin world.

Gnostic Runology – Eurythmosophia and the Runes

The Language of Light, Harmony, Vibration and the Law of Rhythm

Huiracocha says that human language is of divine origin and in its beginnings this divine language was a Language of Light. “I am the Light of the World” said the Nazarene and St. John repeated that the LOGOS (the Verb, the Word) and the DIVINE LIGHT were two aspects of the same thing. If God (the Divine Force, the Universal Law, the Great All, Life in itself, the Great Energetic Potentiality) is the same and equal (in essence and in substance) with the Word of LIGHT or LOGOS, then we are being given a synthesis that encompasses everything...

We could interpret Genesis as saying: “In the Beginning was the Rhythm”, and (as the first manifested law) this had to be the law of vibratory movement or that primordial “Genesis-izing” light, the vital electricity that generated Light, Heat, Sound, etc.

What is it that Animates Everything? The Voice, the Spirit and the Word, the Great Breath, the Holy Spirit. **The Universe has to be a wonderful concert of vibratory movements.** This great divine concert is musical, through the Law of harmony (although it may not be perceived physically) and music is only its manifestation or expression in the world of sound. Rhythm, just as in music, must be the condition that prevails for all of this great accumulation of vibrations. Even in the human organism everything obeys a rhythm and the heart itself keeps the beat.

Do you remember the chromatic Prelude to Wagner’s *Rhinegold* from which the symbolic waters of the River are fecundated? This must have been the biblical Genesis-izing principle. These stories, just as that of Pan’s Flute, the Magical Flute of Papageno, or the Lyre of Apollo, are not fiction: they are an eternal truth. **Music is Number and Sound; Vibration had to construct everything that exists with its Word, Verb or LOGOS.**

What did Pythagoras mean when he said, that “he heard the rhythmic music of the stars in movement”? That vibratory electrical energy is what beats throughout the Solar Universe, dragging planets towards a Central Sun. As such, they are chained electron to electron, atom to atom, molecule to molecule, cell to cell, etc., in each of the combinations and forms of this vast system. This system works under the Law of Rhythm.

Harmony and music are produced when the vibratory values of the notes of the scale are encountered in relation to others. Every musician knows that the chords formed by a note and with its third or fifth Octave, are harmonic. Contrarily they are discordant. There is only one reality in the Universe: Energy. **Matter is nothing but the Geometric or Geocentric place of the singular points of an energy field.**

We receive the *Materia Prima* (the Primordial Matter of the Cosmos) from the Planets & Stars, and each one vibrates in a sound which is peculiar to it. These Astrological influences (like everything that gives us impressions from the exterior world) pass through certain magnetic centers within us that, in their turn, are subject to our endocrine glands, organs, etc.

Each Center has a Star or Planet that produces its basic substance and a sound that corresponds to it. The occult powers also reside in these centers and whosoever wakes up those powers, will show that **within mantrams is enclosed the special force of the vowels that can give us help.** Vowels & consonants are syntheses and their forces activate the Astrological bodies as well as act upon the chakras.

Psychotechnical Practices, Eurythmosophia and the Runes

We have intuition as a prominent divine factor, which can guide us, but intuition does not work for us if we do not do magical exercises. We should study the movements before we do these magical exercises and this has always been the privilege of the Initiatic Societies. These exercises and everything that is done (like the steps and movements in the different Masonic degrees) are not only psychotechnical practices, but they are also practices that can take us to a superior state of consciousness from the commonly known state of consciousness...

There is a new science, Eurythmia, or it would be better to say Eurythmosophia. **With this science we learn to do our gymnastic movements imitating the consonants and pronouncing vowels.** Through this system, Huiracocha was able to return lunatics back into rational people (including those who had spent many years in a mental hospital). This, he says, was because they had lost the rhythm and when they were rhythmically put back into alignment, then they were instantly healed. **The secret of vocalization is to produce edifying, constructive, and creative sounds.** In this science of Eurythmosophia, we use the “Runes”:

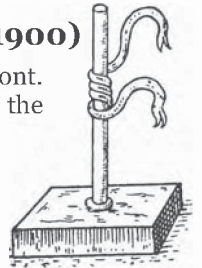
		Rune Name	Astrological Association	Huiracocha's Color	Huiracocha's Association
1	ƒ	(F) <i>Fa</i>	Mercury	Violet, yellow	Willpower, destiny, guide (Fire)
2	𐌸	(U) <i>Ur</i>	Virgo	Dark violet	Science, Comprehend (Light)
3	ᚢ	(D) <i>Thoros</i>	Libra	Yellow, blue, light green	Action, Matrimony, Achieve (Willpower)
4	𐌶	(O) <i>Os</i>	Scorpio	Dark red	Realization, offer (Door)
5	ᚱ	(R) <i>Rit</i>	Jupiter	Blue violet	Religion, understand (Law)
6	ᚦ	(K) <i>Kaun</i>	Venus	Yellow, orange	Temptation, sustain (the Eternal Feminine and Sex)
7	ᚨ	(H) <i>Hagal</i>	Sagittarius	Purple, blue, red	Victory, transmute (Interior)
8	ᚷ	(N) <i>Danger [Not]</i>	Capricorn	Dark blue, indigo	Justice, equilibrium, separate (Danger)
9	ᚱ	(I) <i>Is</i>	Aquarius	Light blue, lilac, violet	Wisdom, ability, run (the Being, the Magical Self)
10	𐌶	(A) <i>Ar</i>	Sun (& Uranus)	White	Change of fortune, change (Altar)
11	ᚱ	(S) <i>Victory [Sig]</i>	Neptune	Iridescent	Spiritual power, want/wish (Victory)
12	ᚱ	(T) <i>Tyr / Tir</i>	Pisces	Purple, grey, coffee	Sacrifice, excite (Trinity/Macrocosmos)
13	ᚷ	(B) <i>Bar</i>	Aries	Light or bright red, brick	Transformation, death, fecundate (Microcosmos)
14	ᚱ	(L) <i>Laf</i>	Taurus	Yellow, blue, green	Renovation by dominion, fix (Life and Marriage)
15	ᚱ	(M) <i>Man [Man]</i>	Saturn	Turquoise blue	Magic, fatal impulse (God-Man or Celestial-Human)
16	ᚱ	(Y) <i>Yr</i>	Mars	Red	Accident, catastrophe, end [Earthly-Man or Terrestrial-Human]
17	ᚱ	(E) <i>Eh</i>	Gemini	Bright violet	Truth, Faith, Hope, unite [Marriage]
18	ᚷ	(G) <i>Gibor</i>	Cancer	Green, white	Deceptions, friends, traitors (End of prayer or Return to God)
19	ᚱ	[(J) <i>Jer/Ger</i>]	Leo	Orange, yellow, gold	Fortune, friendships.
20	ᚱ	[Cross or <i>Kreuz</i>]	the Moon	Green	Awakening, reincarnation.
21	ᚱ	(O) <i>Odil /Odal</i>	Eclipse	Black, grey	Failure, deception.
22	ᚱ	[(G) <i>Gebu</i> or the <i>Malkreuz</i>]	the Sun	Gold carnelian	Success.

Gnostic Runology – The “FA” Rune (Historically)

The “Fe, Feoh” or F Rune According to Friedrich Fischbach (1900)



This Rune stands as the most important of them all and is, remarkably, in front. The Fire-Rune shows the Fire-Drill [**Feuerbohrer**] or Fire-Whirler and the Rotation Cords or Straps which were curved upwards and towards the right.



In certain modifications of the Fire-Drill symbol, the staff that is wrapped with straps became the Tree-of-Life and even the Axis of the World. Note that Mercury also directs the snakes around his staff.

As we have already explained, Fire-Worship is common to all ancient Peoples, thus it is obvious that this most sacred Character shows few Alterations. An Overview of the Development of this Rune shows that our common ‘F’ today is in Agreement with the most prominent Fire Ornaments, which are regarded as some of the oldest Blessing-Characters.



In the Character to the left, one recognizes the quadruple F, which has been interpreted as ‘fresh, happy, free, devout’. On the right, the **Triquetrum** (which is like a triple F) denotes the Trinity.



According to the Edda (which has been called the Germanic Bible): **Odin, Wili** and **We** (Breath-of-Life, Light and Fire) form the Entire-Godhead [**Gesamt-Gottheit**]. The nordic Root-Syllables for Fire are “**We**” and “**Wi**” [pronounced ‘**Ve**’ and ‘**Vi**’ in English].

In German-speaking countries, Christmas Eve is called “**Weihnachten**” meaning “Fire-Night”. This is said to have come from an ancient festival in which the Heavenly-Fire, the Sunlight, is celebrated as being born anew (let us not forget about **Dies natalis solis**¹).

Before the Trinity of **Odin, Wili** and **We** was understood, Fire had long been venerated as the most visible and most beneficial Manifestation of the Godhead [**Gottheit**]. Even today holy Fire is still ignited on the Christian Altars.



The Rules for the Fire-Worship were strict, such that no Wood was to be used which had grown in unclean Locations (such as Cemeteries), and further that properly twisted Cords were needed. The Straps of the Roman **Fasces** were Ash or Birch wood Fire-Staffs which have a very rich symbolism. The Greeks celebrated the Consecration of such Fire-Cords (or **Tanien**) which were distributed at Festivals and they signified a Conjunction with the Holiest.

In Greek Mythology, Prometheus is known for stealing the Fire from the gods. Prometheus was originally called **Pramantheus**, since he possessed the Fire-Device, the **Pramantha**. As a Fire-Priest, he was the Foreseer, the wise Seer.

The Fire-Bird [**Feuervogel**] is another particular Symbol of Fire, since the Godhead descends in Lightning like a Bird from the Heavens. An Indian myth says that a Demon pursued God transformed into a Bird. When this Bird brought the Heavenly-Fire [**Himmelsfeuer**] down to Earth, it shot off a Feather and a Claw from which the plumed Tree-of-Life grew.

¹ **Dies Natalis Solis Invicti** (“Birthday of the Unconquerable Sun”) is a winter solstice holiday celebrated on December 25th, dedicated to **Helios** (a Solar Divinity).

The assumption that the **Fe**-Rune only means Livestock and Wealth is easily refuted. The Connection of the Fire-Rune to Money and thus to Wealth, Livestock etc., is very old. After all, Metal was obtained through Fire and then shone like Fire. A Fire-Place signified Wealth in Primeval-Times, and the Number of Cattle was also decisive. It can also be assumed that both Livestock and Money were marked or protected by the Fire-Rune. Thus, it can be explained that the historical Development of the Fire-Rune meaning Livestock and Gold began when Fire-Worship was frowned upon.

The “Fa, Feh, Feo” Rune According to Guido von List (1907)

☞ **fa, feh, feo** = Fire, Fire-Procreation [*Feuerzeugung*], Fire-Drill, Livestock, Property, to grow/waxing, to hike/migrating, to destroy (to shred).

The (First) One promises to help
 You helpfully
 In Struggle and in Misery
 and in every Need/Necessity [*Not*].

fa=Rune ☞

The Root-Word “fa” (which is symbolized as the “Primordial-Word [*Urwort*]” in this Rune) encloses the triple Basic-Concept of: [1] “Arising”, of [2] “Being” (Doing, Acting, and Ruling), and of [3] “Passing-Away to new Arising” [*Entstehen* “*Sein*” und vom “*Vergehen zu neuem Entstehen*”]. Thus it represents the Impermanence of all Existence and the Firmness of the “Self [*Ich*]” in constant Change (as in: transforming into something different) [*Wandel*].

This Rune therefore holds that the true purpose of Wisdom is for the Development of the Future life (the Ascending), while only the Fool mourns for what is Sinking (the Descending). Therefore its motto is: “Generate thy Happiness [*Glück*], and thou shalt have it!”

The “Fa, Feh, Feo” Rune According to Ernst Tristan Kurtzahn (1924)

Exoterically: Change/Exchange (when a thing changes for a different thing) [*Wechsel*]².

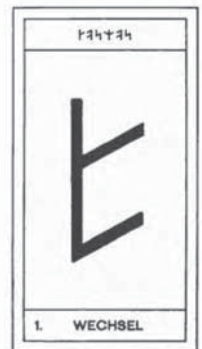
Esoterically: Cosmos [*Kosmos*], the *Ur*-Fire [*Urfeuer*].

Generally: Fire and Fire-Procreation, Property of all kinds (especially Livestock), furthermore 'to grow' and 'to hike/migrate' but also 'to destroy'.

Fa in the sense of 'to do', 'to make', we find as a Root-Syllable [*Stammsilbe*] in corresponding Words of many Languages. Doing, however, is conditioned by the three stages: [1] Beginning, [2] Continuation and [3] Completion. Everything that exists materially is permanently subjected to this threefold Change in time.

Be that as it may, even the Pyramids gradually crumble over many-thousands-of-years, but from the Debris and the Dust new Formations arise again, but which will also not last in their Completion. Thus, “Everything flows [*Alles fließt*]”, everything mutates in every Moment, be it a Material Object or a Living-Being...

The Wise person recognizes this necessary Change/Exchange [*Wechsel*] which encompasses all earthly and cosmic Events. They know that there is a secret Force, the *Ur*-Fire, which is represented as a Crucible in which the Change-of-Substance [*Stoff-Wechsel*] takes place.



² Translation note: ‘Change’ can be translated a number of ways from German. **Wechsel** is when something is exchanged for something else (one thing changes for a different thing), such as when changing the tires on a car. **Wandel** is when something is transformed into something else (the same thing transforms to be different), such as the weather is constantly changing. **Wechsel** can be instantaneous, while **Wandel** is usually a slower progression.

They rejoice at what remains in untouched and untouchable Rest, namely God, of whom the wise person knows themselves to be a Part (which is nevertheless the Whole).

These Realizations of the Wise, through the **Fa** Rune, help in the often painful Vicissitudes of Life, and can be synthesized through this simple comforting phrase: “This too shall pass”.

The **Fa** Rune, therefore, belongs to the Planet Jupiter (♃) = **Wuotan** for the above mentioned reasons and, after all, Faust says “In the Beginning was Action [**Tat**]!”.

The “Fa, Fe, Feo” Rune According to R.J. Gorsleben (1930)

Letter F and Number 1.

Fa or **Fe** Rune, Livestock, that which is fertile based on youthful energy and which procreates itself.

Dr. Friedrich Teltscher’s *Ur*-word is **Lenkung** meaning “Direction” as well as Steering, Navigation, Guidance, Guiding, Leading.

The First one promises to help You helpfully,
In Sorrows, Disease and Pain
In eternal Change [**Wechsel**] the World converts/alternates [**wandelt**]
From Passing-Away to new Becoming.



It is the Father-“**Fa-tor**”-Rune, Procreation in the Material and Spiritual realms; it also means Fire-Procreation, Fire-Drill, Livestock, Property, to grow, to hike/migrate; its Demonic is: Destruction, to shred-through, to run away, to grind-through.

The Syllable-Stems **Fa**, **Fik** gives us many German words, such as: testify/beget/procreate, Father, Priest, Pope; Fire, Spark, Leader, to make fire, Fever; Fat; Zeal/Enthusiasm, create, Fiber, Thread, Yeast; to fall/descend (glide); to take care of a sick person, to babble; from this comes the Poplar Tree; to grasp, to catch, solid, to pack, to patch.

Fiisk (Old German for 'Fish') is the symbol of spiritual Further-Procreation, and therefore an Emblem for those who follow the Christ.

The Root-Word **fa** = Beginning, and it is at the Beginning of the **Futhark**-Runes, it is the Basis or Basic-Concept, the introduction of the Trinity of [1] Arising, of [2] Being, and of [3] Passing-Away. It also introduces the Circle of Events or Occurrences [also called: 'Recurrence'], of the Eternal Return of the “**fa-tors**” (the fathers, or **fa**-doors).

In the Indian book **Dzryan** (possibly the oldest document of humanity, according to Blavatsky’s **Secret Doctrine**), which contains the *Ur*-Creation myth: the “**Fo-hat**” is the *Ur*-Procreating Power in Nature, ‘Bio–Electricity’: **That, That, That** [**Der, Die, Das**]!

“Fo-hat” is **That** which imprints the *Ur*-Concepts of the World-Spirit into Matter, the *Ur*-Procreation-Element [**Ur-Zeugungs-Element**].

Fa is the Procreation-Rune, the Male- or Father-Rune, therefore the Father, **Pater**, **Pader**, as well as **faire** (‘to make’ or ‘to do’ in French), **fare** (‘to make’ in Italian), Latin: **fa-cere** = to make, **fa**-mily; **Fa-Ma**. Father- and Mother-Principles, Chinese: **fu-mu**.

Fo is the Name of the Buddha, of spiritual Procreation, in Chinese. His Name, Buddha, or **Wudda** shows it is related to **Fuddha**, **Fuotan**, and **Wodan**, the Breath, the Spirit, and the Fire.

Fuotan = Wodan who is the Father of all Gods and Humans.

Fa-tum is Destiny, **the fa-tun = to Do Procreation ourselves!**

The **Fa**-Rune is also the **Fyr**-Fire-Rune, the Symbol of the purely generated Fire, which works creatively in pure Love.

On the **Fyr- Pyr**- and Fire-mountains was where the Fire-Dragon or fire-spitting "**Lindwurm**" guarded the Virgin, there the Heroic-Youth had to conquer the Heroic-Virgin. **Siegfried** too rides through the Flaming-Embers onto the **Hindar**-Mountain, in order to win **Brunhilde** for himself.

The ancient Egyptian **Permaseon** were what we now call **Frei-Maurer** or "Free-Mason" (after the God **Froh** or **Freya**) **Ur**-linguistically, this is derived from **per, pir, pyr, Fyr, Fier**, Fire, which also means Light, and the Word **massen**, or **messen** meaning 'to measure'. They were, therefore, the Fire- and Light- Measurers (or those who measured Fire and Light), the Astronomers, the Star-Gazers, the Priests. Together with the Carpenters, they guarded the Mystery/Secret until today, without fully understanding it.

It was the Priests with whom the Human-Rune-Row, the Human-**Futhark**, began. Thus, the Pharaohs of the Egyptian reveal themselves. The **Fa** Rune speaks to the Knower of the necessary Change (or exchange into something different) [**Wechsel**] of all earthly and cosmic Existence.

Out of the **Fa**, out of the Torch, out of the **pha**-llus emanates the spiritual and material Light, the Procreation. The Creation-Rune also explains the Myth of the **Phoe**-nix Bird, which rises again from its ashes to new Becoming through Being and Passing-Away. The Bird is a Messenger and the Symbol of Love; **Ve**-nus is their Goddess. The Word "Phoenix", can be dissected into **fa-na-ask** = procreated-born-Ash or [1] Arising, [2] Being, [3] Passing-Away. Into this realm also belongs the Name **Faust** = **fa**-ust, which means Action-Wish. "In the Beginning was Action!"

This Rune reminds us that Life, that Procreation, exists in eternal Change [**Weche**!], but also: "Generate Your Happiness/Luck and you shall have it!"

The **Fa**-Rune shows the upright Man who is pointing to the left side, which is the **Is**-Rune, the Self-Rune [**Ich**-Rune], with Arms stretched upwards (which is in a commanding Position) and which has the meaning of Procreation-Force.

Man is here, relying upon himself, having an Abundance of Procreative-Force. But he realizes and confesses himself as being Part of the Whole, namely God, the Father, the Creator, who's Image he is made in.

Man is, then, the Son of the Father, who gains that Knowledge in the Moment, when he descends from the Rune-Tree, from the Wood, from the World-Cross, from the World-Ash Tree, and goes back into the **Ur**.

*"They offered me neither Bread nor Wine,
then I bent down, seeking,
I Recognized the Runes, lamenting: I took them up
Before I came down from the Tree.*

*Now I began to become and to be wise,
To grow [wachsen] and to feel well.*

*Upon the Word, Word formed around Word;
and Work itself [evolved] upon Work [and thus] to Works:*

*Now I know the Sayings like no seer Woman
and like none of the Children-of-Men."*

Thus Man sings the Song of Wodan's Rune-Knowledge from the Edda, which clearly represents an Initiation-Tradition of the greatest Antiquity.

The "Fa, Fiu, Fe, Feo" Rune According to S.A. Kummer (1932-1933)



(F) The F-Rune, *Fa, fiu, fe, feo*, *Fa*-tor = Father; *Ur*-Fire; Procreation in the Spiritual and in the Material; Fire-Procreation; the Fire-Drill. The fire-generated, magical Force that creates all; the eternal Return of the *Fa-tor*; the purest Love; what constantly works creatively. – Numerical value 1.

Fa, the creative Cosmos, the all creating. *Fuotan* = Wuotan, the Father of the *Æsir*; as well as the Nordic *Froh/Freyr* and *Freyja/Freyja* ("Lord" and "Lady", the male & female fertility gods).

Fa is Male-Procreation, the Father-Rune. *Fa*, Father, *Pater*, Pope/Pontiff, Spark, Fever, Thread, Fiber, to grasp, to catch.

Fa, Torch, Phallus, the Light that emanates from the spiritual, physical Procreation.

Fa is the Basic-Concept of the Trinity of [1] Arising; [2] of Being (Working, Ruling, Capacity), Fire birth [*Feuer zeugend*]; and [3] of Passing-Away, returning to new Arising: the eternal Return of the *Fa-tors*. The Phoenix Bird (which through Being and Passing-Away, ascends to new Arising).

Fa, Fire, the fire-breathing Dragon, *Lindworm* (a wingless Dragon or serpent with arms), Salamander, the Fire-Spirits.

Fa is the Permanence in the Impermanence of all Existence. *Fo* = Buddha.

Fa-tun = *Fa-doing/action* = **Procreative-Doing/Action!** Property/Possession, Livestock, to Grow/Waxing, to Hike/Migrating. *Fa* in the lower Sense: Change [*Wechsel*] of all Kinds, shred, slash, pierce, penetrate.

The Demonic of the *Fa*-Rune \mathfrak{F} \mathfrak{Y} is: Inhibition, Counteraction, Counter-Sense, Reluctance, egotistic, Greed, Lust, Contamination.

The *Fa*-Rune is under the Planet Jupiter. Motto: "Generate your Happiness in *Fa*, and you will have it!"

Kummer's Full Body Rune Exercise(s):

In the *Ich*-Rune-Position, the Student raises both Arms diagonally upwards with the left Arm a little higher than the right; this is the *Fa*-Rune-Position.

1) The first exercise aims especially to take-in the intense Solar-Forces, thereby intensifying the practitioner's Magnetism. The Palm-of-the-Hands ought to face the Sun so that their Rays descend directly upon them.



Now the Breathing-Exercise: the Student concentrates on taking-in an intense electrical Force [*starke elektrische Kräfte*] when Inhaling and that they are expelling the spent Force while Exhaling.

After that, they concentrate with an intense Willpower [*starkem Willen*] on how powerful Solar-Waves [*Sonnenwellen*] penetrate into their Palms and flow in a Stream-of-Force through their whole Body.

The Practitioner takes advantage of this Rune-Position every sunny day because it enables them to have a great Impact against the lower and demonic Influences; additionally, in this Position their body is charged by the Sun with a large amount of 'electric-like Current' [*elektrisch-artigen Stromes*].

2) This second Exercise is done once a week. The Student goes out at night under the Starry Sky and takes up the position of the *Fa*-Rune. Then they meditate as follows:

“All-Father, Oh thou great Creator of the Worlds,
be always in Thy Son/Daughter, be in me,
I came out of Thee, and I return unto Thee in Bliss.

You are Love, shine through, enlighten me!

Aspiring, I joyfully battle for Thee!”

Then they do the following Breathing-Exercises: As they Inhale, they visualize that they take-in intense Universal-Love [*All-liebe*]; and when Exhaling they expel all lower Sensations [*niederer Empfindungen*].

With their Palms turned towards the Stars, they take up the *Fa*-Rune posture, and cosmic Force-Waves flow through their entire Body.

They softly sing or hum the "F" or "Fa", we also recommend the Sound-Formula: "fa-fe-fi-fo-fu".

The Student is closely connected with the great Cosmos, with the All-Mighty of all Worlds, from vast expanse: lofty Waves speak to them. They feel that they are one with the triune, high-holy God, with All-Father.

The *Ur*-Fire, the most secret, highest Universal-Force, creates Inner Refinement and a higher Awareness-of-Self. Witness within thee, dear Student, the great, cosmic Happiness.

3) The Student has been instructed on how to take Sun- and Star-Forces into themselves with this Rune-Position. Now, however, it is also of Value to also learn to take in Waves that strengthen their spiritual, and occult Abilities.

Therefore, during the New-Moon and waxing Moon, the practitioner goes into Solitude, where they are unobserved, and faces the Moon in the *Fa*-Rune posture. Then they perform their Breathing-Exercise with their Hands up and their magical Gaze fixed upon the Moon. One meditates:

“Intense Lunar-Waves flow into my Hands, flow through my whole Body and fortify my Soul.

I feel charged, invigorated, free, harmonious and happy.

Occult Forces within me are awakening.

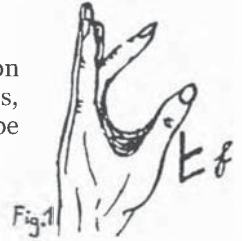
My spiritual Abilities are becoming significantly stronger.

My Sympathetic-Nervous-System and my Solar-Plexus
are charged over and over again with Forces,
that awaken and amplify my finer Senses
such as Clairvoyance, Clairsentience and Clairaudience.”

This Rune-Position should last 7 Minutes and must be repeated at least 3 times. The Student then goes to Bed immediately and avoids any Entertainment or Conversations, etc. Their Thoughts should be focused only on the Exercise.

Kummer's Hand Rune Exercise ('Mudras' or "Rune-Grips"):

The *f*, **Fa**-Rune. The Rune Practitioner should take up the *Ich*-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must be observed with all the Rune-Grips.



Now raise the left Arm vertically upwards, the left Hand takes the Position of Figure 1, representing the **Fa**-Rune Grip.

One sings "f-f-a-a" with good deep breathing; first rising from the lowest to the highest Tone, next lowering the voice to the middle tone and then rising it again to the highest. Repeat the Singing in this Position for 3 Minutes.

This is followed by a short Pause in the *Ich*-Rune Posture, then the whole Exercise is repeated two more times. During the rest or Pause: thoughts are then focused on the unfolding Primordial-Fire (the *Ur*-Fire); on Fire-Procreation; on the fire-generated magical Force; and on pure Love for the **Fa-tor** of all Worlds.

On the third repetition the Rune Practitioner will detect a strong Prickling sensation in the Center of the left Hand, this is the emerging Primordial-Fire (the *Ur*-Fire).

With daily Repetition all glands and higher Body-Centers become so energized that the collection of Subtle-Forces [**Feinkräft**en] in the left hand increases more and more, causing a real burning sensation. The Hand begins to appear reddish (or to "blush"), and often even vibrates with a bright red Radiance, it may also happen that higher astral perceptions occur (seeing images, hearing voices, etc). These Phenomena will be different for each Rune Practitioner entirely depending upon the Blood-Constitution [**Blutverfassung**] and their spiritual Development.

The Rune Practitioner now consciously-directs the Subtle-Forces gathered in the Hand throughout the whole Body, while Singing from the highest to the deepest Tones.

Regarding the magical Application of this Grip against other Persons, I do not give instructions, but advise each Rune Practitioner to use these Grips only for their own Development. For this Rune-Grip I give the following Sound-Formulas: "fa-fe-fi-fo-fu".

Gnostic Runology – The “FA” Rune and its Practice

The “Fa” Rune According to Huiracocha

The alphabet (for the majority of Languages) begins with A and ends with Z, but we are going to begin our study with the F of the **FA** Rune and end with the G of the **GIBOR** Rune. In order to take the first step, it is very necessary for us to verify all the values related to this Rune: Father, Fecundate, **Facer** (Galician meaning ‘to make’ or ‘to do’), Fire, Face, Factor, Faculty, **Faena** (Spanish meaning ‘labor’ or ‘task’), Phallus, Front and **Fohat** (the Generating Force [**Fuerza Generatriz**], the Central Fire of Nature).



The word **Pyre** (fire or bonfire) comes from **Fyr**, **Fir** and then became First (remember that the first thing that was done was the Light). From **Fyr** came Free and forms the word Freemason, in order to signify that Masons should be the first ones who (with the realization of their symbols) awaken the Sacred Fire within themselves. Through time, all words have their changes and thus **Foutan** became **Wotan** (the God of Fire for the Germans and the God or Great Spirit of the Mayas, the First of all the Gods, the Gods’ God).

Morning Practice: In the early morning, when rising from the bed, we must raise both arms towards the sun (making sure that the left is raised higher than the right and that the palms of the hands are in front of the light) in the attitude of receiving its rays. In this position our body depicts the **FA** Rune.



Once in this position, one begins to breathe rhythmically (breathing in through the nose and exhaling through the mouth, but sinking the stomach so that there is no air inside), always thinking that the current of the Solar Light, the Spiritual Light, penetrates into us through the arms and floods our whole body.

Let us also think that this current of Light received does not leave our body and does not leave us, but remains in our organism, because (if we have prepared ourselves properly with the previous practices from the Zodiacal Course, then) it will indeed occur, and in our aura one will notice a New kind of brightness...

It should be noted that the **FA** Rune is the Rune of the Light, it is the one that encloses within itself the Christonic substance. The object of the exercise of this Rune is to Awaken. Additionally, the **FA** Rune is that of activity and, therefore, invites the disciple to Magic: to perpetual and constant activity, because it is not possible for one who practices the Runes to be a lazy person and to stop seeking for a continuous activity and a perennial work.

While we raise our arms towards the Sun, as we have said, all our focus must be extremely consistent with this act (of seeking continuous activity and perennial work) in order to take advantage of all the activity that produces this 'attaining power'. The Nordic and Rose-Cross Mysteries teach us that work is a joy, a pleasure. Therefore, working to transmute the Solar Forces within ourselves is how we can cultivate the Royal Art and become true human beings. One must love the work for what it is.

Only the one who assimilates this new principle into themselves will be able to take advantage of all the benefit that comes from the **FA** Rune. Whosoever thinks only of work will never fail and, since there is no work without reward, they will be rewarded and never needy. Therefore, if the disciple meditates well, then they will recognize that this Rune encloses the key to well-being through honest work. Every time we see this Rune, we are firmly called to honorable work and tenacious labor like those who designed and constructed the great Temples & monuments of the world.

Nighttime Practice: Once the Disciple has verified the exercises that are recommended for the morning, upon rising (in order to charge oneself and inundate oneself with the Solar Force), then it is advisable to also do a nighttime practice. Any night, but with as much frequency as possible, go to a secluded place and face the starry sky, raising the arms taking the same position and bursting forth into this evocation:

"UNIVERSAL FORCE, POWERFUL DEITY,
 YOU WHO IGNITE THE DIVINE LIGHT
 AND IRRADIATE IT THROUGH ALL THE COSMOS,
 LET YOUR SACRED FIRE INFLAME AND BLAZE WITHIN ME
 SO THAT I MAY TRANSMIT THAT LIGHT
 TO ALL THOSE PERSONS I COME IN CONTACT WITH..."



This evocation should be said with all fervor and volitional courage. One must then pronounce the following syllables elongated: "FA... FE... FI... FO... FU...", while feeling united with the Great All, with the Infinite Cosmos, and as if being in the middle of it.

The FA Rune encloses all the force, all the strength, and all the energy of Fecundation (in the absolute sense of the word). Seek, Oh Disciple, to Fecundate all your success & all your happiness with this energy, and then success & happiness will come towards you in the nocturnal silence of your spiritual night like precious gifts...

The "Fa" Rune According to Samael Aun Weor

Certainly, the SOLAR FIRE is what is necessary in order to make and develop (within each one of us) that possibility of becoming a true Human Being. We need to fecundate our own intimate nature if what we truly want is the SOLAR HUMAN BEING to be born within ourselves.

A 'Judo of the Spirit' exists; we are referring to the Runic Exercises. These exercises are formidable in order to attain the Awakening of the Consciousness. Whosoever wants to work with this Judo must begin with the Rune of Mercury (the *FA* Rune), which has a violet color that originates extraordinary cosmic forces and encloses all potency, as well as the impulse for fecundity. We need the breath of the *Fohat*, the Pentacostal sparks, in order to fecundate our own Psyche, in order for us to become Self-Conscious. If we analyze the practice of the *FA* Rune, we can affirm that Pranayama, Prayer, Meditation and a specific sacred Posture exist within it.

Practice(s): When we get out of bed, with immense happiness we must salute each new day by raising our arms towards our Lord, the Sun-Christ. The left arm must be a little more elevated than the right one, and the palms of our hands must remain before the light in that ineffable and sublime attitude of one who really longs for receiving the solar rays. This is the sacred posture of the *FA* Rune. Thus, this is the method in order for us to work with Pranayama, by inhaling the air through the nose and exhaling it through the mouth in a rhythmical way, and with much faith.

In those instants, let us imagine that the light of the Sun-Christ penetrates within us through the fingers of our hands, then circulates through our arms, inundates the whole of our organism, and finally reaches the Consciousness in order to stimulate it, to awaken it, and to call it into activity.

One must also practice this Runic Judo in the mysterious and divine nights, before the starry sky, with the same posture, and praying like this:

"WONDERFUL FORCES OF LOVE, revive my SACRED FIRES,
 so that my CONSCIOUSNESS will awaken. FA... FE... FI... FO... FU..."

This short yet great prayer can and must be prayed with all of our heart, as many times as we wish.



Gnostic Runology – The “UR” Rune (Historically)


The “Ur” or U Rune According to Friedrich Fischbach (1900)

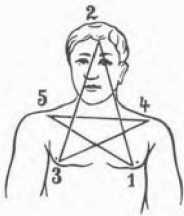
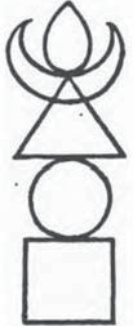


(U) This Rune has erroneously taken on the designation of Aurochs¹, the *Ur*, instead of holding the Closest thing, which is that *Ur*² means 'Universal', 'Absolute', 'Eternal' and especially the 'Heavens'.

However, the inverted Character may have referred to the Horns of the Aurochs. In India it means the Crescent-Moon, the Air or the Heavens. East Asia has 5 Elements, namely Earth, Fire, Water, Wood and Metal. The 5 Elements are named and depicted there in the following way (see the figure on the right):

[1] The Square or *Kithi* which means the Earth, [2] the Circle or *Ap* which means the Water, [3] the Triangle or *Tedsch* which means the Fire, [4] the Crescent or *Mant* which means the Air, [5] the uppermost Point or *Bom* which means the Ether, in which the World-Tree turns.

In Sanskrit, the Pentagram  (which was also a Distinctive-Mark for Pythagoras) is called: *Kithi—ap—tedsch—mant—bom*.



One forms a correct Pentagram, if one takes the right hand from the Heart to the Forehead, from there to the right Breast, then to the left and right Shoulder and back to the Heart (see figure on the left). Probably, the Names of the 5 Elements (whose Protection was sought) were pronounced as well.

The *Ur* Rune thus expresses the Element that embraces the Earth, namely Heaven, the Primordial-Light or *Ur*-Light [*Ur-Licht*] and Primordial-Eternity or *Ur*-Eternity [*Ur-Ewige*].



In ancient Sanskrit, the Fire-Rune is the Rooster (see figure on the right). The general Character for Fire is Δ = *Siva* or *Shiva*, and for Water it is ∇ . The Union means Brahma (the six-pointed star). With the Hebrews, this Union is called the 'Shield of David'. This Star is also an ancient character for an Inn or Tavern which typically served Wine, since in Wine: Fire is united with Water.



In the Edda, *Heimdall* (the God of the Primordial-Light or *Ur*-Light) is enthroned at the Top of the World-Tree, where he (as a guardian or watchman) announces the Dangers that threaten the Gods with a Horn.

In the past, they did not know how to explain the *Heimdall* position atop the World-Tree, he who was the brightest of the *Aesir* and has nine Mothers who are also Sisters, because the study of Fire-Worship was missing.

Since *Heimdall* personifies the Primordial-Light or *Ur*-Light, which is formed from all Flames, then if nine different sacred Woods burn on the Altar at the same time, then his Mothers are nine (different) Trees, who are at the same time Sisters.



World Tree or Yggdrasil Ash Tree

¹ The *aurochs* (also known as *aurochsen*, *urus* or *ure*) is an extinct species of large wild cattle that inhabited Asia, Europe and North Africa.

² The German prefix '*Ur*-' means "primal, primordial, primeval, ancient, initial, placed at the beginning, first, original"

The “Ur” Rune According to Guido von List (1907)

∩ **ur** = Primordial/Original [**Ur**], **Ur**-Eternity [**Urewigkeit**], **Ur**-Fire, **Ur**-Light [**Urlicht**], **Ur**-Bull (**Ur**-Procreation), Aurochs, **Ur**-State, (Life after Death).

I learned Another [Rune], which People use
Who wish to become Doctors.

ur=Rune ∩

The Source [**Urgrund** or **Ur**-Reason] of all Phenomena is the “**Ur**”.

Whosoever is able to recognize the “**Ur**”-Cause [„**Ur**“- **Sache**] of an Event, for them the Incident itself – be it Hostile or Happy – is not an unsolvable Riddle. This is because they are able to find Means in order to banish Hostility or to increase Happiness. Likewise, they are also able to recognize Pseudo-Evil and Pseudo-Happiness as such.

Therefore: “Know thyself, then Thou wilt know all!”

The “Ur” Rune According to Ernst Tristan Kurtzahn (1924)

Exoterically: Life after Death [**Leben nach dem Tode**].

Esoterically: Immortality, **Ur**-Light, **Ur**-Eternity.

Generally: **Ur**-Bull (= **Ur**-Procreation) to Come-Back-to-Life (= Life after Death) as well as Aurochs. [Also: ‘Eternal Life’ or **Ewigen Leben**]

This Rune teaches the Source [**Ur-Grund** or **Ur**-Reason], the **Ur**-Cause of all earthly and cosmic Phenomena. If one looks at the Rune, then one finds it quite similar to an inverted Latin “U”. However, the Rune points with one tip upwards and thereby indicates that all Occurrences are rooted in the eternal Source [**Ur-Grund** or **Ur**-Reason].

The Source [**Ur-Grund** or **Ur**-Reason] is often represented by a Circle with a Middle-Point: ☉ Let us remember that this comprehensive Symbol (which was chosen with good Reason) is the astronomical sign for the Sun.



Now let us consider that, according to the drawing of the Runic-Hexagon: the left vertical Beam of the **Ur**-Rune goes through this Middle-Point of the Circle representing God as the Source [**Ur-Grund** or **Ur**-Reason]. This contact of the God symbolizing Middle-Point is characteristically found in all Runes without exception, as God is also revealed in All.

If one has now recognized the Source [**Urgrund** or **Ur**-Reason] in everything, then one is also aware of the Deception of Substance, Matter, the Material World, which the Indians very correctly call the Veil of “Maya-Deception”. What is Matter or the Material World, but a Deception?

Every Substance (if it is composed of something) consists of Molecules, these in turn of Atoms, these of Electrons, which in turn are composed of positive and negative Ions. Now, this implies that Matter “in itself” is actually those Ions, and they turn out to be Etheric-Vortices [**Ätherwirbel**] or electric Force-Fields swinging unimaginably fast according to certain Laws.

Thus the whirling **Ur**-Force [**Ur-kraft**] pretends to be Bodies for the sense perception, but they are not present in Truth and their “Weight” can be sufficiently explained by their mutual electromagnetic Voltage-Ratios in relation to the Planet Earth.

Therefore, it is clear that whosoever has recognized the Law of Vibrations and has mastered it, can use this Knowledge to heal (to be a Doctor).

Healing-Magnetism [*Heilmagnetismus*], including its development through “Odic Radiation [*odische Strahlung*]” rooted in the *Ur*-Light, is certainly what is referenced in the Rune-Song. Likewise with Medication, what is it that actually heals? Primarily the respective Vibrations and Radiations peculiar to the Medicine, in a similar way as the Hand of the Magnetizer, who already has their great Predecessor in Jesus Christ.

The “Ur” Rune According to R.J. Gorsleben (1930)

Letter U and Number 2.

Ur Rune, *Ur*-Bull, Wild Cattle, *Ur*-Arch, Urn, the World-Creation-Pool/Basin (the Pool of ‘Creative Water’), Womb of the Mother as Source of the Life-Stream and Gateway into Existence. Therefore the *Ur*-Arch-Valley (*Ydallir*), where *Ullr* [pronounced “ULL-er”] the Archer lives, who was also the God of the Fountains (the *Urda*-source). *Ullr* causes the karmic-roots [*Ursachen*] to strike back as revenge-carriers [*ultor*].

Dr. Friedrich Teltscher’s *Ur*-word is *Erfafstes*, meaning “That which is grasped” as well as Acquired, Captured, Detected, Sensed, etc.

Another I call that is needy to all,
 who act as healing Doctors:
 Know thyself, and thou shalt know
 the World and learn to separate Evil from Cause.

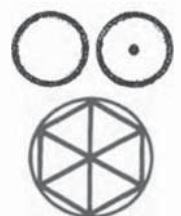
In the Nordic secret doctrine, the *Ur*-Rune means: Immortality, Original-Light [*Ur*-Light], Eternity, etc. *Ur*-da is the *Ur*-Mother (the first *Norn*), the *Ur*-Cause. Thus, this Rune nurtures the Source [*Ur-Grund* or *Ur-Reason*], the *Ur*-Cause of all Things earthly and cosmic.

Whosoever has recognized the Source [*Ur-Grund* or *Ur-Reason*] of all Things, has freed themselves from the Deception/Illusion of Substance, through the absolution of Matter/Material. The Mind understands Substance, in other Words it conceives of that which is Divisible, and everything Material/Matter is divisible. If we analyze Material/Matter, then eventually we arrive at the Atom, the *Ur*-Part, and we recognize that it too is something divisible, that it is a Compound, and thus that everything is subject to the Law of Vibrations.

Therefore, everything is ultimately *Ur*-Light and the root of all Healing-Force [*Heilkraft*] is found in the *Ur*-Light through odic Radiation [*odische Strahlung*]: the energy of *Od*. What heals in Medications is the *Ur*-Radiation-Force [*Ur-Strahlungskraft*] of their Root-Essences [*Grundwesens*] in communion with the power of *Ur*-Vibrational-Force [*Ur-Schwingungskraft*] of the human-divine Structure [*menschlich-göttlichen Gefüges*] that is composed of Flesh, Soul and Spirit.

The Ancients represented the unrevealed Divinity as a Circle. **A Point in the Middle of the Circle means the Will to Action [*Willen zur Tat*], which is the Source [*Ur-Reason* or *Ur-Grund*] of God.** It is no coincidence that the left vertical line of the *Ur*-Rune passes through this Source [*Ur-Grund* or *Ur-Reason*] of the Circle, which encloses the Hexagon (the physical World) and in whose center the 6 Beams of the All-Rune are intersecting. There, in that Central-Point, the unrevealed God rests.

As God reveals Himself in everything, so too do the Runes allegorize that which is Divine as a whole, touching the Central-Point of the Hag-All. It is also no Coincidence that the Angle-of-Inclination of the *Ur*-Rune’s central Beam corresponds to the Obliquity of the Ecliptic [*Schiefe der Ekliptik*] and that it is at a right Angle with the radioactive Force-Fields of the Heart [*radioaktiven Kraftfeldern des Herzens*].



If the Rune is depicted correctly, then (according to experience) the fingertips of the left and right Middle-Fingers [*rechten und linken Mittelfingers*] come into strong involvement, which triggers a Feeling-of-Radiating into the Endless/Infinite [*Strahlungsgefühl ins Unendliche*] through the Arms. In contrast, a Trickling-Feeling gently sliding down from right to left occurs, at the same time the Chest expands wide, the Spatial-Feeling grows, the physical Feeling-of-Heaviness subsides and the space-less, bodiless endless/infinite Vastness of the cosmic Human is Experienced.

South is right, North is left, the Middle-of-the-Heart is East, the Back is the West, left above the Head is the Zenith and on the right side below the right Thigh is the Nadir. Tune into these Directions and think about the Flow-of-Time.

If the *Ur*-Rune is posed while in deep Calm/Peace-of-the-Soul [*Seelenruhe*], then the descending-magnetic Stream influences the Auditory-Nerve-Centers, there is an opening of the Ear, and we are consecrated to the planet Uranus... we have *Ur*-Hunches and we are the *Ur*-Ancestor ourselves.

The *Ur*-Fire (the *Ur-Fyr*) surrounds us with its *Ur*-World-Warmth-Radiations [*Ur-Welt-Wärmestrahlungen*] from the circling Stars. The *Ur* gives birth to the *Ur*-Order, as a result of the Turning of the Celestial-Bodies [*Umschwung der Gestirne*], the Influence of which the Ancients knew and applied...

The *Ur* is the *T-ur*, the Door/Gate of Life [*Tor des Lebens*]. Therefore, where there is a Door/Gate or a Bridge in an Emblem or Coat-of-Arms, there probably stood (in former times) the *Ur*-Rune itself. However, the letter or character "V" can also represent the *Ur*-Rune.

The “*Ur*” Rune According to S.A. Kummer (1932-1933)



(U) The *U*-Rune, Primordial [*Ur*], the *Ur*-Fire, the *Ur*-Procreation, *Ur*-Birth, *Ur*-Spirit, *Ur*-Knowledge, *Ur*-Light, *Ur*-State, *Ur*-Matter, *Ur*-Cause, *Ur*-Eternity, *Ur*-Time, Origin, *Ur*-Script, *Ur*-Part, the Source or *Ur*-Reason, the *Ur*-Mother, the *Norn Urda*, Uranus, *Ur*-Arising, *Ur*-Being, *Ur*-Passing-Away. – Numerical value 2.

The *Ur*-Divine-Knowledge is a Faith in God, All-Father, the World-Spirit, from which all things have been made, who created all things, and in his Son, who carries the “Light of the Lands” and through whom All-Father reveals Himself to humanity. It is not a Sun-Worship-Religion, but a Sunny Faith-in-God, in All-Father, the World-Spirit, from whom everything comes and to whom everything returns.

Ur is the Rune of the true Healer and Doctor; it contains the Spiritual-Knowledge of all cosmic and earthly Phenomena. The Origin of Phenomena is the *Ur*, the *Ur* of the Universe, and the *Ur* of the Earth. *Ur* is the Rune of the astral Radiation of the *Ur*-Light, of Magnetism. It contains the Knowledge of the beneficial use of the High, Odic, Astral Radiation from the *Ur*.

In the *Ur*-Rune-Position, the cosmic Rune-Stream can be picked up particularly well, which greatly strengthens the magnetic Force in the Practitioner. This is because, in this Position, the Nerve-Center of the Head is strongly excited and the calm, conscious Practitioner can also receive information through clairaudience or clairsentience (*Ur* – the Ear).

The Demonic form of the *Ur*-Rune is the overturned *U*-Rune $\nabla \sqcup$ = dwindling *Ur*-Knowledge, *Ur*-Delusion, impure Procreation, Blood-Burden.

Motto: “Know the *Ur* in thee – know thyself – then thou wilt know all.”

Full Body Rune Exercise(s):

The Practitioner again takes up the *Ich*-Rune-Position followed by 7 Deep-Breaths through the Nose as in the 1st exercise. One practices the Rune-Position shown here: bend the Torso forward, so that the Fingertips almost touch the Ground. While making this Rune, the “U” is to be sung or vocalized in the Chest-Tone.



In this U-Rune-Position, rhythmic Breathing follows, 3 times. Mentally one visualizes that the Earth’s-Current, the Earth’s-Magnetism penetrates through one’s Feet, Legs, and even through the whole Body, strengthening one’s Life-Force and Magnetism. The consumed Stream/Current [*Strom*] then springs out through the Fingertips into the Earth.

The Student then, again, takes up the *Ich*-Rune Position and repeats the whole Exercise at least 3 times. They pay attention to their Sympathetic-Nervous-System, and to their Solar-Plexus. If your Development is sufficiently advanced dear Brethren, then you will grasp the Law of Rhythm, the Vibration of our Earth. You then become a blessing-bringing, Healer, a Savior.

Ur, the Knowledge of Immortality, do you recognize it?

“*Ur*-Forces, already enough, have you felt,
How alive, and hot it flows through the Body.
Now bend the Torso so that the Earth cools it,
Divinity and Earth are reconciled in you...”

After this Exercise, the Student lays down, stretched out with their Back on the Ground or the Lawn, with the Head to the North. Deep- and Full-Breathing again follows.

The Student’s magnetic Gaze is calm, but immobile, directed into the immense Vastness. Around them and below them flow the Earth-Waves [*Erdwellen*], above them the Universal-Waves [*Allwellen*]. One thinks sharply about the Idea that they are carried by these Earth-Waves like a Piece of Wood on the Water, but above them, the Universal-Waves [*Allwellen*] pull them.

One feels this pull more and more; their Body is getting lighter and lighter, then one does not feel their body anymore. One feels disembodied, light and free. – Then one tries to stay completely without thought for one Minute.

If the Student falls asleep during this Practice, then they should not continue on the same Day. Also, one does this Exercise only when one knows that they are alone and unobserved. This is an important Pre-Exercise for later. If there is no Opportunity to do this Exercise outdoors, then it can be performed in the Room with the Window-Opened or on the Bed or Couch.

Hand Rune Exercise (‘Mudras’ or ‘Rune-Grips’):

The Rune Practitioner should take up the *Ich*-Rune-Position (Military “At-Attention”); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must be observed with all the Rune-Grips. Figure 2 shows the *Ur*-Rune-Grip.



Your left Arm is bent below the Shoulder-Level, so that the Hand-Position comes to rest about 20 cm (or 8 inches) in front of your Eyes.

The Rune Practitioner sings “*u-u-u*” in different Tones and Volumes for three Minutes, then one takes a Pause for a moment. The “U-u-r-r” Sound-Formula is also recommended.

Each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the *Ich*-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Forces [*Feinkräfte*] can be reached in the Hand-Centers.

During the Pause, inner Meditation is directed to the Absorption of *Ur*-Force, to *Ur*-Knowledge, and to the Amplification of magical, magnetic Forces [*Verstärkung der magischen, magnetischen Kräfte*].

Here the Rune Practitioner will detect, above all in the Finger-Tips and in the Hand-Center, a certain Cool, Lukewarm, or even Warm feeling. The Perception is different for every Rune Practitioner; as in every case of Magnetism, one feels a Coolness, another Warmth, because every Human-Being is polarized differently. One is more electric, the other more magnetic, consequently the Perception also occurs differently.

At the end of the Exercise, the Rune Practitioner should direct the collected Subtle-Forces [*Feinkräften*] throughout the entire Body by conscious-willpower [*willensbewußt*], and the advanced practitioner can observe a pale gold-orange or gold-green Oscillation of their Aura.

A strong Charge of electrical magnetic Forces [*elektrisch magnetischen Kräften*] can be achieved through this Rune-Grip especially.

Additional Note: A Transmutation Practice from S.A. Kummer (1932)

In this same chapter on the U *Ur* Rune, Kummer also says the following:

The Student restricts Sexual-Intercourse to the utmost because the excessive Depletion of personal Magnetism hinders one’s own Development. Also, one considers that thereby their polarity is reversed by the other Person according to their spiritual Quality or even disharmonious Characteristics, and then one needs more Time to free themselves from these Vibrations.

Also, the Student (through their Higher-Development and the Refinement of their Body) can easily enter into Contact with otherworldly Beings who are hard to deal with and who want to mislead them into black Magic. So the Student controls themselves.

Additionally, one says to oneself daily:

“I want to consciously serve humanity.
I want to become a wise Magician and thus find that great, inner Peace and Harmony
within myself.
I will unerringly go along the Path to All-Father.”

The Student must acknowledge the Pineal-Gland, the Solar-Plexus and the Sympathetic-Nervous-System as the receiving stations of the general cosmic Vibrations. Further, all Rune-Exercises are directed thereon in order to master all these occult Force-Centers.

The Precondition for all Exercises is inner Contemplation, as well as a Life of noble Thoughts and Desires.

The Practitioner tries to transform their Procreative-Force [*Zeugungskraft*] into beneficial Energy that then transforms their Brain and their occult Force-Centers. This Transformation can easily be carried out and can be done at any Time-of-Day, preferably when the Sex-Drive is most noticeable.

Exercise: This Exercise is best performed in the *Ich*-Rune-Position. The Student concentrates with full Willpower on the Transformation of their Procreation-Force [*Zeugungskräfte*].

One vividly imagines that the Seminal-Fluid transforms into a gas-like, ethereal Substance and collects in the Abdomen, and then how the transformed Procreative-Force [*Zeugungskraft*] rises up in one's Spinal-Cord, unites in the Brain and the Pineal-Gland, and there increases the spiritual and occult Forces [*geistigen und okkulten Kräfte*].

With this vivid Imagination, one performs their Breathing-Exercise and, while Inhaling, one holds the Mental-Picture of the Pulling-Up of the Procreative-Force [*Zeugungskraft*].

If the Student has often performed this Practice, then they will really feel the Rising of this transformed Force [*das Steigen dieser umgewandelten Kraft*] and they will be able to master their Sexual-Force [*Geschlechtskraft*] at all Times.

Gnostic Astrology – The “Ur” Rune and its Practice

The “Ur” Rune According to Huiracocha

We already know the FA Rune (the Rune of Fire, of the animating and fecundating Fire), whose vital energy and activity we have tried to inundate ourselves with by doing our practices, in order to benefit our daily life. We need that Fire of enthusiasm, the vital ardor, for everything, that is to say we need Fire and Vivacity for all things, but, behold: the Fire is LIGHT.

It is a mistake to believe that the LIGHT is a product of the Fire as some people think. No, the Fire, what it does (in this case) is to release the Light because the LIGHT is universal, it is at the gateway of Cosmic Life, in the Soul of the Logos, animating in all the areas of the Infinite and even vibrating in the tiniest Ion. The LIGHT not only strikes our retina, not only penetrates into our eyes, but our eyes themselves are of Light, they are the Light itself.

This primordial, pure and eternal Light is referred to and taught to us by the UR Rune through its numerical value 2 and its correspondence with the letter U (and V) of our Alphabet. UR is a Letter of the Original Alphabet whose meaning is PRIMITIVE, PRIMORDIAL, ORIGINAL and is still used in that sense as a prefix in modern German. In German, *Urewigkeit* or UR-EWIG-KEIT is the Eternal Eternity. ORIGIN, ORDER, URANUS, start from the same etymological root and are reminiscent of the ancient UR. The UR Rune represents the Science and its Zodiacal Sign is VIRGO, signifying an Order that is peaceful & harmonious and is, therefore, the creator of interior LIGHT.



The Square & the Compass of the Masons is the same symbol of LIGHT that results from the superposition of the V upon the U. Equal to this Masonic symbol is the Olin sign of the Ancient Mexicans and they are both clear evidence of the Nordic origin of the symbol. Freemasonry was aware that there was a Great Secret in this sign, but lost the Key, and today it is no more than a symbol of moral significance for them. In it, hands are touched, greetings are made, steps are verified and everyone is unaware of the reasons for these movements, ignoring that they are also reminiscent of the Runic movements.

In those Temples where the ancient sentence "Man, know yourself..." appeared, the UR Rune appeared as well, as if to say to Man: "RECOGNIZE the pair as the origin of LIGHT, as Angel, as God, as the entity of divine UR-IGIN..." If the FA Rune always carries that mandate to "Engender your happiness in the present", then the UR Rune now carries another mandate of "KNOW YOURSELF" and even "RECOGNIZE YOURSELF..." In the Nordic Kabalah, the significance of this Rune is Immortality, Eternity, Cause, Principle, as well as primordial LIGHT. The Japanese present themselves before their Sovereign, first upright and then inclined or bowing down. The same thing happens in many Churches, just as it is also prescribed in some Initiatic Rituals. This movement is also reminiscent of that primitive Runic practice.

PRACTICE: The student should face the North or the Sun and (once having raised their hands as in the exercise for the FA Rune) crouch with the legs open; and in this position, firmly concentrate on the cosmic current thereby penetrating within, while repeating the following:

"Within me resides the LIGHT, the divine LIGHT. The Great Omniscient Being will give me divine Wisdom and I will turn myself into a superman or superwoman, through my upright behavior, through my equable way of being and through my awakened & wise answers when others interrogate me. I acknowledge the superior entity, that divine LIGHT, in myself, who is beginning to irradiate and who will unflinchingly help all those who approach me. So be it."



The “Ur” Rune According to Samael Aun Weor

Certainly, the Moon is the satellite of the Earth in only one sense. By searching within the Akashic records of nature, one can verify that the Moon is the mother of the Earth. In the previous Cosmic Day (or Mahamvantara), the Moon was inhabited, but now it is just a cold shadow that is dragged by the new body, the Earth, to whom all of its powers and principles of life have been passed by transfusion. The transference of all the vital powers of the Moon to the Earth left that old Selenite abode without life. Therefore, the Lunar Soul is now reincarnated in this world upon which we live. The Moon looks like a satellite, but it is a Mother who rotates around her daughter, the Earth.

The one we now call Samael Aun Weor lived, then, among the Lunar Humanity (who were called the ‘Selenites’) and knew its seven Root Races, its epochs of civilization and barbarism, its alternating cycles of Evolution and Involution. When the Selenites arrived at the Sixth Sub-Race of the Fourth Round (the same age that this Terrestrial Humanity has now reached), then he accomplished a similar mission by teaching them the Synthesis-Religion, which is contained within the INITIATIC STONE (Sex), the doctrine of JANUS, JANO (I.A.O.) or the doctrine of the JINNS. He lit the flame of GNOSIS among the Selenites, and formed a Gnostic Movement there as well.

On the ancient Moon (in those times before it became a corpse), those who accepted the Synthesis-Religion of JANO, were saved and they transformed themselves into Angels. Nevertheless, the great majority (those who were enemies of the Maithuna, those who rejected the INITIATIC STONE) converted themselves into Lucifers, terribly perverse demons which the Bible refers to. As usual, a third party is never missing... so, in that Lunar Apocalypse, a certain cold group at last became fiery, and they accepted the work in the Ninth Sphere. A new abode was granted to these people, in order for them to work with the Brute Stone until giving it a Perfect Cubic form.

At the end of that Lunar Mahamvantara (which endured an ‘age of BRAHMA’), the Self-Realized Monads were absorbed within the Absolute. After the Great Cosmic Day, the Monadic Waves of the Moon submerged themselves within the Runic **UR**, within the profound Womb of the Eternal MOTHER-SPACE. During such a Maha-Samadhi (Ecstasy without end), the Monadic waves penetrated very deeply, and arrived at the Father BRAHMA, the Universal Spirit of Life.

BRAHMA submerges Himself into the Absolute during the whole period of the MAHA-PRALAYA (the Great Cosmic Night). While in that tremendous Para-Nirvanic repose, the Unknown Darkness converted itself into Uncreated Light... Many latent faculties exist within the Devamatri (Aditi or Cosmic Space), inside the Runic **UR**, and within the Micro-Cosmic Human Machine (or better if we say Intellectual Animal) which could be developed through tremendous intimate super-efforts.

In German, *Uhr* means clock, time measurement or the Mahamvantara (the Cosmic Day), and *Ruh* is rest, the eternal repose or the Great PRALAYA (the Cosmic Night). Certainly, the Cosmic Night endures as long as the Great Day. Samael Aun Weor affirms that each one of the Self-Realized Brethren were radically absorbed within their own primordial Atom, the AIN SOPH. Therefore, when the dawn of the new Cosmic Day is initiated, then Eternal MOTHER-SPACE expands herself from the inside towards the outside, like a lotus bud. Thus, this is how the Universe is gestated inside the Womb of the PRAKRITI (the Cosmic Mother, the Primordial Substance).

PRACTICE: Loving our DIVINE MOTHER and thinking of that great Womb where the worlds are gestated, let us pray daily as follows: **“Within my real internal Being resides the Divine Light. RAM... IO... is the Mother of my Being, DEVI KUNDALINI. RAM-IO, help me... RAM-IO rescue me, RAM-IO illuminate me, RAM-IO is my DIVINE MOTHER. Isis of mine, Thou who hast the child Horus, my true Being, in thine arms: I need to die in myself so that my Essence may be lose itself in HIM... HIM... HIM...”** This prayer must be performed before the Sun, with arms and hands raised. The legs must be opened, and the body crouched down, thus awaiting to receive LIGHT and more LIGHT.



Gnostic Runology – The “THORN” or “DORN” Rune (Historically)

The “Thôrr, Thurs” or Th-Rune According to Friedrich Fischbach (1900)



This Rune belongs to the Thunder-God *Thôrr*. It shows his sharp Hammer, the Thunderbolt [*Donnerkeil*].

In the North, the rounder Form also occurs. In the South, the Rune of the Battle-God *Tyr* (the Spear- and Sword-God) probably replaced the older Form, because we find there the Abbreviation without a Stem/Handle \triangleright and the Pyramid-Form \triangle .

In Nordic War-Legends, the Victory-Stone [*Siegerstein*] is often Mentioned. It is also possible that such heavy, sharp Thunderbolts were used to smash the Shield of the Opponents and this weapon was pulled back by Straps.

Thôrr brings Spring with the first Thunderstorm, because he chases away the Winter-Demons [*Winterdämonen*] when he comes out of the Mountains and blesses the Fields with his Hammer. He scatters the Lightning blessing Seed [*Blitze segnende Saat*].

His Heavenly-Thunderbolt had therefore originally no evil Meaning, but (similarly to the Light-Bringer Lucifer who became a devil) at some point the *Thôrr*-Rune also became the *Thursen*-Rune, although *Thôrr*'s task is to defeat the *Thursen* (Storm- and Cold-Giants).

The Lightning purifies the Air. The often simply numbing Lightning is the Sleep-Thorn [*Schlafdorn*], but it also brings that eternal Sleep. Therefore we also conclude that this Rune means Death [*Tod*].

In the past, Graves were planted with wild Thorns, because they keep Predators away and provide Protection for Songbirds. The Hawthorn sprouts new shoots after a long Frost and is therefore a Symbol of Re-Awakening [*Wieder-Erwachens*]. *Brunhilda* received *Odin*'s Sleep-Thorn and slept like Sleeping Beauty on the rock bed surrounded by Thorns and the *Waberlohe*¹.

It is also a Fire-Rune, note the words *Pûis* = Pyr = Fire and *Pur* = pure. *Odin* blessed *Baldur*'s² Funeral-Pyre with *Thôrr*'s Hammer.

The “Thorr, Thurs, Thors, Thorn, Dorn” Rune According to List (1907)



thorr, thurs, thorn = Thor (Thunder, Thunderbolt, Flash or Lightning), Thorn.

There's a Third I know, that suits me too well,
As a Fetter for my Enemies.
I dull the Swords of my Opponents;
Neither Weapon nor Defense helps them.

dorn=Rune \triangleright

This Rune is the “Thorn-of-Death” [*Todesdorn*] which is what *Wuotan* used to put the disobedient *Valkyrie*, *Brunhilda* (a female warrior), into a Death-Sleep (compare *Sleeping Beauty*). But in contrast to this, it is also the “Thorn-of-Life” [*Lebensdorn*] (the Phallus), with which Death is conquered through “Rebirth [*Wiedergeburt*]”.

¹ The *Waberlohe* is an impenetrable firewall in Germanic mythology. It surrounds the castle in which the *Valkyrie* (who has fallen into a magical sleep) lies until *Siegfried* is able to penetrate it and awaken *Brünhild*.

² *Baldur* is one of the *Æsir* gods, the son of *Odin* and *Frigg*. He's loved by all the gods, goddesses, and beings of a more physical nature. So handsome, gracious, and cheerful is he that he actually gives off light.

This threatening Character surely dulls the opposing Weapon (of the one Struck to Death), as well as the Might of the Powers-of-Death, through a constant Renewal of Life in Rebirth.

Therefore: “Preserve Your Self [*Ich* or Inner Being]!”

The “Thorr, Thurs, Thorn” Rune According to E.T. Kurtzahn (1924)

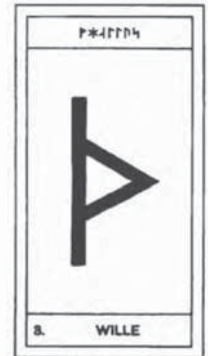
Exoterically: Will (and Action) [*Wille (und Tat)*].

Esoterically: Phallus, Seed, *Donar*.

Generally: Thunder, Lightning, Thorn, Death and Life as Opposite-Poles.

Manifold and to some extent seemingly opposite are the Meanings of this profound Rune! On one hand, the peculiar Form of the Rune symbolizes a Thorn, which resembles an *Ithyphallus* [Erect Phallus], the Thorn-of-Life [*Lebensdorn*], which indicates the Expression of the 'Will to Life [*Willens zum Leben*]' through Procreation-Readiness [*Zeugungsbereitschaft*].

On the other hand, however, there is also the implied condition of Death (necessary to define Life) together with Rebirth in almost infinite Change or Exchange [*Wechsel*]: “No Life without Death”, but also: “No Death without Life!”



Nothing and no one is able to resist this iron Law [*ehernen Gesetz*], because in a futile Battle one's Sword is dulled!

Happy is the one who has recognized their real SELF [*wahres ICH*] within as Jesus Christ, the Son – because they will respect their physical Life correspondingly less and (like our noble ancestors) will absolutely and gladly give away this ephemeral, allegorical Life for Honor, Liberty and their Fellow-Human-Beings...

The “Thorn, Thurs, Dorn” Rune According to R.J. Gorsleben (1930)

Letters Th or D and Number 3.

Thorn, thurs, Thor's Hammer as a Thorn-of-Procreation and -of-Death [*Zeugungs- und Todesdorn*]. Self-Assertion in the Realm-of-Force [*Kraftreich*], the Vault-of-Heaven, the ASA-THOR, the Architect-of-the-Worlds [*Weltenbaumeister*], rotating upon its Axis. The World-of-Drives (that is, of Instincts and of Urges).

Dr. Friedrich Teltscher's *Ur*-word is *Ziel* meaning “Goal/Aim” as well as Destination, Objective.

*A Third one I grasp, if Danger threatens,
To bind the Enemy with Magic
So I dull the Steel of the angry Opponent,
And like a Stick his Sword no longer cuts.*



Thorn = Will and Action: *Donar*, Thunder. The *Don-Aar* (*Aar* means Eagle), the *Ton-Aar* (*Ton* is Tone or Sound). Both *Don-Aar* and *Ton-Aar* = the sounding Sun; that which Sounds in the Divine Will [*göttlichen Willen*]. Sound is the Dance of Atoms from which the Universe is built.

Thorn [*Dorn*] is the Thorn-of-Life [*Lebensdorn*], the Wick-of-Life [*Lebensdocht*] = the Phallus, the Symbol of the 'Will to Life' by means of Procreation-Readiness [*Zeugungsbereitschaft*], but it also means Death caused by Life, the Thorn-of-Death [*Todesdorn*], but which leads then to Rebirth.

No Life without Death. No Death without Life!

Eternal Death [*ewigen Tod*] has been praised by the Catholic Church, but it was forgotten that without eternal Life there is no eternal Death, because each is the Opposing-Pole of the other, and neither is conceivable without the other.

No Sleep without Awakening, no Death without Birth, no End without Beginning.

With the Thorn-of-Death [*Todesdorn*] *Wodan* put the *Valkyrie Brunhilde* (a female warrior) into the Death-Sleep and surrounded her with *Waberlohe* that only the person could cross who is “unafraid-of-death” and who therefore is worthy to awaken her with the “Thorn-of-Life [*Lebensdorn*]”.

The *Thurs*-Rune is the Rune of the Thorn, or of the Dowsing-Rod [*Wünschelrute*], and hence of body-magnetic Transmission [*körpermagnetischen Übertragung*] or ‘Od-magnetic transfer’.

The male Magical-Thorn [*männliche Zauberdorn*], the Thorn-of-Awakening [*Weckdorn*], overcomes the Thorn-Hedge of the Selection-Castle [*Wahl-burg*], the Rampart-Castle [*Wallburg*], the Bride-Selection-Place, the Thunder-Hedge, the Thun-*Ar*-Hedge: *Tun* = Fence, *Ar* = Sun, therefore the Sun- or Fire-Fence.

This is also the significance of the Fairytale of ‘Sleeping Beauty’, who sleeps the Hibernation of Infertility, until the Prince, the Knight, the Fearless-One, arrives, penetrates the Thorn-Rose-Hedge and Awakens the Virgin with kisses, who is sleeping the Sleep between Death and Rebirth and whose destiny is to give birth to the Son of the Hero, before she falls again into the long Sleep-of-Death.

Part of the *Thorn*-Rune is also the Office/Department of the “Dragon”, who has the Rotating-Power [*Drehgewalt*], to draw, the Procreation-Power [*Zeugungsgewalt*] in the ancient Electoral-Regulations [*Wahlordnung*], for which reason he had also the Virgins in his Custody, which “dying-only” he left to the “fearless” man, who is not afraid of the *Thor*-, Threat-, Rotation-Law, that is the Law-of-Becoming and -of-Passing-Away [*Werde- und Stirb-Gesetz*].

Therefore, we often find the Dragon in the Place of the Thorn-Rune in Coat-of-Arms. Other representations of the Thorn are: a Tip, a Spear, and the Scorpion. The Scorpion, astrologically speaking, is the Awakening-Thorn [*Weckdorn*], the Stinger-of-Life [*Lebensstachel*] as well as the Singer-of-Death [*Todesstachel*], and rules over the Sphere of Sex [*Sphäre des Sexus*] in the Zodiac.

If ☿ *Fa* represents the Father, the Begetter (Generator/Producer) [*Zeuger*]; and ♁ *Ur* is the *Ur*-Mother, the *Ur*-Womb; then ♁ *Dorn* or Thorn is the Third, *Thor* (the Son of *Wotan*).

Thor and *Tyr* (both Sons of *Wodan*) are the Sons-of-the-Thorn of the Thorn-Hedge.

Through the Narrow-Door [*Tür*] (*Tyr*) of Childbirth we enter Life and through the large Door/Gate [*Tor*] (*Thor*) of Death we leave it again.

This Rune teaches that the Human-Being is subject to the Law of eternal Rebirth. During one’s earthly Life, through useful Combat, one’s Sword gets dull. Whosoever is capable of preserving their true Self [*wahres Ich*], recognizes that everything Temporal is merely a Parable.

The *Thorn*-Rune is consecrated to *Thor*, the Turner [*Dreher*], the one who Turns; as well as the Group-of-Three [*Dreier*]; and the Trinity of [1] Becoming, [2] Ruling (Being), and [3] Changing (Rotating) to new Arising.

The Double-Thorn-Rune \mathfrak{D} \mathfrak{D} approaches one of the shapes of the \mathfrak{E} \mathfrak{M} *Ehe*- or Marriage-Rune.

Only Marriage creates the Human Being in its entirety through Man & Woman, who beget the Third one (who is more than them both). According to the Runic-Sequence from *Fa* (the Father, the One) and *Ur* (the Mother, the Two) originates *Thor* (the *Tro*, the Three, the Third one), the Child. This Child becomes the Connection between two Human-Beings...

The \mathfrak{D} Thorn-Rune awakens the Thoughts & Feelings of the Youth of Humanity and of the individual Human, of their “Paradise”, and of the Dancing-Time in Life [*Tanzzeit des Lebens*].

The Demonic side of the Thorn-Rune is Deception [*Trug*], while on the Theonic side is the Three, the “Troy”, the Loyalty [*Treue*], like the ancient Faith which was a Knowledge entrusted to the Druids.

The *Ur*-Word (*Ziel* meaning “Goal/Aim”) also refers to Destruction [*Zerstörung*] = *Zer*. Furthermore it refers to Dying, Perishing, Starving, Drought and Concealing: the Helmet-of-Concealment or *Tarnhelm* (a magic helmet in Richard Wagner’s Ring Cycle Operas).

The “Thor, Thurs, Thorn” Rune According to S.A. Kummer (1932-1933)

\mathfrak{D} (D/Th) The D- or Th-Rune, *Thor, thurs, thorn*; Thorn is Will and Action. Thunder [*Donner*]; *Donar*, the Thunderer. *Donar* = *Don-Aar*, the singing Sun, the thundering Sun, *Thor’s* Hammer. The Door/Gate [*Tor*] – Numerical value 3.

This Rune is dedicated to *Thor*, whose Hammer strikes in the Triad: Becoming – Prevailing – Being – and Passing-Away to new Arising. *Thor*, the Third, the Three, Loyalty, those (such as the Druids) who were entrusted with high Faith, Knowledge, and Magic.

With the Three (Spirit – Soul – Body), I blunt the Steel of the angry Opponent; with *Thor’s* Hammer I meet all threatening Dangers.

Through the Thorn, the mutual spiritual and physical Re-Polarization of Man & Woman takes place in Marriage. It is the Rune of the Divining-Rod, the magnetic, physical *Od*-Transmission.

The Thorn-of-Fate, the Thorn-of-Life (the Phallus), the Symbol of Life, of Procreation. This reminds us of Sleeping-Beauty who is awakened by the Thorn-of-Life.

The Thorn-of-Death with which *Wotan* put *Brunhild* into the Sleep-of-Death. However, it is also the Thorn-of-Death, which leads to Rebirth: no Life without Death, no Death without Life.

The Thorn-of-Life \mathfrak{D} and the Thorn-of-Death \mathfrak{D} are the Bind-Rune of the *Dag*-Rune \mathfrak{D} \mathfrak{D} the Double-Thorn, the Dual-Type, the Winter-Solstice-Symbol, the Rune of Mother Earth.

The Demonic of the Thorn-Rune \mathfrak{D} \mathfrak{D} is black Magic, spiritual and physical Destruction, spiritual and physical Death. Animal Procreation.

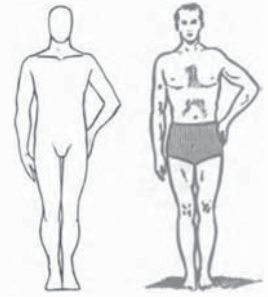
Motto: “Realize your physical and spiritual Self [*Ich* or Inner Being]!”

Full Body Rune Exercise(s):

From the *Ich*-Rune-Position, the Practitioner places the left Hand on the left Hip, creating an angled left Arm. This is the *Dorn*-Rune-Position.

The *Thor-Dorn*-Rune-Position has the following Sound-Formulas:

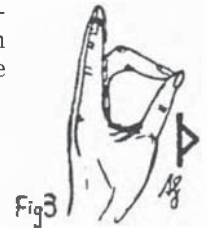
“ta-te-ti-to-tu” and “da-de-di-do-du”.



Hand Rune Exercise (‘Mudras’ or ‘Rune-Grips’):

The Rune Practitioner should take up the *Ich*-Rune-Position (Military “At-Attention”); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must be observed with all the Rune-Grips.

The Rune Practitioner stretches the left Arm upwards and taking the Hand-Position of Figure 3. Sing “*d-a-a*” three times (for 3 Minutes each), during which higher Tones are to be held longer. At the deepest Tone they are focused in the Feet.



Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the *Ich*-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [*Feinkräfte*] can be reached in the Hand-Centers.

Here, too, cosmic Subtle-Forces [*kosmische Feinkräften*] begin to accumulate in the Hand, which is experienced as Tingling in the outstretched Finger-Tips, as well as in the Ring-Finger and the Tip-of-the-Thumb. During the Pause, thoughts are directed to the Absorption of Solar-Forces.

After finishing the Exercise, the collected Subtle-Forces are to be directed throughout the entire Body by conscious-willpower [*willensbewußt*]. The astral Color-Vibration is bright Yellow.

Higher astral Laws can also be triggered through this Rune-Grip. This depends entirely on how much cosmic Force-Current [*kosmische Kraftströme*] the Rune Practitioner is able to take in and feed into the Body. The deeper the inner Immersion, the stronger the Accumulation of Forces will be.

This Rune-Grip also has the following Sound-Formulas: “de-di-do-du”.

Gnostic Runology – The “DORN” Rune and its Practice

The “Thorn”, “Torn” or “Dorn” Rune According to Huiracocha



The third Rune that we are going to study is THOR Þ, also called DOR, TORN or DORN, whose variations we must refer to for a greater comprehension. DORN (whose meaning is THORN in modern German) has the significance of WILLPOWER in the Nordic language. Consequently, DONAR was the God of Willpower, he was the 'God of the Thorn'. Thousands of years before being known to our Judeo-Roman Christianity, a God on the Cross was known in the Mysteries and the most beautiful Crucifix we know, is the one found on the rocks of the Columbia River Valley, whose age is not possible to specify, but that is a work from many thousands of years before our Era.

Many heads with Crowns of Thorns have been found carved into rocks, coming from the Bronze Age. It is necessary to keep in mind that in those same centuries, we already know historically that there existed a cult to the God of Thorns, which (when considered and examined well) gives us the figure Þ of the THORN Rune.

In the Mysteries of the Cult of the Thorn, practices were given to develop the Willpower. *Ecce Homo* (Latin: “Behold [the] Man”), as a sacred page from our Roman Christianity, is a reminiscence of the Cult of that epoch. We now see why the Rose-Cross chose the symbol of the Rose that has not only leaves and petals, but also thorns. DORN (Thorn) also signifies Willpower and the figure of *Ecce Homo* (an iconic picture of Jesus with the Crown of Thorns) does not have this Crown just to remind us of a historical fact, but to tell us: “Man, gird your head with the Crown of Sacrifice and arm yourself with a precise Willpower in order to achieve triumph.”



DORN, is also the Phallus, the Volitional principle of Magic that offers us a new Key. It tells us that we must accumulate (in the Phallus) the seminal impulses in order to acquire that deep, spiritual energy, which is called Willpower. At the same time that Huiracocha received these practices, he fell in love with a very attractive and provocative woman. He was young and impotent, and after exciting himself by caressing her, at a certain moment, he imposed his willpower and passed on to necking. At that time, he spent almost a year abstinent from all carnal contact and there he acquired that willpower which made him triumph in life. He does not want to say: “do the same, disciple”, because each one must settle how to do this for themselves.

In Spain, we find figures that are armed with a Hammer. This is the German God DONAR (Thor), who represents the THORN of Nordic Mythology with his Mace in hand, which he throws from a distance in order to produce the ray or the spark. Without the thorn that punctures, that hurts, there is no spark, there is no burst of Light that emerges. In this is the basis of the great esoteric teaching of this Rune. ARM YOURSELF WITH A WILLPOWER OF IRON AND TRIUMPH WILL BE YOURS. This Rune is also the symbol of Reincarnation.

If FA ƒ has been the Father and UR ǀ the Mother, then THORN Þ is the son or child and consequently represents the Trinity. It is the emblem of the Cosmic Christ, of Cosmic Willpower.

PRACTICE: As a practice for this Rune and during fifteen days, you must place an arm on the waist or hip describing the shape of this Rune. This exercise should be done in the morning saying TA.....TE.....TI.....TO.....TU



The “Thorn” or “Dorn” Rune According to Samael Aun Weor

One day, Samael Aun Weor and Litelantes visited the Temple of Chapultepec in Mexico. There people also visited who still had their Lunar Bodies. Truly, how different are the SOLAR BODIES! What was astonishing was the way in which this LUNAR Group advanced, without veneration, without respect. However, Samael Aun Weor could clearly comprehend that such a group should be seen with sympathy, since they were selected people and with a lot of merits. Unfortunately, it was not an hour for a meeting. The Superior master of the Temple was severely grumbling at them and he even took them out of the temple by singing in a very delectable language... thus, all of these people had to withdraw.

Samael Aun Weor remained reflecting upon all of this... The LOVE of CHRIST is formidable because this Lunar group is very sincere, even though they have yet to achieve the Second Birth. But they deserve to be helped, so the Lord takes care and cultivates them, as if they were delicate little flowers from the greenhouse. Good opportunities will be finally granted unto them in order to work in the Ninth Sphere and disgrace will be upon them if they would fail in the difficult ordeal.

The descent into the Averno, Tartarus (the Ninth Sphere) was, in ancient times, the maximum ordeal for the supreme dignity of the Hierophant. Buddha, Jesus, Dante, Hermes, Krishna, Quetzalcoatl, etc., had to descend into the abode of Pluto. Here we find the cave where Cerberus howls. With its barking, its three enormous flat-nosed heads and with serpents writhing on its neck, Cerberus fills all the defunct ones with terror. Those who died cheated by the poison of Sexual Passion dwell in those painful profundities... Here are the three furies (Desire, Mind and Ill-Will) who flog the guilty with whips which hiss like viperous tongues.

To descend into those mineral regions of the earth, into that sub-world, becomes extremely easy, but to ascend again, to return up to the light of the sun is frightfully difficult, almost impossible. When Samael Aun Weor was born in the Causal World (or better if we say the Parallel Universe of Conscious Willpower), then the sacred cloth of Veronica shone upon the altar of the temple.

Many heads crowned with thorns that are chiseled in stone are found related to the Bronze Age. A cult to the God of the Thorns existed. Such thorns present to us the symbolic figure of the **THORN** Rune. In the sacred mysteries of the Thorn Cult, special practices were given in order to develop Conscious Willpower. **DORN**, THORN, signifies Willpower (remember, Gnostic brethren, that our Motto is THELEMA).

The Divine Rostrum crowned with Thorns signifies THELEMA, that is to say, Conscious Willpower. **Þ DORN** is also the PHALLUS, the volitional principle of SEXUAL MAGIC (the MAITHUNA). There is the need, by means of the PHALLUS, to intelligently accumulate the seminal energy, and when it is refrained and transmuted, then it is converted into THELEMA (Willpower). Arm yourself with a steel-like willpower, remember beloved reader that without the thorn which pierces or pricks, the spark does not jump, and the light does not emerge.

We can return from Tartarus and up to the light of the Sun, only with THELEMA (CHRIST-WILL). Truly, Samael Aun Weor tells us that the CHRIST-WILL knows how to obey the FATHER on earth as it is in heaven. Take heed of the ILL-WILL, it is (in itself) the strength or force of SATAN, that is to say, concentrated desire.

PRACTICE: In the military position [*la posición militar*], with our feet firm and facing towards the east, we place our right arm in such a way that our hand will remain resting upon our waist or hips, thus taking the form of this Rune. Now, you must sing the mantric syllables: **TAAA....., TEEEE....., TIIIIII....., TOOOOOO..... TUUUUU.....**, with the purpose of developing the CHRIST WILL in yourself. This exercise must be practiced every day at sunrise.



Gnostic Supplement: The “Thorn/Dorn” Rune

From Ch. 31 of *Igneous Rose [Rosa Ignea]* (1954):



Sexual magic is the path... We must self-realize the CHRIST within ourselves in order to speak the creative verb; however, this is possible only by learning how to control the feminine principle of the sun...

We know that sexual magic is very hard and difficult for humans with a weak willpower and, therefore, we recommend our disciples to first practice the exercises of the **⚡ THOROS** Rune in order to acquire the force of willpower, which will permit them to heroically control sexual magic.



Our disciples must perform this exercise by placing their hand upon their waist or hip and then vocalizing the syllables **TI-TE-TO-TU-TA**, prolonging the sound of each vowel.

They must then vocalize the mantra TORN as follows: **Tooooooooooooooooooooooooooooo**.

Our disciples who practice this exercise daily will acquire a powerful force of will, with which they will practice sexual magic, dominating their passionate beast.

The force of willpower is symbolized by the crown of thorns of the Nazarene Christ.

It is necessary to strike the hard flint strongly in order to make the spark of immortality jump.

The force of willpower is the tremendous force of sacrifice... it is the crown of thorns of the Master.

The willpower and movement of the Kundalini are intimately united.

The force of willpower is the **⚡ THORN** Rune and the force of movement (or motion) is symbolized by the **⚡ OLIN** sign of the Aztec-Mexicans.



Gnostic Runology – The “OS” & “OTHIL” Runes (Historically)

The “Ans, Os, Aesc” Rune According to Friedrich Fischbach (1900)



In most Alphabets, the Character "A" stands in front, because it means 'Origin of Life [*Ursprung des Lebens*]'. But the nordic Rune is also pronounced "O". Thus we also have for the Word *Athem* or *Odem* meaning 'Breath'.

Similarly, we have *Ansen* which is an older Word for *Asen* or *Osen*, meaning 'Aesir' or Gods. The Gods-of-Light [*Lichtgotter*] live in the East [*Osten*], where they appear in the Morning. Since they are fiery and apparently transform the Earth, they have the Root-Syllable like *Agni*, namely from *ang* = to turn/rotate.

In conformity with the Fire-Rune, we see in the *Ans*-Rune the Fire-Staff and the two Ropes, but directed downwards. Since the Rune is also called *Aesc* = Ash-Tree = Tree-of-Life, and the Gods (*Ansen*) are enthroned in it, then the Connection-of-Concepts is clear.

The “Os, As, Ask, Ast” Rune According to Guido von List (1907)



os, as, ask, ast = Gods, Mouth, Emergence [*Entstehung*], Ash-Tree, Ashes.

A Fourth I know, if someone throws my
Arms and Legs into Binds:
As soon as I sing it, I can go along,
From my Feet the Fetters fall,
[and] the Detention comes down from my Hands.

os-Rune

The Mouth, the Power of Speech [*Macht der Rede*]! Spiritual Power working through Speech (Power-of-Suggestion) shatters physical Fetters and gives Freedom, it defeats even those conquerors who gain Advantage only through physical Power, and it destroys all Tyranny.

In the Struggle for Existence, it is always the Folk who develop their moral Force who remain the permanent Victors; with the disappearance of Morality, the higher Spiritual Position is also lost, as history – “the World-Court” – proves.

Therefore: “Your Spiritual-Force [*Geisteskraft*] makes You free!”

The “Os, As, Ask” Rune According to E.T. Kurtzahn (1924)

Exoterically: Emergence [*Entstehung*].

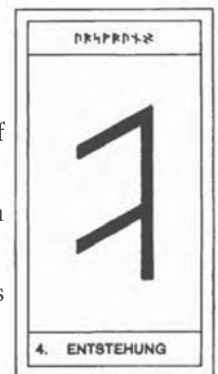
Esoterically: Origin, Ace [*Ursprung, Ase*].

Generally: Mouth, Ash-Tree, Ashes.

The Meaning of this Rune-Name “*Os*”, is 'Mouth'. How great is the Power of Speech! However, Speech alone cannot do it... No, bold Action after short Speech!

The Fetters (which are mentioned in the Rune-Song), of course, will only fall as a Result of a boldly uttered Battle-Cry, which is Followed by Actions.

The time for Homeric Dialogues is over, today only the already mentioned Words of Goethe are valid without restrictions: “In the Beginning - was Action!”



The “Os, As, Ask” & “Othil, Odal, Adel” Runes According to R.J. Gorsleben (1930)

Letter O and Number 4.

Odil, Os, the Noble- and Leader/Guide-Character [*das Edel- und Führerzeichen*]. Odin’s Head in the Golden-Helmet, revealing the pure Concept, but also the Mouth (Latin: *Os*) of God, in which the Word is at rest, not yet born [*noch ungeboren*]. Because “OS is the unborn Suitor”, as is mentioned in the Alphabet of St Gallen (a 9th century manuscript containing a Runic alphabet).

Dr. Friedrich Teltcher’s *Ur-word* is *Gebotenes* meaning “That which is offered” as well as Advisable, Desirable, Worthwhile.

“This I know as a fourth, if an enemy
Throws the ties on my hands and feet:
From the leg fall the ties, if I sing the song,
And the cuffs from the hands.”



𐌺 OS Rune, *as, ask*; and 𐌷 OTHIL Rune, *Odal* or *Adel* (Nobility). *Os*: Mouth, Origin, ace, birth, branch, ash tree, but in the reversed or demonic meaning also carrion (rotting flesh) & ashes. The Latin word *Os* refers not only to the mouth, but also to the genitals and to the female womb. Based on this, one can recognize the importance of the knowledge of the *Ur-language* from which we can derive all daughter languages in order to understand and explain every word of every language.

Os = mouth, womb; *tar* = procreate, “turn”; therefore “*Os-tar*” = procreation of the earth in Spring, at *Ostern* (Easter) time, during which the Goddess of Spring (*Eostar* or *Ostara*) had her festivities. *Ust, Ost, Ist* mean becoming, emerging, appearing; to be, Sun, son. The Sun rises in the *Est* or East (*Ost-en*). The inverted form of *Ostara* strangely leads to a derivative that gives us the son of the Sun, who resurrects again at Easter time: *Ostara* = *Arasto, Aristo, Haristo, Charisto*, Christ!

The *Os*-Rune is especially the Rune of Speech [*Rede*] and already indicates in the Roundness of its sound “O” that of the open Mouth. The spiritual Power of Speech [*Macht der Rede*], or Persuasion, of the Art-of-Convincing [*Über-,zeugung*“], which means to be stronger in Word- and in Spiritual-Procreation, therefore one [person] “convinces” the other.

The Aphorism of the Rune-Song that refers to this Rune breaks the physical Fetters and overwhelms an Opponent who tries to force with only Physical-Domination, it destroys all earthly Coercion. Therefore it says: “Thy Spiritual-Force, Thy greater Ethicality [*Sittlichkeit*]: sets Thee free.” However, Speech alone is not enough, the Word must be followed by Action [*Tat*].

The 𐌺 OS Rune is the counterpart to the 𐌶 FA Rune. Its image is its reversal. If the FA Rune is “*Va-Runa*”, the Sender, the Giver, then the OS-Rune, *Osrus* as a Female-Name, the Receiving-One. FA = *Phallus* (penis) and OS = *Schoss* (womb)!

From the motherly Source [*Ur-Ground* or *Urgrund*] of Love all Being grows and into the motherly Womb the unfolded World retires again after Aeons, in order to rise again to a new sequence of creation, in eternal Change [*ewigem Wechsel*] between Being and Non-Being, fertilized by the Male-Spirit, the Breath of God. God’s Breath became this World. If God inhales, then it does not exist any more, it returns to the One, into itself, into God, into “nothing”.

Therefore the 𐌺 OS-Rune is also the OD Rune or the 𐌷 OTHIL Rune, the Rune of the spirit, of the breath, or the power of breath of *Wotan, Odin, Odem, Alman*. Great powers are ascribed to it, and knowledge of acquiring this power reveals to us the breaking of ties (as referred to in the stanza of the Rune song). In the form of the OTHIL Rune, the OS Rune has another meaning, that of *Ot-hil*: spiritual-salvation or the Rune of *Odin*-Wodan, of the nobleman, of *Odal* or *Adel* (Nobility).

The “Os” and “Othil” Runes According to S.A. Kummer (1932-1933)




(O) The O-Rune, *Os as, ask, ans, Ase*, Branch, Ash-Tree, o = Mouth, Emergence, Ace, Birth. East, Easter, *Ostara*, the Goddess-of-Spring. *Os* = Womb, *Osrun* = that which Receives; what is conceived or generated through Spirit and Love becomes Action. – Numerical value 4.

Os is the Rune of spiritual Speech, of Persuasion and Conviction, of Might, of Language, of spiritual Linguistic-Power. Through Spiritual-Procreation (with which one convinces and overcomes all brute Force), every Force can be conquered.

It is the begotten spiritual Strength, which breaks all physical Fetters: everything Lower is destroyed, because the spiritual Word is also followed by Action. That is why the Rune-Song says: “From Word, Word develops into Word, but Actions lead to Actions.”

In the Demonic, it is Carrion and Ash.




The *Os*-Rune  is also the *Othil*-Rune , the Rune of Breath, Life-Breath, World-Breath, the Odes, Breathing and has another meaning in this Form.

It is the *Odin-Wotan*-Rune, the Rune of Spiritual-Salvation, of the Nobility, which speaks to us through the consciously generated *Othil*-Nobility-Elite. The crossing Force under the Roof of the Universe.

Odin the *Od*-bringer, *Odebar* or *Adebar* (the Stork) who brings the Child. The *Ur*-Fire is symbolized by the divine Trinity: Life-Breath–Light–Heat. *Wotan-Odin* was a Wind-God, *Thor-Donar* was the God of Flame, of the Light, and *Frey* was the God of Fecundity.

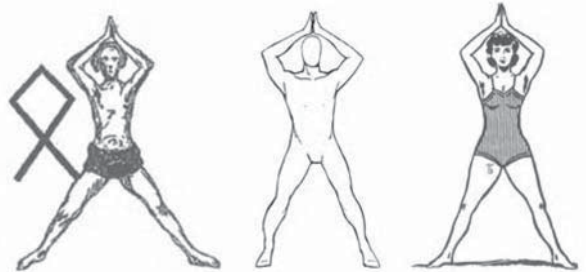
In the Language of the Ancestors, Breath is synonymous with Spirit. Without the Breeze no Fire burns, without Breath there is no Life!

The Demonic of the *Othil*-Rune  occurs through improper creation or generation, then Wisdom and Spiritual-Salvation sinks into the Darkness of the *Ur*; protect your *Ich* from it.

Full Body Rune Exercise(s):

1) By spreading one’s Legs and putting both inner Palms together above the Head so that the Fingertips are pointed upwards, the Student performs the *Othil*-Rune in this Position. Now follows rhythmic Breathing 7 times.

One notes what was stated in the previous Rune-Positions, and sings “O” while magnetizing the Aura.



Spiritual Forces are now growing within them, giving the Ability to defeat all material and physical Obstacles. One receives the Force to victoriously destroy everything animal, Satanic, and to break all Fetters or Bonds.

This Rune possesses a great magical Force which the Practitioner must grasp and learn in all its Depth. When one is sufficiently prepared, these Power Forces will seize upon one’s Organs-of-Speech and then one will be astonished by the Advice/Council [*Rat*] and Realization. So I call you, dear Brother and dear Sister, to: “Set free your *Ich*, break all Fetters.”

The Student, in their advanced Stage-of-Development, will now make many strange Observations and Discoveries about themselves. One feels much freer, more powerful and more confident; their Wishes and Thoughts are realized, Advice/Council [**Rat**] and Help arrive punctually and unexpectedly.

All Obstacles and Inhibitions will decline according to the Student's Maturity-Level, their magical Forces will begin to unfold and take Effect; their Appearance, their Nature, their Words will be of strong effect and greater impression on their Environment. But also a great Responsibility grows with these Forces within oneself, so that one is always aware of one's Actions and Operations as well as their Consequences.

At this Stage for them, it is called: black or white. For this reason demonic and disharmonious Influences often try to seduce the aspiring Initiates into black Magic. So one should be careful and take oneself firmly in Hand; after a few Weeks these Temptations are overcome and one then rises to become a conscious Knower, a wise Magician, an Initiate.

Now the Student should withdraw even more from all lower, egotistical Influences. In order to avoid Repercussions, one intensifies one's noble Longing for Harmony and Calmness; additionally one must fully Occupy oneself with a high Thought- and Wish-Life. Thus one creates a strong Force-of-Resistance against all demonic Influences, Passions and Weaknesses. It is easier for one to achieve the Goal one has set.

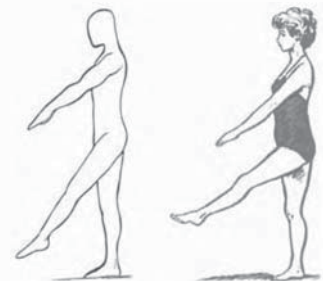
In this Stage-of-Development Clairvoyance, clairaudience and clairsentience as well as medium Experiences occur more often, which are easily taken advantage of by black-magical, demonic Beings who pose as Guardian-Spirits, spiritual Advisers, great, dead Geniuses, etc., who approach the Student in order to misuse them for satanic, sinister Causes.

The Student must never forget that if high divine Forces are to be revealed in them, they must first and foremost be pure and in accordance with these Forces. The Exalted comes to the Exalted, and the pure to the Pure, and one Day this will all be revealed.

I warn the Student once again against lower, subtle Beings, that easily harass inexperienced Occultists, often pretending to be the Christ, absorbing the Student's **Od** and then doing Philandery and Nonsense with it. These **Od**-Vampires are mostly deceased Black-Magicians who are acting out their Hatred in another Sphere. The Student must vigorously repel such Approaches with the greatest Calm and Strength.

2) Regarding this Position, I will briefly mention another Rune in which a different Spatial- and Current-Direction can be felt. It is the "o", **Os**-Rune-Position \mathfrak{A} .

a) Gazing East, the Practitioner stretches their left foot out of the **Ich**-Rune-Position tightly in front, with the Tip-of-the-Foot stretched out; their left arm is stretched out obliquely downwards so that they make the following shape \mathfrak{A} when seen from the side. At the same time, they sing: "o-o-o-s".



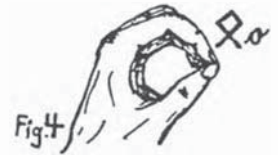
b) After that, the Practitioner again takes the **Ich**-Rune-Position, but now gazes to the North, and stretches out the right Leg and the right Arm diagonally downwards. This again makes the **Os**-Rune shape \mathfrak{A} when seen from the side. One now sings: "o-o-o-o-s".

Meditation and Breathing-Exercises should not be missed in this Practice. There is a great magical Power in this Rune-Position; whosoever feels it in its depth receives great spiritual Might and Speaking-Power. Often it is in this Rune-Position that one is forced to Speak loudly.

The **Os**-Rune-Position is a special Absorbing- and Receiving-Position for higher astral Waves (while the reverse **Os**-Rune is the **Fa**-Rune, which is a positive Transmitting-Rune).

Hand Rune Exercise ('Mudras' or "Rune-Grips"):

The Rune Practitioner should take up the **Ich**-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which is observed with all the Rune-Grips.



One stretches the left Arm upwards, bending the Thumb and Forefinger of the outstretched Hand so that the Fingertips touch, as Figure 4 shows.

One sings the "O-o-o" sound in the way already explained (raising and lowering the Tone). Soon one will feel a circulating Oscillation of Subtle-Forces [**Feinkräften**] in one's Hand.

Each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the **Ich**-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [**Feinkräfte**] can be reached in the Hand-Centers. The astral Color-Vibration is light-purple.

This is the Grip of **Odem**, Ode and Breath [**Atems**]. It has an especially beneficial spiritual effect for the conscious Rune Practitioner. Often after this Exercise the Smell of Ozone can be detected on the Hand.

After finishing the Exercise, the collected Subtle-Forces are to be directed throughout the entire Body by conscious-willpower [**willensbewußt**].

Gnostic Runology – The “OS” & “ODIL” Runes and their Practice

The “Os” and “Othil” or “Odil” Runes According to Huiracocha



The Os Rune 𐀓 is under the influence of Scorpio and, like the Fa Rune 𐀕 𐀖 (which had its arms upwards), the Os Rune has its arms downwards in a similar way. This Rune is complemented with another which is the Othil or Odil Rune 𐀘 and the Olin symbol in Mexico, both of which represent movement.



So, after having placed the arm at the waist (in the Dorn Rune 𐀓 position), place both arms down & sideways, and then both arms at the waist to complete the Mantram, saying “THORN..... T.....O.....R.....Nnnnn” (which, when we remove the ‘N’, becomes ‘THOR’, ‘TOR’, ‘DOR’ or ‘DOOR’ in English). This Rune is the door that opens for the attainment of Internal Powers. Let it be well understood, that the door is opened if we have charged ourselves with Willpower and with what we call Persistence/Insistence [Insistencia]. Above all, you have to do a previous concentration when doing the exercises.



Olin, in Aztec, is the sign of Quetzacoatl: God of the Wind, God of Life; and thus, Olin is the Rune of respiration. Therefore you have to charge yourself, inundate yourself, with air, with life, with Prana, aspirating through the nose and then exhaling the breath while saying the Mantram: “T.....O.....R.....Nnnnn”.

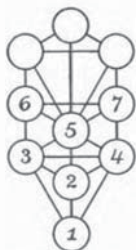
Armed, then, with Willpower and while concentrating on creating magical forces, once making an inspiration, the air is retained in the lungs each time while affirming:

“I am all Power, all Will, and all Movement. The Thorn and Movement Runes are realized in me.” [Alternatively: ‘All Power, all Will, and all Movement are realized within. The Thorn and Movement Runes are realized within.’]

From this moment on, the disciple must impose their will, feeling capable, powerful, making whatever they wish prevail (without hurting others, without ceasing to be kind, and affectionate to all). But from the whole of our being, there must be something imperative, so that others say: “This person is strong, and knows how to command.” One should never say: “I can not do this or that”, instead one must say: **“I CAN”**



If the magical-runic value of the Thorn or Dorn Rune 𐀓 is 3 (or the Trinity), then the Os Rune 𐀓 is represented by 4 and, thus, these two Runes form the Septenary or 7. The two together represent (as we have said) Willpower, Action, as well as the All; but also Death & Reincarnation (or Return), the Lap/Bosom (or Womb), the Mouth, the Christ as Logos, as well as Oration and Respiration.



The disciple must meditate on these practices which are composed of a Septenary or the Seven Bodies (one encased within the other) and that one’s breath & respiration must permeate them all at the same time. In the interior, this produces something like an amalgam, in such a way that the air goes to each of the corresponding bodies (that is to say, some more material, others more subtle), so that the air acts and drives itself into all our vehicles, bringing the Cosmic Christ to us, and leading us to our Divine Origin (from which we have departed and to which we must return). But before this becomes possible, we must try to act on our physical organism, on our body (which is our instrument) by using the practices and exercises that have been carefully guarded for centuries by the Secret & Initiatic Societies, among whom the Rose-Cross Fraternity has always excelled as a guardian of Runic Magic.

The “Os” and “Othil” or “Odil” Runes According to Samael Aun Weor

We must profoundly study the problem of Sexual Transmutation for single people. Samael Aun Weor said that the medicine against the subjective states that produce nocturnal pollutions is Sexual Magic. Yet, there is a need for clarification... While we remain very **alive** (in other words, while we remain with the EGO existing in the 49 regions of the Subconsciousness), then erotic dreams will inevitably continue. What occurs is that through the practice of the Sahaja Maithuna (Sex-Yoga), the Chela (Disciple) becomes accustomed to refraining the sexual impulse and, thus, when an erotic dream occurs, the mind then instinctively refrains the sexual impulse. **Clearly such a formula helps when one has continuity of purpose.** Thus, daily practice is needed, year after year, with intensity.

Unfortunately, this formula only works when one has a spouse, but, what about those who are single, who do not have a spouse? Then what? **Those who are single can and must utilize the creative energy for the Awakening of the Consciousness.** What we need to know is the technique, so let us now enter, in full, into the fields of the OS Rune. This Rune vibrates intensely with the Constellation of Scorpio, which is very important because this court of stars is found intimately related with the sexual organs. This is the same OLIN Rune of Aztec Mexico and it is esoterically related with the famous THORN Rune.

Among the Aztecs, OLIN is the mystical symbol of the God of the Wind, the lord of Movement. The name of the corresponding angel is EHECATL. He was the one who intervened in the resurrection of Jesus by transmitting Prana (life) into the body of the Great Kabir, saying: “Jesus rise with your body from within your tomb.” The angel EHECATL (the God of the Wind) is certainly an extraordinary Guru-Deva who lives in the World of Conscious Willpower and has power over the Sylphs of the Air. **So now we can see the intimate esoteric relationship between the OS and THORN Runes (Movement and Willpower).**

In the sacred land of the Pharaohs, the Sphinx corresponds to the Elemental Sphinx of Nature, who is the mysterious instructor of the Holy Devic College. All the Gnostic brethren would like to talk face to face with the Elemental Sphinx of Nature, to have a dialogue with the Devas, or to walk with EHECATL. But in order to do so, it is necessary to Awaken the Consciousness, to open the door, to call with Persistence/Insistence [**Insistencia**], to set our Willpower in motion (movement). Observe very carefully the two diagrams of the 4 OS Runes. In the same way that the 6 FA Rune has its two arms upwards, the OLIN Rune has them downwards, and this is profoundly significant.

PRACTICE: During these Esoteric practices, there is the need to successively alternate movements by placing the arms in the first position (sideways downwards), then, in the second position (placing the arms on our waist as in the Dorn or Thorn Rune). You must combine the movement with harmonious and rhythmic breathing. Inhale the Prana through the nose, and exhale it through the mouth along with the mystical sound “TORN” (prolonging the pronunciation of each letter).

When inhaling, imagine the sexual forces rising, ascending from the sexual glands throughout the pair of sympathetic nervous cords (Ida and Pingala) reaching the brain, then afterwards continuing towards the heart. When exhaling, imagine the sexual energies entering the heart, and even penetrating more deeply, reaching the Consciousness in order to awaken it, striking it with force, with **Thelema** (Willpower), thus combining the Thorn and Movement Runes.

Afterwards, pray and meditate. Beseech the Father who is in secret, asking Him to awaken your Consciousness. Beseech your Divine Mother Kundalini, beg Her with infinite love to raise the sexual energies, to make them reach the heart and even further, to the very depth of your Consciousness. Love & pray, meditate & supplicate. Build FAITH like the grain of mustard and you will move mountains. Remember that DOUBT is the beginning of ignorance. “Ask and it shall be given you, Knock and it shall be opened unto you.”

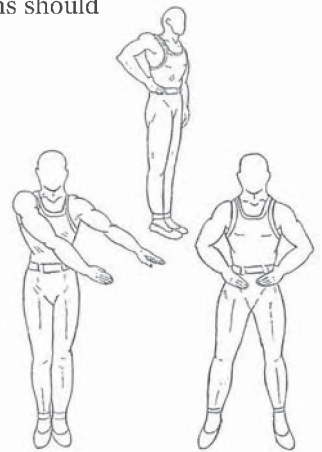


Gnostic Supplement: The “Thorn/Dorn” and “Odil” or “Olin” Runes

From Ch. 43 of *Tarot & Kabbalah [Tarot y Kabbalah]* (1978):

1. In the standing position, the disciple will inhale and exhale rhythmically several times.
2. In keeping with the inhalation of air, the imagination and will must be united in vibrant harmony so as to make the Sexual Energy rise through the two ganglionic cords of the Spine until it reaches the Brain, Eyebrow Center, Neck and Heart, in successive order.
3. Then the breath will be exhaled, the disciple firmly imagining that the Sexual Energy is secured in the Heart.
4. Upon exhaling the breath the disciple will vocalize the Mantram “THORN” in this way: THOOOORRRRRNNNN.
5. With the practice of the OLIN Rune, various movements of the arms should be carried out.
6. The disciple should place the right hand upon the waist.
7. They will extend both hands towards the left, the left hand being higher than the right, stretching the arms and forming a sharp angle with the trunk.
8. Place both hands upon the waist.

In this manner our single disciples of both sexes can transmute their Sexual Energy. The Sexual Energies are also transmuted via the Aesthetic Sense, with the Love of Music, Sculpture, and with long walks, etc. The single person who does not want to have sexual problems must be absolutely pure in thought, word and deed.



From Ch. 31 of *Igneous Rose [Rosa Ignea]* (1954):

THORN and **MOVEMENT** Runes enclose the secret of our liberation. It is necessary to have the force of willpower in order to place the Kundalini into motion (movement).

The Hierarchies related with the elemental department of the cedar tree have the power to open the door of **OLIN**. This door is situated in the inferior orifice of the spinal medulla, and through it we enter the great mysteries of the fire.

The Mantram in order to open this door is **THORN** which is pronounced by prolonging the sound of each vowel as follows: **Toooooorrrrrrrnnnnn**.

The Mantram **THORN** has the power to place the Pure Akasa into motion in order to awaken the Kundalini and to make it rise through each one of the thirty-three vertebrae of our spinal column. This Mantram has the power to reinforce the Pure Akasa within our Brahmanic cord.

OLIN, the sacred sign of the Aztecs, is the door to enter into the great mysteries of the fire.

The exercises of **OLIN** must be performed by placing the right arm upon the waist; then both arms must be extended towards the left side of the body and, at the end, both arms must be placed upon the waist, while vocalizing the Mantram **TORN**.



Music-Willpower acts upon our waters (seminal energy), transmuting it into Christic energy, that is to say, into the wine of light of the Alchemist.

The **THORN** Rune is SOLAR and is governed by the Zodiacal Sign LIBRA. We already know that the Zodiacal sign LIBRA governs the Kidneys. Upon our Kidneys are two Chakras that register our degree of Chastity or our degree of animal fornication.

This is why the BIBLE states:

"Notwithstanding I have a few things against thee, because thou sufferest that woman Jezebel, which calleth herself a prophetess, to teach and to seduce my servants to commit Fornication, and to eat things sacrificed unto idols.

And I gave her space to repent of her Fornication; and she repented not.

Behold, I will cast her into a bed, and them that commit Adultery with her into great tribulation, except they repent of their deeds.

And I will kill her children with death; and all the churches shall know that I am he who searcheth the kidneys and hearts: and I will give unto every one of you according to your works." – Revelation 2: 20-23

Clairvoyants can observe in the Chakras of the Kidneys a dirty red color in the fornicator, and an immaculate white color in the Chaste.

The Colors of the THORN Rune are orange, green, and yellow. The precious stone of this RUNE is the CARNEOL (or Carnelian), and its metal is Gold.

Music-Willpower is the Sacred Arcanum of TRANSMUTATION. Music permits us to transmute water into wine.

Gnostic Runology – The “RIT” or “RITA” Rune (Historically)

The “Reid, Rad” Rune According to Friedrich Fischbach (1900)

RR The Creation of the Fire by two pieces of Wood (a Wooden-Stick and a Wooden-Plate) was considered to be the most sacred, probably because it was also the oldest way. But more convenient was Wheel-Rotation [**Raddrehen**] around an Axis in order to start the Fire by Rubbing. This Fire-Wheel [**Radfeuer**] was important for all Dwelling-Places.

We find in some of the oldest settlements, many Villages with the Designation 'Wheel' [**Rad**]. There, they also gathered together for Consulting as a People’s-Wheel [**Volksrad**].

From that form of Religious Worship it is known how many Spokes the Wheel had to have, and how many Men turned it alternating. Probably the turning was done through Straps, as with the Fire-Drill [**Feuerbohrer**], for a faster turnaround.

Strange is the similarity of this Rune with **Thôrr**’s Pickaxe. Since in **Thôrr-Donnar** the "R" is strongly emphasized as well as in his name “Roland” (the Rolling of the Wheels make a sound), so we may conclude that the three Runes: Th, O, R were dedicated to him. **Thorr** drives in the big Heavenly-Chariot [**Himmels-Wagen**] around the North star.

That the **Reid** Rune did not designate the Chariot-Wheel [**Wagenrad**], but at first only the Fire-Wheel [**Feuerrad**], is clear, but the poetry of the Skalds gave these Runes a very wide scope.

The “Rit, Reith, Rath, Ruoth” Rune According to Guido von List (1907)

R rit, reith, rath, ruoth, **Rita** [or Cosmic Law], **Rath**, Red, Wheel, to Clear, Ret (to soften by soaking in water, to prepare with water), Right [**Recht**], etc.

A Fifth I heard, when in cheerful Flight
a Projectile flies into the Flock;
No matter how swiftly it flies, I force it to stand-still
I Seize it with my Gaze.

rit-Rune **R**

The thrice sacred “**Rita**” [or Cosmic Law], the “Sun-Wheel” [**Sonnen-Rad**], the “**Ur-Fire**” (the Primordial-Fire, God) itself!

The exalted Inner-Feeling or Introspectiveness [**Innerlichkeitsgefühl**] of Humanity is the Consciousness of one’s own Divinity [**Bewusstsein der eigenen Göttlichkeit**], because “Introspection [**Innerlichkeit**]” is just “Being-With-Oneself [**Bei-Sich-Sein**]”, and being with oneself is being with God.

Genuine ‘People-of-Nature’ [**Naturvolk**] are not people who are in the state of savagery, because those people live in the shackles of the most horrible Shamanism. On the contrary, the genuine ‘People of Nature’ already require a high Cultural-Level [**Kulturstufe**], but free from all and every Excess-Culture [**Ueberkultur**], since they still possess their whole original unclouded Introspection [**Innerlichkeit**].

This is made obvious when one is unable to find one’s God in one’s own innermost Being [**innersten Wesen**], and so one begins to look for this outside of one’s Self [**Ichs**] and in the outside World – “up there in the Starry-Heavens”.

The less inward [*innerlich*] the Human Being is, the more outward [*äusserlicher*] their Life becomes; and the more a People lose their Introspection, the more pompous and ceremonialized their outward manifestations become (especially in the character of their Administration, Law, and Forms-of-Worship). However, genuine 'People of Nature' should be one in Recognizing: "I know what I trust, and that is why I am living it out."

Innate Divine-Introspection [*Gott-Innerlichkeit*] is, therefore, the basis for an impressive Defiance-of-Death [*Todesverachtung*] and for an unlimited confidence in God and in Self. This expresses itself brilliantly in "*Rita*" and which has the fifth Rune as its symbol.

Therefore, this Rune says: "I am my *Rod* (my Right [*Recht*]), this *Rod* is invulnerable [*unverletzbar*], therefore I myself am invulnerable, because I am my *Rod*!"

The "Reit, Reith" Rune According to E.T. Kurtzahn (1924)

Exoterically: Advice/Counsel [*Rat*], Strength [*Stärke*], *Ruoth*.

Esoterically: *Rita*, *Ur-Law* [*Ur-gesetz*].

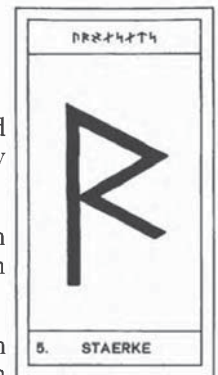
Generally: Advice/Counsel, Right [*Recht*], *Roth*, Wheel.

This Rune is of particularly profound Meaning. *Rita*, *rit* makes up part of the word "Ritual". *Rita* is the *Ur-Right*, that which is inseparably connected with the Unity of Science and Religion (in the sense of Re-Connecting with the divine *Ur-Cause*).

Here by the term 'Right' is primarily meant "what is born with us and which, in Life, is, unfortunately, almost never the Spoken of", thus the "eternal Right, which hangs above so-called inalienable rights".

This divine Right, this divine Strength, has always been based on Introspection [*Innerlichkeit*]. Introspection gives Science and Religion the Strength, which allows us to survive decades of Adversity remaining victorious Despite everything.

If the Practitioner has reached the real Consciousness of their own Divinity in themselves, then they are indeed able to bring a "Spear-Projectile" to a standstill with the Gaze as is mentioned in the Rune-Song-Text.



The "Rit, Reith, Rad, Rod" Rune According to R.J. Gorsleben (1930)

Letter R and Number 5.

The *Rad*, *Rit*, or *rechit* Rune, the resting head of the horse *Gautatyr*. The creative word of God, which makes the world of space into the image of the Divine rhythm.

Dr. Friedrich Teltscher's *Ur-word* is *Verfließendes* meaning 'that which is Passing' as well as Elapsing and Passing By.

This I know as a fifth, if in hostile flight
 An arrow shoots into the crowd
 No matter how brightly it rattles, I block its power
 By grasping it tightly with my eye.



RIT = council; right; red; wheel; *ruoth-kreuz*, *radkreuz* ⊕ or wheel-cross (symbol of God's court); Cosmic law; *Rota-Tora* (reversal) = original law.

This Rune expresses the rrrolling [*rrrollende*] movement of the Wheel [*Rades*], of the Sun and tells us: “I am my red [*roth*], my Advice/Counsel [*Rat*], my Right [*Recht*]! This Right, my own Advice/Counsel, is inviolable [*unverletzlich*], therefore I myself am inviolable.”

It is *Rota, Rita*, the *Re*-ligio(n) = connecting back to the Divine, in contrast to the relics (that which are from this Earth, that which has been left behind). In the ancient Initiations, their religion was science and law in one.

This Rune is the right, the law, the *Roud*, the advice to oneself, of which Goethe says, “As for the Right [*Recht*] that is born with us – alas, none careth to Discern/Investigate [*Frage*]”.

All true art is rooted in an unwritten right, and eventually all laws have been made for the purpose of doing away with this *Ur*-Right. This occurs in cases when people want to turn injustice into law as a result of a conscious or unconscious deviation from this original right (the *Ur*-Right).

But the Divine law (*ruod, Rad*), which originates in one’s own inner council/advice, can be without any external form or codification.

Rita, Rit is the *Ur*-word for Ritual, and the word *Thora* or *Torah* is Hebrew for “law”. Thus, the ‘law of Thor’ is simply the inversion of the word *Rota (Rita)* and in this case also of the concept *Rota, ruot* = law, right. It is the same word “Tarot” which has been handed down to us from the Egyptians. The Runes are, however, older than the tarot cards; and all readings, casting of cards, divination, etc., originated in our sacred Rune Alphabet.

Therefore *Rod* (the Wheel or the color Red) is part of all powers of justice, including the executioner, who puts the criminal on the wheel (*Rad*) and destroys him with the law (*Recht*) that he violated.

Knowing that all Language, all Culture, and all God-Man-ness [*Gottmenschentum*] flows out of our ancient inner Source/Spring [*Quelle*], we become Conscious of our own divine-spiritual Plenitude-of-Power [*Machtvollkommenheit*] and then we are, Indeed, able to banish the “Spear of Materialism” by grasping it with the ‘Gaze of the Spirit’ (as the Stanza tells us).

The R expresses movement, which is *rot*-ating, the rhythm – the up and down (like the rattle), riding horseback, the rule. The symbol of the R-Rune is the wheel (*Rad*), turning around its axis, the Sun-wheel ⊕, the eternal course of the Sun and (in the figurative sense) the course of natural law, of the *Rota (Rota*-tion). This includes everything that circumscribes or circles around something, and that expresses itself with the Rrrrr movement.

The RIT Rune has the numeric value of 5, thus there is a relationship of the *Rita-Rota*-Rune with the five pointed star and the right hand (with its five fingers) was symbol of the law and of justice.

The “Rit” Rune According to S.A. Kummer (1932-1933)

R (R) The *R*-Rune, *Rit*; Advice/Counsel [*Rat*], Right, Wheel, *Rod, roth, ruoth*, red, ret, *Rita, Rota*, the holy inviolable, innate Right. The Rune of Rights, Justice and Righteousness. – Numerical value 5.

The R-Rune expresses Movement, Rhythm: racing, running, riding, roll, rubbing, rushing, talking, murmuring, etc. Wheel, the rolling Sun-Wheel, the cosmic Rhythm, whisper, rustle, and so on.

The sacred innate Right, my Advice/Counsel, my Right is inviolable: it is in me, *Rita*, Religion. *Ararita* the procreation Right, the Law. The *Rit, Rita* Rune is the Symbol of the great Ritual, the All-Right or Universal-Right; the Internal, unwritten Right experienced within.

The Five-Fingered-Hand, the right Hand, the Symbol of Rights. The Quintet Right of the **Vehmanen** Judges (which were a "proto-vigilante" tribunal system in Germany active during the later Middle Ages, based on a fraternal organization of lay judges called "Free Judges" [**Freischöffen**]), the Peoples-Right, the **Vehm**-star ☆, the Five-Pointed-Star, the upright Pentagram (white Magic), the Knight [**Ritter**], the Hero [**Recke**], the Savior, the Right.

Red, the Color of the Judge, Executioner. The Symbol of the **Rit**-Rune is the five-petalled Rose, the secret fragrant Right, the Parable of the Secrecy of the divine Right that is kept in the Heart, which acts, but does not speak.

The Demonic of the **Rit**-Rune 𐀓 𐀔 is: Unjust, Unholy, Predatory, Revengefulness, disharmonious Rhythm, black Magic.

Motto: "I am my own Right and Knight/Warrior [**Recht und Recke**]!"

Full Body Rune Exercise(s):

From the **Ich**-Rune-Position, the Practitioner places the left Hand on the left Hip, creating an angled left Arm; the left leg is also extended to the same side to make the shape of the **Rit**-Rune-Position.

Its Sound-Formula is: "ra-re-ri-ro-ru."

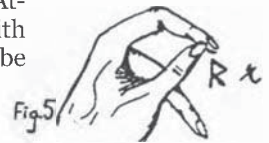
For the "R", **Rit**-Rune-Position, above all, the Practitioner must have Control of the physical Forces and Activation in the cosmic World-Rhythm.



Whosoever takes Possession of this Rune internally will always be able to preserve eternal Youth.

Hand Rune Exercise ('Mudras' or 'Rune-Grips'):

The Rune Practitioner should take up the **Ich**-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must also be observed with all the other Rune-Grips.



Now raise the left Arm vertically upwards, the left Hand takes the Position of Figure 5, representing the **Rit**-Rune Grip.

One purrs "r-r-r" siren-like (with good deep breathing), rising and lowering the sound.

One's inner Thoughts are directed to higher Counsel/Advice [**Rat**], to one's innate Right and to the cosmic Rhythm.

Each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the **Ich**-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [**Feinkräfte**] can be reached in the Hand-Centers.

This Rune-Grip produces a rhythmic Warming of the Hand and enables Activation into the cosmic World-Rhythm, whereby the higher Centers are strongly stimulated and magical Abilities unfold within the Rune Practitioner.

Here, too, a conscious-willed [**willensbewußte**] Circulation through the whole Body should not be forgotten.

As astral Color-Vibrations, Kummer was able to observe various Colors, such as: whitish-yellow, pink, fire-red, orange.

Further Sound-Formulas of the **Rit**-Rune are: “ra-re-ri-ro-ru”.

Gnostic Runology – The “RITA” Rune and its Practice

The “Rita” Rune According to Huiracocha

The previous two Runes were DORN or Thorn and OS, Othil or Olin. With them, we have wounded and dominated the animal impulses, that is to say, we have imposed ourselves upon ourselves, we have made ourselves into our own owners and lords, in order to be able to manage the Willpower, because the Movement Rune (or the OS Rune) has given us that great magical impulse. If we have accomplished what all the previous Runes have demanded of us, then our magical energy has indeed been permeated with all the impulse of that Olin (Movement or Momentum) through the door of the Mysteries of the supra-physical world. We should not, therefore, remain at the door of that Sanctuary. But, what is it that we are missing in order to go forward?

We are missing the Law. The Occultist knows that God is the Law... The Rune of the Law is RITA, and its value remains in the words Reason, Wheel, Religion, Red, *Recht* [German meaning Law or Right]. When the Nordic peoples spoke of *Rita*, they meant Rite, Ritual... The Nordics celebrated certain periodic meetings called “Thing”. In the forest, the members of the “Thing” gathered and each seat was adorned with roses. And when justice was applied, the Rose was always the symbol of Rectitude. The Romans used the scale as the symbol for the law and the sword as the symbol for the penalty imposed. The Nordic Rose-Cross Adepts could not proceed in their courts except under the symbol of the rose with its five petals, because it was wild [that is, growing as it willed, ‘free’]... With a certain magical ritual, the RITA Rune was united with the rose, making true justice proceed by arousing the internal consciousness of the judges.



Formerly Justice (and its application as Law) was united with Religion and the Priestesses in the Nordic forests cast the Runes in order to know the plans of God, of the Great All. Today we have defiled that Divine Right by putting Justice into the hands of materialistic intellectuals... Nowadays, the Law is a conjunction of articles. The Dictionary gives a good definition of ‘Law’ as follows: “Rule and norm which is constant and invariable for things and phenomena born of the First Cause or of their own qualities and conditions”, and it goes on to say: “Precept dictated by the authority in which a thing is commanded or prohibited in accordance with Justice, etc.”

Do we, the Humans, know what Justice is?... No, not at all. Only God knows what Justice is, because He is Law & Justice itself and the supreme source from which everything has sprouted. It is God, therefore, within ourselves, who is the only one who must dictate what we should or should not do. We must only obey and listen to His directives, to His silent voice... He will indicate to us, with His invisible finger, where the path is. If we deviate from it, then this means we want to march away from God, by following the tortuous path of social prejudice. But then, we work for Society, for the conventional lie, for Injustice and it is necessary to work for Him who is the pure and undefiled Truth, which is Supreme Justice.

Our Divine Being, God in us, is JUDGING all our actions, and His mysterious voice speaks to those who are prepared to listen to that subtle voice. The Nordics knew certain practices that the Romans called ‘jugum’ and the Hindus of the East gave it the name of ‘Yoga’. This western ‘jugum’ is what we teach, and with it we awaken the divine powers within ourselves. The practices of this RITA Rune will serve in order to achieve a certain personal independence (through which the disciple must feel above Human Laws, intimately connected to their God, who is the Law itself, the Power, the Light that blazes within them), being their only Judge, Lord, Guide and Master. The numerical value of this Rune is 5 and, consequently, it symbolizes the Five-pointed Star. The syllables Ra... Re... Ri... Ro... Ru... must be pronounced rhythmically, while we open a leg and an arm.



The “Rita” Rune According to Samael Aun Weor

In a previous existence, during the Middle Ages, the one whom we now call Samael Aun Weor was living in Austria and was a member of an aristocratic family. His family was very conceited about matters of royal blood related with ancestry and he, too, was engulfed within the bottle of those social prejudices. One day, his sister fell in love with a very poor man, and this became a scandal. The ladies of the class of nobles scoffed at his sister, saying that she had disgraced the honor of the family, and that she could have married better, etc. Soon his poor sister became a widow, but the outcome of her love was a child. It was not possible for her to return to the bosom of her family (because of the social prejudices of that epoch), and so she preferred an independent life.

Feeling pity for his sister, he tried to help his nephew by putting him into a boarding school, but without taking into account the feelings of the boy’s mother... He even committed the error of prohibiting the mother from visiting her son, thinking that, in this way, his nephew could become a great gentleman... **The path which leads to the abyss is paved with good intentions. How many times, when one is trying to do good, does one accomplish evil?** His intentions were good, but his actions were mistaken. Nonetheless, he firmly believed that he was doing the right thing. His sister was suffering greatly because of the absence of her son... Clearly, there was love for his nephew and cruelty for his sister. However, he thought that if he was helping the son, then he would also be helping the boy’s mother. Fortunately, the police of Karma, the KAOM, emerge inside each one of us, within those intimate regions where Love is missing. These agents of Karma, the KAOM, exist within us and direct us towards the Tribunals of the Law.

Many centuries have passed since then, however, the Law of Recurrence is terrible, because everything is repeated as it once happened, along with its good or bad consequences. In the 20th century, all the actors of that past event, have returned again. Everything has been repeated in a certain way, but with consequences. This time Samael Aun Weor was the one who was rejected by his family, such is the Law... The nephew was reborn again, but with a feminine body (a baby girl). While still young, the girl (his ancient nephew) fell ill with an intestinal infection. Many children of her age died of the same cause and all the remedies were useless. In her face, the unmistakable profile of death was already starting to show. So, there was no other choice but to visit the Dragon of the Law, the genie of Karma, ANUBIS. Thankfully, Samael Aun Weor had Cosmic Capital with which to pay his old debt and, therefore, the girl was miraculously healed. With the possible death of his daughter, he had to feel the same pain of detachment, the same bitterness, which in the past his sister was feeling for the loss of her son. Thus, by means of the Great Law, the damage would be compensated, with the repetition of similar scenes...

When will the people comprehend all of the mysteries of the **RITA** Rune? Certainly, this is the Rune of the Law. Inside the Palace of Anubis, scales & swords are seen everywhere. This Great Judge is assisted by 42 Judges of the Law. Illustrious Lawyers of the Great Law (who defend us when we have enough Cosmic Capital in order to pay our old debts) are never absent before the Tribunal of Karma. To get credit from the Lords of the Law or ‘Archivists of Destiny’ is also possible, but must be paid with good deeds, through working for humanity, or based on supreme pain. Not only is Karma owed for the evil that is done, but also for the good that is not done.

PRACTICE: The fundamental mantrams of the Rita Rune are: **RA, RE, RI, RO, RU**. We must open one leg and one arm. The present Runic practice has the power of liberating the Internal Judgment. We need to convert ourselves into Judges of Consciousness, it is urgent to Awaken the Buddhata (the Seed of Soul). This Rune has the power of Awakening the Consciousness of the Judges. Let us remember what is called ‘Remorse’, which certainly is the accusing Voice of the Consciousness. Those who never feel remorse are truly very far from their Interior Judge. People like this must work very intensely with the **RITA** Rune, thus, this is how they will liberate their Interior Judgment. We urgently need to learn how to be guided by the Voice of Silence, that is to say, by the Intimate Judge.

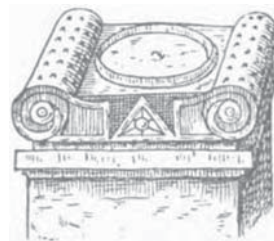


Gnostic Runology – The “KA” or “KAUN” Rune (Historically)

The “Kaun, Kien, Kiel” or K-Rune According to Friedrich Fischbach (1900)

PHC

This Rune is easy to interpret: On the Fire-Altars [*Feueraltären*] two pieces of Wood were placed (on the right and on the left), between which Fat or Oil was lit on the Altar-Plate [*Altarplatte*].



The elevated Point in the Middle of this plate-like Depression served to put the Wick-Holder, which achieved the slow Burning of the Oil or Fat as a steady Flame. We see on the simpler and richer Consecrated Roman Altars this Basic-Form of the Fire-Altar represented.

Since Resinous-Wood [*Kienholz*] blazed the fastest and most intensively, it was placed there on the right and left of the Altar for the Hands of the Priest to be able to give the Fire to the Congregation.

Every Wood [*Holz*], from which parts branch off, is called 'Keel-Wood' [*Kielholz*] (referring to a Ship's Keel [*Schiffskiel*], which is the Ship's Center-line or 'backbone'). Probably the *Kaun*- or *Kien*- Rune was therefore also called the Ship- or Keel-Rune.

The “Ka, Kaun, Kan” Rune According to Guido von List (1907)

✓ **ka** = to chew, *kan, kuna*, pine, keel/boat, *kon*, daring/bold, none (nothing), and so on.

A Sixth is mine, if a Man hurts me
with a strange Tree Root;
The hurt [with which] the Man threatened me
does not hurt me, but Ruins him.

ka=, kaun=Rune ✓

The *Yggdrasil* “World-Tree [*Weltbaum*]” means, in the narrower sense, the aryan Folk-Lineage/Trunk [*Volksstamm*], beside which the Folk-Lineage/Trunk of foreign-races [*fremdrassigen*] are seen as “savage/wild Trees [*wilde Bäume*]”.

The Runic-Term “*kaun*”, “*kunna*” (Maiden) demonstrates the feminine Principle in the Universe [*das weibliche Prinzip im All*], in the purely sexual Sense [*sexuellen Verstande*].

The Lineage/Trunk, the Race, is to be purely preserved, it must not be defiled by the “savage/wild Tree Roots” (Phallus). But if it did happen, it would be of little use to the “savage/wild Tree”, because its “savage/wild Rice-Plant” would grow to become its own raging Enemy [*wütendstem Feinde*].

Therefore: “Your Blood [*Blut*], your highest Possession [*Gut*].”

* **NOTE:** We have presented [our position on race in the Overview](#). Unfortunately, Guido von List wants to incorporate a particularly racial element into this Rune's meaning. We present it for historical purposes and to show three of his specific Runic associations: 1) the feminine Principle, 2) the Phallus as the ‘Root of a Tree’ and 3) the Blood as something precious.

The esoteric significance of Blood is something that we should understand: within it are the principles necessary for our health, strength and development. It symbolizes the synthesis of what we are internally, and is also related with our personal Karma.

The idea that the contamination or defiling is by ‘savage/wild’ elements (lacking order) should be interpreted instead as Egoic contamination. This is an internal contamination (our internal ‘lineage’ or connection to the Divine is contaminated with Ego). Thus, we understand how the growth of the Ego within ourselves becomes our own ‘raging Enemy’, as opposed to something or someone external.

The “Ka” Rune According to E.T. Kurtzahn (1924)

Exoterically: Justice [*Gerechtigkeit*].

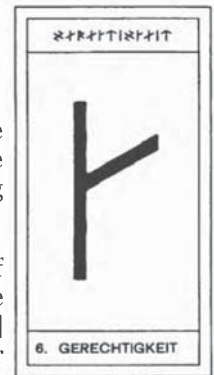
Esoterically: feminine Principle in the Universe [*weibliches Prinzip im All*].

Generally: Chew, Maiden, Can/Able [*Kann*], Pine, Keel/Boat, bold, none.

In the explanation of the relevant verse of the Rune-Song, we must put the emphasis first on the Expressive-Value of the Rune, as it presents itself in the Word *Kunna* = Maiden. One thinks of the similar Latin term *cunus* (meaning ‘woman’ and ‘vulva’)!



One can see quite well the expression of this Rune through the Life of every People, in the symbol of ‘balancing Justice’ – which the female Gender seems Indeed [*in der Tat*] qualified to Perform [*Ausführung*] – and one will therefore understand if this Rune belongs to, or represents, the Planet Venus (♀).



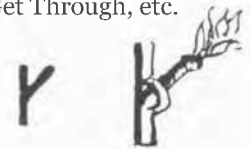
The “Kaun, Kon, Kun, Kona, Kien” Rune According to R.J. Gorsleben (1930)

Letter K (also sometimes G) and Number 6.

Rune *Kun* or *Kaun*, Gender, *Kein*-Torch means Burning and Heat/Rut/Lust [*Brennen und Brunst*], but also the Latin: *cunna* or the Caduceus-Staff [*Heroldstab*], the Royal-Will [*Königswillen*] which creates Forms with Skill and Boldness [*Können und Kühnheit*], shapes Peoples and ennobles the Sexes through the wise Organization of the Reproductive-Instinct [*weisheitsvolle Ordnung des Fortpflanzungstriebes*].

Dr. Friedrich Teltscher’s *Ur*-word is *Bestehendes* meaning “that which is Existing” as well as Existing, Having Being, Alive, to Sustain, to Bear, to Stand, to Endure, to Pass, to Get Through, etc.

A sixth one is mine, if a man
Hurts me with the tree’s fresh root,
I am not hurt, but the offender is devoured
By the ruin with which he threatened me.



The family of words *kaun, kan, kin, kühn, kuna, keim, kiel, gon, gen* are expressions of procreation, as is the image of the Rune with the branch, the angle, which comes to a head or point, clearly shows us.

The K Rune is composed of (1) the IS-Rune | or rune of the Self [*Ich* or Inner Being or the Divine Self] (the vertical line) with (2) the *BAR*-line K or Life-line (the ascending line).

However, the *BAR*-Rune B (related with the *BAR*-line) is considered the Rune of the son or child (among other things), and so the K Rune means both life and the son or child (the offspring), who emerges from our Self [*Ich* or Inner Being or the Divine Self] (as does the branch from the trunk of the tree). Birth is always a branching, an angle, a bend in the straight line of procreation.

Be aware of the sprout in the Rune image, the **Kühn-**, **Kien-**, the Light torch, the procreator of light, the Light-pole or phallus.

The **ƿ** Rune is also an image of the torch, which, by generating fire, brings light, and which announces (**kun-det**) light. In the announcement [**Ver-kün-digung**] the angel always has the stiff stem of a lily in its hand and the **Kala** (the lily) is the world tree, the family tree, but also a phallic symbol. The announcement tells Mary of the arrival of the child [**Ver-kin-dung**] humanly, and the announcement of Divinity, spiritually.

From the **Kun**-Rune the number 6 is also derived, as is shown by the letter G, because G and K were originally the same letter: G = 6, six (Latin: **sex**) and G = Gender (Latin: **sexus**). Turning the number 6 over, we get an image of phallus... The K sound stands for that which originated, or descended, from the inside; as well as capability in the material world and knowledge in the mental & spiritual realms.

It is the King or Queen's Rune, the Rune of the capable, or the one who 'can' and who has resources in all respects, through material and procreation. **Konr** is the aristocratic offspring in the **Rigsmal** of the Edda, who acquires the royal and capable arts (which were, above all, the knowledge concerning the **Kon-** or **Kun-** Rune). From the Ur-word **Konr** (meaning: the one who can, the king or queen) comes also the Hebrew **Kohen** or **Cohen** meaning 'Priest'. Let us not forget Genghis Khan, as well.

The **Kun**, **Kon** or **Gon**-Rune appears as the letter "Gamma" **Γ** in the Greek alphabet. It is also the Rune of the **guru** or **kuru** (who is master of magic), the **Cher-ubs** (heavenly creatures who guard the Garden of Eden), the **Kyr-ios** (Greek: 'Lord' or 'Master'), the **Küren** (German: 'Elect'), **Kern** (German: 'Core', 'Seed' and 'Essence'); **Kyrr** = master. **Kirren** means 'to make a person obedient by means of loosening and orders', it means 'to rule'. **Kyr-ie Eleison** means "Lord, redeem us!" in Greek. Here the Lord is called, the **Kyrr**, the **Kuru**, who is the chosen Lord and Master.

In the shape of this Rune, we see the shape of the one who is capable (the magician, the king or queen, who owns magic & power) in the ancient position of prayer (when calling the Lord, the Sun), but as seen from the side, and when seen from the front, we see the shape of the MAN Rune. The one who sings the Song or **Canticle**, because he or she "can" do so. The **Cantus** (Latin: 'Singing' or 'Chant') has word- and sound- magical effects upon the listener (consider the word 'Incantation'). It is the capability, the **kaun**, **kun**, **chon**, the "chant" of the singer, who enchants those who listen through the light of their voice or **lux canalis** (Latin: 'pipes of light').



The "Ka, Kaun" Rune According to S.A. Kummer (1932-1933)

ƿ (K) The K-Rune, **Ka** is the Rune of pure, conscious, Procreation and Reproduction [**reinen bewußten Zeugung und Fortpflanzung**]; of Cause and Effect [**Ursache und Wirkung**]; of balancing Justice. – Numerical value 6.

Its "k" Sound indicates spiritual and physical Ability, in Cures, Art, Expertise, Skillfulness, as well as the King and the Queen.

In contrast to the **Is**-Rune, this one is a more a feminine Rune. **Kun**, Kahn as a female Symbol; **Kano**, the the **Arkona**: the Sun-Woman, the Knower of the high **Aar**, the **Norn**.

The **Ka**-Rune is also the Rune of the royal Art, of Magic, Astrology and of Runic-Lore.

The **Kala**, it is the rune of the secret Knowledge-Tradition [**die geheime Wissens-Überlieferung**].

This Rune represents the **Ka**-Humanity; the turning point of the Winter-Solstice with raised Hands, the Resurrected one. The original Atlantean **Ka**-Rune had the following form: **Y**.

Its Demonic form is the negative **Ko**-Rune: **┆┆ Kohn**, sunken Wisdom, Law and Order; Self-Centeredness; Mismanagement; Abomination and Greed.

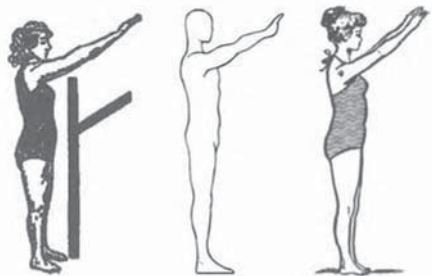
The **Ka**-Rune-Position demands unconditional Purity of Spirit from the Practitioner.

Motto: "Your Blood, your highest Possession!"

Full Body Rune Exercise(s):

The Practitioner, again, takes the **Ich**-Rune-Position, raises both Arms diagonally upwards with the open Palms facing forward, so that when seen from the side one appears in the shape of the **┆ K**-Rune.

One breathes full and deep; the K-Universal-Wave [**K-Allwelle**] now penetrates into one's Palms, flooding one's Arms and then the whole Body.



The Student turns, in this position, to the East and sings in a deep Chest-Tone the "K" or "Ka", and then takes the Position to the North (in slow rotation). They alternate between North and East several times and they note the Universal-Wave [**Allwelle**], which is now pulsing in their body.

If one does this Exercise in the Sun or Moonlight, then one will feel the K-Wave even more intensified; one will perceive a kind of Loosening and Ringing in the Navel-Region. One will also experience an unspeakably beautiful, high All-Connectedness [**Allverbundensein**]. Spiritual doors open, deeper Insights into Life on this side and beyond (which are revealed to the pure, aspiring Practitioner).

But this does not cover the K-Rune in its entire Depth... Seek with a pure, conscious Will [**bewussten Willen**], then you too will find it.

After this Practice, say with all your Force: "I can – I will to become a Rune-Expert [**Runenkundiger**]."

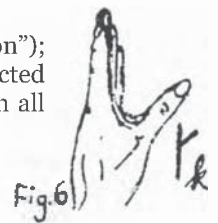
The **Ka**-rune can also be felt very well using the following Sound-Formula: "ka-ke-ki-ko-ku".

Those who do Rune-Exercises with egotistical Thoughts and evil Wishes will have to pay heavily for it. I am giving a warning.

Hand Rune Exercise ('Mudras' or "Rune-Grips"):

The Rune Practitioner should take up the **Ich**-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; a practice which must be observed with all the Rune-Grips.

One stretches the left Arm upwards, bending the Thumb of the outstretched Hand slightly in order to form the **Ka**-Rune-Grip, as Figure 6 shows.



The Rune Practitioner sings “k-a”, while their inner Meditation is directed to spiritual and physical Equilibrium, to higher Capabilities/Skills [**Können**] and to directed Spiritual-Procreation. Further Sound-Formulas are: “ke-ki-ko-ku”.

When seriously practiced, this Grip causes the feeling of Becoming physically Freer and Lighter.

Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the *Ich*-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [**Feinkräfte**] can be reached in the Hand-Centers.

Again, a conscious-willed [**willensbewußt**] Circulation through the whole Body should not be forgotten. After Completion of the Exercise, Kummer could often detect a sulfur-like Odor on the Fingertips of his left hand. The Color-Vibration is white to ivory.

Additional Note: Kummer’s Comments for the Practitioner

In this same chapter on the **Ʒ Ka** or **Kaun** Rune, Kummer also says the following:

“So the student does the passive *Is*-Rune-Position on their Sunday walk and vocalizes or sings ‘Iiii’ for a few minutes. One does not need to sing in a pitch, but one may change it as they hear or feel it within, that is: if the student hears or feels something in their body. This is because through the long drawn-out singing or speaking of the ‘Iiii’ sound, the practitioner magnetizes their body.

Later, with regular, conscious, daily repetition: the *Ich*-Rune-Mystery [**Ich—Runengeheimnis**] will also be revealed to the practitioner. I can not tell the student, I can only be a guide. But after a lot of effort the practitioner will succeed, walking the steep path of the initiate and learning to keep quiet...

It is always better if the student practices the rune positions outdoors (whenever possible) because rooms are often permeated by ‘radio waves’, which are not good for the student in their early stage of development and are absorbed by them unconsciously. Also, consider that the walls, the ceiling, and the floor of the room are heavily drenched with the influence of the moods, occurrences and thought powers of former occupants. Was one of the previous owners of the apartment suffering, melancholic, hateful, or predisposed to strong passion (perversity), or had someone who had committed suicide, etc., lived in it? If, as luck would have it, on a day of practice the star positions for demonic influences prevail, then the student can be greatly weakened and damaged afterwards.

That is why one practices outside or with the windows open. In the wintertime one airs out the room well before the exercises, then closes the window and draws the magic circle around themselves. To do so, the practitioner proceeds with the index finger extended, drawing a circle around themselves on the floor, while speaking sharply and thinking:

“All bad influences and forces disappear from my proximity; I build around myself a protective wall which becomes more & more condensed and reinforced; it is impenetrable, and all disturbing, bad influences bounce off this protective wall.

All my spirit, soul and body serve the forces in a good sense, all cosmic, divine, Universal-Waves [**Allwellen**] are not a hindrance, since I vibrate in harmony with them and I have made a protective wall of them, and the Force-Waves [**Kraftwellen**] which have been produced also vibrate in me.”

Dear Brother or Sister: if you find Rune-Secrets, then show yourself worthy of them. Even today, you are often in Rune-Positions in everyday Life, and even if you do not know anything about the Effects of these Rune-Forces [**Runenkräfte**], you are still influenced by them. Then observe and listen within yourself, and new, higher Insights will come to you.

Be a Spiritual-Warrior [**Geistesstreiter**] and listen to the Voice within (this is related with your blood).

Always have Thoughts of Confidence and believe firmly in the Success of your good Endeavors. If, however, a Failure should occur for you, seriously seek the Reason [**Grund**] within yourself and you will find it.

Also, the Student remembers that his Hair is an Antenna that receives the finest Radio-Waves of the Universe [**Radio-Wellen des Alls**] and then guides them through his Body. That is why he wears his Hair long as a more conscious German (if his Hair is finer, higher, finer Waves [**feinere Wellen**] are received). For his continuing spiritual development is also refined in his Hair. He does not anoint his head by wetting it with Pomade or Brillantine, etc., which only isolates and prevents the influx of Universal-Waves [**Allwellen**].

People who were not supposed to have Self-Consciousness and Self-Confidence and who had to serve 'Mammon', had their hair shorn, in ancient and modern times. I am thinking of Slaves and Nuns. The Monks and Roman priests had the Tonsure haircut.”

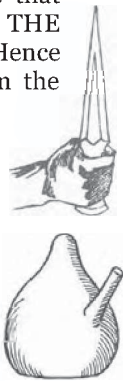
Gnostic Runology – The “KAUN” or “KAUM” Rune and its Practice

The “Ka” or “Kaun” Rune According to Huiracocha

K The RITA Rune with its hidden significance of Justice and uprightness, has impressed the positive part, the human part upon us. In us it exerts its influence on the glands of internal secretions or male hormones and affects the internal rhythm of 23 (which is already known to us through our studies regarding Biorhythm). But we should not neglect, therefore, our rhythm or the feminine part in us and for that we are directed to the practices of the K Rune.

This Rune is called KAUN in the Nordic Mysteries and although the RITA Rune is under the influence of Jupiter, KAUN is subject to Venus, its numerical value is 6 and the stones that correspond to it are Chrysotile and Agate. In the Mysteries, they say that it is the RENE OF THE SUMMER SOLSTICE and that we must shelter under it, on June 24th, the Day of the Roses. Hence we had to write this on the expressed day, separating ourselves for a few moments from the ceremonies that we did in the Temple.

A high Initiate has told us that the K Rune is the sword of the Magician, and it was very difficult for us to understand how it also signified the woman. For us, the Sword and the Woman appear to be in rare contrast to each other... KAUN, in our ritual, are the forces of Nut, the feminine principle or ETERNAL FEMININE (as the great Poet & Philosopher Goethe calls her). KAUN gives us the basis for the German word *Können* (Ability/Power) and of the word CAN in English (Capable) and this comes to reveal to us some more of the mystery of the Rune. The strange structure of this Rune is composed of the I or IS Rune and of an arm (like in a beaker) providing the sword for the Magician.



Let's consider that the Nordics called the Master or Guide a “KURU” which crept into India with the same meaning. But the Nordic peoples were not guided by male Magicians, but only by intermediary Priestesses or sorts of mediums, through whose mouth only the Divinity spoke... This explains the double meaning of the KAUN Rune: Sword and Woman at the same time. However, the Woman, the wife, can only serve as a guide to the man with whom she is harmoniously united and this usually happens when in marriage... On the other hand, we have male & female glands, with the exercises of this Rune we will develop the character of rhythms of the female glands.

Ka, Kan, Kon, Con, are the names of an Egyptian Deity whose significance is: the ASTRAL BODY. It is necessary to take into account that the ASTRAL is the intermediary between the divine & eternal spirit (in all its extension) and the material body that we possess. With these explanations, those who look and see with discerning eyes, will have noticed that we have unveiled, as much as possible, the veil of this Mystery. KAMA, among the Indians, in addition to signifying the Desires, also symbolizes the SEXUAL UNION...



The Goddess FREYA had the K-Rune as a shield and FREYA signifies 'Easter Redemption', she is the "Ostara" of the Germans. The coat of arms for the city of Nürnberg has an Eagle with the head of Woman on it (called *Arconas*, 'Ar-Kona' or 'Ar-Kaun'). AR signifies the Sun, and it is the Sun-Woman (the feminine principle of the solar forces) which we must learn how to handle... Sexual Magic is difficult when there is not a trained willpower. Thus, the previous Rune (Rita) only goes with the subjective forces of the will, this is how we can verify the experiences of High Sexual Magic. Rhythm-Law is necessary in everything before we can go deeper into these Mysteries, because the more we touch them, the greater they should appear to our eyes. But it is necessary to prepare, to predispose, the student in order to make them recognize and comprehend, so as to open their senses and to be like the petals of a Rose (which is open to the Sun), waiting to bind all the honey and to exhale all the perfumes.



The “Ka”, “Kaun” or “Kaum” Rune According to Samael Aun Weor

A long time ago, in the profound night of the centuries, the one we now call Samael Aun Weor knew Javhe, a fallen angel. Then, Javhe was a venerable Master from the White Brotherhood, a glorious Angel from previous Mahamvantaras. Javhe was a Priest and Warrior among the people of Lemuria. Everybody loved, adored and venerated him. The Hierophants of the Purple Race granted to him the high honor of using armor, crest, helmet, shield and sword of pure gold. This warrior-Priest was shining like a flame of gold under the thick jungle of the sun. Upon his symbolic shield, VULCAN had engraved many prophesies and terrible warnings.

Woe! Woe! Woe! This man committed the error of betraying the Mysteries of VULCAN. The Lucifers of that epoch (who were floating in the atmosphere of the ancient continent of Mu) taught him Black Tantrism (the Maithuna with the ejaculation of the Ens Seminis). What is most grave in this matter is that this man (who was so loved and venerated by all the world) allowed himself to be convinced and began to practice this type of pernicious Sexual Magic with certain women. Therefore, it is clear that the igneous serpent of our magical powers descended through his medullar canal and developed the abominable Kundartiguador Organ in Javhe's Astral Body. This is how this Angel fell and, through all the ages, converted himself into a terribly perverse demon.

Javhe is that demon who tempted Jesus the Christ, “And Jesus answering said unto him, it is said, Thou shalt not tempt the Lord thy God”. In the Superior Worlds, Javhe's former Priestess-Wife is an ineffable Angel. Useless were the efforts of this man to convince his spouse because she never accepted Black Tantrism. Therefore, she preferred divorce rather than entering the black path. If we want to learn all the mysteries of the KAUM Rune, then we must talk about White Tantrism.

In those times of ancient Egypt, the one we call Samael Aun Weor entered into the Egyptian Mysteries as a neophyte (in spite of being a Bodhisattva). He had to pass through rigorous studies and esoteric disciplines, and when he arrived at the ninth door, he was taught the great mysteries of sex. Then his Guru communicated the “unutterable secret of the Great Arcanum” to him. Afterwards, the Guru brought a vestal dressed with a yellow tunic who was filled with an extraordinary beauty and he performed the work with her, in accordance with the instructions of his Master. In that epoch, there were sacred women inside the Temples, special Vestals. The celibate male Initiates were working with these Vestals. In this day and age such women inside of the Lumisials would not be beneficial... They would be scandalous. Therefore, in this day and age, the Maithuna (Sex Yoga) must only be practiced between husband & wife, within legitimately constituted marriages. In the ancient Egypt of the Pharaohs, those who violated their oaths and divulged the Great Arcanum were condemned to the death penalty. Their heads were cut off, their hearts were torn out, their bodies were cremated, and their ashes were thrown to the four winds.

The mysterious **K** Rune represents the Priestess Wife and the Flaming Sword, with complete exactitude. The **KAUM** Rune (with its kabalistic 6) vibrates with maximum intensity within the sphere of Venus (the planet of love). Men and women of the world, you must know that it is only possible to put that annular serpentine fire into activity with the Maithuna. We urgently need to learn how to wisely manipulate the eternal feminine principle of the solar forces. Let's remember the Eagle with a woman's head, the Sun-Woman, the foundation of the Great Work.

Decidedly, the **RITA** Rune influences the masculine endocrine glands, but the **KAUM** Rune exercises its influence upon the feminine glands. Whosoever truly wants in-depth Self-Realization must transmute the sexual Hydrogen SI-12 by means of Sex-Yoga, in order to build the Solar Bodies (the Wedding Garment of the Soul). It becomes absolutely impossible to incarnate the Real Being if we have not previously built the bodies of gold in the Forge of the Cyclops. To walk with firmness upon the Path of the Razor's Edge is urgent. The hour to follow the path of the Perfect Matrimony has arrived. Remember that our motto is *Thelema* (Willpower). The mysteries of the **KAUM** Rune gloriously shine in the depths of the ARK awaiting the instant for them to be realized.

Gnostic Runology – The “HAGAL” Rune (Historically)

The “Hagal, Hakel” or H-Runes According to Friedrich Fischbach (1900)

✠NNH In close relation to the *Kien*-Rune, this Rune stands as the character for "H", because it is the Hook- or Connection-Rune.

The previous designation that *Hagal* = Hail is senseless. Too little attention was paid to the fact that *Hakeln* = Binding = Connecting. To assume the meaning of this Rune to be 'Hail' (as in Projectiles of the *Valkyries*) may be poetic, but is very far-fetched.

So, what has the *Hakel*-Rune to do with Fire-Worship? Very much. The depicted Consecrated-Altar shows the two Logs fastened with Cords. This symbolizes the Rotation-Cords, as well as the Connection with the Trinity of the Godhead [*Gottheit*].



✠ The Connection-Line is often doubled in the Rune. As a Rule, it is the two parallel Altar-Woods that appear connected. Exceptionally, we also see crossed Woods united by a vertical Line.



The Line connecting the Wood-Pieces is found as Volutes or Spiral ornaments on the *Ionic* column capitols, which can thus be explained from an inverted Altar-Plate.



The sacred Woods were transformed into Foliage-Wreaths [*Laubgewinde*]. What somehow belonged to Fire-Worship was then used as a motif in Temple-Ornamentation. Its Basic-Scheme remained, even after its meaning in Worship had fallen into obscurity.



The rowed Fire-Altars were similar to Pyramids (or triangular shapes) and, furthermore, the Fire-Cords were used in this Scheme. It was then so richly unfolded, aesthetically pleasing and colorful, that the ideal Basic-Form is veiled, i.e. hardly recognizable.

The “Hagal, Hag” Rune According to Guido von List (1907)

✠ *hagal* = the All Nurturing/Cherishing, to enclose; Hail, to destroy.

A Seventh I know, if I see a Fire
High around the Housing of Men;
However wide it burns, I will bring it to Rest
with taming Magical-Singing [*Zaubergesange*].

hagal=, hag=Rune ✠ H

Hagal! – The Inner-Feeling or Introspectiveness [*Innerlichkeitsgefühl*] (the Consciousness [*Bewusstsein*] of carrying one’s God with all His Characteristics enclosed within oneself) produces a high Self-Confidence in the Force of the individual Spirit, which gives Miraculous-Power. This Miraculous-Power is inherent in all Humans who believe in it with a strong Spirit, convinced beyond any shadow of a doubt.

Christ, who was one of these rare Humans (as was *Wotan*) said: “Verily, verily I say unto you, if someone were to say to this stone: ‘move yourself away!’ – and he believes in it – then this stone would lift itself away and fly into the sea.” [Mark 11:23]

Sustained by this Consciousness (which is beyond any shadow of a doubt), the Chosen One controls the Physical and the Spiritual realms, which is contained all-inclusively, and thereby one feels oneself to be all-powerful.

Therefore: “Lovingly-Care for the Universe in Yourself, and You will control the Universe!”

Note: According to von List, this Rune is the neither a vowel, nor a consonant, instead it is the “Aspiration sound” (to aspirate means the pronunciation of the letter "h" at the beginning of a word, so it is to make the H-sound while inhaling).

The “Hagall” Rune According to E.T. Kurtzahn (1924)

Exoterically: Wisdom, Androgyny [*Weisheit, Androgynität*].

Esoterically: God-Self [*Gott-Ich*].

Generally: “to nurture/cherish the Universe”, to enclose; Hail, to destroy, Air, Wind, etc.

This Rune is not (as is often erroneously assumed) essentially a Mischief-Rune, but rather the Opposite! For whosoever feels God in themselves, whosoever cherishes and encloses God in themselves as the Universe, no Harm can come to them at all, since they no longer feel themselves as being one with their physical body and, thus, they are truly Wise.

On the other hand, this Rune, which is composed of the Man-Rune 𐌺 (Spirit) and the Woman-Rune 𐌿 (Substance), is the full Symbol of that Androgyny (Male-Female), which not only dominates the Cosmos everywhere, but also allows it to come into being in a perceptible way.

In my opinion, the actual inherent Mischief of this Rune (for the Discerning person) lies in the cold meaning of this Rune as a secret emblem for the flesh body, upon which our actual Self (Jesus Christ the Son in us!) is crucified. Furthermore, one may have known that the Rain mixed with Hail [*Hagel*] comes from the Cosmos as a Fire-Extinguisher. Thus it is first Benefactor, and later became Mischief-Maker arbitrarily through Magic.

This happened by laying out *Hagall*-Rune-Staffs or *Hagall*-Runes secretly on the blooming fields of envied neighbors, a custom which unfortunately is practiced even today in different regions of Germany from time to time. Probably because the Average-Person is closer to Evil than to Good, therefore, this Rune belongs to the cold and hostile, but wise Planet Saturn (♄).



The “Hagal, Halga, Galga, Gilg” Rune According to R.J. Gorsleben (1930)

Letter H and Number 7.

The Rune of Salvation: *Hagal*, holy [*halga*], *Galga*, Lily [*Gilg*]. “The cohesion of the world”.

Dr. Friedrich Teltcher’s *Ur*-word is *Ewiger Wechsel*¹ meaning “Eternal Change”.

A seventh I learned, if the hall is burning
 With fire around bench and comrades;
 However bright it burns, I will banish the blaze,
 As soon I sing the magic chant.



¹ Translation note: *Wechsel* is when something is exchanged for something else (one thing changes for a different thing), such as when changing the tires on a car. Also see *Fa* Rune notes.

The **Hagal** Rune is hiero-glyphic (which means holy script-wise), and pictographically, the Hag-All or All-Hag, caringly surrounds everything (the universe): “Allah il Allah”, “Wal-Hall”, the God-All, the One-All, the Man-All, the human-All. In its negative aspect (also called **Hagel**), which is represented by the tipped Rune: it signifies death, destruction as well as air, wind.

In the Nordic realm, **Hagal** is represented as a swastika or X-shape and is said to be the picture of a procession. In the Germanic realm it is seen as a gate that leads to the realms of salvation. On the parchment of the **Wessobrunner** Prayer, this Rune appears in the place of the syllable ‘Ga’ (the God-syllable) and is therefore a sacred symbol.

The **Hagal** Rune represents the cross of the world, with the **radix**, the root, the hub in the middle, in the point of intersection of its branches, around which the world turns on its axis (spiritually as well as physically).

As microcosm, it represents the human being, as macrocosm, it is the universe in its largest conceivable expansion. As a symbol, it is self-image and the image of the human being; it is the extent of one’s physical and spiritual self. It is understood as meaning ‘valuable’ and ‘spiritually important’, it is the human being and the world itself.

The **Hagal** Rune is the Rune of humanity, and especially of Adam (the androgynous first human). It is the symbol of creation, of the world circle, of the wheel of the world. Indeed the **Hagal** Rune ✱ can also be thought of as consisting of the **Man**-Rune ʝ and its reversal, the woman-Rune or **Yr**-Rune †. These Runes (**Man** & **Yr**) may also be considered as corresponding to the Celestial & the Terrestrial, Heavenly & Earthly, the macrocosm & the microcosm, the cosmos & humanity.

The double **Hag-All** Rune is the symbol of the reincarnation, of the resurrection. But it is also the “spine” with the twelve dorsal vertebrae of Adam Kadmon, who fills out the world with his body and spirit. The spine of the heavenly body of the zodiac, the twelve-part zodiac of the Heavens. “Take care of the universe and care for it within yourself and you are ruling the universe!” Thus, **Hagal** is the **Ur**-scaffolding, the spiritual **Ur**-Christ or the Christ-**Uhr** (**Uhr** = clock/time), the time of God, eternity. “Behold, I am with you every day”, says the Christ-**Uhr**, the **Ur**-Christ, the Son of God, “I am the beginning and the end...”



The **Ur**-shape of the word Christ is indeed **Aristos** or **Haristos**. The Greeks and many others, have replaced the H (or aspiration sound) with a K, G, I, Ch (a throat sound). All languages have taken over this **Ur**-word **Hari** (meaning the High one) and made it into “Chri-” or “Kri-”. “Har” = “Aar”, the superlative of which is the **Haristos**, the “Christos”. In India, one of Vishnu’s names is **Hari**; One of Vishnu’s incarnations was as **Krishna**). In Hebrew **Hari** became: **Heres** or **Hammah** (meaning the Sun). In Arabic the word was changed to **Haris**, with the meaning of maintainer, protector. In modern Swedish, **Hari** means “herein” or “in this”.

Numerous artifacts show this **Chrismon** or **Krismon**, this **Harimon** (**Hari**-Man or **Ar**-man), already in pre-Christian times, and as such on a coin from the time of Ptolemy III which is dated to at least 1000 BC. The **Chrismon** originated from the **Christ-all-siegel** (the “crystal seal”) of the high and holy Rune name of the Lord: **Arahari**, which came to its Runic-image expression in the **Hag-all** Rune (this we will explain below).

Let’s understand that, in the **Kala** (the Nordic Kabbalah): Christ, **Christos**, **Charistos**, **Haristos**, **Aristos** are related to **Ar** or **Aar**, the eagle and the symbol of the Sun. They are also related to the term **Ar**-yan, which is runically written AR-I-AR: ʝ † ʝ (with the second AR Rune reversed or flipped). These three Runes together are understood as meaning:

1st AR (Sun) IS (I or Self) 2nd AR (Earth) = the Self between the Sun and the Earth

This brings us closer to the mystery of the son of man and of God. If we twist and turn the AR Rune around the IS Rune axis, then we get 4 different positions which make the Hag-All Rune. These four AR Runes would be read as “AR-AR-AR-AR”!



If we attach the sounds of the Hag-All and of the IS-Rune (the H and I) to the four AR Runes, then we get the array of sounds, which we want to pronounce loudly: “AR-AR-AR-AR-H-I”



By means of partial contraction and reversal of these Rune sounds: we receive a word. This word speaks out the name of the Highest God: “ARAHARI”.

If we add still another Rune, then we get the Runic *Ur*-image of the “monogram of Christ”:



This symbol is composed of the X-cross (which means ‘the world’ or ‘the universe’), and the *Pard* Rune P (the Rune of the Son) which is the half of a BAR-Rune B (the Mother-Rune).

It is no coincidence that the *Hagal*-Rune is called “the head of the *Aesir*”, “the head of the *Aristos*”, of the *Haristos* (which means ‘the Highest One’). Jesus was an *Essene* (a word which reminds us of the *Aesir*, the Nordic gods). Here the God-self or Divine-self (the IS-Rune I, the Rune of the self) was nailed to the X-cross of the God-All or Divine-All (the world or universe).

Investigating this Rune more closely, as consisting of the IS-Rune and the X-cross (the cross of Saint Andrew), we receive more information. This X-cross is composed of two lines: the ascending *Bar*-line / and the descending *Balk*-line \.



This mystical grouping, related with the crucifixion, originated from the content of the ideas of these Rune-symbols. The “Is” Rune I (the vertical line) and the “Sie” Rune — (the horizontal line) is also called IS-SIE +. Laid on top of each other, they result in ISIS: the god-human, the All-Christ, the *Krist*-All. Now, let us consider the other crosses at the Crucifixion. The right criminal is the *Is*-Rune, intersected by the *Bar*- or life-line and forms the Rune of marriage (*Ehe* ✕). The left criminal (the one who is unwilling to improve) is the *Is*-Rune intersected by the *Balk*- or death-line and is forming the *Not*-Rune ✎. The contrast (the law of polarity of all life) comes into play here. By way of crossing (or the action of two energies, like fate and free-will), there is always tension.

As we have mentioned, the Hag-all Rune speaks the name *Arahari*: *Aar* = ‘Sun’ and *Hari* = the High One; which, in the Greek language, took the form of the so-called monogram of Christ (that contains the initial letters of the Greek word *Christos*):

Latin:	Ch	R	I	=	ChRI
Greek:	X	+	P	+	I
				=	

The X (Greek letter **Chi**) and the P (Greek letter **Ro**), as “monogram of Christ” still leads us to a further symbol. In Greek mythology we know the Centaur **Chiro-n**. What is a centaur according to the mythical image? A man-horse, a horse body and legs with a human torso, arms and head. Therefore, with the Greek letters **Chi & Ro** (X & P) we can justify the name of the **Chiron** in a monogramistic sense better than the name of the Christ.

In **Chiron** we recognize an initiated person who teaches the noble youth all wisdom. Many great men have been disciples of Chiron according to legend. Through the Nordic Kabbalah, the **Kala**, we can disassemble this symbol into: **Ross**-man (horse-man), **Hross**-Mann, the **Kross**-man, the Cross-man: the Christ.

However we also know the monogram of Christ, the Hag-all, as the “wind rose”, Wodan’s wind-**ross** (wind-horse) named **Sleipnir** (the breath of the world).

The wind-**ross** (wind-horse) therefore is the **Kreuz-ross** (Cross-horse), the **Ross-kreuz** (Horse-cross), the Cross (**crux**) in general. From the **ross** to the rose is only a little jump in the language of the mysteries, and we arrive at the “Rose-cross” or “Rosicrucians”. One of the secrets, of the ancient mystery orders, was to veil their wisdom under these mysterious images, in order to protect the higher knowledge from the misunderstanding of the masses...

The “Hag-All, Hagal” Rune According to S.A. Kummer (1932-1933)



(H) The H-Rune, **Hagal**, **Hag-All**, **All-Hag**, God-All, **Wal-halla**, **Val-Halla**, **Allah**, World-All, Man-All; Grove [**Hag**], nurture/cherish, enclose, contain within oneself, all-inclusive, the Key **hagal** to all murmuring Runes, to the holy great Universe – Numerical value 7.

The **Hagal**-Rune is the World-Rune, the World-Cross, the World-Tree, around the Middle-Point, Hub, Navel, of which the whole spiritual and physical World revolves, the rotating Microcosm and Macrocosm.



The **Hagal**-Rune, the male-female Unity, the All-World-Rune, is also called the Head-of-the-Æsir, which means the highest Initiation. But whosoever cannot and does not want to sacrifice themselves will never reach the All-Father, which is why **Wotan** says on the World-Ash-Tree: “I consecrated myself to myself!”

The **Hagal**-Rune is the most-perfect Rune; it is masculine and feminine, it consists of the **Man** † and **Yr** † Runes, the **Is**-Rune | and the **Ge**-Rune X (the Multiplication-Cross), but also the **Not**- † and **Eh**-Runes †.

Hagal is Rune of the holy Seven: the seven Senses, the seven Tones and the seven Colors; and of the great Filter of Harmony, of the eternal Wisdom in the divine, all-embracing Self [**Ich**]. It is also called the Seven-**Hag**-Cross, the old Seven-er, the seventh, and the seventh Knower.

Hagal also reveals itself in the spatial directions of the snow crystals. Crystal = **Krist**-All = Christ-All = All-Christ = Christ; the Framework, the All-Framework. Christ = the Carpenter’s-Son of God of the Universe and World-Builder. **Krist**-All, the self reflecting, cosmic Universe; the **Krist**-All-Stone, the **Krist**-All-Ball in its Mystery-Exercises to recognize the **Krist**-All in the reflecting Crystal and to receive Information about Past, Present and Future.

The **Hagal**-Rune also corresponds to the South-North World-Axis, to the **Ich** Rune | and the **Ge**-Rune X with their Solstice-Points ☼. From the **Hagal**-Rune the **Wendehorn** X, Turning-Horn, listening/hearing, procreation, Conception/Creation.

It is a Salvation-Rune consecrated to the Moon, which was formerly used for white-magic Purposes and was very disreputably used in its *Daemonium* $\rightarrow\leftarrow$ as a Magical-Character under the Influence of the Full-Moon.

Hagal-All, the murmuring Universe, the Universal-Murmur that opens all the doors of Spirit and of Realization, the auspicious Mandrake-Root in the Form of the *Hagal*-Rune, or the Mandrake-Root dug out at the New-Moon in the Form of the *Wendehorn* \times , which is supposed to provide magical, supernatural Abilities.

The *Hagal*-Rune is also found in the Hexagon and in the Six-Pointed-Star, which is the Star of Rebirth, of Gender, of ascending and descending Life in the World-Ash-Tree *Yggdrasil*. The three upper branches of the World-Ash-Tree *Yggdrasil* are Becoming, Being and Passing-Away, and its three roots point to the Past, Present and Future.

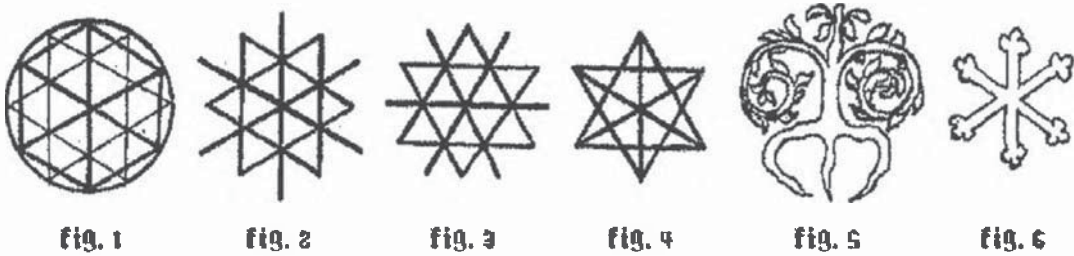


Fig. 1 Hexagon containing all 18 Runes.
 Fig. 2 The Hexagram of the germanic Initiate-Sigil.
 Fig. 3 & 4 The Six-Pointed-Star, the germanic-Sigil, laid sideways.
 Fig. 5 The World-Tree: the World-Ash-Tree *Yggdrasil*.
 Fig. 6 The All-*Raune*.

The *Hagal*-Rune is also the Symbol of the World-Wheel, the masculine and feminine Circles of the Twelve Houses of the Zodiac (wherein the high 13 is hidden).



Arahari, the Monogram of Christ, Coin of Ptolemy III

On the Coin of Ptolemy III from the Year 300 BC, the Monogram of Christ is seen between the Legs of the Eagle.

The *Hagal*-Rune is the Rune of the Currents of the Universe, of the Air. It contains the great Mystery/Secret of the Art-of-Breathing.

The *Hagal*-Rune shows us the recognition of Divine-Liberty, the Divine-Force, the Divine-Unity and Immortality with the Cosmos and with Eternity, through which Humanity will redeem itself.

The Demonic of the **Hagal**-Rune is the **Hagal**-Rune ✖ . It means Destruction, Annihilation, Death, Hailstorm, Wind. Tension-fracture, Hatred, black Magic, the un-nurtured Descendants sinking into the darkness.

Hag = **All**, to enclose the Universe in oneself, to feel God All-Father in the innermost **Ich**, who leads to the holy Grail, to the Divine-Sonship.

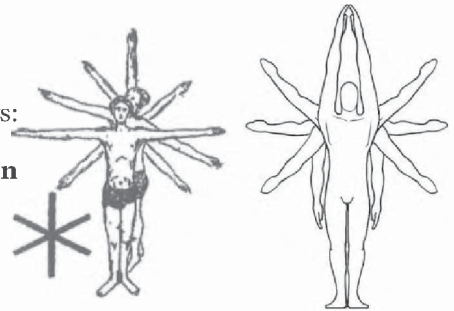
All eighteen Runes of the Futhork, all the Fine-Force-Streams of the Microcosm and Macrocosm, all Spatial-Directions, as well as Forces of the Heavens and of the Earth, can be felt in the **Hagal**-Rune-Position.

Full Body Rune Exercise(s):

Kummer gives this rune in 4 different parts, which are as follows:

1) First Rune-Position of the **Hagal**-Rune: **The Cross-Position**

- a) The Student stands in the **Ich**-Rune out in Nature, if possible on top of a Hill or a Mountain-Summit facing North or East. Seven Breathing-Exercises follow.
- b) One extends both Arms sideways (making a Cross), with Palms facing up, and feels the Currents of the Universe. One sings softly “ha-ha-ha-ha”, while one slowly and rhythmically turns in a circle, staying a little longer when Facing North.



Mr. F. B. Marby already gave this Rune-Position in his Magazine “**Der eigene Weg**”, and Kummer expanded upon it with the following Positions.

2) Second Rune-Position of the **Hagal**-Rune: **The Not** ✎ and **Eh** ✎ Runes

- a) Start in the **Ich**-Rune facing North, do the Breathing-Exercise. Then the Student takes up the **Not**-Rune-Position and hums “n-n-n-” while slowly turning around rhythmically, until returning to the starting position.
- b) Next follows a second Cross-Position with the turn, while one sings “ha-ha-ha-ha”.
- c) When one has returned to face the North, then immediately go into the **Eh**-Rune-Position and sing “e-e-e-” for the next turn
- d) This is followed by another Cross-Position, with the turn while singing “ha-ha-ha”.












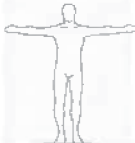


3) Third Rune-Position of the **Hagal**-Rune: **The Man** ✎ and **Tyr** ↑ Runes

- a) Start in the **Ich**-Rune facing North. Here, after the Breathing-Exercise, the Practitioner first sings the “i-i-i-”, then “ha-ha-ha-”,
- b) Then one raises the Arms diagonally sideways upwards, taking the **Man**-Rune-Position, and turns while humming “m-m-m-”.
- b) Next follows a second Cross-Position with the turn, while one sings “ha-ha-ha-ha”.
- c) When one has returned to face the North, then immediately go into the **Tyr**-Rune-Position and sing “Tyr” or “ta-te-ti-to-tu” for the next turn
- d) This is followed by another Cross-Position, with the turn while singing “ha-ha-ha”.

4) Fourth Rune-Position of the *Hagal*-Rune: **The Ge X Rune**

- a) The Student spreads themselves out of the *Ich*-Rune position with their right Foot sideways. One now stands with their Feet tense and placed sideways (directed North or East), and now raises both Arms diagonally upwards.
- b) Depicting an X shape, one sings “ha-ha-ha-” in different pitches when exhaling. At the same time, one slowly, rhythmically turns in a circle with their Legs tense and spread.

Summary of Full Body Rune Practice*:

1	1	2	2	2	2	2
						
<i>Ich</i> or <i>Is</i>	Cross †	<i>Ich</i> or <i>Is</i>	<i>Not</i> ‡	Cross †	<i>Eh</i> †	Cross †
Breathing	“Ha”	Breathing	“N”	“Ha”	“E”	“Ha”
3	3	3	3	3	4	4
						
<i>Ich</i> or <i>Is</i>	<i>Man</i> †	Cross †	<i>Tyr</i> †	Cross †	<i>Ich</i> or <i>Is</i>	<i>Ge</i> X
“I” then “Ha”	“M”	“Ha”	“Tyr” or “Ta-te-ti-to-tu”	“Ha”	[Breathing or “I”]	“Ha”

***Note:** For all Positions (except *Ich* or *Is*) there is a clockwise turning while holding the Rune-Position

These four Rune-Positions pose a difficult Task for the Student, because during its practice one must not absorb any Impressions.

Thoughts must be completely eliminated, the Mind emptied, so that one’s Solar-Plexus (as well as all occult Force-Centers) start to function and so that the Universal-Waves [*Allwellen*] can manifest themselves later as new Thoughts, as Concepts to the Mind.

One should not be Astonished or Excited if one has a Perception, sees a strange Image or hears Voices. Instead, one should remain completely passive when perceiving Impressions that were previously unknown. One must neither be excited, nor concerned, in this Condition.

These Perceptions, often also Images, do not occur immediately because the fine radio-like Universal-Currents [*Allströme*] must first begin to work Inside the Practitioner. It is often the case that one is forced to Speak loudly during this Exercise, so it is advisable to practice this Rune alone in solitude if possible. Kummer says he cannot give an explanation about what a Perception may be, because these occur for each Practitioner according to their Stage-of-Development and their purity.

Also, later the Student will be given information from the other Side in this Rune-Position about the **Hagal**-Rune-Mystery/Secret. Each one according to their Type. Kummer reminds us once again that Silence is the Law for the Practitioner.

The one who is Experienced in the **Hagal**-Rune will have very great Benefit from this Position. In it, one is able to absorb high spiritual Insights and to observe Perceptions.

After this four-part exercise, the Student takes a brief pause in the **Ich**-Rune-Position (facing North) with Thoughts of Love, Harmony, and Optimism. When the Practitioner has sufficiently recovered, then seven rhythmic Breathing-Exercises and the entire series of **Hagal**-Rune-Positions are repeated.

The Universal-Currents [**Allströme**] penetrate threefold into the Body of the Practitioner and resound three times again in the Back-of-the-Head, in the Hands and Feet.

Finally, all the **Hagal**-Rune-Positions are repeated again, so that the Student repeats them a total of three times. For the third Repetition of the fourth Rune-Position it is recommended to focus the Eyes on the Root-of-the-Nose.

Later, the Student will also feel the fourth Dimension in their innermost Self [**Ich**].

With the **Hagal**-Rune, the Practitioner also strongly influences their Radiation, hence their Astral-Colors. Already in the first Weeks-of-Practice one will notice with astonishment that one perceives soft Colors, and later one will see themselves vibrating in bright Yellow, Blue, Red, and so on. One always has good Control over their Development in these Color-Scales.

One's Solar-Plexus is always sending forth fine Waves which are guided in this Rune-Position through one's Aura (or "**Od**-Cloak") and then they stream into the Universe.

Throughout the Duration-of-the-Exercise, the fine Waves continue to flow and stream away. New Thoughts and Concepts accumulate more and more in the Subconscious in order to reveal themselves later as Advice or a Solution.

After this Exercise, the Student remains completely relaxed in Peace, thinking as little as possible or meditating on Harmony, and All-Connectedness.

Mostly, already in this state of Peace, the practice of the **Hagal**-Rune causes either clairvoyance, clairsentience, clairaudience, or a Perception, a Revelation, or the Practitioner is forced to Speak, a new Concept appears, Advice is given to them or something similar.

The Student does not forget that they are a Receiver as well as a Transmitter. Therefore, this sacred Rune-Position also requires pure, noble Thinking so that the advancing Waves serve one's higher development but do no harm (Purity leads to Perfection).

All incoming and outgoing Waves are always of the Direction, Height and Purity which correspond to the Student's Stage-of-Development. Therefore dear Brothers, dear Sisters, strive with a pure heart in ardent Longing toward the Divine-Humanity and you will receive heavenly Waves and divine Inspirations.

Many thousands of years ago this Rune-Position was one of the most sacred Mystery-Practices of our Priestly-Ancestors, it is a Rune-Position of the great Mysteries and is inexhaustible in its Depths.

All cosmic Rune-Streams and Fine-Force-Waves are similar, nevertheless they speak to Humans quite individually, manifold, differently and are eternally inexhaustible.

Only through one's own inner *Ich* may one penetrate into the highest Rune-Magic and its Mysteries/Secrets. But whosoever believes that only their own Findings, Discoveries and Solutions are the true, right, and unique ones has transgressed against the Spirit of true Higher-Development.

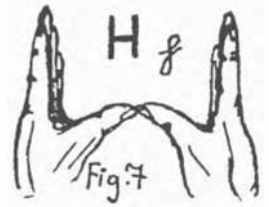
For the *Hagal*-Rune-Position, the following phonetic formula is given: "ha-he-hi-ho-hu".

Motto: "Know All-Father in yourself, vibrate in the Rhythm of the Universe, then you control Human and Animal."

Hand Rune Exercise ('Mudras' or "Rune-Grips"):

The Rune Practitioner should take up the *Ich*-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which is also observed with the other Rune-Grips.

One stretches the both Arms upward. Hands as shown in Figure 7, with Thumbs touching. While singing the "h-a-a-a", special Importance should be given to good, Deep-Breathing.



Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the *Ich*-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [*Feinkräfte*] can be reached in the Hand-Centers.

This Grip has a very strong ability to Conduct the corresponding Subtle-Forces, such that one feels as if an electric Current runs through the Body.

With deep Immersion, astral Perceptions and higher inner Experiences occur here. This Grip is a strongly whispering Rune-Grip. Meanwhile, the Thoughts are focused on Universal-Love [*All-Liebe*], cosmic Connectedness [*kosmische Verbundenheit*], animated by the Wish for consummate Perfection.

Again, a conscious-willed [*willensbewusste*] Circulation through the whole Body should not be forgotten. After Completing this Exercise you will notice a strong odor of ozone and sulfur on the Index- and Middle-Fingers. Color-Vibration is glowing Indigo-Blue.

Further Sound-Formulas are: "he-hi-ho-hu".

Additional Note: Kummer's Practices for the "Magnetic Gaze"

In the chapter on the ƿ *Ka-* or *Kaun*-Rune, Kummer also gives the following practice related with the *Hagal*-Rune:

"It is now time for the student to acquire the magnetic gaze. There is a great power in the human gaze. The eye radiates the will, as well as the mental and emotional state. The practitioner can apply their gaze much more successfully the more trained their eye is; the student can acquire the magnetic gaze through conscious exercises.

At present, one's eyes are barely able to affect others magnetically; one makes many mistakes because the gaze is restless, unsteady and unaware. One's eyes wander back and forth, with every movement the eyelids and their muscles twitch, so the gaze remains unimpressive. The student must get their eyes and facial muscles fully under control.

1st Exercise - Draw this *Hagal*-rune on a white piece of paper:



The *Hagal*-rune is the rune of the three dimensions, the fourth dimension is in the middle.

And now the student attaches this piece of paper to the wall or places it at eye level in front of them on a table, sits comfortably at a distance of 1.5 meters away on a chair, then gives their body the command not to be bothered by any twitching or itching of the skin.

One sits motionless and looks steadily with their eyes at the Center-Point of this *Hagal*-Rune for 7 minutes.

The Center-Point is something Intended [*Gedachtes*], something Spiritual; it is the Center of the Universe, of the Cosmos, of the Earth, it is God. The Point is also the Key of the *Hagal*-Rune because the moving Point becomes the Line.

So the *Hagal*-Rune is again the Key to all other Runes because they can all be united in it.

In this exercise the student may not move the eyeballs or the eyelids. One must strictly avoid blinking and twitching. The eyes should be firmly & calmly fixed on the center of the rune. The tears of the eyes (which are taken for granted at the beginning) will be lost again as soon as his eyes are more disciplined. One practices only in daylight because artificial light results in a slight weakness of the eyes.

If, after 14 days of practice, one has achieved the immobility of the eyes so that one can calmly, without blinking, see the center of the rune for 7 minutes in the above manner, then the practitioner will soon have the magnetic gaze. When they look at someone with this gaze, the other one believes that the practitioner can see directly through them and can look into their deepest, innermost heart. The whole personal impression of the student will be more self-confident and more trustworthy.

2nd Exercise - The student sits down in front of a mirror and sees their own reflection with the same calmness and immobility. Their eyes must be fixed, immobile and motionless on the bridge of the nose in the mirror image (this is the point between the eyebrows).



The root of the nose is now focused on for 7 minutes in the greatest state of calm. After a few days one will be able to see the close surroundings of the room and even the whole face clear and distinct, though the eyes are fixed only on the bridge of the nose.

Later the practitioner can look at other people. For this exercise one will find sufficient opportunity in daily life.

The magnetic gaze will benefit the practitioner, especially for the better implementation of their wishes in the environment around them. They will force hypocritical liars to tell the truth with their magnetic gaze.

In conversation with other people, one grows accustomed to not looking the person in the eye, but firmly, calmly and without blinking, at the brow of his opponent. The practitioner's words will then make a deep impression and will work and stick with the listener. And the effect is amplified when one speaks in a low pitch and in complete peace.

One's eyes might suffer from burning and tears, however, these will be lost when the eyes are sufficiently strengthened by the exercises.

Eye baths are highly recommended and should be done daily. The student puts their face into a bowl full of water, holds it as long as he can underwater, and opens his eyes in the water. These baths are incredibly powerful for the eyes and are highly recommended by ophthalmologists.

Good gymnastics for the eyes are as follows: look right and left, up and down and roll the eyes in the water.

If one follows all these exercises exactly, no one will be able to withstand one's gaze, their enemies will be intimidated, and their will becomes greatly strengthened by the magnetic gaze.

One does not abuse the magnetic gaze with hypnotic experiments that only serve vanity and one does not abuse their sisters and brothers hypnotically.






Gnostic Runology – The “HAGAL” Rune and its Practice


The “Hagal” Rune According to Huiracocha

The Mexican Indians (the Mayans) when asked about the name of God, answered that God has no name and that it was only an aspiration, a breath and, in order to express it, they aspirated as if pronouncing a German "H". The H is, therefore, the principle of the Logos, of all the Runes and of all words. The Masters say that HAGAL, as a Rune, signifies the INTERIOR, our connection with the Divine Forces. This Rune, applied, gives confidence because the sign itself is recognition that we are in possession of the Divine Forces. Its numerical value is 7 (recall the symbolic associations this number has).



In many Mexican Gods we find this symbol , whereas in the Gods of Egypt we find the Ankh , but it is the same Mexican symbol only that the Egyptian formed into a cross afterwards. However, in both Mexican and Egyptian symbolism, it means LIFE.

Thus, LIFE is the origin of everything and Christ said: "I am the Life", that is, the Vital-Christ, the Christonic-Life or the Christonic-Substance. In this way the monogram of Christ (that we find on all the old pictures) has the same meaning as the above symbols although this one conserves in the upper part a semicircle. The whole glyph , in Greek, means LIGHT. In themselves, LIGHT and LIFE are, consequently, the same thing.

The emblem of Krishna is this  and we repeat that it is also the emblem of Christ. It has the Greek letters 'X' and 'P' (which sound as the "Chr" from Christ) and always signifies LIGHT. On a coin of Ptolemy, from 300 years before the Christian era, we already have this same monogram. Thus, the myth of Christ existed (as Saint Augustine points out very well) centuries before the birth of the Nazarene, signifying at every instant the LIFE, the LIGHT, THAT SOLAR FORCE which the ancients venerated and which was utilized through Jesus in order to give it concrete form.



Hebrew letters, apart from the fact that they serve to express ideas and thoughts, have both numeric value & symbolic value and are, above all, accumulators of forces. What we are most interested in is the latter, in the accumulation of forces... For our ancestors, letters were sacred and could only be used for sacred objects. There are large stones whose inscriptions are supposed to be 60,000 years old, where men armed with Spears (as a symbol of the Priesthood) are seen driving oxen with plows. This signifies that the work of the farmer is a sacred work. **The students of the Runes must, therefore, do all things possessed with a religious feeling.** We are trustees of all the goods of the earth, but we are not their owners. They are our Gods, that is to say, those omnipotent universal forces that we can surely personify...

Yet, **the FORCES ARE IMPERSONAL and so is the Christic Substance**, but it takes a bodily form in us... By exercising ourselves in the Runes, the body gains in Physical Strength/Force, but evidently loses in spiritual agility and this gives power in order to make God stronger in us. Let us begin by looking to extract the forces from this great Rune. Let us concentrate our thoughts on the Great All, on the Invisible World, with all its inhabitants, which the Nordics call "Valkyries" and our Elementals (Sylphides, Gnomes, Salamanders, Undines), calling them to our aid and with this we enter into the terrain of Practical Magic. We can not live without those beings... Let's make the Rune of them on a white paper and let's stare at it for some time, and then look up one meter above and there we will see the inverted image. This is an optical effect, but will help us in later exercises.



The “Hagal” Rune According to Samael Aun Weor

Let us now talk of ELEMENTALS, GODS, and DEVAS, sparks and flames. Let us remember the old TIBER himself, rising as a mist from within the waters of the river which has his name in order to speak to AENEAS. “Oh you who are born of the race of the Gods, who are bringing back to us the city of Troy saved from its enemies, you who are preserving its citadel Pergamum for all time. Do not be intimidated by the threat of war. The real persecution of the Gods has ceased. Now I offer you to fight, but fight victoriously. But come now, so that you may not think what you are seeing is an empty dream, and I will give you a signal that you will not delay in recognizing...” Certainly, VIRGIL, the poet of Mantua tells us that when this vision of TIBER vanished; AENEAS awoke, got up, then (after rubbing his eyes) he ran around to see if he could discover the sign that the sublime Elder had spoken about.

Concretely, before his astonished eyes there appeared an omen. This was enough for him to state that the predictions of the GOD TIBER, an ELEMENTAL DEVA from the sacred Italian river had become totally fulfilled. These were times in which our Aryan root race still had not entered into the descending, involutive cycle. The human mind had yet to be poisoned by the materialistic skepticism of the 18th century. The people had FAITH in their visions, and they worshiped the ELEMENTAL GODS of Nature.

All ye worthy ones, those who have reached the Second Birth, those have dissolved the EGO and have sacrificed themselves for humanity’s sake, listen to me, please! Upon the LIVING ROCK, right there, on the beach, you must trace the **HAGAL** Rune with a reed. Then, you must call the little boat of the Sacred Swan. This is how you can travel to the mysterious islands of the Fourth Dimension. Afterwards, when this sacred sign, this marvelous Rune has been traced, you must chant the following mantras: **ACHAXUCANAC**, **ACHXURAXAN**, **ACHGNOYA**, **XIRAXI**, **IGUAYA**, **HIRAJI** (Pronounced with Latin vowel sounds: “ACHA-XU-CANAC, ACH-XU-RAXAN, ACH-GNOYA, XI-RAXI, I-HUAYA, HI-RAHI”).

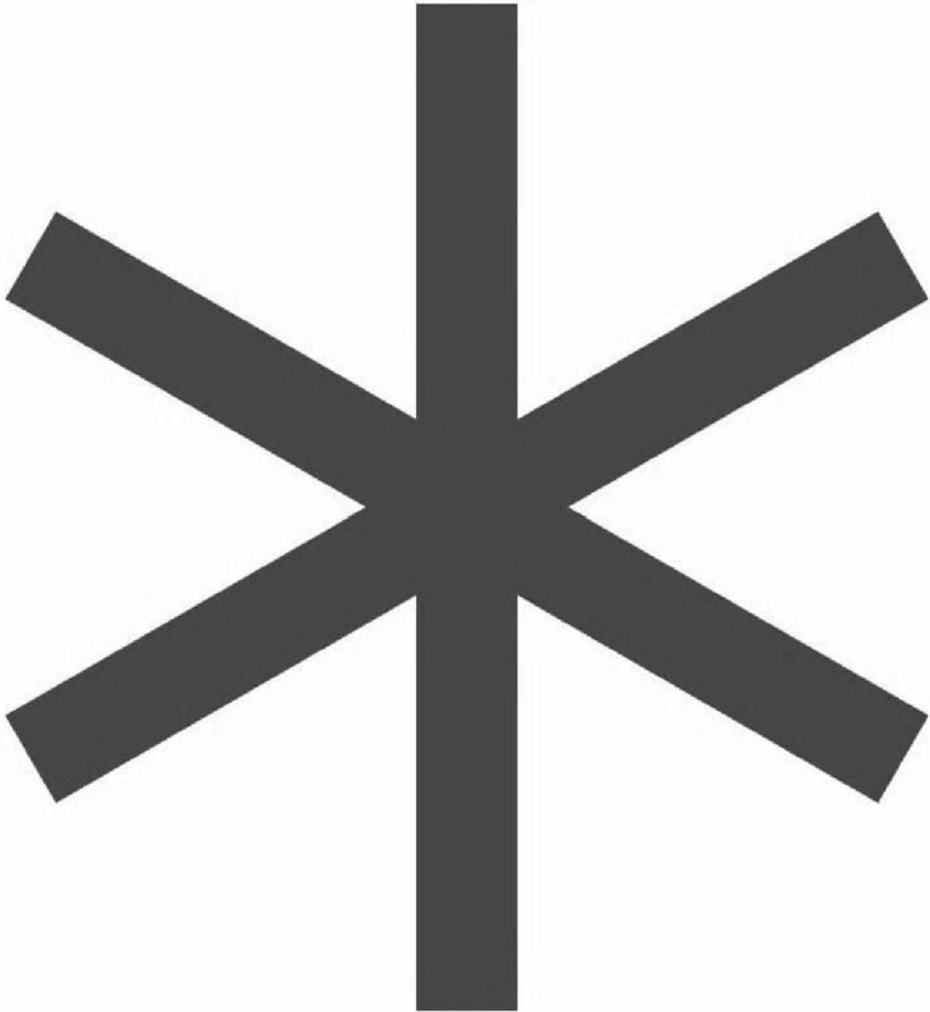
Look fixedly at the HOLY RUNE **HAGAL**, and with your heart filled with FAITH, beseech, ask unto the ROMAN HARPY, the NORDIC URWALA, the SCANDINAVIAN ERDA, the primeval SIBYL of the Earth (your own DIVINE MOTHER KUNDALINI) to send for you the extraordinary little boat moved by the Sylphs. Ah! How joyful you will be when you embark upon the mysterious boat of the Sacred Swan towards the mysterious islands of EDEN.

But to you, the beginners, I advise you to render cult unto the HOLY GODS, to work with the creatures of FIRE, AIR, WATER and EARTH. You must not forget your DIVINE MOTHER KUNDALINI, since without her you cannot progress in this sacred science. You must remember that GOD has no name and that he is only an aspiration, a sigh, the Incessant eternal breath, profoundly unknown to Itself. This is, by all means, the principle of the LOGOS, of all the RUNES and of all words.

PRACTICE: Beloved disciples, you must profoundly meditate on the UNITY of LIFE, on the GREAT ALAYA of the UNIVERSE, in the INVISIBLE WORLD, in the PARALLEL UNIVERSE of the SUPERIOR DIMENSIONS OF SPACE. Concentrate your thoughts on the VALKIRIES, the GODS of FIRE, AIR, WATER and EARTH. AGNI is the GOD OF FIRE, PARALDA is the GOD OF AIR. VARUNA is the GOD of WATER, GOB is the GOD of the EARTH element.

Through MEDITATION you can enter into contact with the GODS of the elements. You must trace the HAGAL RUNE on a blank paper, then after, concentrate your mind on any of the four principal GODS of the elements. Call upon them so they can help you when it is necessary. The HAGAL RUNE and deep Meditation will permit us to be put in contact with those Sparks, with those Ineffable Flames.





Gnostic Runology – The “NOT” Rune (Historically)

The “Naud, Noth” or N-Rune According to Friedrich Fischbach (1900)



The *Naud* = *Noth* Rune shows a vertical Staff [*Stab*] with a line through it. This probably means Destruction or Extinction of the Fire [*Vernichtung oder Erlöschen des Feuers*]. Anyone who was fireless, at that time, was in *Noth*, that is to say, in 'Need'.

altgriechische



In the South (ancient Greek), this Rune approaches the Latin N in contrast to the North.

The “Nauth, Noth” Rune According to Guido von List (1907)

✂ *nauth*¹ = need [*noth*], *norm*, Compulsion-of-Fate/Destiny [*Schicksalszwang*].

An Eighth is suitable for me, and certainly for All,
Most Necessary [*Nötigsten*] to use:
Wherever any Strife grows among Heroes,
I know how to settle it quickly.

noth=Rune ✂

“The Need-Rune [*Nothrun*] blooms on the Nail of the *Norn!*” This is not ‘Need [*Noth*]’ in today’s understanding of the Word, but the “Compulsion of Fate/Destiny” – which the *Norns* determine according to *Ur-Laws* [*Urgesetzen*] – thus, the organic Causality of all Events is to be understood as being under this Nail.

Whosoever is able to grasp the Source or *Ur-Cause* [*Urgrund*] of an Incident, and recognize the corresponding *Ur-Law* or Laws (the organically-legal Development) and the Subsequent-Events resulting from it, is also able to measure the Consequences that are still in the process of Development.

Thus, that person commands or masters [*beherrscht*] the Knowledge of the Future and also understands how to settle all Strife through the “Necessity [*Nöthigung*] of the clearly-known Course-of-Fate/Destiny [*Schicksalsganges*]”. Therefore: “Use Thy Fate/Destiny [*Schicksal*], do not oppose it!”



The Norns spin the threads of fate at the foot of Yggdrasil tree.

The “Noth, Nauth” Rune According to E.T. Kurtzahn (1924)

Exoterically: Need and Death, Loss/Defeat [*Not und Tod, Verlust*].

Esoterically: Fate/Destiny, *Norn*, Metamorphosis [*Schicksal, Norne, Verwandlung*].

Generally: inevitable Fate/Destiny [*unabwendbares Schicksal*].

This Rune brings Need & Death [*Not und Tod*] and thereby quickly settles “the Quarrel among the Heroes”. One should not forget, however, that Need and Death are temporal (i.e. not eternal), and pass according to the Law of eternal Change; Need through the Occurrence of any reasonable Circumstances; and Death through a Transformation, the Rebirth, which will take place as often as those concerned still have any kind of wishes for earthly Life.



¹ The German word ‘nauth’ can be translated as “need, want, penury, indigence, poverty, lack of necessities; hardship, difficulty; destitution, distress, adversity, trouble, anxiety; danger, peril”

Need, no matter what Type, is a (or more correctly *the*) Main-Component of every Human-Life, which no one can escape - just like Death.

Therefore this *Norn*-Rune signifies the Fate/Destiny which suddenly and inexorably falls upon someone! This is the Rune of the 'great Test [*großen Prüfung*]' and can be considered a Mischief-Rune [*Unheilsrune*] in purely earthly terms.

Significantly, the † *Eh*-Rune (which we will soon see) is, so to speak, its Opposite.

The “Not, Nit, Naut” Rune According to R.J. Gorsleben (1930)

Letter N and Number 8.

The Rune of Destiny, Cosmic Law and Need/Necessity. *Naut, Not, Norn*, the decapitated Trunk of a Tree; the *Norns*' Thread of Need meaning Water, Guild, Debt, Fate, Negation, and Decline.

Dr. Friedrich Teltscher's *Ur*-word is *Trennung* meaning “Separation” as well as Division, Parting, Split, Distinction.

An Eighth one is mine,
useful to hear for all the people.
Where hate arises between man and man,
I can mediate it fast.



Misery and death, night, *nott*. Nothingness, blank, loss, fate, *Norn*. Transmutation, change from misery, that which is unavoidable: “The NOT Rune is blooming on the nail of the *Norn*.”

The NOT Rune is the cross of *Not* (Misery), the *Not-Anker* (Emergency Anchor) or *Not-Angel* (Emergency Fishing Rod), upon which we hang between life and death. Here we do not understand *Not* (Misery) in today's meaning, but instead necessity, coercion of destiny, which the *Norns* determine following the *Ur*-law that is active within every creature.

It is the Rune of sacrifice, devotion. The ‘Emergency’ Rune is the Wheel of Necessity, the Wheel of Karma and Rebirth.

N is the wave-rune of the Egyptian pictographs, you are subject to the “water words”: *Naut* = flood, *Undine, Nek, Nix*. It symbolizes the emergence from the infinite, divine into finite, earthly. Now *Ur* becomes *Nat-ur* (Nature), the Non-*Ur*...

In the lower planes of life, hate between humans is often settled fast by means of misery and death. But misery and death are temporary in the eternal changes of life. **Our misery and our necessities come from the Originality of our Actions, our Will.**

Whosoever is capable of fathoming the origins of something that is happening (or of an action), can also recognize consequential events and is thereby capable of adjusting (and even preventing). This is how one rules the future and therefore also understands all necessity of fate as a relation of cause & effect.

Thus, NOT also brings transformation, re-birth (*Natus*, in Latin, means ‘being born’ and ‘destined by nature’).

Still another term emphasizes the meaning of negation: “NOT breaks Iron.” Note that the IS-Rune **l** (the vertical line) is symbolically represented as the Ice or Iron Rune, which is crossed by the descending *Balk*-line **~** or death line, that starts lower down on the right side and rises on the left side. Thus, NOT breaks the IS (as the Ego or Self)!

In all languages the N means collapse, decline, negation, destruction, wetness, to go into the wet, naked, from the infinite, Divine into the finite, Earth bound, non-Divine. Therefore also **Nat**-ure, old Nordic = **nattura**, the characteristic – property, one’s properties, one’s Self that the human being acquires with birth.

The “Not, Noth, Nit, Naut” Rune According to S.A. Kummer (1932-1933)

✖ (N) The N-Rune, Need [**Not**], **Naut**, **Nit**, is the Rune of Need and Death, Necessary-Turn/Change, the Necessity-of-Fate/Destiny [**Schicksalsnot**]; the Rune of the **Norns**, who spin the Threads-of-Fate/Destiny from Past to Present and Future. – Numerical value 8.

The Compulsion of Fate/Destiny, the Imperative which helps to remove the self-created Need-Test [**Notprüfung**], therefore it is said:

- “Use thy Fate/Destiny, do not oppose it”,
- “Need [**Not**] knows no Imperative”, and
- “Need breaks Iron [**Not bricht Eisen**]”.

Not guides the Transformation to higher spiritual levels, including the astral Plane, as well as to Rebirth. Therefore **Not** serves your Higher-Development and Refinement.

Not is Negation, Destruction. Only the one who deeply knows themselves, who recognizes themselves, who draws the **Notung** Sword, who releases or frees their Self [**Ich**] from **Not**, can then turn or change their **Not**.

Those who consciously position and use this Rune for the Salvation of others will bring much Relief and Healing to their Humanity, thereby reducing their own Need-Test [**Notprüfung**].

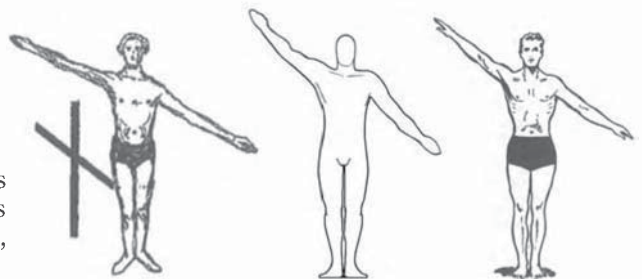
The **✖** **Not**-Rune is the Demonic of the **✚** **Eh**-Rune.

Motto: “Become a true Helper & Healer and you will grow-above Need & Death [**Not und Tod**].”

Full Body Rune Exercise(s):

Facing North, the Practitioner, again, takes the **Ich**-Rune-Position, and does the Breathing-Exercises.

Then they raise their right Arm sideways diagonally upwards, and their left arm sideways downwards, the Fingers stretched out. Now, one is in the position of the **Not**-Rune.



The radio-like Waves of the Universe now enter one’s Body through the Head and right Hand, unite and flood down the Spine into the Sympathetic-Nerves and the Solar-Plexus. One hums and sings the “n” sound.

Its subtle Universal-Waves [**feinen Allwellen**] sound in the Solar-Plexus and suddenly become apparent to the pure Student as Advice/Counsel [**Rat**], Concepts, Thoughts and Hunches. One receives the Power to arbitrate Envy/Jealousy, Hatred and Strife among the People, as well as to alleviate the Distress [**Not**] of one’s Brothers and Sisters.

After the Practice, the Practitioner remains in great Peace and awaits an Answer. With pure, noble Feeling, the high Magic of the **Not**-Rune will open up to the Practitioner: one's Need-Test [**Not-Prüfung**], one's **Garma**, as well as one's Past, Present and Future will be revealed.

In order to feel the **Not**-Rune in other favorable Spatial- and Electric- Directions, Kummer recommends singing the following Formula: "na-ne-ni-no-nu".

Remember: "Live your **Garma** consciously, because you cannot escape it."

Hand Rune Exercise ('Mudras' or "Rune-Grips"):

The Rune Practitioner should take up the **Ich**-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must be observed with all the Rune-Grips.

For this Grip, the Rune Practitioner should use the right Hand. One stretches the right Arm upwards, bending the Thumb of the outstretched Hand slightly, in order to form the **Not**-Rune-Grip, as Figure 8 shows.



The Rune Practitioner should hum the "**n-n-n**" sound siren-like. Thoughts are directed towards Higher-Development and Refinement.

Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the **Ich**-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [**Feinkräfte**] can be reached in the Hand-Centers.

The **Not**-Rune-Grip has a more spiritual and psychological effect, it makes one's own Need-Test [**Notprüfung**] decrease.

A cool, lukewarm or warm sensation will often be observed in the hand, similar to that of the **Ur**-Rune-Grip.

After finishing the Exercise, the collected Subtle-Forces are to be directed throughout the entire Body by conscious-willpower [**willensbewußt**]. The astral Color is dark-red.

Further Sound-Formulas are: "na-ne-ni-no-nu."

Additional Note: Kummer Gives Another Breathing Exercise

In the chapter on the ✎ **Not**-Rune, Kummer also gives the following practices:

In all Rune-Exercises the Student must practice great Patience. Also, they must not believe that if they practice a Rune-Position once or twice, that they will thereby receive the same great Inspirations, Clairvoyance, etc. It takes Time...

Before the necessary Maturity and Higher-Development has occurred, one must be content with small Successes. Also, note that selfish people will never recognize the full Wisdom.

Through many years of Practice, Study and personal Experience, Kummer has worked out the Rune-Positions in such a way that every aspiring Student will Succeed if they follow his Rules diligently. He did not take the Runes from the **Futhark** (the ancient Runic-Alphabet in

Order), but instead put them together so that the Student could follow along easier and get to the Goal quickly.

Exercise:

An additional Breathing-Exercise is the following: the Student inhales through the right Nostril (counting in the Mind slowly to 12). Then push the Air down into the Belly and hold it while counting to 12. While doing so imagine how the Universal-Force [*Allkräfte*] contained in the Air penetrates into the Solar-Plexus. Then exhale through the left Nostril with the Mouth closed, counting to 12. The Student now alternates, by inhaling through the left Nostril and exhaling through the right. The whole Exercise is to be done 7 times in a row and is to be combined with the other Breathing-Exercises every Morning and Evening.

Now the Student does this Exercise: Every two days, after Deep-Breathing (through both Nostrils), one should hold their breath for 25 seconds and then slowly expel it. For the time being one does this practice 7 times in a row. Later one tries to hold the Air for 34 seconds, and one will also have very good success with this.

Gnostic Runology – The “NOT” Rune and its Practice

The “Not” and “Ehe” Rune According to Huiracocha



We must, first of all, protect ourselves from those who threaten our souls. The German word "Not", signifies (among other things) danger, but in the Rune itself is the power to reject it. From the moment the student of occultism acts upon the superior planes (which happens whenever occult practices are done) they not only call upon and bring forth positive protective forces (Gods, Elementals, etc), but they also draw the attention of the negative forces (demons, inferior astral entities) that must be immediately rejected. For these purposes the NOT Rune is utilized and gives an extraordinary power.

In the NOT Rune, there are the precepts of the Night, of Nothingness, of the *Norns* of Karma, of Danger and of Death. We know that Karma is the law of just equilibrium and of compensation. Reward and punishment come to us in this life in order to even out or balance the virtues or defects that we have had in past lives. Karma is not blind, that is to say, we do not have to put out our cheek in order to receive the slap that we gave to another in a previous life. Karma can also be exhausted and canceled through good deeds in general, and through Magic. It will be said that this would hurt Justice itself, but this is certainly not true. One who has developed Occult Powers, must have achieved enough virtues (and Vibrations similar to those Virtues) that this can, therefore, do nothing less than produce the corresponding effect.

With the practices of the NOT Rune, Karma is canceled and we prepare ourselves for a happy future. The ancient Nordic Mysteries, in explaining this Rune, said: "DO NOT OPPOSE YOUR KARMA, CANCEL IT" and immediately delivered this sacred weapon of cancellation. One who doubts the power of this Rune, just needs to let their practice make them recognize its effects. Karma constantly threatens us and, when a suffering comes to us, we must submit ourselves because we have earned it. But the Magician who knows how to handle the Runes does not expect that kind of punishment to come, unless they avoid doing the NOT Rune practices...

This is also the Rune of Marriage and thus the *Ehe* Rune (mirror of the *Not* Rune). All religious sacraments are, to a certain extent, operations of Magic and marriage is the perpetuation of a Magic that can be white or black depending on the character, or purity of love, that both spouses bring. The single man or woman has only partial forces, but by uniting in marriage, the positive & negative powers are coupled in order to form a stream of tremendous and effective power. When the couple unite themselves in a true embrace of love, this engenders a powerful force capable of making inconceivable miracles...



The practices of this Rune leads to solar and lunar breathing filling the chest first with air that must enter through the right nostril and that we must then expel through the left nostril while counting to 12 [*Pranayama*]. Once these practices are advanced, then the initiates are advised to stop counting and, instead, one must remember an echo of the past that has been recorded in our subconscious. The objective is to arrive at the memory of our past lives and to remember the bad actions with which we engendered Karma, and that we now want to heal with the present practices.

PRACTICE: The gymnastic practices consist of opening the arms and, once thus, forming a Rune by opening an arm that forms an angle of 135 degrees and the other of only 45. During the exercise you have to say "Ni..... Ne..... No..... Nu..... Na....." making sure that the corresponding sound or vibration goes to the tips of our fingers, always thinking that the defensive and protective forces are awakening in us. Do so with the corresponding calmness and stillness and its result will work in your favor and give you the Magical power of this interesting and mysterious rune.



The “Not” Rune According to Samael Aun Weor

It is urgent, and necessary to truly study the famous **NOT RUNE**. One day, Samael Aun Weor was sitting under the shade of a tree and saw some ants crawling on the ground. So he decided to meditate on the ant... Then, after concentrating very deeply, he came into contact with the **MONAD** of the ant. The Monad of the ant seemed to be a beautiful twelve year old girl. She was dressed with a white tunic with a dark blue cape. Her eyes were of an evocative beauty, her gestures like that of a Prophetess. Her innocent smile was like that of the *Mona Lisa*, and with such lips that no one in heaven or on earth would dare to kiss. So, what did this girl say? Terrible things, she spoke about her very horrifying Karma. “We the ants” said this Monad, “have been punished by the Lords of Karma, and we suffer a lot...”

Many centuries before the first root-race appeared upon the face of the earth, those non-human creatures (which today are named ants & bees) were living on this world. They had Evolved, but never in life had they entered onto the path of the Revolution of the Consciousness. It is obvious that Evolution can never lead anyone to Intimate Self-Realization. It is normal that every Evolution is inevitably followed by an Involution. Every rising is followed by a setting, every ascension is followed by a descent. These creatures came to renounce the idea of a superior knowledge and of the Esoteric Circle of life. Thus, they established their faith a Marxist-Leninist type of gibberish... Their way of understanding was mistaken and the result is shown to the entire world. Thus, this is what the ants & bees are: they are **INVOLUTING**, retarded and regressive creatures. Today, we are astonished when we contemplate a bee’s honeycomb or an ant- hive, but we only lament that they now lack intelligence and that they have become mechanical...

Let us talk about the Forgiveness of Sins. Can perhaps Karma be forgiven? We say that it can. When an inferior law is transcended by a superior law, the latter has the extraordinary power of washing away the former. Nevertheless, there are lost cases, such as those of the ants & bees... Let us consider the two types: the incurable Karma (like that of bees & ants) and the forgivable Karma. Let us now talk of Negotiations which are possible with the **NOT RUNE**.

The **NOT** Rune in itself signifies **DANGER**, but, it is obvious that the power for intelligently avoiding this danger resides within the same **RUNE**. Those who tread the Path of the Razor’s Edge are incessantly combated by the tenebrous ones, and so they suffer the unspeakable. Therefore, they can and must defend themselves with the **NOT** Rune. We can beseech, ask Anubis and his 42 Judges of Karma for help with this **NOT** Rune, in order for them to consider negotiations. We must not complain because of Karma, since it is negotiable. Whosoever has capital from good deeds, can pay without the necessity of suffering.

1st PRACTICE: The practices of the **NOT** Rune take us to Pranayama, to the wise and intelligent combination of Solar and Lunar atoms. You must profoundly inhale the vital air, the Prana, the life, through the right nostril, and then exhale it through the left nostril while mentally counting up to 12. Afterwards, inhale through the left nostril and then exhale through the right one, and vice versa. Continue with this exercise for 10 minutes. Afterwards, the student must sit down or lay on their back (face up), with their body relaxed, and concentrate trying to remember their past lives.

2nd PRACTICE: If you urgently need to negotiate with Anubis, then, you must open your arms to the sides. While in this position, you must form the Rune by placing one arm at an angle of 135 degrees and the other at an angle of 45 degrees. Then, the arm which was at 45 degrees will move in order to form an angle of 135 degrees, and the other arm will move to form the angle of 45 degrees. The right and left arms must alternate in their movements. During this exercise, you must chant the Mantrams, “**NA, NE, NI, NO, NU**”, while concentrating on Anubis, the Chief of Karma. In this manner, beseech him for the help needed.



Gnostic Runology – The “IS” Rune (Historically)

The “Is” or I-Rune According to Friedrich Fischbach (1900)

altgriechische

The **Is** Rune is similar to the Zigzag-Lightning only in Ancient-Greek. This Exception justifies the Conclusion that the Lightning was the original Motive.



Later also the Sun-Beam [**Sonnenstrahl**], which descends like a Sword [**Schwert**], was symbolized, because **Is** = Iron [**Eisen**].

The vertical Line | is almost everywhere without Accessory and without Development. If the Name were not determining, then one would have to take the Number One and the Self-Concept [**Ichbegriff**] as a Basis.

The “Is” Rune According to Guido Von List (1907)

is = Ice [**Eis**], Iron [**Eisen**].

A ninth I understand, when Need arises for me
to protect My Ship on the Ocean:
Then I will still the Storm on the rising Sea
and soothe the Surge of the Waves.

is=Rune |

Through the “undoubting Consciousness of their own Spiritual-Might [**Geistesmacht**]”, the Waves are tamed/subdued [**gebändigt**] – “made frozen” – they freeze like Ice. But not only the Waves (emblematic for Willpower), but all Life is obedient to the strongly-compelling Will.

Countless examples of this Willpower, such as the “**Agis** shield [**Ag-is-schild**]” of Wotan; as well as the **Aegis** shield of Athena; all the way down to the hunter’s faith in and use of “Freezing [**Gefrorenmachens**]” their prey; all of which are based on the hypnotic Power [**Macht**] of the vigorously-willed Spirit [**willens kräftigen Geistes**], which is interpreted as this ninth Rune.

Therefore: “Gain/Win Power over Thysel [**Gewinne Macht über Dich**] and Thou wilt have Power over everything [**alle**] in the Spiritual- and Physical-Worlds that is resisting Thee.”

The “Is” Rune According to E.T. Kurtzahn (1924)

Exoterically: Control/Mastery [**Beherrschung**].

Esoterically: Magical Force [**Magische Kräfte**], masculine/male Principles, Universe.

Generally: Ice, Iron, Magic/Charm [**Zauber**], Positivity.



The **Is**-Rune is formed by a single upright Line through the Movement of the divine Central-Point up and down, thus confirming the old Fundamental-Theorem of the Rosicrucians: "As above - so below!"

This Pole-Rune also symbolizes the Phallus as a general masculine/male Principle in World-Affairs as Opposed to the cloven **Ka**-Rune, which (as we have seen) represents the feminine/female Principle.

The **Ithyphallos** [Erect Phallus] is also the Magic-Wand [**Zauberstab**], by which new Growth and Blossoming is created from the lower Matter/Material realm.



The Magic-Wand of the Magicians [*Zauberstab der Magier*] was assumed, probably in reference to this symbolic Meaning of an **Od**-radiating and life-giving Phallus, from which the **Od** of the Operator flows during magical Operations, just as it does from the Phallus of the procreating Man.

For this Reason, this Rune also means Magic and magical Operations [*Magie und magische Handlungen*] (to which Procreation truly also belongs!), that are only possible through the Forces emanating from the Central-Point of the World: GOD.



But these enormous Forces will be fruitful only in the Hand of a Person who made the difficult Art of Self-Control/Self-Mastery [*Selbstbeherrschung*] completely their Own and having done so from the Ground up! Only in this way will they be able and be called to Rule (Control/Master) others.

There is much talk of white and black Magic. These different designations are often chosen quite thoughtlessly, because there is neither a white (i.e. good) nor a black (i.e. evil) magic. Good or evil is only the Intended-Use or Intended-Purpose [*Verwendungszweck*!] After all, you can heal or kill with poison without it having to be good one time and evil the other.

The **Is**-Rune furthermore forms the Cross-Trunk as the positive masculine component of the Cross; in contrast to the horizontal, negative and feminine Cross-Beam.

If one takes into account what has just been said regarding the Cross (being composed of a Trunk and a Beam) and one analyzes the well-known Rosicrucian interpretation of the four Letters on the Cross of Christ: INRI = "*igne Renovatur Natura Integra*" (meaning "through the Fire: untouched Nature is continuously renewing itself") written as a cross...



Then the result for the Cross-Trunk (the vertical line or **Is**-Rune), is the Initials "I" and "R" = IGNE and RENOVATUR meaning ("Fire") and ("renewing"). These two words point to the Wuotan- and Fire-Rune **Fa**, and thus to the Fire as 'Renewer' [and to the mantrams "IR" and "RI"?].

While the result for the Cross-Beam, is the initials "N" and "I" = NATURA and INTEGRA meaning "Nature" and "untouched/untouchable", thus according to their deepest Sense they are assigned to the horizontal Cross-Bar as feminine Words [since they remind us of Mother Nature].

Is-Runes, which were supposed to calm the angry Sea (to a certain extent to 'ice it') were then also often attached to Ships as Talismans or carved into them, which makes it easy to grasp the Sense of the relevant Verse of the Rune-Song.

The "Is, Eis, Eisen, Ich" Rune According R.J. Gorsleben

Letter I and Number 9.

Is-Rune is Ice, Icicle, Iron, as well as the Self [*Ich* or Inner Being]. Everything Rigid and Solidifying; Death; the Calm in the Center (of the constantly moving world of phenomena). Also the Wave; the Will; that which eternally rotates (the Axis).

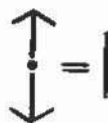
Dr. Friedrich Teltcher's **Ur**-word is **Lauf** meaning "Course (of affairs)" as well as Run, Function, Flow, Circulation, Motion, Orbit.

A ninth one I sing, when danger/distress at sea forces me
To protect my ship against/from the stormy waves;
I calm the storm down, no matter how wild/billowing the sea,
And I cradle the waves to sleep.



This is the Rune of the Self [*Ich* or Inner Being], as well as of the Personality; of Self-Control/Self-Mastery [*Selbstbeherrschung*]; of Determination [*Bestimmtheit*]; of Masculinity, of magical Force [*magischen Kraft*].

It is the Rune of the Vertical/Perpendicular, of the World-Axis [*Weltachse*], of the **extension of the divine Center-Point above & below**, it is Movement [*Bewegung*], it is Doing/Action [*Tat*].



The human being is the living *Is*-Rune (whether he or she is aware of this or not). We stand vertically, under the influence of the acting energy streams and waves that go throughout the universe. We are an antenna of nature and the cosmic effects act upon us (the beneficial as well as the unbeneficial ones), and we do what we are capable and willing to do. **The cosmic rays slide [gleiten] along our spine, on their path from the heights to the depths. In this way, the initiate draws down the energies of the cosmos daily, forces which make them spiritually and physically resistant to all the rotteness that surrounds them.**

The sound of the Rune is "I". The spoken sound vibrates throughout the whole body: from the head, along the spine, down through the legs, to the centers of the feet. Lift or raise the "I" sound (in the same way as when asking a question) and the wave-streams will rise from the heels up through the body.

The *Is*-Rune shows the upright human being, which corresponds to the military "at attention" command. A miracle happens then: soldiers at arms become a field filled with *Is*-Runes, that originates (person by person, under one command) a stone circle; each an ordered, trained world within themselves which all together signify: "Gain power over yourself and you will have power over others!"

The *Is*-Rune also shows the obelisk, the column, the soul-axis of the world, the *Irmin*-column [*Irmisul*], the stone tablets with the law, the *Arman*-soul, **the mast holding the "Sail" that connects us with the "wind" (the Will) of heaven.** When seen from above, this Rune is a point or hub (something like the navel of the world) around which life circles. In this function, it is the symbol of leadership and of the leader, themselves, in the center of the crowd.

When Schopenhauer characterizes the "World as Will and Imagination", we add: the Human Being is Wave and Rotation [*Welle und Umdrehung*]. The *Is*-Rune represents this Will in Space as a Wave. But the Wave is only an outward appearance of the Will that gave it Initiative/Impetus [*Anstoß*]. It is the Wave of the Will that operates within the Self, the axis between the human and the divine.

Although its value is Nine, this Rune shows us the "One": the single vertical line, the ace, and the Divine Self [or Inner Being]. The *Is*-Rune is the magic wand that the magician carries, a symbol of the life-giving and *Od*-radiating Phallus (out of which the symbol of the scepter evolved). The immense energies that are in this Rune can only be fertile and alive in the hand of the person who has overcome themselves.

The "Is, Ich, Ja" Rune According to S.A. Kummer (1932-1933)

! (I) The I-Rune, *Is*, Self [*Ich*], Yes/Indeed [*Ja*], is the Rune of the conscious Self [*bewussten Ichs* or conscious Inner Being], of Self-Control/Self-Mastery [*Selbstbeherrschung*], and of wise Magic [*weisen Magie*]. – Numeric-Value 9.

The *Is-Ich*-Rune is a positive masculine/male Rune. It is the Rune of upright, vigorous, conscious Guides and Magicians. It leads to divine Magic, as well as to conscious, blessed, pure Procreation.

The *Is-Ich*-Rune is the Wave-Rune, the Willpower- or Volitional-Rune. Whosoever makes this Rune their own inwardly, receives the Force to fully control/master themselves and others.

The *Ich*-Rune possesses immeasurable magical Forces; it was consciously used in ancient times by Initiates in high Mystery-Exercises [*hohen Mysterienübungen*].

Also, it is an ancient Mariner's Rune [*Schifferrune*], said to have the Force to calm the stormy Sea. The ancient Vikings cut this Rune into their Ships. Even today, the *Is*-Rune is used by many nordic Fishermen as a Talisman.

It corresponds to the "One", to Unity, to the great Union. It is the whole Cosmos, the great Universe, which is connected in Unity. It is the eternal divine Love that permeates everything, works in all Beings and always strives to bring everything back to the great Unity.

The "One" corresponds to the Central-Point of all Being, the Center of all Things; it is the most complete of all Numbers. The "One" also represents conscious divine Human Beings.



However, the *Ja-Ich*-Rune or *Is*-Rune is the ninth Rune in the Runic-Alphabet, and indicates the magical Nine of Completion [*Vollendung*].

Its Symbol is the World-Axis, the *Irmin*-column [*Irminsul*], which is also the Phallus in Humans. It furthermore represents the Yearly or Annual-Axis, as well as the South-North of the Tree-of-Life, and the Winter-Solstice.

The Demonic form of the positive *Ja*-Rune | is the *Tel*-Rune — the negative female *Teil*-Rune: the decaying Self [*vergehendes Ich*] or the negatively horizontal or laying/lying-down, sleeping Human. [Note: In his explanation of the *Hagal* Rune, Gorsleben called the horizontal line: the *Sie* Rune, *Sie* means "You" (as well as "they" and "she") in German; which is in contrast to *Ich*. So, it may be similar to saying the *Is* or *Ich* Rune means 'Self' and the *Sie* Rune means 'Other'.]

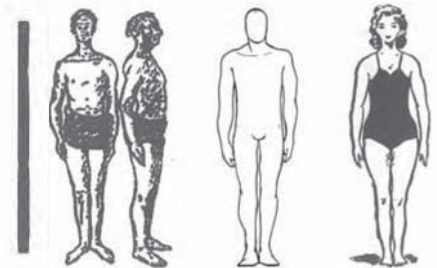
In the *Is*-Rune-Posture, the Practitioner is tuned in to certain Universal-Waves [*Allwellen*] like an Antenna of Nature, through which one incorporates Waves-of-Subtle-Force [*Feinkraftwellen*] into oneself according to the Practitioner's Fundamental-Vibration (either good, healing and invigorating; or corrupt, weakening, and even demonic).

When you sing the "i-i-i" sound in this Position, it resonates through the whole Body, sounding from the Head, from the Top-of-the-Skull, down the Spine, through the Legs, and down to the Middle of the Feet.

If the "i-i-i" Tone is raised in the same Way as when Posing a Question, then the Wave flows upward through the Body in reverse, beginning under the Heels. If the Practitioner sings the "i-i-i" in different Pitches, it also is perceived as a different sensation in the Body.

Full Body Rune Exercise(s):

1) The Basic *Is*-Rune Practice – The Student must learn to fully master/control [*beherrsche*] their Body, therefore they do the following Exercise every Morning after washing: One stands in the Middle of the Room in a firm Posture, Heels together (basic military Position) which is the *Ich*-Rune-Position, and face North.



One's Body is now ready for Commands, so one says loudly and energetically:

"I am your Supervisor [*Vorgesetzter*], you have to obey me fully and completely. All Muscle-Twitches are eliminated starting today. You have to submit to me. Now I want you to stand at attention before your Superior, your Self [*Ich* or Inner Being]."

Now the Student tries to spiritually Picture themselves as a member of Divine Humanity. They immerse themselves in this Picture, so much so, that they completely forget the Body. One must wish to see the spiritual Picture ever more clearly, more vividly and more tangibly.

This exercise should take between 10 to 20 minutes. Above all, the Student must gain Calm/Peace [*Ruhe*], Patience and Perseverance, which is absolutely necessary in order to penetrate into the Rune-Mysteries.

2) Recommendations for the Practitioner – The Student should avoid Meat- and Alcohol-Consumption, as well as stop Smoking one Hour before and after the Exercises; but it would be more beneficial to get out of the habit altogether. Your Body has to completely obey you.

The Student makes sure that their Stomach, Abdomen and Intestines are in order. Particular Importance must be attached to regular Bowel-Movements.

Full- and Deep-Breathing through the Nose is a Principal-Condition for all Rune-Exercises and every Student has to make it to the point that they cannot do anything else but full- and deep-breathing, so this Must become a daily requirement. The Initiate of Occultism will already be familiar with Breathing-Theory [*Atemlehre*].

The Beginner should remember that proper Breathing is essential for lasting Health, not only for prolonging one's life, but also for significantly increasing Resilience and Life-Force.

The Air contains radioactive Energy, which the Student should consciously absorb while Breathing. If you are nervous, you are wasting this Force, but whosoever breathes consciously stores it up in their Body. When we Breathe superficially, we only extract the normal Supply of radioactive Energy from the Air.

All the high Inspirations, magical Abilities and the mediumistic Forces of our Ancestors were Largely-Based on the use of radioactive Energy through conscious Breathing.

3) The Is-Rune Exercises – (1st Breathing Exercise) The Student positions themselves in front of an open Window, taking up the already mentioned *Ich*-Rune-Position, pushes out the Chest and slightly raises the Head.

Now one breathes in deeply through the Nose, with the Mouth closed (Internally counting to 7); next push the Air down into the lower Lungs, keeping it down by counting to 5, then one breathes out slowly through the Nose counting to 7 again. The student does this Exercise three-times.

(2nd Breathing Exercise) Then one breathes in rhythmically through the Nose for 7 seconds, filling all parts of the Lungs to the utmost; and then breathes out rhythmically for 7 seconds.

Then one repeats the first Exercise three more times. When Inhaling, the Student should imagine that they are taking in a great deal of invigorating Energy [*stärkende Energie*], and while Exhaling they should realize that they are expelling all the spent and corrupt Substances from the Body.

Summary of Full Body Rune Breathing Exercise:

1. Take up the *Is*-Rune Position
2. Inhale deeply through the nose for a 7 count (imagine taking in invigorating energy)
3. Hold the breath for a 5 count, pushing the Air down into the lower Lungs
4. Exhale through the nose for a 7 count (imagine expelling spent & corrupt substances)
5. Repeat steps 2-4 for a total of three times
6. Inhale deeply through the nose for a 7 count, filling the Lungs completely (imagine taking in invigorating energy)
7. Exhale through the nose for a 7 count (imagine expelling spent & corrupt substances)
8. Repeat steps 2-4 for a total of three more times

Through these Breathing-Exercises (which are to be performed daily in the morning and evening) a strong Feeling of Calm/Peace and Harmony is achieved.

If the Student is Agitated or was in a Verbal-Exchange with someone, then they should do one of the above Exercises, which will immediately restore their Calm/Peace and then radiate it to the other Person.

Also, the Student should not forget that in the **Ich**-Rune-Position they consciously stand as a living antenna in a Sea of Currents (Waves) that give them spiritual Force.

Therefore, besides the Exercises, one also accustoms oneself to a straight Posture, as opposed to a bent and sunken posture; likewise, Nervousness and unnecessary Hand-Movements also hinder the Flow of the Universal-Force [**All-Kräfte**].

(3rd Exercise: Seated) Every day, the Student sits down at an open Window, or in cold Season at a closed Window in a well-ventilated Room. One completely relaxes the Body, does the breathing exercise already mentioned, and directs their Eyes into the Distance with a steady Gaze, if possible to the North or East, and in no way allows oneself to be distracted by Things or Objects that are within one's Sight. One should switch off all Thoughts and remain in perfect Calm/Peace for a quarter of an hour.

(4th Exercise: Evening) Before going to Bed, the Student practices the aforementioned Breathing-Exercise and then, while remaining in the **Ich**-Rune-Position one says to oneself the following:

“My Self [**Ich**] is awake. [Alternatively: ‘I am Awakening’ or ‘My Inner Being is Awakening me’.]

I am a Child of my Humanity, I serve it through higher development and thereby acquire magical Abilities. I consciously [**bewusst**] walk the Path towards you, All-Father, therefore I always have your Protection and your Blessing. I love my Brothers and Sisters and I am kind to all People.

I will defeat all Weaknesses in me, thus creating a better, healthier Life for myself. I want to become wise and noble.

With all my Force, I openly fight [**bekämpfe**] all the Corruption, Vulgarity/Inferiority and Evil which hinders my spiritual Development.

I live in Harmony and send out only noble, good Thoughts.

Thus, through Thee, All-Father, I will arrive at the luminous Goal!”

Now the Student goes to Bed and sends out good Thoughts and Wishes. They will wake up healthy, happy and well-tuned [**wohlgestimmt**]. After washing, they would do their Morning-Exercises and then go about their business.

The above Exercises are to be done for 7 days, but they can be extended to 14 days.

Hand Rune Exercise (‘Mudras’ or “Rune-Grips”):

The Rune Practitioner should take up the **Ich**-Rune-Position (Military “At-Attention”); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; this must be observed with all the Rune-Grips. Now raise the left Arm vertically upwards, the left Hand will take the **Is** or **Ich**-Rune-Hand-Grip shown in Figure 9.



The Practitioner clenches the left Hand, extends the Index-Finger upwards and sings (from a deep to a high Tone) the "i-i-i" sound repeatedly.

Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the **Ich**-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [**Feinkräfte**] can be reached in the Hand-Centers.

During the Pause: thoughts are directed to Universal-Love [**Alliebe**] and to the Development of the magical Force of the Self [**der magischen Kräfte des Ichs** or the magical Force of the Inner Being].

With this Grip one intensely feels the Influx of cosmic Subtle-Forces [**kosmischer Feinkräfte**] in the Tip of the Index-Finger, and the whole Hand warms up. When it is Circulated in the Body by conscious-willpower [**willensbewußt**], one senses a warm Current through the whole Self.

After Finishing the Exercise, you can notice a Sulfuric-Smell (like burnt Gunpowder) on the Index-Finger. Kummer observed that this Smell is often different, but always sulfuric.

The astral Color is blue to red-violet.

This Grip can also be performed with the right Hand, it then produces a different Body-Current which is also recommended.

Gnostic Runology – The “IS” Rune and its Practice

The “IS” Rune According to Huiracocha

The "I" or "IS" Rune is of extreme importance because it is the Rune of the SELF, that is, of the BEING. The human being is a living Rune, perched vertically upon the Earth like a King or Queen and Lord. In the hands of the Monarch is the Scepter as a symbol of command and the word 'Scepter' comes from *Skaptar* which signifies Creator, Producer, etc., in the primitive language.



Many monuments that history has considered as phallic, are only monuments of the IS Rune, but the builders of those same monuments also knew the relationship that exists between the Magician & the Phallus, and that the basis of all Magic is Sexual Magic. Kundalini, the Serpent of Fire (which has its exponent in the virile member), is what must be awakened in order to achieve the great works of the Magician.

In this Rune, **the human being is the connection between the Earth and the Cosmos, between the terrestrial forces and God.** All the Runes that we study are intrinsically the "I" Rune, since they all have that vertical stalk. The "I" Rune is the axis, or even better, the extension of the axis of the world where (from the center of our Globe) the forces constantly flow.

Schopenhauer placed the Will in the center of all and thus this Rune also represents Willpower, but Willpower as a Movement, that is to say, of Moving without being Moved and in this lies the great secret. Arthur Schopenhauer (1788-1860) said the Will “is the innermost essence, the kernel, of every particular thing and also of the whole. It appears in every blindly acting force of nature, and also in the deliberate conduct of man...”

Our mission is to prepare the disciples for White Magic, to make human beings of action, of their will, so that they may triumph in all the circumstances of Life. If the only true Human Being is the one who is a Magician, then this means to say that others are not complete, that they lack something...

What they lack is WILLPOWER, KNOWING **HOW TO WILL**, in this is the Key and all the symbols thus teach it. Real Human Beings, GOD-MEN of the "IS" RUNE are required.

The IS Rune is also the lance or spear that opens the way in order to obtain triumph, in order to achieve success, armed with all the principles that it possesses (as we are showing by explaining its different phases).



Let's imagine the Cross. Here we also have the vertical beam traversed by the horizontal beam. If the vertical beam represents the God-Man, then the Horizontal beam, instead, symbolizes the Demon or negative principle. The Cross teaches us that **we are a mixture of God and Demon.** In this Rune, the horizontal beam is missing and only the God beam remains, since God is such only when we concentrate on the indicated Rune.

This Rune is the Human Magician, the Magical Being [*el SER Mágico*], the Willpower Being, the *Thelema* Being, the Able or Capable Being. Nonetheless, this same God-Rune is not completely exempt from the negative part. One can think of a Personal God or an Angel (since the Deity is represented therein in all the divine concept of its purity) and then, **by joining oneself with the Divine Will, we have the formation of the Superman or Superwoman, that is, of the True Magician.**

Already the disciple has a wealth of ideas inherent in this Rune and we finish by giving the practice. The Sign of Attention, as we know, is also a person standing on a point and in this same way the military stand "at Attention", this is how one does the IS Rune.



We have learned that the vowels correspond to certain parts of the body and that the "I" (which is the tone of this Rune) has to resound, and it has its resonance from the feet to the head.

IS, I, the Personality, converts itself into Individuality by lifting the arms up vertically in order to form a straight line with the whole body. Once in this position, one meditates on all aspects of the IS Rune (this is done mentally). Then **it is a matter of attracting the cosmic forces to the Disciple by pronouncing the vowel "IIIII....."** With only this, the doors of the astral open more and more. The point is to do this Rune and to consciously personify it. This is how the human being becomes a True Magician.



In his upright position, the human being is an accumulator and an antenna of the cosmic forces (as we have learned in the Zodiacal Course). Do not forget that this antenna can attract good and bad waves in the same position. This means that you have to remain with complete Attention in order to always reject the bad ones and to learn how to only receive the good ones (for ourselves and for our fellow human beings).

This Rune's numeric value is curious. The Nordic Kabbalah says that it represents both ONE as well as NINE. We know that NINE is the number of Humanity and that ONE is the number of the Individual. This means that when the Individual and Humanity are united, and **this can happen through Love**, then this forms the TEN (10) which is the genuine representation of Divinity. If the number 9 is numerically a stalk placed to the right of a zero, then it is the ten figuratively. Regarding this there is a mystery upon which the Disciple must meditate.

The "Is" Rune in the Sunny Land of Khem (Egypt)

When they studied this Rune in the Egyptian Mysteries, they expressed that its main value consisted of its bipolarity (Masculine-Feminine) and thus, it was expressed "IS, IS", or "ISIS" (Nature). ISIS is the feminine part in the Mysteries and yet the IS Rune is considered to be essentially masculine. Why? Because the masculine and feminine principles can not be definitively separated. THEY ARE ONE as a single Power: the masculine virility and the eternal feminine.

Let us meditate for a moment on the S of ISIS. In the primordial language their lines were not curved, but angular and then the Rune of Victory (the SIG Rune) arises. In its more primitive form, "ISIS" was expressed as "IST". This is why so much importance was given to the pronunciation of the syllable IST in the Mysteries of Harpocrates. "HAR-PO-CRAT-IST" is a very powerful Mantram that opens the way to a great Deity or force of the Invisible.



The "Is" Rune According to Samael Aun Weor

One could say that, in one aspect, the IS Rune is the Phallus, within which all the power of the sexual forces is enclosed... And yet, this Rune is also related with the Divine Feminine, which has been symbolized as 'Isis' in Egypt. In the profound night of all ages, in the sunny country of Khem, the IS Rune was studied within the secrecy of the Egyptian Temples. Thought was always on the bipolarity of MAN-WOMAN, MASCULINE-FEMENINE. It is clear that "ISIS" is the outcome of this thought, which is the sacred name of the ETERNAL MOTHER SPACE.



In occultism, much has been said about the Prakriti, space as a MATERNAL FEMININE ENTITY, the mathematical point within which the Sun King, the Golden Child of Sexual Alchemy is always gestated. There is no doubt whatsoever that the very root of our own Sacred Monad (our Being) resides within that mysterious point. Our Particular Divine Mother, adorable and eternal, who has neither beginning nor end, is this POINT in itself.

All of the sacred powers of the MONAD (Atman-Buddhi-Manas) are found contained within our Divine Mother Kundalini. For those who are not well versed in Theosophy, we will say that **all of the sacred powers of our own Spirit are found within our own PARTICULAR DIVINE MOTHER**, for everyone has their own Mother within.

When we profoundly analyze the IS Rune, with mystical astonishment we discover our own BEING, the INNERMOST, the INTIMATE or INTIMUS. However, the root of our own Being is the Divine Mother, the Isis of the Egyptian Mysteries, who's child (Horus) symbolizes our Being...

Pseudo-Esotericists and Pseudo-Occultists have spoken at length about the IMMORTAL TRIAD or TRIUNE SPIRIT of each living creature (Atman-Buddhi-Manas). However, they do not comment at all about the unfolding of Prakriti (the DIVINE MOTHER).

The wonderful and glorious esoteric symbolism of the "Cow with Five Legs" is a living manifested expression of the five unfoldments of our own, very particular, Divine Mother Kundalini...



Let us remember the sign of the infinite, the eight lying down horizontally and equated to a five, which means, read literally, "Infinity equals five" ($\infty = 5$); that is, the infinity equals the **Pentalpha**, the Ineffable Five-Legged Cow, the star with the five points, or regular pentagonal star, that stopped Mephistopheles when he came up in response to the evocation of Doctor Faustus...

It is indispensable for the good of everybody and of each of our students to define these five aspects:

- 1) *The Un-Manifested KUNDALINI.*
- 2) *Mother Nature – Ineffable ISIS, Adonia, Tonatzin (Wisdom, Love, Power).*
- 3) *The Queen of the Infernos and Death –the Egyptian PROSERPINE, the Aztec COATLICUE.*
- 4) *The PARTICULAR INDIVIDUAL MOTHER NATURE (The one that created our physical body).*
- 5) *The Instinctive Elemental Magician (The one that originated our instincts).*



PENTALPHA

The "COWHERDER" (the one who guides the Sacred Cow) can and must work in the Teaching of these five powers of the Sacred Cow, the **Pentalpha**...

She... as the UNMANIFESTED (the first aspect), has no symbolism among the Greeks, but in her second manifested aspect within Nature, She is the greatly adored and worshipped **chaste Diana**. The third aspect of the Prakriti is the blessed Goddess-Mother-Death, terror of Love and Law. She is the terrible HEKATE or PROSERPINE, Queen of the INFERNOS. Two more unfolding aspects of the Prakriti take us into the negative aspect of Nature: That which is undesirable, that in no way would be beneficial for us – the kingdom of terror and Black Magic.

It is written that all of these unfolding aspects of the Prakriti are repeated within the Microcosmos-Man. What is fundamental are the Three Superior Aspects of the Prakriti and we must learn to work with them.

The Revolution of the Consciousness would be radically impossible without the special help of our own particular ADORABLE DIVINE MOTHER. **She is in herself our own BEING, the root, cause and origin of our Divine Spirit.** She is Isis, whose veil no mortal has lifted. In the flame of the serpent we call upon Her...

Many people read the literature of SIVANANDA. There is no doubt that this MAN was truly a GURU-DEVA who worked intensely for this suffering humanity. This GREAT YOGI, while being in a MAHA-SAMADHI (ECSTASY), joyfully disincarnated.

Samael Aun Weor met him in the parallel universe of the Fifth Dimension. His happiness was tremendous when he witnessed that Sivananda had built his Solar Bodies in the Flaming Forge of Vulcan and he verified that this MASTER, the GREAT YOGI, had already died within himself before physically dying. Sivananda worked intensely in the GREAT WORK of the FATHER. Thus, he is a GURU-DEVA in the most complete sense of the word.



Swami Sivananda standing beside a lake in what appears to be the Mani Posture.

Their meeting was very special; it took place inside a precious precinct where Samael Aun Weor was teaching. Suddenly the GREAT YOGI entered and, as if wanting to recriminate him, said: “You are vulgarizing the Doctrine.” It is obvious that he was referring to the spreading of the knowledge of the MAITHUNA (SEX-YOGA) among profane people.

Samael Aun Weor answered sincerely saying, “I am willing to answer all the questions that will be asked of me by anyone in this precinct.” However, the GURU-DEVA SIVANANDA preferred to sit in the sacred Buddhist posture, and thus submerged himself into Profound Meditation.

Samael Aun Weor felt the mind of this YOGI inside of his own innermost Self. Sivananda was diving, inquiring, exploring within his most intimate profundities. There is no doubt that Sivananda wanted to converse with the Real Being whose secret name is SAMAEL, and this he achieved.



Astonished, Samael Aun Weor could do nothing but exclaim: “Sivananda you are a true Samyasin of thought!” Filled with ecstasy, the GURU-DEVA stood up and hugged him. Sivananda now comprehended the revolutionary statement of the Gnostic Doctrine, and exclaimed, “Now I agree with you and I will tell the whole world to read your books.”

Afterwards, he added, “I know your Mother (referring to his particular Divine Mother), I saw Her very well dressed, She wears a white mantle which reaches to Her feet.”

Let us now practice with the IS Rune and let us meditate on the Divine Mother Kundalini... The very root of our own Sacred MONAD resides within that mysterious point, the Prakriti, Eternal Mother Space. She (in herself) is our own BEING, the root, cause and origin of our Divine Spirit.

The Revolution of the Consciousness would be impossible without the special help of our own particular adorable Divine Mother (who has 5 aspects).

Practice: Standing in a straight position, let us raise our arms in order to form a straight line with the whole body, and (after praying and asking our Divine Mother for help) we must sing the Mantram **ISIS**, as follows: **I.... sssss I.... sssss**. Prolong the sound of the two letters and divide the word in two syllables: “**IS-IS**”.

Afterwards, the student must lay down with their body relaxed and (filled with ecstasy) they must Concentrate & Meditate on the Divine Mother.

Gnostic Runology – The “IS” Rune (Supplement)

Huiracocha and the “Magical Self” According to A. Frank Glahn (1920)

In Glahn’s *German Tarot-Book [Deutschen Tarotbuche]*, in the section entitled “Magic”, he gives an interesting explanation. Let’s take a look:

The word ‘Magic’ refers to the Existence and the Effect of Forces [*Wirkung von Kräften*] which cannot be perceived by the five senses.

Since everything happens in Space and Time, Forces must be bound spatially and temporally, they are then in Things or are tied to them. Therefore, they are also subject to Natural-Laws [*Naturgesetzen*].

The Magician knows these Forces and knows how to use them consciously [*bewußt*].

Every Human-Being is unconsciously a Magician. However, the word ‘Magician’ is only applied to such Persons who direct Forces with Knowledge and Consciousness.

Strong Willpower is Magic, it radiates [*strahlt*] inadvertently and subdues Weakness-of-Will. A Woman’s Charm is also a magical Power, as is a Man’s Sexual-Force.

All Radiations [*Strahlungen*] are magical Forces [*magische Kräfte*], even the Smell of a Flower. Every Human-Being has a magical Force within themselves which is often unknown to them; it is called the magical Self [*das magische Ich*], and it can be made effective [*wirksam gemacht werden*] by the Knower.

There is Magic in every Sound, in every consciously transmitted Word. The persuasive Speaker magically captivates the Listeners. A Prayer transmitted with full Soul-Force [*voller Seelenkraft*] is a magical Force that has been put into Effect [*in Wirkung gesetzt worden ist*]. Likewise, a Curse “hurled” with Will and Consciousness is a Force set into Motion [*Bewegung*], which quite often flies back upon the Issuer like a Boomerang and they end up striking themselves.

All Soul-Forces are Components [*Bestandteile*] of the magical Self.

Now Natural-Forces outside of the Human-Being differ from those inside, and thus there is a need to differentiate the Magician of the Natural-Force from the Magician of their own Soul-Force.

The real Magician is the one who works with Soul-Forces, they use their own Person as a Deposit/Pledge [*Pfande*]. All magically applied [*wendeten*] Soul-Forces have an effect [*wirken*] which Returns-to-the-Mover [*Beweger zurück*]!

Every Human-Being is able to objectify the Soul-Forces, to split or branch them off [*abzuspalten*], these Split-Beings [*Spaltwesen*] are either Demons in black Magic, or Genii in white Magic. Their Existence can be demonstrated with the Pendulum.

In the German Tarot-Book [*Deutschen Tarotbuche*] such magical Forces are mentioned and their Training is taught in certain highly-spiritual Areas.

We know that in Huiracocha’s course on Tarot & Kabbalah, he references Glahn’s German Tarot. The concept of the ‘Magical BEING [*el SER Mágico*]’ employed by Huiracocha (in his Lesson on the *Is* Rune) seems to have been influenced by Glahn.

The above excerpt may shed some light on the following quotes from that Lesson in Huiracocha's Runic Course:

This Rune is the Human Magician, the Magical BEING [*el SER Mágico*], the willpower BEING [*el SER voluntad*], the *thelema* BEING, the capable BEING [*el SER poder*].

...The Human Being is, then, the Magician [*el Mago*], the one who knows how to manage their inner powers [*sus poderes internos*].

...The Human Being is a living rune, perched vertically on the Earth like a King/Queen and Lord. In this rune position, one is an accumulator and an antenna of the cosmic forces (as we have learned in the Zodiacal Course). The point is to do this Rune and to consciously personify it. This is how the Human Being becomes a True Magician. Do not forget that this antenna can attract good and bad waves in the same position, and you have to remain with complete Attention in order to always reject the bad ones and to learn how to only receive the good ones for ourselves and our fellow human beings.

In Vocalization (long course) we have learned that the vowels correspond to certain parts of the body and that "I" (which is the tone of this Rune) has to resound and has its resonance from the feet to the head. The Human Being, in this Rune, is the connection between the Earth and the Cosmos, between the terrestrial forces and God.

...Schopenhauer placed the Will in the center of all and, thus, this Rune also represents Willpower, but Willpower as a Movement, that is to say, of Moving without being Moved and in this lies the great secret.

The “Magical Self” According to Samael Aun Weor

In Samael Aun Weor's *Treatise of Occult Medicine and Practical Magic [Tratado de Medicina Oculta y Magia Practica]*, in the section entitled “Occult Works with our Neighbors”, we have another interesting explanation:

Occult works with our neighbor are performed:

- [1] with the genii from the stars,
- [2] with the elementals of nature
- [3] and with the “magical SELF”.

The magician's “magical SELF” is the INTIMUS [*el ÍNTIMO*].

For example: if we want to join an enamored couple in wedlock, then we must beg our INTIMUS so that He, in his turn, will beg URIEL. If URIEL allows this petition, then we will work with Uriel and with the elementals from Nature. Yet, if the petition to this Genie from Venus is not accepted, then we have no other choice but to prostrate ourselves before the verdict of the Law, because the Law must not be violated.

No white magician violates the Law. Whosoever performs magical works without permission of their INTIMUS and against the will of the Divine Hierarchies is a black magician who will pay their karma within the abyss.

While in meditation we can visit the Heart Temples of the Stars, because through meditation we can achieve being completely within the INTIMUS, that is to say, we can completely become the “magical SELF”. We can also visit the sidereal temples in our astral bodies.

A. Frank Glahn and the Purpose of Magic

Below we will continue to paraphrase from Glahn's *German Tarot-Book* (1920), in order to share his perspective on Occultism:

Let's divide the existing unintentional Natural-Force into physical and psychic ones. The Westerners have aspired for the Mastery [*Beherr*] of the physical-ones, the Easterners (especially the highly-educated Peoples of South-Asia) have researched the psychic-ones and brought them into their Power [*Macht*].

However, Europe also has a Guild of Psychologists, but these Researchers-of-the-Soul [*Seelenforscher*] have, so far, only pronounced the word 'Fraud' with conviction when Soul-Forces (which they do not know) are actuated. European Scholars have always distinguished themselves in their Condemnation of everything Unknown to them...

The unintentional physical-forces or blind Natural-Forces are: Magnetism, Galvanism, Electricity and all Types-of-Radiation [*Strahlungsarten*]. Even physically provable Radiations are still explained by individual "Scholars" as Fraud.

Unintentional Soul-Forces, which the Magician can control, are (among others): Fear/Anxiety [*Furcht*], Shock/Fright [*Schreck*], Hate, Faith/Belief [*Glauben*], Love [*Liebe*], Despair/Frustration [*Verzweiflung*], Enthusiasm/Delight [*Begeisterung*].

We have mentioned only the States and Qualities [*Zustände und Eigenschaften*] known to everyone, whose Force is proverbial, but to repeat: every Quality is essential and has an Agent or acting Force [*wirkende Kraft*].

Scientific Occultism is engaged in the Investigation of these Qualities and their Agents, but the purposeful or consciously-aimed Training in order to Self-Master them is still far away.

No one will be able to understand mystical Forces who's Conceptions are not permeated with these super-scientific Realizations and Forces [*überwissenschaftlichen Erkenntnissen und Kräften*].

No one can train in higher Forces [*höheren Kräften*] who doubts their Existence, because no one can control Forces that are 'not there' for them.

The Mysteriousness of these Forces consists only in their Unfamiliarity; they are, nonetheless, accessible to everyone. The only one who cannot control them, is the one who is controlled by them!

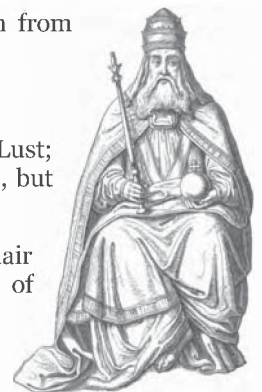
Either you are controlled by them or you control them, there is no Intermediate-State!

It is not the Domination [*Herrschaft*] that is difficult, but the Liberation from Controlled-Existence, from Being-Ruled [*Befreiung vom Beherrschtsein*].

Whosoever has made themselves free is already a Monarch [*Herrscher*].

The work must begin with the Demons, of which I name the most powerful: Lust; Hatred; Revenge; and all Passions! It is not about Abstaining [*Entsagung*], but establishing one's own Governance instead of Being-Ruled.

A sudden powerful Event can lift the heaviest Intoxication, can turn black hair gray, or can unleash supernatural Forces [*übernormale Kräfte*]: the Lord of Forces [*Herr der Kräfte*] can bring this about consciously at any time.



And isn't it true that what can control you must be intrinsic and possess Force [*Kräfte besitzen*]?

The Purpose of Magic is to transform [*wandeln*] the Imperfect into Perfection.

“You shall be perfect as Your Father in Heaven is perfect.” (Matthew 5:48)

A. Frank Glahn and the Magical Qualities of God

In the Qualities of a Thing, one is able to see the Characteristics of its Present-Being or Existence [*Vorhandensein*]. A Body, or a Force without Qualities is unthinkable, impossible; the same applies to Consciousness.

Movement [*Bewegung*] without a Moving-Thing [*Zubewegendes*] is also impossible. For this, a Drive/Activation [*Antrieb*] must inevitably take place, out of an Impulse [*Impuls*]. This is determined in the ancient Trinity: Substance, Force and Impulse.

The Foundation in every Thing is another Trinity: Body, Soul and Spirit:

- With the term Body is to be understood every Form.
- With the term Soul one should understand the Contents, that is to say: the conscious and unconscious Instinctive-Life [*Triebleben*], the World of Feelings, Desires and Passions, the Perceiving, Building-Up and Breaking-Down of the Form, the Imagining, Animating, etc.
- With the term Spirit is to be understood the Realization, the Ability-to-See-Things-Abstractly [*Abstraktionsfähigkeit*], to Judge, and the Consistency both as Ability [*Fähigkeit*], and as the real self [*eigentliche ich*].

Therefore, wherever we find this Trinity, it is already acting [*wirkt*].

In which Things is the Trinity to be recognized? We must concede that it is in Being, in Existence, and in a magical Force & its Effect [*magische Kraft und Wirkung*].

From this the conclusion is to be drawn, furthermore, that a God-as-Creator [*Gott-Schöpfer*] would not be provable, not recognizable, in short: it would be missing for us Humans who do not act and move [*wirkte und bewegte*].

The Omnipotence of God (at least as we understand it) manifests itself in Being and in Existence [*im Sein, im Dasein*], but not in Non-Existence.

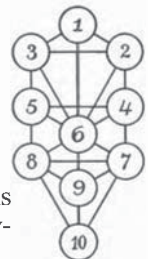
These realizations are absolutely necessary, because they enable us to see the Qualities of God as effective magical and creative Entities [*wirksame magische und schöpferische Wesenheiten*].

By way of comparison, we could say that there are Entities that have been Sliced or Split-Off from God [*Spaltungswesen Gottes*]. As such, these Slices or Spin-Offs [*Abspaltungen*] can also affect [*auswirken*] Humans, but with the qualitative Difference that exists between God-as-Creator and Human-Creature.

Such Divine-Entities [*Gottwesenheiten*] are seen in:

- the Sephiroth of the Kabbalah,
- in the “Names of God”
- and in the “Numbers”.

If I call upon the ‘Grace of God’, I am addressing an intrinsic divine Quality, and this aspect exists in the same way that no one will doubt the essential Existence of Motherly-Love.



The Opposite of Nothing is Something, and something can exist and act [**wirken**] only in Space and Time. As above — so below! Whether there is a World besides ours which allows another Being and Acting [**Sein und Wirken**], even a Being without Acting, we don't know.

So we are convinced that Force, Soul, and Spirit are not insubstantial, but intrinsic and inherent.

It is unimportant, whether we say that: Force, Soul, Spirit are Substances, or that they are Qualities bound to Substances, because in the end: it comes out for us in One = 1.

And since every Quality of ours can be traced back to one, then 1 is qualitatively the Sum of everything that Exists. From '1 = one' everything arises [**entspringt**].

1 = God-as-Creator.

The Soul = 2 can be good or bad like the Spirit = 3, thus both have qualitatively two Poles.

The 'good' pole is called Theology which is directed towards God, whereas the 'bad' Pole is called Demonology and is directed to the perverted Shadows. The Teaching of the Church calls the Entities of the good pole Angel, Archangel, etc., and those of the bad pole Satan, the Devil, etc.

A. Frank Glahn's Basis of Magical Training and the Word

Continuous Exercise with available Forces [**vorhandener Kräfte**] leads to Mastery [**Beherrschung**], leading us from our own Experiences to Experiential-Knowledge.

The Training of one's own soul and spiritual Forces [**seelischer und geistiger Kräfte**] leads to Magic. Conscious Practice requires comprehensive Knowledge [**genaue Kenntnisse**].

Influence, Sex appeal, Prophecy, Psychometry: everything is Magic. The conscious Magician is a Knower, an Artist [**Könnner**], a Master [**Beherrscher**] of their Forces; they are not a Medium.

"In the Beginning was the Word", i.e. the consciously emitted Will. This is also the Beginning of our Training: strict Thinking and Development [**Denken und Bildung**] as well as Emitting sharply grasped Concepts.

This Activity [**Tätigkeit**] leads to the Development of Rays-of-Force or Force-Radiation [**Kraftstrahlen**], and these can be directed to a certain Aim or held in Forms.

These Processes are demonstrable. The simplest Apparatus for this purpose is the Sidereal Pendulum and every Student should include it in their Exercises and Research. The Importance of its use arises from the Possibility of objectively examining one's own Performance as accurately as that of others.

No one reaches the desired Aim who does not set [**einstellt**] themselves up properly for it. Before starting, "the Slate must be wiped-clean", i.e. there is a determined Rejection of everything that has been Accepted, Learned and Believed so far.

If we are not touched by the Confession-of-Faith of foreign Churches (which obliges us to nothing), then we position ourselves in the same way against our own Church, to which we have been unwillingly delivered [**willenlos zugeführt**].

Every Scholasticism is renounced, no matter from which side it approaches us, whether Church, Science or Political Party. This is because it is almost always in a Struggle against higher-spiritual Realization, always Fighting the battle with material means of Power & Coercion instead of with spiritual Weapons. Moreover, the Thought-Processes of material Science are applicable only to their Subject-Areas, whereas our Training begins in the "Border-Areas" of so-called Parapsychology.

Instead of the Churches (in their colorful Multiplicity) we place the only Religion, and we begin with the Superstructure of all Churches: God as *Ur-Force* [*Urkraft*], God-as-Creator. Therefore we are interested in Service-of-God instead of Service-of-the-Church.

God's Temple is in us [*Gottes Tempel: in uns*]; the Kingdom of God is in our Bosom.

In the Beginning was Action [*Tat*]: this Wiping-Out, Putting-Away, this Oath to God is the first Action. Attainment of spiritual Liberation in God-Connectedness. Independence in Thinking, based on the Causal-Law [*Kausalgesetz*]: no Effect without Cause, no Cause without Effect.

Cold and sharp is the eastern Wind-of-Dawn, it clears the Air, it dispels the Clouds, and turns the transparent Heavens blue. Walk/Change [*wandle*] with this Wind, not against it!

A. Frank Glahn's Vocalization and Vowel-Exercises

Experiential-Knowledge comes from Experience: Every Word is formed Experiential-Knowledge and has Meaning. Every meaningful Thing (the Word is also a Thing) has Body, Soul and Spirit exactly like the Human-Being, its Originator. Consequently, it has Past, Present and a Future, and is spatially and temporally conditioned.

It lives in the Moment of its Spoken-Development and then passes-away. Passing-Away and Dying is not Cessation, nothing stops. Everything is subject to Dying and Becoming, to the Trinity of: Becoming – Ruling – Changing/Transforming [*Werden – Walten – Wandeln*].

Going up – Working – Going-Down: a constant Working. Like the Sun, which also does not stop when it sets or goes down.

This Day- and Night-Existence is valid for everything Existing; unchangeably every Thing disappears in the Nights, in order to rise out of the Darkness becoming radiant again to Rule anew in the Days.

No Word exists without Vowels, they need the Vowel-Sounds [*Selbstlauten*]. However, Word-Stems/Trunks are formed from the Consonants. Each Culture fills these with Vowels. Each Vowel has a certain Pitch, it Vibrates and effects [*wirkt*] the Area-of-the-Body it controls when it is Pronounced. Therefore, Vowel-Exercises can be used for Healing-Purposes [*Heilzwecken*].

Each Vowel is Connected with the Body in the following way:

- "i" with the Brain, the Brow
- "e" with the Throat and Larynx
- "a" with the Apex-of-the-Lungs
- "oa" with the Bosom/Chest
- "o" with the Heart
- "ö" with the Diaphragm, Liver, Stomach, Solar-Plexus
- "ü" with the Kidneys
- "u" with the Intestines
- "ui" with the Sexual-Organs.

Vocalize the Vowels and observe the Excitation of the indicated Bodily-Organs!

Raise the Index-Finger while Standing and let the Vowel "i" sound. At the same time, direct the Eyes to the Index-Finger so it will catch cosmic Radiations [*kosmische Strahlungen*] like an Antenna. The Finger becomes hot, and clearly noticeable are the Currents [*Ströme*] of cosmic Radiations that trickle through the Body to the Feet, and beneath the Soles-of-the-Feet begins to tingle.

Now form Λ = "a" with Thumb and Index-Finger, so the Current is conducted to the Lungs. Next, with both Fingers closed form the "o", so the Heart will come into Excitation. "A" and "O" are to be vocalized at the same time.

Consider the following correspondences:

- the Vowel-Sound "i" to the Index-Finger and the Brain as well as the Feet
- the Vowel-Sound "e" to the Little-Finger and the Larynx
- the Vowel-Sound "a" to the Middle-Finger and the Lungs
- the Vowel-Sound "o" to the Ring-Finger and the Heart
- the Vowel-Sound "u" to the Thumb and the Intestines as well as the Abdomen.

The Pitch of the individual Vowels-Sounds according to Notes:

Pronounced at-the-right length, each Note sounds almost like it is Sung [*gesungen*], like chanting or psalmoding. Everyone has their own Natural-Pitch which is correct independent of the Key.



A. Frank Glahn and the Esotericism of Letters

The Vowels are Life-Currents [*Lebensströme*] of a spiritual Type. They are to be regarded as divine Elemental-Forces or *Ur-Forces* [*göttliche Urkräfte*].

Consonants are earthly [*irdisch*], they are Stoppages, which indicate personal Experience. Consonants cannot sound without Vowels since the Consonants give them form: Vowels fill-in the Forms with divine Force [*göttlicher Kraft*].

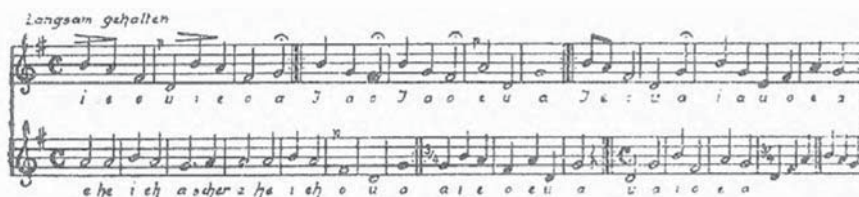
Words formed by Vowels and Consonants reach the Astral- or Intermediate-Realm, but not God *per se*. But do not forget: God-as-Creator works by Pronouncing the Word, this Word penetrates as Life-Current [*Lebensstrom*] into the Creature!

The Letters, therefore, are not Forms to be animated [*belebenden Formen*], but are Life itself, working in us!

With certain Words there is the possibility of falling-victim [*anheimzufallen*] to Astral-Beings or Demons, and ancient Magical-Incantations [*Zauberbeschwörungen*] provide Examples and Evidence for this. Therefore, the Vowel-Exercises are recommended because they Prevent this Possibility and because of their Ease.

The following Practices are to be taken with the Idea that the Currents of Life enter through the corresponding stretched out Fingers, according to the respective Vowels. They are led into the Feet and then rise over Toes, Ankle, Knee; then Abdomen, Viscera; then Heart, Lungs, Larynx; and, finally, into the Brain.

Very quickly the Vibration of these Organs in particular, and of the whole Body, is felt, then a wonderful harmonious Stimulation follows and lasts for a long time. Even when Walking, they will sound by themselves.



“IEOU IEOA IAO IAO EU A IEOUA IAUOEA
E HE I EH A SHER E HE I EH O U A AIE O EU A UAIOEA”

Do this Practice slowly, until each Note vibrates [*bebt*] from the Feet to the Head. Note the following:

- "I A O" is the three-letter name of God.
- "I E O U A" = Jehovah the five-letter one, which contains all 5 Vowels.
- When Moses asks God his Name, the response is "*Eheieh Asher Eheieh*", which means: "Who I was, who I am, who I will be".

Regarding the Consonants:

- "H" stands on the border as an Aspiration or Breath-Sound [*Hauchlaut*].
- Another Semi-vowel is the rolling "R", the hissing "S" and "Seh", the babbling "L".
- The murmuring "M" and walking "G" are still applicable in higher Purpose,
- All other Consonants have separating Character and are essentially material in Nature.

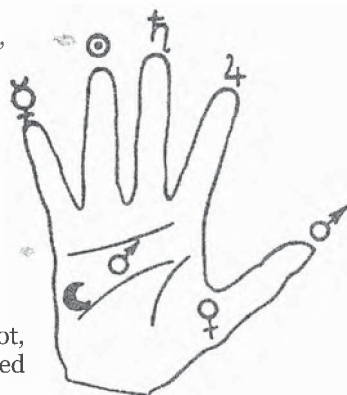
Consequently, we have 5 Vowels and 7 Consonants = 12 Letters which come to the Forefront for Meditations. Additionally, the Vowel-Compounds "ei" "ai" "ui" "oa", "ao" "au" "oe" "ue" are sharpening Combinations.

Returning to the Hand, I refer to the association of the Planets with the Fingers:

In the Clenched-Fist the following touch: ♀ with ☾. ♂ with ☿ and ☽, ♃ with ♀. Of these, ♂ ☽ ☿ and ☽ are considered bad.

However, these astrological Associations agree with my Experience:

- Little-Finger with Mercury, "E" and Larynx,
- Ring-Finger with Sun, "O" and Heart,
- Middle-Finger with Saturn, "A" and Lungs,
- Index-Finger with Jupiter, "I" and Brain,
- Thumb with ♂/♀ [Mars/Venus] "U", Belly and Abdomen.



Concentrate in order to bring the Letters up over the Arch-of-the-Foot, Climbing-Up over the Toes, Ankles, Knees and then up to the indicated Organs.

Vowel-Sound	Hand	Planet	Body
"i"	Index-Finger	Jupiter	the Brain, the Brow as well as the Feet
"e"	Little-Finger	Mercury	Throat and Larynx
"a"	Middle-Finger	Saturn	Lungs
"oa"			the Bosom/Chest
"o"	Ring-Finger	Sun	Heart
"ö"			the Diaphragm, Liver, Stomach, Solar-Plexus
"ü"			the Kidneys
"u"	Thumb	Mars	the Belly, Intestines as well as the Abdomen
"ui"			the Sexual-Organs

A. Frank Glahn and J.B. Kerning's Vocalization Techniques

Kerning¹ differs in some respects with regards to the correspondences. He distinguishes the following:

Lip-Letters: **B. M. R. W.** (This "R" corresponds to the "Brr" of the Wagon Wheel.)
 Lip and Teeth: **F. V.** (Different Lip-Movements!)
 Tongue and Teeth: **S. Sh. (or Sch.)**
 Tongue: **D. N. R. L.**
 Palate: **G. Eng. R. Ch.** ('Eng' refers to the 'ng' sound in 'Angle')

The Letters-Exercises [*Buchstaben-Übungen*] underlie the three Degrees-of-Freemasonry.

For Apprentices 3X3:

i	e	ae
ui	oe	ao
u	o	a

For Companions 4X4:

b	m	r	w
F	v	s	sch
d	n	r	l
g	eng	r	ch

For Masters 5X5:

i	m	w	sch	on
B	e	s	an	l
r	v	o	n	r
f	on	n	u	ch
ui	d	g	eng	a

But it is to be noted that this Teaching is quite unknown in the Masonic-Lodges.

Kerning now teaches further:

- 1) One stretches the Index-Finger Upwards and inhales the "I" sound until one sees and feels the Letter "I". (One feels it as a hot Current from the Head to under the Soles-of-the-Feet).
- 2) Form with Thumb and Index-Finger the Angle-Measure or Square [*Winkelmaß*] until the Letter "A" is seen and felt.
- 3) If "I" and "A" can now be clearly perceived and inwardly felt, then place them on the Neck to communicate them to the whole Body. (In the case of the Freemasons, the Hand is quickly withdrawn in the process, but this Exercise is very disadvantageous in the case of strong Concentration, as everyone will feel!)
- 4) Once this is secured and practiced, one forms an Arc/Bow [*Bogen*] with Thumb and Index-Finger. In this Sign the "O" is clearly felt. The modification of the Fingers can also include them being bent, but they must not be closed into a Fist. The "O"-Arc/Bow [*O-Bogen*] is resolved in the "A"-Angle-Measure or Square [*A-Winkelmaß*], like "I" in "A" before. This is then called "OA".
- 5) This "OA" is placed on the Belly [*Leib*] with the Hand slightly bent to make the O palpable, in order to spread it over and through the whole Body. (The Free-Masons instead position the Thumb on the Belly, which agrees with my Experience that the Thumb relates to the Letter "U", which has its Organs in the Belly).

¹ This seems to be referring to Johann Baptist Krebs aka Johann Baptist Kerning and JM Gneiding (1774-1851). He was a German opera singer and director, freemason and esoteric writer.

According to Scholars: Krebs developed a consonant-vowel-based mystical practice, later characterized (by Theosophy-inspired esotericists) as yogic. His practices were published by his student and successor Karl Kolb in "The Rebirth, the Inner True Life" (also called "The Letter Book"). These exercises focused on working the vowels from the feet up, and consonants from the head down, as well as on the concentrated thinking & feeling of sounds.

With this Exercise the Key to the Temple is acquired [*gewonnen*], which is with the Basic-Word IAO, in all Mysteries the Root of the Word of God, powerful, and can (if one is Serious) come to Wisdom, safely walking Step-by-Step to their Sanctuary [*Heiligtum*].

- 6) The "E" becomes noticeable [*deutlich*], if the Joint of the Thumb is put over the foremost Joint of the Index-Finger, forming a Cross. Others feel it as two Strokes [*Striche*] side-by-side, as well as a pointed Obelisk, or as the Staff-of-Mercury [*Merkurstab*] among the Greeks.
- 7) The "AE", approaching the "A", is felt in a pointed \sphericalangle . It can be formed with the Thumb and Index-Finger. The modification of the Fingers gives this Form by themselves when they are separated from each other.
- 8) "U" expresses itself through the Hand clenched into a Fist. (I don't find this to be true, because the Fist means Switching-Off of the Life-Currents, it is the Sign for Closure, Stubbornness, Attack, Fight!)
- 9) "UI" is seen and felt as a thick Stroke. The Thumb is the natural "UI".

All these Forms can be put into effect not only by Fingers and Gestures, but also through external Means, Stick/Staff [*Stäbe*], cut/carved Forms [*geschnittene Formen*], through Strokes/Lines, Effective Drawings [*Zeichnung in Wirksamkeit*].

The usual Inhalation of the Breath [*Einziehen des Atems*] is through the Nose or Mouth, but this is the opposite through Organs that we cover (the Private-Parts).

Through Practice, one gains other Poles [*Gegensätze*]: through the Nose and Navel, Nose and Cheeks or 'Heart-Dimples [*Herzgrübchen*]', or through the Clavicular Indentations or 'Dimples on the Neck' [*Grübchen am Halse*].

Later, one gains the Skill to breathe against the Nose through the Toes, heels, ankles, knees, thighs, hips, back, kidneys, lungs, liver, from the back of the neck, and finally through the brain with discrimination of all its Organs. (This does not mean the physical Breath, but the mystical one, like the Life-Currents).

Not only all Vowels, but also all Consonants can be breathed-in [*einatmen*]. It works safer if Consonants are placed next to the Vowels to be practiced, because their Strike/Swing or Pulling-Force [*Schlag oder Ziehkraft*] makes the Feeling clearer.

That's all for Kerning's Plan.

A. Frank Glahn, Language and the Different Types of Humans

It is now necessary to grasp and understand each individual Word completely, according to the three Elements. This gives a most captivating and instructive continued Exercise.

Take a Word every Day, examine it according to the Elements and the Types-of-Application, all Relations and Variations. Begin with the Simpler-Types of Language, so much-used Words like: being, is, self, you, above, below, etc.

Soon we will come to the Exercises-of-Animation [*Belebungsübungen*], where a Number of Words will be given, which are intended for these Thinking-Exercises [*Denkübungen*].

The Purpose is to understand the Meaning of each Word, the magically charged Speech will arise from it by itself.

The spiritual Benefits [**Nutzen**] of this Exercise are tremendous! The Manner-of-Speaking becomes accurate, effective, concise and yet exhaustive.

The Simple-Minded person speaks simple-mindedly, they are wordy, they embarrassingly search for a suitable Expression and often do not find it.

The Versatile person becomes a Language-Shaper [**Sprachbildner**]. With him every Word works like a Diamond in the atoning Color-Sparkle [**büßenden Farbfunkeln**], he recognizes the inner Relations to the Basic-Plan of Creation.

Every Human-Being belongs to one of the following Groups according to their Disposition:

- Human-of-Action [**Tatmensch**]
- Human-of-Feeling/Emotion [**Gefühlsmensch**]
- Human-of-Intellect/Mind [**Verstandesmensch**].

According to their Group, they primarily feel their Essence-Side [**Wesensseite**] resounding in every Word:

- The Human-of-Action [**Tatmensch**] speaks with Force and Energy [**Kraft und Energie**] in their Speech;
- the Human-of-Feeling/Emotion [**Gefühlsmensch**] feels the Soul in the Word and creates by painting Expressions of living Instinctive-Values [**lebender Triebwerte**];
- the Human-of-Intellect/Mind [**Verstandesmensch**] fathoms, arranges, explains, and makes comprehensible.

Therefore, each Group uses the same Word differently. Their Disposition is to be recognized from the Language.

However, the Expression in pure Form is somewhat rare, mostly we meet Mixed-Forms, which are composed of:

- 2/3 Human-of-Action, and 1/3 Man-of-Intellect/Mind or Man-of-Feeling/Emotion.
- 2/3 of a Human-of-Intellect/Mind and 1/3 of a Man-of-Action or Man-of-Feeling/Emotion.
- 2/3 Human-of-Feeling/Emotion and 1/3 Man-of-Action or Man-of-Intellect/Mind.
- Finally, the Mishmash, 1/3 of each Kind.

Now further examine each Writer or Speaker on the Basis of their Language and determine their Type. Of course, first of all one's own Disposition must be recognized, then it can be easily judged with which Type modification is necessary for inner Harmony to be possessed.

Humans-of-Feeling/Emotion are never suitable for leadership or high-ranking Posts [**leitenden Posten**], they can never operate Magic [**Magie betreiben**], because Magic is directed toward Action-Work [**auf Tatwirken gerichtet ist**].

Each Type has its own Fate/Destiny [**Schicksal**] and corresponding Post that can only be filled by them.

Knowledge-of-Type is Knowledge-of-Humans, without which it is impossible to Work actively in human Society.

Gnostic Runology – The “AR” Rune (Historically)

The “Ar” or A-Rune According to Friedrich Fischbach (1900)



Fischbach does not give an explanation for this Rune, but puts the *Jer, Jar, Jahr* Rune in its place (which we will study as the 19th Rune).

The “Ar” Rune According to Guido Von List (1907)

Ar, Sun [*Sonne*], *Urfyrr*, Aryan [*Arier*], Eagle [*Adler*], and so on.

I use the Tenth, when through the Air
Haunting Horseriding-Women fly:
When I start the Magic, they will begin to ride confused
In their Shaping and in their Striving.

ar=Rune A

The “Ar”, the “*Urfyrr*” (*Ur-Fire*, God), the “Sun”, the “Light”, destroys both the spiritual as well as the physical Darkness, Doubt, and Uncertainty.

The Aryans (the Sons-of-the-Sun [*Sonnensöhne*]) founded their *Rita* (the *Ur-Law*) in the Character of the Ar A, whose Hieroglyph is the “*Aar*” (Eagle). This is because the Eagle sacrifices itself, to itself, by consecrating itself in the *Urfyrr* to Immolation or Death-by-Fire [*Flammentode*], in order to be reborn [*wiedergeboren*]...



That is why the Eagle was called the “*Fanisk*” and later “Phoenix”, and why – as a emblematic Hieroglyph – an Eagle flew up from the Funeral Pyre of a celebrated person, to indicate that the Deceased (rejuvenating themselves in Death) was preparing themselves for Rebirth, in order to strive for an even more glorious future Life, despite all the Repression by the Dark-Ones, which forcelessly collapses before the “Ar”.

Therefore: “Respect/Heed/Watch [*Achte*] the *Urfyrr*!”

NOTE: We present List’s information here for historical purposes. However, let us remember that every person on this planet from our present Root Race is considered Aryan, according to the Theosophical, Anthroposophic and Gnostic understanding (not just one group or color, etc).

The “Ar” Rune According to E.T. Kurtzahn (1924)

Exoterically: Beauty [*Schönheit*].

Esoterically: Completion/Perfection [*Vollendung*].

Generally: Aryan, *Aar* (Eagle).

While in the feminine *Ka*-Rune ƚ the Triangle formed by the Trunk and Arm Points downward (thus indicating the earthly Life with all its Imperfections and its almost constant torment arising from the Descent into Matter/Substance), here in the *Ar*-Rune the tip of the Triangle Points upward again.

This indicates the completed/perfected [*vollendete*] Human Being (or 'Aryan'), who will one day rise like a Phoenix from the Ashes of Matter/Material.



When this occurs, the perfected Human Being [or Solar-Human] will be able to soar like an **Aar** (a Royal-Eagle) up to their original eternal Home-of-Light which was left in **Ur-Times**... perhaps because of a longing for individuation and these conditioned experiences...

Nevertheless: the term 'Aryan' means nothing other than 'Children- or Sons-of-the-Sun [**Sonnensöhne**]' and the **Ar-Rune** † is therefore also assigned to the Sun, which (for the Earth as well as for the other Planets) readily embodies the **Ur-Fire**.

The magical Authority of this Light-Rune disintegrates any Haunting [**Spuk**], even by just thinking about it.

The “Ar, Or, Er, Ra” Rune According to R.J. Gorsleben (1930)

Letter A and Number 10.

Ar Rune or **Aar**, Eagle, the royal bird, which broods in the heights and strives upward towards the Sun, the Aryan, the eagle and the solemn image of the sons of the Sun.

Dr. Friedrich Teltscher's **Ur-word** is **Wandlung** meaning “Transmutation” as well as Transformation, Change, Alteration; Transubstantiation.

A tenth one I find, when female magicians
fly high in the air
I cause it that they are confused and stop
all violence and destructive intent.



Ar is the Sun Rune: **Ar-Aar** = eagle, **Ar-yan**, nobleman, **Arr** = master, **H-ar** = the high one, **Har-istos** = the highest one. **Or, Ar** in many languages is still Sun and/or gold, even in Hebrew it is still: “[יהי אור] **Jehi-Or!** = there is Light (Sun), **Ar!**”

Ar is the **Ar-Ur**-fire of the Sun, and since all God worship (since ancient times) was worship of the light, of the Sun, in the name of the **Arr**, the **Har**, “**Harr**” or “**Herrn**” (the Lord). This is where the **Herd** or **Hearth** (kitchen stove) comes from. The kitchen stove was the **al-tar**, the light creator and therefore also became the sanctuary of the giver of the creation of light, of the **Gibor**-altar (consider the rock of Gibraltar, which means **Gibr** = ‘rock’, **al** = ‘of the’, **tar** = ‘bird’).

The **Ar**-man, the **Arman** is the sun-Priest. In the shadow image of this Rune we could see the side of the **Ar-Ganger**, Ar-Walker striding to the right, towards the **Rechts** (Right/Law) of the Sun, who follows the Solar circle (**arc** = arch). He wanders, walks, strides symbolically his Destiny, the skillful **Sal** (**Sal** = the Skillful salvation of Man), who comes from the Father-House, and returns to God, returning again to the Father-House.

Thus every Man who returns again to his origin, coming from the **Aar**, from the Sun, and going to the Earth, is an **Ar**-man, a Sun-and-Earth-Man, a Light-Bearer, like the Sun itself, which goes from Rising, to Radiating, to Setting, in perpetual Cycles.

Circling the globe I am following the rising Sun. Thus, my path to the Light is eternal like the Sun! From the Sun and the **Ar**-men who follow its orbit (i.e., the **Armanen**, the **Hermanen**, the **Irmine**), the human being receives the law of the times and with this is the first and only law there is. The world is a place of eternal change and of a will that works according to a plan and timing.

The **Ar**-Rune is the **Aar** (the Eagle) that flies in circles, as well as the Sun above the stones of the Earth that are arranged in circles (like Stonehenge). And the priest who wanders in the circle following the **Ar** (or yearly orbit of the Sun) is the **Armane**, the mirror image of the orbiting universe.

The cosmic man (who has the name of Adam Kadmon) had also received the name of *Jahr-man* from our ancestors, the *Ir-mann*, the *Hir-mann*, the *Ar-man*.

Here, too, belongs the *Hir-mon*, Hiram, the builder of the world in the Masonic tradition. But from the *Har-man*, the “high man” evolves with the “*Ar-many*”, the ‘harmony’ of the world, which sounds in the music of the spheres... The *Ar-man* is, thus, also the one who plays the *Ar-fa*, the *Harfe* or Harp, the harp of the world.

If *Aar* is the Sun and light, then the turning away from the Sun means darkness and shadow. The Rune calls upon us to: “Pay attention to the Primordial-Law [*Urgesetz*], the Primordial-Fire, and do not let yourself be pulled away and turned away from the Light-Teachings and the Light-Knowledge [*Lichtlehre und Lichtenkenntnis*], otherwise you will irreversibly go into the darkness of all spiritual and physical baseness [*Nieder-tracht-ig-keit*].”

The words, sentences and images of the traditional Christian and non-Christian dogmas contain (when correctly read and interpreted) the same *Ur-wisdom* (in a symbolic language) which was kept away from humankind for a long time because of baseness and ignorance.

The “Ar” Rune According to S.A. Kummer (1932-1933)

 (A) The A-Rune, *Ar*, *Aar*, Eagle, Sun-Eagle [*Sonnenaar*], Eagle-Man [*Adlermann*], Elder, Aryan, *Arman*, the Son-of-the-Sun [*Sonnensohn*]. *Arr* = Lord [*Herr*], *Aar*-Fire, *Harman* the high Man, the Sun-Man [or Solar Human Being], Harmony. – Numeric-Value 10.


Aar-Fire = the *Ur*-Fire, the Sun-of-God [*Gottsonne*]. Harmony = *Ar*-mony. *Ar* = Field/Farmland [*Acker*], the Farmer, the One who Plows and the Caretaker/Caregiver of the divine Land & Soil. *Ar*, Aryan, the Lord of the Earth; *Ar* the Measurement-of-Land (Acre) or Measurement-of-Earth.

The *Ar*-Rune signifies streaming Solar-Force, Sun-Light [*strömende Sonnenkraft, Sonnenlicht*]. It is the Rune of Initiates and of Guides/Leaders who banish all Violence.

Ar = *Arahari*, the spiritual Sun, the Cosmos, the Son/Child. *Ari*, *Arimann*, *Aryaman*, the Sun-Man or Sun-Woman.

Aar, the High-Flying Eagle. The Eagle is still, today, the Heraldic-Animal of the Sons-of-the-Sun, who regain their strength through the *Ur*-Fire and become victorious, reborn, true Aryans [that is: Solar-Humans].

Ar is the Rune of the Light which resolves all Uncertainty and Doubt; it embodies the *Ar-Ur*-Fire. *Ar*, the Light- and Sun-Rune that banishes all Haunting and magical Violence.

The Demonic of the *Ar*-Rune  is the Non-*Ar*, the Fool [*Narr*]. Non-*Ar*-ness is Non-Truth, Folly. The Bad/Terrible [*Arge*], the Dark [*Dunkel*]. The creeping opponents of Light-Wisdom.

The *Ar*-Rune is also the Rune of the Healer, the Curer, the Doctor [*Arztes*].

Motto: "Aryan [or Children of the Sun], attend to the *Ar-Ur*-Fire!"

Full Body Rune Exercise(s):

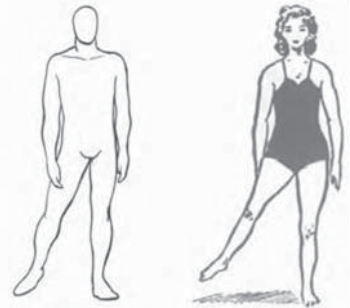
The following Rune-Position especially intensifies the Practitioner's Force [*Kraft*] to defeat & to banish low-sensual Influences [*niedrig-sinnliche Einflüsse*] and demonic black-magical Powers.

The Student takes the **Is**-Rune-Position, Facing North. After the Breathing-Exercises follow Meditations which are directed against bad/ill/evil Influences [**schlechte Einflüsse**].

One then stretches the right Leg sideways. Seen from the north, the following position results: **1**. One sings "a-a-a-r" and now physically represents the **Ar**-Rune **1**.

Only with several Repetitions of this Rune-Position is the Depth of this Rune and its streaming Solar-Force [**strömende Sonnenkraft**] revealed to the Practitioner.

The **Ar**-Fire will penetrate into the Practitioner more and more. One will grow into the true '[Child- or] Son-of-the-Sun [**Sonnensohn**]', the Aryan [or Solar Human Being].



This Rune-Position also has a special Secret, and this Door will open up to the pure Practitioner.

Additionally, the **Ar**-Rune-Position has the following phonetic formulas: "a-a-a-r-a", "a-a, e-a, i-a, o-a, u-[a]"

Hand Rune Exercise ('Mudras' or "Rune-Grips"):

The Rune Practitioner should take up the **Ich**-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must be observed with all the Rune-Grips. Figure 10 shows the **Ar**-Rune-Grip which is executed right-handed and with the thumb bent as far as down as possible.



Here, when singing the "A-a-a-a" sound especially electrical Subtle-Forces [**besonders elektrische Feinkräfte**] are accumulated in the hand, causing the Practitioner to feel a subtle Tingling and a slight Stinging/Prickling in the thumb, the Base-of-the-Thumb, and the Middle-of-the-Hand; the outstretched Fingers begin to vibrate slightly.

Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the **Ich**-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [**Feinkräfte**] can be reached in the Hand-Centers.

Thoughts or inner Meditations are directed towards Absorbing **Ar**-Fire and Solar-Force [**Ar-Feuers und der Sonnenkräfte**].

This Grip has a particularly rejuvenating and strengthening effect on the Life-Force [**Lebenskraft**].

When it is Circulated in the Body by conscious-willpower [**willensbewußt**], a strong effect is produced on the solar plexus.

The astral color is silver-grey to light/bright grey-green.

Gnostic Runology – The “AR” Rune and its Practice

The “Ar” Rune According to Huiracocha

In the Nordic Kabbalah, the AR Rune signifies change and its planetary correspondence is with the Moon. Yet, the “A” Rune is the principle of the Solar Force that dwells in us... AR, in the primitive language, signifies SUN and in that same language this Rune was called ARA which is the other name by which it is known. **ARA signifies ALTAR and specifically refers to an Altar Stone.** Upon this Altar sacrifices are offered, it is a small stone that rests directly on the Altar itself where the Chalice is deposited.




In Archaic Languages and in ancient writing, these same prefixes AR and ARA are noticed in many words. Remember that Jesus (the Representative of the Light) spoke the ARAMAIC language. The mountain where the Noah’s Ark rested was the ARARAT. AAR is the original word for Fire or, even better, the Central Fire. The ARAHARI of the Hindus is the name of the Spiritual Sun. Among the Persians and their ancestors: ARTA was Truth as well as Order, while ATAR was the Holy Fire.

The word HARMONY comes from the same ancient ARA. From the Greek ARI, we remember ARISTOTLE, and ARISTOPHANES. Let us also draw attention to the AR-GONAUTS who, according to the Greek legend, went on board the ARGO in search of the Golden Fleece which, without a doubt, gave rise to the Order of the Golden Fleece that was instituted by the Rose Cross.



It is also curious that the year in German is called *Jahr, Jarr or Jar*. “J” is the Being and “AR” is the Sun. Thus the SOLAR BEING is represented by the year. The ADAM-KADMON, the universal Man (in the primitive Language, the *JAR-MAN*) or Man of the Universal Sun HIRAN, the HIRAM of the Masons, the Builder of the Temple of Solomon, who was called HARAM in the Ancient Texts.



The numeric value of AR is 10 or the  symbol of the Man-God. All these indications should preoccupy the Neophyte and one should therefore think about the value of this Rune which is the primitive symbol of the BEING OF THE LIGHT within us.

The disciples should pronounce the mantram “**A.....RI.....O.....**” in order to prepare themselves for the ascension of the SUN with the SIG RUNE... Since “AR” is the Sun, “ARIO” is the Child of the Sun. We have already learned that, in the ancient primitive language, the symbols have the forces within them and that by learning to manage the Runes we arrive at the Source of the Light, at Initiation and so, next, we pass on to the SIG Rune (the Rune of Victory).



The inverse of the AR Rune  is the KAUN Rune . The KAUN Rune is associated with the planet Venus and it’s kabalistic value is 6. KAUN is also associated with SEX & PROCREATION in the material sense. But, in synthesis, Huiracocha gives the words “Temptation” and “Sustain” for this Rune, and notes that among the Hindus KAMA (a similar word) signifies Desires and symbolizes the SEXUAL UNION.

In his synthesis of the AR Rune, Huiracocha gives the words “Change of Fortune” and “Change”. Thus, if we understand the AR Rune as the Fire or Central Fire, the Sun, the Solar Force, the Being of the Light, and that Christ (the Anointed One) is the ‘Man of the Sun’, the *Ar-Man*, and since the AR Rune is related to the *Ara* or Altar (the stone upon which sacrifices are made), then we can see that the reversing or ‘changing’ of KAUN into AR is to use the Cubic Stone of Yesod in order to sacrifice our Defects, Desires (Egos or “I’s”) and to incarnate the Light within ourselves.

The “Ar” Rune According to Samael Aun Weor

The AR Rune represents God within man, the divine forces acting within the human being and the sacred Altar Stone or *Ara* of life. One day, while meditating, Samael Aun Weor abandoned his dense form and, filled with an indescribable spiritual voluptuousness and impelled by the mysterious force of longing, he arrived before the doors of a temple. The door of the Sanctuary was sealed with a Great STONE which was blocking the way to the profane people. Oh heart, do not delay before the things of mystery! “Open Sesame!” was his exclamation and the STONE opened in order for him to enter. So then, when some intruders tried to do the same, he had to grasp his flaming sword and cry with all the forces of his soul, “Get ye hence profane and profaners!”

Samael Aun Weor had penetrated into the Great Temple of this Milky Way, the Central Sanctuary of this gigantic Galaxy, the Transcended Church, where the terror of Love and Law reigns... Only the Sidereal Gods can prostrate before the Sacred ALTAR Stone [*el ARA sagrada*] of that terribly divine temple. Joyfully, he advanced towards the place of prostrations and adorations. In all the blessed places of the temple there were a multitude of humble and simple persons who were coming and going, and who resembled submissive and obedient peasants.

They were the Bodhisattvas of the Gods, MEN in the most complete sense of the word, creatures who enjoy Objective Knowledge, who are 100% Self-Conscious. Certainly, nothing that could be called ‘I’, ‘Me’, ‘Myself’, existed within these human creatures, these Men were completely dead. Samael Aun Weor did not see within them the desire of standing out, of ascending, of climbing until the top of the ladder and wanting to boast of themselves. These creatures had no interest in their existence, they only wanted absolute death, to lose themselves within their BEING, that is all.

How happy he felt while advancing through the center of the temple towards the Sacred ALTAR Stone! However, he confesses that he was marching arrogantly, energetically with a triumphant step. Suddenly, one of those ‘humble peasants’ was walking, but blocking his way and for a moment he tried to keep walking ahead arrogantly, but: Oh God! An Intuitional lightning bolt fulminated him to death... He then vividly remembered that in the past he had committed the same error while in the presence of this humble peasant.

That past error was clearly still present within his mind. With horror, terror and fear, he remembered the dreadful instant in which he had been cast out of the temple with frightening words uttered from the SACRED ALTAR, amidst lightning and thunder. The whole event of the past revived within his mind in a thousandth of a second. Then he repented, stopping his arrogant and proud march. Feeling remorseful in his heart, with modesty and submission, he prostrated himself before this peasant. He kissed the man's feet while addressing him. His joy was immense when that AUTHENTIC MAN blessed him. Samael Aun Weor felt as if he had been forgiven and joyfully continued towards the SACRED ALTAR. Afterwards, he returned to his physical body. Many years past and yet he never could forget that temple sealed with the Sacred Stone.

PETER, disciple of JESUS the CHRIST, is the marvelous interpreter who is authorized to lift the STONE which seals the Sanctuary of the great Mysteries. The original name of Peter is PATAR with its three radical consonants: P.T.R. The ‘P’ reminds us of *Pater, Fater, Vater*, our Father who is in secret. The ‘T’ is the *Tau*, the Cross, the Divine Hermaphrodite, the sexual connection. The ‘R’ is fundamental in the Fire, it is the Egyptian RA and is also radical in the powerful Mantram INRI.


The FIRE is found latent within the STONE and the ancient people made the spark jump from within the living bosom of the hard flint. The CHALICE of the Christified mind has as its base the LIVING STONE, the SACRED ALTAR. The Mantram **ARIO** prepares the Gnostics for the advent of the SACRED FIRE.

PRACTICE: This Mantram must be chanted every morning, dividing it into three syllables: **A... RI... O...** prolonging the sound of each letter. It is advisable to work with this practice for ten minutes daily.



Gnostic Runology – The “SIG” Rune (Historically)

The “Sol, Sal, Sul, Sig, Sigi” Rune According to Guido Von List

 *Sol, sal, sul, sig, sigi* = Sun [*Sonne*], Salvation/Health [*Heil*], Victory [*Sieg*], Column/Pillar [*Säule*], School [*Schule*], Aim/Goal [*Ziel*], and so on.



An eleventh still I also know in the fight,
when I lead the dear one:
I sing it into the shield and he is victorious in battle,
he fares hale hither and hale home again, he remains hale everywhere.

“*Sal* and *Sig!*” – Salvation and Victory [*Heil und Sieg*]. This millenia old Aryan greeting and battle-cry is also again found in a variant form in the widespread call of inspiration: *alaf sal fena!* (All solar salvation to whosoever is conscious of power, that is, the one who is able to reproduce!) This has become symbolized by the 11th sign of the *futharkh* alphabet as the *Sig* rune (the Rune of Victory): “The creative spirit must conquer!”

NOTE: We present List’s information here for historical purposes. However, let us remember that every person on this planet is considered Aryan, according to the Theosophical and Gnostic understanding (not just one group).

The “Sol, Sal, Sul, Sig” Rune According to R.J. Gorsleben

Letter S and Number 11.

The *Sal, Sol, Sig* Rune is the Zig-zag, the Lightning and the Sunray that in an Instant [*bil*] suddenly descends.

The Rune means Victory [*Sieg*], victorious, soul, blessed, column, school, seal, sigil, Sun, *solum* (from Latin meaning “the All-One”), goal [*Ziel*], Ziu, Zeus, *Sal*-ute, Salman, lightning, “*Sal und Sieg*” – which is a very ancient battle call and salute.

If *Sol* is the Sun, then *Scholle* is Earth; above and below: *Sol* and *sole*.

Its *Ur*-word is *Wille* meaning “Will/Willpower”.

This I know as eleventh, if into battle
I lead the friend, the beloved
I sing it into the shield so that he wins in battle
And well-being is all around him.



Sal is the Rune of victory, the incendiary spark of victorious thoughts, the twitching lightning bolt out of black clouds, the flooding light of the Ether, which is in need of rich imagination or imagery, and one could recognize in this Rune a man with the victoriously elevated right hand. The Latin *salus* (meaning “Hail”) is a composite of the ancient call of victory “*sal + sig*”. We see this Rune of victory and of well-being on weaponry. *Salve* = *sal-fe* or *sal-fa* = “create well-being/healing”!

Each victory over oneself and others is an increase, an occasion that makes us happy, it is *sal* (“well being”), proven superiority and tested strength. But in the use of the acquired might and the exploitation of the victory there is the distinction between human and sub-human.

In victory, the sub-human will never have that warm glow for the defeated in their eyes, and with which the human is capable of reconciling when they stretch out their hand to the opponent.

The true human being, the child of God, is never more benevolent, never more Divine and never more irresistible than in victory. “**Sal and Sieg!**”, he calls out, “Salvation and Victory” achieved, thus says the **salige**, the blessed **Sal**-man (the man of salvation, Solomon).

He continues: “I wish you, who was defeated, that you too should be well and that you remain so, because of that I am happy about this victory, this is thanks to you, I can only experience this because of you, over whom I was given to be victorious.”

There is no victory that would not make us brighter and more ‘well/healthy’ up to this point. This alone is why we want to be victorious, and therefore we are happy! “**Alaf sal fena!** All hail to the healthy/well-born ones!”

This Rune has a rushing, hissing, foaming, sounding characteristic as well as that of lightening: a radiating out, sending out, going from one place to another. Spiritual relations to the **Sal**-Rune are also contained in the German words **Seele** (Soul), **Selbst** (Self), **sehen** (to see), **sühnen** (to atone), **ver-söhnen** (to make up), **Sal-man** (Solomon), **Sa-mane**, **Schamane** (Shaman), **Skalde** (Poet).

The “Sig, Sal, Sol” Rune According to Kummer & Other German Authors



(S) The **S**- or **Sig**-Rune, is the **Sig, Sal, Sol**, the Rune of the Sun’s power, of light, of lightening, of Salvation and of Victory.

Sig is said to bring ‘sunny Salvation’ [**sonniges Heil**]. It is the rune of the Sun and of the Light, thus: the solar light or sunlight; and its practice is associated with the solar plexus.

The **Sig**-rune expresses the “Darting, Hissing, Frothing [**Sausende, Zischende, Schäumende**]”, as well as the “Radiant and Shining, Luminous [**Strahlende und Glänzende, Lichthafte**]”.

It is the rune of the celestial serpent of summer time, the heaven-fire, lightning, the heavenly serpent that comes down from the thunderstorms of summer time onto the earth and which brings the heavenly fire and rain.

“**Sal und Sieg**” (“Salvation and Victory”), the Light, the ‘holy light of the land’ (called “**sulu sigi**”); lightning, the lightning bolt.

“Victory means strength for humanity and for God,
therefore, learn to bow to the All-father’s might.
Not giving heed to the abuses and ridicule of others,
so that you may rise to the light, from every day to every night.” (from Kummer)

Salvation is achieved through the overcoming of matter. Through victory over oneself, one gets closer to the All-father. One thereby becomes blessed, victorious and receives the might & power of the spiritual sun.

This rune gives victory over the lower Self [**das niedere Ich**] (over the Ego); and is also understood as a colander/sieve [**sieb**], that is: a strainer or filter to separate liquids & solids (separating things which have been previously mixed together).

Esoterically, the Symbol-Significance [**Sinnzeichen**] of this rune is that of the Soul [**Seele**] and, since it also corresponds to Salvation and Light, we can understand that it can provide us with Illumination (Knowledge, Insight, and Enlightenment) and is related to: “Clarification, Resolution, Liberation, Life”.

Thus, **Sig** helps to overcome the Material [*Materielle überwinden*] and to increase the Might/Power of the Spirit [*Macht des Geistes*].

“The Life of the Soul with God,
the Falling Away into the material World [*materielle Welt*]
and the Reunification [*Wiedervereinigung*] with God
after Overcoming Matter [*Überwindung der Materie*].” (from Kurtzahn)

The **Sig**-rune is the rune of the Fighter/Warrior and of the Victor. It provides Victory and Success in an honest Fight/Battle [*im ehrlichen Kampf*]. It subdues the enemy; making them cowardly, weak and powerless. Our ancestors carved it into their weapons.

In the saga period it was customary that one who wanted to compel victory carried a ‘Victory Stone’ or **Siegsteine** (Old Norse *sigrstein*, Middle High German *sigestein*). These stones usually contain the inscription “*Tiu*”, “*Ti-ur*” or **Sig-Tyr** twice carved or written (the god called upon twice). A triangular form of the **Siegsteine** is typical, which also symbolizes the “**Thorn**”: the Life- or Death-Thorn that leads to rebirth.

The reverse, inverse or ‘demonic’ of the **Sig**-rune is the **Zil**-rune: goal, gain more through physical strength, teat-phallus, **Zizza** = teat, female breast, egoism, passion.

Kummer says that this rune is associated with the sign of Aquarius. – Numerical value is 11.

Meditation:

- “Health/Well-Being/Salvation and Victory [*Sal und Sieg*].”
- “The Salvation of the Soul through the Light.”
- “The Creator-Spirit [*Schöpfergeist*] must be victorious [*siegen*].”
- “The Divine-Spark [*Götterfunke*] in you must be victorious.”
- “**Salve, Sal-Fa**: Create Healing, Create Well-Being, Create Salvation. Hail Creation!”
- “The triumphant Force/Power [*Kraft*] is in me!
I Succeed [*Sieghaft*] in every Fight/Battle [*Kampf*]!
The Victory-Rune’s Might [*Sieg-Rune Macht*] leads my Operation/Enterprise to Success [*Unternehmen zum Erfolg*]!”
- “**Sig**, let me triumph over Earth and Matter [*Erde und Stoff*],
help me on the Thorny-Path to God [*Dornenpfade zu Gott*].”

Sound formulas: “S” or “Z”, “Sig” or “Zig”, and “sa-se-si-so-su”; as well as “as-es-is-os-us”, “Sal”, “Ses”, “Sigsl”, “Si-Gi-Il”, “Sal and Sig” (or “**Sal und Sig**”), “**Solum**”, “**Sal-Ve, Sal-Fe, Sal-Fa**”, “**Sulu-Sigi**”, “**Sal-man, Sol-man, Sol-om-on**”, “**Sieg-steine**”.

Full Body Rune Exercise:

1) Kummer describes the practice as follows: The student takes up the passive **Is**-rune position and does the breathing exercise. One then lowers the torso down to the knees (keeping the knees together), with the arms and hands on the sides so that, when seen from the side, one forms the **Sig**-rune.



This exercise is somewhat difficult, so the student should not strain themselves, rather one should rest and repeat again. The student should vocalize the mantra “**Siiig**” first in a high and then in a low tone, while visualizing the All-Streams flowing through the spine. For further experience use “sa-se-si-so-su”.

In this position there is a particularly strong effect on one's sympathetic nerves and the solar plexus. One may perceive a tingling, pulling and trickling along with a happy feeling during this practice. This is not self-suggestion. It is felt by those students who have already developed enough in the previous exercises.

The solar plexus is one of the main centers of the body. Every sensation, every feeling, every thought has an effect on it and influences the nervous system which in turn floods the entire body as a carrier of thoughts. If someone thinks good or bad thoughts, then these waves pulse through their whole body.

Since a person protrudes like an antenna into space, they also absorb their own thoughts and corresponding waves, streams from space, and so in turn they have a positive or negative effect on their solar plexus. Remember that correct training in concentration and breathing is required in order to be successful in all rune exercises. Therefore, if one wants to have good results, then one should energetically go against all negative thoughts and emotions which strongly influence one's own solar plexus.

It is advisable for the student to practice this **Sig**-rune position often so that, later, they can easily endure 15-20 minutes. If the attempt at a straight torso during the practice is not successful, then one can practice the **Sig**-rune, take a break, and adopt a slightly different posture: follow each squat with closed heels. This is also a **Sig**-rune position, where the breathing exercise and meditation (vocalizing "s-s-s") must not be forgotten.

So the student alternates several times with the **Sig**-rune and the squat. With time one will also achieve the positive **Sig**-rune. The torso must be completely upright, the small of the back drawn in; the head slightly inclined downwards, the eyes directed to the root of the nose; thighs, knees and feet are pressed together; with the hands and arms placed on the body; and the heels lifted slightly. After the magnetizing with the "S" mantra, the meditation is directed to a particular destination, for example to a friend in great need. Next, the passive state of mind is initiated (quieting of the mind).

In lighter meditations as well as in outdoor meetings with like-minded people, the easy squat can be done with closed heels and straight torso, which Kummer calls the 'negative' or 'female' **Sig**-rune position. However, the student tries with patience and perseverance to achieve the 'positive' or 'male' **Sig**-rune, this most difficult of all rune positions because it contains a great power and unspeakable blessing.

Kummer reminds us again that: "I can only give you hints about the deep mystery of the **Sig**-rune, but they will suffice if the immense wisdom and power, the great love from above, helps you. Know that the **Sig**-rune gives you divine powers to protect from injustice, sorrow, hate and from enemies; with it: you bring sun-salvation.

In your quest for an ever more noble, pure and conscious life, at the right moment, the immeasurable sun-power and the might of the **Sig**-rune will be revealed. The Divine-Spark in you must be victorious.

Heil und Sieg = Sal and Sig = Salvation and Victory!"

Kummer recommends that the practitioner repeat the following to themselves often:

"All rune signs hold a deep meaning, a magical power.
The runes are not arbitrarily chosen signs,
but rather they are much more like living people in holy positions.
The runes are human, physical signs
that I must sense, grasp, and use rightly in their depths."

2) Speisberger gives the following practices:

a) Begin with a few deep breaths in the passive **Is**-rune position, then take the first posture: squat down (either on the toes, with the feet flat, or something in-between) with your thighs & calves firmly touching together, buttocks resting on the heels; the upper body is upright and the forearms & hands are on the sides of the thighs; the legs are closed.



b) Similar to the previous posture, except the legs are opened and the arms are on the sides/back of the body, with the hands touching the buttocks.

c) The body reproduces the shape of the **Sig**-Rune while standing (although slightly crouching) with the knees & hips angled accordingly, and the arms are also slightly angled on the sides of the body.



Vocalize the rune's name "SIG" (English pronunciation "zeeeg") prolonging the first two letters; this can be alternated with "SA, SE, SI, SO, SU" and the S or Z sounds.

Practice the posture for as long as you are able, then come back to the passive **Is**-rune position to rest before repeating. During the practice, one should concentrate on the solar plexus region, and contemplate the idea of health, holiness, salvation, success and victory.

Hand Rune Exercise: Left hand raised, thumb slightly sticking out (as with the **K**-rune hand-sign), then the index finger of the right hand lightly touches the left thumb, while the remaining fingers of both hands are straight. Figure 11 portrays the **Sig**-Rune hand-sign, which is performed with the left arm extended and the right arm slightly bent.

Its sound formulas are: "S-s-i-g" and "Sa-se-si-so-su".

Through this hand-sign, a great accumulation of cosmic energies is acquired in the hands. The left hand becomes warm, and the practitioner will feel how the current also passes into the right hand.



During the circulation of accumulated energies after the practice, the current can be observed throughout the entire body. Here, too, one may detect an ozone odor coming from the hands.

This sign produces a strong awareness of power and victory in the practitioner. With sufficient development of the practitioner, higher magical laws will come into force. The astral color is golden-yellow by day, silver-grey by night.

Concentrate on victory over oneself, over one's own mistakes & weaknesses (our egos & defects), on receiving sunny victorious healing powers and on the achieving the goal of salvation.

Gnostic Runology – The “SIG” Rune and its Practice

The “Sig” Rune According to Huiracocha

The SIG Rune signifies Spiritual Power, numerically it corresponds to 11, and its symbol is the S or the Infinite. In Hitler’s Germany, the salute was “*SIEG HEIL*” (meaning “VICTORY” & “SALVATION”, or “VICTORIOUS SALVATION”) which is actually a mantram that the people uttered without realizing it, and which could have been an operation of White Magic, if understood properly.



At the same time that the ancients said SOL (which reminds us of SOL-OM-OM, who is none other than SOLOMON), they also said SAL (which is where the term “SALU”, “SALUTE” or “*SAL-UD*” meaning “HEALTH/WELL-BEING” comes from). The ancient Romans said “SALVE” (meaning “HELLO, GREETING, HAIL, WELL, and GOOD HEALTH”) and raised their hand in order to make it descend in that zig-zag form. This Rune has the shape of Lightening or a Thunderbolt. There still exist today secret rites where the same movement is executed (which means triumph or victory). No modern mason suspects that their signs of recognition are actually the descriptions of the Runes and that they came from the Druids. In the Druid Lodges these explanations are given up to this day, since there the knowledge is more ancient than in masonry...



The ancient Dukes, the Leaders of the Nobles, carried this Rune as a symbol that (as the disciple will observe) is a Z, the last letter of our alphabet, that is to say the ‘Omega’ to which Jesus refers when saying “I am the Alpha and the Omega or the Beginning and the End”. The Alpha and the Omega of the Runes are the AR and the SIG, because these two Runes contain the Power of all the others. There is much to meditate on regarding the exercises of “A and Z”, of AR and SIG...

All the Runes serve in order to give us good Luck, and we call attention to this in regards to the SIG Rune because it is the one that returns us to good Health (“SAL-UD”). SIG is the Rune that gives triumph, it is the universal seal, the Force that opens up like lightning... After the Initiate has comprehended the meaning of the AR Rune and has become a Child of the Sun (in other words, an ‘ARIO’), then they correspond to Victory, Triumph... Only in this way will you get “SALUD”, that is to say, HEALTH...



Everyone who uses weapons in order to defend themselves, must put this Rune on them. In the previous Rune, we said that the ascension of the SUN occurs with the SIG RUNE. This is because SIG is the Rune of the Sun itself, the CENTRAL SUN, which also has the name of “SULU-SIGI-SIG” as does the Serpent of the Kundalini (the Sexual Force in us). SIG or SIZ (the name that the ancients gave to the Phallus or sexual member) and brings us through Runic Magic back to Sexual Magic. In the present instruction there is much to learn, to read between the lines if the disciple takes the trouble to meditate and to expand on things.

PRACTICE: The practice for this Rune is to pronounce the previous Mantrams tracing Lightning (or the Thunderbolt) with the hand and the index finger extended... with the mind concentrated on this slogan: “*YO QUIERO VENCER EN TODO. ASI SEA.*” or “I WILL BE VICTORIOUS IN EVERYTHING. SO BE IT.”

With the present course, I can only lightly touch on the great secrets of Runic Magic, which are older and superior to the Kabbalah, and later the occult world (especially the Theosophists) will thank me for having been the first to address these great problems, of which they had no idea, and that Blavatsky herself did not even suspect.



The “Sig” Rune According to Samael Aun Weor

It is indeed difficult to depict the enchantment, the inebriation of ecstasy, the communion of the Saints during nights of meditation. On one such night, the Patriarch JACOB (living Reincarnation of the resplendent Angel ISRAEL), while resting his head upon the Philosophical Stone, read within the stars the promise of an innumerable posterity... And he saw between heaven and earth the mysterious septenary ladder through which all the Elohim are ascending and descending.



To experience what is the Truth, the Real, or “THAT” ...is only possible when we are absent from the “I”. On the day of the LORD, I was inspecting, searching, inquiring into the Mysteries of my own final hour. I saw and heard things which the profane and profaners are not allowed to comprehend. Then, I directly experienced the final stage, the setting of the “I”, the catastrophic ending of ‘Myself’. Thus, I could live the Crucifixion of the INTIMATE CHRIST and the descent into the Holy Sepulcher. The fight against Satan was terrible... Then, my Priestess-Wife sealed my sarcophagus with a large Stone while sweetly smiling, and from the Golgotha of the Father: lightning, thunder and terribly divine voices were heard...



All of this reminds me of the SIG Rune, which is the terrible lightning from the Central Sun and “SULU-SIGI-SIG” which is the secret name of the frightfully sacred viper Kundalini. In ancient times, human beings trembled before the Pentalpha, which is certainly a constant repetition of the SIG Rune. This star resembles the trace of the zig-zag of lightning. In the Archaic Mysteries, SIG was the Phallus, and through it we return to the Maithuna (Sex-Yoga). SIG is the Sun, and its letter is the ‘S’, whose sound (when wisely prolonged) is converted into the subtle voice, into that sweet and pleasant whistle that ELIAS heard in the wilderness.

The Final Initiation is sealed with Lightning, with the SIG Rune, and amongst thunder & lightning these tremendous words are heard: “My FATHER, I Entrust my SPIRIT into YOUR HANDS.” The luminous flaming sword (which threateningly turns in every way in order to keep the way of the Tree of Life) has the dreadful figure of the SIG Rune, and reminds us of the zig-zag of Lightning. “Woe unto the Samson of the Kabbalah if he permits himself to be put asleep by Delilah! The Hercules of science, who exchanges his royal scepter for the distaff of Omphale...” Unhappy is he who permits himself to be seduced by the original She-Devil, the no-name woman, who is a rose of perdition from the infernal abyss. Disgraceful is the Initiate who falls inebriated into the arms of any others who lead us from the Path...

Woe! Woe! Woe to those Initiates who succumb to the fiery kisses, not from many women, but from that symbolic woman who does not try to seduce with the suggestions of mere animal sensation, but with the most delectable arts of subtle sentimentalism and romantic emotionalism. Therefore, it would be better for these Initiates not to be born or for a millstone to be hung about their necks, and that they be drowned in the depths of the sea...

Disgraceful are the ones who instead of rising towards the Golgotha of the Father and descending into the Holy Sepulcher, will be fulminated by the terrible lighting of Cosmic Justice. They will lose their Flaming Sword and will descend into the Kingdom of PLUTO through the black path. The terrible Ray of Cosmic Justice also precipitates those fallen Bodhisattvas who never want to rise again into the abyss.

Every Great Work, any Judgment, is always sealed with the SIG Rune, with the flaming sword. **PRACTICE:** You must seal all of your magical works, invocations, supplications, healing chains, etc., with this Rune. The zig-zag of lightning must be traced with your hand and your index finger extended, while also sounding the letter “Ssssss” as a prolonged sweet and affable whistle. The vowel “S” has a terrific power and when we vocalize it, lightning is produced in the internal atmosphere, which has the power to awaken the Kundalini...



The letter "S" is the SIG Rune and has a terrific power. When we vocalize it, lightning is produced in the internal atmosphere, which has the power to awaken the Kundalini.

The esoteric name of Kundalini is **SULU-SIGI-SIG**. This is also the name of the central sun. Each one of these letters should be vocalized in the following order: **Ssssss Uuuuuu Luuuuu - Ssssss Iiiii Gggggg Iiiii - Ssssss Iiiii Gggggg**.

Every letter must be vocalized, prolonging the sound of each letter, just as we have indicated. It is important to prolong the sound of each vowel. The letter "S" is like a sweet and affable hiss. The Bible speaks to us of this sweet and affable hiss in the following verses:

“And he said, Go forth, and stand upon the mount before Jehovah.
And, behold, Jehovah passed by,
and a great and strong wind rent the mountains,
and broke the rocks into pieces before Jehovah;
but Jehovah was not in the wind;
and after the wind an earthquake;
but Jehovah was not in the earthquake:

“And after an earthquake a fire:
but Jehovah was not in the fire:
and after the fire a still small voice [hiss].

“And it was so, when Elijah heard it, that he wrapped his face in his mantle,
and went out, and stood in the entrance of the cave.
And, behold, there came a voice [hiss] unto him,
and said, what doest thou here, Elijah?” (1 Kings: 19: 11-13)

The "S", as a Mantram, permits us to leave our cave (the physical center) and to enter upon the mount (the astral plane). The disciple must become sleepy while vocalizing the sweet and affable sound of the "S". When the disciple reaches that state of transition between vigil and sleep, then they must rise from their bed and leave the room, going towards the Gnostic Church. Once in the Gnostic Church, we will teach and instruct them in the Divine Wisdom.

However, we must clarify to our disciples that this explanation which we have given must be understood as an immediate action. The student must rise up from their bed, as naturally as would a child who knows nothing of occultism. It is not a mental practice. It is a practice which must be understood as a concrete action, just as when we rise up in the morning in order to eat breakfast.

Gnostic Runology – The “TYR” Rune (Historically)

The “Tyr” or T-Rune According to Friedrich Fischbach (1900)



Uniformly the Rune of the Battle-God *Tyr* [*Schlachtengottes Tyr*] develops from the Spear- to the Sword- Character [*Speer- zum Schwert-Zeichen*]. In the younger (or most recent) Epoch, it was also used as the Day-Rune. It is related with the *Yr*-Rune.

The “Tyr, Tar, Tur” Rune According to Guido Von List (1907)



tyr, tar, tur, Tyr, Animal/Beast [*Thier*], etc. *Tyr*, the Sun- and Sword-God; *Tiu, Zio, Ziu, Zeus*; *tar* – to generate, to turn, to conceal; hence the *Tarnhaut* (Camouflage-Skin), *Tarnhelm* (Cap-of-Invisibility), or *Tarnkappe* (the Cloak-of-Concealment), etc.

A twelfth I have: [for when] One Hangs upon the Tree Strangling up there;
then I Carve some Runes [and] the Man comes down and talks to me.

tyr=Rune ↑

The reborn Wuotan, that is: the Wuotan who descended from the World-Tree rejuvenated after his Self-Sacrifice [*Selbstopferung*] (like the “*Fanask*” or Phoenix flying up from the Ashes rejuvenated), is personified in the young Sun- and Sword-God *Tyr* [*Sonnen- und Schwert-gott Tyr*].

According to a Principle of Mysticism [*Regel der Mystik*], every Magical-Creed [*Zauberglaube*] moves Parallel to Mythology by adapting the mythical Archetype in its Equations into earthly-human Processes in order to achieve similar Results to those the Myth relates. While the Esoteric, by recognizing the “Duality of One-into-mystical-Two [*beideinigzwiespältigen Zweiheit*]”, also recognizes the “mystical One” in the “mystical Many” and sees in it the Fate/Destiny of All [*Schicksal Aller*] and consequently also of every Individual, in the eternal Change [*Wandel*] from Passing-Away to Resurrection [*vom Vergehen zum Wiedererstehen*].

Just as Wuotan returns in a new body after his Self-Sacrifice (which is to be considered not only his Death [*Tod*], but his whole Life [*Leben*]), so too does every single Person return after every Life in the Human-Form with a renewed Body through a rebirth (which is also a Self-Sacrifice). That is why “*tar*” means 'to generate', 'to live' and 'to pass-away', and why “*Tyr*” is the resurrected young Sun [*wiedererstandene junge Sonne*]. This is why the twelfth Rune is also a “Victory-Rune [*Siegrune*]”, and has been carved into Sword-Blades and Spearheads as a victory-giving Character [*sieggewährendes Zeichen*]. Therefore, it shall be said: “Do not Fear Death, it cannot kill Thee!”

The “Tyr, Tar, Tur” Rune According to E.T. Kurtzahn (1924)

Exoterically: Procreation [*Zeugung*], Beginning [*Anfang*]

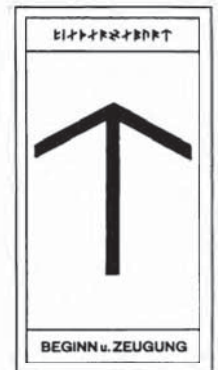
Esoterically: Rebirth [*Wiedergeburt*]

Generally: generate, turn, conceal, (Cloak-of-Invisibility [*Tarnkappe*]).

The Text of the Rune-Song, which is very dark in this Verse, seems to be meant only for the Rebirth [*Wiedergeburt*] into the Light-Life of the Soul.

Considering that Wuotan is the Speaker of the Rune-Song and that, seen with him as God-the-Father, we all hang strangled on the Tree of material Life.

But we will descend from the Tree of Life in Matter/Material only when the divine Voice within us begins to whisper [*raunen*] that a divine aeonic Life in the Light would be far preferable to an Earthly-Life, however beautiful it may be.



Once this Whisper [*Raunen*] is carved into our Heart, then there is no more Need [*Not*]. Then we talk to God as a self-confident Atom of Him, this is a Wonderful Occurrence (which is considered to be the work of God) equal to God in His Infinity...

On the earthly Level, this Rune means Procreation and the (Re)Birth necessarily connected with it.

Because this Rune contains the Certainty also of the earthly Rebirth, so it was understood likewise as the Victory-Rune [*Siegrune*] (the Victory of Life over Death) and was very often engraved on Spear-Points, Sword-Blades, and Shields.

The Arrow-Shape of the standing Rune again indicates the *Ithyphallus* [Erect Phallus] and its Work of Rebirth, Procreation.

The “Tyr, Tar, Tur, Tor, Tri, Tre” Rune According to R.J. Gorsleben (1930)

Letter T and Number 12.

Tyr Rune; *Tyr, Tir*, Animal/Beast [*Thier*]; *Tie, Ties, Tiu, Ziu, Zio, Zion, Zizzo, Zeus, Teuf*; Cross; Arbor tree, the wind-cold Wood upon which the Hanging-god [*Hangatyr*] sacrifices himself to secure Resurrection. **The protective Roof of the Secret-Doctrine of Resurrection by means of Self-Sacrifice.**

Dr. Friedrich Teltscher’s *Ur*-word is *Erregung* meaning “Excitation” as well as Excitement, Intense Emotion, Thrill, Arousal, Causing, etc.

A twelfth one I sing, if I see in the branches
dangle the hanged one on the rope.
He descends from the tree and has to respond to me
When I carve the Runes correctly



This is the Rune of the “God of the Sword” [*Schwertgottes*]. Also the Rune of the people of the *tiu, teuf, tot* = of the whole, *deut-deutsch* (German). Related are: *tus* = a thousand, *duision* (Greek) = sacrifice. **In essence the Rune means ‘to procreate’.** *Tyr* = try, like one of Wodan’s other sons *Thor* who is also the third, the procreated one.

The word *Tar* or *Tara* is also related: to turn, to transmute; therefore to conceal, to hide, to cover up; thus, in general, to destruction and reincarnation, eternal change! To die, because the contrary of the living whole (the total or *tot*), is Death [*Tod*]!

The Rune represents the *tri-tre*, the tree, which is also a *tri*-turning growth. Becoming or growth is often in the shape of the spiral, be it a nebula (which evolves into a world) or the most inconspicuous plant. Here the *Tyr*-, the *tri*-, the turning-, the three-power or triple-power is active. Therefore on all ends: we find notions of growth, of becoming, and of procreation with this *Tyr*-concept.

Tramontana or *trimontana* is the astrological term for Polaris (the pole star). *Tri* = ‘rotation’ as well as ‘three’; it reminds us of the world tree, the axis of which goes through the pole star.

The world tree is the symbol of the maintaining and of the three (of root, stem and crown; as well as of arising, being and passing away). All growth is symbolized by a tree, namely the rotation of a spiral, which is striving upwards.

‘Montana’ = *mundus* or world, and ‘Trimontana’ = the tree of the world. Everywhere we still find traces of the ancient knowledge of the world-tree and we unveil the buried spiritual treasures with the linguistic key that is only explainable by means of the *Ur*-language.

In its inversion the whirling power of becoming of the **TYR**, **tri**, **tar**, and **ter** becomes a “zer” in the German language, and as such it is a word of destruction, of annihilation, of tearing up.

Tyr is the son of **Wodan**, the re-born one, after the self-sacrifice of the father; the **Hangatyr**, the hanging-**Tyr**, which rejuvenates in order to be his son **Tyr**. Thus **Wodan**, who descended from the tree (from the world-wood), is renewed and re-incorporated into the young Sword-and-Sun God.

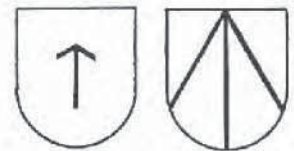
The corresponding stanza of the Rune Song assures us of the human who has nailed to the cross of the world, his reincarnation in a new human body. The Christ, who is nailed to the world cross on the “hill” named Golgotha (**Golga-ta**, the **Galga-**, **Halga-**, **Hag-all**, the “Son of God”), is in the colony of the **Tyr** (the **Ziu**, **Zio**, Zion, Zeus); he is the **Tyr** himself.

Tyr as the twelfth rune, corresponds to the twelfth sign of the zodiac: Pisces; thus, it reminds us of the Christ in the sign of Pisces, and corresponds entirely to the “God son” **Tyr**, who (in the Rune circle) is on its twelfth position.

The TYR-Rune tells us: “Do not fear anything, even dying cannot kill you! Better to die than to be one who is a 'living dead'.”

The shape of the arrow of the Rune indicates procreation, birth on the material plane and it is, therefore, necessarily connected with dying and death. Since these are the conditions for reincarnation, this rune is also a rune of victory over death.

The Rune TYR could be hidden easily in a coat of arms, because of its far reaching imagery. After a certain time it was no longer possible or advisable to show runes in the coat of arms, so it appeared on spears, lances and arrows. When it appears in a coat of arms, it gives dynasty, riches and abundance, that is to say: increase in every respect.



Although it is the 12th rune (and therefore related with Pisces), astrologically it belongs to the sign of Sagittarius and to the planet Mars (because of the similarity of their astrological symbols).

The “Tyr, Tor, Tiu” Rune According to S.A. Kummer (1932-1933)



(T, D) The T- and/or D-Rune, **Tyr**, **Tor**, **Tiu**, **Ziu**, **Teut**, **Thor**, is the Rune of Happiness/Luck [**Glücks**], of the spiritual Victory [**geistigen Sieges**], of Rebirth [**Wiedergeburt**], of Procreation, but also of Destruction and eternal Change [**ewigen Wechsels**]. – Numeric-Value 12.

Tyr, the Third, the threefold Force. In it the Three also work: Arising – Being – Passing-Away.

It is: turning, Rotation, striving upward, and the World-Tree. The spiral Trajectory of the Sun. The spiral Current [**spiralartige Strömen**], the cosmic Rhythm; the Arrow- and Spear-Head in the form of the **Tyr**-Rune.

Tyr, the twelfth Rune of the Futhark; the **Tyr**-Rune is the Rune of Affirmation, Emergence and Fertility, but also of Negation, Destruction and Death.

Tyr, the Zodiac of the Heavens, whose twelfth Sign is Pisces in which Christ, the Son-of-God, was born. In the Nordic-Atlantean language, these characters: $\uparrow \sqcap$ or $\uparrow \wedge$ are Symbolic of the Son-of-God at the Winter-Solstice.

Wotan, who descends from the World-Ash-Tree by Overcoming-Himself [**Selbstüberwindung**], is Reborn and retrieves the Runes.

The Thorn-of-Death [**Todesdorn**]; the Hammer of Thor, the Spear in the Form of the **Tyr**-Rune; **Tyr** is also the Door [**Tür**] that leads to the higher Realizations of the Spirit.

The **Tyr**-Rune is born in everyone [*in jedem hineingeboren*]. But to whosoever listens to themselves, in the **Tyr**-Rune-Position, it whispers [*raunt*] memories of former Lives and gives them the Certainty of a Survival, to Come-Back, and banishes in them any Fear of Death [*jede Furcht vor dem Tode*].

That is why it is also the spiritual Battle- and Victory-Rune, with which we are to overcome Substance, Matter/Material within ourselves, in order to enable us (through pure, conscious Procreation) to attain the higher, earthly Rebirth.

As the **Teut**-Rune, it is the Rune of the **Deut** = **Deutschen** [Germans]. However, this Rune also refers to concealment, to camouflage/disguise and to the Cloak-of-Invisibility [**Tarnkappe**].

The **Tyr**-Rune is also considered a Talisman of Happiness/Luck and should bring about an Increase in Property/Possessions, Abundance and Wealth, spiritually as well as materially. It warns against impure Procreation and Blood-Mixture because then it brings Ruin, Disgrace, Need [**Not**] and Suffering.

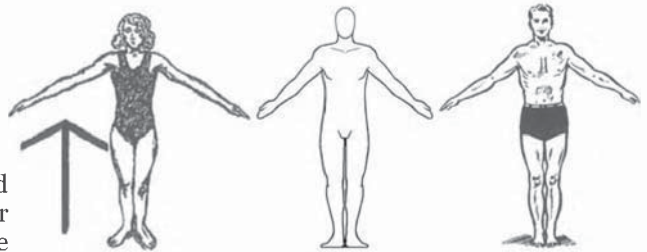
The Demonic form of the **Tyr**-Rune is the overturned **Tyr**-Rune ↓, meaning Destruction, Death [**Tod**], Ruin, Downfall, Greed, Brutality, and Selfishness.

[Thus, it seems that in this Rune we have the two polarities: Overcoming-Oneself and Selfishness.]

↑ **Tyr**'s motto is: "Do not fear Death [**Tod**], it cannot kill you".

Full Body Rune Exercise(s):

The Student takes up the **Ich**-Rune-Position, does the Breathing-Exercise and then puts both arms down sideways obliquely so that they form the **Tyr**-Rune pictured.



Now they pay attention to the Universal- and Earth-Waves [**All- und Erdwellen**] in their Body, which particularly address the Sympathetic-Nervous-System, the Solar-Plexus and the Glandular-Centers.

One sings softly, but so that it can still be heard in the Ear, the "t" or "Tyr".

One meditates for a long time as follows:

“Having gone from Rebirth to Rebirth,
I aspire to Thee, All-Father,
through Life and Death,
across Suffering, Tribulation and Need [**Not**],
across Joy and Happiness/Luck [**Glück**]
through it all, in Yearning, I aspire back to Thee.

Fear not Death!

Through many Alterations and Formations
I have flowed and died, yet nothing can kill me.

I exist and live with Yearning for a higher, purer Life... for the Sun... for Thee!"

The following Sound-Formula is given for further sensing of the **Tyr**-Rune-Position: "ta-te-ti-to-tu".

Hand Rune Exercise ('Mudras' or "Rune-Grips"):

The Rune Practitioner should take up the **Ich**-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must be observed with all the Rune-Grips. Figure 12 shows the **Tyr**-Rune-Grip.



The **Tyr**-Rune-Grip is performed right-handed about 20 cm [or 8 inches] in front of the Body, with the Arm bent, so that the Tip-of-the-Index-Finger is at the level of the Navel.

The Sound-Formulas are: "T-y-r", and "ta-te-ti-to-tu".

Spiritual Meditation is as follows:

"Having gone from Rebirth to Rebirth.

I aspire to Thee, All-Father,
through Life and Death.

Across Suffering, Tribulation and Need [**Not**],
across Joy and Happiness/Luck [**Glück**]
through it all, in Yearning, I aspire back to Thee."

Each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the **Ich**-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [**Feinkräfte**] can be reached in the Hand-Centers.

After several Repetitions with this Grip, the Rune-Practitioner will observe a pleasant turning, drilling Sensation in the right Hand. A subtle Connection with the Navel develops, through which the Subtle-Force [**Feinkräfte**] act on the Solar-Plexus, so that a whispering [**raunen**] begins Inside of the Rune-Practitioner, including Inherited-Memories, and often astral Perceptions also appear. The astral Color is reddish-gray by Day, grayish-blue by Night.

At the end of the Exercise, the Rune Practitioner should direct the collected Subtle-Forces [**Feinkräften**] throughout the entire Body by conscious-willpower [**willensbewußt**].

Gnostic Runology – The “TYR” Rune and its Practice

The “Tyr” Rune According to Huiracochoa



Nordic Mythology says that when WOTAN came down from the tree of life, he found the Runes, finding the TIR Rune first. This Rune represents the TRINITY because it is formed by three arms, but it is also the TRIAD in movement, in circulation, it is the wheel of the SUN. In ancient Manuscripts, this Rune is indicated as **the Rune of Reincarnation and Triumph over Life**. In our Alphabet it is represented as the T or Greek TAU and hence the Rune is essentially a ROSE CROSS symbol.

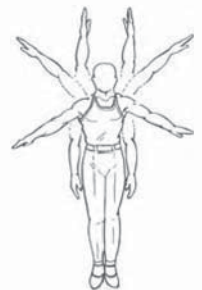
Nordic mythology tells us that one day the Evil Genie (*Loki*) had converted himself into a WOLF, and was playing with the same Gods without their realizing who he was... But, once recognized, it was necessary for one of the Gods to sacrifice themselves in order to remedy the situation and then TIR/TYR offered himself by putting his arm between the wolf's jaws. This resulted in his hand being cut at the root and he lost it. Here is a beautiful teaching for us Rose Cross Disciples: ONE FOR ALL, that is, ONE who is always willing to sacrifice themselves for others...



When the Runes are used as vehicles in order to know the future, this Rune signifies LIFE, when it falls with the tip pointing up, and if contrarily it appears with the tip down, then it signifies DEATH. This means that **when we present ourselves before the difficulties we encounter with strength of will and strength of character, while carrying the shield of fortitude, then we will undoubtedly be victorious**. But if we debilitate and abandon ourselves, then we will be vanquished. So, for elevated things you always have to face the SUN.

The Nordic peoples consider this Rune (when engraved on wood or stone) as a talisman or an attractive potentiality of luck and that **it signifies HARMONY**. It is the representation of the trio of BODY, SOUL and SPIRIT as well as of the three states of matter SOLID, LIQUID and GAS. The Great All is also latent in it, since it signifies even the PAST, PRESENT, and FUTURE (the three enigmas of time, and when the circle closes: they form a single cipher) and with it BIRTH, SUSTAINABILITY IN LIFE, AND DEATH.

The corresponding practices are to place the arms high and lower the hands in the likeness of shells, pronouncing the mantram "Tiiiiir". This is how the personality awakens through the impulse given to it by the "T" or TAU, the Blood awakens through the "I" and the circulation awakens through the "R". The Treatises say that with these practices rheumatism and Heart diseases and all those diseases related to blood circulation can be cured. However, these practices should not be done alone, but should be linked to those of the following Rune, called "BAR".



The “Tyr” Rune According to Samael Aun Weor

Divine night, behold, here I am, finally alone with myself, and listening through the voice of Isaiah to your insinuating clamour which is naming me. Oh enchanted night, Urania, life of mine, to be sick because of you is to be sane. All the tales which amuse mortals in their remote infancy are nothing close to you, because you smell better than the fragrance of enchanted gardens... So, with fertile endurance and with simple pity, I passed through the streets of the capital of Mexico. Who is the one who calls me in the night with such a delectable accent? Ah, it is a gust of wind which wails in the summit tower, it is a sweet thought.

So, I climbed the old tower of the Metropolitan Cathedral while singing my poem with the voice of silence. “Behold, that which is awaiting for you!” said a generous voice unto me, a voice endowing music to the wind. This was a song which was played wherever I went, such musical notes in which I seem to sense my own voice. Then, when descending from that tower, someone was following me, he was a Disciple.

Great was my joy, since I was inebriated with an exquisite spiritual voluptuousness. My body did not have weight, I was moving myself with my Astral form, I had abandoned my physical vehicle a long time before. Already upon the atrium of this old Cathedral, I saw a picturesque conjunction of men, women, children and elders who were selling their merchandise everywhere. There, seated like an oriental Yogi, close to the wall and under the aged tower, on a corner of this old Cathedral, an Aztec Elder of an indescribable age was meditating. Any sleeping person would have easily assumed him to be just another merchant. In front of him was a mysterious object, a secret Aztec relic. Then, confounded and humbled before this venerable Holy Indigenous Aztec, I had to prostrate myself with reverence. The elder blessed me.

My Disciple looked like a zombie, his Consciousness was profoundly sleeping... Suddenly, something happened, he bent down and, without the least bit of respect, grasped the untouchable relic. He observed it in his hands with infinite curiosity and I became horrified by his behaviour. This appeared so terrible to me that I exclaimed, “What do you think you are doing? You are committing a great sacrilege. For God’s sake, withdraw yourself and leave the relic in its place.” Nevertheless, filled with infinite compassion the Master replied, “It is not his fault in this matter, he is asleep.” Afterwards, like a pilgrim on the path who wants to heal the afflicted heart with a precious balm, he grasped the head of this sleeping neophyte, and blew the living FOHAT upon his face with the purpose of awakening him, but everything was useless. This Disciple continued sleeping, dreaming. So, filled with deep bitterness I said, “How much I have fought in the physical world in order for these people to awaken their Consciousness and still they continue to sleep.”

The Disciple had assumed a gigantic figure, an aspect that the Pluralized “I” (engulfed within the Lunar Bodies) was giving him. It was bizarre to see this enormous grayish colored giant slowly walking like a zombie along the old atrium of this ancient Cathedral while heading towards his home (where his physical body was sleeping). In those moments I could only exclaim, “What ugly Lunar Bodies they are!” Nonetheless, the venerated Elder, while inebriated with compassion replied unto me, “Inside the temple which you are now going to enter (a Jinn Temple, an Aztec Sanctuary), there are many like this one, so look at them with sympathy.” I replied, “It is clear that I will look upon them with sympathy.”

Let us now talk about Reincarnation. Are perchance these Lunar creatures Reincarnating? Could Reincarnation exist where there is no Individuality? The Doctrine of Krishna teaches that only the Gods, Demi-Gods, Heros, Devas, and Titans REINCARNATE. In other words, we will say that only the SELF-REALIZED, those who have the BEING INCARNATED can REINCARNATE. The Ego, the Pluralized “I”, does not Reincarnate. It is submitted to the Law of the Eternal Return of all things. It returns into a new womb, it comes back into this valley of Samsara, it REINCORPORATES.

PRACTICE: The practices corresponding to the TYR or TIR Rune consist of placing the arms high above the head, then descending them to the sides while the hands are cupped like seashells. When lowering the straight arms pronounce the Mantram “TIIIIIRRRRRRRR”. The sound of the letters “I...R...” should be prolonged in order to AWAKEN CONSCIOUSNESS. The ‘T’ or TAU strikes the CONSCIOUSNESS in order to awaken it. The letter ‘T’ works intensely within the blood which is the vehicle of the ESSENCE. The ‘R’, while intensifying the circulation of the blood in the veins and in the sanguineous vessels, is operating marvels with the igneous flames by intensifying and stimulating the awakening.



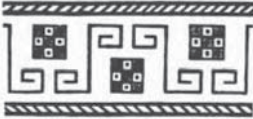
Gnostic Runology – The “BAR” Rune (Historically)

The “Biörk” or B- and P-Rune According to Friedrich Fischbach (1900)



The *Biörk* or Birch-Tree Rune serves for both B and P. It leads us back to Fire-Worship, because the first ancient-greek Rune indicates the Purpose of the Birch-twig.

altgriechische



3

Since the Birch-twig was pliable like the Willow (which was used for winding or twisting), it served for the turning of the Fire-Drills [*Feuerbohrers*] (see Plate IV, Figure 3 [to the left]).

The “Bar, Beork, Biörk” Rune According to Guido Von List (1907)



bar, beork, biörk, Birth [*Geburt*], Song/Chant [*Gesang*], Stretcher [*Bahre*], etc.

A Thirteenth I call, I moisten the Son
of a Noble in the first Bath (pre-Christian Baptism);
Thus he goes into Battle, and he cannot fall,
No Sword strikes him to the Ground.

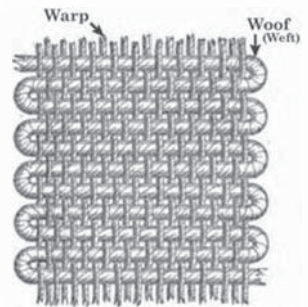
bar-Rune 

In the Spiritual-Life in the Universe, the eternal Life (in which Human-Life between Birth and Death means but one Day) is opposed in the *Bar*-Rune by this One-Day-Life [*Eintagleben*] in the Human-Body, which goes from “*bar*” (Birth) through “*bar*” (Life as a Song) to “*bar*” (Stretcher, Death), and which is consecrated and celebrated through the “Water of Life” in Baptism.

This Life (symbolized as a Day) is limited by Birth and Death [*Geburt und Sterben*], and even if Destiny has not at once appointed a Death-Sword for the person who has been Born, then they are nevertheless exposed to this and many other Dangers. This is because, in spite of Determination and the Fate of Destiny, dark Chance/Accident [*dunkle Zufall*] rules in the free Will of the People, and thus the Consecration/Blessing [*Weihesege*] is employed to work against such Chance/Accident-Coincidences [*Zufallsfügung*].

What is Chance/Accident [*Zufall*]? Actually there is no such thing, since all Events without Exception are all well ordered in the great Fabric-of-Destiny (as “Warp and Woof”¹).

Even for Clairvoyants, however, what concerns Woof (the cross-weave) is only visible with difficulty. The recognizable straight Warp (of the effects of earlier causes) are always in turn other causes that trigger coming effects (which again form causes that trigger effects, in an unending genetic series) being visible and calculable to seers and initiates.



The oldest Nordic mystics already recognized this, and therefore portrayed the Rulers-of-Fate [*Schicksalswalterinnen*], the three *Norns*, as “Weavers-of-Fate [*Schicksalsweberinnen*]”. The *Norns*, out of the Warp and Woof, weave the raiment of time, that is, Fate [*Schicksal*]. Yet, this Fate is based on the free Will of the People.

¹ “Warp and Woof” means the threads in a woven fabric, therefore symbolizing the ‘fabric’ of a thing. The ‘warp’ are threads running lengthwise and ‘woof’ (or ‘weft’) are threads running crosswise. These create the texture of a fabric and, by extension, can refer to the fundamental structure of any process, system, or concept/thing.

The Ancients did not recognize any “blind Faith”; but they did believe in a Predestination [*Vorbestimmung*] along general Lines. However, they intuitively saw in it that many Impediments (Chance/Accident!) stand in the Way of the Execution and Fulfillment of Predestination. This occurred for the purpose of strengthening [*stählen*] the Power [*Kraft*] needed in order to fulfill them.

Without this Chance/Accident, for example, every Pine-Tree would have to be strictly symmetrical in all its Parts. Each one would have to resemble the other, and it would have to be exactly the same in Human-Life: all indiscriminately uniform and equal.

Therefore, the Newborn should be consecrated with the “Water of Life” against impending Chance/Accident. The Church too, in a clear reference to this Water of Life, is supposed to use as Baptismal-Water so called “living Water”, that is: Spring or flowing Water, and rejects standing Water from Ponds or Lakes.

Therefore: “Thy Life is in God’s Hands/Touch [*Gottes Hand*]; trust God [*ihm*] in Thyself!”

The “Bar, Beork, Biörk” Rune According to E.T. Kurtzahn (1924)

Exoterically: Becoming [*Werden*], Birth [*Geburt*]

Esoterically: earthly/terrestrial Life in its Entirety (or Earth-Life [*Erdenleben*])

Generally: Birth, to give birth, Uterus [*Gebärmutter*], to carry, Stretcher, as well as Song/Chant [*Gesang*].

(Compare Richard Wagner’s *The Master-Singers of Nuremberg* Act 1: “A *Bar* consists of two Studs, which should have the same Melodies...”)

If we look at the text of the Rune-Song corresponding to this Rune, we readily recognize that (like the previous Rune) it is also about Rebirth, as a result of which no one who had sealed their conscious Reconnection with God [*bewusste Rückverbindung mit Gott*] through the Bath of the pre-Christian Baptism could be permanently destroyed by a Weapon, such as a Sword, etc.

This act, similar to Baptism, however, was performed only on Adults; in the case of small Children, the Reconnection was reasonably assumed to readily exist.

Since the earthly Life, which begins with Birth, is only dedicated to the Fight for Existence, then it is obvious that this Rune belongs to the warrior Planet Mars (♂), especially since Mars’ Symbol ♂ consists of the Procreator-Rune *Tyr* and the ○ circle, Symbol of the feminine Womb [*Schoßes*].

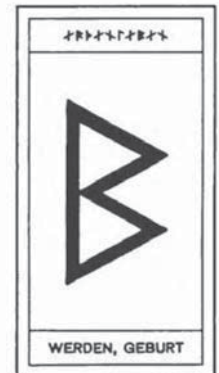
One could also understand the Mars-Symbol ♂ in such a way that a Child’s-Body has wrestled itself from the (eternal) Mother’s-Womb [*Mutterschoß*], one would then have the full Interpretation: Birth with the subsequent Struggle-for-Existence.

The *Bar*-Rune itself is as its Glyph shows, which reminds us of a woman’s Womb, quite feminine, and I would like to also refer to the old german Word for ‘Uterus’: *Bärmutter*.

The “Bar, Birk, Björk, Bor” Rune According to R.J. Gorsleben (1930)

Letter B and Number 13.

The *Bar* Rune, the Mountain [*Berg*] that conceals and protects the Birth, the Child, but which also gave birth to it. Pregnancy, birth, load, life task, occupation/profession.



Dr. Friedrich Teltscher's *Ur*-word is *Lenkung* meaning "Fecundity" as well as Impregnation, Fertilization, Implanting, etc.

A thirteenth I name, if I wet the son the noble one,
with holy water [so that]
when he faces the foes he cannot die
and no sword will fell him into the soil



Bar means birth, life, Pair [*Paar*], Both [*Beide*], to Give Birth [*Gebären*], reach [*ragen*], as well as *barduit* = folk song. To be Born – the fountain as female symbol, the eternal spring of humans, but also Stretcher/Bier [*Bahre*] and 'bar' (as in "*bar* none"; here 'bar' means nothing left, empty). This also reminds us of "Bar-run", a run to the end!

But primarily, **Bar** means life, both that which gives birth and that which itself is born.

The BAR Rune symbolizes everything that has to do with life: being born, living and dying, as well as all hopes and wishes, fear and joy, which are connected with it. The loaf of "bread" is a symbol of man everywhere, and a symbol of birth: hundreds of shapes of bread and of types of bread show such connections. Bread, symbolically, is also "the body of the Lord". Bread is composed of **bar-od** = spirit of life; to fry, to brood are ideas kin to it.

If we look at the tipped-over BAR rune (the pair- or pairing-up-Rune), then we recognize two mountains elevated in the *Tel-* or *Teil-*Rune ^, which is the female the "Sie" Rune — (the horizontal line). Therefore we see the double symmetrical breaking out, but also: that which is protected, hidden, stored. The *Berg* (mountain) and the *Bärmutter* (uterus in old German).



We are immediately reminded of the partition of cells, of the origin of mountains, of Protection [*Bergen*] (and, thus, the mountains which protect and conceal [*verbergen*] something). We are reminded of the pairing-up [*paarung*], the evolving of the Two from the motherly One. Thus, the BAR Rune is **the symbolic representation of budding**, no matter if we have in mind the budding of leaves or blossoms or the budding of the embryo in the mother's womb.

When seen from the side, the BAR Rune shows the image of the pregnant mother; it points to the position of the unborn child in the mother's womb... The child in the womb is also something that is protected in a 'mountain' [*berg*], in a 'Hideout' [*Berge*], until it is "born". For this *Ur*-image the ancients had the BAR-Rune in their *Ur*-script language and sometimes the BAR-Rune is referred to as the Mother-Rune.

In essence, the root word BAR means: that which is of the earth, that which has become flesh, that which is the animal nature in humanity, that animal-human nature. With birth, the human being enters the struggle for its existence, and therefore we are not surprised that this Rune is attributed to the war god Mars.

If we omit one of the two mountains (or *Tel-* or *Teil-*Runes ^) of the BAR Rune \mathfrak{B} , then a new Rune emerges: the Child/Son-Rune with the name of *Pard*. The *Pard* Rune \mathfrak{P} is obviously similar to the THORN Rune $\mathfrak{Þ}$ (both being from the same Runic origin); it is the Rune of the Child/Son, who hangs on the cross of the world. Here we may remind you once more of the "son of man", the "Christ", who is called in Aramaic language "Bar-hvarn" (similar to *Bar*-man).


The reader may recognize the narrow and thousand-fold connections which evolved from the *Ur*-fountain of the Divine and of the esoteric correspondences that can elevate us to creators. Our forefathers still had a clear imagination, a knowledge and capability of this secret. Therefore they were capable of using the *Ur*-script of language following the revelations of the spiritual powers in procreation, and which can still become truth for every seeker. In the beginning was the Word!

Consequently the BAR Rune is also the Rune of the Bard, the singer, who teaches folks song [*Barduit*] to the people and who sings to them. Song and language are processes of procreations on a spiritual level. It is the power of speech, the root of all things.

The larynx as seat of language, of the voice, has been recognized anatomically as an organ of procreation, as a procreative *Ur*-organ, for a long time now and it has amazing connections to all sexual processes of evolution.

The “Bar” Rune According to S.A. Kummer (1932-1933)

 (B) The *B*-Rune, *Bar*, Stretcher, Birth, bearing Life. *Bar* = Song, *Bard* = Singer; Minstrel (a type of medieval German Poet). Revelation = Birth of the Spirit. – Numeric-Value 13.

 *Bar*, the Breasts; the Womb of the Mother [*Schoß der Mütter*]. The *Bar*-Mother-Rune of Birth and Procreation, Rescuing [*Bergung*], and the Feeling-of-Security. *Bar* = conceal, hidden, to give birth, safe for the Birth-Mother.

Mountain [*Berg*], the Shelter/Lodging [*Herberge*] in which one is safe.

Fountain of Springs; Wellspring-of-Health as a feminine Symbol; but also a Stretcher, Death-Bed, *bar*-run [*barlaufen*], to run-out/run-off/set-sail [*auslaufen*], to run-dry.

Bar, the Rune of all Lives and Deaths (which have been born/created).

Bar-bar-baren = three-times *bar*, that is, the thrice Reborn [*die dreimal Wiedergeborenen*]; to be Reborn three times in Spirit, Soul and Body.

You too, dear Readers, should listen to the Voice of your Hearts & Blood. You are born again three times in the Embers [*Gluten*]. “Trust All-Father, recognize Him in thyself, and be ye Faithful.”

The *Bar*-Rune also contains the Thor  and the *Pard*, or W-Rune , we find in it the Trinity of Spirit-Soul-Body, as well as Past-Present-Future.

The *Bar*-Rune reveals to us the Birth from the *Ur-Bar*-Becoming/Growing [*Ur-Bar-Gewordenen*].

The Demonic of the *Bar*-Rune  is the Descent into the Darkness of the *Ur, Barung*, Giving-Birth in the lower, under World.

Full Body Rune Exercise(s):

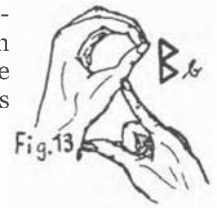
From the *Ich*-Rune-Position, the Practitioner places the left Hand on the left Hip, creating an angled left Arm. At the same time, the Heel of the left foot is placed above the medial malleolus, and the left knee is angled sideways (pointing the same direction as the elbow of the left Arm).

The *Bar*-Rune-Position has the following Sound-Formula: "ba-be-bi-bo-bu".



Hand Rune Exercise ('Mudras' or "Rune-Grips"):

The Rune Practitioner should take up the *Ich*-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must be observed with all the Rune-Grips. The *Bar*-Rune-Grip is preformed with the Arms raised above the Head, as Figure 13 shows.



Its Sound-Formulas are: "B-a-r" and "ba-be-bi-bo-bu".

Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the *Ich*-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [*Feinkräfte*] can be reached in the Hand-Centers.

The inner Thoughts are directed towards the Birthing of the Spirit and towards accumulating higher magical Forces [*höhere magische Kräfte*].

Here the Practitioner, when well Internalized, will observe a slight wave-like Sensation [*wellenartiges Gefühl*] in the Hands, which may also be noticed after it is Circulated in the Body by conscious-willpower [*willensbewußt*]. This is the Birth of the higher Spirit and higher magical Abilities [*höherer magischer Fähigkeiten*] caused by the Subtle-Forces [*Feinkräfte*].

Often the Sensation is more noticeable after weeks of Daily-Practice. Persistence leads to the Goal.

The astral Color is light-blue by Day, light-violet by Night.

Gnostic Runology – The “BAR” Rune and its Practice

The “Bar” Rune According to Huiracocha



The BAR rune reminds us of the name of the Earth: "BAR", which at the same time means Son or Child in Syrian. Thus, we can translate it as "SON OF THE EARTH". We have already said that "AR" is the name of the Sun and by placing a "B" in front of "AR", we bring that Sun to the Earth. AR-BAR-MAN is the primitive name of Abraham. Baron (BAR-ON) is son or child of the Earth, of the native land. Its shape is like an M sitting sideways on a vertical beam and also encloses the SIG or Victory Rune within it.

While TYR, which is high or elevated, is the Macrocosmos; BAR, on the other hand, is the Microcosm. The PAR-PARIS Rune from Latin, means that it is even or equal or coupled with the TYR. From BAR or PAR also comes the etymology of parting and parturition (giving birth), that is, making pairs, halves or doubles.

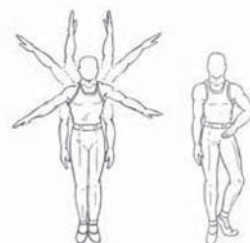
Christ, in ARAMAIC, is consequently BAR-HAM, that is, Son of Man, Son of Earth and of Heaven. The students of Oriental Theosophy will remember the MANAS or Superior Spirit. BAR-MANAS is, then, Child or Son of the Superior Spirit of the Earth.

The most curious thing is that, in the primitive language or tongue, the word BAR is used also for 'to be born' as well as 'to subsist' and 'to die'. It was, therefore, as we have already mentioned, the Past, Present and Future, the three enigmas of time. The trinity in the solar mysteries is called TRI-BAR. In this consists also the Initiatic teaching that **death signifies for the Initiate a new birth or rebirth**. When Jesus said, "LET THE CHILDREN COME TO ME," he meant these newly born or reborn persons.

BAR ends with the dark significance of death. History must be greatly corrected and when we are no longer slaves of Romanism, it will be done. The Greeks & Romans called foreigners "BAR-BAR-OS" and for this reason, over time, it was believed that true culture and civilization only existed with the Greeks & Romans. For them the Nordics were 'Barbarians' who worshiped the Sun when the Greeks & Romans had forgotten this rite and had lost the key, confusing their symbols and their Gods with the facts and the laws themselves.

The Runes have their corresponding zodiacal sign and thus TIR corresponds to Pisces and BAR to Aries. This teaches us that after a year dies, then a new one is born, which is like the snake that bites its tail, as a symbol of eternity. That union is another reason for always giving these runes united in practice. BAR's numeric value is 13. This number is believed by many as a figure of bad luck, but among us, we believe it is good. BAR is the Earth, but as the Holy Land influenced, united with the TYR, with the Zodiac, with the Sun and their respective forces.

We can not conceive of our Earth without the Sun. When the Sun is destroyed, then the Earth will, no doubt, die of cold, and this is because the Earth and the Sun are as inseparable as TYR and BAR. For this reason the exercises should be done taking a position that is facing the Sun, with hands raised, as already described above and saying as Mantram or sacred word "T i i i r r r r B a a a r r r" with this we join the higher forces of Heaven with all those that are directly related to our physical conditions.



The “Bar” Rune According to Samael Aun Weor

Christ, the Solar Logos, is something very profound. Certainly, the triumphant CHRISTOS or the COSMIC CHRIST is not JESUS (although Jesus incarnated Him within himself), nor the BUDDHA (but He did flourish on his fertile lips made Verb). He was not MOSES (but He shone in his face, there on mount Nebo). He was not HERMES (but He lived incorporated within him). The LORD is deprived of INDIVIDUALITY, the Cosmic Christ is IMPERSONAL...

When we study COSMIC GRAMMAR, then we can verify for ourselves that an intimate relationship exists between the RUNES TYR or TIR and BAR. TIR esoterically corresponds to the zodiacal sign of Pisces, and BAR blazes & shines in the brilliant constellation of Aries. This reminds us of the existing occult relationship between WATER & FIRE, between Death & Life.

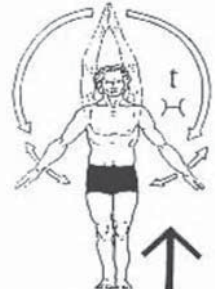
If we place the letter B before the sacred syllable AR, then we indicate the necessity of attracting the Sun to the Earth. To Incarnate the CHRIST within oneself is what is vital, cardinal and fundamental in order to convert oneself into the SON OF MAN. This is the only way in which to have the right of entering into the order of MELCHIZEDEK. It is good for the Children of the Earth to know that the SOLAR RACE dwells within the JINN lands of the One Thousand and One Nights. Truly, it is URGENT, INDISPENSABLE and NECESSARY to convert ourselves into KINGS & QUEENS and PRIESTS & PRIESTESSES of nature in accordance with the Order of MELCHIZEDEK. This is the only way to be saved.

It is beneficial to explain to people that the VEIL OF ISIS, the ADAMIC SEXUAL Veil, can only be lifted up by the intimate CHRIST. The SON OF MAN is born from the fire and the water. This is the SYNTHESIS-RELIGION, the doctrine of JANUS with its three radicals: I.A.O. But the CHILDREN OF THE EARTH abhor this Doctrine, since their motto is: “LET US EAT AND DRINK, SINCE TOMORROW WE WILL DIE.”

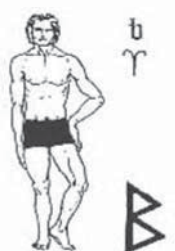
Three types of churches exist:

- 1) First, the Triumphant Church, which is represented by the few Knights of the GRAIL who persisted to remain pure.
- 2) Second, the Failing Church, represented by those who abhor the INITIATIC STONE.
- 3) Third, the Militant Church, represented by the others, such as Mary Magdalene, Paul of Tarsus, Kundry, and Amfortas, who are still in rebellion against the seductive Luciferian fire.

The Triumphant CHURCH is certainly the church of the brethren who have already remounted upon the rough path of salvation (“*Per Aspera ad Astra*” as the Latin Motto says, meaning “Through Difficulties to the Stars”) and are the true Children of God in the most beautiful mystical sense. The Children of God and the Son of Man are synonyms in CHRISTIC Esotericism. They are the knights of the HOLY GRAIL.



PRACTICE: You must intelligently combine the exercises of the Rune **BAR** with the exercises of the Rune **TYR** or **TIR**. Place the arms high above the head, descending them while the hands are cupped as shells, and while singing the mantras **TIR**, **BAR**, as follows: “**TIIIIIIIIIIIIIRRRRRRRRRRR.....**,
BAAAAAAAARRRRRRRRRRRR.....”





Objective of this practice:


1. To wisely mix the Magical forces of the two Runes within our own interior universe.
2. To awaken the CONSCIOUSNESS.
3. To intimately accumulate Christic atoms of high voltage.

Gnostic Runology – The “LAF” Rune (Historically)


The “Lögr” or L-Rune According to Friedrich Fischbach (1900)


 The L Rune indicates the Connection of its Shape, which is most likely the shape of the Boat-Hook [**Bootshaken**], and thus with the Lake/Sea [**See**]. However, in the runic form, this Boat-Hook or Anchor is directed upward, in later forms it is turned downward.
 altgriechische


The “Laf, Lagu, Lögr” Rune According to Guido Von List


laf, lagu, lögr, Primordial Law or *Ur-Law* [**Urgesetz**], Ocean [**Meer**], Life [**Leben**], Downfall/Decline [**Untergang**] (Defeat /Failure [**Niederlage**]).

A Fourteenth I sing to the assembled People
 by Naming the divine Names;
 For I know all the Gods and Elven Kind
 [and] I know [them] as well as any.

laf=, lagu=Rune 

The intuitive Recognition of the organic Essence of the Universe, and thus of the Natural-Laws [**Natururgesetze**], forms the unshakeable Foundation of the ancient Doctrine-of-Salvation [**Heilslehre**] or “**Wihinei**” (Religion), which was able to grasp and embrace the Universe, and therefore also the Individual, in its [1] Arising, [2] Ruling, and [3] Passing-Away to new Arising.

Such esoteric Knowledge was communicated to the People in symbolically formulated Myths, since the naïve Eye-of-the-People (unaccustomed to such Deep- and Distant-Vision) is just as incapable of seeing the *Ur-Law* [**Urgesetz**] as the physical Eye is incapable of seeing the whole Ocean, or the untrained inner spiritual Eye of seeing the Endlessness of Life in the Universe.

Therefore the fourteenth Rune says: “First learn to sail [**steuern**], than dare the Ocean-Voyage!”

The “Laf, Lagu, Lögr” Rune According to E.T. Kurtzahn (1924)

Exoterically: Test [**Prüfung**], Temptation [**Versuchung**]
Esoterically: Experiential-Knowledge [**Erfahrung**]
Generally: Ocean [**Meer**], Existence/Being [**Dasein**], Failure [**Misserfolg**], Downfall/Decline [**Untergang**].

If the preceding Rune (the **Bar**-Rune) means Birth [**Geburt**], then it is only logical that this Rune is connected with the Existence following that Birth: Life.

Life is a great determined Test [**eine festgesetzte große Prüfung**] and a painful Initiation. The few golden Hours in it should be understood as Rewards for any well-passed Sections of these multi-part Exams.

“Does Life even have a Purpose?!” one often hears asked, but no one could give a satisfactory Answer to such a Questioner except – the questioner themselves!

“If you do not feel it, you will never be able to claim it [**er sagen**]!” But what is it that one must feel?



Well, a feeling of Certainty of one's own Reconnection (*re-ligio*) with the unnamable God, the Source or *Ur-Reason* of all Being [*dem Urgrund alles Seins*], and consequently also with the nameable Deities... Our Ancestors had this Feeling of Reconnection [*Gefühl der Rückverbindung*] in the very highest Degree!

We have seen up to now, in every Rune, that it is always about the *Wihinei* (or *Ur-Religion*) with its actual esoteric Significance.

Being-Conscious [*Bewusst-Sein*] of this *Ur-Religion* results in a Realization, which for the person concerned (well understood, however, only for themselves) brings Knowledge instead of Faith in Regards to the Purpose of Life [*das Warum des Lebens*], the Continuation of Individuality, etc.

They then know that with physical Death “not everything is over”, provided that his or her Individuality acquired so far through Experiences did not extend to just Eating, Drinking and what People are used to calling 'Love' (but at most may be called Child-Procreation).

For if this would have been the Case, then he or she would be nothing more than an Instrument of Nature, which then, after it was sufficiently used up and worn out, would continue to exist only according to its Components for a different Use in the cosmic Economy [*andere Verwendung im kosmischen Haushalt*], and thus without any Individuality (which we are to acquire here or on other Planets in the course of probably quite many existences as Man and Woman). This is because, as a rule, nothing at all can be lost in the cosmic Economy... Therefore the *Laf*-Rune is suitable to the Planet Mercury (♿), which is said to be neither masculine, nor feminine.

The ancients knew that, during their Life-on-Earth [*Erdenlebens*], they slowly form a 'etherial or subtle Body' [*feinstofflichen Leib*] in their earthly Body [*irdischen Körper*], which escapes like a Phoenix from the used up Body-Envelope [*Körperhülle*] during the so-called Dying. They also knew that this new 'etherial or subtle Body' will only belong to them for a Time [*eine Zeitlang*], in order to make Way for a far more glorious one.

They knew that there is only one type of development: the return to God [*zurück zu Gott*], to the Source or *Ur-Reason* of everything [*dem Ur-Grund von allem*] that was, is and will be. They knew that this was for everyone who seriously wants it and not only wants it, but needs it. And those discerning ancients who knew even more, knew the Path to develop the 'Etherial-Body' [*Feinstoffleib*] to Perfection here in Earthly-Existence and – even how to make use of it.

Although this Path is secret [*ist dieser Weg geheim*], it is clearly marked out in the Runes for the Knower [*den Wissenden*]. What would be the use of further Clarification here? Everyone should go this way alone, because “no one becomes an Initiate except through themselves”.

Then there are here dangerous Deviations and Aberrations which lead to Labyrinths, where Monsters prey on misguided Victims (such as Spiritualism, Hypnosis) and demands of Sexual-Magic to a terrible extent. Therefore, the *Laf*-Rune also means Downfall/Decline [*Untergang*] – it fears the Gods of the Human-Race – only the Initiate really knows “all the *Aesir* and Elven Kind”.

The “Laf, Lagu, Lög, Laug” Rune According to R.J. Gorsleben

Letter L and Number 14.

LAF Rune: *Laf, Lagu, Lög, Laug*; liquidification (water); *lex* (law), the law of life; *lux* (light), illumination, light which descends into the darkness. By means of initiation, of illumination, the heaviness of life is taken away.

Dr. Friedrich Teltcher's *Ur*-word is **Bestimmung** meaning "Determination" as well as Decisiveness, Resolution, Regulation, Purpose, etc.

A fourteenth I sing to the assembled people
 when spelling out the divine names
 because no one knows to speak out
 the various kinds of **Aesir** and **Albes**



This Rune means life, leaf, **Labe** (Refreshment), **Lage** (Location), law, liver, lye, glue (**Leim**), leeks (which have the effect of clarifying [**Läuterungseffekt**] and were held in high esteem by the ancients). Leeks are mentioned in the **Edda** and are often used as the symbol of fine growth; additionally, they were also supposed to have magic power. The Rune of Leaves/Foliage/Greenery [**Laub**] – life, this Rune also shows the leaf that is on its stem.

Compare the shape of the Rune with the image of a scythe, but also a whip, with which Life (LAF) whips us ahead. The Rune also connects with the German suffixes of **-lich** and **-ling**, and the English word Limb. Other words that belong to the LAF Rune are **Leid** (suffering), to leave, Lingam, Love, Logos. The Higher Word is the law, the **Ur**-position or **Ur**-condition, the "Logos", the **Ur**-laid: the laid down law!

As we see, each Rune is a secret symbol of a huge amount of ideas and concepts, a collection of all constructive thoughts and of the building material of the spiritual world. If the previous Rune (BAR) refers especially to Birth, then the LAF Rune puts emphasis on Life: life as a law, as a great load because of duties, tasks and more or less painful experiences. Great as the sea (**lagu**), unbridgeable, appears life and law which is based on the earthbound eye, which cannot look into itself and therefore cannot look beyond what is earth bound. One should know the lawfulness of the eternal change of life & death, and then one's spiritual eye can overlook the vast expanses of life and of the sea of **laf** and **lag**.

In the **Ur**-word **Laf** or **Lag** is both the brilliant 'fire of heaven' or 'light of life', and the destructive flame of that fire. Combat/Struggle is the **Ur**-law of life, even in the adjustment and approach of two lives that are united in marriage.

We could also see this Rune as a Self (an IS-Rune), with an arm hanging down. The one Self is a wavering stalk, which goes with the wind and which can break in the storm, yet if it fraternizes with a second Self-**laf**, then it is more resistant.

Two Life-Runes connected together are the Wedding Rune, which means 'lawful union', resulting in the **𐌲𐌶 = 𐌶𐌶 = Ehe** Rune, the Rune of Wedlock/Marriage. In old German, **Ehe** (Wedlock, Marriage, Matrimony) has still kept the **Ur**-meaning of 'Law'.

Two LAF Runes crossed over in such a way that the arms touch each other in the upper angle of a rhomboid, result in the **⚔** OTHIL Rune, which equates with **od-hil** = spiritual healing, or **Od-Heil** ('**Od**' or Odin aka Wotan; and '**Heil**' meaning Hail, Heal, Salvation, Deliverance, Well-Being), that is 'Healing-**Od**'.

The "Laf, Lögr, Lagu, Laug" Rune According to S.A. Kummer (1932-1933)

𐌲 (L) The **L**-Rune, **Laf**, **lögr**, **lagu**, **laug** means Life, Law-of-Life [**Lebensgesetz**], Liver, Charge (or supply with power), Refreshment [**Labe**], Lye, the Lye-Water (an Alkaline solution), Leaf/Foliage, Leek (the healing Plant), Glue, **Lagu** = Ocean [**Meer**], Pool/Laugh [**Lache**], Loch, Leak, Spawn. – Numeric-Value 14.

Furthermore it also relates with: Love, Air, Light, Flame/Blaze [**Lohe**], Light-Life [**Lebenslicht**], Insight-into-Life [**Lebenseinsicht**], Luminary, Enlightenment/Illumination [**Erleuchtung**], Salmon/Pollack [**Lachs**], Refreshment, Sound, Spring-Time, Linden- or Lime-Tree, Affliction [**Leid**], Instruction, Leash/Rope, guide = learn/study.

Laf the Rune of Initiation/Inauguration into the higher Life [**Einweihung in das höhere Leben**], which therefore also reaches down into the Life of the painful Experiences and Negations, Suffering, Corpse, Corpse-Life, Easily-Corpse, Loose/Lot/Lottery, the Lot-in-Fate/Destiny or Lottery-of-Destiny [**Schicksalslos**], Gap/Opening [**Lücke**], Emptiness/Void, Response, Whim/Mood, Lie/Falsehood, **Loki, Logos**.

Laf, the Initiation-Rune [**Einweihungsrune**], but also the Rune of Experiential-Knowledge [**die Rune der Erfahrungen**]: that is to say, of the more or less painful Tests on the Path to the true God, to All-Father.

The Windward [**Lüv**], Living [**Leb**], **Lew**, Lion. The Heraldic-Animal or Emblem of all Life is the twisted or **Kala**-ified **Laf**-Rune (**Kala** = Mystery/Secret, Veiling, Twisting).

Laf is the Law-of-Life [**Lebensgesetz**], Right/Law, Dignity, Force/Power and Strength.

But woe to the Unclean who dares to approach this Law [**Gesetz**] of the **Laf**-Rune: then it works in the Demonic and leads to painful Destruction/Annihilation [**qualvollen Vernichtung**].

The one who lets themselves be tempted by Egoism [**Egoismus**], Greed and Sensual-Pleasure [**Sinneslust**] will suffer heavily and painfully from the Forces of the **Laf**-Life-Rune until one has found-one's-way-back [**zurückgefunden**] and knows how to sail [**steuern**] on the **Lagu** = Ocean [**Meer**] of Life and Death.

The **Laf**-Rune is also the Rune of the Flesh, of the light Flesh [**leichten Leibes**], and of the Astral-Flesh [**des Astralleibes**].

Two **Laf**-Runes, two **Ichs** make up the Initiation-Rune of Marriage **ᛞ** [**die Einweihungsrune der Ehe**] which leads to the High-Life [**Höhenleben**] by Surmounting the Demonic [**Überwindung des Dämoniums**] and gives birth [**gebirt**] to the Son-of-God through Pure- and High-Cultivation [**Rein- und Hochzucht**].

The Demonic of the **Laf**-Rune **ᚿ** is Ruin/Rotting, Destruction/Annihilation, Lying and Delusion, pathologically egotistical, useless Fight against the Fate/Destiny and the Law, vindictive, black magic Procreation of the Descendants.

The **Laf**-Rune is the Signpost to the higher divine Life [**das höhere, göttliche Leben**]; it is also in you: feel/experience it, and consciously recognize it...

"Runes can be found in the Soil and Stones of the Earth;
Runes greet you as Rocks/Cliffs, Peaks and Mountains.

Runes flow as Streams and Rivers through Land and Forest;
Runes shine in every Form [**Gestalt**].

Runes draw the Clouds in the Sky;
Runes shine as Constellations of the Night.

Runes sing and foam the Ocean-Wave;
Runes pull the Storm with Might [**Macht**].

Runes whisper [**raunen**] in Colors and sound in Tones
harmoniously permeating the great Universe;
Runes point-out Truth, Law and Right.

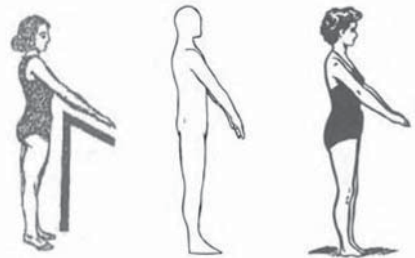
Runes lead to Victory [**Sieg**].

Runes whisper in our Breast;
Rune Man, Rune Woman: consciously recognize the All-Embracing Royal-Rune in Thyself!"

Full Body Rune Exercise(s):

The Practitioner, again, takes the **Ich**-Rune-Position, and then slightly raises both arms which are placed laterally, obliquely forward, so that when seen from the side it produces the **Laf**-Rune.

One let's the cosmic Waves pulsate in their Body and sings "L" or "Laf". Later, the Sound-Formula: "la-le-li-lo-lu" can also be used.



Then one concentrates on the following Meditation:

“Through Pain, Failure, Need/Hardship [**Not**], Temptation and Suffering, I have come to know the true Life.

I now know the divine Path and the cosmic Laws [**Gesetze**].

Light and Enlightenment/Illumination [**Erleuchtung**] were granted unto me through you, All-Father.

My **Ich** rejoices and exults!

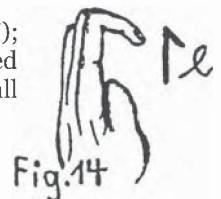
So I dare the Journey, and learn to guide and steer thereby.”

After these two Practices the Student lingers for a Quarter-of-an-Hour in complete Calm/Peace, turning off all Thoughts, or if that is not yet possible for them, then one has only Thoughts of Love and Harmony, Confidently awaiting Advice/Counsel [**Rat**], Instruction, Inspiration or an Answer.

Hand Rune Exercise (‘Mudras’ or ‘Rune-Grips’):

The Rune Practitioner should take up the **Ich**-Rune-Position (Military “At-Attention”); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; a practice which must be observed with all the Rune-Grips.

The Practitioner raises the left Arm upward and assumes the Hand-Position in Figure 14, the **Laf**-Rune-Grip. One uses the following Sound-Formulas with this Grip: "L-a-f" and "la-le-li-lo-lu".



Thoughts are focused on Love for the **Fa-tor**, and on the Enlightenment/Illumination [**Erleuchtung**] of the Self [the Illumination of the Being]. The Practitioner will observe a mild Warming of the left Hand. With this Grip one is able to have a fortifying effect on one's Aura.

It is also the Grip for Initiation into the higher Life [**die Einweihung in das höhere Leben**].

Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the **Ich**-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [**Feinkräfte**] can be reached in the Hand-Centers.

Afterwards, a conscious-willed [**willensbewußt**] Circulation through the whole Body should not be forgotten. After Completion of the Exercise, Kummer could notice a Smell similar to Rubber several times. The astral Color is bright-fire-red by Day, ruby-red by Night.

Note that the following themes can be highlighted in the description of this Rune: **Life** (insight into life, life as an initiatory process), the 'Waters of Life' and the **Logos** that fecundates those 'Waters'; **Light** (learning from life in order to be illuminated); **Love** (love for humanity and allowing others to have their Free-Will); and **Law** (the **Ur**-Law of life).

Gnostic Runology – The “LAF” & “MAN” Runes and their Practice

The “Laf” Rune According to Huiracocha



The LAF Rune means Life and is related to the Spanish articles **EL**, **LE**, **LA**, and **LO**. All of this means that at the moment when we have something or we are owners of something, we can use one of these Articles in order to give it life. Thus the Stone [**la Piedra**], the Air [**el Aire**], are living things and have a positive existence.

Throughout the Americas, we find stones with these two Runes engraved upon them that read LAFTAR (meaning SAVIOR). In both of these syllables we find the mystery of the word or Logos or the Light that has, in itself, the primitive and eternal force. In the L or LAF, we also have the Latin **Lex** or law, whose word in the Nordic language, means STONE and reminds us of the word LORELEI (“Murmuring rock”), that is to say, the triangular of all things.

If we join the two LAF Runes by their arms, we have the formation of an M and this letter (considered as a Rune) signifies Matrimony. In this way the union of **EL** (Him) and **LA** (Her) forms a pair, a conjunction. They are, therefore, two lives that seem to form only one.



LAF RUNE PRACTICE: The practice of the **Norns**, in order to attract the forces of LAF, consist of concentrating on a glass of water while giving it spiritual value by exclaiming the following: “With this water clean my inner-self of all weeds [**maleza**] in order to receive the human being, the cosmic being, the cosmic forces.”



The instructions of this Rune must be given along with those of the MAN Rune which is the God-Man (or Divine-Humanity) who raises his arms. LAF signifies that God is locked up in us or imprisoned within, and who (with the absolute right to attain Light and Liberty) cries and appeals to Heaven. All this is enclosed within these two Runes.

The “Man” Rune According to Huiracocha



The name of this Rune, **MAN**, signifies Human Being, but it also means **HAND** (from the Latin 'Manus'). It is one of the most important Runes and, by its very form, invites us to a constant Prayer. It is the human being who implores upwards, to the Great All. “MANE-MANU” are also anagrams of the Mantrams AMEN and AUM, which are the ones that must constitute our prayers and must always express: “I AM OF DIVINE ORIGIN”.

Let us remember that greatly misunderstood and misinterpreted phrase “I am as much as you are.” It does not signify establishing a comparison between two men: this phrase is symbolic. It means, “I, as a small Microcosmos, am so much like you, immense Macrocosmos.”

In Hebrew “OM”, as a monosyllable, is translated as ‘that which is True’, ‘that which is Vital’, ‘that which is Legitimate’, and, in that sense, we must possess the biblical phrase that is spiritually found on the Banner of the Gnostics: “I AM THE TRUTH AND THE LIFE!”.

MAN RUNE PRACTICE: The practice is to be done in the morning facing towards the Sun (at the moment it ascends in the East) in that attitude of raised hands as expressed by the Rune and imploring for help and support. This practice should never be employed with a passive, useless or in any similar attitude. This should always be done on the 27th of every month from 3:30 to 4:00 GMT.



Here is the corresponding prayer (which can also be done partially):

“I AM THE TRUTH AND THE LIFE. But I, MYSELF, without complaining to anyone and without asking for anything external. Without my prayer going outside, but doing it within...

I AM THE LIGHT... since that divine spark which is God, dwells and resides within me and the purpose of my life is to liberate it, achieving it, recognizing it for myself, so as to make it objective before my eyes....

I am health, I am a hand of the Great All through which it executes its will; and I, as a living antenna, must gather the divine forces of the Cosmos without twisting its course nor adulterating its Law.”

The “Laf” Rune According to Samael Aun Weor

The Initiatic Stone is esoterically converted into the Cup of Hermes, into the Sacred Chalice, the Holy Grail. Peter, *Patar*, is the Initiatic Revelation within the Sexual Organs, and anything that is not accomplished in this way signifies a useless waste of time. It becomes tremendously significant that engraved upon the stones of the Americas is the LAFTAR (or LAF Rune) whose meaning is SAVIOR. We must build the Church for the intimate Christ upon the Living Stone. If we join two LAFs by their arms, then we have the letter M of the word Matrimony. It is clear that only by treading upon the Path of the Perfect Matrimony can the Wedding Garment of the Soul be attained.

LAF RUNE PRACTICE: The practice corresponding to this Rune consists of walking towards the Sun in the morning (in the moment in which the Sun ascends in the East), but in that mystical attitude of raised hands (as shown by the Rune), and one implores the Sun-Christ for Esoteric help. This practice must be performed on the 27th of each month.



The “Man” Rune According to a Student of Samael Aun Weor

Samael says that the MAN Rune “represents man” (that is, the human being), and “I saw the stars and practiced the MAN Rune...”, but he does not give a corresponding practice.

However, one of Samael’s students (from Glorian Publishing) had an internal experience where he was able to associate the *Prayer to the ‘Solar Logos’* with the *Man* Rune. He recommends doing this *Man* Rune practice on its own or immediately after doing the *Laf* Rune practice (specifically the walking *Laf* practice on the 27th of each month). We take up its corresponding posture (arms raised towards the heavens) and say the following:



“Oh Thou, Solar Logos, Igneous Emanation, Christ in Substance and in Consciousness, Potent Life whereby everything advances, come unto me and permeate me, illuminate me, bathe me, pierce me and awaken within MY BEING all those ineffable substances which are as much a part of thee as they are a part of me.

Universal and Cosmic Force, mysterious energy, I conjure thee, come unto me, remedy my affliction, cure me of this evil and remove from me this suffering so that I may have harmony, peace, and health.

I ask thee in thy Sacred Name, which the Mysteries and the Gnostic Church have taught me, so that thou can make all of the mysteries of this plane and the superior planes vibrate with me, and that all of those forces unite to achieve the miracle of my healing. So Be It.”

Then one can also add the Mantram "AUM" three times or even “Om Tat Sat Om” (which can be vocalized three times in the following way: “OM Tat Sat OM Tat Sat OM Tat Sat OM”).

Gnostic Runology – The “MAN” Rune (Historically)

The “Mâdr” or M-Rune According to Friedrich Fischbach (1900)



The M rune shows a Man raising his Arms, or even crossing them.



The “Man, Mon” Rune According to Guido von List (1907)

Y *man, mon*, Man [*Mann*], Moon [*Mond*] (*ma* = to mother [*muttern*], to increase [*mehren*]; empty or dead [*leer oder tod*]).

A Fifteenth I count, which Volksrast the Gnome
Sang before the Gates of Day
To the Gods [*Ásen*] for Strength [*Stärkung*],
to the Elves [*Alben*] for Power [*Kraft*],
And to myself for clarifying my Perception [*Sinne*].

man=, mond=Rune Y

The Folktale of the “Man in the Moon [*Mann im Monde*]” is revealed, in the fifteenth Rune, as the sacred Character of ‘the Propagation of the Human-Race [*der Fortpflanzung des Menschengeschlechtes*]’.

The *Ur-Word* “*ma*” Indicates feminine Procreation or “Mothering”, just as the *Ur-Word* “*fa*” is for the corresponding masculine Procreation. Hence, we have here “*mater*” (Mother), and likewise there we have “*fater*” (Father).

The Moon is considered mythically-mystically as the Magical-Ring *Draupnir* (Dripper), from which every ninth Night an equally heavy one drips (separates itself), and which would be burned along with *Baldr** ; that is, with *Nanna*, the Mother of his Children, who was burned at the same time as *Baldr*. According to mythico-mystical symbolism, however, Nights can correspond to Months, and so the “nine Nights” mentioned above denotes the Time of Gestation (or 9 months of human pregnancy).

But since the Concept of Man, Maiden, Mother, Husband, Wife [*Gemahl, Gemahlin*], marriage, menstrual, etc., etc., are rooted in the *Ur-Word* “*ma*” (as is the Concept “Moon [*Mond*]”, with which they are all internally connected conceptually), they nevertheless symbolize Standalone-Concepts [*Einzelbegriffe*].

These concepts Join-Together in an apparent Unity, and (according to the Principle of the “multi-united multi-faceted Multi-Unity”) the Conceptual-Word for this Unity is also rooted in the *Ur-Word* “*ma*” and expressed “*man-ask*” or “*men-isk*”, that is: *Mensch* [or Human].

Therefore – as a Unifying-Concept – the word “*Mensch*” [or Human] is only unisexual [*eingeschlechtigt*]. Thus, the fifteenth Rune embraces the exoteric as well as the esoteric Concept of the high Mystery of Humanity [*des hohen Mysteriums des Menschentums*] and culminates in the Admonition: “Be Human! [*Sei Mensch!*]”

* **NOTE:** In Norse mythology, *Baldr* is a son of the god *Odin* and the goddess *Frigg*. He is associated with light, wisdom, and courage (although he is never specifically defined as the god of any of these). *Baldr* is best known for his dramatic death, which heralds the coming of *Ragnarök*, the end of the age of the Norse gods and the rebirth of the world.

Ragnarök means "Fate of the gods" and is a series of events (including a great battle) foretelling the death of a number of great figures (including the gods **Odin, Thor, Týr, Freyr, Heimdallr,** and **Loki**), natural disasters and the submersion of the world in water. After these events, the world will resurface anew and fertile, the surviving and returning gods will meet and the world will be repopulated by two human survivors.

The “Man” Rune According to E.T. Kurtzahn (1924)

Exoterically: Man/Male/Masculine [*Mann*].

Esoterically: Spirit [*Geist*].

Generally: Man, Humanity, Truth [*Mann, Menschheit, Wahrheit*].

We now come to the first of three Runes which give symbolic Expression to Humans themselves [*Menschen selber*] and their most intimate Relationship to one another through the Sexes [*durch die Geschlechter*], namely the Runes of † Man, † Woman, and † Marriage [*Ehe*].

If one looks at the † **Man**-Rune, one immediately notices a certain Resemblance to a Human-Being [*Menschen*] raising their Arms towards Heaven in a certain sacred Attitude, as is customary in certain magical Operations [*magischen Handlungen*]. We recommend Peryt Shou's book : "The Edda as the Key of the Coming World Age [*Die Edda als Schlüssel des kommenden Weltalters*]" which deals with Runic-Magic in a practical way.



The upper Threefold-Division is of utmost Importance, because it symbolizes Spirit, Soul and Body. Each of the Arms representing this Trinity points upwards towards the Light, longingly striving for it. Furthermore, one can very well compare the † **Man**-Rune with the Posture of a person who has been Crucified – and is not the God-Man [*Gott-Mensch*] in fact attached to Matter/Material like unto a Cross?

If one wants to understand the † **Man**-Rune only as a Synthesis of Man, as Phallus, then the middle Beam [*der mittelste Balken*] points downward towards Matter/Material in which new Life is to be awakened by him in order to make the words of St. John true: "The Light shines in the Darkness, and the Darkness has not comprehended it..."

It seems remarkable to me that both the word 'Man' and the word 'Matter/Material' (from *mater* - Mother) begin with the *Ur*-Word "Ma". This points to the intimate and indissoluble Relationship [*Beziehungen*] between Man and Woman. If one brings the † *Os*- or *Ask*-Rune in Connection with the † **Man**-Rune, then one has the Emergence of an important Meaning and, through language transformation, it becomes *man* + *ask* = *Mensk* = *Mensch* or Human-Being.

The corresponding Verse of the Rune-Song is, again, quite mystical. Obviously the great Giver of every Creative-Force [*Schöpferkraft*] suggests to us the Sun (in almost all Mythologies symbolized as male) which also gives the Male the Procreative-Force [*Zeugungskraft*] dwelling in him.

Gnostically understood, this Force is that of the *Logos*, the Spirit, embodied in the Seed of Man [*Samen des Mannes*], which can be used not only for carnal Procreation [*fleischlichen Zeugung*], as most people mention, but which should instead be used for the highest-possible Perfection of the Human-Being [*höchstmöglichen Vervollkommnung des Menschen*], and to which the Words of Christ clearly and distinctly refer:

"Verily, verily, I say unto thee, Except a man be born of Water and of the Spirit, he cannot enter into the Kingdom of God [*das Reich Gottes*]." (St. John 3:5)

In order to achieve this Rebirth from the Seed, one needs certain Help. This Help can only come from someone who is thoroughly familiar with the gnostic Doctrine-of-Salvation [**gnostischen Heilslehre**]. Since it is not easy to find such a Confidant [**Vertrauensperson**], a Hint should be offered here as an exception, by which one can enter onto the right Path.

However, before one intends to make use of the Spirit in order to come to spiritual Perfection, one has to purify the Vessel of the Spirit, the Body, and transform it into the Grail-Chalice [**Gralskelch**]. This Regeneration and Transformation is not easy, because – is there a Place where this Goal is consciously worked towards?

Yes, there is such a place which is well known to me, it is the "Sanatorium for Dietary-Reform" in Lehmrade (near Mölln, Lauenburg). Only when the Body is complete does one start to work on the "great Word", which is helped by the Gnostic School of Pastor Dr. E.C.H. Peithmann.

The Gnostics knew, and still know, how to use the Breath (let us remember the Air-Rune **Hagall**) and the Seed in order to spiritualize one's Body during one's Lifetime and thus to transfigure it in order not to taste Death. This refers to the Transition into the Subtle-Substantial Being [**Feinstoffliche Sein**]. For the one who is well versed in applied Symbolism it is suggested that much is contained in the **Hagall**-Rune combined with the four final Runes, more than one might dream of... **Sat Sapienti!**¹

The Procedure [**Verfahren**] can be taught to the worthy Student, even Today, in more or less difficult to access Gnostic Schools.

Here one honestly asks oneself: are there many worthy Students of this kind today, when raw Sensuality [**Sinnenlust**] reigns everywhere? For them we say: woe to the Presumptuous, who would unworthily venture into these operations which are magical Practices [**magischen Praktiken**] in the highest sense... because immediate Madness [**Wahnsinn**] would be the inevitable Consequence!

The Method for the Procedure [**der Weg zu dem Verfahren**] can also be found through the Runes by those who are Qualified [**Berufenen**], but: the Entrance to the Secret [**der Eingang zu dem Verborgenen**] is well guarded; although the Hints from this Script go almost too far...

Finally, it should be mentioned that the † **Man**-Rune was also erroneously assigned to the Moon (☾). This might be explained by the apparent Male-Figure in the Moon (the so-called "Man in the Moon!"), but also by the unmistakable Influence of the Moon on the Fecundity [**Fruchtbarkeit**] of Human-Beings, Beasts and Plants.

The “Ma, Man, Mon, Madr” Rune According to R.J. Gorsleben (1930)

Letter M and Number 15.

The man, the human being and, at the same time, the Rune Tree and the Tree of Humanity (with 15 shoots, the arms as well as the branches reaching towards heaven). **This Rune has the power to condense and collect cosmic rays** (which means pulling the spiritual down into matter), so that the mystery of humanity (the immaculate conception) becomes perfect by means of inspiration.

Dr. Friedrich Teltscher's **Ur**-word is **Trieb** meaning “Determination” as well as Drive, desire, urge, inclination, instinct; impel forward, propel, push; shoot, newly grown plant stem, sprout, burst forth, etc.

¹ '**Sat Sapienti**' is an abbreviation of the Latin dictum '**sapienti sat est**', meaning "that which is said is sufficient for the wise".

A fifteenth I know, which **Volkra**st, the gnome,
 is singing early before the gates of the day
 for strength from the Gods [**Aesir**]
 and for power from the Elves [**Alben**]
 and wisdom, All-father, for me.



The fifteenth rune is the sacred Rune of humanity and it introduces us to the mystery of being human. It culminates in the admonition: “Be Human!”. The sum of the digits of 15 = 1 + 5 = 6, and the Six is the **Sexus** (Sexuality/Gender). This leads us back to **Y Kun** or **Kaun** Rune, the Rune of Sex. All procreation pulls something soul-related and spiritual down into existence, into its material form.

The **Man**-Rune depicts a man who reaches up to the heavens with his hands (in the ancient prayer position). He stretches his hands towards the heavenly ones in such a way that he is striving for the connection with the Divine by means of magical-mantramistic actions. Thus, there very easily comes a comparison of this position with the one who has been “crucified” on the wood of the world. The **Man**-Rune shows the basic idea of the human being as embodied and spiritualized. The three-partition of the **Man**-Rune upwards means the trinity of spirit, soul and body. **Man** is also the word of leadership, **manager**, the one who gives orders, **commands** or **mandates**.

Through hand (**manus**) and head (**manas** – meaning: reason, spirit, mind), through the soul (**mens**), we become human (**Man**). Because of the hand and the head, the human being is decisively different from animals and is able to grasp things around him. **Lifting the outstretched hands towards the heavens, the human being can collect cosmic rays.** Collecting cosmic rays really means condensing them, that is: drawing that which is spiritual down into the ‘womb of the mother’ (matter), so that the mystery of humanity (referring to the immaculate conception) can be achieved by means of “in-fluence”, influx, inflow, by means of “inspiration”, “correctly illuminated by the spirit”.

This power to condense is magic. The **Man**-Rune therefore is the Rune of the magician, of magic and of the Power-to-Unite [**Vereinigungskraft**]. Magic is Power/Might [**Macht**], since both words are the children of the same root word, which means “to be capable” [**Können**]. What forces the human being to lift up their hands to the High Ones is an effect of their **Man**, of their ad-**mon**-ition, of their **manas**, of their reason, but not of their intellect (which continuously removes us further and further away from the love of God). Yet, while you practice pure love, God remains within you.

The “Man” Rune According to S.A. Kummer (1932-1933)



man

(M) The M-Rune, Man, reminds us and whispers within us that we should become conscious [**bewußt**] of our inner God-Spark [**inneren Gottesfunken**], our higher Self [**höheren Ich** or Inner Being]. – Numerical value 15.

Man, the Rune of the Breath, of Truth, of Power/Might [**Macht**] and the positive Force of Males (even in Procreation). The **Man** Rune points to the spiritual, soulful Union of Man and Woman in noble, conscious Procreation. “**Man**” and “**Ma**.”

It is the Rune of the Spirit, the Soul, and of the Body, as well as of Awakening, Working, Controlling, Forgiving, and of new spiritual Acquisition, all of which is also indicated by the three emerging Lines.

Man comes from **Mannus**, the first Germanic Guide/Leader [**Führer**], and from the Spirit of God Himself (**Dio** = **Teut** = **Deutsch** – the Son-of-God). **Mannus** is the mythical Germanic-Progenitor or -Forefather [**Germanen-Stammvater**].

Man and **Mannus** are related to the mysterious words **Amen**, **Omen**. Even the famous 'Om' is derived from the old Norse, Germanic root **Man**, which means the Divine-Human [**Gottmensch**], the Spirit-Man [**Geistesmann**].

According to Hermann Wirth, the one who is Born-Again, the Resurrected-One, is the Son-of-God, 'Ma' **Y** or the 'Ka' **Y**, the "Human-Being". Therefore, his consecrating Hand-of-Light [**segnende Lichthand**] was also gladly represented as a Human-Symbol in the atlantian-nordic Traditions.

The "Rod-of-Life", the Staff in the **Y** Shape was the Emblem of the atlantian-nordic Priestess and Judge, and later of the King and Judge.

The Demonic of the positive **Man**-Rune is the negative **Yr**-Rune **✚**, which symbolizes: Error, Delusion, and Lunacy. As well as: Demonic Love-Lust and Greed, Self-Destruction through unnatural Procreation [**artlose Zeugung**] that leads to Torment and Suffering.

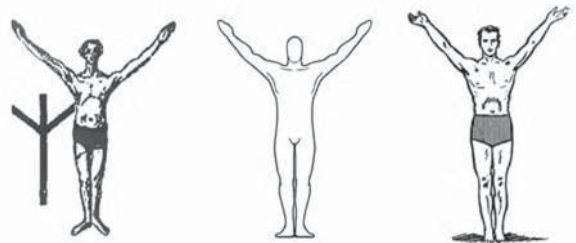
To consciously feel the positive **Man**-Rune in oneself means to walk the Path to Spiritualization [**Weg beschreiten zur Vergeistigung**], the Pathway into the subtle World, into the higher Sphere.

"Be the Truth and the Life-
Become a great Man-
Be the Spirit-God-Human!"

The **Man**-Rune-Position has its greatest magical Effect [**größte magische Wirkung**] on the New-and the worst [**schlechtesten**] at the Full-Moon.

Full Body Rune Exercise(s):

The **Man**-Rune is the Rune of divine Magic [**göttlichen Magie**], and of cosmic Spirit-Procreation [**kosmischen Geistzeugung**]. The **Man**-Rune-Position is a high Prayer-Position in which the Practitioner is able to gather and draw down to themselves high, cosmic, spiritual Waves [**hohe, kosmische, geistige Wellen**] which (through Inspirations) illuminate and complete one's Spirit more and more.



The Practitioner again takes the **Ich**-Rune-Position, raises the Arms sideways, diagonally upwards, so that they make the human-formed M-Rune shape.

Now one visualizes the shape of the Rune and thinks sharply that radio-like Waves-of-Universal-Force [**Allkraft-Wellen**] penetrate into the back-of-one's-head and flow through one's spinal cord. At the same time the Waves penetrate into one's hands, flood one's Arms and Body, surrounding the Practitioner with the Waves-of-Universal-Force [**Allkraft-Wellen**].

All of these Waves unite in the Sympathetic nervous system and create a very peculiar, blissful, wonderful Feeling. It evokes a Ring or Ringing [**Klingen**] in the Practitioner and awakens a deeper Universal-Knowledge and Universal-Love [**Allwissen und Allliebe**]. Then these Waves ring softly through the Thighs and Calves, under the bottom of the Feet, and then flow into the Earth.

After the Student has assumed the **Man**-Rune-Position and has concentrated their Thinking and Observing on the Influx of his Universal-Waves [**Allwellen**] for several Minutes, they then magnetizes their Aura. This is done by singing the "M" in a clear, deep Tone while slowly, rhythmically rotating in a Circle in one Place; when Facing North and East turn slower, when Facing South and West turn faster. Avoid too strong an Influx of Waves from the South and West.

In regards to the Aura: we consistently radiate [**strahlen**] or Emanate [Ausstrahlung] a Substance from our Bodies that Dr. Karl von Reichenbach called the "**Od**". The Name **Od** comes from the God "Odin" the Orderer-of-the-World [**Weltordner**].

This **Od** fills the whole Universe, radiating to all organic and inorganic Bodies. **Od** emanates from the human as well as from every Animal Body, but also from Plants, Minerals, etc. In our Bodies, we continuously generate and radiate **Od** and, with every Movement, with every Breath, we transfer it to all Objects we touch.

The **Od** is the material Carrier [**Träger**] of Thoughts and also of psychic Qualities [**Eigenschaften**]. Thus, it will seem understandable that it is assigned a great Role in "personal Magnetism". Therefore, it is very important for the Student to see their magnetic, **odic** Emanation (their Aura).

Take the "M" posture – embrace the Ether,
Like your Ancestors before you.
Feel within yourself a Whispering and a Singing,
Which will bring you a holy Knowledge [**heilige Kunde**].

In this Rune-Position, Full- and Deep-Breathing is very important. After 14 Days, the wisdom of the divine Magic in the **Man**-Rune will be revealed to the Student, along with the Perfection of the Breath and the Vibrations, the Rhythm of the Universal-Waves of divine Force-Stream [**der Allwellen göttlicher Kraftströme**], if one has persistently observed the previous exercises.

The Student recognizes the budding Divine-Human [**angehenden Gottmenschen**] in themselves.

One can feel the Cosmos, feel the World, in oneself and perceive it rushing, ringing and singing, when humming the Pitches of the **Man**-Rune's Sound-Formula. Additionally, I recommend practicing this Rune-Position with the following Sound-Formula:

"ma-me-mi-mo-mu!"
All-Father calls:
Be a Spirit-Warrior [**Geiststreiter**],
Be a divine Knight [**göttlicher Ritter**]!

Then the palpable Current/Stream [**Strom**], the cosmic Force [**kosmische Kraft**], will enter your outstretched Hands and flow through the Body.

Each Rune, each Sound has a different type of Current, Strength, Vibration and Rhythm.

Whosoever understands and learns to consciously move the divine cosmic Universal-Currents [**göttlichen kosmischen Allströme**] becomes the conscious Master of their own Fate/Destiny.

The Student must get into the habit of bringing their Thoughts, Desires, Wishes and Feelings into Harmony with the Universal-Wave-Forces [**Allwellen-Kräften**], then they will always be on a first-name basis with All-Father (God), and the Influences-of-the-Stars will no longer be able to do them great Harm since they now possess Universal-Knowledge [**Allwissen**] and rule over their Stars.

The Student will always be affirmative, hopeful, confident and full-of-life [*lebensfroh*]. Despondency, Doubt, Fear, Worry and Weakness no longer exist for them. All their good Wishes are Fulfilled, since their Will, Thoughts, and Faith are firmly focused on the high Goal of becoming a Divine-Human.

If Failures do occur, then the Practitioner has not always followed my Advice/Council [*Rat*] and must seek the faults within themselves. The strictest Self-Criticism after Failures brings Recognition and Learning.

The Student must always strive to maintain their emotional Harmony. One should, as far as possible, free themselves from all Urges and Passions without becoming unnatural. Therefore, one practices strict Criticism of one's own Conduct and Deeds, as well as of one's Life-of-Thoughts and -of-Desires.

If one has now recognized much that is Wrong in oneself, then one immediately takes up the Fight by sending out good, strong Thoughts and Petitions, and taking one's Body under the strict Control of one's *Ich* [or Inner Being].

After all, the Student wants to become a wise Magician, a Divine-Human, so above all he or she must stand above wild Passions, Animal drives, Wishes and Desires.

Hand Rune Exercise ('Mudras' or "Rune-Grips"):

The Rune Practitioner should take up the *Ich*-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must be observed with all the Rune-Grips.



The *Man*-Rune-Grip is performed with the right Arm stretched upward, with the hand position as shown in Figure 15. Its Sound-Formulas are: "m-m-m", "M-m-a-n-n", and "ma-me-nu-mo-mu".

The Thoughts are directed to Universal-Love, cosmic Spiritual-Procreation and the Awakening of divine Magic. This Grip is one of the most effective Rune-Grips, the right Hand begins to burn [*feuern*] and to glow.

The Practitioner has the Sensation as if fine Rays [*Strahlen*] are emanating from three Fingers, and the whole Hand is strongly charged with electricity.

With this Grip the Practitioner is able to banish any Danger. It is the Grip of the reborn conscious Magician [*wiedergeborenen bewußten Magiers*] and of the three-fingered blessing and protecting Hand-of-Light [*Lichthand*] of our exalted Ancestors. This Grip allows the Practitioner to penetrate into the highest Mysteries/Secrets of Rune-Magic.

Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the *Ich*-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [*Feinkräfte*] can be reached in the Hand-Centers.

I mention, again, that in all the Grips, at the End of the Exercise, the Circulation of the accumulated Subtle-Force through the whole Body should not be forgotten.

After Completion of this Grip, the Smell of electrically burnt Wires is often perceived. The astral Color is purple-red by Day, phosphorescent greenish-red by Night.

Gnostic Runology – The “LAF” & “MAN” Runes and their Practice

The “Laf” Rune According to Huiracocha



The LAF Rune means Life and is related to the Spanish articles **EL**, **LE**, **LA**, and **LO**. All of this means that at the moment when we have something or we are owners of something, we can use one of these Articles in order to give it life. Thus the Stone [**la Piedra**], the Air [**el Aire**], are living things and have a positive existence.

Throughout the Americas, we find stones with these two Runes engraved upon them that read LAFTAR (meaning SAVIOR). In both of these syllables we find the mystery of the word or Logos or the Light that has, in itself, the primitive and eternal force. In the L or LAF, we also have the Latin **Lex** or law, whose word in the Nordic language, means STONE and reminds us of the word LORELEI (“Murmuring rock”), that is to say, the triangular of all things.

If we join the two LAF Runes by their arms, we have the formation of an M and this letter (considered as a Rune) signifies Matrimony. In this way the union of **EL** (Him) and **LA** (Her) forms a pair, a conjunction. They are, therefore, two lives that seem to form only one.



LAF RUNE PRACTICE: The practice of the **Norns**, in order to attract the forces of LAF, consist of concentrating on a glass of water while giving it spiritual value by exclaiming the following: “With this water clean my inner-self of all weeds [**maleza**] in order to receive the human being, the cosmic being, the cosmic forces.”



The instructions of this Rune must be given along with those of the MAN Rune which is the God-Man (or Divine-Humanity) who raises his arms. LAF signifies that God is locked up in us or imprisoned within, and who (with the absolute right to attain Light and Liberty) cries and appeals to Heaven. All this is enclosed within these two Runes.

The “Man” Rune According to Huiracocha



The name of this Rune, **MAN**, signifies Human Being, but it also means **HAND** (from the Latin 'Manus'). It is one of the most important Runes and, by its very form, invites us to a constant Prayer. It is the human being who implores upwards, to the Great All. “MANE-MANU” are also anagrams of the Mantrams AMEN and AUM, which are the ones that must constitute our prayers and must always express: “I AM OF DIVINE ORIGIN”.

Let us remember that greatly misunderstood and misinterpreted phrase “I am as much as you are.” It does not signify establishing a comparison between two men: this phrase is symbolic. It means, “I, as a small Microcosmos, am so much like you, immense Macrocosmos.”

In Hebrew “OM”, as a monosyllable, is translated as ‘that which is True’, ‘that which is Vital’, ‘that which is Legitimate’, and, in that sense, we must possess the biblical phrase that is spiritually found on the Banner of the Gnostics: “I AM THE TRUTH AND THE LIFE!”.

MAN RUNE PRACTICE: The practice is to be done in the morning facing towards the Sun (at the moment it ascends in the East) in that attitude of raised hands as expressed by the Rune and imploring for help and support. This practice should never be employed with a passive, useless or in any similar attitude. This should always be done on the 27th of every month from 3:30 to 4:00 GMT.



Here is the corresponding prayer (which can also be done partially):

“I AM THE TRUTH AND THE LIFE. But I, MYSELF, without complaining to anyone and without asking for anything external. Without my prayer going outside, but doing it within...

I AM THE LIGHT... since that divine spark which is God, dwells and resides within me and the purpose of my life is to liberate it, achieving it, recognizing it for myself, so as to make it objective before my eyes....

I am health, I am a hand of the Great All through which it executes its will; and I, as a living antenna, must gather the divine forces of the Cosmos without twisting its course nor adulterating its Law.”

The “Laf” Rune According to Samael Aun Weor

The Initiatic Stone is esoterically converted into the Cup of Hermes, into the Sacred Chalice, the Holy Grail. Peter, *Patari*, is the Initiatic Revelation within the Sexual Organs, and anything that is not accomplished in this way signifies a useless waste of time. It becomes tremendously significant that engraved upon the stones of the Americas is the LAFTAR (or LAF Rune) whose meaning is SAVIOR. We must build the Church for the intimate Christ upon the Living Stone. If we join two LAFs by their arms, then we have the letter M of the word Matrimony. It is clear that only by treading upon the Path of the Perfect Matrimony can the Wedding Garment of the Soul be attained.

LAF RUNE PRACTICE: The practice corresponding to this Rune consists of walking towards the Sun in the morning (in the moment in which the Sun ascends in the East), but in that mystical attitude of raised hands (as shown by the Rune), and one implores the Sun-Christ for Esoteric help. This practice must be performed on the 27th of each month.



The “Man” Rune According to a Student of Samael Aun Weor

Samael says that the MAN Rune “represents man” (that is, the human being), and “I saw the stars and practiced the MAN Rune...”, but he does not give a corresponding practice.

However, one of Samael’s students (from Glorian Publishing) had an internal experience where he was able to associate the *Prayer to the ‘Solar Logos’* with the *Man* Rune. He recommends doing this *Man* Rune practice on its own or immediately after doing the *Laf* Rune practice (specifically the walking *Laf* practice on the 27th of each month). We take up its corresponding posture (arms raised towards the heavens) and say the following:



“Oh Thou, Solar Logos, Igneous Emanation, Christ in Substance and in Consciousness, Potent Life whereby everything advances, come unto me and permeate me, illuminate me, bathe me, pierce me and awaken within MY BEING all those ineffable substances which are as much a part of thee as they are a part of me.

Universal and Cosmic Force, mysterious energy, I conjure thee, come unto me, remedy my affliction, cure me of this evil and remove from me this suffering so that I may have harmony, peace, and health.

I ask thee in thy Sacred Name, which the Mysteries and the Gnostic Church have taught me, so that thou can make all of the mysteries of this plane and the superior planes vibrate with me, and that all of those forces unite to achieve the miracle of my healing. So Be It.”

Then one can also add the Mantram "AUM" three times or even “Om Tat Sat Om” (which can be vocalized three times in the following way: “OM Tat Sat OM Tat Sat OM Tat Sat OM”).

Gnostic Runology – Additional “Man” Rune Practices

The Practice of the “Man” Rune According to Siegfried Adolf Kummer

The practitioner should take up the well-known basic military position ‘at attention’ (or the passive *Is*-Rune), facing North or East. One stands straight, the chin is slightly drawn in, the back arched; the hands are held at the sides, the heels close together, toes pointed outward. Any rigid exaggeration of the posture must be avoided. The student will then inhale and exhale deeply 3 times with the intention of purifying and readying themselves for the reception of Divine Rune-currents.



One should raise both arms diagonally upward, in order to form the human *M*-Rune, as shown in the drawing. The palms are turned upward and slightly cupped. Now begin to hum: “M-m-m-m”, with slow, deep breathing. One should begin soft and deep, let the tone swell and rise to the highest pitch, then sink slowly again to a deep tone. The *M* is to be hummed at all tone levels and in different volumes; it can also be sung in a siren-like fashion. Imitate the humming of bees.

The whole formula is to be repeated for half an hour, with good, deep breathing. If your arms become tired, they can be held for short pauses in the ‘at attention’ position, during which time, however, you should continue to meditate spiritually on the reception of subtle cosmic energies.

The subtle currents of the All-power flood into the back of the practitioner’s head, flow through the back and sympathetic nerves and gather in the solar plexus and around the navel. At the same time, subtle waves of power flow into the palms of the hands, flood through the arms, stimulate the thymus gland (in the center of the chest), join with the streams of the All-power in the sympathetic nerves, activate the spleen, and strengthen the gathered currents of power in the solar plexus, from where they fade away through the navel into the aura. To some extent, they also flow through the legs and then through the foot centers (in the middle of the feet) into the earth, into the place one is standing.

This process is repeated throughout the entire practice session and brings about a strange, blissful, beautiful feeling – a fine ringing and vibration in the practitioner. The glands and higher centers of the body begin to sparkle; the inner-Self is freed from the constricting bonds of the body; flashes of thought, ancestral memories and astral perception dawn from within the practitioner.

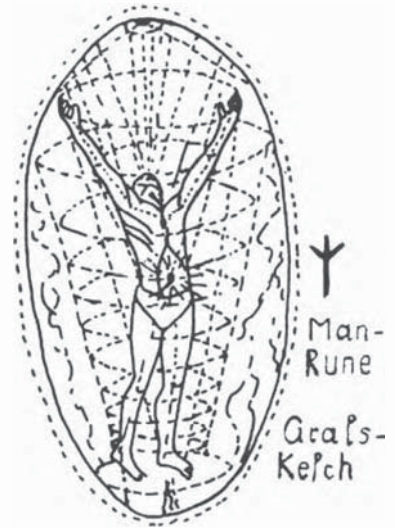
You can feel and sense the cosmos, the world, in yourself whenever you hum the tones of the *Man*-Rune. Every Rune has a different type of current, a different strength, vibration, and rhythm. Those who understand it and learn to connect themselves consciously to the All-current of the *Man*-Rune become conscious magicians and masters of their Fates. The *Man*-Rune may be felt in other related types of current by means of the following sound-formulas: “ma-me-mi-mo-mu” and “am-em-im-om-um”

After ending the exercise the practitioner should drain off any energies which have been too strongly accumulated, or unfavorable waves accumulated through false thoughts, in the following manner: In the *Man*-Rune posture, hum the m in a high tone, then sink to the lowest tone, while thinking, consciously willing, that all waves harmful to the Spirit, Soul and Body are bound to the tone vibrating in the body, and flow through the body and fade away under the soles of his feet into the earth with the deepest tone.

Additional Work with the “Man” Rune from Kummer

The formation of the “Grail-Chalice” [*Grals-Kelch*] should only be attempted after the *Man*-Rune has been practiced for at least 20 minutes prior; otherwise the aura of the practitioner will not be sufficiently charged with subtle energies, and the Runic antennet will not have been developed. This is absolutely essential for the formation of the Grail-Chalice.

The practitioner should again strike the *Man*-Rune posture. The hands are stretched upward in the form of a chalice. The head is raised; the eyes directed serenely into the All. Your weight should be placed on the left foot, while the right foot rests lightly to the side. In this way the astral power centers of the body are most strongly activated. Due to this position, the Rune-stream, the subtle current of energy, is unable to dissipate sufficiently through just the one foot into the earth and seeks an escape through the navel into the aura, where it then, in conjunction with the fading energies from the mouth, forms the Grail-Chalice. Standing in this position the practitioner will feel a rather strong prickling sensation in and around the navel.



Now the practitioner should sing the formula: *o-o-m-m* rhythmically, like, for example, the chiming of church bells, while he imagines that from his mouth emanate rings of subtle energy which vibrate around his whole body and increasingly complete the Grail-Chalice, which finally results in a strong, magnetic center of Light which attracts higher, spiritual, cosmic influences. It is important for this mysterious exercise that a pure, noble state of mind be in control of desires and efforts toward Universal Love and higher development. During the singing you should think as follows:

“*Fa-tor* [Father], I call to Thee,
With All-power stream through me,
The Grail awakens in me,
Threefold in Love, a *Tyr*'s oath I
take.”

The Practice of the “Man” Rune According to the F.R.A.

The following was taken from a Facebook post¹ in a Portuguese language FRA group “Grupo de Estudos Mestre Huiracocha”. It appears that it was first posted February 10, 2016, and then reposted September 26, 2019 at 8:06am MT both times by Andrey Oliveira.

“GNOSTIC RITUAL TO INVOKE THE SOLAR LOGOS

Preparation: Cleanse and organize the temple at will, and with the inspiration of how to arrange the altar according to the work.

Burn a lot of incense.

Standing in the center of the Armanen Runic Circle, in the *Man* Rune position (the 15th Nordic Rune of the Armanen Futhork), face east, and close your eyes.

After being quiet for some moments, recite the Invocation to the Solar Logos so that it penetrates your essence and floods your mind, as follows:

Universal and Cosmic Force, mysterious energy, fertile womb from which everything is born; Oh Thou, Solar Logos, Igneous Emanation, Christ in Substance and in Consciousness, Potent Life whereby everything advances: Come unto me and permeate me, illuminate me, bath me, pierce me and awaken within my Being all those ineffable substances which are as much a part of thee as they are a part of me.

Universal and Cosmic Force, Mysterious Energy, I conjure thee, come unto me: remedy my affliction, cure me of this evil and remove from me this suffering, so that I may have harmony, peace and health.

I ask thee in Thy Sacred Name, which the Mysteries and the Gnostic Church have taught me, so that thou can make all of the Mysteries of this plane and the Superior Planes vibrate with me, and that all of those Forces unite to achieve the miracle of my healing. So be it.

EUOE EUOE EUOE	IAÔ SABAOTH	
KIRIE ABRAXAS,	KIRIE MITHRAS,	KIRIE PHALLE...
EUOE KIRIE PHALLE,	EUOE PAN, EUOE PAN,	EUOE ISCHURION,
EUOE ATHANATON,	EUOE ABROTON,	EUOE IAÔ...
KHAIRE PHALLE,	KHAIRE PANPHAGE,	KHAIRE PANGENETOR...
HAGIOS, HAGIOS, HAGIOS	IAÔ...	

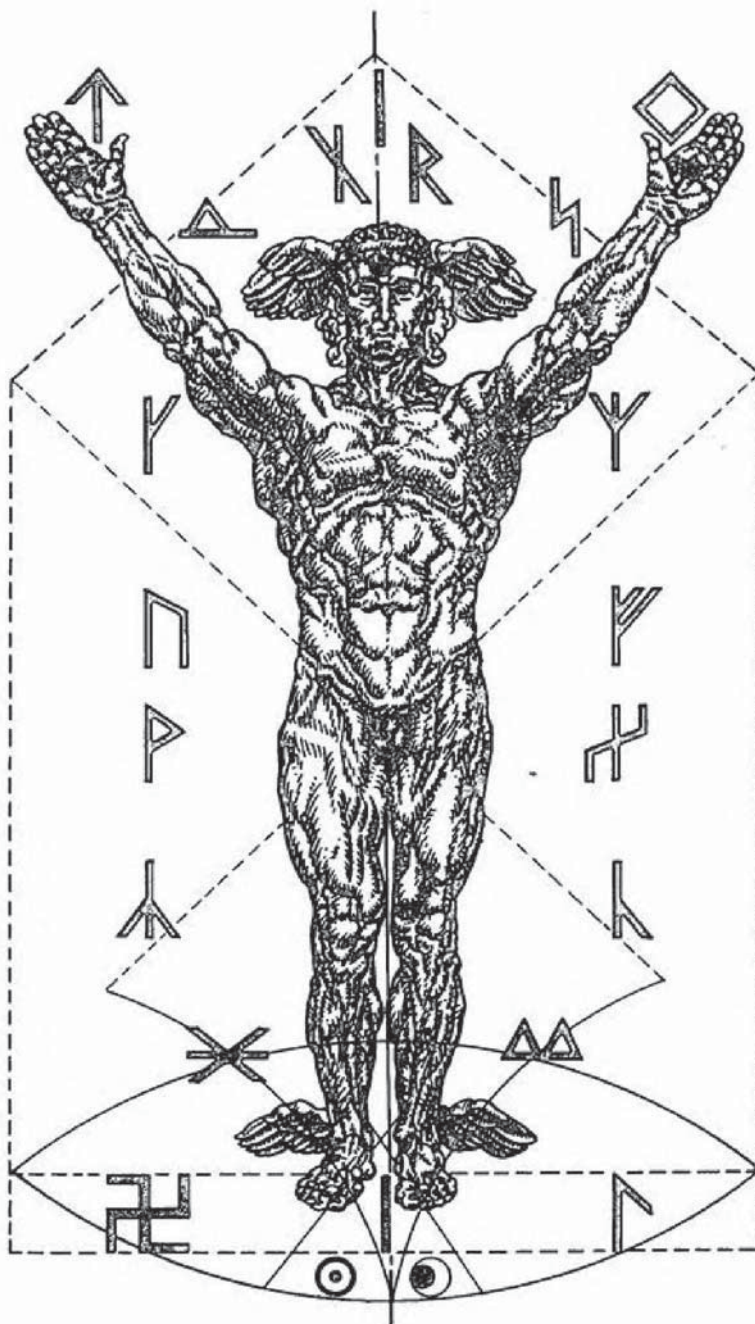
Finish the invocation as you wish (you may add your own personal Prayer).

Now get into meditation.

Consecrate the offerings (bread & wine) and consume the sacraments.”

Note that many of the mantras above are also given in *Occult Medicine and Practical Magic* (sometimes published as *Esoteric Medicine*) by Samael Aun Weor, in the section called “Curative Words (Mantras)”.

At the end of the post, the following graphic (of the *Man* Rune position) was also included:



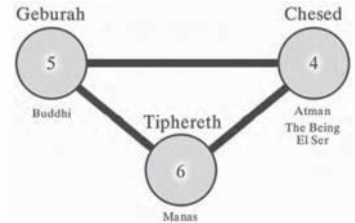
El Hombre-Runa. La Runa MAN.

Gnostic Runology – The “Man” Rune (Supplement)

The “Man” Rune and the Crucifixion of Samael Aun Weor

In another class¹ given on the *GnosticTeachings.org* website, the following information is given by one of Samael’s Students:

In many of his books, Samael Aun Weor clearly stated that, in 1954, he incarnated **Eros**, his Inner Christ, the beautiful Cupid, which in Christianity we call the Baby Jesus. He incarnated Him in his Manger, in his Superior Manas [Tiphereth], in his Human Soul, and started working with Him. Let us remember that Christ (**Eros**) is not a person; it is an energy; it is a force, like electricity is an energy. But in order to incarnate this force you need to be prepared. You need to build a Church on the Rock. Peter has to work first, in order for John (**Juan** or “I-E-O-U-M-A-S”) to come into your Self and work.



Personally, I like to investigate esoteric things internally, through Meditation. When I read something that the Master wrote, then I close my eyes, and I ask, "What is the Master saying here?" I have had the habit of doing this for many years. Thus, through this method of Meditation, I have investigated the process of the Master Samael Aun Weor, because he is the Avatar, and the Lord Vishnu incarnated in him, as a baby, in order to give the doctrine that we are teaching here.

Therefore, I was always observing (in detail) all the steps that he was taking physically, in relation with his internal development. Why? Because he stated, "Everything that happens in the internal planes has to correlate with the physical plane, otherwise it is not true." If what we say, what we investigate, and what we experience does not correlate with the physical plane, then it is not true. If what we experience in the physical plane does not correlate with the internal planes, then it is not true. The two worlds—the internal worlds and the physical world—have to correlate. I was observing his life (Γ **Laf**), especially the last years of his life in Mexico, in order to see where the Lord is. In which step or level is that Baby (who was born in 1954, and who grew up), who is now an adult inside of him? In which level is he developed right now? I remember that year after year I was studying him and what he was saying, and meditating upon it.

At the time when I was teaching Gnosis in the north of Mexico, the Master invited us to Mexico for a special lecture that he was going to give in honor of the president of Mexico. He was going to discuss a book that the president wrote (entitled *Quetzalcoatl*). Of course I knew that Quetzalcoatl is the Christ among the Mexicans. Thus, I wondered if the president of Mexico would be there, since he was going to be honored. And I said to myself, "Okay, let us meditate and investigate. What has the president of Mexico got to do with the Master Samael Aun Weor?"

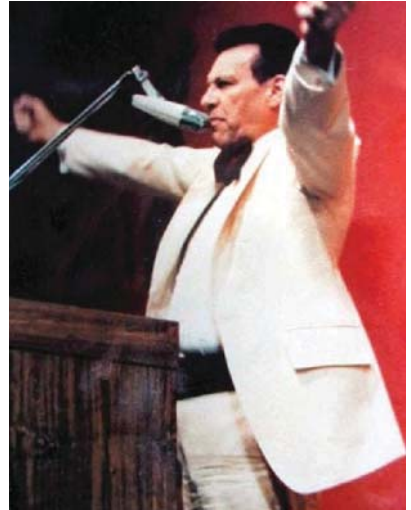
The president was a Mason, and he knew about the doctrine of the Gnostics. So, then I went there in order to hear the lecture of the Master. I saw him, and heard everything that he said in his lecture in relation with this book written by the president of Mexico. Thereafter, I said, "Okay, if I find similitude here, it means that the president is the mind, is the head. Obviously, the intellect governs this world. Then who is the president of Mexico in Christianity, in relation with the Christic Drama?" And I said to myself, "Of course, he is Pilate. Pontius Pilate." Understand me, I am not stating that the President was literally Pontius Pilate, but for me he was symbolizing, or representing, the Mind. Thus, I was there, and I saw the Master showing his own mastery.

The Christic Process and the Prayer to the Solar Logos

Ecce Homo, "behold the Man", the Υ *Man* Rune there giving a tremendous, beautiful lecture, with a lot of wisdom. Many ambassadors from different countries were there listening, and they were surprised to hear of all of this knowledge from the mouth of the Master Samael Aun Weor, for the first time.

Then I said, "Well, this moment is very critical, because if the president of Mexico represents Pontius Pilate, that means that the Master is going to be crucified." And then I returned to the North of Mexico, very preoccupied with this.

Months later, I received a phone call. The Master was sick. Yes, he was in his Christic process, because he died in 1977, and that event that happened in Mexico was in the same year, in the month of September. But he was looking very weak, so it was not a surprise to me when somebody called me from Mexico and said, "The Master is pretty sick, please pray for him." Then I started doing chains for him because I knew that he was in the process of being crucified and dying; eventually he had to die...



On the 24th of December of 1977, one of his daughters called me (very preoccupied) and asked, "Please, do chains for him; he is very critical, very sick." And I said, "Oh, what is happening?" "Well, he was in the hospital, now he is not; he is in our home. But really, he needs a lot of help."

And then I remember performing a prayer to the Solar Logos. That day, the 24th of December, we performed a special work for him. At the end, we were doing a chain, and in the chain I was performing this prayer (which some of you might know) and which is written in the book *Occult Medicine*. Thus, after the special work that we did in order to attract the Solar Force, the Christ (as I knew that he, the Solar Logos was passing through a process in the body of the Master). So, together with all the brothers and sisters who were holding the chain, we said:

"Oh Thou, Solar Logos, Igneous Emanation, substance and Consciousness of Christ, powerful life whereby everything advances, come unto **him**, and penetrate **him**, enlighten **him**, bathe **him**, go through **him** and awaken within **himself**, within **his** Being, all of those ineffable substances that are as much a part of thee as a part of **him**."

Universal and cosmic force, mysterious energy, I conjure Thee, come unto **him**, remedy **his** affliction, cure **him** from this illness and put apart from **him** this suffering so **he** can have harmony, peace, and health.

I ask Thee, in thy sacred name, which the Mysteries and the Gnostic Church have taught me, so Thou can make vibrate within **him** all of the mysteries of this plane and superior planes, and so that all of those forces together may achieve the miracle of **his** healing. So be it."

Of course, as you can read, I changed "me" to "him" in the text of the prayer. We said it a total of 3 times, concentrating on the Solar Light, on the Cosmic Christ, in order to send the energy to him.

But then, when I was doing that chain with those brothers and sisters, my third eye, my clairvoyant eye, started to spin, and a great picture came into my head. What did I see? I saw the Υ *Man* Rune, the Lord, the living Christ, crucified on the cross, as you see him in many paintings.

When I saw that, I saw the Lord, the Christ, with my third eye, pronouncing the Last Word, and dying on the cross. This is why I associate the Υ **Man** Rune with that prayer. This was so disturbing because I was asking for life, not for death, and when I saw that, I immediately pronounced the mantra "Aum" three times, and said "This is it."

Then I asked, "What time is it?" They said, "8:20pm, on the 24th of December". Later, after that day, after midnight, I received a call, and his daughter told me, "Please come to the funeral". So, this is how, internally... you know, it is very emotional for me to say this. I kept this to myself for many years, but now I am sharing this because there are many speculations about the transition of the Master Samael.

I never liked to talk about it; I never liked it. But, I said, I have to talk about this, even though it is very stressful for me, because I saw the Lord, the Living Christ, dying there, at the same time that he was physically dying.

After the Prayer

When I went to Mexico for his funeral, I asked, "At what time did he die?" And they told me, "At 8:20". That was too much for me. After that, I continued with my habit of meditating on everything that I read, or that I studied. Moreover, I was a witness of his resurrection, I was a witness of his ascension, and that is why I talk with certainty, because I saw these things. I understand that the Logos, the Christ, is a force that incarnates, in order to become human, and in order to self-realize any Initiate.

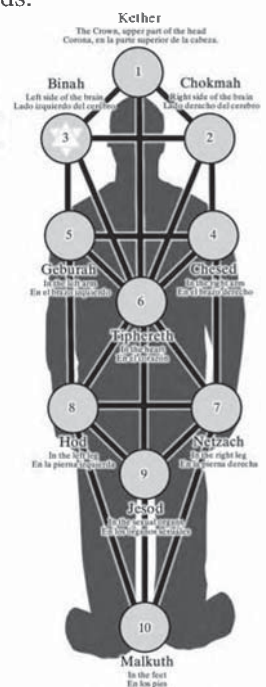
As he was incarnated in him, and self-realized him, the Logos Samael also promised to return (as he promised in his books), but I always understood and comprehended that the one that was talking through him was the Lord (the Christ, the Logos), and I am so sure, not because I read it, or because somebody told me, but because I saw him many times in the internal worlds.

Many times I found him in the Internal Planes. In a previous lecture I stated that a Master, a Divine being, said, "I manifest myself through these hands." But I forgot to tell you that the hands are at the very end of the arms, and that the arms are part of Chesed and Geburah (the Monad). The hands are related with Tiphereth. So when this Being was telling me: "I manifest myself through these hands", he was saying that he manifests through the Soul (Tiphereth).

So it is good to develop the Soul, internally, in order for the Lord to manifest. Remember, when you see your hands or the hands of anybody internally, these represent the Soul. This is precisely what we have to understand: the Spirit always manifests through the Soul. But remember that the hands do not move, they do not indicate anything, if the brain does not command them. This is a deep symbol that you have to understand, because every Monad has his own hands, his own soul, that you have to know how to manifest, or how to handle.

This is related to the Υ **Man** Rune and to this prayer. When we practice the Υ **Man** Rune, we have to perform (to pronounce) this prayer that I recited that day. Of course, we have to recite it as follows:

"Oh Thou, Solar Logos, Igneous Emanation, substance and Consciousness of Christ, powerful life whereby everything advances, come unto me and penetrate me, enlighten me, bathe me, go through me and awaken within my Being all of those ineffable substances that are as much a part of Thee as a part of me.



Universal and cosmic force, mysterious energy, I conjure Thee, come unto me, remedy my affliction, cure me from this illness and put apart from me this suffering so I can have harmony, peace and health.

I ask Thee in thy sacred name, which the Mysteries and the Gnostic Church have taught me, so Thou can make vibrate with me all of the mysteries of this plane and superior planes, and that all of those forces together may achieve the miracle of my healing. So be it.”

This and other marvelous prayers are written in the new prayer book as well as in the *Occult Medicine* book (also called *Esoteric Medicine*). I know, for sure, that the Υ *Man* Rune is associated with the prayer to the Solar Logos because I experienced it, I saw it. The Υ *Man* Rune is precisely the Lord crucified on the cross. It is a way of praying.

The Symbolism of the Apostle Peter with the *Man* and *Yr* Runes

Let's understand that the Υ *Man* Rune represents the Son of Man, Jesus Christ, who was crucified on the cross (the right-side-up cross) in the way we know it. However, the Apostle Peter's crucifixion is related to the \downarrow *Yr* Rune, because he is the one that is crucified on the upside-down cross. Peter, thus, represents the opposite of the Υ *Man* Rune: the \downarrow *Yr* Rune. This means that **in order to reach that right-side-up level, you first have to descend, to perform the upside-down cross with all the mysteries of Alchemy, the pineal gland, etc.**



Now, the crucifixion of Andrew (Peter's brother) is different, because Andrew was crucified on the X-shaped cross, which also relates to the sexual force and which we discuss in the lecture on the *Gibor* Rune.

It is very important to understand and comprehend that the sexual potency of the Γ *Laf* Rune (which is Life, the Stone, the Grail) comes from the kidneys. The kidneys are related to Andrew and the X-shaped cross, the force of the kidneys that give strength (sexual strength) to the man and to the woman.

But the hormones of the pineal gland also relate to the strength of the sexual force. When a man has a very strong pineal gland (Peter), it is because his sexual force is very strong, and vice versa. Thus we find that Peter and Andrew are brothers, since they both relate to sexual potency.

Of course, **the esotericism of the mystery of Andrew and the Cross is related with other aspects of the doctrine, which is the annihilation of the ego**, the sufferings the Initiate has to pass through in order to crystallize the Soul within themselves. In order to destroy all the enemies of the Lord (which are our defects, vices, and errors), he has to utilize the cross, the potency of the kidneys, in the sexual act. That is the mystery of Andrew.



Peter is different, although he always assists us in the different developments that we need to acquire on the esoteric path. **Remember that Peter is called the first Apostle. Why? Because first, we have to build the Church.**

What is it to build the Church? It is to perform the \downarrow *Yr* Rune (the descent into the Ninth Sphere) in order to work with the Γ *Laf* Rune (Life) and build the Solar Astral, Mental, and Causal Bodies. They are called "Solar Bodies" because they are created with the transmuted sexual force.

The one who is doing that work is Peter, and so he said:

“Behold, I lay in Zion a chief corner stone, elect, precious: and he that believeth on him shall not be confounded. Unto you therefore which believe he is precious: but unto them which be disobedient, the stone which the builders disallowed, the same is made the head of the corner, and a stone of stumbling, and a rock of offence.” – 1 Peter 2: 6-8

Who are the builders? Well, if you speaking in esoteric terms, they are the Masons (those who work with the Stone). We will say that there are many Masons and Masonic Lodges in this day and age, but they do not transmute; they do not practice any Sexual Magic. They reject the Stone, the Rock, because they do not know about it.

Many religions do the same, such as the Catholic Church. The monks do not marry, and if they do marry, they do not transmute. So they are also rejecting the Stone, which is Γ *Laf*, the Grail. The Holy Grail for a monk is a woman, and the Stone for a Nun is a man.

If we are not transmuting, then we are not working with Peter, who says in the *Pistis Sophia*: "My Lord, we will not endure this woman, for she takes the opportunity from us and have let none of us speak, but she discourses many times." This means that Peter cannot speak or build any church without the woman.

We need the woman (the Grail) and the man (the Stone) in order to build the church with Peter, and Peter knows it. That is why he says, "Crucify me upside down, so that the future Initiates will understand that I am in the pineal gland, and I have to descend into the Ninth Sphere," which is the woman, the Holy Grail.

Gnostic Runology – The “YR” Rune (Historically)

The “Yr” Rune According to Friedrich Fischbach (1900)

After the M-Rune, Fischbach says “Out of the younger Runes [*jüngerer Runen*], the following are probably the most important” and he gives 11 more Runes which he associates with letters (but does not give any additional descriptions). Included among them is ‘Yr’, which he describes with the *Tyr*-Rune as follows:



The *Yr*-Rune shows the Bow [*Bogen*] made of Yew-Wood [*Eibenhholz*]. The Yew-Tree [*Eibe*], which is called “the greenest and longest-lived of the Trees”, is also called *Jv* and *Eon* (Eo = i).

The “Yr, Eur, Irr” Rune According to Guido von List (1907)



yr, eur, Iris, Bow/Arc [Bogen], Rainbow [Regenbogen], Yew-Wood-Bow [Eigenholzbogen], Wrong/Mistake [irren], Anger/Wrath [Zorn], etc.

A Sixteenth I speak to a coy Maiden
To gain my Favor and Happiness:
That changes¹ [*wandelt*] and turns my Wish and Perception [*Wunsch und Sinn*]
Of the swan-armed Beauty.

yr = Rune

The “*Yr*-Rune” is the upside-down “*Man*-Rune”, and since it denotes the Bow/Arc, it also represents the waxing and waning Moon (in contrast to the Full-Moon of the “*Man*-Rune”).

Firstly, this refers to the Changeability [*Wandelbarkeit*] of the Moon. Secondly, as the “*Irr*-Rune” or Error-Rune”, it refers to the Moon-Like [*mondähnliche*] Changeability of the feminine Nature [*weiblichen Wesens*], which is described in later Verses of the “*Havamäl*” as follows:

Do not rely-on the Maiden’s intimate Words,
Do not rely-on the Woman’s intimate Words,
Her Heart was shaped on an oscillating Wheel [*schwingendem Rad*],
Inconstancy’s Dwelling is the female Bosom.

The *Yr*- , *Irr*- or Error-Rune causes Confusion [*die Verwirrung schafft*], whether through the Excitement of the Passions [*Leidenschaften*] in Love, in Play, in Drink (Intoxication), or through False-Reasons [*Scheingründen*] in Speech (Sophistry), or through whatever other Cause [*Ursache*]; indeed it defeats the Resistance through Confusion [*Verwirrung*].

But the Success of such a Victory is as misleading as the Triumph itself, because it brings Anger/Wrath, wild Rage, and Lunacy or Madness [*Wahns*] in the end.

The “*Yr*-” or “*Irr*-Rune” is therefore also in Contrast with the “*Os*-Rune”, because it wants to use False-Grounds [*Scheingründen*] to Establish the Defeat of an Adversary, instead of using Solid-Grounds [*Gründen*].

Therefore it teaches: “Consider the End/Outcome [*Ende*]!”

¹ Translation note: ‘Change’ can be translated a number of ways from German. *Wandel* is when something is transformed into something else (the same thing transforms to be different), such as the weather.

The “Yr, Eur” Rune According to E.T. Kurtzahn (1924)

Exoterically: Woman [*Weib*], Deception [*Täuschung*], Untruth [*Unwahrheit*]

Esoterically: Matter/Material, Chaos

Generally: Woman and Matter/Substance, Lie, Falsehood [*Falschheit*], Sensual-Pleasure [*Sinnenlust*], Hatred, Anger/Wrath [*Zorn*], Wickedness, Error/Mistake, Inconstancy, Lunacy.

We now come to the second of three Runes which give symbolic Expression to Humans themselves [*Menschen selber*] and their most intimate Relationship to one another through the Sexes [*durch die Geschlechter*], which are the Runes of ♃ Man, ♀ Woman, and ⚭ Marriage [*Ehe*].

If the three points of the ♃ *Man*-Rune were directed upwards towards the eternal Light, towards the Spirit, then here with the ♀ *Yr*- or Woman-Rune they are directed downwards.

This is supposed to indicate that the female Gender is rooted in Matter/Material [*weibliche Geschlecht in der Materie wurzelt*], and that all her Perceptions [*Sinnen*] & Aspirations are mostly directed to what is Concrete. But, of course, not all female Beings are like this. What is spoken of is the ‘*Yin*’ of Eastern Philosophy, which has its various correspondences.

Some even go so far as to say that “the Woman [*Weib*] must recognize, in her present Embodiment in the material Being, that her Role is Service”. However, what must be understood is that Matter/Material serves Appearances/Phenomenon [*Erscheinungen*], that is: ‘*Yin*’ serves ‘*Yang*’.

The Woman [*Frau*] has her own natural Rights just as the Man has his, and both of their Spheres-of-Action [*Wirkungskreis*] are conditioned thereby. From Rights arise Duties [*Pflichten*] for her as well as him, and that is unconditional! One can also rule through Serving, and the Rosicrucian heraldic motto of the Princes-of-Wales: “I serve!” should be good enough to explain this.

In the *Edda*, a Verse from the *Hávamal*, reads:

Do not rely-on the Maiden’s intimate Words,
Do not rely-on the Woman’s intimate Words,
Her Heart was shaped on an oscillating Wheel [*schwingendem Rad*],
Inconstancy’s Dwelling is the female Bosom.

Again, here what should be understood is the danger of relying on the ‘*Yin*’ improperly, since it is very much attached to ‘the great Deception of Matter/Material’, and can thus easily be taken for the Truth. What this Verse of the Rune-Song aims to explain is: Infatuation [*Betörung*], by means of which one’s Desire & Perception [*Wunsch und Sinn*] are easily transformed and manipulated...

Therefore the *Yr*-Rune is also particularly characterized by Infatuation [*Betörung*] and the Lie & Confusion connected with it, which in the End also adheres to everything Material.

However, always keep in View that the Opposite-Pole of all these bad Qualities are good ones and that the latter alone should come to light.

To always remain true to oneself, this is the greatest and happiness-bringing Main-Point in Life.

This Rune Rightly belongs to the mutable Moon (☾).



The “Yr, Irr, Eur, Eibe, Eybe” Rune According to R.J. Gorsleben (1930)

Letter Y and Number 16.

The *Yr, Irr, Eur, Eibe, Eybe, W-ybe* Rune. *YR* refers to Y as well as the R, and represents the inversion of the *Man*-Rune. The Rune means error, confusion, reversal, negation, destruction, fall, but also woman (as an opposite to man) as well as matter, evil, etc.

At the same time, the *Yr* Rune represents the Earthly-Human side (that which is inclined towards the earth), the active joy of the senses and the sensuality of human nature.

But as a warning symbol of our times it shows us (as the reverse of the *Man*-Rune, of *manas*, of the divine Reason [*göttlichen Vernunft*]) the turning away from God and Spirit [*Gott und Geist*] and, in this way, it also becomes the symbol of revolution, of godlessness, of greed for gold (or ‘gold rush’, that is ‘gold abused and muddied’), of materialism and of erring.

Dr. Friedrich Teltscher’s *Ur*-word is *Vollendung* meaning “Completion” as well as finishing, bringing to an end, perfection, accomplishment, and fulfillment.

A Sixteenth I speak, when the Maiden resisted
to awaken her Lust and Desire [*Lust und Verlangen*]
I banish the Heart of the joyful Woman [*wonnigen Weib*]
[so that] her Wish [*Wünsche*] turns towards me



As its shape shows, the *Yr* Rune is the tipped over *Man* Rune, it is the symbol of the erring human being, and of the world that is upside down. Since all of the true man’s striving is upward-aiming, in the same way, everything for this Rune is aiming downward and pertains to the under-human, the low-aiming human. It is this Rune which creates confusion and error.

Since the *Man* Rune refers to the Full Moon, in the same way the *Yr* Rune refers to the Phases of the Moon (its waxing & waning). It also points towards the changeability and adjustability of the Feminine and therefore it is also the Rune of the woman.

The *Man* Rune stretches the arms upward, and the Woman Rune points the arms downward. If man is rooted in spirit, so the woman (as his equally valid opposite) is rooted in matter, in the “increaser” of nature, in Maria or Mary. The material world (represented by the feminine) is changing, passing, mortal; it is Maya, the “great illusion” (as the Hindus called it); the seduction, the temptation, the bewitching, the confusion, that is part of everything terrestrial-feminine and material (or *Yin*), in contrast to the masculine-spiritual, divine, eternal (or *Yang*).

This juxtaposition does not have the meaning or intent of “putting down” the woman, but rather an outpouring of the knowledge of the eternal balance between two forces, which can solve their common task only in union. Man and woman are different, but equally oriented unities, who are both perfect when united as one.

The world consists of opposites, of eternal polarities, of good & evil, yes & no! If man, *manas* (reason), the *Mannus*² and his “horn” of salvation (his procreation of salvation) are bent or reversed, then revolution is the necessary consequence.

² This refers to *Mannus*, son of Tuisto (a god brought forth from the earth), who, according to the Roman historian Tacitus, had 3 sons who became the leaders of the 3 main Germanic tribes.



Horn of Change

Everything that happens is based on eternal change, upon the lawful cooperation of the polar opposites. This way the Man and Woman Runes creatively complement each other. In their union they are a symbol of the last judgment, the ‘Horn-of-Change [**Wende-Horn**]’ (which is similar to the **Hagal**-Rune, but without the common point of intersection and therefore not yet perfect in its unity), and promises new ascension.

The Woman Rune is the sixteenth Rune. The number 16 is composed of: six and ten (6 + 10). Six, we already know (from the **Man**-Rune), is a hidden reference to sex, and this means sex on a personal level, on the level of the individual, of the king/queen, of the one who is capable (see the **Kaun** or Kings-Rune). Ten, the second number, means: completion, perfection; in other words the clan, the bloodline, from which descends the individual, the one who can. Sixteen is therefore copulation.

The three beams of the **Yr** Rune are the roots of the **Yggdrasil** world tree, from which the seeds extract their food. Here also sit the three **Norns** (**Urda**, **Werdandi** and **Skuld**), the women of fate, who spin the fate of all of humanity according to the laws of the World Tree.



World Tree or Yggdrasil Ash Tree

The “Yr” Rune According to S.A. Kummer (1932-1933)



(Y) The Y-Rune, **Yr**, Error [**Irr**], Mistaken [**Irrtum**], Iris, Yew-Tree [**Eibe**]. The Rune of erring Love [**irrenden Liebe**], Ocean Derangement, of Sorrow and of Lust; of Pleasure and of Pain, Laughter and Weeping. – Numerical value 16.

This Rune means Irrationality [**Irrung**], Disarray [**Wirrung**], Delusion [**Wahn**], Inversion/Reversal [**Umkehrung**], Denial/Negation [**Verneinung**], Destruction [**Vernichtung**], Subversion/Overthrow [**Umsturz**]. As well as distorted Head [**Kopf verdrehen**], Anger/Wrath [**Zorn**], Hatred [**Hass**], False-Appearance [**Vorspiegelung**], Seduction in Suffering [**Verführung in Leid**], Temptation [**Versuchung**], erroneous Sensuality [**irrende Liebeslust**].

It is the upside-down erring Human, standing on their Head. The overturned **Man**-Rune, the downward striving in the inferior Human [**niederrassigen Menschen**], which creates Confusion [**Verwirrung**], Intrigue [**Innung**], and Chaos.

The **Yr**-Rune, in its Demonium, is subject to the bad Influences of the Full-Moon and its Phases.

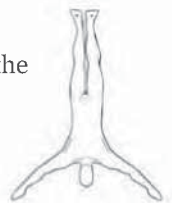
It is the Rune of the Night, of the Moon, of the changeable, changing/exchanging Woman [**wechselnden Weibes**], whose Body is subject to the Ebb and Flow of the tide.

Yew-Tree [**Eibe**], the Yew-Tree-Wood, Ghost-Tree, which Misleads [**in die Irre führt**] in its Demonium, and tempts towards black Magic [**zur schwarzen Magie verleitet**].

Yr is the Rune of erring Love [**irrenden Liebe**], of unconscious, impure Procreation. Its Motto is: “Consider the End/Outcome [**Ende!**]” But when the pure Woman ♀ unites with the noble Man ♂ in conscious Procreation [**bewussten Zeugung**] then she gives birth to the ✱ **Hag-all**, the Son-of-God, in the Microcosm.

Full Body Rune Exercise(s):

Kummer does not give any specific Rune-Posture for this Rune, but does mention the Head-Stand [**dem Kopfe stehenden**] in his description of the Rune’s attributes.



Hand Rune Exercise (‘Mudras’ or ‘Rune-Grips’):

Kummer does not give a Rune-Grip for the *Yr*-Rune. However, since it is the opposite of the *Man*-Rune, then it can be assumed that one can do the *Man*-Rune-Grip with the left hand, but aiming it down towards the earth, and with the Palm facing outwards.



Gnostic Runology – The “YR” Rune and its Practice

The “Yr” & “Man” Runes According to Huiracocha and the FRA

Huiracocha says that the † Yr Rune’s value is: “Accident, catastrophe, ending” and that its astrological correspondence is with Mars.

In many Shields, the **MAN** Rune represents the Tree of Life and we also observe that in ancient documents, there is the Tree of Paradise with only three branches (similar to the **Man** Rune) and a serpent coiled around it. That is to say: the Serpent (symbol of Life) coiled around the Tree of the Cross; however, this is not a Cross as we know it in Christianity (in which the horizontal beam is like an obstacle interrupting the current), but within the **MAN** Rune it has raised arms leaving that expedient current so that it can ascend.



If we start with the **HAGAL** Rune ✱ (which represents the whole Cosmos), then we can extract two Runes. One with arms raised upwards (being the **MAN** Rune) and the other with the arms down (being the **YR** Rune). The **Man** Rune represents the God-Man, the Spiritual-Man who looks up. The Yr Rune is the physical-Man, the human-Man, the terrestrial man who feels the call of the Earth.



Unite both concepts (that is: God with Man) and we will have the meaning of these Runes. They are also a symbol of Man and Woman when they form that All (or Whole) which always forms Nature. That is, the hermaphrodite being, Man-Woman, harmoniously united, which is the supreme key of Sexual Magic, MA, MAN, (“Mama”) Mother and MAN, **MANO** or HAND, Father; two archaic words, original symbols of the birth of all things.

We must also UNITE, and balance (as indicated by this Rune), the KNOWING of the brain with the FEELING of the heart. These are the two poles that, together, will make the spark of that mysterious Light (that is in us) go out and of which we are truly producers.

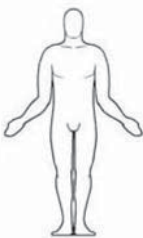


The value of the **Man** Rune is 15. If we add both numerals together, it gives us 6 (six), that is: Sex. From this word is composed the Six which, kabalistically, is **Kaun** (the sixth Rune). **Kaun** is the Rune of the Sexual Organs or of Sex (which we already know) and this Rune has a single raised arm representing sex in the material sense.

In the **Man** Rune, the two arms rise in order to determine that LOVE, Divine Sex, is our own transmuted substance. The disciple should not expect to be told everything...



For the operations of Runic Magic, of which we shall speak later, all these forces that we have explained must have been felt in oneself. No operation of White Magic can be done without raising the arms (even if it is mentally) to the Great All, thinking that everything has a trunk, a base, and in doing so we indicate that everything is a TREE, the tree of Humanity, the tree of Life.



Additional Information: In 1987, a book entitled **Las Enseñanzas de la Antigua Fraternidad Rosacruz [The Teachings of the Ancient Rose-Cross Fraternity]** was published by the former leader of the FRA in Spain. He gives a practice for the **Yr** Rune, saying that it is the “same as the lower half of the **HAGAL** Rune. Already in this position, recite: “I am health, I am a hand of the Great All through which it executes its will and I, as a living antenna, must gather the divine forces of the Cosmos without twisting its course nor adulterating its Law.” This short recitation is the same as the one given (in the book) for the **Man** Rune practice, except the arms are up for the **Man** Rune instead of down for the **Yr** Rune.

The “Yr” Rune According to a Student of Samael Aun Weor

Samael does not mention the *Yr* Rune in any of his books, but one of his students (from Glorian Publishing) explains it in a lecture¹ on the Runes:



“As you can see, the *Yr* Rune is an upside down *Man* Rune, and as its name indicates: the *Man* Rune represents man, while the *Yr* Rune symbolizes the woman (who are opposites). Since humanity ignores the mystery of the Grail & the Spear (the mysteries of sexual esotericism), when they perform the sexual act: they fornicate, thus, they become the fool. The fool is represented by the upside down man who does not respect the Grail. This is why the *Yr* Rune is also represented by an upside down man: the man who falls into Fornication. **Nevertheless, we cannot state that the *Yr* Rune is 100% negative; better to state that it is dual. Its duality is based on how we utilize sex.** Remember that it is necessary to descend into the Ninth Sphere in order to enter into Initiation. The *Yr* Rune indicates the descent into such duality...

There is a prayer that we have here, in relation with the *Yr* Rune. Remember that the *Yr* Rune relates to the descent of Peter, into the Stone, into the woman, into the Earth—the Holy Spirit into Mary—in order to lift the energy of the waters up and to fortify the brain. The graphic of this Rune displays a person with their hands towards the left and right at the level of the sexual organs: this is how you perform the *Yr* Rune. Then you say to the Holy Spirit, which is in the pineal gland (the atom of the Holy Spirit) that controls the waters of sexuality:



“Terrifying King of the Sea, Thou who hast the keys of the floodgates of heaven and who dost confine the subterranean waters within the caverns of the earth; King of the deluge and the showers of springtime; Thou who dost unseal the sources of rivers and fountains; Thou Who dost ordain moisture—which is like the blood of the earth—to become the sap of plants:

We adore Thee, We invoke Thee! Come unto us, we are thy miserable and unstable creatures; Speak unto us from Thine inconstant and great commotions of the sea, so that we shall tremble before Thee; speak unto us also from the murmur of limpid waters, so that we shall yearn for Thy love!

Oh Immensity into which flow all the rivers of life, to be continually reborn within Thee! Oh ocean of infinite perfections! Height which deepness reflects Thine Image, deepness which thou exhale from the height; lead us unto true life through intelligence and love! Lead us to immortality through sacrifice, so that one day we may be found worthy to offer Thee water, blood, and tears, for the remission of our sins! Amen.”

“Unto true life through intelligence and love” means, “Unto the Tree of Life through Binah and Gedulah” because Binah and Gedulah (or Chesed) relate to the Holy Spirit (the Lord of the Waters), who can control your waters of sexuality from the pineal gland. You can perform the *Yr* Rune in that position, before the sexual act or, if you can memorize the whole prayer, then you can recite it during the sexual act. The prayer of the *Yr* Rune relates to the exorcism of the water. Remember that the waters of sexuality are related to your sexual glands. There you find the water with which we need to be baptized. This is the mystery of Baptism.

Remember that the Savior emerges from the waters, and the ‘Lord of the Waters’ is the Holy Spirit (the white dove). From above, the pineal gland (that dove) says, “This is my beloved son in whom I am well pleased,” when he sees his chaste son rising from the waters of the Jordan. Because of his Chastity, he is rising from the living waters (from the *Laf* Rune), thanks to the *Yr* Rune. That is the mystery of Binah (the Holy Spirit) and Chesed (the *Ruach Elohim*), the ‘Spirit of God’ that was hovering above the face of the waters in the first few verse of Genesis. Do you see the beauty of these Runes? How each one relates to each other? If the woman (*Yr*) has to work, then the man (*Man*) has to work too, and *Laf* (Life) is between them.”

Gnostic Runology – The “Yr” Rune (Supplement 1)

The “Laf”, “Man” and “Yr” Runes According to Glorian Publishing

In another class¹ given on the *Glorian.org* website, these three Runes are studied together:



[14] **Laf**: Life (the Law of Life), Lake/Water (the Waters of Life), the Chalice (Holy Grail), Leaf (Growth), Initiation, **Lapis** (Stone – Yesod/Sex).



[15] **Man**: Man (Masculine), the Heavenly Man (Spiritual Being), Divine Sex (Transmutation), the Monad, **Manas** (Mind, Head), **Manus** (Hand – Willpower), the Power to Unite, the Rune-Tree or Tree of Humanity.



[16] **Yr**: Woman (Feminine), the Earthly Man (Physical Being), Negation, Error, Confusion, Intoxication, the Fool (Fornication), the Work in the 9th Sphere, the Roots of the Rune-Tree.

The **Laf**, **Yr** and **Man** Runes are intimately related. We cannot speak about one without taking into account the other two. As you can see, the **Yr** Rune is an upside down **Man** Rune, and as its name indicates: the Man Rune represents man, while the **Yr** Rune symbolizes the woman (who are opposites). Between them we find the **Laf** Rune, which symbolizes the Cubic Stone of Yesod.

In order to perform the **Laf** Rune, we start in a standing position with the arms forward, forming a 45-degree angle with the body and the hands at the level of the sexual organs. Then we have to walk towards the East, the sunrise. This is because the **Laf** Rune relates to a certain prayer made while walking, which we are going to learn in this lecture.



To perform the **Yr** Rune, the arms open toward the left and right sides of the body forming two 45-degree angles. The arms are in a similar position to those of the **Laf** Rune, but to the sides of the body, instead of in front. In other traditions the **Yr** Rune is performed by standing on one's head. Amongst the yogis in the Hindu tradition there is an asana called “Sirshasana” in which the practitioner places their whole body on their head and stands on it.

The **Man** Rune is performed by lifting the arms aloft, in order to pray. We will also see how these last two Runes (**Man** and **Yr**) relate to each other in regards to the practices of esotericism.



The Laf Rune, the Holy Grail and Alchemy

The symbol of the **Laf** Rune relates with the human body in motion. Remember the **Laf** Rune means life, which is related to the sexual force. The sexual energy of the Holy Spirit is related to the Solar Force. The **Laf** Rune indicates that the true life (the eternal life that we are searching for, the power of the Grail) resides in Yesod, the sexual organs.

We have stated that the Philosophical Stone is the same as the Holy Grail and that (as a symbol) it relates to our physicality, our own physical body. Yet, the Grail also symbolizes the Stone of Yesod (Sex) as well as the Mind. So when we talk about the Stone of Yesod, the Philosopher's Stone, and the Grail, they are the same thing. When you know Alchemy, when you are a practical Alchemist, you have to know these different interpretations through intuition.

If we do not know Alchemy, we will not understand why the Stone is called the Grail, because indeed the other symbol of the Holy Grail is the feminine Yoni, the sexual organ of the woman. We have told you that the Grail symbolizes your physicality (Malkuth) which is also feminine. But in the feminine body, the Grail is the sexual organ.



So, when a man is looking for the Grail, he is looking for a woman. That is why we have placed a woman performing the **Laf** Rune in this graphic —in order to indicate that the most perfect representation of the Grail is the woman, because she has the cup that the Knight needs in order to drink wine.

Who is the Knight that finds the Grail among the Knights of the Round Table? If you know about the quest of the Grail's legend, then you know that Parzival is that Knight. Wagner wrote the marvelous opera **Parsifal**. Master Samael Aun Weor wrote a book, "Parsifal Unveiled", in which he describes the mysteries hidden within Wagner's great opera. The Opera **Parsifal** was based on the 13th century German book **Parzival** by Wolfram von Eschenbach (which was based on the unfinished 12th century French romance **Perceval, le Conte du Graal** by Chrétien de Troyes).

In his opera, Wagner calls Parsifal "Falparsif" which in Arabic apparently means "the innocent fool". If we observe the roots of the two words "Fal-parsif" when we pronounce them, then we find that "Fal" derives from Phallus, and "Parsif", from Parsee, Persia, the Parsees.

Yet, based on the Latin language, we will say that "Parsif" is '**Per-se**'. Thus we have: "Fal-parsif," the "Phallus **Per se**". Parsifal (the "Phallus **Per se**") is the only one who can find the Grail, because the Phallus is the male sexual organ that penetrates the "Grail", the feminine sexual organ.

This is how, in the past, the Mystery of the Grail are hidden within the name 'Parsifal' or 'Parzival', in order for the Initiates to understand and why Wagner calls him Falparsif, "the innocent fool."

Who is the fool that falls inside the Grail? The man who penetrates the woman and fornicates: when he reaches the orgasm, he is the fool. All of us, men, are the fool, the "Fal-parsif". Only through the Grail can we re-conquer Youth, because the Grail (the Philosopher's Stone) is the **Laf** Rune (Life).

See how everything is hidden and why the Masters of ancient times left everything chiseled in stone, in order for us to study? However, the main point here is that people always like to read things literally. They do not use their intuition. When you read something esoteric, you have to sit, close your eyes, and meditate.

Why is Parzival the one that finds the Grail? Why does Wagner call him "Falparsif"? When you study the language, the Word, the Logos (which is Christ, the origin of all languages), then you see how everything is hidden within the sacred words, letters...

Man, Yr, and Hagal Runes

When united together, the man (the **Man** Rune) and the woman (the **Yr** Rune, which is the opposite) form the **Hagal** Rune, within which all the letters of the Runic alphabet are hidden. In other words, every word (the Logos, the Christ) is hidden between the man & the woman. When man & woman perform the sexual act, they are before God. Thus, because humanity ignores the mystery of the Grail and the Spear (the mysteries of sexual esotericism), when they perform the sexual act: they fornicate, thus, they become the fool.





The fool is represented by the upside down man who does not respect the Grail. This is why the **Yr** Rune is also represented by an upside down man: the man who falls into Fornication. This is also why any black magician is represented by the upside down cross, because by means of the sexual act (the cross) they fornicate and fall. **Nevertheless, we cannot state that the Yr Rune is 100% negative; better to state that it is dual.** Its duality is based on how we utilize sex.

Remember that it is necessary to descend into the Ninth Sphere in order to enter into Initiation. The **Yr** Rune indicates the descent into such duality.

This descent reminds us of Peter (the Apostle of Jesus) who was crucified upside down. Does the crucifixion of Peter on the upside-down cross means that Peter is a black magician? No! It indicates that if we want to rise, we first have to descend by means of the crossing of the two **Laf** Runes, however we must be nailed to this cross if we do not want to fall (meaning we must not fornicate but transmute the sexual force).

Thus, the **Laf** Rune rises up, but not by renouncing sex. Otherwise, how can we be impelled upward?

This is what many people in this day and age misunderstand: knowing that the Spear and the Grail hide the mysteries of sex (the **Laf** Rune, the sexual force, the mystery of Self-Realization), they want to renounce sex, thus they become monks and nuns. This is good for someone that is not married (to be a nun or monk), in order to prepare themselves for matrimony. But to think that you are going to Self-Realize thereby is 100% a mistake. Nobody can do it, because the mystery of the **Laf** Rune indicates that when you unite the arms of two **Lafs**, then you form the letter M of matrimony.



You can see the two **Lafs** forming the letter M in the shape of the man & the woman, holding hands. Their hands are always at the level of their genitalia because this is how the man & the woman unite, through the sexual act.

They can pronounce their vows in a religious ceremony together, etc., but the real moment in which those two physicalities, psyches, and Spirits join in one body is in the sexual act, and that is why the sexual act in matrimony is sacred; it is a sacrament. Yet, everybody performs the ceremony (in whatever religion to which they belong) and thereafter when they go to perform the sexual act, they act like the fool: they fornicate.

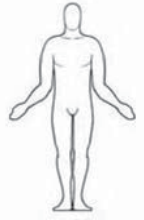
Only the Initiates (who know the mystery of the **Laf** Rune) know that when they go into matrimony they have to perform the sexual act without reaching the spasm, or the orgasm of the animals, in order to steal the fire from the devil and to give life to themselves. Most people feed the devil.

What devil? The ego that we have within; namely, lust, the animality that we have within—that is the devil. Thus, the devil is not outside; it is within, and God is also within.

The Hebrew letter **Mem**, or M, is pretty significant; it is always related to the Holy Spirit. We taught about it in other lectures in relation with the Hebrew Alphabet. Thus, we know that the letter **Mem** relates to sexuality, to the Holy Spirit, to Matrimony, and to the two **Lafs**.

The Yr Rune and Peter

If we look at the body posture of the **Yr** Rune, we can see that it is made by standing on our feet. There is a similarity with the **Laf** Rune's posture, yet the **Yr** Rune shows the two arms separated from the body and making not one but two 45° angles. The body posture of the **Yr** Rune indicates that the descent is related with the work in the Ninth Sphere, since it is openly showing the genitalia, which is precisely its profound significance. The following statement of the Apostle Peter is related:



“...Behold, I lay in Zion a chief corner stone, elect, precious. And he that shall believe in him shall not be confounded. To you therefore that believe, he is precious: but to them that believeth not, the stone that the builders refuse, the same is made the head cornerstone: And a stone of stumbling and a rock of offence...” – 1 Peter 2: 6-8

When we talk about sex, people are scandalized. People are offended when we clarify certain rules related to sexuality, because through it we uncover the degeneration which every one of us has.

When he was going to be crucified, Peter asked, "Please, do not crucify me as my Lord (in the form of the **Man** Rune). I want to be crucified upside down, the opposite of my Lord (the **Yr** Rune)."

Peter the apostle represents Faith, the Faith that we develop in the pineal gland, which is where we have the atom of the Holy Spirit. The pineal gland controls the sexual force. In order for us to control the sexual energy, we need to fortify Peter in our pineal gland. In order to fortify the pineal gland, we need to transmute. This is how Peter is capable of building the Church of the Lord:

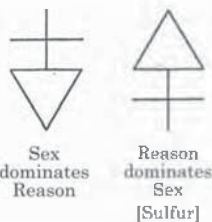
“I say also unto thee, That thou art Peter, and upon this Rock I will build my church; and the gates of hell shall not prevail against it.” – Matthew 16: 18.

The rock of offense, the stumbling block, is sex, because only the sexual force can create the inner bodies, the **Merkabah**, within each one of us.

Peter Crucified and the Yr Rune

This is why, in the picture of Peter's crucifixion, he is lifting his head, as if to say, "Behold, I am going to work with the Earth". The Cross is going to be inserted into the Earth (symbolizing the woman).

But he is lifting himself from the Cross, as if to say, "You do the same. When you unite yourself with 'Eve' (the woman): lift yourself, lift your sexual force to 'Adam' (the head) and know that 'Adam' (your head or brain), has to control 'Eve' (your sexual organs)."



Usually sex controls the brain (which is why it is degenerated). If we start controlling our sexual force, then our brain will develop; thus, we will perceive things that we cannot easily perceive when it is degenerated.

When we talk about all of these symbols, people ask us, "How do you know that?" This is because we put other parts of our brain into activity, since we practice sexual transmutation. When people fornicate, they ignore that the one who receives the punishment for their Fornication is "Adam" (their brain).

So, when they read Religious or Esoteric books, they do not understand, since they cannot perceive, because their brain is damaged. If we want to regenerate our brain, then we need to transmute our sexual force (the Life we have in our body), thus the brain will start developing.

Superlative perception is Peter, because Peter is in the pineal gland, related with the *Sahasrara* Chakra (the Crown Chakra). With Peter's crucifixion, he is indicating that it is necessary to descend and that man & woman must be united in the sexual act in order to do so. This also means that each one of us has their own particular, individual, archetypical Peter.

You have to allow your archetypical Peter to descend with you into the sexual act and to help you to transmute your sexual force in order to ascend into the higher Sephiroth.

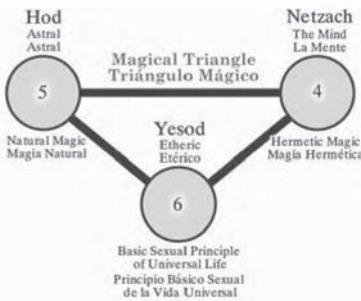
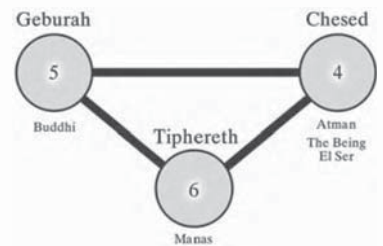
“The descent into the Ninth Sphere was, in the ancient Mysteries, the greatest ordeal in order to prove the supreme dignity of the hierophant... Every authentic and legitimate White Initiation begins here.” – *The Perfect Matrimony*

Sexual energy is the origin of everything. If you want to create a true disciple of the Lord Christ within you, then you have to imitate Peter. Which is why he was crucified upside down because the *Yr* Rune also represents to us: the terrestrial man, the earthly human being (who is below), opposite of the Heavenly Man (the Divine human being), the *Man* Rune (which is above).



The Man Rune, the Yr Rune and the Monad

The *Man* and *Yr* Runes relate with the trident: the upright trident relates to the *Man* Rune, while the *Yr* Rune is an upside down trident. The three upper parts of the trident on the *Man* Rune represent the Monad, the True Man in us, our Divine Triad (Atman-Buddhi-Manas), related with the Sephiroth Chesed, Geburah, and Tiphereth.



The *Yr* Rune relates to the Sephiroth Netzach, Hod, and Yesod, which are the three brains that we have to work with.

Within each one of you there is a Monad who is a Master. Of which degree? Well, you have to discover that by yourselves. And, if he has a lower degree, then work with the Stone, the *Laf* Rune (Life).



“Man”



“the Stone”



“Woman”

Remember that the *Laf* Rune is ‘between’ the *Man* and *Yr* Runes (the man and the woman) and that the ‘heavenly man’ is inside: it is your Monad. This is why it is stated that “within every woman there is a man”.

For instance, in English we say “wo-man”. I asked my wife, “What is the ‘Wo’, in the ‘woman’, because I see the word ‘man’ there?” She answered me, “It is a man with a womb, capable of creating, better than you.” And I said “Yes, she is right.”

Even though I, as a man, can create here internally, with the help of my woman (my wife), the woman is also a “man” capable of creating too: she needs only a seed. When she receives the seed in her womb, she creates a child. All of us were created within the womb of that ‘man’ who is called female, wo-man, womb-man. Behold the beauty of that name.

Thus, the woman says, “I need a seed, husband. Give me your seed, and I will create for you a son. But, if you approach me with Chastity, and you do not fornicate, then I will create within you the Son of Man, which is even better.”

The Son of Man is the union of Eros (the Son of Venus) and Psyche in Greek Mythology.

“The Son of Man is born in the Ninth Sphere. The Son of Man is born of Water and Fire. Water is the woman; fire is the man. When the Alchemist has completed their work in the Mastery of Fire, then he (Tiphereth, their Soul; not their mind, not their ego) receives the Venustic Initiation.” – *The Perfect Matrimony*

Why is it called the Venustic Initiation? Because the son of Venus (Aphrodite) is Eros, or as we say in Christianity, the son of Mary (the Goddess Venus, the Goddess of Love) is Jesus (Eros).

Jesus Christ is Eros, the God of Love who is born when the Alchemist reaches the Mastery of the Fire; that is, when he reaches the Fifth Initiation of the Major Mysteries. In other words, by means of the **Yr** Rune, the Initiate (man or woman) with their spouse descends (with Peter) into the Ninth Sphere in order to take the Life from the **Laf** Rune.



“The betrothal of the Soul (Psyche) to the Lamb (the Son of Venus) is the greatest festival of the Soul. That great Lord of Light (Eros) enters Her (the Psyche). He becomes human; She becomes divine. From this divine and human mixture, that which with so much certainty the Adorable One called “the Son of Man” is born. The greatest triumph of supreme adoration is the birth of the Son of Man in the manger of the world.” – *The Perfect Matrimony*

That Eros (the Son of Venus) is Jesus (the Son of Mary), who is born when the Initiate receives the Initiation of Tiphereth. The one who receives Eros is the **Manas**, the Monad (since the Superior **Manas** is the Human Soul). It is the Soul, Psyche, Tiphereth, who receives Eros.

In Greek mythology the Soul is represented by Psyche, because the soul is always represented by that feminine aspect inside of us who is marrying the Lord, Eros. That union is precisely the great goal for every Initiate—to receive that force we call the Lord (Eros, Jesus, Osiris, Quetzalcoatl).

According to Greek mythology, the trinity is: Chaos, Eros, and Gaia. Gaia is the Earth; Chaos is Uranus, the Sky or Heaven; and between them is Eros (the Son). So to incarnate Eros is equivalent to incarnating Jesus Christ within us; the same as developing the Lord within, developing **Manas**.

The LAF Rune

Now, the **Laf** Rune (in which the hands form an angle of 45 degrees) is indicating the way that you have to lift your hands—up. After you lift your arms, forming an angle of 45 degrees with your body, then you just walk towards the East.

It is good to perform this Rune on the 27th of each month. In the Internal Planes, the temples perform special rituals on the 27th. So, at dawn (four o'clock in the morning), you just perform the position of that Rune and walk as the Rune indicates, towards the East and pray.

What type of prayer? Whatever you want to ask from your Inner Christ, your Inner Master, your Inner Monad, your Inner Goddess, the Divine Mother. Honor your Father and your Mother, and pray.

What do you need? You have to ask for whatever you need, with simple words, as if you are talking to your mom or dad in the physical plane. The way you talk with them when you ask for a favor, in the same way you talk with your Inner God (remember: “to pray is to talk with God”). Thus, with a very slow motion, walk towards the East. It could be inside your home, or outside—it does not matter—but the prayer has to go down, inside you.



Now, when you reach the East, and finish your prayer, then perform the **Man** Rune and a prayer to the Lord as well. Raise your arms and say: "Oh Thou Solar Logos, Igneous Emanation..."

That prayer is called the 'Universal Prayer of the Gnostic Church' which is the Church in which the Lord, the Christ, internally works. The Lord is in the Gnostic Church; you can only find the Lord in the Internal Planes. Actually, the **Man** Rune can be performed every day, but the **Laf** Rune is only on the 27th, as the Master Samael Aun Weor indicates in his book on the Runes.

The MAN Rune

The center of the Tree of Life is Tiphereth, which corresponds to the heart. The Solar Work is done between two hearts, because the mystery of the Philosophical Stone always relates to two hearts (man & woman). This is indicated in the union of the **Man** and **Yr** Runes, previously explained.

The **Man** Rune, which comes after the **Laf** Rune, indicates that the Human Soul (whether that of the woman or of the man) is the one that has to work in the Ninth Sphere (represented in the **Yr** Rune).

Man reminds us of **Manas** ("mind" in Sanskrit), and of **Manus** (Latin meaning "hand").

This is why in all the body positions of the Runes, the hands have a special relation with the solar energies that we have to handle. In many scriptures the hand always points at willpower, the action that we have to perform when we want to do something spiritual. For example goodwill is explained thus:

"These things saith he that holdeth the seven stars in his right hand (**Manus**), who walketh in the midst of the seven golden candlesticks... Hurt not the earth, neither the sea, nor the trees, till we have sealed the servants of our God in their foreheads (**Manas**)."

And ill-will or evil will:

"If any man worship the beast and his image, and receive his mark in his forehead, or in his hand, the same shall drink of the wine of the wrath of God." – Revelation 2:1, 7:3, 14:9

The Book of Revelation states that either the seal of God or of the beast is received on the forehead (**Manas**), and "Willpower" relates to the hands (**Manus**). All of this relates to the **Man** Rune.

In regard to **Manus** (Hand), the hand of Jesus Christ comes to mind. He is always painted performing the following hand-symbol: the thumb, index and middle fingers of his right hand pointing upward (like the three upper lines of the **Man** Rune) while pointing at his heart with his left hand.



It is profoundly significant that the **Man** Rune is related with **Manus**, the right hand and the heart of Christ; indicating with it that everything we do with our hands, every action of our Willpower (Tiphereth, the heart) relates to the mind, **Manas**. Remember that the seal of God is received in the forehead.

[...To Be Continued...]

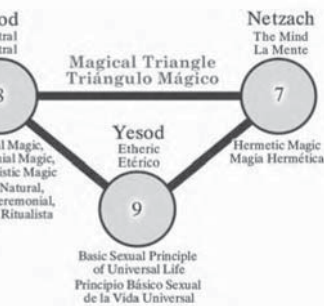
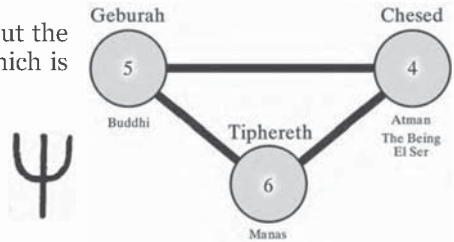
Gnostic Runology – The “YR” Rune (Supplement 2)

The “Man” & “Yr” Runes and the Monad According to Glorian Publishing

Continuing to quote from a class¹ given on the *Glorian.org* website regarding the 3 Runes: *Laf*, *Man* and *Yr*, the following is explained:

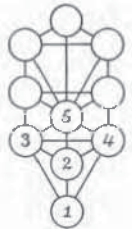
When we address the *Man* and *Yr* Runes, we have to talk about the trident. Let us study the trident, related to the *Man* Rune, which is really the opposite of the *Yr* Rune (an upside down trident).

The three upper parts of the trident on the *Man* Rune represent the Monad, the True Man in us, which is our Divine Triad (Atman-Buddhi-Manas); and in Kabbalah they are the Sephiroth Chesed, Geburah, and Tiphereth.



Yet, the *Yr* Rune relates to the Sephiroth Netzach, Hod, and Yesod, the three brains with which we have to work.

“The Divine Triad (the *Man* Rune) is the Innermost [Atman] who has two Twin Souls: the Divine and the Human. At one hundred years old (in esoteric age), the Divine Soul [Buddhi] fuses with the Innermost [Atman], and so a new Master is born within the internal worlds. At five hundred years old (in esoteric age), the Human Soul [Manas] also fuses with the Innermost [Atman]. This is how a new Mahatma is born within the internal worlds.” – *Manual of Practical Magic*



If we quoted the former paragraphs, it is in order to comprehend that the Monad (the Divine Triad) is the real Man, the *Man* Rune within us. When we talk about the Being, we talk about the two superior parts of the Monad, which are Chesed and Geburah.

The Master Samael Aun Weor explains very clearly that in the First Initiation of the Major Mysteries, when the Kundalini (the life, the *Laf* Rune) reaches the pineal gland, then the two superior parts of the Monad are united: Chesed and Geburah become one. The Innermost [the Being] and the Divine Soul [Buddhi] become one.

These two are always in Heaven; this is why the *Man* Rune is represented by a Man with his two arms pointing to Heaven —to indicate that the True Man (Chesed and Geburah) is always above, not below. The first degree of Mastery (the First Initiation) in the Major Mysteries is when the Innermost is united with the Divine Soul.



Regarding Mastery (and the Degrees of the Monad)

Obviously there are many degrees of mastery, for instance the Nine Initiations of Minor Mysteries. The one who receives these Initiations internally is the Monad of the Initiate. The Monad becomes a Master of the first degree, second degree, third degree, fourth degree, fifth degree, until the 9th degree of the Minor Mysteries.

However, before the Monad reaches a level of mastery in relation with the Law of Evolution (because in order for a Monad to enter from the Mineral Kingdom into the plant Kingdom), the Monad needs to reach mastery in the Mineral kingdom. In order to enter into the Animal Kingdom, the Monad has to have the mastery of both Mineral and Plant Kingdoms. When the Monad enters into the Human Kingdom, the Masteries of the Animal, Plant, and Mineral Kingdoms are already reached internally.

Those levels of mastery are received by every Monad, which is related with the mechanicity of Nature (Evolution & Involution). **But when we talk about the Minor and Major Mysteries, those are only achieved by working with sexuality.**

Monads receive degrees (powers) when they attain Initiations, or different levels of mastery in the Internal Worlds. This is why we always state that every single Monad is a Master inside of us; the Monad is the Guru inside of us.

Different degrees of mastery are found among the Monads. It is one thing to be a Master of Minor Mysteries, and another thing to be a Master that already has the First Initiation of Major Mysteries. With it that Monad has entered into the path that leads to Nirvana. Eventually that Monad will become a Master of the second, third, fourth, fifth, and many other initiations, according to the development of that Monad in the Internal Planes. That is why we always say that each one of us has a Master inside.

So, when I said that my Inner Monad is a Master, it is true, but it is also true that all people's Inner Monads are Masters, in different degrees. Degrees in mastery depend on our work with the *Yr* Rune, the *Man* Rune, and the *Laf* Rune.

In order to develop more mastery, Monads always rely on more developed Monads. Such development always comes through the Philosophical Stone (the *Laf* Rune), from Christ.

Now, the degree of our Monad is something very personal. To unveil the degree of our Monad is something that is useful only as in the case of the Master Samael Aun Weor, who (as the Avatar of Aquarius) is teaching, giving the knowledge to humanity.

Thus, everybody has to know that Samael Aun Weor is a Monad whose mastery is at a very high level, a Monad from a higher hierarchy, and therefore capable of teaching the lower Monads at any level. This is something that we have to understand, since among the Gnostics, or among the White Brotherhood, there are many Masters, Monads, of different hierarchies. Let's quote the Master for better comprehension:

“The Christ substance extends itself in all the infinite space, and, while we practice Sexual Magic, it is absorbed by each one of our seven bodies until Christ is formed within ourselves. These seven ardent portals are something very personal, very intimate, very individual, and very profound. The path of Initiation is something very internal and delicate.

In order to possess the reed (cane or staff), the disciple must liberate themselves from all types of schools, religions, sects, political parties, concepts of motherland and flags, dogmas, intellectualism, selfishness, hatred, anger, opinions, classroom arguments, authoritarianism, etc...

There is a need to search for a Guru in order for us to be guided along this internal and delicate path. The Guru must be searched for within, in the profundity of the Consciousness... Each disciple must search for the Master inside, inside, inside. The Master is found in the profundity of our Consciousness (it is the Monad).



If you want to search for the Master, abandon all bookish erudition and pseudo-spiritual schools. The Master appears when the disciple is prepared. The gravest danger for the occultist is to have a bookish culture. The students of occultism who have read excessively are commonly filled with terrible pride.”

As we have explained in a former lecture, pride is that mythomania that boasts of being a master, boasting that because you have knowledge, you are better. **Remember, the Master is always inside, and it is the Monad.**

The student who is vain (due to the intellect) feels as though they are the lord of worldly wisdom. They not only lamentably waste their time going from school to school, but moreover they close the door of Initiation for themselves (their Monad), and fall into black magic. In other words, the student thinks that they are going to receive Initiations just because they belong to this or that school, this or that religion, etc.



Humility, Comprehension and our Inner Guru

Understand this: Initiation is related with the *Laf* Rune; related to how we handle the Grail, the Stone; and, thus, also related to how we handle the *Yr* Rune (the upside down Cross).

Therefore, every time you go into the sexual act, remember: Peter goes with you (your brain, your pineal gland). Thus, if you fornicate, instead of raising the Stone to your head, instead of receiving the name of your God on your forehead, you become the Fool, “Falparsí”.

“We must become like children in order to penetrate into the wisdom of the fire, which is deep within ourselves, in the living profundity of our internal Consciousness. There is a need to be humble in order to acquire wisdom. Once we have acquired wisdom, we must be even more humble.” – *Igneous Rose*

Humbleness is something that we acquire when we comprehend our pride, when we comprehend self-esteem, in all levels of our mind. It is not that we have to fake humbleness; it is something that we have to develop when we comprehend our pride, when we stop boasting of this or that. This is something that we have to comprehend, because the attitude of many Gnostics, as well as many esoteric students in other schools, is that of liking to boast about themselves and to be followed.

Master Samael always stated, “do not follow anybody, if you want to really enter into the path of Initiation, follow your own Being”, because your Being has the degrees (the Initiations) that allow you to comprehend.

Do you want more comprehension? Well then, go down into the ninth sphere, work with the *Laf* Rune (work with your Peter) and transmute your sexual energy. Then your Monad will receive more degrees, more comprehension, more understanding. Thus, you (the Soul) will be guided from with-in (internally).

But the problem here is that everyone wants to be guided from with-out (externally). We recognize that it is good to find someone externally who will indicate what to do spiritually; nonetheless, the main thing to remember is this:

“Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind... And Thou shalt love thy neighbor as thyself.” – Matthew 22: 37, 39

If you become like many people in this day in age, who are always looking for a Guru outside, then (like them) you will forget that the true Guru is inside. When you find your Inner Guru, your Inner God within, then you can talk with confidence to other Initiates in the Internal Planes.

With every piece of advice that you receive from them, you can go and meditate, concentrating on your God asking, "My God, my Lord, this Master told me this, can you explain to me what this means? Because you are the reality within me, and here, your terrestrial man cannot understand it. I am your terrestrial man. Can you explain this to me?"

Then you meditate, and during Meditation your God will disclose, for you: "What this Master told you, is this..." "What the Master Samael told you in this book is this..." This is for you, at your level, at your degree of understanding. Thus, this is how you have to comprehend why the Master Samael said that the Guru (the Master) is within, inside...

However, do not misunderstand. We do not mean to say that all of you have a Master of the fifth degree of Major Mysteries inside of you. Nor do we mean that all of you are Mahatmas, or great souls. No, because mastery has to be gained in the Stone. Your archetypal Peter has to descend into the ninth sphere in order to develop wisdom, intuition. As Peter descends, this is how you develop your pineal gland.

That is why people sometimes misunderstand when we say, "My Guru, my Inner Monad, is a Master", because it is. It would be a big lie if I said that my Inner Monad were not a Master. Of what degree? Well, that is personal; that concerns only me. Likewise, I always respect you, and I see you and know that within each one of you there is a Monad that is a Master. Of which degree? Well, you have to discover that by yourselves. And, if he has a lower degree, then work with the Stone, work with Life (the *Laf* Rune).

The Son of Man is the union of *Eros* (the Son of Venus) and *Psyche* (the Soul). Master Samael Aun Weor stated:

“The Son of Man is born in the Ninth Sphere. The Son of Man is born of Water and Fire.”

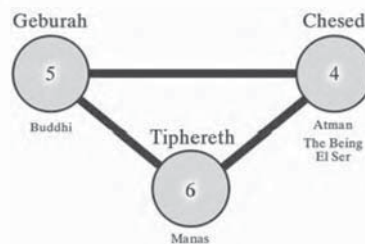
Water is the woman; fire is the man. When the Alchemist has completed the work in the mastery of Fire, then their Soul (Tiphereth; not their mind, not their ego) receives the Venustic Initiation.

Why is it called the Venustic Initiation? Because the son of Venus (Aphrodite) is *Eros*, or as we say in Christianity: the son of Mary (the Goddess of Love, Venus) is *Eros*, Jesus (the Christ). Jesus Christ is *Eros*, the God of Love who is born when the Alchemist reaches the Mastery of the Fire; that is, when one reaches the Fifth Initiation of the Major Mysteries.

In other words, by means of the *Yr* Rune, the Initiate (man or woman) with their spouse descends (with Peter) into the Ninth Sphere in order to take the Life from the *Laf* Rune.

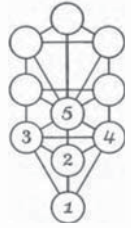
“The betrothal of the Soul [Psyche] to the Lamb [the Son of Venus] is the greatest festival of the Soul. That great Lord of Light [*Eros*] enters Her [Psyche]. He becomes human; She becomes divine. From this divine and human mixture, that which with so much certainty the Adorable One called "the Son of Man" is born. The greatest triumph of supreme adoration is the birth of the Son of Man in the manger of the world.” - *The Perfect Matrimony*

When we said MANGER, the MAN, the *Man* Rune comes to mind. Remember that the *Man* Rune indicates the Triad (Atman-Buddhi-Manas). That *Eros* (the Son of Venus) is Jesus (the Son of Mary), who is born when the Initiate receives the Initiation of Tiphereth (the Fifth Initiation of the Major Mysteries). The one who receives *Eros* is the Manger, the *Manas*, the Monad, the Human Soul (Tiphereth).



In Greek mythology the Soul is represented by Psyche, because the human soul is always represented by that feminine aspect inside of us who is marrying the Lord.

That union is precisely the great goal for every Initiate—to receive the Lord, **Eros**, Jesus, Osiris, Quetzalcoatl, or whatever name you want to give to that force. According to Greek mythology, incarnating **Eros** is equivalent to incarnating Jesus Christ within us; it is the same thing as developing the Lord within, as developing **Manas**.



The Superlative Consciousness of the Being and the Ascension of the Lord

Let's understand the synthesis of the Path symbolized by the Three Mountains:

1st Mountain: The work of creating the Solar Bodies and the Soul.

2nd Mountain: The Elimination of the Ego (Decapitation) and the Internal Resurrection

3rd Mountain: The Incarnation of the Christ, the Ascension of the Initiate

Now, with Peter, you enter into the First Mountain, which is the Initiation. The First Mountain is related with the building of the Church inside of you. The Second Mountain relates to the annihilation of all that we are (egotistically speaking), so as to acquire objective reasoning. The Third Mountain is related with the work that the Christ has to do with humanity, through you.

Let us remember that the Being is the Innermost and the Superlative Consciousness (Geburah). Our Geburah has to be developed through different steps, through the Second Mountain.

When the Initiate enters into the Second Mountain, then they liberate the different levels of the Superlative Consciousness of the Being. The Human Soul—or the Essence that becomes the Human Soul—which is lower than Geburah, is the one that is here, expressing itself through the physical world. But within Geburah, the principles of the Christ are developed.

The goal is to acquire the trident (symbol of the objective reasoning of the Being), represented by the **Man** Rune. Subjective reasoning is related to the ego, but the objective reasoning of the Being relates to the Superlative Consciousness of the Being and has six degrees.

When you develop certain comprehensions and reasoning (related with the Spirit and your Geburah), then that reasoning is developed in relation to the Second Mountain. When the Initiate finishes the Second Mountain and resurrects, then they receive one trident, two tridents, or three tridents—different tridents, different degrees. The highest degree of comprehension and reasoning that any Initiate can acquire is called **Anklad**. This type of reasoning goes with the five senses and the seven chakras.

The way in which the Initiate comprehends the doctrine relates with what we call the Auric Embryo. The Auric Embryo is the Superlative Consciousness of the Being which acts in all of the bodies. That Auric Embryo gives you comprehension in relation with the degree of development that you acquire in resurrection.

Some Initiates who have reached the second degree of objective reasoning, for example, decide to acquire another degree, and for that, they must say, "Peter, I have to descend with you into the Ninth Sphere, help me! Because the degree of reasoning that I have right now is not enough for me, and I want more intelligence." So then they descend with Peter, but most of them fornicate and become the fool: a fallen bodhisattva.

We have to understand the difference between a descent and a fall.



To fall is to fornicate; but to descend is to practice Sexual Magic and not reach the orgasm. Many Initiates, when they acquire the trident of Neptune (which represents the intuitive mind) or of Raphael (the Lord of the Mind), see the difference in comprehension when they talk with other Resurrected Masters.

For instance, when you talk with the Master Jesus of Nazareth (who has **Anklad**), his doctrine is so high that you need to work very hard in order to understand it. His wisdom is written in the **Pistis Sophia**. Below him there are other Masters that have other degrees; namely, **Podkoolad**, **Ternoonald**, **Degindad**. You can find those names in the **Pistis Sophia Unveiled**; they are the names of the different degrees of objective reasoning.



For instance, if a Master with the **Ternoonald** degree of objective reasoning wants to acquire the level of **Anklad**, then he has to practice the **Yr** Rune; that is, he has to descend into **Laf** (Life). For them, the sexual act is prohibited, but if they want more reasoning, more intelligence, more wisdom, they have to descend. This is the problem, because after millions or thousands of years without performing the sexual act, some of them cannot control the sexual organs and they fall. So through the **Yr** Rune, they fall. That is why the **Yr** Rune is the number 16.

To perform the **Yr** Rune is very delicate. You have to pray the prayer we have given to the Holy Spirit, the Lord of the Sea, inside of you. This is necessary in order for you to receive help. If you forget Poseidon, Neptune, the Lord of the Sea (the Lord of your sexual force) and you think that you can do things by yourself, like Odysseus, then you are punished.

That is why it is written that many Angels fell with the daughters of man in the Book of Genesis. They were trying to acquire more objective reasoning – another trident, knowing that Neptune is the one that can give you another trident. Neptune, the Holy Spirit will appear and say to you, "Do you want another trident? Do you want more intelligence? I can give you that. But for that, you have to descend with Peter. But, woe unto you if you fornicate, because then you will become **Falpars**, the fool."

Remember that in order to acquire wisdom you need the Grail, and the only one that can penetrate the Grail (which is the feminine sexual organ) is the Phallus **per se**. Some of them perform the sexual act without spilling the mercury of the wise, and work very hard in order to acquire another level of objective reasoning. That is why, among the Masters, among the resurrected Initiates, you have many levels of wisdom.

Listen carefully: The objective reasoning that you acquire after resurrection is never lost. You never lose it. When I say "you", I am talking about your Monad. I have to emphasize this, because sometimes I say you, and people understand that "you" as the ego, the terrestrial man here. No, "you" is the Being who receives the objective reasoning; it is Kether in Chesed, the Monad.

So, once acquired, a degree of objective reasoning is never lost, meaning the Monad never loses it. But of course you, as a Soul, can lose it: if you fall like a fool. Then the Monad will say, "Where is my vehicle?" "I do not know, it is already in Hell."

So, you lost what God gave you, and now you want to acquire more? Well, fight and maybe you will acquire more. The thing is this (which the Master stated), "When a fallen bodhisattva enters a group, he is immediately recognized, because the Auric Embryo of his Monad has that level of objective reasoning, and he never loses it." To recuperate that is another thing, but he has the ability to comprehend, to understand things. This is something that you need to comprehend and put into your head.

The Yr Rune and the Hippie Movement

We should maybe also mention that the **Yr** Rune was used negatively as a peace sign in the 1960s (remember that Hitler's Germany also used the Swastika in the wrong way). There are many groups in this era that utilize different signs, Runic signs. Sometimes they do it because, as they say, "It's cool", but they do not know the meaning of them.

I have always wondered why the hippie movement adopted the **Yr** Rune for their sign. I do not know. Maybe it is because they are sexually "liberated", because they are performing sex without any scruples, right? Obviously, they were performing the **Yr** Rune, but as fools—not like Peter. They are not transmuting; they are not lifting the head up.

Still in this day and age, there is "sexual freedom" (hedonism) among them. Thus, they applaud any type of sexual degeneration. They even go onto TV shows and declare themselves to be this or that type of degenerated being. That is how this society is. They utilize the **Yr** Rune in the wrong way.

But, we the Gnostics, perform the **Yr** Rune as Peter's cross. The **Yr** Rune of Peter hides the mystery of the Stone. We have to transmute the sexual energy, otherwise, we will fall like the fool, Falparsi. Remember that. When the phallus becomes the fool, then we go into Klipoth. That is precisely the direction we must go in order to rise—Peter says, "Go down, in order to go up". But, people go down, and continue going down, into the inner layers of the Earth, into Klipoth.




It is stated that when a Master descends, he is then submerged into Samsara again. Let us understand what this means. Once the Soul is in Samsara (which is Malkuth) in order to acquire more reasoning, that Monad (that Master) has to wait until his bodhisattva rises again. But that Master is always a Master. We are talking about a fallen bodhisattva that descends, or that falls. The Master is always the Master; the mastery is never lost. Once you acquire it, you never lose it. When I say "once you", I remember again to emphasize this: "you" is the Monad, not you, the ego.

In Meditation, your Monad can tell you many things, and then you say: "Okay, I understand that" and you receive it because you have the capacity of understanding (since your Monad reached that level in past ages). Now, if you rise again to the same level, that level of reasoning will be higher, that is obvious. That is **IF** you rise again. There are many bodhisattvas in hell, who really do not want to rise again, because it is very difficult. The karma that you have to pay is always doubled, tripled; it is very hard.

Gnostic Runology – The “EH” or “EHE” Rune (Historically)

The E-Rune According to Friedrich Fischbach (1900)

After the M-Rune, Fischbach says “Out of the younger Runes [*jüngerer Runen*], the following are probably the most important” and he gives 11 more Runes which he associates with letters (but does not give any additional descriptions). Included among them is ‘E’, which he seems to reference with the *Tyr*-Rune as follows:

 The Oak tree [*Eiche*] has the Name *Eoh*. The anglo-saxon Rune-Song states: “*Eoh* is outwardly an uneven Tree, hard, firm in the ground, a Keeper of the Fire [*Hüter des Feuers*], interwoven with Roots, a Delight in *Odel*.” (Odin’s Garden)

The “Eh” or “Ehe” Rune According to Guido von List (1907)

 **eh(é) = Marriage [*Ehe*], Law [*Gesetz*], Horse [*Pferd*], Court (of Law) [*Gericht*], etc.**

A Seventeenth helps me with a beloved Maiden,
That she may never easily forsake me.

The seventeenth, or “*Eh*-Rune”, is again the Counterpart or Antithesis of the sixteenth or *Yr*-Rune.

While the *Yr*-Rune warns against the frivolous, momentary Love-Affair [*leichtfertigen, vorübergehenden Liebeständelei*], the “Marriage-Rune [*Ehe-Rune*]” fixes the Concept of lasting Love [*dauernder Liebe*] in the Rationale of Marriage as the lawful Conjunction/Connection [*gesetzmässige Verbindung*] of Man and Woman.

This is indicated by a later *Eh*-Rune figure in which the “*Laf*-Rune” appears doubled (𐌺𐌶 = 𐌺𐌶), suggestively saying: “two who are united by the *Ur*-Law-of-Life [*Lebens-Urgesetz verbunden*]!”

Marriage [*Ehe*] is the Foundation of the People, and therefore “*eh*”, is again the Concept for Law [*der Begriff für Gesetz*], because according to an ancient Legal-Formula: marriage is the “Raw-Root [*Rauwurzel*]” (that is to say, the “Legal-Root [*Rechtswurzel*]”) of the Continuation and Assets/Portfolio [*Bestandes*] of the People.

Therefore: “Marriage [*Ehe*] is the Raw-Root [*Rauwurzel*] of the Aryans [or Solar Human Beings]!”

The “Eh” Rune According to E.T. Kurtzahn (1924)

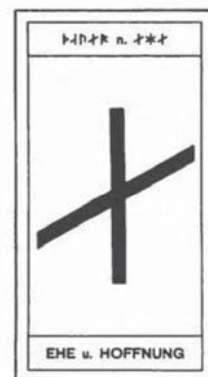
Exoterically: Unification [*Vereinigung*], Hope [*Hoffnung*]

Esoterically: Duration [*Dauer*] and Marriage [*Ehe*] as Law

Generally: Marriage [*Ehe*]

We now come to the last of three Runes which give symbolic Expression to Humans themselves [*Menschen selber*] and their most intimate Relationship to one another through the Sexes [*durch die Geschlechter*], which are the Runes of 𐌺 Man, 𐌶 Woman, and 𐌺𐌶 Marriage [*Ehe*].

With our Ancestors, Marriage was sacred [*die Ehe heilig*], and Adultery/Fornication [*Ehebruch*] (literally ‘Marriage-Breach/Break’) occurred just as little as a Divorce. But what has happened today with us Descendants?



We have come so far that it is easily said: "There should be happy Marriages, but one has hardly seen one!" or even cynically: "In any Marriage there are only two happy Days for the Marriage-Partners [*Ehepartner*]: the Wedding-Day [*Hochzeitstag*] for both of them and the Spouse's Day-of-Death [*Todestag des Gatten*] for the surviving Member!" This is where we are...

Nowadays, Adultery/Fornication [*Ehebruch*] seems to almost be a part of good Manners [*guten Ton*] and the number of Divorces is in the Tens-of-Thousands. Who or what is at fault? Our modern Lifestyle, and with it the Contamination of: our Customs, our Literature, our performing Arts, etc.; that is to say, our entire public Life [*öffentlichen Lebens*] has been Contaminated by certain determined Opponents of the Light!

It is very significant that when the † *Man*- and † *Yr*-Runes are placed on top of each other, the ✨ *Hagall*-Rune is formed. The † *Eh*- or *Ehe*-Rune (the Marriage-Rune) has one Arm of the *Man*-Rune and one of the *Yr*-Rune, which together form the Inclined-Beam [*Schrägbalken*], that goes from the lower left (Woman, Matter/Material) to the upper right, where in the *Man*-Rune the Kingdom of Light, of the Spirit, of the Soul (Father, Son and Holy Spirit) is represented.

All this indicates that the Redemption of the Human-Being is possible only in recognizing/realizing Marriage [*erkennender Ehe*]. (Compare my writing: "The Gnostics or the invisible Church".)

If it is possible, as is presented by the Gnostics, for Human-Beings to transfigure and pneumatize their Body ['pneuma' is an ancient Greek word for 'breath' and therefore connects with the concept of 'breath of life', as well as with 'spirit' or 'soul' in a religious context], then this transfiguration with one's Spouse is accomplished through the Consummation-of-Marriage [*Ehevollzug*].

If, for the Man, the well-known sentence from Faust applies: "The eternal feminine (the Soul) pulls us upwards!" (or back to the pleromatic Home-of-the-Light), then for the Woman the following sentence equally applies: "The eternal-male (the Spirit) will redeem me" (i.e. by the Spirit turning the feminine Soul away from Matter/Material and repolarizing it).

The Shape of the † *Eh*-Rune is of great Importance, which can also be understood as two Triangles touching at the Tip. There is a deep Mystery/Secret which lies hidden therein.

It was not without a compelling Reason that the catholic Church created and carefully maintained the Sacrament of Marriage [*Sakrament der Ehe*]. This is because it is the Union in Marriage [*Vereinigung in der Ehe*] alone which gives Hope for earthly Perfection [*irdische Vollendung*].

The Purpose of Marriage is precisely in this personal Perfection [*persönlichen Vollendung*], not in the Procreation-of-Children [*Kindererzeugung*], at least certainly not for Those-who-Know [*Erkennende*]. In this Respect, we recommend the Booklet of J. W. Lloyd entitled "The Karezza Method: Or Magnetation, the Art of connubial Love [*ehelichen Liebe*]".

The "Eh, Ehe, Ehu, Equus" Rune According to R.J. Gorsleben (1930)

Letter E and Number 17.

Eh, Ehe, Ehu Rune: *Equus*, the "saddled horse", Unity, connectedness, a union beyond marriage that has the meaning of 'a union in the law of the Divine worlds with the human worlds'.



It seals the new ascent after the changes of the worlds and, in one of its shapes, is a reversal of the † *Nod*, *Not* or Need-Rune.



Dr. Friedrich Teltscher's *Ur*-word is *Vereinigung* meaning "Unification/Union" as well as Association, Combining, Fusion, etc.

A seventeenth I know, with wise law
to join two lives in love
And each one is willing, and no virgin
will lightly leave me after that.

Ewig (Eternal) in Old German means 'lawful', therefore *Ehe* = law, the natural law. The eternal law of nature, the eternal female, the Maria, the *ma-te-ria*, the mother, the *mater* (Latin for 'mother'). Furthermore it contains the concept of permanence (of the *ehe-men* or "here since ever") in relation to Eternity [*Ewigkeit*].

Thus, the **Rune means Marriage [*Ehe*] in relation to the law and to eternity.**

The Marriage-Rune [*Ehe-Rune*] shows us the | IS Rune crossed with the ascending *Bar*-line \swarrow or life-line, which makes it the true or "right" Rune. It refers to that which is right, genuine, because Marriage [*Ehe*] means that which is Genuine [*das Echte*], old Nordic *aett* = dynasty, that which is here since time immemorial, the 'nature-*Ur*-law' of procreation through the right *Is* = Self in Marriage [*Ehe*].

Eternity [*Ewigkeit*] is the *Ehe-Ich-heit* (Marriage-Self-ness), which means the (spiritual) self in Marriage-ness [*Ehe-heit*] or in lawfulness, that is: Eternity is Self-Lawfulness, being Lawful to (spiritual) Self [the Being] – as above so below.

The \star *Ehe*-Rune is the "Marriage-Cross" [*Ehe-Kreuz*], which we take upon ourselves, because in Marriage the "crossing" between man & woman is performed, which necessarily leads to a crucifixion in spirit and body, from which we are also able to redeem ourselves again, if we have recognized the meaning of the rune.

In its other, second, shape \mathbb{M} it is the *Ehu*, the "Horse", $\uparrow 1 = \mathbb{M}$ and the rune is again an image of Marriage, of its coat of arms, so to speak. Two \uparrow LAF Runes, two Life-Worlds, two Self-Waves, two Self-Wills, two souls, two columns, two "pillars of humankind", the Souls [*Seelen*], shake hands in order to join in the voyage of life with the struggle for the knowledge of the Marriage-Eternity-Law [*Ehe-Ewigkeits-Gesetz*].



Under the image of the horse, the *Ehe*-Rune implies Law. Marriage and the horse are both concepts of Law & Right. The Horse [*Roß*] is the symbol of the Rod, the Wheel [*Rades*], the Council [*Rates*], the Right/Law [*Rechts*] (all related with the \mathbb{R} *Rita* Rune) and, in the figurative sense, we are reminded of the Rider (on horseback) [*Reiters*], of the Knight [*Ritter*], and of the Judge [*Richter*].



Therefore **we have Horse & Rider concealed in the Rune** as a symbol of the connection in life of two creatures who join in action. Consider: Leader and those who are led, person who carries and the carrier, man & woman: two \uparrow *Laf* Runes joined to a unity $\uparrow 1 = \mathbb{M}$.

The Roman historian Tacitus writes in Chapter 18 of his *Germania* the following:

"They keep strict morals in their marriage and no other one of their morals is as important. They are the only ones of all the barbarians who are satisfied with a single woman, with a few exceptions, where not desire, but duties of status made the entering of several marriages desirable. The wife does not bring a dowry to the husband, but he brings it to her (his chosen one). The relatives are there and they approve of the gifts, not glitter and jewelry, but cattle, a harnessed horse, a strong spear with sword and shield.

...According to their belief this forms a tight connection, the most sacred of secrets (the horse, the ash spear, the sword, the shield), and the protective gods of the domestic hearth are caretakers of these gifts.

By custom, during the wedding ceremony, the woman is admonished to also participate in the heroic attitude and in the changing circumstances of war. The housewife comes as a comrade in danger and efforts, and she will risk and suffer the same things in war as well as in peace, and this is what is meant by the symbol of the yoke of the oxen and the harnessed horse. Should she live or die, what she received she has to leave in honor to her sons, so that they can transfer it again to the grandchildren by way of the daughters in law...”

In Chapter 19, he says:

“Adultery is very rare in such a large population, because the punishment is immediately followed with cut off hair, and the insulted husband chases her naked (in the presence of relatives) out of the house and drives her through the village, beating her with a stick. There is no pity for that shame (now known), and no beauty, youth nor wealth could get a new husband for a woman that has fallen in this way. Because no one is laughing about the vice of adultery and to seduce or being seduced there is not considered fashionable. There is respect for such peoples where virgins only marry and where all hope ends with the vows... This way they accept the husband, like one body and one life, because **in truth they love marriage** and not the man. To limit the number of children or to kill one of the later born ones is considered a crime, and good morals can produce there more than good laws elsewhere...”

In the *Ehe*-Rune: God and human, man and woman, have become one in their union, according to the universal-law [*weltgesetzlichem*]. Marriage is the basis of the Clan's Stalk/Trunk [*Volkschaft*], therefore the concept of marriage became the concept for the law in general.

According to an ancient formula: Marriage is the root of the law, the root of the maintenance of the world. Thus, marriage was sacred to our ancestors, because it was an *Ur*-lawful institution.

The “Eh, Ehe” Rune According to S.A. Kummer (1932-1933)

✚ (E) The *E*-Rune, *Eh*, Marriage [*Ehe*] = eternal [*ewig*], the Real [*Echte*], Continued-Procreation [*Fortzeugung*], the Law-of-Nature [*Naturgesetz*], that takes place between Man and Woman. – Numerical value 17.

The two Selves [*Iche*], two Lives, two Souls [*Seelen*] that through pure Love [*reine Liebe*] Connect together in Marriage, and through spiritual & physical mutual Reverse-Polarization or Re-Polarization [*gegenseitige Umpolung*] reach a higher Life.

Neither of these two People will want to separate this holy Union [*heilige Verschmelzung*], because a third Marriage has already occurred between them and that is the Marriage-Connection of the Souls [*Ehe-Verbindung der Seelen*] with the World-Soul, the Cosmos, with All-Father.

This Rune contains the great, pure, sacred Union of the Two in the One [*große, reine, heilige Verschmelzung den Zwei in der Eins*]. The Unity/Togetherness or One-ness–Self-ness or United-Selfness [*Ein-heitl-ich-keit*]. The Covenant of God, Humanity, Man and Woman in the One.

Marriage is for the spiritual and physical perfection of both the Selves [*Ich*] in order to Create the Body for the third, higher Self [*Ich*] through conscious, pure Procreation [*bewusste, reine Zeugung*]. This was the high Notion of the Sanctity of the Marriage [*Heiligkeit der Ehe*] of our Ancestors, who considered the greatest Value of Marriage to be in High-Cultivation [*Hochzucht*]. That is why all pure Young Men and Women went into Marriage. Our Ancestor's Moral-Strictness gave rich, healthy blessings to their Children.

The Marriage-Rune [*Ehe-Rune*] is the great Love-Rune [*die große Liebesrune*], which will also bring us (in future Times) the Zenith or 'Peak-Time' of Humanity [*Hoch-Zeit der Menschheit*].

“Marriage is the Sanctuary,
Because Love [is] pure Divine-Force (or God-Power).
Avoid despicable Acts,
[When] Love is Mastered [it] creates Nobility.”

*Die Ehe sei dir Heiligtum,
Weil Liebe reine Gotteskraft.
Vermeide lasterhaftes Tun,
Beherrschte Liebe Edles schafft.*

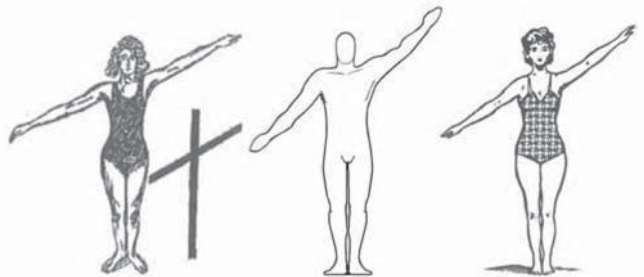
The Demonic of the Marriage-Rune [*Ehe-Rune*] ✠ is the *Not*-Rune ✠

✠ My Fate/Destiny [*Schicksal*] is self-created Need/Hardship [*selbstgeschaffene Not*], that is to say: it is Compulsion-of-Fate/Destiny [*Schicksalszwang*].

✠ Marriage is the great Legal-Root [*Rechtswurzel*] of the Aryan [or Solar Human Being].

Full Body Rune Exercise(s):

The Student takes up the *Ich*-Rune-Position, does the Breathing-Exercise and then takes the same Position as in the *Not*-Rune, except that they stretch their left Arm diagonally upwards and the right Arm diagonally downwards and, in addition, they hum the "e-e-e-e-e-" in this Exercise.



Here, the Process is similar to that of the *Not*-Rune, except that he absorbs more Waves-of-Universal-Love [*All-Liebeswellen*] and thus in his Marriage or Love-Life [*Liebesleben*] he learns to love more consciously, purely, nobly, and spiritually.

Also, in this Rune-Position the Student receives the magical Force [*magische Kraft*] to protect oneself and one's Love-Partner from Infidelity and Betrayal.

The consciously performed *Eh*-Rune frees the Practitioner from all low-sensual Drives/Urges and Passions [*niedrigsinnlichen Trieben und Leidenschaften*], driving the Practitioner from the Two to the spiritual One.

Pure, free or unrestrained in their Love-Life, the Student will receive high Universal-Waves [*hohe Allwellen*] in this Rune-Position which will awaken in them a pure Thought- and Wish-Life. This, in turn, becomes a part of their Waves which resonate with a noble, ideal, pure, beautiful Sister or handsome Brother, and awakens in them a Longing, so that they (even unconsciously) come to the Practitioner.

The Student will thus enter into a true Marriage, which will bring them infinite Blessings [*unendlichen Segen*].

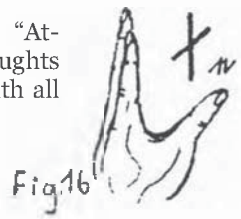
Dear Brother, dear Sister: practice this Rune consciously and purely, then you will also find your Twin-Soul [*Zwillingsseele*]. Then thank your All-Father and yourself. Hail unto thee [*Heil dir!*]

Whosoever practices this Position with low sensual, egotistical Drives/Urges, will attract demonic Beings who will make their Life a Hell. This is a warning.

The divine Mystery/Secret of this high Rune cannot be pronounced, not even imagined. Dear Brother, dear Sister: seek, dig and wish; "knock, then it shall be opened unto you", said a great Master of the Mysteries.

Hand Rune Exercise ('Mudras' or "Rune-Grips"):

The Rune Practitioner should take up the *Ich*-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must be observed with all the Rune-Grips. Figure 16 shows the *Eh*-Rune-Grip.



This Grip is performed with the left hand, similar to the *Ka*-Rune-Grip, except that the Thumb is spread somewhat further outward. Its Sound-Formulas are: "e-e-e", and "E-h-e".

Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the *Ich*-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [*Feinkräfte*] can be reached in the Hand-Centers.

The inner Thoughts are focused on pure Love [*reine Liebe*]; spiritual, soul Union [*geistige, seelische Verschmelzung*]; on Liberation from low-sensual Drives/Urges and Passions [*niedrigsinnlichen Trieben und Leidenschaften*].

Afterwards, a conscious-willed [*willensbewußt*] Circulation through the whole Body should not be forgotten.

This Grip creates a pure, noble Thought- and Wish-Life [*reines, edles Gedanken- und Wunschleben*]. With this Grip a subtle Swirl-of-Light [*feiner Lichtwirbel*] can be observed around the entire Hand.

The astral Color is yellow by Day, yellow-green by Night.

Additional Note: Kummer's Advice for Further Progress

To become more receptive, more sensitive, the student rubs Herbal-Ointments after Bathing. Eucalyptus-Oil is also highly recommended. The Oil or Salve must be rubbed into the pores.

Particular Value should be placed on the Pit-of-the-Stomach [*Magengrubengegend*], the Soft-Tissues between the Thighs, the Vertebral-Column, the Chest and the Temples. The Rubbing is done in circular Movements.

The Student must override any Discomfort immediately; one must not send out negative Thoughts, because these would bring them only further Worries and Discomforts. One must learn to be above everything Physical and Material.

One has to attribute, for the most Part, their still-disordered Thought- and Wish-Life to Unfavorable Effects and Bad Influences such as Anger, Sorrow, Worry, Suffering, etc.

When one's Higher-Development has sufficiently progressed, then there is only a pure feeling of Harmony and Happiness, culminating in Universal-Knowledge and Universal-Love [*Allwissenheit und Alliebe*].

One will then know one's Karma and consciously remove it gradually with Joy. One then knows what Life is, what Love is and feels the holy Three [*heilige Drei*] within themselves.

To comprehend a lot means to forgive a lot, to endure a lot. There is a great Force in Enduring, which the Student should constantly develop.

The Student always says to themselves before Going-to-Sleep: "In the Morning I will remember all the Dreams of this Night." They write down every Dream with the Date into a Book. They try to interpret Symbolic-Dreams and write the Interpretation afterwards.

Furthermore, the Student should practice influencing their Dream-Life by consciously Willing [*bewusstem Willen*], before Going-to-Sleep, to dream about a certain high Ideal.

If the Successes do not come immediately, then one keeps in mind that only Patience and Perseverance [*Geduld und Ausdauer*] can lead to the Goal; one also intensifies their Thoughts and Wishes in this regard.

Gnostic Runology – The “EH” or “EHE” Rune and its Practice

The “Eh” Rune and the “Not” Rune According to Huiracocha



Ehe (or Eh) Rune

Huiracocha says that this Rune’s value is: “Truth, faith, hope, uniting” and that its astrological correspondence is with Gemini.

In his letter on the ✞ *Not* Rune (which he says is related with Law of Karma), he also gives information about the ✚ *Eh* or *Ehe* Rune, saying that they are almost the same:

Karma constantly threatens us and the same intuition will be able to tell us when a suffering comes to us, which we must submit ourselves to because we have earned it. But the Magician who knows how to handle the Runes does not expect that kind of punishment to come, unless they avoid doing the NOT Rune practices.



Not Rune

The present Rune is also the Rune of Marriage (the EHE Rune), since the man (who is absolutely alone) has only partial forces, as is unilaterally the same for the unmarried woman. **United in marriage is how the positive and negative powers are coupled in order to form a stream of tremendous and effective power.**

Celibacy is, then, the renunciation of this force as complete sexual abstinence, but both sexes united (as when the protagonists unite themselves in a true embrace of love with the male covering all the astral centers of the woman), engenders a powerful force capable of making inconceivable miracles. We will be very careful to not allow them to be known prematurely by those who can still jeopardize a certain drawing back of the mysterious veil.

All religious sacraments are (to a certain extent) operations of Magic and **marriage is the perpetuation of a Magic that can be white or black depending on the character or purity of love that both spouses bring.**

That is why, although we respect many couples who have united without appealing to the Church, we know that they can not mobilize runic forces, such as those that can be mobilized by legitimately married couples. Hence we constantly recommend to the Gnostic Priests to celebrate the ritual of Marriage with married or unmarried couples, thereby connecting them to the great chain of immense strength/force.

There is, however, a small difference between the EHE Rune and the NOT Rune of the ancients. Sometimes the line crosses the pole horizontally, other times from left to right and still others from right to left. That vertical pole or line is the Rune of the SELF (or IS Rune), and this SELF (this symbol of individuality) can also be crossed by another line forming a Greek Cross.



Greek Cross

It is not difficult to deduce what is behind these NOT and EHE Runes (which are so similar), since they always make the person aware of the danger that threatens them, or when something is on their path in order to disturb or disrupt them.

In the word AXIS (Spanish: "EJE") is the value of the EHE Rune. **The Axis around which everything turns...**

PRACTICE: The practice associated with this Rune is to do solar and lunar breathing (Pranayama), filling the chest first with air that must enter through the right nostril and that we must then expel through the left nostril, while counting to 12.

The “Ehe” Rune, Marriage and Love According to Samael Aun Weor

The only thing that Samael says related to this Rune is in his Chapter on the *Laf* Rune:

“...If we join two Γ LAFs by their arms, then we have the letter M of MATRIMONY. It is clear and certain by all means that only by treading upon the PATH of the PERFECT MATRIMONY can the Wedding Garment of the soul be attained. This Garment is the perfect synthesis of the SOLAR BODIES...”



So he does not mention the Rune specifically, but, related with this subject of the Gnostic Marriage and Sexual Alchemy, in Chapter 8 of *Esoteric Course of Kabbalah*, we read:

“...When the solar and lunar atoms of the seminal system make contact in the Triveni (next to the coccyx), then the Kundalini awakens. **Sexual union among initiates has only one objective: to establish a contact between opposite poles in order to awaken the Kundalini.**”

With sexual contact, the Mercury of the Secret Philosophy multiplies (the seminal liquor increases). When the *Ens Seminis* is not ejaculated, then it is transmuted into seminal vapors. These vapors, at the same time, convert themselves into energies and are bipolarized into positive and negative. The positive energies are solar forces and the negative are lunar forces.



These solar and lunar energies rise through the pair of sympathetic cords that are known as the two witnesses (*Ida* and *Pingala*). The medullar channel has an internal orifice that normally is found closed in common people. However the seminal vapors open up this orifice so that the Sacred Serpent can enter there within that medullar channel.

It is necessary to warn the Gnostic-Rosicrucian Brethren that they must learn how to polarize the sacred fire of the Kundalini. Some devotees eat meat and drink alcohol everyday, with the pretext of working in the Great Work, and then they bestially enjoy carnal passion (even when they do not waste the *Ens Seminis*, they pleasurably enjoy lust).

Therefore, the result of this is that these devotees totally polarize the fire within the chakras of their lower abdomen and then lose the happiness of enjoying the bliss of the Lotus of a Thousand Petals. Such a Lotus flower is found situated in the pineal gland, which is the crown of saints that shines over the head of the great initiates. The Lotus of a Thousand Petals converts us into Masters of Samadhi (ecstasy).

The Work in the Laboratorium-Oratorium is a true mystical ceremony that must not be profaned by animal desire or by sinful thoughts. Sex is the Sanctum Santorum of the Temple. Before entering the Sanctum of the Sanctum, purify your mind from any kind of impure thought.



...Initiatic ordeals or tests are enclosed in Arcanum Eight. Each initiation, each degree, has its ordeals. These Initiatic ordeals become more and more demanding each time, in accordance with the Initiatic degree...

In Arcanum Eight of the Tarot, a woman appears with a sword in her hand, and she is facing the Scales of Cosmic Justice. Really, only she can deliver the sword to the male Magician (and vice-versa).

Thus, a male Initiate without a woman cannot receive the sword. This reminds us that there exists the Eve-Venus (the instinctive woman), as well as the Venus-Eve (the noble woman of the home). There also exist Venus-Urania (the woman initiated into the great mysteries) and, finally, we affirm the existence of the Urania-Venus (the female Adept, the woman who is self-realized in depth).”

The concept of Love, in relation to Marriage, is mentioned in Chapter 19 of *Esoteric Course of Kabbalah*:

“...We need to Transmute and thereafter Sublimate the Sexual energy to the Heart. It is impossible to progress in the Great Work without the force of Love.

The PSYCHOLOGICAL “I” does not know how to love. The “I” is desire. It is easy to confuse desire with that which is called Love. Desire is a substance that decomposes into thoughts, volitions, feelings, romances, poetries, tenderness, sweetness, anger, hatred, violence, etc., people are always tricked by the poison of desire.

Lovers always swear that they are in love, when in reality they are only desiring. The human being does not know that which is called Love; however, we have in the very depths of our Being a principle that loves. Unfortunately, we do not have this principle Incarnated. This principle is the Soul (THE INNER MAGNES OF PARACELSUS).



If people had INCARNATED that Soul-principle, then they could love; only from heart to heart, from Soul to Soul is it possible to Love. Unfortunately, people only have Satan Incarnated. Satan does not know what Love is. Satan only knows about desire. That is all.

Everyday we see many lovers that swear eternal love to each other. Yet, after they satisfy their desire (THAT DESIRE THAT THEY BELIEVED TO BE LOVE) then disillusion comes along, disenchantment and then total disappointment arrives. Desire is the great trickster.

Whosoever wants to work in the GREAT WORK has to annihilate Desire. It is necessary to know how to Love. Love has its peculiar happiness and its infinite beauty. People do not know That which is called Love.

Love is similar to the feelings shown by a new born baby. Love forgives everything, gives everything, it does not demand anything, it does not ask for anything, it only wants the best for the one that loves. That is All. The true feeling of LOVE IS PERFECT, Satan knows nothing about Perfection, because SATAN IS DESIRE.

If you want to love, be prudent ; do not confuse Love with Desire. Do not let yourself be cheated by the Great Trickster. Within yourself is an Embryo of Soul that is able to love. Really your Love is Embryonary because it is an Embryo, but if you annihilate desire you will feel that spark of Love.

When you learn how to feel that Spark, then that Spark will become a Flame and you will experience That which is called Love. Strengthen your Embryo of Soul with the blessed flame of Love, and then you will achieve the miracle of your Incarnation. It is necessary for you to be integral and that is only possible by LOVING.

In Arcanum 19, a **Great Alliance is established between two Souls**. Man and woman must kill desire in order to achieve the Great Alliance. If you want to Incarnate your Soul, you must then celebrate the Great Alliance of Arcanum 19...

LOVE

When the mind does not search anymore, when it does not seek refuge, when it does not seek for security, when it does not covet more books or knowledge, when it ignores the memories of desire, then only Love will remain within us. That is what is called Love. How great it is to Love! ONLY THE GREAT SOULS CAN KNOW HOW TO LOVE...”

Gnostic Runology – The “EHE” or “EH” Rune (Supplement)

The “Rita”, “Not”, and “Ehe” Runes According to Glorian Publishing

In a class¹ given on the *GnosticTeachings.org* website, these three Runes are studied together:



[5] **Rita**: the Law, Religion, the Wheel; the Judge (**Kaom**); one’s Right; to Ride, the Rider, the Horseman, the Knight.



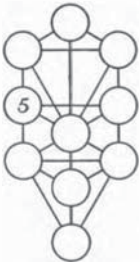
[8] **Not**: Danger, Emergency, Need/Necessity (Negotiations), the Severity of the Law.



[17] **Ehe**: Marriage, the Horse, Sexual Force, Equal; the Mercy of the Law.

First we have to study the **Rita** Rune, which is related with the Law and, consequently, with our interior judge (the judgment that we have to develop and which is part of our own spiritual reality). That judgment is related to our own particular karma.

Rita is the “R” of **Ritter** (meaning ‘Knight’ in German), as well as **Reiter** (meaning ‘Rider’ or ‘Horseman’ in German), and of **Richter** (the judge who executes, who pronounces judgment). This “R” is also found within the “RA” of the Egyptian Mysteries (the solar light, or “**Aur**” in Hebrew) and in the **Retter** (Savior) who rides the white Horse (symbolized by the **Ehe** Rune).



The Yew tree is related to the **Ehe** Rune (also called the **E**, **Eh** or **Eihwaz** Rune). Let us remember that the Yew tree (which is the **Yggdrassil** World Tree) is also related to the forces of good & evil. The symbol for the **Ehe** Rune is the fruits of this Yew tree, which resemble red berries. The color of Mars is red, so we say that this fruit is related with the planet Mars (which rules Geburah). In order to comprehend the **Ehe** Rune, we have to study the Tree of Knowledge of Good & Evil; that is, Life & Death (Death or Klipoth is suspended from the bottom of the Tree of Life). Thus life force and death force depend on how we use the Yew tree in us; that is, life & death depend on how we behave with the creative energies that we have.

In German, the word **Ehe** means “Marriage”. When we discuss the **Ehe** Rune, we always connect it to the wedding and the marriage of one **Laf** Rune with another **Laf** Rune (man & woman), because the **Laf** Rune represents the Philosophical Stone which is the sexual force. One **Laf** Rune looks a little like a numeral 1 that has been flipped. Two **Laf** Runes facing each other look like an M, or like an E turned 90° Σ (which is the Capital form of the 18th letter of the Greek alphabet, **Sigma**, and said to be derived from the 21st Phoenician letter **Shin** W, which is the Hebrew **Shin** ש; however the lowercase form of **Sigma** σ seems to be related to the 15th Hebrew letter **Samekh** ס).

This M-shaped Rune (another form of the **Ehe** Rune) is like two **Laf** Runes together (or two 1’s, that is: 11) and is also called the “Horse Rune” because the horse or equine (from Latin **equus**, an adjective meaning “equal” or “steady”, “stable”, “stallion”) means that the Law is working equally between man & woman. This is why the horse is also a symbol of the Law that is accomplished in the Perfect Matrimony: because it is through the sexual act that we manage the Ray of Creation (which is the One Law). You cannot control the Ray of Creation with only one polarity, since in order to create you need the two polarities.



The Knight [Ritter] who Rides [Reiten] upon a Horse [Equus]

So this is why the **M-shaped** 𐌚 **Ehe** rune is the mystery of matrimony, a word also written with the Latin "M," whose shape symbolizes a horse.

Whosoever wants to become a **Ritter** (a Knight) and a **Reiter** (a Rider or Horseman) has to control the law of karma, and must do so through Matrimony in order to develop all the qualities & capabilities of their own **Ain Soph** equally and evenly.

Thus, **we need to be married in order to control the Ray of Creation**, and that is precisely the mystery of the 𐌚 **Ehe** Rune. If you know how to control the Ray of Creation, you then will know how to develop your own qualities and how to control your own karma: "The Law is thus: Equal [**equus** or equine]. One has to operate by the action of the staff or wand and by the action of the sword." – Gnostic Axiom

Now we can understand why the 𐌚 **Ehe** Rune is symbolized by the Horse and the 𐌹 **Rita** Rune by the Rider, because the rider is working with the 𐌹 **Sig** Rune (the Ray of Creation) in order to control the sexual act in their **Is** Rune (spinal column). No matter if the rider is a man or a woman, the Matrimony is the Horse (**Equus**). When you start taming the Horse, it is black, and it has to become white. We have to transform our animal nature into a spiritual nature. **Remember that the energy we need in order to realize ourselves is in the physical body, which is the horse...**

We have to control the inferior quaternary, the four animals we have. Remember that the animals that we have within are represented in their negative aspect as Medusa. She represents all the negativity and animality that we have within. **Perseus riding Pegasus slays Medusa.** In Greek mythology, when Perseus cut off Medusa's head and dropped it into the sea, then from the sea emerged Pegasus (the winged white horse).

Pegasus represents the metamorphosis, or the transformation of the animal soul into a perfect spiritual soul by means of sexual transmutation. The sea symbolizes the sexual force. So when we decapitate Medusa inside of us, then the outcome will be Pegasus (the white winged horse), which is the symbol of the absolute control of the animal force that we have. This is why the winged horse is a symbol of the Mercury.

Yet if the horse is tamed or transformed into a white winged horse it is because the 𐌹 **Rita** Rune, **Ritter** (Knight), **Reiter** (Rider or Horseman), is doing it. You cannot find a rider on horseback that has not first tamed the horse.

The horse has to be controlled by the rider, and in order to control the horse you have to sit on it. Sitting on the horse refers to man & woman performing the sexual act in order to control the solar & lunar forces of creation.

Remember that when we talk about matrimony, if what we want is to transform ourselves into human beings, then we are talking about the marital union of a man & woman. So we have to ride the white horse of Chastity, which is also the symbol of the Kalki Avatar.

The Kalki Avatar and the White Horse

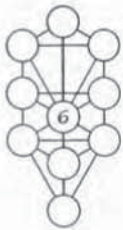
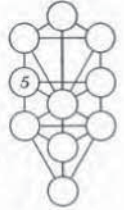
According to Hinduism, the Kalki Avatar appears riding a white horse; this means that the rider teaches how to acquire the complete dominion of **Ehe** (Matrimony). This is why Master Samael Aun Weor's first book is entitled **The Perfect Matrimony**. In that book the rider of the white horse wrote the precise meaning of the 𐌚 **Ehe** Rune.



Likewise, in the Bible:

“And I saw heaven opened, and behold, a white horse (𐌚𐌚 *Ehe* Rune), and he (the Rider, the 𐌚 *Rita* Rune) that sat upon him was called Faithful and True, and in righteousness he doth judge (𐌚 *Rita*) and make war. – Revelation 19:11

The white horse is the sexual force (the animal force) already transformed into a Pegasus. It is perfect scientific Chastity. "And he who sat upon him was called faithful and true, and in righteousness he judges and makes war": this means that in righteousness he executes karma. "In righteousness" also means through Geburah, because Geburah is that part of the karmic law that makes war inside of us in order to acquire perfection.

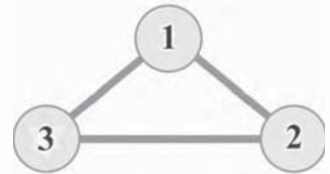


So, in order to acquire the level of **Ritter/Reiter** (one who controls the Horse, the **Equus**, the 𐌚𐌚 *Ehe* Rune) you have to be a Rider. And to be a **Ritter** you have to reach the level of Tiphereth (the Knight).

You reach the level of Tiphereth by controlling the four horses: the Physical, Vital, Astral, and Mental bodies, in order to finally reach the Causal body or Body of Conscious Willpower. Thus you become a **Ritter** in order to continue perfecting the Self according to Geburah (the Law), since each one of us has their own particular 𐌚 *Rita* (**Richter** - Judge), karma.

This is why karma relates to 𐌚 *Rita*, **Rota**, **Taro**, **Thor**, **Tora** (the Law), or the way in which we have to manage our own particular karma through the forces of creation (the 𐌚𐌚 *Ehe* Rune).

The forces of creation are related to the Three Primary Forces (the Father, Son and Holy Spirit) that we employ when performing the sexual act. The man is the affirming force, the woman is the negating, receptive or passive force, and the force that unites the first two is the neutral or reconciling force. Thus, this is how we ride.



So, esoterically speaking, when somebody is controlling the sexual energy (whether a man or a woman), he or she is a good rider. But if we are falling from the horse – meaning transmuting and dropping – then we are bad riders. Alchemically we say: “this person is falling from the horse many times, their horse is very wild, and every time it is throwing them on the ground; obviously, they need to tame their horse more if what they want is to become a good rider”.

The Knight must Tame the Horse in order to Ride it

It is very rare to find Knight-Riders. Horses are everywhere, but where do you find a good Knight-Rider?

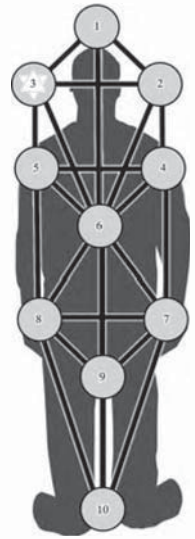
Jesus was a good rider and he even showed it by entering in Jerusalem riding a donkey, which is worse, because this animal (the donkey) is a great fornicator. This is why Samael Aun Weor is also represented riding a white horse. **Anyone who wants to escape the degeneration of this Aryan Root Race has to ride the horse (which is animal desire). In the end we have to transform desire into willpower. Thus, our motto is *Thelema* – Willpower.**



When the billions of inhabitants of the planet Earth perform the sexual act, they feel sensation-desire. But the Gnostic transforms sensation-desire into sensation-willpower, which means that the sexual act is always pleasurable.



With a good rider, Tiphereth (or the causal world – willpower), we manage to control the sexual energy. This is the sensation-willpower that we have to develop in order to become a Knight-Rider, a good **Ritter-Reiter**. This is done through the \daleth **Ehe** rune, whose left arm relates to the Sefhirah Binah, and whose right arm relates to the Sefhirah Chesed (Mercy).



This is why matrimony (or the \daleth **Ehe** Rune) is represented by the left arm taking the blessings of Binah and placing them into Chesed. Who is Chesed? Chesed is the Innermost, the Inner Being, the true Adam, our own particular Spirit that controls the waters of Genesis. Remember that "in the beginning the **Ruach Elohim** was floating upon the (sexual) waters"; it descends into Malkuth, and that is what we call the Holy Matrimony – the matrimony in accordance with the Law of God.

The matrimony in accordance with the Law of God is when the **Ruach Elohim** (which is in the right arm of the \daleth **Ehe** Rune), that is Chesed or Mercy is obeying the commands of Binah during the sexual act, in the Holy Matrimony. This is how the matrimony becomes holy, because it is our own particular Spirit or Innermost (that **Jehovah Elohim**, the Creator) who controls the sexual energy.

“And **Jehovah Elohim** (Binah) took Adam (Chesed), and put him into the Garden of Eden (Yesod-Malkuth) in order to dress it and to keep it. And **Jehovah Elohim** commanded Adam, saying, "of every tree of the garden thou mayest freely eat: But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die".” – Genesis 2:15-17

These verses relate to the law of karma (cause and effect). Behold the cause: "in the day that thou eatest thereof..." and the effect: "thou shalt surely die." This is how we create karma, which is the opposite of dharma (the \daleth **Ehe** Rune). The \blacktriangledown **Not** Rune exists in order to negotiate our karma.

The \blacktriangledown **Not** Rune is completely the opposite of the \daleth **Ehe** Rune. The right arm is above, pointing toward Chokmah, and the left is below, pointing toward the Sefhirah Geburah. This is why when you see the sign of the \blacktriangledown **Not** Rune it means that the Law is against you according to your actions. There is a Gnostic axiom that states: "Do what thou wilt; this is the only Law, but think that thou shalt have to answer for all thy deeds."



Through the \blacktriangledown **Not** Rune we negotiate. As we have explained in other lectures, in Geburah is placed the inheritance of the Cosmocreators, and we need to develop this inheritance in order to acquire that self-realization based on our own karma (Geburah). This is why you see that from Chokmah, the right arm, we go in to Geburah, the left arm. There is the need to know precisely how to handle our own karma: this is what the \blacktriangledown **Not** Rune is teaching us.



The \blacktriangledown **Not** Rune is related to **Nut** (the Divine Mother) on the left side of the Tree of Life, who in Geburah is Isis (the priestess and warrior woman, the feminine aspect of the soul). **Nut** or the Divine Mother's number is 56. This is formed by connecting 5 (Geburah), and 6 (Tiphereth), resulting in 56.

Nut works through the Law, 5 (Geburah), and through the human soul, 6 (Tiphereth). By making the addition of 5 and 6 we get 11: the two 1's or Γ **Laf** Runes of the "M", the Horse or \daleth **Ehe**-Rune. These two 1's are man & woman united in matrimony (thus $56 = 11$).

The Divine Mother, the Forces of Creation and the Horse

Those couples who know how to control the sexual energy during the sexual act, “know how to ride”. If they do not “know how to ride”, then they create ego, because the sexual energy creates, and if you do not know how to control it then you create children for Lilith and Nahemah (psychological defects, vices and errors within your psyche) – not outside, but inside of you.



This is why it is also stated that the number of the ego is 56. This is easy to understand because in the ego we have the karma (the 5), and the ego is created because of the wrong use of willpower (which is Tiphereth, the human soul, the number 6) during the sexual act.

In some of the Master Samael Aun Weor’s books, we read that the number of the ego is 56, and the number of the Divine Mother is also 56. When you read with the eyes of the Spirit and with Kabbalah then you understand and say: “Yes, of course, I understand why: because the 𐌆 **Sig** Rune, the Divine Mother, is there between 5 and 6 (Geburah and Tiphereth), between 11.” So it depends on how we utilize the sexual energy (which is the energy of the Divine Mother) in order to either be a good rider or to fall from the horse and to go into Klipoth with our ego very fat. “Woe to thee, oh warrior, oh fighter, if thy servant collapses!”

So it is all up to us. It is not a matter of believing in something, accepting or rejecting; it is how we behave with our sexual force, whether we are generating or regenerating or degenerating ourselves. We have to balance Ida & Pingala, because the 𐌆 **Not** Rune also relates to the forces of the kidneys, the scales of the constellation of Libra.

Remember that **Nut** is the Divine Mother; **Nut** reminds us of the 𐌆 **Not** Rune. The Divine Mother is the sacred cobra of the mysteries who rewards or punishes her children according to their own actions and she can even forgive the karma of her child.

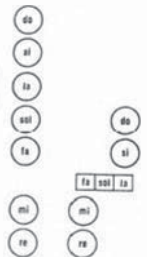
But how does she discover the behavior of her child? She does it through the scales of Libra, the kidneys. In Taoism we know that the forces of the kidneys nourish the sexual glands. It is written:

“I am the one who searches the kidneys and hearts: and I will give unto every one of you according to your deeds.” – Revelation 2:23



The spinal column is the | **Is** Rune, and the face & arm are a flipped 𐌆 **Sig** Rune. Both runes represent the Divine Mother – she is the one who “searches the reins and the hearts, and will give unto every one according to their deeds”.

Thus, what Revelation 2:23 states is sexual; it is related to the Ray of Creation. It does not mean that someone will come and punish you; rather, it means that if you use your sexual force in the wrong way, then you will suffer the consequences physically and psychologically.



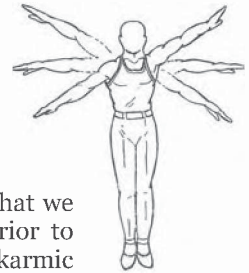
Now you understand why 𐌆 **Ehe** and 𐌆 **Not** are the Runes of our physical **Natura**. **The 𐌆 Not Rune teaches us how to negotiate our karma.** So when an event related to karma comes into your life, then work with an exercise that you perform by combining the 𐌆 **Not** Rune with the 𐌆 **Ehe** Rune.

The 𐌆 Not Rune (which is the Law of God and falls into Geburah according to your deeds) is the opposite of the 𐌆 𐌆 Ehe Rune (which is Mercy from God). We practice the 𐌆 **Not** Rune by balancing Mercy & Justice within us (Chesed & Geburah).

This is not just an exercise – you have to already know what karmic debt you want to negotiate, which is the reason why you perform the practice.

Behold how the exercise of the ✞ **Not** Rune relates to the negotiation of karma: We alternately combine the ✞ **Ehe** and ✞ **Not** Runes – left and right, right and left – while vocalizing: “NA - NE - NI - NO – NU”.

Through this, by balancing Mercy and Justice within us, we ask for the help (that we are begging to receive) from the Divine Law. But please understand that prior to performing this Runic exercise, you also have to comprehend in Meditation the karmic reason why you are doing it.



Mercy, Justice and the Law of Karma

Sometimes on your path you are doing something good, you are developing, and then the Law comes to punish you: you have developed spiritually, and materially you have a house, but remember that in your past life you were exploiting people.

Now, in the first initiation, according to karma, you have to lose something – non-attachment will balance your psyche. Thus, you are working with the Law (Geburah). Then the Divine Law decrees: “this is what you love the most, right? You worked for this through your life. Well, now you have to sacrifice it, you are going to lose it.”

But the Gnostic knows very well how to negotiate with the Law and he says: “the Divine Law (the ✞ **Not** Rune, the law of karma) is against me now – what do I have to do? I have to negotiate with the Law, and for that I have to balance my psyche. I am going to work with the ✞ **Ehe** Rune, the sexual energy, the matrimony, to be chaste. **Through ✞ **Ehe** I will receive Mercy (Chesed).**”

Because of the negotiation, the Divine Law is now in your favor. In order to do what you have to do, and in order to receive forgiveness, you have to sacrifice something. The Divine Law negotiates that karma by sacrificing something else instead, by losing what you have to lose, by giving what you have to give. You have to do something, to sacrifice something for others.

Samael Aun Weor explains in his book on runes that we also exercise the ✞ **Not** Rune by remembering our past lives during Meditation. You sink into yourself and ask your Innermost: “Show me my past lives.” If you are receiving very strong karma, then meditate and say: “Why am I receiving this type of karma?” Then the answer, the cause, is found in your past lives, because karma is cause and effect. Thereafter you do the negotiation and say: “Please take this karma from me and I promise to do XYZ” and if it is a negotiation that can be done, then that karma is taken out of you – but you have to pay. If that karma is taken out and you do not pay what you promised, then that karma will come back even more heavily for you.

The law of karma is not like the law created by the humanoids of this planet, since they play with it. The judges and lawyers play with this invented law, and make a big game of it, but with the Cosmic Law you cannot play. If you promise and make a negotiation you have to accomplish it otherwise the **Kaom** inside of you will accuse you.

Remember that the Master Samael Aun Weor talks about the **Kaom**. The police of karma, the **Kaom**, is one part of Geburah in you, related to the inheritance that you receive from your Cosmocreator. The **Kaom** is the internal police. **Each one of us has that Kaom inside that emerges within those intimate regions where love is missing.**

It is impossible to flee from the agents of karma, since inside of each one of us exists the police who inevitably will lead us toward the cosmic tribunals. If you wonder how the law of karma is controlling all these billions of people, the answer is easy: the inner police take us to the Judges when we commit a mistake. Everything is written in the Akashic records, and you cannot escape from your own Consciousness. The soul is lost when the people do not feel remorse, because remorse comes from the internal **Kaom** that accuses you, that tells you: "You did this; sorry, but now do you feel any remorse? I have to tell the Lords of Karma up there about what you did. That is my mission, that is my duty as an archetype within your Consciousness, and it is for your own good."

Our Internal **Kaom**, Conscience, and the Law of Karma

So when you go in the temple of the Lords of Karma and you ask for your book, then they have your book (within which is written all good and evil deeds that you have done). You might say, "How did they write all of this? Who wrote it?"

Listen: you wrote it! Part of you yourself wrote it, that is, **your inner Kaom, your internal police, your conscience**. You have to understand that. What you have to see is that the Law is an angel inside of you; if you still have that connection with your inner **Kaom**, good for you, because then you have good judgment within you when you are acting.

When bad karma comes to you, you have to perform the ✠ **Not** Rune in order to negotiate it or develop your inner Mercy and Judgment.

The Master Samael Aun Weor also explains that in order to develop remorse of conscience or to develop that internal judge that will give you that remorse (because remorse is what we need): we need to be masters of good & evil, we need to know what is good and what is evil.

And how will we know that? By liberating the internal **Kaom** (our internal Judge): **by performing the ☩ **Rita** Rune**.

While concentrated in Kether (the First Law), in Geburah (your internal **Kaom**), in Tiphereth (your human soul), and in Hod (your Astral force). This is how you imagine the Ray of Creation coming from your head into your liver, into your heart, and into your spleen – because through them remorse (and your karma) acts. So by practicing the ☩ **Rita** Rune, we will develop internal judgment within us, which we need.

If you still feel remorse when you do something bad, that is good, and to develop more remorse is even better. People exist who do not have remorse, and when they do bad things they feel like heroes. This is really bad, since they are far from the inner Monad – so they need to perform this Rune a lot in order to liberate their internal judgment. They must also practice the ✠☩ **Ehe** Rune which develops Mercy.

The ✠☩ **Ehe** Rune develops by managing the forces of matrimony (the forces of your kidneys, your horse); additionally, you can perform the ✠ **Not** Rune when karma is against you.

However, remember that there are two types of karma that cannot be negotiated. Once those karmas have entered into action, you just have to accept them and say: "Okay, that is the will of my inner **Kaom**."

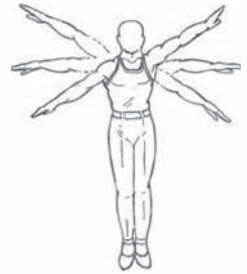


That karma is something that you are receiving because of the action of past lives or actions of this present life. For example, if you drink a lot of alcohol, your liver will have a lot of sickness (for instance, cirrhosis). Resign to that karma if it is already there. What can you do? Take medicine, do whatever is good for you.

There are certain karmas that you cannot negotiate, namely: *Kamaduro* and *Karmasaya*. *Kamaduro* is related with Fornication, and *Karmasaya* with Adultery. *Kamaduro* and Fornication are related with Lilith, the origin of Fornication: orgasm, spasm, animal behavior. In other words, Lilith is the desire inside of us. The origin of Adultery is Nahemah. All of us are stamped on the forehead with those forces, *Kamaduro* and *Karmasaya*. All of us have that karma. *Karmasaya* relates to the heart, when you emotionally suffer in your heart because somebody betrayed you.

You cannot negotiate *Karmasaya* unless the person who is betraying you changes his or her behavior. But when a person acts against you in that way, it is because you deserve it. This is the law of cause and effect. If you protest against *Karmasaya* and say: "But I am a meek sheep, I am good, I do not deserve this," then the Law says: "Okay, here is another ton of that Karma for you, so that you will learn." And if you do not learn, then more and more weight is added. But when you say: "Okay, I am guilty and I receive the punishment," then that *Karmasaya* dissolves more quickly for you. Unfortunately, all of us feel that we are innocent, and that we do not deserve that *Kamaduro* or *Karmasaya*.


Remember, negotiation is possible if it is not *Kamaduro* or *Karmasaya* that is already acting. For instance, *Kamaduro* is cancer or maybe another type of sickness. This is because Fornication causes different types of sicknesses, among them cancer. *Kamaduro* causes earthquakes, tsunamis, different revolutions. It is the Law in action and it is not because we are meek sheep, but because we deserve it. If we want to negotiate our own karma, then let us use the † *Not* Rune practices.



Gnostic Runology – The “GIBOR” Rune (Historically)

The G-Runes According to Friedrich Fischbach (1900)

After the M-Rune, Fischbach says “Out of the younger Runes [*jüngerer Runen*], the following are probably the most important” and he gives 11 more Runes which he associates with letters (but does not give any additional descriptions). Included among them is ‘G’, which he does not describe specifically, but he does mention the X symbol in the *Jêr*-Rune, saying:


 X can also signify the four Seasons, but Usually it is the three Main-Seasons that are crossed out or united...

In regards to the Hook-Cross [*Hakenkreuz*], Rotating-Crosses [*Drehkreuzen*], or “the Swastika Fire-Character [*das Feuerzeichen Swastika*]” (as he has called them), Fischbach says the following in his Introduction:

The Meander on the Abacus of the doric Column consists of Rotating-Crosses [*Drehkreuzen*] (Swastikas), which are Fire-Cords [*Feuerschnüre*] surrounding the Altar-Plate [*Altarplatte*] of Ash-Wood (*Eshera*) in which the sacred Fire is generated by Rubbing.



He also references this shape in the *Fé*-Rune, saying:

 In the Character [on the left], one recognizes the quadruple F, which has been interpreted as fresh, happy, free, and devout.

The *Triquetrum* [on the right], as a triple F, denotes the Trinity. It is found in large numbers on ancient nordic, greek and etruscan Vases.






The “Ge, Gi, Gea, Gifa, Gibor” Rune According to Guido von List (1907)

Between the seventeenth and eighteenth Rune the Skaldic-Poet inserts the following Verses:

These Songs are, for Thee, *Loddfáfnir*,
Still unlearnable, [at least] for a long time,
Be Happy, if You experience them;
Listen up, if You learn them;
Use them, if You understand them.

After this Intermediate-Stanza, the Poet begins with the mysterious eighteenth Rune, as follows, now letting Wuotan himself speak again:

The Eighteenth I will eternally never  oder:  oder:  *Fyrfos, Hakenkreuz, Kreuz usw.*
Report to a Woman or Maiden;
it forms the best Conclusion to the Song –
which only One of Us knows,
except for the Lady who embraces me through marriage,
or [who] is even a Sister to me.

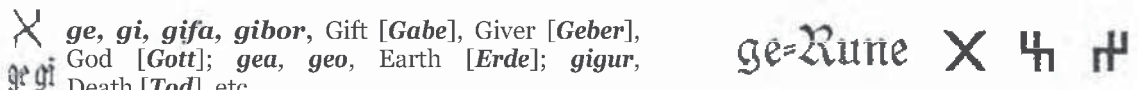
In this eighteenth Rune-Song, the Skaldic-Poet therefore steps back again by letting Wuotan himself sing and speak, in order to indicate what is the highest Knowledge of the *Ur*-Procreation of the Universe [*höchste Wissen von der Urzeugung des Alls*].

This is something that can only be known and made conscious to those Divinities [*Gottheiten*] joined through the marriage of the “two-one-into-mystical-two Duality [*beideinig-zwiespältigen Zweiheit*]”, of the united spiritual and physical Power [*der vereinigten geistigen körperlichen Macht*]. They alone understand the thrice high-holy Secret/Mystery [*das dreimal hoch-heilige Geheimnis*] of:

- 1) constant Procreation [*steter Zeugung*],
 - 2) constant Living [*steten Lebens*],
 - 3) and uninterrupted Recurrence [*ununterbrochener Wiederkehr*],
- and are able to recognize it in this mysterious (eighteenth) Rune.

Certainly noteworthy, however, is the Fact that the actually existing eighteenth Rune is a *Fyrfos* that has been intentionally poorly represented. Yet, in both its Name and its Construction we are clearly reminded of a *Fyrfos*... This is the Intention of the Skaldic-Poet: to keep the *Fyrfos* exclusively as their innermost Secret/Mystery [*eigenstes Geheimnis*], by using its Sigil.

Therefore, only yielding to insistence, they have announced another Character to partially replace the *Fyrfos*. In this Character, one may see the “representative [*stellvertretende*]” of the eighteenth Rune, which is:



“Gibor Altar!” = God, the Universal-Procreator [*Allerzeuger*]! God is the Giver and the Earth receives his Gifts. But the Earth is not only a Recipient [*Empfängerin*], it is also a Giver [*Geberin*] again.

The Primordial-Word [*Urwort*] is “*gi*” or “*ge*” and in it lies the Concept of “Arising (or Coming-into-Being) [*Entstehens*]” and thus of ‘giving’. However, it also denotes the “Being [*Sein*]” in the concept of the Gift, and the “Passing-Away to a new Arising”, in the Concept of Going [*Gehens*].

This Primordial-Word “*gi*” or “*ge*” now turns (in Connection to other Primordial-Words) into Root- and Stem-Words [*Wurzel- und Stammworten*], whose few examples follow.

In connection with the Primordial-Word “*fa*” as in: *gifa, gefa, gea, geo*, it indicates the “gift-begetting” Earth. With “*bar*” or “*bor*” (meaning ‘Spring’ or ‘Fountain’), it becomes God, the “Gift-Spring/Fountain”.

In ‘*gi-ge-ur*’ (the Gift goes back to the *Ur*), as in “*Gigur*”, where it appears as the name of the “gift-destroying” Frost-Giant, who became a personification of Death [*Todes*], and later also of the Devil [*Teufels*].

With the Conceptual-Word “*Gigas*” (‘*gi-ge-as*’ meaning the Gift goes out of the Mouth, out of the *Ur*-Source) is understood as the “Fiddle/Violin [*Geige*]”.

The Fiddle/Violin refers to the ancient skaldic Magical-Awakening-Instrument [*Erweckungszaubermittel*] that introduced the Song [*Gesang*]. And since “Song” (*Bar*) also means “Life”, then the Fiddle/Violin was one of the many Emblems (Hieroglyphs, Symbols) of Rebirth [*Wiedergeburt*]. It is for this Reason that it is often found on Tombs.

It is therefore not necessary that the Dead (upon whose Tomb a Fiddle/Violin was found) was a Fiddler/Violinist.

“Flutes and Fiddles/Violins [*Flöten und Geigen*]” enticed people to Dance, to the Excitement-of-Love [*Liebesserreger*], and were therefore Banned by the ascetic-minded Church, because they served as a Magical-Instrument [*Zaubermittel*] to excite the human *Fyr* (Fire) of Love.

The Church, therefore, replaced the Wuotanic Awakening-Symbol [*Erweckungssymbol*] of the Fiddles/Violins, with the Christian Awakening-Symbol of the “Trumpet of Judgment”.

The Personal-Names “*Gereon*” and “*Gertrut*” (or “*Gertrud*”) are rooted in the Primordial-Word “*ge*”, meaning Rebirth [*Wiedergeburt*]. And their Hieroglyph is the “Head-of-*Gereon* [*Geronshaupt*]”, which appears as an equilateral Triangle formed by three Profile-Sections of Human-Faces.



Saint *Gereon* of Cologne (who’s legend states he was a soldier) was martyred by beheading in the early 4th century. But this *Gereon* is, again, a representation of God incarnate in the Universe [*im All inkarnierte Gott*], as the Universal-Spirit, World-Spirit or Human-Spirit. Therefore, the interpretation of the “*Ge-Rune*” is closest to that of the “*Fyr-Fos*”.



The difference between the two Interpretations lies only in the fact that the Concept of the “*Ge-*” or “*Gibor-*” Rune tries to grasp the Concept-of-the-Godhead [*Gottheitsbegriffes*] exoterically, that is to say: from below upwards, from the Level-of-Humanity (so to speak) upwards. On the other hand, the explanation of the *Fyrfos* seeks for (and finds) the Knowledge-of-the-Godhead [*Gottheitserkenntnis*] esoterically in the Innermost aspect of the Human-Being themselves.

This is done from the Perspective of Comprehending the “two-one-into-mystical-two Duality [*beideinig-zwiespältigen Zweiheit*]”, which the Human-Being themselves knows by being united with God as Human-Spirit [*als Menscheng Geist mit Gott vereinigt*]. Thus, from the inside out as well as from outside in, the Human-Being arrives at a certain Perception/Recognition [*Erkennen*].

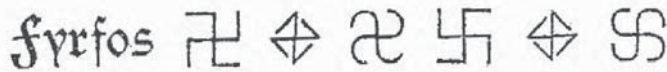
Here again the Exoteric and the Esoteric are clearly distinguished, and the *Fyrfos* is recognized as an esoteric Secret-Sign of high Holiness [*Geheimzeichen von hoher Heiligkeit*], which is only exoterically represented by the “*Ge-Rune*”.

So, while the Exoteric Perspective taught that “Man emanated from God [*von Gott ausgegangen*] and will return to God [*zu Gott zurückkehren*]”, the Esoteric Perspective recognizes the inseparable Connection of the Human-Being with the Godhead [*Zusammenhang des Menschen mit der Gottheit*] as the “two-one-into-mystical-two Duality [*beideinig-zwiespältigen Zweiheit*]”. It can therefore consciously say, “Human-Being, be One with God!”

The “Gibor-Altar” and “Gibor-Algar” Rune According to G. von List (1910)

The *Ge-Rune* is also called the *Erd-* or Earth-Rune Ψ_{H} , which has the Name “*Gibor-Altar*” (*Gibraltar*). It is the symbol of the “Giver and Universal-Procreator [*Gebers und Allerzeugers*]” and was used as the Letter G.

It should also be remembered that the **Gibor-Altar-Rune** 𐌹 𐌺 replaced the Secret-Glyph of the “**Fyrfos**” in profane Life.



The **Fyrfos**, as a Salvation-Rune and Secret-Glyph, was only allowed to be used by the Initiates for sanctifying Purposes, and therefore its diminished Form was communicated to the uninitiated in place of the highly-sacred **Fyrfos**.

Gibor=Altar 𐌹

Gibor-Altar

the Giver as Universal-Generator/Procreator

[**Geber Allerzeuger**]

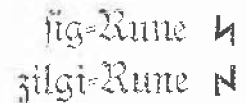
Gibor=Algar 𐌺

Gibor-Algar

the Giver as Universal-Finisher/Perfector

[**Geber Allvollender**]

The **Gibor-Altar-Rune** 𐌹 𐌺 is composed of the **Is-** and the **Sal-, Sigi-** or **Zilgi-**Runes. It references the “Great Eternal Giver [**Ewige Grosse Geber**]”. Specifically, the **Gibor Altar**: the Giver as Universal-Generator/Procreator [**Geber Allerzeuger**] and **Gibor Algar**: the Giver as Universal-Finisher/Perfector [**Geber Allvollender**].



These Runic-Characters are, likewise, related with the Stallion [**Hengst**] = **Hengist** (which is recognized as a Name-of-God). **Hengist** is a Symbol-Word for the Great Eternal Giver and a Name-of-God equivalent with **Hangatyr** (the Hanging-God): the great Giver and Procreator [**der grose Geber und Zeuger**]. Thus, the Stallion [**Hengst**] as a Glyph or Symbol is a Spoken-Word sign for the Solidification of this Concept-of-God.

The “Ge, Gi, Gibor, Gifa” Rune According to E.T. Kurtzahn (1924)

Exoterically: Fulfillment [**Erfüllung**]

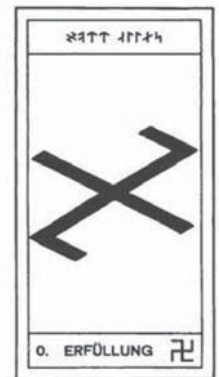
Esoterically: God-All [**Gott-Alles**] 𐌹

Generally: God, Gift, Giver, Earth as well as Death as the Beginning of eternal Life.

This Rune stands for the Hook-Cross [**Hakenkreuz**] 𐌹 which was intentionally represented incompletely in the **Ge**-Rune in order to prevent its Profanation.

The Character was also called **Fyrfos** = Fire-Producer/Generator [**Feuererzeuger**], but here Fire is not the Element, but rather the Fire of Love, which can lead to Perfection/Completion [**Vollendung**].

This Mystery/Secret shall be known to no one
 “except the Woman, who embraces me forever
 or perhaps who is also a Sister to me.”



But **Frigga**, Wuotan’s Spouse [**Gemahl**] is at the same time his Sister, as every Wife [**Gattin**] should be the Sister of the Husband [**Gatten**]...

The mysterious/secret Significance is only revealed by correct Knowledge of the sacred Marriage [**sakralen Ehe**] and thus remains reserved for the few real Gnostics.

The Hook-Cross is not a political Battle-Character [*politisches Kampfzeichen*], as it is unfortunately so often presented, but the greatest Salvation-Sign [*Heilszeichen*] of the *Wihinei*: the *Ur-Religion* and *Ur-Knowledge-of-God*.

The Start of the Rune-Songs and of the Rune-Alphabets was formed by the *Fa-* or by the *Ur-Fire-Rune*, which one can interpret (if one wants) as God. Especially since the *Fa-Rune* belongs to the Planet *Jupiter*, which corresponds to *Wuotan* in the Germanic Pantheon. The Futhork thus begins and ends with God, like a closed Circle.

So the Hook-Cross symbolizes the “Mechanic”, the “Driving Agent” (or however one may choose to call it) in the Universe [*Weltall*], which is even thought to be mechanical because of this...

It is unnecessary to say much about the Hook-Cross, since this has already been done abundantly by competent Parties. We would just like to state that it was, or is, in use pretty much all over the whole Earth since Prehistoric times, among highly cultivated Peoples, right up to the present Day.

So it came and comes in Europe and Asia, in the northern and middle Africa, in Middle- and the southern North-America as well as also more sporadically in South-America, apparently however not in Australia and on the South-Sea-Islands.

According to Theobald Bieder, in his writing about the Hook-Cross, it has (at all Times) been a Religious and Cultural-Sign, but never a Battle- or Party-Symbol.

The *Ge-Rune* therefore means pretty much the same as the Hook-Cross about whose divine Qualities and Relations [*Eigenschaften und Beziehungen*] one should think for oneself on the Basis of the clarified Rune-Explanations [*klargelegten Runenerläuterungen*] and their Relations to God.

The “Gi, Ge, Gifa, Gea, Geo, Gibu, Gibor, Gibur, Gyfu, Gifu” Rune According to R.J. Gorsleben (1930)

Letter G and Number 18.

Gi, Ge, Gifa, Gea, Geo, Gibur, Gyfu, Gifu, the concealed swastika, fullness of divine powers of grace and splendor, the guild of the opponents of *Loki* [the Nordic Devil] at the meal of *Egir*, the Cup of the Grail [*Graal*].

Dr. Friedrich Teltcher did not give it an *Ur-word*.

Sibu-Si-Rune: 

Between the 17th and 18th stanza of the Rune song by *Wodan* (the Divine poet), there is an intermediary stanza:

And should these stanzas, o son of men
 be unlearnable to you for a long time
 Grasp them, when you experience them
 use them, when you hear them
 Blessed you are, if you retain them!



After this admonishment, *Wodan* continues with the 18th Rune (the last Rune of the *Futhark*).

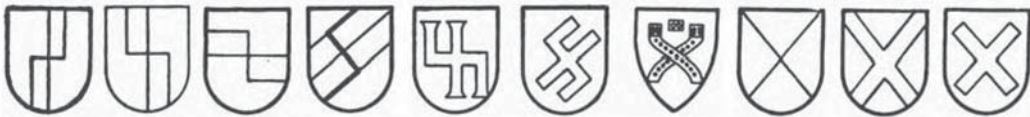
An eighteenth I learned, but I would never
 allow this to be known to a woman or girl
 Because everyone knows his best things for himself
 That which leads to the end of the songs
 Only the one who is in my arms
 as married wife and as sister knows it.

The Rune is called **Gea**, **geo** = Earth, but also **gibor** = gift, the one who gives, God. It stands for the swastika (which is purposefully given incomplete in the Gibor rune, in order to avoid its misuse). In this shape, it is the four-footed, the **fyrfos**, the fire-foot, the creator of fire.

In its other shape, it is the Cross of St. Andrew, the two pieces of wood in the shape of a cross: **Ask** & **Embla** [the Nordic Adam & Eve], the first humans. **Ask** or **Askr** literally means **Ash Tree** (a hard wood), and **Embla** is **Elm Tree** (the soft wood). These two help the “**thridi**” (the third one), the Try, the **Tyr**, the turning, and then the four is created: the **fyr**, the fire of life, love.

The **Giver-GIBOR-Rune** contains the multiplying symbol of the crossing, of the crucifixion, of multiplication, of the wedding [**Vermählung**] of two forces, which have their origin in the One Basis, **Odhin**, and which wants to get back to the One (which they find in the child or works). Words, which carry this meaning are: “bride-groom”, **Gamma** (the Greek letter G), **Gammon** (the celebration of the birth of Mohammed), **Gamos** = wedding, Genesis = creation, generation, generate, ingenious (procreating spiritually), genital, **Geed** (Spear) as a phallic symbol.

The **Giver-GIBOR-Rune** and the Cross of St. Andrew have found many uses in the art of heraldry using this shape. Besides the simple arrangement of its X-beams in the shield, it is also found as two crossed spears or swords, and occasionally also as pure GIBOR Rune in the ornamentation of a coat of arms. Also the swastika, where it appears openly or concealed, such as in the Maltese cross or the cross of the Johannites, also belongs to the GIBOR Rune.



The **Giver-GIBOR-Rune** brings the highest knowledge, about which Wodan says: The **Ur**-procreation of the universe is only consciously known to the spiritual and physical powers that are tied together through marriage and siblings (brotherhood), the secret of continuous procreation, of continuous life and continuous death, which means the uninterrupted chain in the cycle of eternal returns.

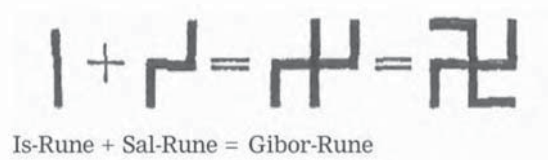


Gibor is the giver, and **Altar** is the All-**Tyr** ↑, All-Zeus, All-Procreator; therefore the name “Gibraltar” is a “giver-altar”, a place of wedding, upon which heavenly and earth testimony of the procreative forces is given. God as Giver is the gift-giver and “**Gea**” is the one who receives, the Earth that, again, gives the gifts: **Gea** and **Gifa**.

God and the Earth are one, because everything from the Earth (including the human being) comes from God and will merge with God once again. The ancient teaching recognizes the inseparable connection of the human with his Divinity. The Rune calls to us: “Human, be one with God!”

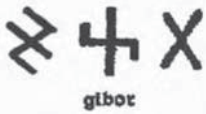
The person who has become rigid from an overestimation of the intellect (which can never give higher knowledge) has separated themselves from the Divine **Ur**-Ground [**göttlichen Urgrund**]. Even though we have a highly progressed knowledge of nature in individual situations, we often trample all natural laws under our feet...

The GIBOR Rune is composed of the IS Rune | and the tipped over **Sal** or SIG Rune 𐌱, therefore it means **Sal-Is**, the Sun-Being, the **Sal**-Self, the **Heil**-Self of the **Salig** ones, of the blessed ones or holy ones (saints). As the full symbol, the swastika is the **Ur**-symbol of the “Christos”, the **Haristos**, the holiest one, the first one.



GIBOR = Giver, the God rune X, which also has the name of *Fyrbock*, fire-buck, fire god, light god. "Be aware of God, the giver!"

The “Ge, Gea, Geo, Geber, Gibor, Gibur” Rune According to S.A. Kummer (1932-1933)



(G) The *G*-Rune, *Ge, Gibor, Gea, Geo* = Earth, God, Gift, Giver. *Gibur*, the representative Rune of the *Fyrfos* (the Hook-Cross [*Hakenkreuzes*]), the Fire of Love [*das Feuer der Liebe*]; that is to say: of constant Procreation and eternal Rebirth [*Zeugung und ewigen Wiedergeburt*]. – Numerical value 18.

Giboraltar = the Altar of the All-Father, the Giver. The Giver-Rune [*Geber-Rune*], within which is contained the Multiplication-Cross [*Malkreuz*], the Crossing, the Wedding of two Selves [*Vermählung zweier Iche*], of two Forces [*Kräfte*].

Gibor, the Rune of the high Wisdom, which leads to the Flowing into All-Father himself [*Einfließen in Allvater selbst*], the harmonious Oscillation/Vibration [*Schwingen*] in the Universe, the Spiral-Course of the Sun, the Turning-into-Itself/Oneself [*Sich-selbst-hineindrehen*].

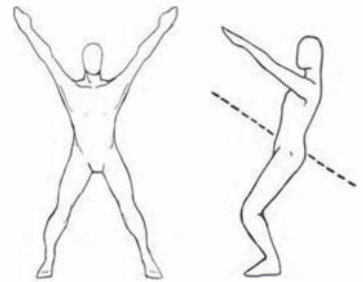
Gibur, the Eternal in Human-Hearts [*Menschenherzen*]. *Gibur Arahari!* = "Human, be one with God!" or "Give us *Ur*-Force [*Urkraft*], Solar-Soul *Arahari!*"

Gibur-Arahari! Victory-and Universal-Rune-Salvation to all Practitioners!

Kummer does not give a reverse, inverse or ‘demonic’ of the *Ge- Gibor- Gibur*-Rune and says that it is associated with the sign of Virgo.

Full Body Rune Exercise(s):

The Practitioner, again, takes up the *Ich*-Rune-Position, and then spreads themselves out of it by moving the right Foot sideways. One now stands with their Feet tense and placed sideways (directed North or East). Now raise both Arms diagonally upwards in order to depict the X-Shape.



The *Gibur*-Rune-Position has the following Sound-Formula: "ga - ge - gi - go - gu" and "*Gibur Arahari!*" (or "Human, be one with God!").

Additionally, the Practitioner may also turn themselves slowly, rhythmically, in a Circle, keeping the Legs tense and spread.

Note: Kummer gives a second Posture for this Rune in his book (depicted above right), but does not seem to describe it. He only gives a description for the X-Shaped Position.

Hand Rune Exercise (‘Mudras’ or “Rune-Grips”):

The Rune Practitioner should take up the *Ich*-Rune-Position (Military “At-Attention”); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; a practice which must be observed with all the Rune-Grips.



In this Grip the Hands are joined (or interlaced) above the Head, except that the Fingers remain stiff and straight (see Figure 17). The Sound-Formula is: "ga-ge-gi-go-gu".

Thoughts are focused on All-Connectedness [*Allverbundenheit*], and to Activating or Switching-On [*Einschaltung*] to the harmonious Oscillation/Vibration [*Schwingen*] in the Universe.

This Grip is also well suited for Meditation and Prayer.

Through this Grip, spiritual Clarification [*geistige Klärung*] and a Feeling-of-Happiness [*Glücksgefühl*], of Security and of inner Peace/Calm are especially achieved. Inherited-Memories and high Knowledge are revealed to the conscious Rune-Practitioner.

Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the *Ich*-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [*Feinkräfte*] can be reached in the Hand-Centers.

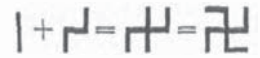
At the end of the Exercise, the Rune Practitioner should direct the collected Subtle-Forces [*Feinkräften*] throughout the entire Body by conscious-willpower [*willensbewußt*]. The astral Color is golden-yellow by Day, red-golden by Night.

Gnostic Runology – The “GIBUR” Rune and its Practice

The “Gibur” or “Gibor” Rune According to Huiracocha



We now come to the last Rune, which is certainly the most important: GIBUR. It corresponds to our letter G. This is the sacred letter of Initiatic Masonry, upon which rests so many concepts, emblematic significations and symbolism that have never been given with their true Key. If we unite the IS Rune | with the SIG Rune 𐌆, then we form the GIBUR Rune.



The G is the Swastika Cross, it is the "Amen", the end of all prayers. The Swastika Cross is nothing more than two **Gibor** runes 𐌆 crossing each other, signifying in one way the germination of the physical light and in another way the germination of the Spiritual Light. It is therefore an ancient symbol of Light known throughout the world.



It is '**Geo**' (Earth), Geometry, Grammar. In Mexico, the God of Life carries the Swastika Cross on his forehead and the Priests had it as an ornament in their garments. G is also the '**Gott**' or 'God' in German. It is God in its meaning of '**Gimno**' (to Engender) or that of the 'Genesis-zing' principle of all things. It is the runic Gymnastics (that is, the way to awaken or make the internal powers strong) and it is Generation (where everything begins), even though the runic alphabet ends with it.

Gibraltar was formerly called **Gibur**-Altar, being the Altar of **Gibur**, of Divine Life. **Gibur** also means 'the return to God', 'the return to the Divine life' and the Cross is a SYMBOL OF LIGHT, but of DIVINE LIGHT. The Swastika Cross tells us: "Man, return to God, identify yourself with God, reawaken the divine life in you and thus you will have fulfilled all the Runes and, since you are of divine origin, as is the Logos, if you validate the internal forces that you possess, you will be a Magician, you will be an Initiate, you will be God himself..."

The current that we learned about in the Zodiacal Course (which comes from above and stops in the heart) awaits the current from the earth (from below) to rise: in order to form a single, unique current. From above, the celestial forces arrive, and from below, the sexual forces. When both are united, then transmutation is possible and these currents become pure divine essence. Such is the Cross. A beam comes from above, another ascends from the earth, while the transverse beam joins both and makes the horizontal beam.



The ancients called this Cross "**Fyrfos**" or "FIRFUSS". Etymologically "FIR" is fire, it is our Gnostic Cross, the fire-Cross that purifies everything. Very few have known or conceived that the Cross, the Rose-Cross and the G of the Masons, are the same thing. Now the symbolic importance of the Christian Cross can be comprehended: for the esoteric Christian (or Initiate), the Cross (as the G, as Generation) is the ultimate symbol of Life.

We see in all the occult practices, in Legends and even in History, that when Evil persecuted humans, they made the sign of the Cross, and Satan fled. This is not a preconception, it is real, since the Cross or the sign of the Cross, certainly has a real value. Both in sleep as when awake, we make the sign of the Cross and it is a beautiful custom that has prevailed in all Christian Churches. Some of those who call themselves "believers" suppose that the cross only has a religious value, but this is not so. The Cross is a symbol of High Magic, it evokes Life and God within ourselves, and if we make it consciously, then it has an even greater meaning and becomes most powerful.

PRACTICE: We do not need to give special instructions because everyone knows how to make the sign of the cross and it speaks to the student of Magic, who wants powers, who yearns for help from the Invisible, since to make the Sign of the Cross is always a call to the superior forces. Amen.

Suggested Practice: Concentrate on the *Gibur* Rune and say to yourself, "Return to God, identify yourself with God, reawaken the divine life in you and thus you will have fulfilled all the Runes and, since you are of divine origin, as is the Logos, if you validate the internal forces that you possess, then you will be a Magician, you will be an Initiate, you will be God himself..."

The “Gibur, Gibor” Rune According to Samael Aun Weor

In the Nahuatl and Maya conception of the world the Sacred Swastika of the Great Mysteries was always defined with the Cross in Movement; which is the Nahuatl "Nahui-Ollin", the sacred symbol of Cosmic Movement.

The two possible orientations of the Swastika clearly represent the Masculine and Feminine principles, the Positive and Negative principles of Nature. Two Swastikas, one in each direction perfectly superimposed, undoubtedly form the Cross Potent, and in this sense it represents the erotic conjunction of the sexes.



According to the Aztec legend, it was a couple, a man and a woman, who invented Fire and this is only possible with the Cross in Movement: INRI, *Ignis Natura Renovatur Integra* - "THE FIRE RENEWS NATURE INCESSANTLY".

The GIBOR Rune is the letter “G” of Generation and thus, **the *Gibur* Rune signifies: generation, Gnosis, the sexual force.**

The cross in the profane is not a swastika because once the chemical copulation ends, the movement ends. On the other hand, in the Gnostic Cross, the movement does not end because the electricity continues transmuting itself. Samael Aun Weor used the transcendental electricity (which turns like a vortex) to form the Gnostic Movement.



The Gibur Rune is an alchemical, cosmogonic, and anthropologic sign with seven clues of interpretation. In the Macrocosm, the Gibur Rune represents the incessant evolutions and involutions of the seven cosmoses. Its elbowed arms represent the inexhaustible terrestrial rotation and the rejuvenating movement of the cosmic garden. The Swastika in the Microcosmos (in the physical plane), represents the human being with his right arm aiming towards Heaven and the left arm aiming towards the Earth.

The Swastika is a profoundly significant esoteric symbol. Such an ineffable sign shines on the head of the great serpent of Vishnu. All ancient peoples always put the Swastika at the head of their religious emblems. It is also **Thor’s hammer [Mjölmir]**, which is the magical weapon forged by the pygmies against the giants (or pre-cosmic Titanic forces) who were in opposition to the Law of Universal Harmony. The sacred Swastika is, then, the hammer that produces the tempests which the Heavenly Lords use.



The Swastika is a symbol of transcendental electricity, the Alpha & Omega of the Universal Sexual Force. It is the electrical windmill of physicists. **All of the mysteries of the Lingam-Yoni are enclosed within it. It is the Cross in movement, that is to say, Sex Yoga, Maithuna, Sexual Magic.** Intimate Self-Realization, the Second Birth, becomes something impossible without Sexual Alchemy, without the sacred mysteries of the Cross.



Gnostics know very well that the *Ens Seminis* is contained within the sexual endocrine glands and is the “Water of Life”, the “Fountain of Immortality”, “Elixir of Long Life”, the “Nectar of Spirituality”, etc. Intimate Self-Realization is exclusively rooted in the medulla and the semen (the ‘seed’ or sexual energy). If someone tells you that it is possible to achieve Self-Realization without the Holy Cross, that is to say, without the sexual crossing of two people, then they lie.

It is fundamental to build the Solar Bodies, which is only possible by transmuting the *Ens Seminis*, the Sexual Hydrogen SI-12. Then, based on incessant sexual transmutations, we can condense this Hydrogen into the marvelous forms of the Solar Astral, Mental and Causal Bodies. Therefore, only by means of these Alchemical crystallizations, can we Incarnate the Divine Spirit within ourselves. Thus, by working with the mysteries of the Sacred Swastika, we arrive at the Second Birth.

To ignore these fundamental postulates of Gnosticism is very serious, because the result of such an attitude is that our intelligence becomes bottled up inside distinct dogmas and theories (which are sometimes enchanting and fascinating, yet, absurd when we examine them). In no way can the Solar Bodies (the Wedding Garment of the Soul) be built without the Sexual Mysteries of the **GIBUR** Rune. “Verily, verily, I say unto you, except you be born again, you cannot enter into the Kingdom of Heaven.”

People have already forgotten the runic practices, but fortunately the **CROSS** Rune has not yet been forgotten. When tracing the sacred sign of the Swastika with the thumb, middle and index fingers, we can defend ourselves from the tenebrous potencies. The columns of demons flee before the Swastika.

THE GIBUR RUNE: THE JAIN CROSS OR SWASTIKA CROSS IN MOVEMENT

Represents: sex yoga, Maithuna, sexual magic, sexual alchemy.

This figure is very fascinating. One leg is bent downwards and the other is bent upwards in order to indicate the *Gibur* rune. He carries in his hand a cup marked with the Tao cross. A flame protrudes from the cup.

This simple figure in itself indicates the work in the ninth sphere.

The cup indicates the deposit of the mercury of the wise. The flame symbolizes the sulfur, the fire that fecundates the mercury in order to perform the Great Work. The face represents a Mayan Baphomet.



A Baphomet with the chalice in his left hand; the right hand represents or indicates the region of the solar plexus, the work in the ninth sphere.

It clearly indicates the rune GIBUR: generation, Gnosis, the sexual force.

The chalice represents the feminine yoni, the eternal principle.

Saying Baphomet is the same as saying Lucifer. Lucifer is the reflection of the Logos within us, here and now. If a tree has its shadow, why should it surprise us that the Logos has a shadow?

Lucifer is the one who gives us self-independence and the powers that divinize. Lucifer is the one who gives the sexual impulse—without this, Christification is impossible. Therefore, Lucifer serves as a ladder to descend or a ladder to ascend.

One ascends one more degree on the back of Lucifer when one defeats temptation, when one wounds his side with the lance. This is how one ascends on the back of Lucifer until one day reaching the Golgotha of the Father.

The eight doors indicate the eight great initiations that every adept has to receive and qualify; it also indicates the star of eight points.



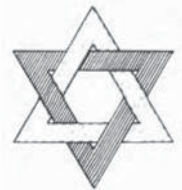
The six inferior steps represent the “indecision” in order to launch oneself to the disintegration of the ego. It is the terrible struggle between love and desire, the mysteries of the lingam-yoni, the supreme affirmation and the supreme negation of Satan.

The way this Baphomet is represented here is in order to invite us to enter into the temple; however, few are those who enter into the temple of wisdom.

Inside is a great book of Mother Nature where the cosmic laws are written. Rare is the one who can open and study the book.

The ordeal of the sanctuary is very terrible, and only those who pass it receive the ring or seal of Solomon where the positive and negative forces of universal magnetism are represented.

The seal of Solomon reunites the work of the Great Work. The six points of the star are masculine, and the six deep entrances are feminine. Total: twelve rays, a perfect symbol of the central sun.



The GIBUR rune in the macrocosm represents the incessant evolutions and devolutions of the seven cosmoses. Its elbowed arms represent the inexhaustible terrestrial rotation and the rejuvenating movement of the cosmic garden.



In the physical plane, it represents the human being with one arm towards heaven and the other towards the Earth.

It is Thor’s hammer [*Mjölmir*], maker of tempests, crafted by the pygmies of the earth in order to defend him against the giants, titanic cosmic forces opposed to the law of universal harmony.



The GIBUR rune is an alchemical, cosmogonic, and anthropologic sign with seven clues of interpretation.



In its Mexican Aztec interpretation, it symbolizes the God of life who carries the swastika on his forehead.

With the mysteries of this rune, magnificently elaborated in the ruins of Copán, one can reach the second birth. GIBUR: altar, *Giburaltar*: high magic.

A Bet with the Devil

Napoleon would have lost in a fight against the Devil.

It is one thing to be on the battlefield against other people and it is another to fight against oneself.

Satan is a golden enemy, and he is very useful.

The Devil is a ladder to descend and also a ladder to ascend.

The Twelve Labors of Hercules are with the Devil.

The pact with the Devil is the bet itself and, when we win it, we acquire the capacity to make gold.

The electric force is the cross in movement or the swastika, it is continuous movement.

The transcendent electricity which turns like a vortex has served Samael Aun Weor in order to form the Gnostic Movement.

The cross in the profane and the profaners is not a swastika because once the chemical copulation ends, the movement ends.

On the other hand, in the Gnostic Cross, the movement does not end because the electricity continues transmuting itself.

What is normal in the sexual work should be a minimum of one hour. In India, the degree of culture is measured according to the time that the chemical copulation is realized; the one who lasts three hours is respected and is a "lord".

The swastika in movement generates transcendent sexual electricity.

Hitler knew about these things and that is why he took the swastika as the symbol of his Party. The "Man with green gloves" belonged to the Clan of the Dag Dupas. Hitler allowed himself be dazzled by this man and he was taught to crystallize everything negatively.

When Von Litz was capitulated, the monks of the Dag Dupas in Lhasa launched themselves to the streets celebrating the capitulation of Berlin. The Second World War was a duel between the teachings of Gurdjieff and that of the Dag Dupas. This duel was imported from Tibet and it was a true struggle between the white and black magicians of Tibet.

Gnostic Runology – The “GEBO” Rune (Supplement 1)

The “Gebo” Rune or the symbolism of the ‘X’ according to Samael Aun Weor

The **Gibor** or **Gebo** Rune, as an X, can also be understood as two **Ɔ Kaun/Kaum** Runes placed on top of each other, one flipped 180 degrees. Remember that the K-Rune symbolizes Sex...

The **Kaun/Kaum** Rune reminds us of the "sword" and the "woman" or spouse, that is: Sexual Magic, White Tantra. This is because it is only through Transmutation that we acquire the flaming sword (the awakening of the Kundalini).

The **Kaun/Kaum** Rune is said to also be related with the "eagle with a woman's head" and the "feminine solar forces":

“What is important is to learn how to control the feminine principle of the solar forces. The feminine solar forces are symbolized by an eagle with a woman's head. Sexual magic is the path...”

We must self-realize the CHRIST within ourselves in order to speak the creative verb; however, this is possible only by learning how to control the feminine principle of the sun...”

The **Gibor** or **Gebo** Rune, as an X, can be similarly understood as two **↵ Ar** Runes placed on top of each other, one rotated 180 degrees. Remember that the A-Rune is the “ARA”, the Altar Stone or Sacred Stone, as well as the Fire.

“The Nordic Swastika contains within itself the secret clue of the Sexual Transmutation. This is why this Rune is the Electric Windmill of Physics. 

The Swastika is an Alchemical, Cosmogonical and Anthropological sign, under seven different interpretative clues. The Swastika is the symbol of Transcendental Electricity, the Alpha and the Omega of the Universal Sexual Force from Spirit down to Matter. Therefore, whosoever achieves the comprehension of its mystic significance is free from the Great Maya or Illusion.

The three letters A. Z. F. are the three initials of the Great Arcanum; whosoever knows the Great Arcanum can transmute the Black Waters of Mercury of the Secret Philosophy in order to liberate energy within the Lunar Human Quaternary. Only with Violence and Rebelliousness can the kingdom of Heaven be conquered.”

In the Esoteric sense, ‘Violence’ refers to very strong actions against the Ego (our Psychological Defects). This reminds us of Matthew 11:12, which says “And from the days of John the Baptist until now **the kingdom of heaven suffereth violence, and the violent take it by force.**” And ‘Rebelliousness’ refers to the Great Rebellion (to fight against everything that is hindering us from connecting with the Divinity)...

“In ancient times there existed five most celebrated Temples of Mysteries which remind us of the Temple of Hercules in Atlantis.



The first of these temples was indeed named after Hercules; the second was the Temple of the Gallic Mars; the third was the Temple of Minerva Meliense; the fourth was the Temple of Diana of Ephesus and the fifth was the Temple of Isis of the Nile.

Every Temple of Mysteries has Three Successive Altars.

[1] The first is the Altar of poverty, of the Beginner.

[2] The second is the Altar of the Supreme Art of Alchemy, of the Companion.

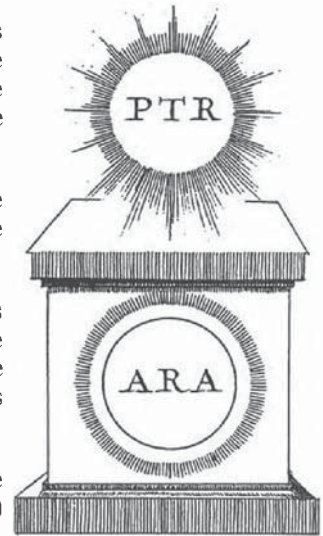
[3] The third is the Altar of Death upon which any Resurrected Master has triumphed.

The *Sahaja Maithuna* (Sexual Magic) is the science of Peter; this Holy Apostle from the Mysteries of Jesus has the Keys of the Kingdom. The original name of Peter is PATAR and the three consonants P, T, R, are carved with a chisel and hammer upon the Living Stone that serves as a door to the Kingdom.

The letter P reminds us of the Pitris or Parents of Humanity. The letter T reminds us of the man and the woman sexually united. The mystic letter R reminds us of the Egyptian RA, the Sacred Fire.

The Sexual Stone, the Philosophical Stone of Medieval Alchemists is the Magical Betilo of all countries, the Sculapian Ostrite; it is the stone with which Machaon healed Philoctetes. Let us remember the howling, oscillating, runic and speaking stones of the Teraphims, as well as the stones of Lightning, and of the Orphic Galactite, etc.

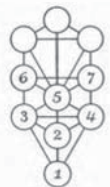
Only the Mercury of the Secret Philosophy, the Messenger of the Gods, can by means of the *Sahaja Maithuna* (Sexual Magic) summon the innocent souls out from Limbo.”



-Paraphrase from Ch. 31 of *Igneous Rose [Rosa Ignea]* (1954)
and from Ch. 19 of *The Solar Bodies [Los Cuerpos Solares]*
or *Gnostic Wisdom [Sabiduría Gnóstica]* (1967)

The *Gebo* Rune, the X, or the Cross of St. Andrew, is specifically mentioned as follows:

“...the cross in X form, the cross of Saint Andrew. We know very well what this cross means: it indicates the complete work in the Great Work and is related not only to the creation of the superior existential bodies of the Being [the Solar Bodies], but also to the elimination of the ego and the sacrifice for suffering humanity.”



-Paraphrase from Ch. 37 [DESCRIPTION OF A BUST – THE CROSS OF SAINT ANDREW]
in *The Mayan Mysteries [Los Misterios Mayas]* (1977)

Gnosis and the “X” Cross of Saint Andrew

In the Preface to *The Secret Doctrine of Anahuac*, there is a section that gives some information about Ch.9 (which is about the X or Cross of St. Andrew):

“CHAPTER IX: Contains comprehensive information on the CROSS OF SAINT ANDREW, Andrew the Hermit, who served John as fisherman.



We rebelled against the mystery of the letter X as one of the signs of the cross in the form of the sublime X.

As a Monogram of Christ Our Lord, it is perfectly understandable why this miraculous cross of Andrew and St. Peter are both wonderful replicas of great Alchemical and Kabbalistic value. Since this mark is capable of ensuring victory for the workers in the Great Order.



The cross symbolizes sexual union, rite of Yoni-Lingam (Phallus-uterus); the X is processed in the spine with the ascent of Kundalini (let us imagine the X sign with a perpendicular line that runs through the central point) which represents for us the rise of the Creative Energy in each vertebra of the spine, climbing canyon by canyon.

This symbol was used by the Christians and still used in the tablecloths of the Catholic Church, on the vestments of the Officiant at the chasuble (a garment worn by a catholic priest) and maniple (another garment worn on the arm of a catholic priest).

Among the multiple symbols of the Church, let us observe that the Spanish word HOSTIA [meaning the HOST] encloses four powerful mantras of Sexual Magic, which are are: **I A O**; and the consonant **H** which represents the Holy Spirit, the **S** sound of fire and the **T** is **TAO**, sexual Alchemy.

Also the three consonants united together as a monogram give the following figure: H – S – T, sign of Christianity.

The Spanish word SIGNOS (meaning SIGNS) is an anagram for GNOSIS.

In Medicine, the Caduceus of Mercury is reminiscent of the healing power of the Sacred Serpent.

The word DIAGNOSIS corresponds to DIA-GNOSTIC, that is to say: when the priests cured in the temples, hence why the priest was called a “curate”, because he had the power to cure and heal the sick in the temples.

The VM Samael is decisive when he tells us that the death of EGO is INDISPENSABLE in order to gain the power, the sexual Spear wielded by the Samson of the Kabbalah, the Sacred *Al-Kimista* gives us the power to destroy our undesirables (those “T’s”) that bind us to matter.

The original sin is the root of EGO.

...The authentic Gnostic wants a PERMANENT CHANGE because they feel those secret impulses of the Being intensely.

Whosoever does not seek CHANGES can not be Gnostic.

Gnosis is a very material functioning of the consciousness, a perennial and Universal philosophy, it is the enlightened knowledge of the Divine Mysteries reserved for an elite.

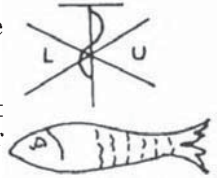
The word Gnosis contains within its structure the SIGNS of Wisdom, symbols and signs that are taught through the GNOSTIC knowledge.

Gnosticism is a very intimate, natural and deep religious knowledge.”

-Paraphrase from the PREFACE (by Gargha Kuichines)
to *The Secret Doctrine of Anahuac [Doctrina Secreta de Anáhuac]* (1974)

The Gnostic Mysteries of Saint Andrew’s “X” Cross

Andrew, the hermit and humble fisherman, served the Christus John, then became a disciple of the great KABIR, Jesus.



The Christic Gospel of the Solar Humanity tells us indeed that when the Great Being initiated his esoteric mission, he went to CAPERNAUM. About this city near the sea in Galilee, Isaiah, the Prophet, had said:

“The people which sat in darkness saw great light;
and to them which sat in the region and shadow of death,
light is sprung up” (Matthew 4: 16).

The Solar Logos, walking by the shores of the sea, took as his first disciples, two fishermen, Peter and Andrew, and told them that he would make them “fishers of men” (Matthew 4: 13).

Andrew assisted Jesus (the great Gnostic Priest) in the miraculous fishing of Lake GENNESARET or *Jainesareth* — the symbolic Jinn lake — where the sacred fire performed so many prodigies.

It is written in letters of gold in the Book of Life, about the various resurrections and miracles performed by Andrew after the death of the Great Kabir.

The centuries old Legend tells us that in Nicea, seven sinister, vicious, and tenebrous demons wandered about and murdered travelers.

Andrew, before the verdict of the public opinion, transformed them into dogs and drove them out of the region.

Andrew’s extraordinary torment, full of enigmas and prodigies, made the “X” Cross famous (upon which his dismembered limbs were cruelly attached).

Indubitably and without exaggeration, we can and we must affirm that this symbolic “X” (which is indeed a Greek “K”) was, is and will always be one of the most valuable symbols of Christic Esotericism.



Many mystical Fraternities adopted Andrew’s magical sign, the “X”, *Khrestos*, or the Fish, etc.



Ostensibly, Andrew was fully accepted by the esoteric Fraternities of Scotland.

It goes without saying that such Institutions have the “thistle” as their symbolic plant, and this is demonstrable.

Unquestionably, for many centuries, there existed various occult Fraternities of Saint Andrew of the Thistle in Scotland.



It has been said again and again that extraordinary men like Thomas a Kempis, Geber, Raymond Lullius, Nicolas Flamel, Sendivogius, Albert the Great, Saint Thomas Aquinas, Wigelius, Roger Bacon, Mathia Kornax, Paracelsus, Arnold of Villanova, and many others, were active members of similar Fraternities.

-Paraphrase from Ch. 9 in *The Secret Doctrine of Anahuac*
[*Doctrina Secreta de Anáhuac*] (1974) by Samael Aun Weor

The Sign of the Cross

If the immaculate Lamb of God that forgives the sins of the world, carries the symbolic Cross on the ORIFLAMME —just as the hierophant Jesus does on his bleeding shoulders — if he courageously holds it with his hoof, such as some religious images show him, then it is because he has the sacred symbol securely nailed into his hoof.



Whosoever receives the ineffable Spirit of the sacred Fohat, has it within, and is properly identified by its glorious sign, has certainly — in the name of truth — nothing to fear from the fire of the elements.

These are the authentic Sons of the Sun, the true disciples of Elias who have as a guide the Star of their ancestors.

The sign of the Cross, the sublime monogram of our Lord the Christ (from which the Cross of Saint Andrew and the miraculous Key of Saint Peter are marvelous replicas of equal alchemical and kabbalistic value) is, therefore, the sign, which provides the Victory to the Workers of the Great Work.

The Tree of Life of the Hebrew Kabbalah is placed in the central Crossing of the Palenque Cross (Temples at the Maya site of Palenque in the Mexican state of Chiapas); this is a true wonder of ancient Mexico.

Undoubtedly, the Tree of the Science of Good and Evil and the Tree of Life share their roots.



Let us never forget those prophetic words which appeared around the shiny cross seen, in the astral world, by Constantine who joyfully painted on his labarum: “*In hoc signo vinces*” (“With this sign you will conquer”).

The sexual Cross, the living symbol of the crossing of the Lingam-Yoni, has the unmistakable and marvelous essence of the three nails used to immolate the Matter-Christ. These also symbolize the three purifications by iron and fire without which Lord Quetzalcoatl in Mexico could not have achieved resurrection.

The Cross is the ancient alchemical hieroglyphic of the crucible (*creuset*), formerly called in French, *cruzol*, *crucible*, *croiset*. In Latin the word *crucibulum* (meaning ‘crucible’) has as its root *crux*, *crucis*, cross. It is evident that all this invites us to reflection.

-Paraphrase from Ch. 9 in *The Secret Doctrine of Anahuac*
[*Doctrina Secreta de Anáhuac*] (1974) by Samael Aun Weor

The Crucible of Alchemy

It is in the crucible where the *materia prima* of the Great Work suffers the Passion of the Lord with infinite patience.

In the erotic crucible of Sexual Alchemy, the Ego dies and the Phoenix Bird is reborn from among its own ashes.

INRI, IN REGIS RENASCOR INTEGR.

In death, reborn pure and intact.

“Death is swallowed up in victory.

O death, where is thy sting?

O grave, where is thy victory?” – 1st Corinthians 15: 54-55



Roger Bacon, in his monumental Work entitled *Azoth* (a book very similar to *Azuz* from the powerful Oriental wisdom) shows, in a transcendental engraving, the first stage of the alchemist process, by means of a decomposed corpse lying down in the wonderful retort of Alchemy.

The shining Sun, the pale Moon and the various planets of our *Ors* Solar System, with all the corresponding alchemical signs which correspond to nature, totally dominate the scene.

It is rather strange to see that corpse lifting his head as if willing to resurrect from among the dead.

Die Zusammensetzung.



The black crow of SEXUAL ALCHEMY removes the flesh from the bones while the psychic Essence abandons the body.

This image of the profane dead one, who later resurrects in Initiation is truly an extraordinary Osirian symbol.

“The flesh comes away the bones” is a liturgical phrase of the Fraternities of Saint Andrew of the Thistle and other similar Brotherhoods.

The annihilation of the beloved Ego in the *laboratorium oratorium* of the Third Logos is the deep significance of Andrew’s torments on the terrible “X” cross.

This is a terrifying and yet indispensable death that could never be accomplished with a vulgar fire.

Customarily, the extra help of an occult agent, a secret fire of a sexual type is required for this kind of work, and to give an idea of its shape we can say that it appears more like water than a flame.

This fire, or burning water, is the vital spark that the Logos imparts to inert matter. It is the divine Fohat contained in all of creation. It is the igneous Ray, Kundalini, Anahuac’s sacred Serpent of Wisdom, which ascends through the spinal column of the Adept.

The connection of the Lingam-Yoni without the ejaculation of the ENS SEMINIS is certainly the specific key by means of which ADAM and EVE can awaken Saturn’s Serpent in their occult anatomy.



The careful reading of Artephius, Pontanus and the work entitled *Epistola de Igne Philosophorum* would benefit the reader, because in those immortal pages we can find valuable guidelines on the nature and overall features of this “Watery fire” or “Igneous water.”

In the paved stone patios of the majestic and sacred Temples of Anahuac, men and women — all candidates to the human and solar Initiation — in a mutual exchange of caresses, realized the connection of the Lingam-Yoni; they then withdrew from the chemical coitus without the ejaculation of the *Ens Seminis* (the seminal entity).

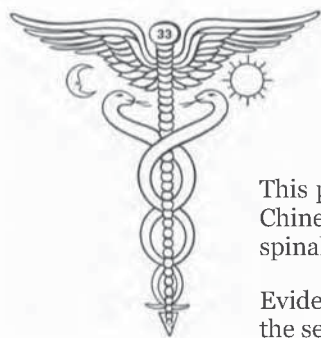
This is how they achieved the awakening of the Saturnian Serpent.

-Paraphrase from Ch. 9 in *The Secret Doctrine of Anahuac*
[Doctrina Secreta de Anáhuac] (1974) by Samael Aun Weor

Alchemy and the Ancient Mysteries

The sexual transmutation of the *Ens Seminis* into creative energy is certainly the fundamental axiom of Hermetic Science.

The bi-polarization of this extraordinary type of energy within the human organism has been, since ancient times, carefully studied in all Initiatic Colleges of Mexico, Peru, Egypt, Yucatan, Greece, India, Tibet, Phoenicia, Persia, Chaldea, Troy, Carthage, etc., etc., etc.



The miraculous ascent of the seminal energy to the brain is made possible thanks to a certain pair of nerve cords which, in the form of an eight, intertwine to the left and the right of the dorsal spine.

This pair of cords takes the classical names of Yin and Yang in Chinese Philosophy; the Tao path is the path of the middle, the spinal canal, the secret way through which the snake ascends.

Evidently, the first of these two vessels is of a lunar nature; and the second one is of a solar type.



When the solar and lunar atoms make contact in the Triveni, near the coccyx, the Igneous Serpent of our magical powers awakens.

The Hebrew Kabbalists speak to us about the mysterious *Daath*, which appears in the Tree of Life. No divine name nor angelic hosts of any kind are assigned to it, and neither does it have a planet or element, or any mundane sign.

Daath, the secret Sephiroth of the hebrew mystery, is produced from the esoteric conjunction of ABBA, the Father who is in secret, and AMA, the supreme Mother.

The Father and the Mother (Osiris and Isis) are perpetually united in Yesod, the foundation, the ninth Sephiroth (sex); but this is hidden by the mystery of *Daath*, or Tantric knowledge, and it processes itself with the Sahaja Maithuna (sexual magic).

Between these two bi-polar aspects of Creation (our Father who is in Secret and our Divine Mother Kundalini), the Loom of Life weaves and unweaves.

Centuries old legend tells us that when Semele (the mother of Dyonisius) saw Zeus (her divine lover), she was destroyed by his divine lightning and she gave birth to her son prematurely.

Certainly, nobody can see God face to face without dying.

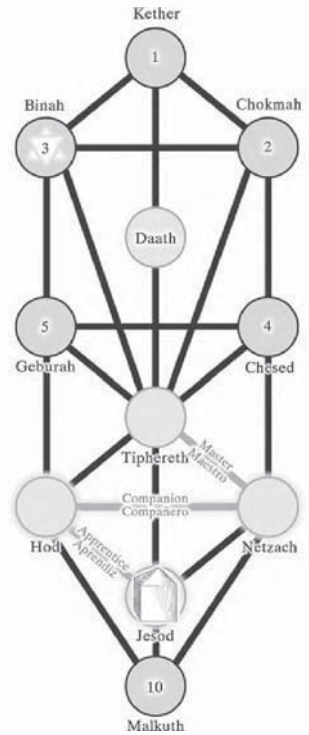
The death of the myself, of oneself, is essential before being able to contemplate the resplendent face of the Ancient of Days.

In the same way as life represents a gradual and always more complete process of exteriorization and extraversion, similarly, the death of the Ego is a process of gradual interiorization during which the pure Essence slowly divests itself of its useless clothing until it is completely naked and it awakens to the Great Reality of Life (free in its movement) in itself.

Undoubtedly, in order for the Light (which constitutes the psychic Essence, now bottled up within the animal Ego) to begin to shine, sparkle and radiate, it must free itself.

Truly, I tell you that this is only possible by passing through the terrible Buddhist annihilation: dissolving the “I”, dying in ourselves.

-Paraphrase from Ch. 9 in *The Secret Doctrine of Anahuac*
[*Doctrina Secreta de Anáhuac*] (1974) by Samael Aun Weor



The Weapon of Eros and the Temple of Wisdom

Sexual energy is certainly a tremendous, highly explosive, and marvelous power.

Whosoever learns to use the erotic weapon (the Spear or Lance of all magical pacts) will be able to reduce the Psychological “I” to cosmic dust.

It goes without saying, that the lance (as an occultist emblem of sexual, virile power) plays a great role in numerous oriental legends; being the instrument of salvation or liberation. When wisely handled by the gnostic ascetic, it enables us to reduce the multitude of undesirable elements to ashes which make up the Ego, the myself, the oneself.

In the passion of our Lord the Christ, Longinus plays the same role as Saint Michael and Saint George. Among the pagans, Cadmus, Perseus and Jason have similar duties.

Piercing the Dragon or impaling Christ’s side with the spear is a meaningful act, just like the ones that the legendary knights or the Greek heroes performed.



Saint Andrew's Cross and the Holy Spear, fully allegorize the work of Buddhist annihilation.

When, with profound veneration we cite Saint Andrew's Cross and the Holy Pike, we must never forget the Holy Grail.

The sacred vessels of all religions represent the feminine sexual organs of generation and also regeneration; and they correspond to Plato's cosmogonic Vase, Hermes' and Solomon's Cup, and the blessed Urn of the ancient mysteries.

The mother of our own flesh (or the woman serpent) is celebrated in the Mexican traditions, which represent her fallen from her primeval state of joy and innocence.

According to Zoroastrian books, the first man and the first woman were created pure and obedient by Ormuzd, their Maker.

Ahriman saw them and felt jealous of their happiness.

Disguised as a snake, he offered them some fruit, and convinced them that he was the creator of the universe.

They believed him and, since then, their nature was totally corrupt.

Hindu traditions and monuments confirm the story of Adam and Eve, and their fall.

This tradition also exists among the Tibetan Buddhists, and was taught by the Chinese and the ancient Persians.

Thus, the original sin is the root of the Ego, the *causa causorum* of the myself, of the oneself.

The atonements performed in different cultures in order to purify the baby at its entrance into this life, are all, indeed, symbolic of a pact of sexual magic.



In Yucatan, Mexico, the newborn child was taken to the temple where the Priest sprinkled baptismal water upon their head and gave them a name.

In the Canary Islands, women performed this function instead of the priests.

Adam and Eve always appear separated by the trunk of the tree of paradise.

In many cases, the serpent coiled around it is represented with a human head.

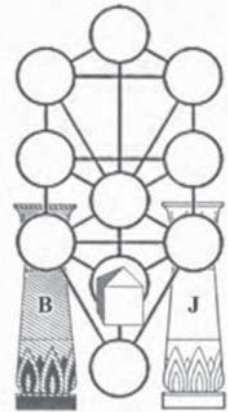
Only by fulfilling the pact of sexual-magic of the Sacrament of Baptism, can the original sin be annihilated so that we may return to Paradise.

JAKIN AND BOAZ, URIM AND THUMMIM, APOLLO AND DIANA, are certainly the two main columns of the Temple of Wisdom.

In the middle of the two columns of the Temple, the Arcanum A.Z.F. is found, the key of the Great Work.

Goethe, adoring his Divine Mother Kundalini, the sacred Serpent that ascends along the Tao path (the spinal cord), exclaimed in total ecstasy:

*“Virgin pure in the most noble sense
Mother worthy of all veneration
Queen by us chosen
In equal condition to the Gods...”*



Longing to die in himself, here and now, that great Initiate, after having totally understood a psychological error, and during the metaphysical copulation, cried with all the forces of his soul:

*“Arrows, pierce me;
Spears, submit me;
Maces, wound me.
May everything disappear,
May everything vanish.
Shine, perennial star
Seedbed of eternal love.”*

Comprehending and eliminating, here is the key to the Cross of Saint Andrew. This is how we go about dying from instant to instant.

It is not possible to radically eliminate a psychological defect without having fully comprehended it in all levels of the mind.

During chemical coitus, Devi Kundalini (our particular and individual Cosmic Mother), can and must wield the Holy Pike (Minerva’s Spear, Achilles’ Lance, Longinus’ Weapon) in order to destroy the psychological defect that we have totally comprehended.

“Ask and it shall be given, knock and it shall be opened.”

-Paraphrase from Ch. 9 in *The Secret Doctrine of Anahuac*
[Doctrina Secreta de Anáhuac] (1974) by Samael Aun Weor

Gnostic Runology – The “GEBO” Rune (Supplement 2)

The Legend of the Lord Quetzalcoatl with Gnostic Explanation

First Section: Alchemy and Our Hidden Inheritance

The centuries old legend says that Lord Quetzalcoatl, on the eve of his fall, said:

“They say I will have to leave my rich feathered houses and my houses decorated with snails.”

“Full of joy, he then ordered the queen to come to the beautiful mat.

“Go and bring with you, queen Quetzalpetatl (the Eve of Hebrew Mythology), she who is the delight of my life, so that together we drink, and drink until intoxication.”

The valets went to Tlamachuayan’s palace and from there, they brought the queen.

“Our queen, our child, king Quetzalcoatl ordered us to take you to him. He wants to share joy with you.”

She answered them: “I will go.”

When Quetzalpetatl arrived, she sat beside the king; they filled her cup with liquor four times, and the fifth was in honor of her greatness.

And when she was intoxicated, the magicians began singing. The king Quetzalcoatl got up, and, staggering, said to the princess in the middle of the songs, “My wife, let us enjoy and drink this liquor.” (He was referring to the liquor of lust).

Since they were intoxicated, they spoke without reason (The lustful do not understand reasoning).

The king did no more penance, nor went he to the ritual bath, neither did he pray in the temple.

Finally, they fell asleep.

And the next day, upon awakening, both were sad, and their hearts were broken.

(In Hebrew mythology, it is said that Adam and Eve were also sad after eating the forbidden fruit. “And the eyes of them both were opened, and they knew that they were naked, and they sewed fig leaves together and made themselves aprons.”)

Quetzalcoatl then said: “I got drunk, I have transgressed. Nothing will remove the stain I have put on myself.”

Then, with his guards, he started singing a song.

The crowd waiting outside was made to wait longer.

Mortified, tearful, full of sorrow and grieving, seeing that everyone knew of his evil deeds, and having no one to console him, he started crying before his God.

(This is textual from the Nahuatl epic and invites us to meditate.)

The following verses of the Hebrew Bible can be easily compared to the citation above:

“Therefore the Lord God [Jehovah Elohim] sent him forth from the Garden of Eden, to till the ground from whence he was taken.

So he drove out the man; and he placed at the east of the garden of Eden Cherubims, and a flaming sword which turned every way, to keep the way of the tree of life.” (Genesis 3, 23-24)

Quetzalcoatl’s flight and his mysterious departure from paradisiac **Tula** are certainly extraordinary and unusual.

It is said that he then buried all his houses of gold, silver, and red shells, and all the lovely things which belonged to the Toltecs arts.

“Marvelous works of art, precious and beautiful works of art, were all buried. He hid everything in secret places, in the mountains and in the ravines.

Very rich inexhaustible treasure that later had to sought and found. Esoteric wealth that had been previously hidden in the bowels of the earth.”

When translated into Gnostic or Alchemical terms, these mystical paragraphs of Anahuac are superb.

The metallic decrease of the spiritual Gold is the inevitable consequence or result of any sexual fall. When alluding to marvelous Works of Art and precious and beautiful works of art, we can study (between the lines) the great Universal Epistle of James, the blessed Patron of the Great Work (see the Bible).

Enoch found the hidden and imperishable Treasure in the living bowels of the mountains of mount Moriah.

We all have to look for our hidden Inheritance. The Treasure is never found on the surface of Earth; it is necessary to descend to the Avernus in order to find it.

“VISITA INTERIORA TERRAE RECTIFICATUR
INVENIES OCCULTUM LAPIDUM.”

(Visit the interior of the earth and by rectifying it you will find the occult stone.)

Undoubtedly, the Philosophical Stone and all the precious Gems of the Celestial Jerusalem (which symbolize cosmic and transcendental virtues and powers) are Quetzalcoatl’s Treasure, our particular intimate wealth, and we hid it when we left Eden; and we must seek for it within our very selves, here and now.

Before the Tree of Old Age, the Lord Quetzalcoatl saw his face and, in infinite pain, he said: “I am Old.”

He arrived at another place and he rested. He sat on a stone and there he placed his hands.

He then looked at **Tula** and began to cry.



He cried in great sobs. Drops of water ran from his eyes, forming a double stream of tears.

His falling teardrops pierced the rock.

As he leaned on his hands against the rock, the tears were imprinted on it, as if the rock were made of mud.

His hands as well as his buttocks were thus engraved on the rock.

A clear imprint remained in the place where he sat.

The imprint of his hands can still be seen in the place called *Temacpalco* .

In reality, STRICTO SENSU, sexual electricity lies buried in the Rock, in the Stone, in Sex; It can either liberate or enslave man.

These paragraphs invite us to reflection...

-Paraphrase from Ch. 9 in *The Secret Doctrine of Anahuac*
[*Doctrina Secreta de Anáhuac*] (1974) by Samael Aun Weor

Second Section: The Waters of Alchemy

Quetzalcoatl's phenomenon is always wondrous to ponder, and has tremendous validity.

Certainly, these are not mere semantic clarifications. We only want to comment on the Quetzalcoatlían Message by means of phenomenology.

It is said that the Blessed One, after having suffered so much, arrived at a place called "The Stone Bridge."

"In this place there is water (the *Ens Seminis*), water that springs and rises, water that expands and diffuses."

Modern anthropologists have mistakenly interpreted this in a totally different and odd way; they know nothing about the esotericism of Anahuac.

They do not know the religious meaning of these songs.

Although this seems very far from Gnosticism, deep down, it is not and we must emphasize the following: "The Blessed One returned to the path he had abandoned."

It is said that he broke off a rock, made a bridge and crossed over to the other side.

In this way, the great Avatar of the Aztecs returned to his path and reached a place called "Serpents' Water."

Arab authors call this source "Holmat", and also teach us that its waters gave immortality to the prophet Elijah. They place the famous source in the Modhallan, a term whose root means "obscure and dark sea" indicating with this the "metallic chaos", the sacred sperm or *materia prima* of the Great Work.

This knowledge escapes the rationalists' normal analysis. It is a matter of Supra-rational type of teachings that can only be apprehended or grasped with the help of a Guru.

The “SERVUS FUGITIVUS [Latin meaning ‘Fleeing Slave’ or ‘Fugitive Slave’]”, that we are lacking is a “mineral and metallic water”, which is solid and cutting, and which appears with the aspect of a stone and can be easily liquefied.

This coagulated water, in the form of a stone mass, is the *Alkaest* or universal Solvent, the Serpents’ Water, the metallic Soul of the sacred sperm, the Mercury of the secret Philosophy; it is the marvelous result of sexual transmutation.

The sages were always very reserved with regards to the philosophical Mercury, whose successive stages can be directed at will by the intelligent operator.

Although the technique demands some time and effort, it is also extremely simple.

No professional duties or skill is required; only the knowledge of a curious technique, the “secret secretorum” is enough. We, the Gnostics, have disclosed it publicly: Connection of the Lingam-Yoni (Phallus-Uterus) without ever spilling the Cup of Hermes.

Karl Meagh says: “At the moment of muscular tension, before the currents are inverted and when the sensation of imminent ejaculation appears, the seminal fluid can be stopped by pushing the tongue as far backwards as possible, and by stopping the breath.

The contraction of the muscles of the anus, as if practicing the exercise of concentration in the Muladhara chakra, is recommended.”

-Paraphrase from Ch. 9 in *The Secret Doctrine of Anahuac*
[Doctrina Secreta de Anáhuac] (1974) by Samael Aun Weor

Third Section: Alchemy and the Mysteries of St. Andrew

The “metallic soul” of the sperm is Hermes, the tinctured Mercury that is raised into “mystical gold”, in the same way as Saint Christopher carries Jesus and the Lamb carries its own fleece.

This was how, by means of the Mercury of secret Philosophy, the Blessed Lord Quetzalcoatl regenerated the Gold in his soul, in his spirit, and in the superior existential bodies of his Being.

Without success, the tenebrous ones try to make the Blessed One return to the sinful path.

“In no way can I now return,” the Lord answers, “I must go.”

“Where will you go, Quetzalcoatl?”

“I will go,” he said to them, “to the red-colored Land... I am going to obtain knowledge.”

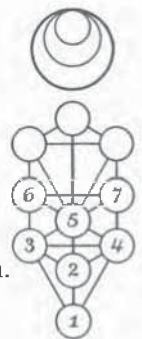
They asked him: “And what will you do there?”

“I am called; the Sun calls me.”

“Very well. Then leave the Toltec culture.”

And the Blessed One threw his gem necklaces into the water and they sank right there (his material goods, illusory and worldly possessions).

Since then, that place is called “Water of Rich Jewels.”



He travels on, and reaches another site called “Place Where One Sleeps” (The Orcus of the classics; the Christian Limbo or the sleep/dream of the Consciousness in this Valley of tears.)

He then meets an adept of the left path who asks him: “Where are you going?”

And the Blessed One answered him: “I am going to the red-colored Land. I am going to get wisdom.”

“Very well, drink this wine to forget. I came to bring it to you.”

“No, I cannot. I cannot taste, even a bit.”

“I will force you to drink.

If you do not drink, I cannot let you pass, nor can I let you go on your path.

I must make you drink and even get you drunk.

Drink, then!”

Then, Quetzalcoatl drank wine with a straw (for he was a fallen boddhitsattva).

Once he had drunk, he tired of the path and fell asleep, snoring (for many reincarnations he passed through unspeakable bitterness), and his snores were heard from afar. Finally, he (awakened consciousness again) looked from side to side, looked at himself, and brushed his hair up.

For this reason, that area is called: “Place Where One Sleeps.”

He then started on his journey once again, and reached the top of the path, which is between the Smoking Mountain (it symbolizes the lingam) and the White Woman (it symbolizes the yoni). There, snow fell upon him and his companions — his fools and simpletons (his psychic aggregates or inhuman elements), and all of them froze to death.

“May the flesh come away from the bones,” says the old medieval Alchemists during chemical coitus.

The Fraternities of Saint Andrew of the Thistle had their esoteric penance.

Undoubtedly, the X Cross is the wonderful symbol of the death of all those inhuman elements that, in their entirety compose the ego or “I”.

Saint Andrew’s torment allegorizes frightful tortures in the Ninth Sphere (the sphere of sex), remorse, and Buddhist annihilation.

It is possible to create the Gold of the Spirit or to regenerate it only by annihilating those fools, simpletons or psychological aggregates that personify our defects.

-Paraphrase from Ch. 9 in *The Secret Doctrine of Anahuac*
[Doctrina Secreta de Anáhuac] (1974) by Samael Aun Weor

Fourth Section: Colors of Alchemical Symbolism

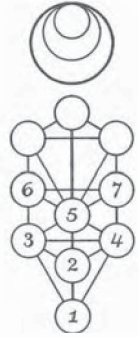
The Blessed One (the Lord Quetzalcoatl) at times cried or sang, and worked with infinite patience in the Forge of the Cyclops (sex).

He cried for a long time, and profound sighs came from his chest.

He stared at the “Shaded Mountain” (the mountain of resurrection) and there he went.

He performed prodigies everywhere he went, and left amazing signs on his path (As the great Kabir Jesus once did in the Holy Land.)

When he reached the shore, he made an assemblage of serpents (he had achieved the complete development of the seven degrees of the fire’s power), and, once he finished, he sat on it and used it as a boat.



This reminds us of Gautama Buddha, who sat upon a serpent near the Boddhi Tree, the extraordinary Fig Tree, which is the magnificent symbol of sexual potency.

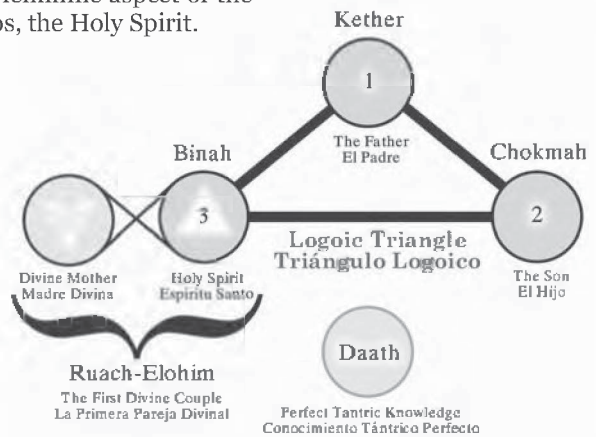
It rained, and the water formed puddles that threatened to drown him, but Gautama, sitting on a serpent, steered the snake as if it were a boat.

The similarities that we can pick out in various texts talk to us about the Igneous Serpent of our magical powers, the feminine aspect of the Hebraic Binah, the Wife of Shiva, the Third Logos, the Holy Spirit.

Our particular cosmic Mother, through the elimination of the inhuman elements that we carry within, saves us from the tormenting waters of life.

The blessed Lord QUETZALCOATL went further and worked in the waters (the spermatic waters of the first instant) and no one knows how he reached the Red Colored Land.

Unquestionably, the great Kabir Jesus also reached the Red Colored Land when he was dressed in purple and a crown of thorns was put on his head.

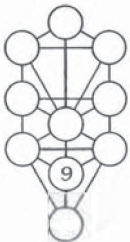


Then they saluted him ironically, saying: “Hail, King of the Jews! And they smote him on the head with a reed, and did spit upon him and bowing their knees worshipped him” (St. Mark 15: 18, 19).

Effectively, it is in the sexual or erotic crucible where the *materia prima* of the Great Work suffers its own passion, like Christ.

It is in crucible of the Ninth Sphere where it dies in order to resurrect, to be purified, spiritualized and afterwards transformed.

In Chaldea, the Ziggurats or three-storey towers — the famous Tower of Babel belongs in this category — were painted in three colors: white, black and purple-red.



In order to convey an idea of the far reaching symbolism of the colors of the Great Work in Hermetic philosophy, let us note that the Virgin is always depicted dressed in blue (corresponding to black), God in white, and Christ in red.

In the sacred Temples of the pharaohs in ancient Egypt, when the neophyte was at the point of undergoing the ordeals of Initiation, a Master would approach him and murmur into his ear a mysterious phrase: "Remember that Osiris is a black God!"

Clearly, this is the specific color of darkness and of the cumerian shadows, of the Devil (to whom black roses were offered), and also of the primitive Chaos where all the elements and principles of life are mixed and totally confused.

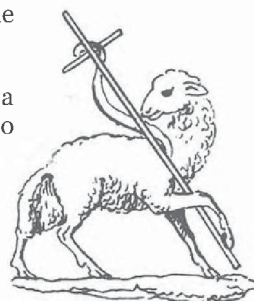
This is the symbol of the earth element, of the night, and of the radical death of the psychological aggregates which compose the myself.

Undoubtedly, just as in the Hebrew Genesis, where day follows night, light also succeeds darkness.

Blessed are those who have been regenerated and washed by the Blood of the Lamb (the sexual Fire). They will always wear white clothing....

In the sacred Land of the pharaohs, Ptah (the Regenerator), always wore a white linen tunic, thus pointing out the rebirth of the pure ones, those who have died in themselves.

In order to apply our viewpoint about the colors of the *materia prima* of the Great Work, in a systematical way, we must remind our gnostic students that, before he reached the Red Colored Land, Quetzalcoatl (the Mexican Christ) rightfully wore the yellow tunic.



White follows black, yellow follows white, and the purple of sacred Kings of the Solar Dynasties always follows the yellow color...

-Paraphrase from Ch. 9 in *The Secret Doctrine of Anahuac*
[*Doctrina Secreta de Anáhuac*] (1974) by Samael Aun Weor

Fifth Section: Alchemy and the Symbolism of the Devil

When the Blessed One arrived at the Red Colored Land, he put on his shoulders the purple of divine Kings and resurrected from among the dead.

It is said that he then looked at himself in the waters as if into a mirror (the mirror of Alchemy). His face was beautiful again (he returned to the Lost Paradise).

He then put on the most beautiful clothes, and, having lit a fire, he threw himself into it (the sexual fire completely annihilated his psychological "I"; not even the ashes remained).

Precious feathered birds (the Birds of the Spirit) came to see him burning: the redpoll, the turquoise colored bird, the sunflower bird, the blue-red bird, the golden-yellow bird, and one thousand other precious birds.

When the fire stopped burning (he completed the Great Work), his heart rose and reached heaven.

There, he became a star and that star is the star of dawn and of dusk.

He had previously descended to the kingdom of the dead and, having been there for seven days, he became a star.

The initiator always hands us the mirror of alchemy with one hand, while he holds Amalthea's horn with the other.

To his side, we see the Tree of Life, which the Hebrew Kabbalists study.

The mirror always symbolizes the beginning of the Great Work — the Tree of Life points out its end, and the horn of abundance symbolizes the result.



Quetzalcoatl transformed the Devil (the brute, material and crude stone) into Lucifer, the Cornerstone of the Great Work, the Archangel of Light or the Morning Star.

The Devil (the reflection of our inner Logos) was the most sublime creature before we fell down into animal generation.

“Burn your books and whiten your brass,” the Masters of the Hermetic Arts repeatedly remind us.

The Blessed One (when passing through the torments of the Brothers of the Fraternity of the Thistle) whitened the Devil and he turned it into its primal shining state.

Whosoever dies in themselves, here and now, frees the enchained Prometheus and the latter pays him in excess, because he is a Colossus who has power over heaven, earth and the infernos.

Lucifer-Prometheus, when totally integrated with all the parts of our Being, converts us into something different: an exotic being, an archangel, or a mighty and divine Power...

When the holy women went into the sepulcher of the Saviour of the World, they saw – instead of the man they knew – an angel dressed in a long, white robe, and they were frightened...

It is written:

And he that overcometh, and keepeth my works unto the end, to him will I give power over the nations; And he shall rule them with a rod of iron; as the vessels of a potter shall they be broken to slivers; even as I received of my Father. And I will give him the Morning Star (Venus-Lucifer). [Revelations 2: 26 – 28]

Heinrich Khunrath writes in his “*Amphitheatrum Sapientiae Aeternae*”:

“Finally, when the work has passed from an ashy to a white color, and then to yellow, you will see the Philosophical Stone (the cited Archangel), our King (the Third Logos), who rises above his dominators, and leaves the glass sepulcher. He gets up from his rest and attends to our mundane scenery with his glorious body, that is to say, he is regenerated, and more than perfect.”



In order to clarify let us say that the term “Philosophical Stone” means, in the sacred language, the “Stone that bears the sign of the Sun.”

Now, this solar sign has the characteristics of the red color, whose hues can vary in intensity. An old alchemist said:

“What we, the philosophers, pursue is not the union of a body and a metallic spirit, but rather the condensation, the conglomeration of this spirit into a coherent, hard and refractory covering, which is able to cover it, impregnate all its parts, and provide it with efficient protection.”

This soul, spirit or blended fire (properly mixed with Venus-Lucifer) concentrated and coagulated, in the most pure, resistant and perfect of all terrestrial matter is what we call our stone.

We can certify that any enterprise that is neither guided by this spirit nor founded in this matter, will never lead to the proposed goal.

-Paraphrase from Ch. 9 in *The Secret Doctrine of Anahuac*
[Doctrina Secreta de Anáhuac] (1974) by Samael Aun Weor

Gnostic Runology – The “GIBOR” Rune (Supplement 1)

The “Gibor” or “Gibur” Rune According to Glorian Publishing

In another class¹ given on the *Glorian.org* website, this Rune is studied with two others:



[18] **Gibor:** Gift (the Gift of God), the Cross in Movement, Chi or Qi.



[10] **Ar:** Ra (the Solar Light), Altar, Altar Stone.



[6] **Kaun:** Heaven, the Priestess-Wife.

Donum Dei is Latin for “a gift from God” and that gift is the fire of God, the *Gibor*, the “gift-born” or the *Gibur*, the “gift-burn”. **That *Donum Dei* is the gift of the Holy Spirit.**

“It is necessary to receive the *Donum-Dei* in order to comprehend all the science of the Great Work. True repentance has its foundation in the sexual mysteries.” –*Pistis Sophia Unveiled*

When we investigate the *Gibor* Rune we find that it has different shapes in different religions and philosophies, but especially in the Futharkh (the Nordic alphabet). The *Gibor* Rune is usually formed by an X, or with the *Sig* Rune, cut by a vertical line (the *Is* Rune). All of these symbols enclose the meaning and the deep significance of the *Gibor* Rune.



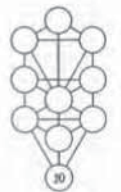
In the Greek alphabet we find the letter *Chi*, which is an X, with which the Greeks write the first letter of the name CHRIST (ΧΡΙΣΤΟΣ). If you examine the symbols of Greek Orthodox religion, you find that the main symbol for Christ is an X cut in the middle by the letter R, but in the Greek alphabet looks like a Latin P. With that symbol they form the first letters of the name Christ, *Chi* and *Rho*, a very common symbol.

It is also very significant and profound that the letter *Chi*, or the X of the Greeks, is also symbolized by another cross which has the X on top of it, which is really another *Gibor*. The X, which is on top of the other common cross, forms an octagon, which as you can see has eight points forming ☉ the eight pointed star. The octagon is usually used in the Greek Orthodox Church for the baptismal fount that is formed by two crosses. This two cross symbol is also found in the flag of England, and as a single cross in the flag of Greece. Both countries are honoring the “G” of Saint George, a patron saint of England and of Greece.



According to the Runic alphabet, *Gibor* is the letter “G”. This is the letter “G” of Gnosis, and the letter “G” of Glorian (which uses a cross as a symbol). If we examine the octagon we find two crosses, or in other words two G’s, which we also find in the word George—yes, the two G’s are the two crosses found in the word George. The word George comes from Greek *Geórgios*, from *Geo* or *Ge, Gea, Gaia* (“earth” and ergon (“work” or worker). *Geórgios* in Greek means ‘a worker of the field’, ‘a farmer’, which is significant since this is precisely what the *Gibor* Rune encloses.

The cross (the horizontal line and the vertical line) is a symbol of the Sephirah Malkuth, which is at the very bottom of the Tree of Life. This symbol is feminine, since Malkuth is feminine. Above Malkuth is Yesod, which is masculine; **these are the two polarities of the cross (masculine & feminine)**. So if we place the X in Yesod and the *ansate* (or *ankh*) cross in Malkuth, then we have Yesod-Malkuth together, which means the man and the woman — two crosses.



These two crosses bring into our memory two saints or two apostles of the Lord. The first is **Peter** (related to the first cross **+**), who was crucified on top of it; and **Andrew** (related to the second cross **x**), who is crucified on top of the X-cross. These are beautiful symbols hiding different meanings that only those who meditate and enter into esotericism of the word of God can discover.

So you see how the **Chi** of the Greeks (**X**), the cross, and different Runes that we are studying, are hiding the gift of God (the **Donum Dei**), because this is what **Gibor** means: "gift". **Gibor** is also related with different meanings, like **Giborn**, "gift born", meaning that the cross (**Gibor**) hides the secret, the gift of being born again (a gift of the Holy Spirit).

When speaking about the **Gibor** Rune, Samael Aun Weor stated:

"The electric force is the cross in movement or the swastika. It is the continuous movement, the transcendent electricity which spins around like a vortex. It has served me in order to form the Gnostic Movement.

The cross in the profane and the profaners is not a swastika because the movement ends once they conclude their chemical copulation. On the contrary, in the Gnostic cross, the movement does not end because the electricity itself is transmuted continuously.

The normal duration of sexual work must be a minimum of one hour. In India, the degree of culture is measured according to the time-span that the chemical copulation is endured. Whosoever endures three hours is respected and is a "lord".

The swastika in movement generates the transcendental sexual electricity."

– *The Revolution of the Dialectic*

This is why it is called the Gnostic movement, because we use the swastika (the cross in movement), which is the **Gibor**. When we investigate the Christian esotericism, we discover that Jesus talking to Peter says:

"I will give unto thee the keys of the kingdom of Heaven: and whatsoever thou shalt bind on Earth shall be bound in heaven; and whatsoever thou shalt loose on Earth shall be loosed in heaven." – Matthew 16:19

Thus, Peter's keys are related with heaven (your head) and hell (or Yesod, the Ninth Sphere inside the Earth). When we study Peter, we discover that Peter is related with Faith and the pineal gland. Studying endocrinology, you find that the pineal gland is related with the sexual glands. So the hormones of the sexual glands contribute with the development of the pineal gland, and vice-versa. Peter is in the pineal gland and Peter is crucified upside down. This is telling us that the science of breath should go down to Yesod.



So the keys of Peter are of course the keys of the two polarities that are called the gold & silver, or those two ganglionic cords that are entwined in the spinal column called Ida & Pingala (the two witnesses of revelation). Remember that in occult anatomy the nostrils are connected to the testicles and the ovaries by these two cords (which relate to the cross of Peter and his two keys).

Thus, the key in order to transmute the sexual energy (Yesod-Malkuth, the Earth) is in the science of breathing (Heaven, the head). When you learn how to breathe you can then transmute the sexual energy, especially when you are in the sexual act. It is very clear that when a couple is in the sexual act, if they are not controlling their breathing, then their breath is agitated. Thus, when their agitated breathing is increasing and increasing, then they reach the orgasm and they "fall".

Peter, Transmutation and the Ar & Kaun Runes

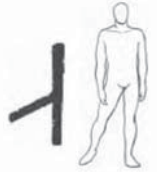
So the **Gibor** Rune (which is the science of Peter) is telling us that the key to transmute the sexual force rests precisely in the science of breathing.

Thus the key-mystery resides precisely in the science of breathing, because without the breath of God: nothing can turn around. And likewise with our own sexual energy; Peter is telling us when crucified upside down that we have to **utilize the science of breathing or the science of the breath in order to transmute the fire.**



Listen carefully, because we are teaching about the **Futharkh** or Nordic alphabet. There are two other Runes that form the **Gibor** Rune: **Ar** & **Kaun**.


The **Ar** Rune is related with the Man (or with the Woman) who works with the solar light, because **Ar** backwards is Ra. When we talk about the Man, we are not talking about the ordinary common human being, since they don't do this. When ordinary people do the sexual cross, they just fornicate. They don't put the cross in movement.










The other Rune, called **Kaun**, is a vertical line with one arm pointing up, shows or pointing to heaven, or one arm that points at heaven for you, because it is at the level of the head (which is called heaven). The **Kaun** Rune means heaven. It lines up like the Nazi salute to Hitler when the arm is raised up. With that salute, they were performing the **Kaun** Rune. It's a feminine Rune related with the Priestess-Wife, many say it is a woman, no. It is the Priestess-Wife (who is Mary Magdalene), a woman who knows about sexual transmutation.




Master Samael explains that Gibraltar is **Gibur** or **Gibor**-altar. The altar is the **Ar** and the **Kaun** Runes. **Ar** is the man, the solar man that is practicing transmutation, the son of Ra, the sun. And **Kaun** is the priestess wife. **United together they form the Ar-Kaun, the "Ar-Kanum", the secret Arcanum, Sexual Magic. That is the altar of God.**

There is another altar which is related with the work of the rituals and masses of all religions, that altar is also related with Peter: the force of the heart. This refers to the altar of your heart which you have to place in the sexual act in order to turn the  swastika (**Gibor**) clockwise, for your own benefit in order for the resurrection in the fire and in the light, the way in which the divine Mother destroys the ego.

So if you unite the  **Kaun** and  **Ar** Runes, then you make the  **Gibor** Rune (the Priestess united with the Man who knows how to work with the solar light). The  **Ar** Rune can be formed with an open leg, and the  **Kaun** Rune can be formed with the right arm up (like the Nazi's salute).

Hitler's secret organization of Nazis knew about the Runes, not all of them though. If you observe the last speech of Hitler, you will see how Hitler is using different Runes in that speech for his own benefit. The people only mechanically performed the  **Kaun** when they saluted him; thus Hitler was receiving the energy, the force... In any case, in that speech Hitler uses the word with a lot of strength, he is taking such a force from his people, every time they say "**Heil**" and raise their arm they are bringing the energy from heaven to the Earth. And this is precisely the mystery of the  **Gibor**, one arm is up to heaven and the leg is down to the Earth.

The  **Kaun** Rune opens heaven (the pineal gland) and is a feminine Rune, related to "Ida", to the Priestess-Wife and also to the sword of the magician. The science of Peter is related to two feminine aspects: the science of breathing (which also relates to the science of speaking the word), and to the sexual force (Ida, which is also feminine).

Mary and the Symbolism of the Feminine or Receptive Aspect

Let us remember the mystery of the Three Marys. The *Pistis Sophia* states that every time the apostles want to give a solution to our repentance, Mary intervenes.

This is because Mary is related to the 𐌆 IS and 𐌆 SIG Runes, the sexual force or the serpent that Moses put on top of the cross (by commandment of Jehovah), which healed the Israelites in the wilderness.

In certain apocryphal gospels, one finds that Peter always talks against women and against Mary Magdalene specifically. Who is Mary Magdalene? She represents our physicality or our sinful Mother Nature that has to learn how to be holy, whether you are a woman or a man. And how do we do this? Through the keys of Peter.



Remember that Mary Magdalene was a prostitute. What is a prostitute? A prostitute is a physical body that fornicates, that adulterates, a person who squanders the sexual energy, a person who doesn't know how to utilize the Cross, the X *Gibor* Rune.

And this is why Peter states:

“My Lord, we will not endure this woman,
for she taketh the opportunity from us
and hath let none of us speak,
but she discourseth many times.” – *Pistis Sophia* Ch. 36

Now we understand why Peter blames women: he is not actually addressing the physical aspect of any woman, he is addressing the sexual organs and/or the throat (which relates to *Daath*), the tree of good and evil.

In other words, in order to acquire Chastity we have to know how to use the throat and how to use the sexual force. And this is why when you know how to use the throat (which is feminine), uttering the right mantras in the sexual act.



If you transmute with the science of Peter (the two keys: Ida & Pingala) and learn how to elevate the sexual force with the vocalization of the mantras, then the Two Marys (in other words, two feminine forces: the throat and the genitalia) are working together with Peter.

This is why Peter and Mary are related in any repentance, as the Master Samael states in *The Pistis Sophia Unveiled* :

“The true Repentance has its foundation in the sexual mysteries...
Peter, *Patar*, with his radical letters, knows very well that the key of repentance is in sex...
100% of the psychic aggregates can never be disintegrated outside of the Ninth Sphere.”

Thus, **if you want to repent, then you have to know how to utilize your sexual force**, and in order to know how to use the sexual force, you need the science of Peter. This is why Peter was crucified upside down.

Through his cross, Peter is telling us: “use your head, use your will, your faith, your breathing power in order to transmute the sexual force” which is Mary, the feminine force of the Holy Spirit; since we have the atom of the Holy Spirit in the pineal gland.



Andrew and the Crossing of Forces (“Chi” or “Qi”) in the Kabbalah

Now, listen carefully, there is another apostle who was also crucified, he was the brother of Peter whose name was Andrew. He was crucified on the X-cross, on the **Gibor** Rune. **Andrew symbolizes fortitude & strength, but not physical strength, instead sexual strength.** Andrew is related with the kidneys and above the kidneys we have the suprarenal glands [the adrenal glands].



Anyone who studies Taoism knows that the strength of the kidneys is related to the testicles & ovaries and with the sexual strength in both sexes, yet Andrew is a masculine power. Why? Andrew comes from the Greek **Andros**, which means man, male power. Thus, female and male have the ‘manpower’ in their kidneys.

The kidneys are connected to the testicles and ovaries, each kidney’s force crosses into the testicles and ovaries, thereby showing us the crossing of two forces: sulfur and mercury. Sulfur is fire, Mercury is water (the semen, the seed) that we have in our sexual glands. So the cross in “X”, the **Gibor**, is making the crossing between the testicles or ovaries and kidneys or suprarenal glands [the adrenal glands].

If you want to have strength in your sexual act, you need the power of the kidneys, of Andrew. This is why Andrew is crucified on the X cross and Peter is crucified in the upside down cross.

So, how do you call this crossing of forces that manifest in the shape of an X? In Chinese you call it ‘Chi’ or ‘Qi’ (or ‘Ki’ in Japanese). It is a fundamental concept of traditional Asian culture.

Qi is believed to be part of everything that exists, as in “life force” or “spiritual energy”. It is most often translated as “energy flow”, or literally as “air” or “breath”. The Chinese character for ‘Qi’ is a representation of steam rising from rice. Qi was apparently seen as the release of energy from the rice when this concept was first developed.



The symbol of the semen (whether the sperm of the man or the ovum of a woman) is symbolized with rice in Asia, with wheat in the Middle East, and with corn here in the Americas. Corn, rice, or wheat is a symbol of the Qi energy. This means that the energy which is rising from the rice, wheat or corn is the energy from the sexual seed. That is the real Qi or Tai-Qi.

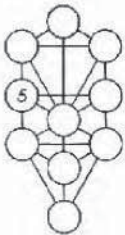
When you see for instance any exercise of Tai Qi, if you carefully observe the movements of the person doing Tai Qi, then you see how they take hold of the Qi energy with feet, body, and hands. When the Master was alive in Mexico I asked him: “Master, what do you think about Karate and Kung Fu?” and he looked at me and said; “That is vulgarity”; better to learn Tai Qi, the way in which we manipulate and control the energy.

When you perform the Runes, you have to feel the energy like when you do Tai Qi. You have to feel the energy, remember this, carefully, because the Runic Exercises relate to what is called Martian Arts, or Martial Arts, the Judo of the Spirit, related with the force of Mars.

The Qi in Kabbalah is something very important and is mentioned in Genesis 1:24 as an energy that is a “creeping thing... that creepeth upon the earth [our whole body] after his kind (**Minah** -sex),” this Qi is related to the locusts. When you observe such a little animal or insect – the locust or the cricket – you see how this animal is associated with the Qi energy, and with the Consciousness.

Because when you are performing the Runes or Tai Qi, you have to remember your Self in order to consciously manipulate the energy of the **Gibor** .

In Mexico there is a hill that is called Chapultepec, or the hill of the chapulin, which means the hill of the cricket. There also comes to my mind Walt Disney's tale of Pinocchio, in which the Consciousness of Pinocchio is a cricket. This is not just an accident, the cricket, the locust, is related to the life force of Mars or Geburah.



The positive ray of Mars or Geburah is called **Elohim Gibor**. Do you remember in the conjuration of the Seven: “By Samael Sabbaoth and in the name of Elohim Gibor get thee hence **Andrameleck** .” Who is Andrameleck? **Andra** means ‘below’ and **Meleck** means ‘king’; thus, Andrameleck means ‘King of the underworld’. This is why Andrameleck is placed in Malkuth, because Malkuth is the physical body.

In this physical world, either you work for Andrameleck (the king of the underworld) or for Elohim Gibor (the positive ray of Mars).

Elohim Gibor is the one that spins the ☸ swastika clockwise, but all of those black magicians from the underworld spin the ☹ swastika counter-clockwise. Thus, it all depends on how you spin the swastika.

Remember that the wheel, the **Gibor** Rune in motion which is related to the counter-clockwise rotation, is related to the wheel of Samsara: in the left, descends Typhon [or Hyle], devolving and in the right ascends the evolving Anubis [or Azoth]. However, these relate to the wheel of Samsara that turns mechanically.



Hitler was using this ☹ counter-clockwise, in the opposite way unfortunately. But here in Gnosticism we have to learn how to rotate the ☸ **Gibor** clockwise. Because if we do it ☸ clockwise (the positive form of the **Gibor**), then we receive the seal of God in our forehead, and in our hands.



For instance, when you want **to defend yourself against the negative forces from the underworld, Master Samael teaches that we must point towards the Earth with our left hand forming an angle with our bent left arm; and with our bent right arm, we must point with our hand to Heaven. Then we form **Gibor** by placing our left knee on the ground, and our right foot on the ground, thus forming two angles with our left and right legs, this is how we make the sign of the swastika.**

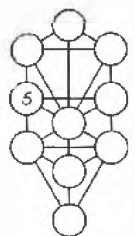
Chi or Qi, the “Creeping Thing”, Locusts and **Gibor**

We can learn the movements of the **Gibor** Rune, but if we don't transmute the sexual force, then we will have no Chi or Qi energy. The Qi energy relates precisely to the igneous principles of Geburah, which spins with the G or **Gibor** Rune.

This is why the Master Samael gives the secret of the **Gibor** Rune (or the cross in movement) which is the way in which you put into motion that “creeping thing” (which is the energy that creeps in the flesh and in the sexual organs).

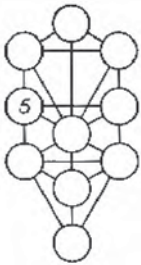
Remember that **Genesis** states that, on the sixth day, God said:

“Let the earth bring forth the living creature after his kind, cattle, and creeping thing, and beast of the earth after his kind: and it was so.
And God made the beast of the earth after his kind, and cattle after their kind, and every thing that creepeth upon the earth after his kind: and God saw that it was good.”



Remember that the Earth is our physicality. On the sixth day God created **Behemoth** (the Qi energy in the solar plexus) and “**Chaiah**” which is translated as ‘beast of the earth’, but which also means ‘life’. And God also created that creeping thing... that creeps upon the earth. That creeping thing is precisely the particles of Geburah, which are called locusts or crickets.

These are part of the Consciousness (Geburah) that comes into our body. When you practice Tai Qi you have to learn how to feel that creeping thing (or Qi energy) which is in your flesh, your hands, your head, your feet, in your legs. In Tai Qi when you move you feel the Qi energy, thus you combine the rhythmic movements with breathing, with the science of the breath.



This is precisely why the fifth angel (in Revelation 9) is related with locusts. When people read about locusts, they don't realize the mystery of them; they only think about insects. They don't realize that in Kabbalah **locust symbolize the life energy of Geburah**. For instance, what is the life energy of Chesed? It is fish, because Chesed is water, but Geburah is the fire that goes to the Earth.

When you feel the fire in your physicality, in the sexual act, you feel it in all your body, especially in the sexual organs. This fire (related with the sense of touch) is the force of Samael (Mars, Geburah), it is that creeping thing that the Bible calls locusts, and that the fornicator does not know how to control.

Thus, the fornicators create **Kamaduro** and **Karmasaya**; both karmas endure five months. They want to die psychologically and they cannot because **Kamaduro** and **Karmasaya** are non-negotiable karmas. But when you are transmuting your Qi energy, then you are controlling the locusts. This is why it is stated that the locusts hurt only those people who did not have the seal of God on their forehead, meaning those people who are not transmuting the Sexual Qi Energy.



The fornicators do not sublimate the Sexual Qi Energy to their foreheads, they are not utilizing the keys of Peter in order to be born again.

Remember that **Gibor** means gift-born, the gift of being born with the cross, and also means **Gibur** or gift-burn, the gift of burning your psychological defects with the cross. Every time you want to annihilate an ego, you have to utilize the cross, the cross of Peter **+** and the cross of Andrew **x**; the two crosses which form the orthodox baptismal font.

A new born baby is baptized in order to receive the strength of the Holy Spirit. The Holy Spirit is masculine in the pineal gland and feminine in the sexual organs.



In the pineal gland is faith, masculine faith. Yet in the sexual glands we have the **femenina**, feminine, the feminine faith. In other words: **Fe** or Faith derives from “**fides**” (‘faith’ in Latin). “**Fides minimum**” is small faith (or ‘little faith’), represented in Mary Magdalene.

Thus you have to teach your sexual organ “fidelity” to the pineal gland, that is: how to transmute the Qi in order to develop “faithfulness”. Because the sexual energy, the Qi energy, when it rises to the pineal gland develops “faithfulness”, which opens the doors of heaven. This is how you find the relationship of the apostles of Jesus with Mary, with the transmutatory science that relates to the **Gibor** Rune.

Gnostic Runology – The “GIBOR” Rune (Supplement 2)

Peter, John and “Gibor” According to Glorian Publishing

Continuing to quote from the same class¹ given on the *Glorian.org* website:



GIBOR, GIBUR or GEBO

[18] **Gibor:** Gift (the Gift of God), the Cross in Movement, Chi or Qi, to Gather (Accumulate the Energy), to Give (the Tithe).



AR

[10] **Ar:** Ra (the Solar Light), Altar, Altar Stone (the Rock, Stone or Cornerstone of the Temple = Transmutation).



KAUM or KAUN

[6] **Kaun:** Heaven (the Head), the Priestess-Wife, the Sword.

There is something significant that Samael Aun Weor stated in *The Pistis Sophia Unveiled*:

“Peter, **Patar**, with his radical letters, knows very well that the key of repentance is in sex. The three radical letters of Peter, **Patar**, are ‘P-T-R’. Only the power of the Spirit can comprehend the words of the Intimate Christ. It is necessary to receive the **‘Donum-Dei’** in order to comprehend all the science of the Great Work. True Repentance has its foundation in the sexual Mysteries. Peter is the one who has to express the idea of repentance in the midst of his brethren. The brethren of Peter are the autonomous and Self-Conscious parts of our own individual Being.”

The brethren of Peter are the archetypes that we have within. Peter is in the pineal gland together with the atom of the Holy Spirit and the Sahasrara Chakra related to Kether (the Crown). This is why Peter is the first, without Peter we cannot be born again because he gives us the breathing science in order to know how to transmute, since he has the two keys (the two polarities).

The secret of the annihilation of the ego or the confrontation between good and evil, is related with the transformation of Peter’s cane into a blooming bush, because in order to control the sexual glands (symbolized in Mary Magdalene) Peter teaches:

- [1] the transmutatory breathing science in the head [in “heaven”]; and
- [2] the birth of the word, which in **Daath** is the outcome of the breathing force of the throat, the feminine organ (Mary), the Serpent of our magical powers.



The final outcome is to go beyond good and evil. In the left descends the Kundabuffer, and in the right ascends the Kundalini. This means that **you have to descend in order to annihilate the ego**, whether in the right or the left, all depends on how you turn the **Gibor** Rune (the science of the cross of Peter and Andrew).

If we don’t annihilate our ego willingly, then Arcanum 21 begins to turn to the left (turning the 𐌶 **Gibor** Rune counter-clockwise), going to the left with Typhon and we descend into devolution so that the Earth will annihilate our ego in hell. Yet, if we decide to do it willingly, then we go to the right (turning the 𐌶 **Gibor** Rune clockwise).



When you read the gospels, alchemically you understand that the initiation of John the Baptist relates to the Venustic Initiation in Yesod (which is part of the Bodhisattva's eightfold path, who is working with the eight). The gospel states that John was eating locusts:

“For this is he that was spoken of by the prophet Isaiah, saying, "The voice of one crying in the wilderness, Prepare ye the way of the Lord, make his paths straight."
And the same John had his raiment of camel's hair, and a leathern girdle about his loins; and his meat was locusts and wild honey.” – Matthew 3: 3-4

John the Baptist was a Master, yet people imagine him poorly dressed because it is symbolically stated that he was wearing a camel's hair and living in the wilderness and eating locusts and wild honey, like a wild person from the caves. Listen, do not take this literally, everything is symbolic.

The camel is the symbol of the karma that we have to carry in our “hump”. The camel's “hump” is the symbol of the ‘skin’ that the initiate wears in order to live in the ‘desert’ of life. Eating locusts or crickets doesn't mean that John was literally eating locusts. To imagine that John the Baptist was only eating crickets is frightfully ludicrous.

Locusts and crickets symbolize the life force, the Chi energy of Geburah, which is in Scorpio, in the bottomless pit of Yesod. Likewise, the life forces of the sun Apollo are symbolized by wild honey, because the bee transmutes the solar light into honey. We have to do the same thing. We have to transmute the solar light into honey; that is transmutation; that is Alchemy. Eating locusts means that John was utilizing the energy of Geburah (the Chi), the forces of Samael (Mars), in the right way.



How are we to breath correctly to circulate our Chi? You have to learn how to breath, this is necessary; the control of the breath is indispensable because that is the key of Peter in order to control the sexual transmutation, and you know this when you learn Pranayama.

You learn, but in the sexual act is the moment when you have to emphasize that breathing aspect; that is, if you want Peter to open the doors of heaven, the pineal gland, for you. But you have to control your Mary Magdalene, which is your physical body. And your body is also accustomed to fornicate. So of course you have to apply a lot of time in order to teach your body how to breath because usually the way in which the physical body breaths is backwards, instead of Ham-Sah, the body is doing Sah-Ham. Backwards, meaning fornicating. So we have to learn to teach it Ham-Sah in order to breath from the outside to the inside, from the periphery to the center of your **Gibor**.

So practice a lot of Pranayama. Any type of Pranayama helps in order for your body to learn how to manipulate the Chi energy. **Perform the Runes, because the Runes also assist you in order to transmute the Chi energy.** And the dances or movements of Martial Arts related precisely to Tai Chi, which (if you learn them very well) will help you a lot in order to manipulate the Chi, the energy with the breathing exercise. But it takes time.

Now we understand why the Chi energy is related to the locusts and the crickets, to the Consciousness of Geburah (the spiritual soul, the spiritual Consciousness). Likewise, we understand why John the Baptist was eating locusts and wild honey.

The sexual act is the spinning of the **Gibor** Rune, but the secret is: no movement with movement, because you are moving the energy, but you must know how to control the movement, that is, to stop movement in order for that cross to continue its movement. But if you are identified with your beast, with your animal, and then the movement continues and falls into the orgasm... then you lose the Chi, and then the locusts come against you and you don't receive the seal of God, but the seal of the devil, which are the horns.

Peter, Andrew, Chi and the three factors of “Gibor”

Now, given that the science of Peter was delivered to humanity through the Archangel Samael, what is going on right now? The locusts are going everywhere, that is, the fire or life principles, the force of Samael, the Chi energy of Geburah is everywhere. Everybody is receiving the doctrine. Now, the question is, are you eating locusts or are the locusts eating you? Because it is written that “the locusts were like scorpions” [Rev 9:3], and Scorpio is the sign of sex, ruled by Mars (Samael).

“And it was commanded them (the locusts) that they should not hurt the grass of the earth, neither any green thing, neither any tree; but only those (fornicating) men who have not the seal of God in their foreheads (because they are not utilizing the life force of Geburah in the right way). And to them it was given that they should not kill them, but that they should be tormented five months and their torment was like the stinging of a scorpion.” – Rev 9:4-5

That is, those who are following the path will feel the necessity of annihilating their defects of lust and shall desire to die in their lust, and death shall flee from them because the locusts will torment them five months. Five is karma, meaning that **the karma of Fornication and Adultery, which is related with *Kamaduro* and *Karmasaya*, must be paid first.**

Only those who work very hard with the lance of Saint George, working with Gaia (the Earth), with the Glorian, with Gnosis, with the three factors of the revolution of the Consciousness will succeed. This is because the science of Andrew (**Andros** in Greek) relates to three factors:



- 1) The first factor of **Gibor**, is the “gift born” or gift of being born, it is to be born again by utilizing that cross.
- 2) The second factor of **Gibor (Gibur)**, the “gift burn” is the science of annihilating the ego and experiencing those tortures that Andrew experienced on the cross, an X.
- 3) There is another meaning for **Gibor**, a third factor. From the G of **Gibor** we find the words Gift, Give, Generosity. We have to be “generous”. Did you ever inquire about the meaning of the word Generosity? It derives from Genes. When you give from your own genes you are generating dharma, and that is why we always insist in the third factor (sacrifice for humanity), if you don't give you don't gather. That's the law of the **Gibor** Rune, the rotating cross, you Gather - you Give; you Give - you Gather. But if you only gather and don't give, you are Greedy. As you see, there is again the G in greed.

Greedy precisely describes those who only gather. That is why on our website we put "donation" (Gift), because we want you to develop but we don't want to force you. Because in this day and age there are a lot of organizations, philosophies, and schools that have transformed the doctrine of the Christ into a business.

Yet if we ask for donations in order to print books, in order to have the website, in order for you to develop, then they qualify us as merchants, this is how humanity is! Listen, if you are tight with your pocket and you don't give, how are you going to gather?

“Bring (“Get”) ye all the tithes into the storehouse,
that there may be meat in mine house,
and prove me now herewith saith יהוה צבאות (**Yod-Havah Sabbaoth**)
if I will not open you the windows of heaven, and pour you out a blessing,
that there shall not be room enough to receive it.” – Malachi 3:10

“In its exoteric or public aspect within the Jewish legislation, the tithe is the universal obligation that all the brethren of the Path have, which is to loyally contribute part of their income —that should not be inferior to the tithe— in a free and eligible way, in accordance to what the brethren judge to be more opportune and effective in order to support the cause of truth and justice...” – *The Three Mountains*

The ⚡ **Gibor** Rune, the cross in movement, is mathematical; this is how we experience it.

For instance, [the meaning of the \$\text{⚡}\$ Perth Rune](#): I was investigating the ⚡ **Perth** Rune of Peter, since there is no information about it, it is secret. I sat down to meditate and said; “God, give me the secret of the ⚡ **Perth** Rune and I will give it to the public tomorrow if you allow me.”

Then I entered into deep Meditation. There was a cricket whispering into my ear the meaning of ⚡ **Perth**. The cricket is my Consciousness united with my God and with Samael, the fifth archangel. And why was it whispering? It is because the meaning of the word Rune is “to whisper”. Rune means: secret, mystery. And that mystery is given by God, because between the graphic symbol and the word is a whisper.



Like Elijah, waiting for the answer. This is how I received that [the science of Peter is the science of breathing](#), because he has two nostrils, the two keys, Ida and Pingala in order to transmute the sexual force.

Without the breathing science, you cannot work with the two keys of Peter. Peter is in your pineal gland. **Peter is your faith and your willpower.** And his brother is Andrew, who works with the X cross that gives you the sexual strength, but you have to control Mary (the physical body).

Remember that Peter doesn't like weak women, only strong warrior women, like Mary Magdalene who repents and gives the solution to the repentance in Pistis Sophia.

There is no repentance where Mary and Peter are not present, together with all their brethren which are all the glands and forces that are in your physicality, Malkuth (which is the first cross), and in your Yesod (which is the cross in X which is your Chi energy, your sexual force, your locusts, even your fish, if you want too, from Chesed).

All of this is hidden in the mystery of the ⚡ **Gibor** Rune. This is why I admire and enjoy looking at Tai Qi dancers, because they are manipulating the Qi energy (the force of the body) marvelously. Yet the clue is also to control the sexual Qi or the sexual energy, because if we don't go to the center, to the bottomless pit, Yesod, which is our sexual force, then we are wasting our time.

“Gibor-Gibur-Gyfu” and the Work of the Gnostic Initiate

If you are doing the Runes but you are not practicing psychological death, and sexual transmutation, then you are wasting your time. Three factors must be practiced, these three factors relate to the **Gibor**, **Gibur**, **Gyfu** (Gift, Give and Gather). This is why the meaning of the **Gibor** Rune, **Gebo**, **Gyfu** is Gift. The gift of God. And God, my friends, begins with G.



Now you understand why there is a G in the middle two **Kaun** Runes in its shape as < (one above and the other below) forming the square and the compass of the Masons: **Geometry**. This is how matter is formed, with geometry, with the **Gibor**. This is the marvelous mystery of this Rune, which we have to inquire into...

Thus, the deeper you go the deeper you find the mysteries as Xochipilli², the Prince of the flowers because he works with the **Gibor**, which is at the very bottom, Xochipilli is showing the **Gibor** Rune in the sex, you see? If you go directly to the two legs that are forming an X-cross, then you go directly into his sexual organs. Xochipilli is controlling his sexual organs, his feminine force.



That faith which is minimum, minute, small, or **Minit** (מינית) as it is said in Hebrew for the sexual force. And that is why Xochipilli was venerated, because when he is in Meditation he is not sleeping as other people do. This is why the eyes of Xochipilli are open to heaven, meaning that he is spinning the **𐄂 Gibor** in Meditation, since the Chi energy has to be active in Meditation. Your body is passive, your mind is quiet, your emotions are also quiet, but the Consciousness, the Chi, the locusts are liberated; because we want to make the man made of wood into a man made of flesh.

The Aztecs state that the Gods created man out of wood. What wood? It is the wood of the Yew tree, the tree of good and evil. And after creating them they fused them with divinity. Thus, in order to be fused the man with divinity we have to practice Meditation at the style of Xochipilli, meaning dying in oneself, because this is what the **Gibor** also states, death. Death, Birth, and Sacrifice for humanity, and in that level you walk ahead on the Path.

Remember, the thirteen Aeons or repentances are experienced in the second mountain, not in the first. In the first you experience certain levels of the Sephiroth. But the thirteen repentances that the Master Samael Aun Weor taught in *The Pistis Sophia Unveiled* is an experience of Jesus together with the apostles.

Jesus is savior and in order to incarnate Jesus, Yeshua, the Savior, you have to reach the Fifth Initiation, because the one who talks about the repentances is Jesus from the center of the Tree of Life which is Tiphereth. From there, from Tiphereth, Jesus talks to the apostles who are around working with him as archetypes. When Jesus resurrected and ascended up to heaven, what happened to the apostles?



“These all continued with one accord in prayer and supplication, with the women, and Mary the mother of Jesus, and with his brethren.” – Acts 1: 14

They were together with Mary, there were no names of other women there, only Mary and Matthias who was taken instead of Judas Iscariot. There were twelve apostles and Mary, and they experienced the Pentecost after the resurrection in the fire and in the light. And this is how they received that power from heaven, but through initiation. This doesn't mean that you shouldn't practice Meditation on you ego, you should practice Meditation, annihilation of the ego, but in order to reach to the very root of your ego, to the causal aspect of the ego, Master Samael states: "Only Jesus can do it, together with Tiphereth."

So we have to incarnate the Word (the Logos) in order to advance a lot; yes, in order to reach absolute death we have to incarnate the Lord, Yeshua, the Savior. And for that we have to be born again. We have to work with the three factors of the revolution of the Consciousness. That is the mystery of **Gibor**, **Gibur**, **Gyfu** - Gift, generosity, the three factors of the Revolution of the Consciousness.

² For more information about Xochipilli, see Monographs N^o 15 & 17 in *Aztec Christian Magic*

The “Is” and “Sig” Runes and their Relationship with the “Gibor” Rune

Let’s remember that the *Gibor* Rune can be thought of as the combination of the | *Is* Rune and the 𐌺 *Sig-Sal-Sol* Rune.



The | *Is* Rune reminds us of 3 aspects:

Is-Rune + Sal-Rune = Gibor-Rune

- 1) **The Phallus or sexual organs [1]**, which are what allow us to connect with our Inner Divinity our Intimate, *Intimus*, Inner Being, our Divine Monad [2].
- 2) **The Inner Being, who is our True Self [2]**, since the Essence is an emanation of the Divine Monad.
- 3) And, as we learned when we studied the | *Is* Rune, the “Root of our Being”, is **the Divine Mother [3]**.

So the | *Is* Rune is certainly related with our Divine Mother KUNDALINI (known as Isis, Neith, Nuit, Nut (pronounced “Noot”), HADIT, as well as other names in Egyptian Mythology).

The 𐌺 *Sig* Rune is the Rune of Victory, of Triumph. It is the Rune of Lightening and therefore related to Electricity or the Power that resides in Nature.

In Ch. 31 of Igneous Rose, we read the following:

“You have reached the splendorous flower of your creative larynx. The verb of the Gods expresses itself through the creative larynx. HADIT has flourished on your fertile lips made verb. HADIT is the winged-serpent of Kundalini.

The esoteric name of Kundalini is SULU-SIGI-SIG. This is also the name of the central sun. Each one of these letters should be vocalized in the following order:

Ssssss Uuuuuu Luuuuu – Ssssss Iiiiiii Gggggg Iiiiiii – Ssssss Iiiiiii Gggggg.

Every letter must be vocalized, prolonging the sound of each letter, just as we have indicated. It is important to prolong the sound of each vowel. The vowel “S” is like a sweet and affable hiss. The Bible speaks to us of this sweet and affable hiss in the following verses:

“And he said, Go forth, and stand upon the mount before Jehovah. And, behold, Jehovah passed by, and a great and strong wind rent the mountains, and brake into pieces the rocks before Jehovah; but Jehovah was not in the wind; and after the wind an earthquake; but Jehovah was not in the earthquake:

“And after an earthquake a fire: but Jehovah was not in the fire: and after the fire a still small voice [hiss].

“And it was so, when Elijah heard it, that he wrapped his face in his mantle, and went out, and stood in the entering in of the cave. And, behold, there came a voice [hiss] unto him, and said, what doesnt thou here, Elijah?” (1 Kings: 19: 11-13)

The “S”, as a Mantram, permits us to leave our cave (the physical center) and to enter upon the mount (the astral plane). The vowel “S” is a Mantram in order to get out in the astral body. The disciple must become sleepy while vocalizing the sweet and affable sound of the “S”. When the disciple reaches that state of transition between vigil and sleep, then they must rise from their bed and leave the room, going towards the Gnostic Church.

Once in the Gnostic Church, we will teach and instruct them in the Divine Wisdom. However, we must clarify to our disciples that this explanation which we have given must be understood as an immediate action. The student must rise up from their bed, as naturally as would a child who knows nothing of occultism. It is not a mental practice, it must be understood as a concrete action, just as when we rise up in the morning in order to eat breakfast.

The vowel "S" has a terrific power. **The vowel "S" is the 𐌺 SIG rune and when we vocalize it, lightning is produced in the internal atmosphere, which has the power to awaken the Kundalini.** The sexual organ of the future divine humanity will be the creative larynx. The throat is a Uterus where the word is gestated. The Kundalini gives the larynx the entire omnipotent power of the creative verb."

Gnostic Practice of the "Cross in Movement" and the Annihilation of the Ego

There is a practice that the Master Samael gives in the book *The Doomed Aryan Race*³ which is a Christmas message. After meditating like Xochipilli: concentrate and meditate on any ego that you want to annihilate, any defect, any error. Then you have to perform the 𐌺 Sig Rune.

The 𐌺 Sig Rune is easy to make.

"First, kneel down. Second, sit on your heels in the Muslim style. Third, extend your arms to form the horizontal beam of a cross. Fourth, pray to your Divine Mother and bend your trunk forward, then backwards while keeping your arms extended and while remaining firmly seated on your heels.



After having comprehended this or that psychological defect in each and every one of the subconscious levels of the mind, we must pray to our particular Divine Mother for help; thus, we beg her to eliminate from the lunar bodies the "I" which personifies such a defect.

Without the help of our Divine Mother, it is impossible to eliminate the demonic "I's" that live within the lunar bodies. Previous comprehension of any psychological defect is indispensable before our Divine Mother will eliminate the submerged entity that personifies the defect."

When the Master says: "After having comprehended this or that psychological defect in each and every one of the subconscious levels of the mind", he doesn't mean that you have to comprehend it in all the 49 levels in that very moment. It means, **if you comprehend your defect in the first level of the mind, very well, now annihilate it. Then, another aggregate of the same defect in the second level after many days then annihilate it, and likewise is the process of all the aggregates of the same defect in every level, until you reach the forty-ninth.** Because when people read this they interpret that they have to comprehend the ego in that very moment in the forty-nine levels, and this is impossible, because in order to comprehend the forty-nine you have to be awakened in the other levels. So first eliminate on the first level which is the intellect, and when you catch another ego in other levels, comprehend them and annihilate them there.

Thus, in that posture is how you ask your divine Mother for help. Seated on your heels, extend your arms like a cross (making the *Gibor* Rune), bend your torso, like the Muslims, down. But remember that the Muslims don't put their arms in a cross, here we are putting them in a cross in order to make the movement of the *Gibor* Rune related with the divine Mother, because the cross that we are doing with extended arms is the *Gibor* Rune.

³ This book has also been called "The Solar Bodies" and "The Narrow Way" (Christmas Message 1967-1968)

And the **ᛚ** **Sig** Rune that we are doing with the body is the Rune of the Divine Mother. When you perform that, pronounce the mantras: "Sulu Sigi Sig, Sulu Sigi Sig", which is the name of the divine Mother in the Runic alphabet. Concentrate on her and pronounce:

"Ssssuulluuu Sssiiiggiii Sssiiiggg, my Divine Mother, my Goddess,
please annihilate this defect from me, from my psyche.
Destroy it with the energy movement of this cross that I am performing..."



Then you bend back and forth, back and forth. **Gibor** is movement; remember pronounce "Ssssuulluuu Sssiiiggiii Sssiiiggg" while moving backwards and forwards, backwards and forwards, without moving your butt from your heels, just the torso, don't lift your butt, that doesn't work, that is the position precisely of this practice that the Master Samael teaches.

This is the way to activate your Divine Mother ("Sulu Sigi Sig") in order to annihilate your ego, previously comprehended in any of the forty-nine levels of the mind. This is how you advance.

This is the practice of the **Gibor**, first to be born again, and for that you have to practice Sexual Magic with the science of Peter. And then this practice that we are teaching you, Meditation in the style of Xochipilli in which you are activating the **Gibor** in order to comprehend yourself, and activate your Chi. And finally doing that practice of the annihilation of the ego, which is **Gibur**, **Giburn**, because you burn your ego with that exercise. But you have to first transmute your sexual energy. And third, be generous, don't be selfish, because the selfish does not advance on this path.

That is why every initiate was always given and given and given the **Gibor**, the gift of God, until God gives you the **Donum Dei**. Because the **Donum Dei** is the fire of the Holy Spirit that develops in different levels in accordance with your work with your level of Being.

Often single people ask "Will God also direct us towards the person that we are supposed to interact with for Sexual Magic?" Yes, of course. God (which is the G of **Gibor**) knows that you need a spouse in order to practice the **Gibor** Rune. If you are patient you will find that person who will help you to put the cross (the swastika) into activity and from that you will advance. But sometimes we are impatient and we get married to somebody that isn't going to give us that help completely; since there are different marriages in relation with karma and dharma. However, if you are serious in yourself, if you practice for instance, death with the **Gibor** Rune in the way that we are teaching here, and generosity, sacrifice for humanity, then God will give you that gift.

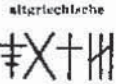
Remember, this physical body receives a lot of forces from heaven. Unfortunately there are a lot of people who, when they discover the mysteries, they use it to do evil. For instance, the example of Hitler; in the beginning he was working good, yet after he was accumulating all of that force with the **Gibor**, he was using it to burn, not his defects, but other people. That was really bad. You have to use it for yourself; otherwise we are precisely on the path of the hasnamussen. Sacrifice for humanity is generosity.

But do not fall into the mistake, that some Gnostics do, of going to other groups and pulling those people into their group, and they think that is sacrifice. That is called stealing, not sacrifice. Sacrifice is when you teach the doctrine to the people for the first time. That is sacrifice. And if the people like it and stay, good; and if they leave, then this is good too, because we have to respect the free will that rotates the **Gibor**. Everybody who wants to go to the left will go to the left (counterclockwise); if you want to go to the right, come here and we will teach you how to turn the **Gibor** in the right way, clockwise.

Gnostic Runology – The “Jer/Ger, Jera” Rune (Historically)

The “Jer, Jar, Jahr” or J-Rune According to Friedrich Fischbach (1900)

After the *Is*-Rune, and in place of the 10th or *Ar*-Rune, Fischbach gives the ‘J-Rune = *Jêr* = Year [*Jahr*]’ along with this description:



We find the greatest Diversity in the *Jêr* or *Jâr* Rune. The anglo-saxon Character Φ probably indicates the elapsed Solar-Year [*Sonnenjahr*], namely the crossed-out Sun. Whereas the X can likewise signify the four Seasons, but Usually it is the three Main-Seasons which are crossed out or united.

The “Ing” and “Thorn” Runes According to Guido von List (1910 & 1907)

In Lists’ book *The Pictographic-Script of the Aryo-Germans: Aryo-Germanic Hieroglyphics*, first published in 1910, he says:

“the following Rune, Fig. 72 $\langle \rangle$, applies to the Syllable ‘ing’ ... because it is condensed [*zusammengesackt*] from the Horn and from the Crescent/Sickle [*dem Horn und der Sichel*]”



In order to understand what the ‘Horn’ and ‘Crescent/Sickle’ are, we need to look at some Glyphs he defines as follows:

Glyph	Glyph Name	Name Meaning	Glyph Meaning	Corresponding Moon Phase
	“Horen”	Horn	Emergence/Genesis [<i>Entstehung</i>]	Waxing Moon
	“Fem”	Five	Remind/Encourage [<i>mahnen</i>]; Rule/Prevail [<i>Walten</i>]	Full-Moon
	“Sihhala”, “Sihhala”	Crescent/Sickle [<i>Sichel</i>]	Healing [<i>Helende</i>], Hiding, Dying [<i>Sterbende</i>]; or ‘Passing-On to New-Arising’	Waning Moon
	“Wbe”, “Ybe”, “Yb”	Spirit	the Yew-Bow [<i>Eibenbogen</i>]; the spiritual Bow/Arc: ‘Return to Rebirth’; or ‘Non-Being, <i>Ur</i> -State’	New-Moon

So when List says that the *Ing*-Rune is “condensed from the Horn and from the Crescent/Sickle”, this refers to the duality of the Waxing and Waning Moon Phases, as well as to opposites of Beginning (Emergence/Genesis) and Conclusion/Ending (Healing, Hiding, Dying) in a Cycle.

List goes on to differentiate the variants of this Rune:

$\langle \rangle$ = Ing
Ing-Rune

\diamond = Ingo, Ingfo
Ingo- or Ingso-Rune

If we add the **Is**-Rune to the above **Ing**-Rune, then we get the other shape for this Rune Φ , which would symbolically mean: the Beginning and Conclusion/Ending (**Ing**-Rune) of the “vigorously-willed Spirit” (**Is**-Rune), and of the Willpower necessary to overcome the “Surge of the Waves” in the Spiritual- and Physical-Worlds. (See List’s explanation of the **Is**-Rune.)

While discussing the **Dorn**- or Thorn-Rune, in his *Mystery/Secret of the Runes* (1907), List mentions that this Rune has a dual aspect based on how its point or ‘thorn’ is directed:

“This Rune is the ‘Thorn-of-Death [**Todesdorn**]’ which is what Wuotan used to put the disobedient **Valkyrie, Brunhilda** (a female warrior), into a Death-Sleep (compare Sleeping Beauty). **Todesdorn** \blacktriangledown

But in contrast to this, it is also the ‘Thorn-of-Life [**Lebensdorn**]’ (the Phallus), with which Death is conquered through “Rebirth [**Wiedergeburt**]”. **Lebensdorn** \blacktriangleright

One aspect is related to Life, and the other to Death... If we overlap these runes on top of each other, then we have one of the shapes of the **Jer/Jera** Rune, which we can say becomes the ‘Thorns-of-Death-and-Life’.



Gnostically, this reminds us of the dual aspect of our Interior Work: to Die in ourselves and to be Born again. In this sense, it reminds of the danger of becoming a **Hanasmuss** (a being who has the Solar Bodies, but has not eliminated the Ego), a ‘Cosmic Failure’, an abortion of the Divine Mother.

The “Jer/Gera” Rune According to E.T. Kurtzahn (1924)

In his explanation of the Thorn-Rune, Kurtzahn mentions Death and Life as Opposite-Poles.

The Thorn-of-Life [**Lebensdorn**], he says, “resembles an **Ithyphallus** or Erect Phallus which indicates the ‘Will to Life [**Willens zum Leben**]’ through Procreation-Readiness.”

However, he goes on to say that “the implied condition of Death (necessary to define Life) together with Rebirth in almost infinite Change or Exchange [**Wechsel**]” is something that “nothing and no one is able to resist...”

The “Jer/Gera” Rune According to R.J. Gorsleben (1930)

In discussing the **Thorn/Dorn** Rune, Gorsleben says:

“The male magical thorn, the thorn of awakening, overcomes the thorn-hedge of the Wahl-castle (Selection-Castle), the rampart-castle, the place of selecting the bride, the hedge of thunder, the **Thun-Ar**-hedge: **Tun** = fence, **Ar** = Sun, therefore the fence of the Sun or of the fire.

The double Rune $\blacktriangleright \blacktriangledown$ (Thorn from both sides) approaches the shape of the Rune of Marriage [MEhe**-Rune].**

Marriage only creates the human being in its entirety in man and woman, who create the third one, which is more than both... This is the meaning of Sleeping Beauty, who sleeps the hibernation of infertility, until the prince, the knight, the fearless one, arrives, penetrates

the hedge of thorny roses and awakens the virgin with a kiss. She is sleeping the sleep between death and reincarnation and her destiny is to give birth to the son of the hero...”

-Paraphrase from *The Peak-Time of Humanity [Die Hoch-Zeit der Menschheit]* (1930)
by Rudolf John Gorsleben

For the Gnostic, the “Sleep” of Sleeping Beauty is the sleeping Consciousness, which must be awakened through the Work on ourselves...

The Jer/Gera or Belgthor Rune According to Scholars

The **𐌸** *Jer/Gera* or *Belgthor* Rune is often used in Runic Calendars to refer to the number 19 (or the 19th year). Runic Calendars were perpetual calendars based on a 19 year-long period correlating the Sun and the Moon, which is called a Metonic cycle (a period after which the lunar phases recur at the same time of the year). Rune Calendars were etched on pieces of wood and often referred to as Rune Staffs.

The word “[Belg](#)”, in [Prot-Indo-European](#), means “to bulge, to swell”. So it makes sense that the **𐌸** *Jer/Gera* or *Belgthor* Rune can be seen as 2 **𐌹** *Thoros, Thorn or Dorn* Runes **𐌹** **𐌸** put together (two or more overlapping runes is sometimes called a ‘bind rune’).

Other variations of this rune (such as the **𐌶** *Jera* or *Jeran*) are said to have the meaning of “year” or “harvest”, as well as “season”, “plenty”, and “prosperity”.

The Symbolic Perspective for the Jer/Gera or Belgthor Rune

If we convert the **𐌸** *Jer/Gera* or *Belgthor* Rune into a posture, then we see a person with both hands on the hips. Again, something like a double **𐌹** *Thoros, Thorn or Dorn* Rune **𐌹** **𐌸**.

According to the [Center for Non-Verbal Studies](#), this posture is called “akimbo” or ‘hands-on-hips’:

Hands-on-hips shows that the body is prepared to “take steps”

- a. to perform,
 - b. to take part in, or
 - c. to take charge of
- an event, activity, or work assignment.

As a nonverbal cue, the posture shows that the body is poised to “step forward” (either to carry out a superior’s order, or to discipline or threaten a subordinate, or to defend against those who “overstep their bounds”).

And in US Politics, it says:

Hands-on-hips has been analyzed as a “classic sign of confidence” ... [such as] in the painting of George Washington crossing the Delaware River...

However, there is another side to this posture. According to Law Enforcement sources (in this case, an FBI Special Agent):

...it is a territorial-claiming gesture usually present when something is wrong. Many a child has come home to a mother waiting at the door with her arms akimbo. Nothing further need be said: the kid is in trouble.

I don't recommend that officers responding to domestic situations stand in doorways with arms akimbo. They are blocking the king's castle, they are being territorial, and it is a hostile statement when defusion is needed instead.

On the other hand, I encourage female officers to use arms akimbo more often to establish greater territory, and thus greater authority.

A general summary of this posture, then, would be that it indicates confidence and is related to the "action of controlling" a situation.

Prior to Action: If the action is to follow, then this can be accomplished by taking the control (or authority) away from someone else or by asserting one's own authority (if there does not seem to be one already established).

After Action: If the action has just occurred, then it may indicate a perceived triumph.

Either way, it often seems to be the posture indicating some kind controlling or dominating action (either that will follow or has been accomplished). Which is maybe why we see modern fictional "Superheros" take this posture before or after they have acted.



Additionally, this posture seems to indicate: Overseeing, Overlooking or Reflecting on an action, situation, job or phase of a project (which can also be seen as a series of tasks and, therefore, as a cycle or part of a cycle).

For the ancients, who were in touch with Nature, life generally revolved around the appropriate seasonal activities such that they were prepared for the next phase or season. Thus, if this Rune is related to the Year, then we can see its association with Reflecting on the current seasonal activities or even the whole year...

Gnostic Runology – The “Jer/Ger, Jera” Rune and its Practice

The “Ar” Rune and the “Jar-Man” According to Huiracocha

In his Runic-Course, Huiracocha does not give this 19th Rune a name, but does give it the values of “Fortune, friendships” and associates it with the constellation of Leo. He also says it is “like 1 [como 1]”, which appears to refer to the 1st Rune, *Fa*.

In discussing the *Ar* Rune, Huiracocha says:

...The son of the SUN was called **ARMANO**.

AAR is the original word for the FIRE or, more specifically, the CENTRAL FIRE.

ARAHARI of the Hindus is the name of the Spiritual Sun.

ARIMAN was the Lucifer or 'maker of the Light' among the Persians.

The numerical value of AR is 10 ⊕ or the symbol of the Man-God.

It is also curious that the year in German is called JAHR, JARR or JAR. J is the Being and AR is the Sun. Thus, the SOLAR BEING is represented by the year.

The universal Man, in the primitive Language, was the JAR-MAN or Man of the Universal Sun, ADAM-KADMON, the HIRAM of the Masons, the Builder of the Temple of Solomon, who was also called HARAM in the Ancient Texts...

The “Jera” Rune According to a Student of Samael Aun Weor

Samael Aun Weor does not give any information about this Rune. However, one of Samael’s students (from Glorian Publishing) gave a lecture on the *Jera* Rune, which we have attempted to summarize below:

The *Jera* Rune is related with the Solar Harvest. What is the Solar Harvest? It is related to the Cosmic Day. The Cosmic Day (the *Mahavantara*) is opposed to the Cosmic Night (the *Mahapralaya*). During the Cosmic Day, there is Being or Existence... This is the time when one can ‘grow’ or develop and, at the end of the growing season, there can be a Harvest.

So the *Jera* Rune speaks to us of the Harvest of the Cosmic Day, that is: the useful outcome of existence. In Gnosis, the Solar Harvest means the work with the Solar Logos and, therefore, the work with the Light.

In Gnostic Kabbalah, when the Cosmic Day comes into activity, it emanates from the Absolute, which has 3 aspects: *Ain*, *Ain Soph* and *Ain Soph Aur*. The word *Aur* (in the third aspect) means ‘Light’ in Hebrew.

“And God said ‘Let there be Light’ and there was Light...”
- Genesis 1:3

The first manifestation of existence are the Sephiroth called Kether, followed by Chokmah and then Binah. After these three (which are also called the Three Primary Forces), we have the secret Sephira Daath.



Daath is related with Knowledge or Wisdom, and specifically with the knowledge of how to Self-Realize ourselves. It is Tantric Knowledge.



Jera is the symbol of the Duality within the Trinity. If we carefully observe the sign of the **Jera** Rune, we see that in the middle of its two sickles, symbol of the duality, we find the **Sig** Rune, which is formed by three lines. **Sig** is the Rune of Fire.

The **Sig** in the **Jera** Rune is an invisible fire. Therefore, when we study the **Jera** Rune, related with harvesting, we have to understand that **Sig** (the Solar Fire) is hidden in it.

Thus, the **Jera** Rune very clearly shows three fiery forces; one is hidden, and two are shown. We always have to use our intuition, in order to see these things.

This hidden or invisible fire is that Christic Fire, the INRI of the Cosmic Christ.

Outside of the Absolute (in the aspect which is Existence or Being), we can only see the fire that is active, that is burning in matter... But, at the very depth of our consciousness, we can find that invisible fire, that 'black light'. We have it, and if we close our eyes, in meditation, and we go within, then we find that black light...

We want to awaken that light, that **Sig** Rune, which is precisely the work that we do in Alchemy. When that light appears, it comes from the darkness. This is why it is stated that when we practice White Tantra, we have to do it in darkness, because light emerges from that invisible or black fire.

So the **Jera** Rune, is really a Rune of Alchemy. It is very profound. It implies the movement, the forces, within all of the Runes together.

The **Jera** Rune itself is explained alchemically. It is a seal in which we apply when we are sealing ourselves with the sign of the cross and by the Tetragrammaton. This is a practice of the **Jera** Rune — seals. Any type of seal is related with **Jera**.

The Solar Harvest of the Cosmic Day means working with the 3 Factors of the Revolution of the Consciousness:

1. Birth (Creation of the Solar Bodies)
2. Death (Elimination of the "I's" or Egos)
3. Sacrifice (Selflessly helping Humanity)

If we are Born without Dying, then we create for ourselves a very difficult situation, which is referred to as 'an abortion of the Divine Mother'. We convert ourselves into a Hanasmuss...

Regarding the subject of the Hanasmuss or Hanasmussen, Samael Aun Weor mentions the following in Ch. 6 of his book **Dissolution of the "I"** (also called **The Elimination of Satan's Tail** in English):

"...it is necessary for you to deeply comprehend the necessity of dissolving the "I". The greatest danger that exists in life is the danger of converting ourselves into HANASMUSSEN.

Whosoever does not work in the dissolution of the "I" gradually degenerates themselves more and more in each existence, until finally, they do not receive any more physical bodies because they have converted themselves into a dangerous Hanasmuss.

...Many Initiates achieve the creation of their Superior Existential Bodies of the Being, yet they fail because they do not dissolve the psychological "I".

These Initiates cannot celebrate the Nativity in their hearts; they cannot achieve the incarnation of their Being in spite of possessing the superior existential bodies. Thus, they convert themselves into Hanasmussen with a double center of gravity.

If deep Self-realization is what we truly want, then it is necessary to comprehend the necessity of working with the three factors of the Revolution of the Consciousness.

If any of the three factors of the revolution of the Consciousness are excluded, then the outcome of this procedure is failure.

Behold the three factors of the revolution of the Consciousness: To be born, to die, and to sacrifice ourselves for humanity.

Sexual Magic, dissolution of the "I", and charity: This is the triple path of the upright life [*la vida recta*].

Some Gnostic students have written to us, asking for a didactic in order to dissolve the "I". **The best didactic for the dissolution of the "I" is found in practical life that is intensely lived.**"

Gnostic Runology – The “Jera” Rune (Supplement)

The “Jera” Rune According to Glorian Publishing

In another class¹ given on the *Glorian Publishing* website, the following information is given by one of Samael Aun Weor’s Students, which we have attempted to summarize and paraphrase:

The *Jera* Rune or ‘Year’ is related with the Solar Harvest.

Jera is the symbol of the Duality within the Trinity. If we carefully observe the sign of the *Jera* Rune, we see that in the middle of its two sickles, symbol of the duality, we find the *Sig* Rune, which is formed by three lines. *Sig* is the Rune of Fire.

The *Sig* in the *Jera* Rune is an invisible fire. Therefore, when we study the *Jera* Rune, related with harvesting, we have to understand that *Sig*, the Solar Fire, is hidden in it. Thus, the *Jera* Rune very clearly shows three fiery forces; one is hidden, and two are shown. We always have to use our intuition, in order to see these things.

The place of duality; this duality is hidden within the Abstract Space. That is why all of those archetypes that formed the letters of the *Futharkh*, or Runic Alphabet, are coming from the unknowable, which is the dual place of the Causal Logos. This is why we have to use our imagination, our intuition, in order to see other things that are hidden ... things which can only be seen with our heart.

In Hebrew the word תורה *Torah* (Law), comes from the root ירה *Jerah* (teach, instruct, throw, show, flow, etc.):

And יהוה said unto Moses, Come up to me into the mount, and be there: and I will give thee [two] tables of stone, and a תורה *Torah* (Law), and commandments which I have written [with *Sig*]; that thou mayest “teach” ירה *Jerah* them.

– Exodus 24: 12

It is clear and evident that the trunks of the tablets of the Law, upon which the prophet Moses wisely wrote, by command of Jehovah, the Ten Commandments, are nothing other than a double Runic Lance, whose phallic significance has been widely documented.

– Mystery of the Golden Blossom by Samael Aun Weor

When the duality of the Divinity or the Seity is manifested in the Universe, we have the Primordial: Yang (the manifestation of the masculinity or the positive force of the duality) and Yin (which is the manifestation of the femininity). These are the two polarities that we see in the *Jera* Rune.



Sometimes we say Seity, with an S, instead of Deity with a D. Seity begins with the letter S, which is the symbol of the Fire. Seity is that which abides in the place of duality, the Absolute, the place where we find the duality of the Divinity or the Seity.

The other symbol of we find is the Yin-Yang, or better said in this case, the three forces of Taoism, which in English are known as Jing, Qi, and Shen.



These relate to this other sign that we see in the center of the symbolic wheel of Dharma in Tibetan mythology, in which we find the Yin-Yang, but as three forces which are shown in the center. We are going to explain how these three modes of energy, called Jing, Qi, and Shen, are related with the **Jera** Rune.



The Dharma wheel of Tibetan philosophy has in its center these three modes of energy manifest through the duality, commonly called Yin-Yang.

We find these forces in Taoism and Buddhism, because they are universal forces. In relation with these energies, Taoism as Alchemy is a very profound religion to study.

Likewise, in Kabbalah, we also find these forces, and in different lectures we always name them as Kether, Chokmah, and Binah, the three primary forces of the universe that express themselves as duality, yet that duality is in itself the trinity. This is what we are going to explain today, in relation with this lecture.

In Taoism, they sometimes use the symbolism of the Dragon and the Tiger to represent Yin & Yang. Master Samael Aun Weor stated in Ch. 11 of his book **Esoteric Course of Kabbalah**:

Chinese Alchemy

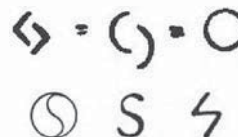
Heaven is masculine, Yang and its element is fire. The Earth is feminine, Yin and its element is water. In the TAOIST doctrine, we find White Tantrism.

The Yin-Yang, the Dragon and the Tiger are the axis of Taoism. According to Taoist interpretation, the Yin-Yang is the outcome of T'AI CHI, the **materia prima** of the universe and creation emerges from the sexual union of this pair of opposites.

MAITHUNA (Sexual Magic) exists within the White Tantrism of India and Tibet. THE WHITE TANTRISM OF BUDDHISM, CHINESE TAOISM AND THE LEGITIMATE TIBETAN YOGAS all practice the Arcanum A.Z.F.

As the Master explains, Yin-Yang are the masculine and feminine forces, Heaven and Earth. Bear in mind, that when we talk about Yin-Yang, they imply another third force that is not visually shown in the symbol, since in order for the masculine and feminine forces to be active, another invisible force has to be present.

This is why we state that the **Jera** Rune shows an invisible force, which is the **Sig** Rune that appears invisible in between the **Jera** glyph. This is what we have to understand, because without the "S" (the fire), nobody can exist, nothing can exist.



Alchemy and the Book of Genesis

In the western world, when we go into Kabbalah and Alchemy, we have to go into the Book of Genesis. This is because the book of Genesis hides the meaning of the duality, within the trinity. This mystery is hidden in the first verse of the book of Genesis:

"In the beginning God created the Heavens and the Earth."

Master Samael states that the Heaven is Yang and the Earth is Yin.

Now, if we go into the Hebrew alphabet and the Hebrew words related with this first statement of the book of Genesis, then we read:

בראשית ברא אלהים את השמים ואת הארץ

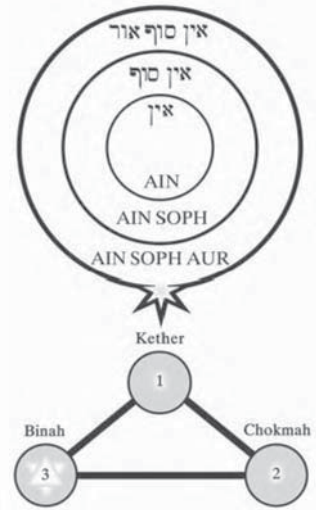
Berashith Bera Elohim At HaSchamayim Veh At HaAretz

In the beginning [**Berashith**] created God [**Bera Elohim**]
the Heavens [**At HaSchamayim**] and the Earth [**Veh At HaAretz**]

Who created **Elohim**? This is related to the very beginning of the universe, so let's understand: it is the "**Ain Soph**" whose "**Aur**" (light) created the Elohim.

The **Ain Soph** is the origin of "S", the **Aur** (light) of Cosmic Days (sunrises) and Cosmic Nights (sunset). Behold here, the **Jera** Rune, and the Solar Harvest.

Why does the Cosmic Day exist? **It exists because there is a need for Solar Harvesting** in the universe. When does the opposite of the **Jera** Rune exist (which is the Mahapralaya, the Cosmic Night)? It exists when the solar harvesting has been completed.



What is it to perform a Solar Harvest? It is to collect the good and the bad: the bad to the left and the good to the right.

In a common harvesting, after collecting the good, the harvesters burn the leftovers. Here we can see the fire in activity, burning the bad. Now, when the burning is complete, then the field (the universe) is already clean. At that time, we might say: "Oh well, the fire did what it had to do and therefore it is gone." Wrong! The fire is still there.



What happens is that in the universe we can only see the fire in activity, but we cannot see it when it is not in activity.

When we see fire, when we see light, it is the solar fire in activity. Yet, the fire that is not active is still burning; it is still there. In Kabbalah, it is what is called 'darkness'. That is the glyph of the **Sig** Rune, the "S" in between the two sickles, which form the duality in the **Jera** Rune.

That "S" is blank because it is the invisible or black fire. Have you ever heard about the black fire? It is stated that nobody sees that fire. Only the inhabitants of the Absolute, the Paramarthasatyas, can see that black fire.

In this part of the universe, we can only see the fire that is active, that is burning, shining, in matter, because fire and light go together. This is precisely what we have to understand and comprehend when Genesis states, "And darkness was upon the face of the Deep (the Abyss)."

...And what is **Elohim**? **Elohim** is precisely represented in the duality of the **Jera** Rune.

In Hebrew "ELAH" means Goddess, and the ending "IM" is masculine plural, thus Elohim means Gods and Goddesses, or the male-female duality.

בראשית ברא אלהים

Berashith Bera Elohim

In the beginning created God

"In the beginning created **Elohim**" ... the word "BERA" (which in Hebrew means 'creation') also hides the word "BAR," (which in Aramaic means 'son').

If we then take the letter א Aleph from the word BERA and join it to the next word, which is "ELOHIM," then we read:

בראשית בר אלהים

BERASHITH BAR AELOHIM

"In the beginning the SON of AELOHIM."

AELOHIM is that Seity that in Kabbalah is not named. And who is the 'SON of AELOHIM'? It is the Fire. But, I repeat, it is a black fire. Bear that in mind, because usually, when we think about fire, we always think of the flame which is active in the universe, the flame that is burning something.

But remember, when the fire has burned anything and then is already no longer before our eyes, nonetheless the black fire is still there. It is shining in a 'black', or abstract, manner within the Absolute Space.

That is what we call the 'Son of Aelohim', that Seity within the Abstract Absolute Space. That Seity exists inside of us; it is the AUR (Light) in the very depth of everything that exists.

The Light, the Darkness and Movement

What is this AUR, this Light? In relation with Kabbalah, it emerges from the duality of the Absolute. AUR expresses creation; AUR is the beginning of creation. That is why it is written:

"In the beginning, created Elohim the Heavens and the Earth."

The Heavens and the Earth are shown in the duality of the **Jera** Rune, the Yin-Yang, within the Trinity.

The **Jera** Rune implies the movement, the forces, within all of the Runes together.

That is why, when we read, "In the beginning created God the Heaven and the Earth. And the earth was without form and void," we have to imagine the **Jera** Rune.

But let us read the following verse of the book of Genesis: "And darkness was upon the face of the deep." (Gen 1:2) The 'deep' is the Abyss. The 'deep' is that Absolute Abstract Space.

Darkness was hovering on that deep space. That darkness is fire, which is inactive in the universe, but which becomes active in the Absolute Abstract Space. That darkness is only darkness for us, but it is light for the Absolute.



Part of that darkness is what in Kabbalah is called "Ain Soph Aur." This is what we have to understand when we read, "And darkness (black fire) was upon the face of the deep."

And then we read: "And the **Ruach Elohim** moved upon the face of the waters." (Gen 1:2) In Hebrew, **Ruach** is Spirit, and also wind or air. Thus, we could say, "And the Air or Spirit of God, or **Elohim**, (which is above) moved upon the face of the waters (which are the forces of the lower glyph of the **Jera** Rune)."

"And **Elohim** said, Let there be light: and there was light. And **Elohim** saw the light, that it was good: and **Elohim** divided the light from the darkness."

– Genesis 1:3-4

Here, it is very clear that the light we see in the universe, which the Elohim created, comes from the darkness. This is what Master Samael Aun Weor explains:

"Ancient wisdom states that Darkness is in itself Father/Mother, and Light is its Child."

– Ch. 51 of *Tarot and Kabbalah*

All of the manifestations of the Earth (that was without form and void) appear from the darkness, when the light appears. That is to say: "Elohim divided the light from the darkness," or better said, Elohim took the light from the black fire (darkness).

That is how we have to understand this, because this is something we always repeat: It is said, that black fire (which is not visible in the universe) is what we call Christ, the Cosmic Christ that shines in different levels and that is within us...

The 'Black Fire/Light' and the Cosmic Day/Night

At the very depth of our consciousness, we find that black light. We have it. If we close our eyes, in meditation, and we go within, we find that black light.

Yet, we do not have the capacity to see that light, that dark fire, because we need to develop what the Master Samael Aun Weor explained as the 'Prajnaparamita type of vision', in which you can see the light as a Paramarthasatya, an inhabitant of the Absolute.

But even before developing that vision, we know that the dark light, that black fire is there. And we see it by means of the activity of the light that comes from that darkness.

Thus, in order to see it, "**Elohim** said, Let there be light." (Gen 1:3) That is precisely the work that we do in Alchemy.



We want to awaken that light, that **Sig** Rune, which is the Kundalini. When it appears, it comes from the darkness. That is why it is stated that when we practice sexual magic, we have to do it in darkness, because light emerges from that black fire.

The Catholic Church named this Darkness "Lucifer," as something evil, ignoring that this Darkness is beyond good and evil.

Lucifer means, 'carrier of light'. "**Luci**" is light; "**fer**" is fire, ferry. Lucifer is the fire that carries the light, but that is not the fire that we see tri-dimensionally, it is INRI, the 'black fire'. Do you understand this?

Lucifer is black fire; this is why Lucifer is represented as something black, because the light comes from the darkness; that black fire is inside and not outside of us.

We must bear all of this in mind in order to comprehend this marvelous symbol of the **Jera** Rune, which is also symbolized by the Yin-Yang.



"And God called the light, Day."

– Genesis 1:5

This is the Cosmic Day, in the macrocosmic manner, and the activity of that light is called **Mahamanvantara** in Sanskrit.

"And the darkness, was called Night."

– Genesis 1:5

Because the darkness corresponds to that invisible or black fire which is not active in the universe, which is in repose, 'cold'. That is what we call night, or better said, the **Maha-pralaya** in Sanskrit.

Do you see how everything is hidden in the book of Genesis, in relation with the duality of the **Jera** Rune? Day = cosmic day; Night = cosmic night...

What is shown here in a Macrocosmic manner has to be recreated within us, in a Microcosmic manner.

If we think that the Absolute is out there, we are wrong. The Absolute is within us; it is the abstract space. When we inquire into our physicality, into our psyche, into our Spirit, beyond them is space; beyond matter in different densities there is always space. That space is called the 'abstract space'. Each one of us has their own particular part of that space, which is called the **Ain Soph**.

AIN is the head, the head of the universe, because AIN is the origin of everything.

The AIN SOPH, that creates the **Elohim** within her belly, in order for them to appear in this multidimensional universe.

Those **Elohim** are the Gods and Goddesses, that we have within, that we need to self-realize.

Taoism, Alchemy and the Trinity of Jing-Qi-Shen

Let us now go into this Taoist trinity we are talking about: Jing, Qi, and Shen. The Tao manifests its power through the three Treasures of the Light.

The Treasury of the Light is called '**Barbelos**' in the **Pistis Sophia**.

Let me tell you that the manifested Light of that Treasury is the Three Primary Forces. That is why, in Taoism, they say there are three Treasures of the Light, or three modes of energy— Jing, Qi, and Shen —which are the three principles of the universe.



These three Treasures of the Light manifest in the heavens, in the earth, and in the human being. Each of them contains their own three Treasures of the Light.

The three treasures of Heaven are the Sun, the Moon, and the stars.

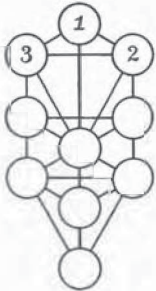
The three treasures of the earth, are Air, Water and Fire.

Now, the three treasures in the human being are the Intellectual Brain, the Emotional Brain and the Motor-Instinctual-Sexual Brain. So these three modes of energy (Jing, Qi, Shen) are related to our Three Brains.

In Christianity these three forces are called, Father, Son, and Holy Spirit.



We have often stated that the Father, Son, and Holy Spirit of Christianity are not persons; they are forces. In Taoism, these forces are presented beautifully. In Kabbalah it is Kether, Chokmah, and Binah, related with the Holy Trinity.



In Gnostic Esotericism, this Trinity is called the Triamazikamno Law (the Law of Three), the law that creates.

The Three Primary Forces express themselves in the whole universe, not just in the physical body. Shen, Qi and Jing, as we can see them, manifest in the world of Atziluth (archetypes), the world of Briah (creation), and the world of Yetzirah (formation), because these three modes of energy are the base of life, in different densities. They are the three primary forces that we have to work with, within the duality.

Jing is essence-energy and is related with the Kidneys in our physicality. Jing creates the ovum and the sperm, masculine/feminine.

As energy, that Jing rises, transformed as Qi energy; thus Qi energy rises from Jing, the essence-energy up to the brain, thanks to the two cords that we have (Ida and Pingala, as they are called in Sanskrit). These are Yin-Yang, the two witnesses of Revelation.

But we have to understand that, thanks to the union of these two polarities that originate from the Jing (essence-energy, our sexual matter), another third force, which is Shen, Spirit, rises through Sushumna in the spinal medulla. This is how we can see the three modes of energy in our physiology.

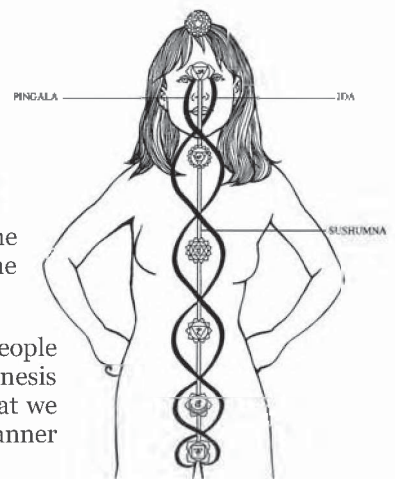
Here we are talking about the sublimation of those forces within our physicality, psychology, and spirituality. Yet, we have to understand that these three modes of energy descend from Heaven as well, as we have explained.

Master Samael Aun Weor explains them as the three modes of Akashic force, or the three breaths of Akasha, that enter into our nostrils and descend through the three nervous systems, or better said, the three channels called Sushumna, Ida, and Pingala.

So the **Jera** Rune, is really a Rune of Alchemy. It is very profound.

The Law of Three, that creates, is Kabbalistically expressed in the abstract manner and in the concrete manner in the first verse of the Book of Genesis.

But remember that the book of Genesis talks about seven days. People used to make the mistake of thinking that these seven days of Genesis are seven days of 24 tri-dimensional hours, as the physical time that we have. Those who think that way do not understand the cryptic manner in which the Book of Genesis was written.



We have to understand and comprehend that the seven days are related with the Law of the Heptaparaparshinokh (the Law of Seven), the law that organizes.

When we talk about creation or about harvesting, we have to understand the Law of Seven is the law that organizes it. This Law of Seven is marvelously shown, as we always say, as the harvesting of the Seven Suns.

Alchemy and the Solar Harvest

Remember that, in the lecture "[The End of Kali Yuga](#)" the Master Samael Aun Weor talked about the Seven Suns.

If you remember the seven spirits before the throne of God that are described in the Book of Revelation, we stated that they are named:

1. Gabriel (the Moon),
2. Raphael (Mercury),
3. Uriel (Venus),
4. Michael (the Sun),
5. Samael (Mars—the fifth),
6. Zachariel (Jupiter),
7. and Orifiel (Saturn).

These are the Seven Spirits, or Seven Cosmocreators.

Master Samael explains what is shown in relation with the harvesting; namely:

1. the Children of the First Sun (the "Polar" Race) were devoured by wisdom, by tigers (symbol of the fire, or wisdom). If we understand Alchemy, we will comprehend that the fire burned them completely, and they became one with the tiger, with the fire, or with the dark fire.
2. The Children of the Second Sun (the "Hyperborean" Race) were destroyed by great hurricanes and became transformed into apes. Some of them degenerated.
3. The Children of the Third Sun (the "Lemurian" Race) were destroyed by a rain of fire, and they transformed into birds.
4. Thereafter, the "Atlantean" Root Race (which existed before this present Root Race) was devoured by the waters and transformed into fish. So when we study the Aztec calendar in relation with the harvesting of these four previous Root Races, it is very clear in symbols.
5. But they do not say anything about us, the Fifth Sun's harvesting (the "Aryan" Race). Into what are we going to be transformed? Into what symbolic animal are we going to be transformed? However, they do say that the Children of the Fifth Sun will be destroyed by earthquakes and fire, which is being fulfilled. That fire is the fire of volcanoes.

Remember that it is stated that Samael is the king of volcanoes and earthquakes.

Now, the bible talks about the symbolic animal into which our present Root Race is going to be transformed. Master Jesus said:

When the Son of Man shall come in his glory, and all the holy angels with him, then shall he sit on the throne of his glory: And before him shall be gathered all nations: and he shall separate them one from another, as a shepherd divides his sheep from the goats: And he shall set the sheep on his right hand, but the goats on the left.

Then shall the King say to them on his right hand, Come, you blessed of my Father, inherit the kingdom prepared for you from the foundation of the world: For I was hungered, and you gave me meat: I was thirsty, and you gave me drink: I was a stranger, and you took me in: Naked, and you clothed me: I was sick, and you visited me: I was in prison, and you came to me.

Then shall the righteous answer him, saying, Lord, when did we see you hungered, and fed you? Or thirsty, and gave you drink? When did we see you a stranger, and took you in? Or naked, and clothed you? Or when did we see you sick, or in prison, and came to you?

And the King shall answer and say to them, Truly I say to you, Inasmuch as you have done it to one of the least of these my brothers, you have done it to me.

Then shall he say also to them on the left hand, Depart from me, you cursed, into everlasting fire, prepared for the devil and his angels: For I was hungered, and you gave me no meat: I was thirsty, and you gave me no drink: I was a stranger, and you took me not in: naked, and you clothed me not: sick, and in prison, and you visited me not.

Then shall they also answer him, saying, Lord, when did we see you hungered, or thirsty, or a stranger, or naked, or sick, or in prison, and did not minister unto you?

Then shall he answer them, saying, Truly I say to you, Inasmuch as you did it not to one of the least of these, you did it not to me. And these shall go away into everlasting punishment: but the righteous into life eternal.

– Matthew 25: 31-46

Here we find again the duality of the **Jera** Rune; the harvesting of this Fifth Root Race will be goats and sheep.

Aries, the Head and Goats or Sheep

Now, if we delve into the symbol of the Ram, or sheep, we discover that it relates to the sign of Aries. Astrologically, Aries is related with the head... This is because the Sun of Aries rules all of the head and it is ruled by Samael, whose symbol is the Ram, the Lamb, the sheep.



In order for our head to shine we have to transmute the sexual energy with the mysteries of Taoism, Alchemy, Yin-Yang, and the three modes of energy, or treasures of the light. However, if we do not do that, then we will become goats.



We have seen that the symbol of the goat is the sexual energy utilized in the wrong manner. The goat is something that we have to transform, because all of us present here, without exception, are goats. We are goats, so we have to transform ourselves into sheep. The goat, like all animals, is a fornicator.

We are the Children of the Fifth Sun. Right now, we are in the dilemma of "to be or not to be." Master Samael Aun Weor (who rules the Fifth Sun) came and gave the knowledge for us, so that we can be transformed into sheep, that is, if we want to belong to the harvest of the Fifth Sun.

That which is bad (the goats) will be thrown into the Abyss so that the everlasting fire of Klipoth will cleanse them. There, the fire of their own passions will burn them, as well as the atomic fire of the Earth.

Remember that in the very center of the Earth the ego is incinerated, cremated. **Behold the dilemma: whether we are to be cremated in the devolving way, or in the Alchemical, Initiatic way.**

This is why we are teaching Gnosis, in order for us to become sheep. Remember the parable of the sheep and goats, which states that Jesus said to the sheep on the right:

Come, you blessed of my Father, inherit the kingdom prepared for you from the foundation of the world.

– Matthew 25: 34

And I say unto you, that many shall come from the east and west, and shall sit down with Abraham, and Isaac, and Jacob, in the kingdom of heaven.

– Matthew 8: 11

And to the goats on the left Jesus said:

But the Children of the kingdom [Malkuth] shall be cast out into outer darkness: there shall be weeping and gnashing of teeth.

– Matthew 8: 12

Understand, this ‘outer darkness’ (referred to in the verse) is not the same darkness as the ‘black fire’. That ‘outer darkness’ is the darkness of the Abyss.

There are many types of darkness. Outer darkness is the darkness of the abyss that is OUT of the kingdom of heaven. In the Absolute we find the ‘black fire’, which relates to the darkness we spoke of in the beginning, which is Divine.

The Aztec calendar states that in the epoch of the Children of the Fifth Sun, the Gods will die, and indeed, the Gods are dead in this Root Race. Many bodhisattvas of great Gods and Angels fell in this epoch. But it is written that in the Sixth Root Race, which will emerge after the destruction of this Fifth Root Race, the Gods will resurrect.

However, the Gods will not resurrect merely as a gift, or just because someone states it, no! The Gods will resurrect if their bodhisattvas annihilate their ego, and shine again within themselves.

There are many bodhisattvas that are fallen, thus they have to rise again and shine in order to resurrect. Remember that there are many types of resurrection. The Gods have to resurrect.

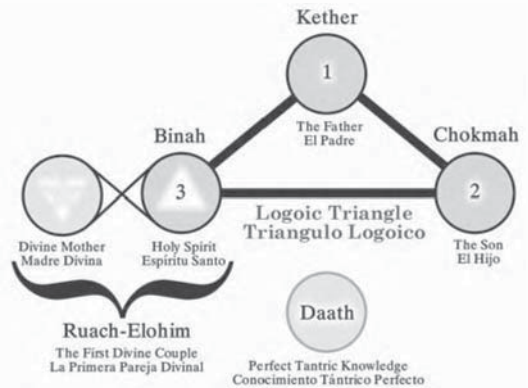
If you are entering into this path, your God will resurrect within you. That is precisely the mystery of the **Jera** Rune, because it means Solar Harvesting.

In the epoch of the Seventh Sun, everything will be Divine. This is how we understand the symbol of this **Jera** Rune, in relation with Taoism, Christianity, and the Kabbalah.

The Universe and the Temple of God

Remember that we stated that there are two main laws in relation with the universe: the Law of Three and the Law of Seven.

The first is the Law of Three, which is the Law of the Triamazikamno, related with Kether, Chokmah, and Binah, and also with Daath. This is because that mysterious Sephirah Daath, which is below the first triangle, hides the mystery of the duality within the trinity, as we have stated in previous lectures.

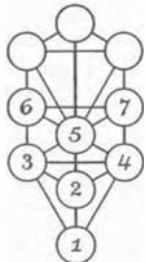


In Daath, there is a trinity within the duality, and this is precisely what we have to understand. One thing is the trinity in the first triangle, and another thing is the trinity in Daath, which expresses itself through the duality.

In other words, **the Jera Rune really belongs to Daath, which is the duality, Father/Mother, the Elohim manifesting its power of creation thanks to the force which is always hidden, which is the fire, the "S", the Sig Rune, between the two sickles, symbols of the Duality of Jera.**



Below Daath, we find the other seven Sephiroth, which are related to the Law of Seven, the Heptaparaparshinokh, the law which organizes.



Let us now go down into our physicality, in order to understand how that which is done in the Macrocosmos has to be performed in the Microcosmos.

It is stated in many parts of the Bible that the physical body is the Temple of God. Malkuth is the Temple of God.

Paul of Tarsus states in the Bible that, our physical body is a temple of the living God. Many people that hear this, or read this, do not understand in which way is God within us. Let us study this.

In many ancient cultures, the word for wind, air, breath and Spirit are the same. This is because the Spirit of God enters through the nostrils. Remember what is written:

And **Iod-Havah Elohim** formed Adam of the dust of the ground, and breathed into his nostrils the breath of life; and Adam became a living soul.

– Genesis 2: 7

This is how we have to understand this: Spirit enters into our physicality mainly through the nostrils, in order for us to be alive. So when we talk about the respiratory system, we are talking about Kether, which is abstract, like the air (**Aleph**).

When we talk about the air, the oxygen, related with the lungs, we talk about the heart as well. Remember that the heart is between the lungs, and the heart is the organ that deals with the blood. When we talk about the blood, we are talking about Qi.

Qi is related with the Lungs and Shen is related to the Heart. While Jing is related with the Kidneys.

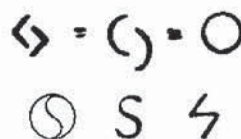
That Jing becomes Semen, sexual matter. Which is why, in Taoism, it is advised not to ejaculate the semen, but to retain it. This is because if we retain the Jing, eventually it will be transformed into Qi and then into Shen. Thus we will be filled with energy.

This is why, when we transmute our substance (our Jing) into Qi, we say that "The Soul of the Mercury" which rises through Ida and Pingala (the two witnesses of Revelation) in Kabbalah and Alchemy.

Thus, Qi comes from our own Jing when we transmute it. Eventually this Qi will generate Shen.

The Holy Spirit is Shen within Jing, the creative energy. The Holy Spirit is the mystery of the duality. And if we want to find the duality expressed physically in this three-dimensional world, then we must seek it in man & woman.

When they unite, sexually speaking, then we have the third force (Shen), which is uniting the Yin-Yang. Remember that when we see Yin-Yang, there is a third force hidden there, which is putting them in movement. We could also say that when the man and the woman, Yin-Yang, are in the sexual act, there is a movement of Shen in our Jing. That is sexual energy, the Holy Shen, the Holy Spirit.



The Tree of Life and the Correspondences in the Physical Organism

Remember, the simple way to comprehend the trinity is to take every triangle of the tree of life and place it on our three brains. Namely: our head (the intellectual brain); our heart (the emotional brain); and our sexual organs (the Holy Spirit, the motor-instinctual-sexual brain). This is how we have to place each triangle.

	Sephiroth	Names and Association(s)	Additional Association(s)
1	Kether	Breath, Shen [grand sympathetic nervous system]	Pingala
2	Chokmah	Heart, Qi (central nervous system)	Sushumna
3	Binah	Sexual Energy, Jing (Parasympathetic nervous system)	Ida
	Daath	"Fire", Nervous Systems (the central nervous system, the grand sympathetic nervous system, and the parasympathetic nervous system),	the Tree of Good and Evil
4	Chesed	"Water", Marrow of our 'Bones'	Spirit or True Man (with its two Souls), Adam as well as Abraham; the Ruach Elohim
5	Geburah	"Wine" or 'Blood of the Lord' (the outcome of the transmutation of Water, which contains the Alchemical Eucharistic fire), 'Flesh' and the Circulatory System	Spiritual Soul
6	Tiphereth	"Blood", Heart, Muscular System (Sexual Organs)	Human Soul
7	Netzach	"Milk", Endocrine system	Mind
8	Hod	"Dew", Immune system, Lymph (Blood)	(Heart)
9	Yesod	"Olive Oil", reproductive system	Sexual Organs
10	Malkuth	"Honey", Digestive System, Skin	
	Klipoth	Intestines and waste produced from digestion	

Now do you see what the fire in the water, wine, and blood is? We have talked to you already about how the 'water' descends to the sexual organs, and then has to be sublimated in order to become 'wine', the wine of the Transubstantiation, the blood of the Lord.

Jesus,—that is Aberamentho,—said unto his disciples, [...]

"And the fire, the water and the wine are for the purification of all the sins of the world.

The blood on the other hand was for a sign unto me because of the human body which I received in the region of *Barbelo*, the great power of the invisible God.

The breath on the other hand advances towards all souls and leads them unto the region of the Light."

– Pistis Sophia, Chapter 141

This is why, when we perform the Transubstantiation, we are working with the fire in the triangle of Chesed (water), Geburah (wine), and Tiphereth (blood) in our heart. This is the marvelous way of the Transubstantiation. However, we need a lot of energy (fire) in order to perform this work; we need milk. That milk is related with our endocrine system.

So how do these substances (milk, the water, the wine and blood), relate to each other? How do they work together?

Well, if we study the relationships of all those systems in the physical body, then we will see the relation.

The blood, the heart in the center, deals with the circulatory system, the immune system, the endocrine system, the reproductive system, the skeletal system, the muscular system. You see, the blood relates to Tiphereth which is the one that is in charge of the work of the heart, because the heart deals with all of those forces.

The food that we eat transforms into energy that the heart takes and purifies through the lungs. The liquid or fluid related with the reproductive system is called olive oil in the Bible.

In other lectures we have mentioned that the fluid related with the digestive system is honey. Honey is related with the digestive system, olive oil with the reproductive system.

This is because, during the sexual act, the sexual organ is the one that emits that oil or lubricant in order to have the pleasure of the sexual act, yet olive oil is also related with what is deposited within the substance Jing.

Olive oil is what we have to liberate from the Jing. This is why the sexual organs are related with the olive oil. The anointment with olive oil implies sexual activity. This is the meaning of the anointment of the Holy Spirit.

Then, the dew that circulates in the blood is related with Hod, which is the lymph, the white cells that help to fight the sicknesses and microbes in our organism. That circulates in the blood.

When you transmute your olive oil (which is the fluid of your sexual organs), it circulates in the blood too. So every system relates to every other in that manner, this is how we find the relationship of all of those fluids in an Alchemical manner.

They relate alchemically, even if we do not know about it. However, because we ignore it, man & woman go to the sexual act and lose all the fluids, because the sexual fluid is precisely the synthesis of all those fluids.

Even what we eat down here in Malkuth gives us our sexual energy.

The sexual energy is the outcome of what we think, what we breathe, the impressions we receive, and what we eat. That is the synthesis of all those fluids that relate to the Heptaparaparshinokh, the Law of Seven.

So, did we understand how our physicality relates to all the Sephiroth?

Jesus answered and said to them, destroy this temple, and in three days I will raise it up. Then said the Jews, Forty and six years took this temple in building, and will you raise it up in three days? But he spoke of the temple of his body.

– John 2:19-21

In the Alchemical and Kabbalistic manner, the temple of our body is where all of these forces, all these energies, are involved, which we ignorantly destroy.

Usually, we destroy them, thus we grow old and then we die. However, Master Jesus said, "Destroy this temple," addressing the Sephiroth in his physical body, "and in three days I will raise it up." These three days are symbolic.

When therefore he was risen from the dead, his disciples remembered that he had said this to them; and they believed the scripture, and the word which Jesus had said.

– John 2:22

Now do we understand this saying of Master Jesus? It is not like the common and ordinary people think, "Oh, if I believe in Jesus I will resurrect." Jesus was talking cryptically about the temple of his body, since he knew about this knowledge that we are talking about here.

Jesus knew about the Kabbalistic systems of the body and how they are related with the Law of Seven and the Law of Three, the three primary forces in Taoism—Jing, Qi, and Shen—and the duality, Yin-Yang. Does Jesus explain this Alchemical procedure in the Bible?

Jesus answered: Truly, truly, I say to you, except a man is born of water and of the Spirit, he cannot enter into the kingdom of God. That which is born of the flesh is flesh; and that which is born of the Spirit is spirit. Marvel not that I said to you, You must be born again. The wind blows where it wants, and you hear the sound thereof, but cannot tell from where it comes, and where it goes: so is every one that is born of the Spirit.

Nicodemus answered and said to him, How can these things be? Jesus answered and said to him, Are you a master of Israel, and know not these things? Truly, truly, I say to you, we speak what we do know, and testify what we have seen; and you receive not our witness. If I have told you earthly things, and you believe not, then how shall you believe, if I tell you of heavenly things?

– John 3: 5-12

This is why we always end with Malkuth, by telling you earthly things that relate to our best friend, Martha.

Martha is always here, showing us that if we want a lot of Qi, then we have to know how to feed our physicality.

But, as we have mentioned, we also feed ourselves through the impressions we receive, through our physicality. Yet, the many nutrients needed in order to have a healthy body are in the hands of Martha, which is that consciousness with wisdom, Sophia, hidden in the body that transforms the food in the positive manner so that we can take advantage of Paramartha (Absolute Consciousness).

The Seal of the Cross and Conclusion

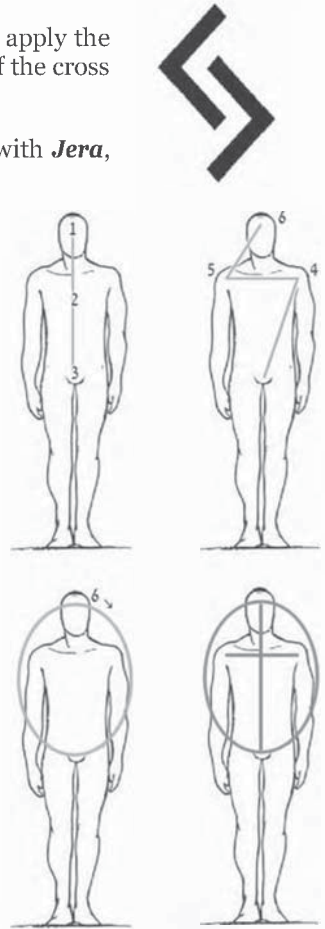
The **Jera** Rune itself is explained alchemically. It is a seal in which we apply the Jing, the Qi and the Shen, when we are sealing ourselves with the sign of the cross and by the Tetragrammaton.

This is a practice of the **Jera** Rune: seals. Any type of seal is related with **Jera**, with those forces: Yin-Yang, the harvesting.

There is, in esotericism, a seal that we have to learn, and which is known amongst the Gnostics. They call it the Seal of the Cross. In this seal, the cross remains in the middle of the circle. This is a seal that protects us. We start with the root of our nose, which is precisely the root of the atom of the Father. From there we say, "In the name of the Father"; then we go into the heart, "and the Son" (because the heart is the kingdom of the Son); "And the Holy Spirit" which is directly related to our sexual glands.

However, in order make the cross, we need to trace the horizontal beam. Pay attention because here is the symbol and the meaning of the next movement: from our sex we lift our hand towards our left shoulder (Geburah – the Spiritual Soul), and from it we trace the horizontal line towards the right shoulder (Chesed, which is also called Gedulah – the Monad). Thus the Holy Spirit remains united with the Son and the Father in the heart (Tiphereth – the Human Soul).

1. "In the name of the Father" (root of the nose),
2. "the Son" (the heart),
3. "and the Holy Spirit" (sexual glands),
4. and then we lift Jing to our left shoulder,
5. and cross it to the right shoulder.
6. Then, we encircle the cross by tracing a circle from our head, down towards the left and up to the right, and say, "By the most holy Tetragrammaton"



What is the Tetragrammaton? It is Yod-Heh-Vav-Heh, the four-lettered name of God. So when we trace the circle, descending towards the left, and ascending towards the right, we are encircling the cross with the famous Tetragrammaton; this is how we are sealing, protecting ourselves.

Many Gnostics perform that seal, but they do not understand why they are doing it. It is the three primary forces—Jing, Qi, and Shen, the cross—enclosed by the circle, by the four elements—fire, air, water and earth.

When we say Tetragrammaton, we are naming the four elements. God (Yod-Heh-Vav-Heh, the famous Tetragrammaton) commands nature in our own body. Thus this cross, this seal, is related with the Holy Trinity in Taoism.

People think that the Holy Spirit is the Heart. They think the Son is in the sex. No, the Son is in the heart, the Holy Spirit is in the sex. Yet, if we understand the movement of that seal, we will understand that we are uniting them in the heart by transmuting the sexual Jing into Qi and Shen.

The Son is in the heart, but for the Holy Spirit to be in the heart we have to descend and to lift it from the sex, because we have to raise the Holy Spirit, which is our sexual energy, Jing.

Remember that when we perform these seals, if we are not sowing our energy correctly, then they take no effect. This is because in order to have an effect, we need to practice Alchemy, and that is the meaning of the *Jera* Rune. It is the Solar Harvesting.

People take care of their solar harvesting, the meaning of the *Jera*, in relation with their outer nature, but here we are Gnostics, and we have to talk about the harvesting inside of us. We have to deal with those energies in order to harvest something good.

If we have a lot of Qi, we can heal, we can use our Qi through our hands, but we have to transmute Jing, Qi, and Shen: we have to be Alchemists in order to save those substances.

If we are fornicators, then how are we going to save Jing, Qi, and Shen? We might save Jing, Qi, and Shen or take them from nature with the Tai Ji dances, and many of the other practices from Taoism. We can also charge our body with the Runes that we teach here. Take the Jing, Qi, and Shen from the atmosphere with the Runes in order to charge your body.

But if you are a fornicator, what are you doing? Charging your body with Jing, Qi, and Shen in order to throw them out in the sexual act; this is just a waste of time.

We have to learn to save energy. Here we learn how the energies are related with the systems of our physicality, because the physical body is the temple of God that we destroy.

Indeed, we are not in the level of Jesus who can say, "Destroy my body and I will resurrect three days after." He was talking to the Jews, which are precisely those Pharisee elements that in this case represent the defects and vices that we have, that destroy the body of God, or the Temple of God, because this is what we do.

We destroy the temple of God in many ways: anger, lust, pride, envy, laziness, gluttony. The Bible talks about how we destroy the Temple of God:

My house (Malkuth, the physical body) shall be called the house of prayer; but you have made it a den of thieves.

– Matthew 21:13

Gnostic Runology – The “Kreuz” or Cross (Historically)

The “Kreuz” or Cross as a Rune According to Friedrich Fischbach (1900)

Not mentioned as a Rune.

The “Kreuz” or Cross as a Rune According to Guido von List (1910)

In his book *The Pictographic-Script of the Aryo-Germans* (1910), List explains the **Kreuz** or Cross through the “Partitioning [*Teilung*]” of the **Is**-Rune. He begins with his description of the **Is**-Rune itself:

Kreuz +

The only one-stroke Rune is the **Is**-Rune | — **Is**, Ice, Iron, Is [*Ist*], Self [*Ich*], the One [*Eins*], the Existing [*Bestehende*] and Continuous [*Beständige*] — God! the One! the Only-One! —

is-Rune | ⊕ |

It is this One, the Only-One, but also the One in the Macrocosm, like the One in the Microcosm, the God in the Self [*der Gott im Ich*] (God in the single Individual, the “Self [*Ich*]”)...

He goes on to give some attributes of the **Is**-Rune’s first permutation:

The vertical | indicates the adeptic-positive-masculine Principle of the Divinity, while the horizontal — as **Tel** symbolizes the mediumistic-passive-feminine Principle of the Divinity...

tel-Rune — ⊖ —

Because it is not a Letter-Rune, the **Tel**-Rune is unpronounceable, and therefore, where it appears as a Rune, denotes the **Is**-Rune in passive use, and is then also read as an **Is**-Rune in the passive Sense.

After this, in order to explain the Cross, List first says the **Is**-Rune radiates down to the Earth through the **Ar**-Rune as the ‘Sunlight-Rune [*Sonnenlicht-Rune*]’. Then the **Is**-Rune radiates back [*strahlt zurück*] through the **Kaun**-Rune as ‘Capability/Expertise [*Können*]’. At that point:

...the Unification [*Vereinigung*] of the ... Divine- or Nature-Principle [*Gottheits- oder Natur-prinzip*] of the | “**Is**-Rune” with the — “**Tel**-Rune” takes place, and this implies the + Cross [*Kreuz*] (*Rod, Ruoth*)...

Since the + “**Rod**” (Cross) was a “Salvation-Rune [*Heilsrune*]”, it was never used as a “Letter-Rune [*Buchstaben-Rune*]” ... although it became a Letter-Rune in two Forms.

The first Form is ‘Compulsion [*Zwang*]’ in the downward pointing **Noth**-Rune, and the second Form is in the upward pointing **Eh**- or ‘Law-Rune [*Gesetzes-Rune*]’.

In high Symbolism these three Runes stand side by side as the “three Crosses [*drei Kreuze*]”, **⚡ + ⚡** and represent the ‘divine Law-of-Becoming [*göttliche Werdegesezt*]’...

This highly-mystical **Ur**-Salvation-Glyph was (like so many other things) also christianized, and incorporated into the christian salvation-symbology in the Depiction of the “three Crosses on Calvary”.



Already the name "*Calvary*" proves this, because it dissolves *kala*-istically into *cal-va-ri*: "*cal*" (to change, to turn [*wenden, drehen*]), "*va*" ('*Fa*' – to do or make [*machen*]), and "*ri*" ('*Rita*' – Law [*Gesetz*]), therefore: "to make-turn or apply the Law [*wenden-machen das Gesetz*]"...

Summarizing, List seems to be saying that the Cross is a Salvation-Rune (not a Letter-Rune) and represents 'the Unification of the active-masculine and passive-feminine Divine- or Nature-Principles'. For him, the Cross is synonymous with the term **Rod** which is one's 'invulnerable Right [*unverletzbar Recht*]' as mentioned in the *Rita*-Rune.

The “Kreuz” or Cross as a Rune According to E.T. Kurtzahn (1924)

In his discussion of the *Is*-Rune, Kurtzahn says:

The *Is*-Rune furthermore forms the Cross-Trunk [*Kreuzesstamm*] as the positive masculine component of the Cross in contrast to the horizontal, negative and feminine Cross-Beam [*Querbalcken*].

The “Kreuz” or Cross as a Rune According to R.J. Gorsleben (1930)

In discussing the *Hagal* Rune (*Ha-Gall = Gall-Ha*), Gorsleben says:

For the true wise one, and the person who is knowledgeable about God, Christ is neither human nor God, but a symbol of the God-Man in its earthbound entanglement. Only the poor intellects ask for time and place of his birth.

The *Ur*-Christ reaches back in time much farther than the beginnings of the "historical" Christ, and this should be the essential result of the research, no matter how well-founded the individual facts may be viewed.

Like Christ, Wodan hangs on the World-Tree and "consecrated myself to myself!"

This World-Tree Cross, this "wood" is nothing else but the Cross upon which the 'son of God' "dies". The Christ hangs on this World-Cross in the universe, and people who believe the letter have never understood the language of parables, which is noticeable in the myth of Christ.

Now the "Christians", for nearly two thousand years (since the supposed physical death of an executed person), have not grasped the deeper meaning of this symbol. These "Christians" and this "Christianity" truly have to perish so that it will be possible for humans to again achieve the state of being the 'son of God' and a higher state of wisdom by means of the daily self sacrifice.

Whosoever cannot and does not want to sacrifice themselves will never come "to the father"; this is what the image of Christ on the cross wants to impart into us.

We have to understand and have the insight that we are led collectively towards a new process of "Christianization", of crystallization, of becoming **Krist** (in an supra-denominational meaning) which is related to **Ur-Law**. This is the high teaching of providence and the genuine goal of life for a humanity who is striving in an upward direction.

This path of Cosmic "Christianization" did not begin a few centuries ago, but existed long ago. It reached heights of success in earlier times, from which heights we sank down just in this era of the Christ during the Piscean age.

The death on the Cross is the mystical death which precedes the spiritual rebirth or new birth. "Unless you become like the children, you cannot gain the kingdom of heaven".

The sacred symbol of death on the Cross is an eternal task that all of us have to fulfill, every person for him or herself. One can only do it for all, when all do it for the one.

The All-One "Christ" is One in all of us: what a beautiful and elevated meaning!

The "Kreuz" or Cross as a Rune According to S.A. Kummer (1932)



The high-holy Cross, **Kreuz**, the Initiate's Rune. The Symbol of the Cosmic **Ur-Fire**. – No numerical value given.

"Climb high to the Mountains, Peace in the Heart,
Closer to the **Ur-Force** [**Urkraft**]; now look down to the Valley!
Take up the Cross, forget all the Pain;
Envelop yourself, like Christ, a holy Multiplication."

Rune, '**runa**' means "secret Whispering, secret Counseling". In old northern Germanic it is '**runar**' "Rune-Realization, Wisdom, magical Word-Order". It is related to the Anglo-Saxon '**runian**', the English '**roun**', Old High German '**runen**', and Middle High German '**runene**' meaning: "to murmur", as in a "Mystery/Secret" or "to say secretly".

Related to this, the Templars gave us the following in the **Zohar**:

"When **Alfator** (All-Father) the Hidden-One [**Verborgene**] wanted to reveal himself, he began to make a luminous Point. Before that bright Point had Broken-Through and Emerged, the Infinite-One [**Unendliche**] was quite hidden and did not spread Light."

Our Ancestors, who told us about it, symbolically depicted this Becoming [**Werden**] as the following drawing shows:



Through this Symbol, All-Father's Will in Space [**Weltall**] – as well as the Revelation of his Will in the Depths of Eternity is implied. – Then All-Father sent his Spirit-Ray [**Geistesstrahl**] up and down from the Point. Thus commenced the Beginning of Time, of all Things in the Eternal.

The horizontal Ray indicates What-Is-To-Come and What-Has-Been, while the vertical Ray in a Circle means the Spirit of the all-pervading, the 1, the Beginning of all Things.

As the divine Spirit-Ray blazed through the cosmic Nebulae, upwards and downwards, forward and backward, it also blazed out sideways, to the right and to the left. Three Dimensions in Space – Length (or Depth), Width and Height – were now inherent in the cosmic Bodies. The intersecting Spirit-Ray of All-Father had brought it into Existence.

The Spirit of the Blazing-Cross made the World tremble, setting the Ether in Motion and creating Oscillation/Vibration [*Schwingung*] in the Universe.

The divine Fire [*göttliche Feuer*] in the Cosmos had burned through the four Arms of the Spiritual-Cross of All-Father, of which the Edda says "without something that burned, it burns without end".

It is the high-holy Cross, the Character of which was abused in former Times and even today. Through corruption and degeneration, the holy Cross-Rune [*heiligen Kreuzrune*] became the Character-for-the-Multiplication of Materialism [*Malzeichen des Materialismus*], the Character of black Magic and Selfishness/Egoism [*Egoismus*].

Nonetheless, the Holy Cross is the Rune of the Initiate [*Rune der Eingeweihten*], of the Grail Knight [*der Gralsritter*], and the Character of wise Magic [*Zeichen der weisen Magie*].

Kummer says that he "cannot explain the whole Mystery/Secret of this high Rune because many Vibrations [*Schwingungen*] and inner Sensations are such that they cannot be expressed in words. We must look at the Rune-Position of the holy Cross as a Receiving-Station [*Empfangsstation*] in which high All-Waves and Sensations flow in and out."

To consciously receive and use these high Waves through Rune-Postures is the true way of the wise Magician, of the Initiate [*Eingeweihten*], who in one's Spiritual-Core [*Geisteskern*], the Spark-of-God [*Gottesfunken*], is fathoming the high All-Waves. These Waves are used for one's Higher-Development and to strengthen one's Willpower. Then, with one's Body fully mastered, one thereby reaches true Liberty and becomes a Divine-Human [*Gottmenschen*].

So also Wotan, as he descended from the World-Ash-Tree and found the Runes, became Master [*Herr*] of himself and shined in conscious Spirituality [*bewusster Geistigkeit*]. Christ died on the Salvation-Rune [*Heilsrune*] of our Ancestors, the Cross, in order to always remind us of high Spirituality and to remain as a Guidepost to God, All-Father.

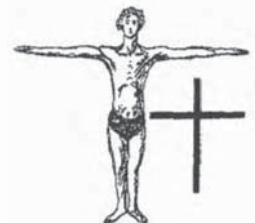
Dear Brother, dear Sister, the Rune-Positions make/set [*machen*] you free. Therefore say daily:

"My Inner Being [*Ich*] is full of Willpower and Force.
My Inner Being [*Ich*] is full of noble Spirituality.
My Inner Being [*Ich*] rules my Soul, my Body.
My Inner Being [*Ich*] is indestructible and eternal!"

Full Body Rune Exercise(s):

The Student should visualize themselves on a Hill, a Mountain, or at the center of open Land (a Field, Heath, Meadow, etc). Take up the *Ich*-Rune Position facing North and do the aforementioned Breathing-Exercise. Then extend both Arms sideways so that they depict the above human Cross as shown (palms down).

No Sound-Formula is given (which implies silence), although the Student may want to use one of Kummer's Poems for this Rune (given above).



Now one tries to feel the immense Heights and Vastness above and around oneself. The Waves which pulsate from East and West through his Arms and Body, meet with the Universal-Waves [*Alhwellen*] that flow from above through the Back-of-the-Head, in the upper Chest, in the Thymus-Gland (which is also called the 'Heart of Jesus'). The Student will perceive one of its Sounds.

The Waves now flow through one's Spinal-Cord and speak strongly in the Sympathetic-Nervous-System and in the Solar-Plexus (which is located in the Pit-of-the-Stomach). The so-called 'second Brain' comes into Activity; one's unchangeable innermost Self [*umwandelbares innerstes Selbst*], one's eternal Essence [*ewige Wesenheit*] will make itself felt.

Remember: We must look at the Rune-Position of the holy Cross as a Receiving-Station in which high All-Waves and Sensations flow in and out.

Hand Rune Exercise ('Mudras' or "Rune-Grips"):

Kummer does not give a Hand Rune practice for the Cross.

Additional Note: Kummer's Comments for the Practitioner

In this same chapter on the *Kreuz* or Cross-Rune, Kummer also says the following:

In the evening, when the Student lets all the experiences of the day pass before their mind's eye [that is to say: they do the Retrospective exercise], they use their memory and recognize the mistakes made. One must be serious about doing better in the future.

Also, the Student always keeps in mind that they want to become an Initiate. Therefore avoid all sensual, sexual thoughts [that is to say: lust]; these thoughts have an effect. One's thoughts must always be directed towards ethical development, then success in all exercises are greater.

The Student is always eager to be kind and friendly to others. To train one's willpower, the student will communicate and speak with unsympathetic people and be friendly and cheerful, but never excited, because the calm one is always the stronger one.

The Student must also awaken in him- or herself an insatiable Longing for the *Ur-Phenomenon* of all Phenomena, for the Focal-Point of all Being, for the Mystery of all Mysteries, for the Sublime-Holy Divine. This Longing, which is becoming ever stronger in them, will drive them to come closer to the high Ideals and thus to develop the highest Virtues in themselves. Their ardent Yearning must focus primarily on All-Knowledge, Harmony, Brotherhood/Sisterhood and Philanthropy.

The Student takes the example of a high Divine-Human as a Role-Model, for a Symbol is a Kind of hypnotic Cue which suggestively evokes infinitely high Mental-Images and thus considerably strengthens the Longing in the Practitioner. Such a Symbol possesses a magical Force that can never quite be described in its final Depths.

Runes depict the conscious Spiritual-Human [*bewussten Geist-Menschen*] who's highest Perfection is in the Divine-Human [*Gottmenschen*]. We are a Spark of the great Fire, a Flash/Glow [*Schein*] of the immeasurable Light, a very small Part of the indescribable, immeasurably great Universe [*Alls*], above which, however, is the great Mystery/Secret... This is the All-Father, God.

Gnostic Runology – The Cross and its Practice

The Cross According to Huiracocha

Exoterically, the Cross is matter, and esoterically it is the Light...

...Let us take our imagination to the Cross. Here we also have the vertical beam traversed by the horizontal beam.

If the vertical beam represents the God-Man, then the Horizontal beam instead, symbolizes the Demon or negative principle.

The Cross teaches us that we are a mixture of God and Demon...

...The current that we have learned in the zodiacal course (which comes from above and stops in the heart) is the one that waits for the current from the earth from below to rise in order to form a single, unique current.

From above, the celestial forces arrive. From below, the sexual forces. When both are united, transmutation enters and becomes pure divine essence. Such is the Cross.

A beam comes from above, another ascends from the earth, while the transverse beam joins both and makes the vertical, horizontal current...

...Now the symbolic importance of the Christian Cross is comprehended, since this Cross is only a symbol of death for the exoteric Christian, whereas for the esoteric Christian or Initiate, the Cross... as Generation, is the ultimate symbol of Life.

Almost all practices related to the Runes have been lost over the centuries. Only one has been kept alive, which is the practice of the Cross.

We see in all the occult practices, in the Legends and even in History, that when Evil (the Devil) persecuted humans, they made the sign of the Cross, and Satan fled.

This is not a preconception, it is real, since the Cross or the sign of the Cross, certainly has a real value.

We have been led to believe that the Devil was a coward and that he persecuted his victims, until the Knight took his Sword by the blade showing the cross.

Both in sleep as when awakened, we make the sign of the Cross and it is a beautiful custom that has prevailed in all Christian Churches, but those who call themselves “believers” take this into practice mechanically like a routine, as a S.O.S. for the being in danger and suppose that it only has a religious value.

It is not thus.

The Cross is a symbol of High Magic, it evokes Life, and God within ourselves and if we make it consciously, it has an even greater meaning and becomes most powerful.

We do not need to give special instructions because everyone knows how to make the sign of the cross and it speaks to the student of Magic, who wants powers, who yearns for help from the Invisible, since to make THE SIGN OF THE CROSS is always a call to the superior forces. Amen...

The Cross According to Samael Aun Weor

Intimate Self-Realization, the Second Birth, becomes something impossible without Sexual Alchemy, without the sacred mysteries of the Cross.

Gnostics know very well that the *Ens Seminis* is contained within the sexual endocrine glands and is the “Water of Life”, the “Fountain of Immortality”, “Elixir of Long Life”, the “Nectar of Spirituality”, etc. Intimate Self-Realization is exclusively rooted in the medulla and the semen. If someone tells you that it is possible to achieve Self-Realization without the Holy Cross, that is to say, without the sexual crossing of two people, then they lie.

...People have already forgotten the runic practices, but fortunately the CROSS Rune has not yet been forgotten...

For the Gnostics, the Cross is not, by any measure, a conventional symbol, but the representation of an invariable Law, which covers (without any single exception) the entire gamut, the entire range of the actions of Nature.

Whoever studies the fundamentals of chemistry knows that the reaction of the elements happens only when they are crossed with others; for instance, H₂O, the chemical formula of water, is simply the crossing of two molecules of hydrogen and one of Oxygen. So water, this precious fluid indispensable to organic life, is the outcome of the Cross.

The power in order to produce water, this is a Cross (or a Crossing) of hydrogen with oxygen.

The harmonious march of a system of worlds depends on the cross – the magnetic point where the two forces (centrifugal and centripetal) are found equilibrated.

Therefore, the power which supports the worlds is in that magnetic Cross of space.

A masculine cell (named zoosperm) is crossed with a feminine cell (named ovum) in order for the human entity, the outcome of this cross, to emerge.

Consequently, the human being is the outcome of the Cross (or a Crossing) of a masculine zoosperm with the feminine ovum.

Nothing can come into existence without the power of the Cross.

The sincere and ideal shaking of hands crosses and harmonizes the mutual affection of two people.

Therefore the Cross of the handshake originates the living affection between two souls.

Walking on the street, a handsome youngster finds an attractive damsel; they glance at each other, and from that prodigious, subtle and impalpable Cross (yet palpable in its magical power) affection, love, is born, which later organizes a home. Their Cross will produce astonishing effects, such as the multiplication of their species, the grandiosity of a country, and perhaps the birth of a new genius who will increase the progress of science or philosophy for the sake of the world.

The magnetic crossing of two views shows and demonstrates that the power is in the Cross.

A seed is introduced within the earth and it crosses its power with the chemical elements which constitute the structure of the planet; thus, trees, flowers, fruits and new seeds are produced, which will eventually increase their species and multiply them ad infinitum . Therefore, the power is in their Cross.

Nothing new can exist, nor can the old be transformed without the Cross. For such causes, we the Gnostics, know precisely the power of the Cross and this is why we offer reverence to the Cross. This reverence to the Cross is not based on a belief, but on an absolute and immediate knowledge.

We, Gnostics, are mystics of the Truth and are always willing to know all things, leaving aside (as a worthless thing) any type of belief, since belief makes a person foolish, stupified, and unconscious. Audacious people always take advantage of stupidity and unconsciousness, in order to govern and command the naive crowds, who as sheep follow their chiefs, who are as stupid and unconscious as the crowds.

The cause of all the events of nature is in the Cross, and exceptions do not exist in this.

When someone reveals some philosophical, social or scientific idea, it is crossed with the ideas of those who listen, and this is how new reactions are produced, either for finding the truth of what the speaker presents, or rather (if his knowledge lacks a good foundation) to reject his pretensions of being a sage.

Therefore, intelligence is tested and truths are discovered through eliminating what is incorrect, by means of the crossing of ideas.

When our sight is crossed with a being or object, an experience about beings and things is acquired.

The protean substances of the food that we ingest, when they are crossed with our physiological, cellular life, produce crossed reactions that renew the life of the worn cells and create others new.

If the substance is not good for our organism, then the biochemical crossing of the substance with the secretions of our specific internal organs produce reactions in order for that substance to be properly eliminated from our organism.

The Cross encloses the mystery of all imaginable powers, whether these are physical, intellectual or moral.

A person who can find some philosophical, scientific, or rational fact, which does not depend on the power of the cross, does not exist. Thus, once again we can emphatically affirm that the power is in the Cross and that the natural and scientific Cross of the Gnostics has nothing to do with beliefs nor with any such instruments of torture.

The Cross of the Gnostics is the power of the Universe constructing atoms, molecules, cells, organs, organism, worlds and any system of worlds.

The intellectual aspect of Gnosis is the outcome of the crossing of luminous ideas, which produce new states of consciousness.

In the moral or emotive aspect, the power is in the Cross that produces all the marvelous sensations that ennoble and dignify the soul.

Likewise, when musical melodies cross with the psychosomatic hearing capacities of the one who listens, a beautiful manifestation is produced within the sensibility of the soul, producing a harmonious, internal sensation as the outcome of this precious Cross of sounds.

When a person crosses his sight with the natural beauty of a flower, or a man crosses his sight with the natural beauty of a woman, feelings of divine inspiration appear within the soul; these feelings reveal unto the consciousness the utmost sources of perfection which are found in the harmony of forms.

When thought is crossed with feeling, then the human being is not only in perfect harmony with himself, but moreover, he has more capacity to confront with success the labor which he is willingly doing.

It is necessary to think as a philosopher and to feel as an artist, because the magical, enchanting amalgam of the soul of the true Superman emerges from the precious cross that unites the elevated thought of the philosopher with the divine sensibility of the artist.

This Cross of thought and feeling, in a perfect harmony and concordance, is what allows the development of the mystical and spiritual sides of existence.

Blessed and divine Cross, in thy precious structure is found hidden all the mysteries of Nature and of Life.

Gnostic Runology – The “Kreuz” or Cross (Historical Supplement)

Peryt Shou’s “New Will” and the Runes

In 1920, an author named Peryt Shou published an interesting book entitled *The ‘Edda’ as Key to the Coming Age! [Die “Edda” als Schlüssel des kommenden Weltalters!]*. This appears to be the first publication of a specific exercise associated with the Runes.



Most of the book is related to the † **Not-** or ‘Need’-Rune and its significance. However, the German word **Not** can be translated in a variety of ways: “need, want, distress, misery; necessity, emergency, trouble, urgency, difficulty, danger”, so it is not as simple as the English ‘Need’...

Shou connects **Not** with Schopenhauer’s concept of Willpower [**Wille**] and references the book *The World as Will and Imagination*. For Shou, this ‘new Will’ [**neuen Willens**] is not Craving or Desire, but a “constructive Force in the Universe that works in a Divine way...”

He goes on to say that the Swastika is the Solar-Wheel, the Sign-of-Salvation, and the High-Need-Sign (or High-**Not**-Sign):

“It is the sign of the Sons of Mercury (**Odin**)... which opens the Gates of their spiritually-divine Power and they respond to those with knowledge of the **Yggdrasil** [World-Tree] with Streams [of energy or All-Waves].

This is the Esotericism of Wuotan. It is none other than the **Intelligentsia Mercurii**, and interplanetary Radio-Network that Broadcasts to us from the planet Mercury...

Whosoever understands how to “turn” it possesses the Secret of the “Brothers-of-Hermes” [**Hermes-Brüder**], the secret of the **Ygg-dra-sil**, of the World-Cross (the **drasil**-Cross, the Gallows) and of the World-Tree! Wuotan descended from it, and he knows about the Law of **drasil** (the Generation of “Salvation” through “turning”)...

Wuotan is not an Individual-Being in the human Sense, but rather he is the Community of the Brothers-of-Hermes, who bear the concealed Name: “League of Truth”. (In this name the movement of the Wheel occurs.)”

Shou then refers to a special posture, which he says “corresponds to the “Guardian of **Yggdrasil**” or [to the “Guardian] of the Tree-of-Life””. The corresponding posture is to stand up with the arms out the sides and palms facing outwards. This Guardian, he says:



“speaks the holy Word of Disenchantment and [of] Liberation from the Tree-of-Heaven here under the “eight-fold Star”.

Through the magical Power of a sacred Gesture, the Solar-Word frees and, in a living way circulates through the Body and thus delivers the one who is “Crying out in Need [**Not**]”...”

- from Part II, Section 1 ‘The Secret of the Ninth Night’

Thus, Shou is saying that by using the † **Not**-Rune (which he says is related to understanding the “new Will” and his “Ninth Night” practice) we can “tune in” to the “Send-Waves” [**Sendewellen**] from the Brothers-of-Hermes and come under their protection. He goes on to say that the Brothers-of-Hermes answer the “Call-Waves” [**Rufwellen**] of the mantram “Æpandi nam”.

The Practice of the “Ninth Night” According to Peryt Shou

This is mantram is a phrase that comes from a section of the epic poem *Havamal* called the *Rúnatal*, stanza #139. In the previous stanza, Odin/Wodan explains that he hung for 9 days on the “windy tree” before he received the Runes, a tree “of which nobody knows from what root it arises”. Then Odin/Wodan tells us:

<p>They dealt me no bread, nor drinking horn. I looked beneath, <u>I took up the runes,</u> <u>crying out, I took them up,</u> and fell back from there.</p>	<p><i>Við hleifi mig seldu né við hornigi, nýsti ég niður, nam ég upp rúnir, æpandi nam, féll ég aftur þaðan.</i></p>
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This phrase is divided into 2 parts:

- 1) ‘**Æpandi**’ meaning “Calling/yelling/screaming/crying out” and
- 2) ‘**nam**’ meaning “I took them [up]” or “I learned them”.

Thus, Odin/Wodan ‘took up’ or ‘learned’ the runes by ‘Yelling/Calling’ them.

Let’s take a look at how Shou says we should combine this mantram with “sacred Gesture” (palms facing outwards):

Short Practice:

A very brief version of Shou’s “Ninth Night” Practice is as follows:

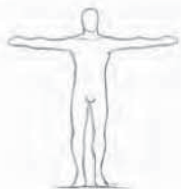
- a. Take up the Cross position (Arms laterally stretched out like an antenna) and pronounce the mantram “Æpandi nam”, pronounced “Ap-And-I Nam” or “O-Pan-Di Nam”
- b. After speaking the formula, lower arms (palm on the hips, elbows at a natural angle).



Repeat the formula.

Longer Practice:

- a. Start in the Basic *Is*-Rune position and pronounce the first part of the mantram “Æpandi nam” (“**Aaaaaaaaap**”) while visualizing the energy rising from the feet up to the center of the chest (Thymus gland).

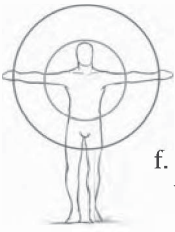


- b. Then take up the Cross position (Arms laterally stretched out like an antenna) and pronounce the second part of the mantram “Æpandi nam” (“**Aaaaaaaaannnnnd**”, **emphasizing the “AN”**) while visualizing the energy going from the center of the chest out to the palms of the hands. You may notice a slight prickling sensation in the hands.



- c. Now, while still in the Cross position, pronounce the third part of the mantram “Æpandi nam” (“**Iiiiiiiii**”) while visualizing the energy rising up to the crown of the head.

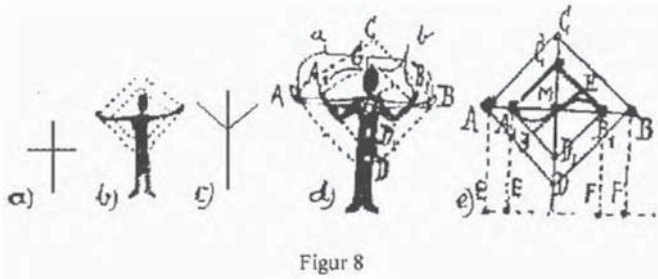
- d. Repeat these 3 steps (a,b,c - including the corresponding mantrams) and gather up energy into the body. If you need to rest, temporarily place the hands on the hips, before returning to the Cross position for steps e,f,g.




e. Once you have the energy gathered enough, then visualize it circulating around (from right to left) making a large circle (with the distance of the outstretched palms as the diameter of this circle). This is the activation of the “Antenna” enabling communication with the “Brothers-of-Hermes”.

f. As a result of the circulation in the previous step, another smaller energetic circle will be established (from the crown of the head, to the elbows, to the solar plexus) and which also circulates in the same way (from right to left).

g. Hold the Cross position as long as possible, pronouncing the mantram “**Ap-And-I**” and doing the visualization. When you can not hold you arms up anymore, then place them on the hips and pronounce the last part of the mantram “**Naaaaaaam**”. With this a third circulation begins (another smaller circle from the center of the chest to the creative organs) which also circulates from right to left.



Figur 8

According to Shou, “the awakening of the  **Not-Rune** excites new powers in the human mind, opening the hidden channel in the heart and the voice of the World Spirit as a great, invisible, spirit community.”

Gnostic Runology – Summary and Conclusion 1

From Germany to the Americas: Rune Practices

As we have seen, beginning in the mid to late 1800s, the *Völkisch* movement helped promote the study of the Runes in German-speaking countries. This was given significant boost in 1906 with the publication of Guido von List's Runic concepts, which very soon became popular. However, Friedrich Fischbach's 1900 booklet on the Runes may have been the origin of many of List's core concepts. Nonetheless, List's main 18 Runes (the so-called "Armanen" Runes) were the basis of an attempted synthesis of all Runes into a single system, which then became, arguably, the most influential Runic system of the 20th century.

Over the next 25-30 years, other German-speaking authors then built off of List's concepts, publishing their own perspectives in the 1920s and 30s. These included body- and hand-postures imitating the shapes of the Runes as well as mantras that go along with them. However, this phenomenon was almost completely unknown outside the German-speaking world, until...

Somewhere between 1931-35, when German Esotericist, Freemason and Rosicrucian, Arnaldo Krumm-Heller (Huiracocha) began to share some of this rune information with the Spanish-speaking world. Having clearly been inspired by Peryt Shou, E.T. Kurtzahn, S.A. Kummer and others, Huiracocha sent a correspondence course (known as the "Runic Course", "Course on Rune Magic" and "Esoteric Course on Runic Magic") to his FRA schools in Central and South America. This Runic Course included not only Huiracocha's understanding of the Runes, but also their associated body-postures (many similar to Kummer's Rune-Exercises).

At some point before 1950, at an FRA school in Columbia (probably in Bogotá), the FRA Runic Course was taken by a young man studying Huiracocha's Rose-Cross system and who would later come to be known as Samael Aun Weor. After sharing a few of Huiracocha's Runic Exercises in 1954 (in his book *Igneous Rose*), Samael Aun Weor published his own explanation of Runes and their corresponding practices in December of 1968 (in a Christmas Message known as *Magic of the Runes*). This also stimulated interest in the Runes for the Spanish-speaking world.

At the end of the 1900s and the early 2000s, many of Samael Aun Weor's books were translated into English. This has, likewise, stimulated interest in the Runes once again and, with it, interest in the origin and history of the associated Runic-Exercises.

The Runes as Characters that Symbolize Religious-Concepts

Beginning in 1900, with Friedrich Fischbach, many of the authors we have studied considered the Runes as more than just 'letters'. Fischbach was a textile designer and instructor, who studied ornamentation of the ancient world throughout his life. As a result, he says he discovered the relationship between multiple cultures, and with Fire-Worship (the "most prominent" of the ancient religions).

As Fischbach explained in his book, the symbols of Fire-Worship center around a few themes that are also found in ornamentation, such as: the Divinity, the Divine Light, the Fire-Drill, the Fire-Altar, holy Altar woods, the Fire-Flower and the Fire-Bird. Thus, Fischbach tells us, the Runes correspond to fundamental Religious-Concepts and the oldest Runes grew from the same Root as the oldest Ornaments: Fire-Worship. What has been emphasized with the Runes, he says, is not beauty, but the best possible simplicity and abbreviation for their everyday use. This is why, he continues, the Runes have remained simple, suffering little alteration through time.

Furthermore, he says Runes were used as “Protection-Signs against demons and are found in connection with Magic-Words and Incantation-Signs [Zauberworten Beschwörungszeichen]”. Yet, the Runes were not considered to be Magic-Formula [*Zaubermittel*] in and of themselves, but only became magical through Incantations or Magic-Sayings [*Zaubersprüche*].

These sacred Songs/Chants [*heilige Gesänge*] and Magic-Sayings are closely connected with the Runes through alliterative Rhymes. These Rhymes had their origin in the Religious-Concepts of Fire-Worship and may have also been used as a memory aid or mnemonic for Religious-Concepts that alluded to Universal-Secrets.

Fischbach’s ideas were not only specific, but also seemed based on a lifetime of research and experience. His ideas about the Runes were intriguing, to say the least.

From Fire-Worship to a Rune-Centric Religious System

Around 1906, Guido von List started publishing articles about his understanding of the Runes. We don’t know if List read Fischbach’s booklet on the Runes, but List seems to have a number of concepts similar to those given by Fischbach as part of the foundation of his Runic Philosophy.

In the following years, List’s ideas were so popular that an organization was created to publish his works and support him sharing more of his philosophy. With this, we see the development of his so-called “Armanen” system.

As can be seen in List’s 1910 book *The Pictographic-Script of the Aryo-Germans: Aryo-Germanic Hieroglyphics*, a complete system of creation and existence is given, which is explained through symbols (beginning with lines & circles) and associations with Mythological systems (especially Nordic Mythology). The symbols are then connected to the Runes and used to explain their ‘root(s)’ in one way or another.

In 1914, List published *The Primordial-Language of the Aryo-Germans and their Mystery Language*, and gave his esoteric theories on the hidden meanings of sound. He combined Runic shapes with sounds and put them into groups. He then detailed the association of certain combinations of sounds with a given Rune and their esoteric meaning(s). This system he called the “*Kala*” and claimed it was the key to understanding the hidden meaning behind many words, both ancient and modern.

In 1920, Peryt Shou publishes his booklet *The ‘Edda’ as Key to the Coming Age!*, where he gives what are said to be the body postures and accompanying mantras. Regarding this, Runologist Karl Speisberger said in 1958: “Peryt Shou, who has probably given us the best Insights into Mantramistics, brings mantric Postures in his Writings which ... are unmistakably Rune-*Asanas*”. Through these practices, Shou tells us that one can receive esoteric or occult information.

Then, sometime during the 1920s, the Austrian physicist and painter Dr. Teltscher presents the view that Runes are the symbolic Representations [*symbolische Wiedergabe*] of cosmic “Currents-of-Subtle-Force [*Feinkraftflüsse*]” in his magazine *Hag-All=All-Hag*. This idea seems to have influenced many Runologists, including Gorsleben who quotes Teltscher’s explanations.

In 1924, E.T. Kurtzahn publishes his book on the Runes, *The Runes as Salvation-Signs and for Unbinding-Fate*, where he tries to explain things from a Gnostic-Christian perspective. In it he highlights the ‘Gnostic Marriage’ and seems to hint at the Karezza or White Tantric method being hidden in the message of the Runes. Details on the ‘Gnostic Marriage’ are explained in his 1925 book *The Gnostics or the Invisible Church*.

In 1931, F.B. Marby begins publishing his multi-volume work: Runic-Writing, Runic-Words, Runic-Gymnastics [Runenschrift, Runenwort, Runengymnastik] . In it he says that there are 5 different zones of “The Lodge of World Space” which have different types of energies and suggests that the Runic Exercises are able to assist in the extraction of these energies.

When we add all this together, we can see a Rune-Centric spiritual system that seems to have developed through the following key concepts:

- **An Ancient Universal Religion:** Fischbach’s idea of Fire worship as the universal religion and List’s Armanen ‘religious’ system
- **Rune Sounds (“Songs”):** Fischbach’s explanation of sacred Songs/Chants as the keys to activating the magical attributes of the Runes, combined with List’s association of sounds with the Runes and their related shapes (the “*Kala*”)
- **Mantras and Body Postures:** Peryt Shou’s esoteric exercises combining body postures (which seem to be Runic) with mantras, and which he called “Mantramistics [*Mantramistik*]”
- **Runic Shapes as Cosmic Formulae or Archetypal Structures:** Teltscher’s concept that Runes are shapes which show different types of energy currents
- **White Tantra:** Kurtzahn’s association of the Runes with the “Gnostic Marriage” or “Karezza” as the key to understanding the deeper meaning of the Runes
- **Energetic Cosmology and Runic Body Postures:** Marby’s concept of different “Zones” of World-Space (which each have their own type of energy) and that through Runic Exercises one can tap into these different energies.

All this gives us fertile ground for a number of other Runic authors to share their insights or discoveries. By the mid to late 1920s and the early 1930s, along with the popularity of Magnetism (and the roots of what is now called ‘energy work’), we have a new Runic Philosophy that seeks to unite the Runes with the Life-Force of the Universe.

In the Runic Exercises of S.A. Kummer, we find a very interesting combination of concepts that sets them apart. Both Kummer and Marby emphasize that the human being receives ‘waves’ from the cosmos and that the Runic Exercises assist us in receiving and processing these waves. They have also suggested that the values extracted from these waves are useful for both individual and collective advancement of human beings. A similar concept is emphasized by Gorsleben, who sees the Runes as the key for progress, as illustrated in the title of his book “*The Peak-Time of Humanity [Die Hoch-Zeit der Menschheit]*”.

Runology from German into Spanish

According to an interview with his son: After moving to Marburg, Germany in 1920, Huiracocha bought a printing business that same year. Over the next 5-10 years, this business seems to have published some of Peryt Shou and Kurtzahn’s books. So we can assume that both these authors influenced Huiracocha (and maybe even vice versa). Additionally, we know that Huiracocha read Kummer, because he mentions Kummer and his book “*Heilige Runenmacht (Holy Runic-Power)*” by name in [an article](#) published in Chile in 1936, where he also mentions Kurtzahn.

So it is clear that Huiracocha is familiar with these occultists’ concepts and that they influenced his understanding of the Runes, and therefore his FRA Runic Course. Many of the Runic Postures given by him are very similar to Kummer’s. Since the Runic Course was not public, we can also assume that it was accompanied by additional instructions, either verbal or in another document (like a personalized letter).

In a 1987 book *The Teachings of the Ancient Rose-Cross Fraternity [Las Enseñanzas de la Antigua Fraternidad Rosacruz]*, we can find additional instructions on the Runic Practices. It was compiled by a former leader of the FRA in Spain, a few years after the closing of all FRA branches in 1984. He explains in the Introduction that he decided “to publish them in order to preserve them for posterity, since if they remained in the hands of very small groups of initiates, united by the oath of secrecy, [then] they would end up disappearing little by little [along] with them... The same has happened with a great number of esoteric writings and teachings in the past, which, having been enclosed in hermetic circles, died along with their custodians and were lost forever.”



This book has chapters with Astrological practices (that seem to complement Huiracocha’s Zoidal Course), as well as one with Runic meditations and practices. An English translation of the Runic chapter of this document is available in the Appendix of *Gnostic-Rosicrucian Runology*. The Meditation sections are summaries of Huiracocha’s explanations for each Rune or attempts at further clarification for them. However, the Practice sections fill in the gaps where the Runic Course only hints at the exercise or more details are given about when/how the FRA taught they were to be done. Although, in some cases, the practices are different from those given in the Runic Course...

If we include the explanations for the Runic Practices from *The Teachings of the Ancient Rose-Cross Fraternity*, then we can say that the practices are almost identical to Kummer’s for about half of them (at least with respect to the posture and/or the mantrams given). The exceptions are for the **Ur**, **Os/Othil**, **Ka**, **Hagal**, **Not**, **Is**, **Sig**, **Tyr**, **Yr**, **Ehe**, and **Gibor** Runes, where most seem to be based on Kummer’s posture, but a movement is simply added to it.

The Rune practices that are unique to Huiracocha are the following:

- Ur** (crouched down with arms forward),
- Os/Othil** (alternating between shapes),
- Ka/Kaun** (one arm raised instead of two),
- Is** (arms raised vertically above the head),
- Not & Ehe** (alternating between Kummer’s postures),
- Sig** (drawing the Rune’s shape with index finger), and
- Tyr** (bringing the arms up into the **Is**-Rune position and then down into Kummer’s **Tyr** position).

Huiracocha’s **Hagal** practice is to gaze at the Rune’s shape on paper (which Kummer gives as a secondary practice) or *The Teachings of the Ancient Rose-Cross Fraternity* gives two simplified **Hagal** body postures composed of the **Man**- and **Tyr**- or **Yr**-Rune positions. For **Gibor**, the practice is either to make the sign of the Cross with the fingers or *The Teachings of the Ancient Rose-Cross Fraternity* gives the posture as kneeling with arms out sideways (forming a cross).

Runic Practices: From Germanic to Rosicrucian and Gnostic Mysticism

As we have seen, starting in approximately 1935, Samael Aun Weor studied at an FRA school in Columbia, most likely Bogata. He speaks highly of his experiences there (see Ch. 5 of *The Three Mountains*), of Huiracocha and of his Runic Course. Although Samael Aun Weor did not publish his “*Magic of the Runes*” book until 1968, he did give some Runic practices in his other books, starting in 1954 with *Manual of Practical Magic* and *Igneous Rose*.

Samael Aun Weor's Runic practices are, for the most part, similar to Huiracocha's (again, at least with respect to the posture and/or the mantrams given). Like Huiracocha, his prayers/affirmation for a given Rune are different, but the postures themselves are certainly similar. In his books, Samael Aun Weor does not give a practice for the *Ka/Kaum/Kaun*, *Man*, *Yr*, and *Ehe* Runes (although his *Not* Rune practice includes the *Ehe* Rune posture). His *Hagal* Rune practice is somewhat unique, although he gives the same practice of gazing at the Rune's shape mentioned above, but he also gives a series of mantras or magic words in the Nahuatl language.

However, where Samael Aun Weor really helps us is with his profound explanations of the Runes, as well as with his explanation of the origin of the Runic Practices themselves. Regarding this, in *Igneous Rose* he says:

“In his Course of Runic Magic, the Master HUIRACOCCHA teaches all these things [referring to certain Runic Exercises]; however, the sacred Runes are not the property of Master HUIRACOCCHA, because **this knowledge is as ancient as the world and belongs to the great Schools of Internal Mysteries.**”

This explanation seems to be consistent with the idea that Shou, Kummer and Huiracocha also mention: the Runes put us in contact with the Internal Worlds.

Comparison of Runic Postures

On the cover of Samael Aun Weor's 1968 Rune book, we see a graphic with body-postures that look very similar to Kummer's Runic-Postures (see graphics below). However, because it is unlikely that Samael Aun Weor spoke German, then we must assume that Kummer's Rune-Exercises (with some modifications) were passed on to the Spanish-speaking world through Huiracocha's Runic Course and that Samael Aun Weor was familiar with them through his studies in the FRA.



'Runic Hexagam' drawing from S.A. Kummer's *Holy Runic-Power [Heilige Runenmacht]* (1932).

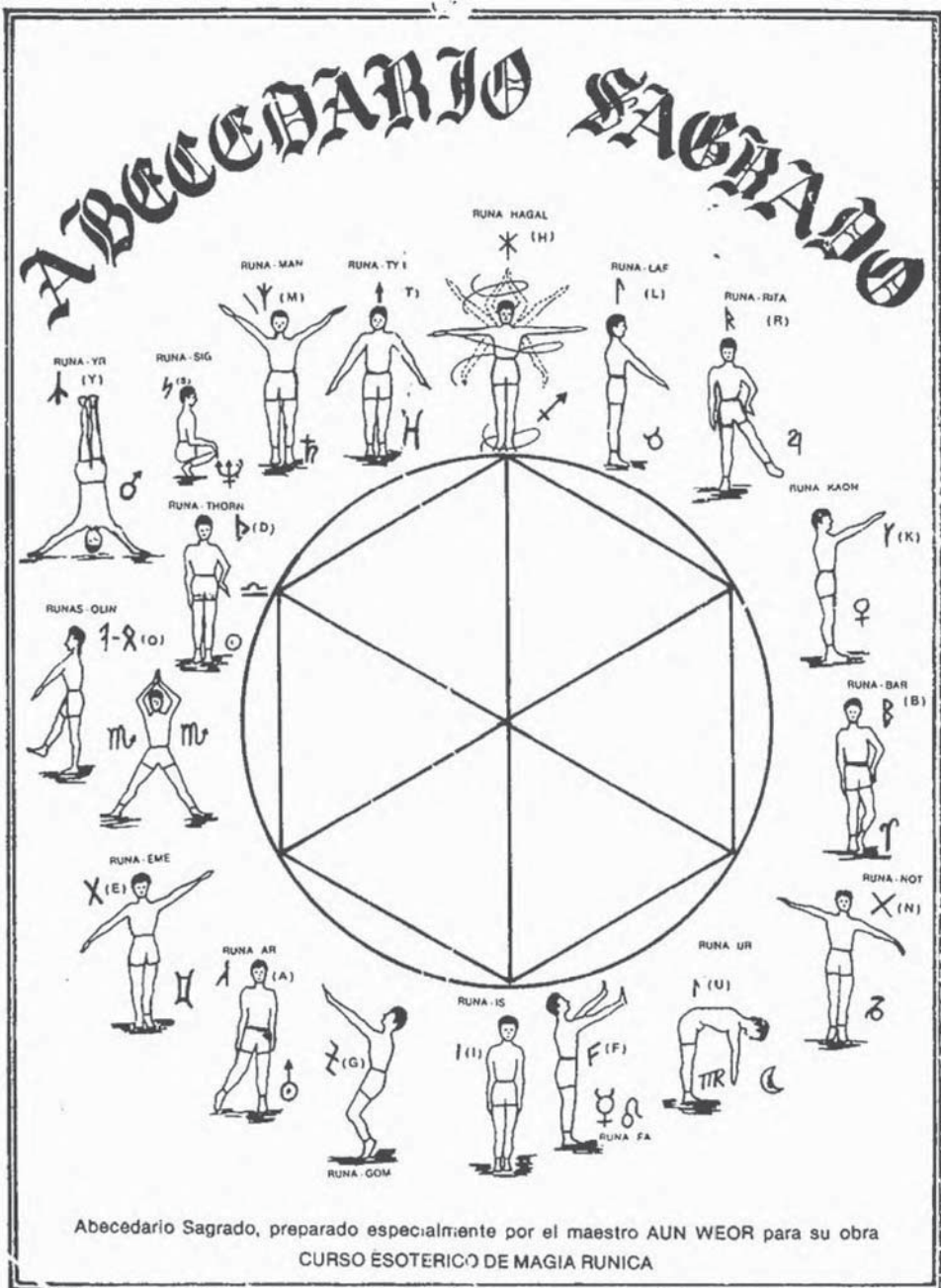


Back cover of Samael Aun Weor's *Igneous Rose [Rosa Ignea]* (1954)¹, same graphic as on the front of his Runic Course.

¹ Note that *Rosa Ignea* was first published in 1954, but the graphic shown here comes from an undated 4th edition. However, this seems to be the same graphic used on the cover of Samael Aun Weor's 1968 Christmas Message.

An analysis of Samael Aun Weor's cover graphic by [Francisco Caparrós Pujalte](#) notes the following:

"The first edition of the Christmas message 1968-1969 had no plates with postures, only drawings of the figures of the runes... The postures appeared on the cover, which had this drawing that is said to be made by the master himself, before going any further it is worthwhile to look at such a plate:



The question is why in the book are only 15 of the 18 runes that are seen on this plate explained (FA, IS, AR, SIG, TIR, BAR, UR, THORN, OS which appears as OLIN in the drawing, RITA, KAUM, HAGAL, NOT, LAF and GIBUR)?

The unexplained ones are: MAN, YR (these two are assimilated into TYR) and EME (or EH, this one is synthesized into NOT), and GIBUR appears as GOM.

Besides that, of the 15 there are 6 where the explanation of the practice does not allude to the posture drawn on this cover (AR, SIG, BAR, KAUM, HAGAL and GIBUR), and 2 where the posture described in the text does not coincide with the one seen in this "Sacred Alphabet" (IS and THORN).

It is also interesting to observe the astrological correspondences that the master puts in this drawing because they expand a little on those that were studied in the F.R.A..."

Hopefully, with our study of the Runes and their Germanic origins, these questions are easily answered.

A Further Gnostic Explanation of Runic Courses

In 2004, Mr. Pujalte wrote a 'Guide to the Runic Practices' entitled "[Runic Practices as they were taught in the Early Days of the Gnostic Movement](#)" (quoted above). Describing this document, he says:

"The runic practices have always been a part of occultism, and are known within many secret orders, but they had never been exposed to the profane world until two rival initiates aired them to the world with their disputes.

Those litigants were Siegfried Adolf Kummer and Friedrich Bernhard Marby. Marby was trying to make business by publishing the sacred teaching of the runes and Kummer felt it was his duty to see that it was not misrepresented.

As a result of their quarrels, runic magic was embodied in a printed book which to this day remains the most orthodox publication on the subject: "**RUNEN MAGIE**" written in 1933 by the pan-Germanist Siegfried Adolf Kummer...

With the runes exposed, the secret societies redoubled their care in keeping these teachings hidden from the profane eye... and it was only through Master Huiracocha that these practices came to the knowledge of Master Samael Aun Weor, who, upon verifying their power to awaken the consciousness, incorporated them into the body of doctrine of the Gnostic movement, [although] somewhat synthesized and reduced to the essentials.

The course of runic magic of Master Samael is the one we stick to, but as he takes from other sources he omits some practical details that he takes for granted but that are not specified in any part of the body of doctrine, for that reason I wrote this work that tries to compensate for the lack of those details by appealing to previous courses and to serve as an introduction to the course of runic magic of Master Samael Aun Weor."

At the beginning of this document (in the section entitled 'Background'), he says:

"The website gnosis2002.com publishes this document as a future reference and compendium of additional or clarifying information to the "**Christmas Message 1968-1969**" (**Magic of the Runes**) of Master Samael Aun Weor, a work in which he delivers runic magic to humanity.

We know that in practice the brief explanations of this book cause doubts and hesitations at the time of [reading it because of a] feeling that one [does not] concretely know how to do the runic practices.

We also know, having undertaken them ourselves, the great effectiveness of these practices, as well as the fact that the explanations in the book are not entirely consistent with the way these practices were originally studied within the esoteric school of the [Gnostic] Movement, and knowing this we cannot but investigate the case to the best of our ability.

Why this disparity? The reviewers of this text themselves confess [that they are] incapable of giving a sure answer to that [question], but before venturing an answer, the real question is this: what are we proposing to do by delving into all this?

We want to know the best way to do the runic practices, we want to reach a coherence between what is or was practiced in the early days of the Movement and what is written in the book, and for what [purpose]?

So that we feed the intellectual and emotional center with a kind of esoteric information that will help us to know something about runic magic under better light. Such a basis of study will serve us in order to reach a proper disposition so as to practice and teach others the runes with some ownership. Thus with such ideas we gain momentum in order to undertake [this task].

Whenever this type of revisionist attitude is taken, there is always the risk of adulterating what we thought we understood [but what] we have not understood; this is how one creates a basically absurd study on something very different [than] gnosis itself, but in this case we want to do precisely the contrary: to bring clarity, to walk the opposite path to that of the derivations.

After studying what I have been able to get my hands on (not without much research of the esoteric course of Runic Magic of Master Huiracocha), I can not help but think that the course of Master Samael assumes that one knows or will come to know the course previously written by Master Huiracocha; I say this in the sense that Samael does not focus on the details and specifics of the practice of each rune, but rather comments very well on primordial elevated esoteric aspects that the Master Huiracocha could not address as such in his course.

I will say more: he deepens such concepts because they are mentioned by Huiracocha, and Samael writes about them in such a way so as to redirect the matter in a more internal sense.

Likewise the Master Samael wants, at all costs, to remove the runic practices from what he would call a "circus ring", thus he de-emphasizes ritualistic postures and prayers and [instead] focuses on synthesizing all runic magic into a few practices. This synthesis is done by a very special master who is our Guru and it would never occur to us in life to contradict what the master has done.

...We have heard the master Samael say *ad nauseam* that everything that is not the work with sex is a miserable waste of time and we more than agree with this, but when we start to practice the runes [then] doubts occur and we prefer to face them and take the risk of explaining them as thoroughly as possible.

Runic magic is not so deterministic, it is not so liturgical, it is not so demanding, [instead] it is closer to children's mentality because its practices are of a more innocent time.

However, as it is easy to foresee that those who study the course of Master Samael will find themselves in the same situation as us, [thus] it is not superfluous to give this contribution.

I am sure that whosoever studies it will find some relief, but please: let us not be so naive as to believe that by having this additional information we know something more about the runes than what we knew when we studied Master Samael's course.

Speaking from direct experience, I have to vehemently advise those who have not yet created a discipline of practices to base that esoteric discipline on these runic practices and those of the "Zodiacal Course". These are practices that are far superior to others that are given punctually, and very complete.

We urgently need runic magic to provide us with the higher energies that suit us in this colossal task we have set [for] ourselves of self-realization, taking advantage of the golden opportunity that Master Samael has given us to publicly unveil the great arcanum of occult wisdom.

We can and must take advantage of runic magic in order to AWAKEN THE CONSCIOUSNESS.

That one remains under the severe influence of such magical forces can be verified soon after practicing the runes and this is a great advantage for us.

It does not hurt, at this time, to quote a few recorded words of the master; the lecture from which we take them is very well known: "Astral and Jinn Practices", in it the master says:

The NORDIC RUNES, for example, belong to that primitive Cosmic Grammar. Dr. Krumm Heller said that "the Nordic Runes were older than the Hebraic letters".

Dr. Krumm Heller even affirms that "the Hebraic letters are only a caricature of the Nordic Runes".

In any case, the Nordic Runes belong to the Cosmic Grammar, to the GREAT UNIVERSAL VERB OF LIFE.

May God grant that soon we will be able to give humanity a book on Runes! I wrote one, I have not been able to print it yet. The day will come when we will print it.

The Nordic Runes are very important. Dr. Krumm Heller wrote about Runes; his course on Runic Magic is marvelous, there is no denying that, Brethren...

Is the book explicit enough? Well, here is [the **crux** of the matter]: the point is for no doubts to remain. Not to mention that it is quite an elevated book that has to be studied patiently for many years if we want to have any chance of understanding it..."

Gnostic Runology – Summary and Conclusion 2

The Philosophy of the Runic Practices

Whether they are called Rune Postures, Rune Yoga, Runic Yoga, Runic Gymnastics, Runic Exercises, or Rune *Stadhagaldr*, it is relevant to understand their theoretical basis.

The basic idea is that the human organism is like an antenna that can send and receive different types of energy (sometimes referred to as “waves [*wellen*]”). As the practitioner becomes more accustomed to the Runic practices, they may also receive (or, specifically, be able to differentiate and understand) spiritual information about themselves and the universe (and everything in between).

There are different types of ‘waves’ or ‘currents’ that come from different “zones” and therefore have different information in them and provide different types of energies. The easiest way to think about it is in two zones:

- A – Celestial (or Heavenly):** the energies from everything above us (the sky, the atmosphere, the planets, the solar system, the sun, the stars, etc.)
- B – Terrestrial (or Earthly):** the energies from everything below us (the plants, the rivers and waterways, the surface of the earth in general, but also the interior of the earth, all the way down to the magnetic core of our planet itself).



Marby talks about 5 zones (see Marby’s Runic Theories for more information), but it can be just as powerful to use two.

The Runes, themselves, are said to be something like archetypal structures. **They are special shapes that attract and vibrate various types of energy from the universe.** Some say that their structure can even be deciphered into an explanation of how the corresponding energies are working in them (for more information, see Teltscher’s Runic Theories).

However, a simple way to remember the practices is that each Rune has an archetypal energy and by taking its shape, we are able to integrate that energy into ourselves.

Understanding How to Practice Runic-Yogic

According to the Philosophy of Rune-Yoga, by imitating the shapes/forms of the Runes and vocalizing their sound/mantra(s), one is able to extract and infuse oneself with their corresponding cosmic forces. This is aided by the practitioner’s understanding the Rune’s archetypal associations.

First one becomes familiar with the shapes of each of the Runes and then their associated posture(s) or position(s). There are six methods to put the Rune positions into practice:

1. Static Body Position – Adopting and then holding a specific posture with the whole body that imitates the shape of a single Rune
2. Static Hand Position – Adopting and then holding a specific posture with the hand(s) that imitates the shape of a single Rune
3. “Drawing” – To draw the shape of a Rune in front of oneself with the hand or finger

4. Dynamic Position – Moving between two or more Body Positions (the same could be done with Hand Positions)
5. Spinning Position – Holding a Body or Hand Position with the upper body, but the feet and legs move slowly in order to turn the whole body in a complete circle
6. “Moving” – this would be taking various Body Positions while walking, marching, hopping, jumping, or dancing around.

Next, while using any of the above methods, the practitioner may also add any or all of the following:

1. Visualization of the Rune’s shape
2. Mantra
3. Prayer
4. Poem or Affirmation

For the Mantras, they may be determined in the following way(s):

1. The Rune’s Name is Mantralized (**Tyr**= “Tir”)
2. For Consonants:
 - a. Sound of the Rune by itself (**Sig** = “Ssss”, **Hagal** = “Hhhhh”, **Rita** = “Rrrrr”, etc.)
 - b. Alliterative based on the sound of the Rune and then adding the 5 vowels A, E, I, O, U (**Fa** = “Fa, Fe, Fi, Fo, Fu”, **Dorn** = “Ti, Te, To, Tu, Ta”)
3. For Vowels: Sound of the Rune by itself (**Ur** = “U”, **Os** = “O”, **Is** = “I”, **Ar** = “A”, **Eh** = “E”)
4. Similar word(s) which also carry a significance that is associated with the Rune (**Sig** = “Sieg” a German word meaning ‘Victory’, **Ar** = “Ara” a Spanish word meaning ‘Altar’ or ‘Altar Stone’)

Methods of vocalizing Mantras:

1. Internally or Mentally (without making a sound externally)
2. Whispering
3. Using a Normal Voice
4. “Crying out” or using a Loud Voice

Recommendations for Practicing Runic-Yoga

Before taking on any Runic Positions, one should face East or North (or towards the Sun, etc). Stand firm in the **Is**- or **Ich**-Rune-Position and quiet the mind (put the mind in ‘blank’).

Remember that the Rune positions may be used to absorb “waves”, “currents/streams” or “Subtle-Forces” from the cosmos. Visualize your physical body as an instrument (something like an organic antenna) with your feet connected to the Earth (even if this is through the floor of a building). The rest of your body (legs, torso, arms and head) is above the feet and is able to absorb “waves” or “currents” and then retransmit them into the Earth through the feet. Sense yourself as a cosmic instrument.

Ask/Pray that you can perform the practice in the best way possible.

Next perform the [Microcosmic-Star](#) and the [Gnostic sign of the Cross](#). Then begin your Rune-Exercise(s).

Take up the Rune-Position, close your eyes, and visualize the Rune’s Shape or better: visualize yourself as the Rune’s Shape.



Next, mantralize and, while doing so, observe yourself to see if you notice anything. Images, shapes, colors, sounds, memories, as well as subtle sensations (such as vibrations, hot/cold, tickling or itching, etc.) may enter into your perception.

When you are done with the mantra(s), pause while continuing to observe yourself in silence for a few moments. This may be prolonged for as long as you like, but the important point is for the mind to be 'blank' and to be actively observing the interior (directing the awareness toward that objective) – not thinking. What do you perceive? Are you perceiving anything different or 'new'?

Pick another Rune and then take up its corresponding Rune-Position. Close your eyes, repeat the visualization and mantralization. Then observe yourself in silence.

Repeat as you see fit.

In conclusion, again perform the Microcosmic-Star and the Gnostic sign of the Cross. Return to Standing in the **Is-** or **Ich-**Rune-Position for a brief moment before ending the practice.

Afterwards, it is advised to meditate for 5-10 minutes minimum. You can add a singles transmutation practice to this as well for added benefit.

If you would like a suggestion of a few Runes to practice, try the following:

- **Fa, Ur, Dorn**
- **Fa, Dorn, Os/Othil**
- **Fa, Os/Othil, Tyr, Bar**
- **Fa, Is, Tyr, Bar**

Do at least one set of each, then gradually increase doing 2 sets of one or another.

Results of Practice

It is important to be consistent with the practice if you want to see results. Even if you only do 2 or 3 runes, do something everyday. You can do them in the morning before breakfast or in the evening before bed, or both. But remember that the little bit of time is very well worth it for the momentum you will receive internally.

After consistent practice for a certain amount of time (which varies from person to person), you will start to notice changes in your energy levels and in your ability to implement your willpower, to overcome things you previously considered difficult, etc. Your dreams or astral experiences may become more vivid or you may be able to recall them more easily, etc.

At some point, during or just after practice, you may experience awareness of what is called "the Spatial Sense", which can range from a more vivid awareness of your surroundings to something like seeing your physical body from outside of it (above, behind, etc). The defining factor is that you are aware of your surroundings in a different way.

Regardless of what you do or don't experience, remember that the key is to do the practices with a 'blank' mind, that is: not thinking of anything, but to only visualize the shape of the Rune. Other images or memories, etc., may emerge, but do not let the mind get in the way of this experience. If you are having trouble with this, then try singles transmutation practices first and then do your Runic practices.

A Reminder Regarding Esoteric Practices

Many people say that one must be careful when doing Runic Practices. Let us remember that the Gnostic should already be familiar with Gnostic Psychology (specifically: Self-Study and Mystical Death).

Generally, the issues one encounters are an accumulation of energy or energies (aka “waves”, “currents”, “streams”, etc.) that either:

- 1) one does not know how to handle, or
- 2) are used by the Ego to create more problems, or
- 3) are facilitating internal experiences that one does not understand.

Each of these cases can be solved through applying the Gnostic Teachings. We need to develop a relationship with our Inner Divinity. We need to Pray and ask our Inner Divinity for help, and then we need to listen with a receptive mind.

Sometimes we need to study Psychology more, and learn to work on ourselves.







But we always need to listen to our Inner Guide, our Inner Teacher, our Inner Being, so that we can do what is right for us individually.

Gnostic Runology – Summary and Conclusion 3 (Groupings)






Our Gnostic-Rosicrucian Rune Rows

Traditionally, the Runes are associated together in certain groupings, which are called a ‘Rune Row’. There may be additional attributes given to these groupings. With our Gnostic-Rosicrucian Runes, we have chosen to divide them into 4 rows, as follows:






1st Row: *Fa* or *Freyr*’s Lineage [*Fa oder Freyr’s Geschlecht*]

1	2	3	4	5	6
					
F/V <i>Fa</i>	U/W <i>Ur</i>	Th/D <i>Thorn / Dorn</i>	O/A <i>Os</i>	R <i>Rit / Rita</i>	K/C (G) <i>Kaun / Kaum</i>







2nd Row: *Hagal* or *Odin*’s Lineage [*Hagal oder Odin’s Geschlecht*]

7	8	9	10	11
				
H <i>Hagal</i>	N <i>Not</i>	I <i>Is</i>	A <i>Ar</i>	S/Z <i>Sig</i>

3rd Row: *Tyr*’s Lineage [*Tyr’s Geschlecht*]

12	13	14	15	16
				
T (D) <i>Tyr / Tir</i>	B/P <i>Bar</i>	L <i>Laf</i>	M <i>Man</i>	Y/I <i>Yr / Ir</i>

















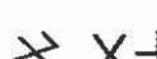


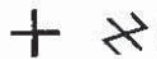

4th Row: Additional-Surplus Lineage [*Überzählige Geschlecht*]:
or “Gnostic-Enchantment” Lineage [*Gnostische-Verzauberung Geschlecht*]:

17	18	19	20	21	22
					
E <i>Eh / Ehe</i>	G <i>Gibor / Gibur</i>	J <i>Jer / Jera or Belgthor</i>	the Cross or <i>Kreuz</i>	O <i>Othil / Odil</i>	G The “Multiplication” Cross or <i>Malkreuz</i>

Rune Combinations by Meaning & Shape

We have already mentioned that certain Runes go together, such as 4 & 21 and 18 & 22. They have been considered by some to be different versions of the same Rune.








There are also some Runes that seem to complement each other and some which stand alone. Let's take a look:

	1 & 2 go together like Yang & Yin, Father & Mother (their Child is 3).
	3 & 4 (21) go together as Willpower & Movement.
	4 & 1 can be seen as the inverse of the other.
	5 & 6 go together as Right/Law/Judgment & Justice.
	7 is on its own.
	8 & 17 go together because of their shape, as well as their deeper meaning (Need & Law).
	9 is on its own.
	10 & 6 go together because of their shape, as well as their deeper meaning (Transmutation & Sex/Sword).
	11 & 12 go together because of their meaning (Victory/Success).
	12 can be seen as a double 14.
	12 & 13 go together because of the Work to be Reborn.
	14 is on its own.
	15 & 16 go together because of their shape, as well as their deeper meaning.
	15 can also be seen as a double 6 in its first shape, and as a double bind rune of 6 & 14 in its second shape.
	17 can also be seen as a double 14 (in the second shape).
	15, 16, 17 go together because they describe human being and their union.
	18 goes together with 22, but it is also related to 20 because of "the Cross in movement".
	19 is on its own, but can be seen as a double 3 or a double 6 (depending on the shape).
	20 is on its own, but is related to 18 (22), because of "the Cross in movement". It can, likewise, be seen as a double 9.
	21 can also be seen as a double 14.
	22 can also be seen as a double 9.














Rune Sound & Grammatical Groupings

Runes have been grouped into Vowels, Consonants, and Other (meaning neither a vowel nor a consonant):



Vowels:

						
U/V	O/A	I	A	Y/I	E	O/A
2	4	9	10	16	17	21 (4)

Consonants:

						
F/W (V)	Th/D	R	K/C (Ch/G)	N	S/Z	T (D)
1	3	5	6	8	11	12
						
B/P	L	M	G	J	G	
13	14	15	18	19	22 (18)	

Other:

	
H	20
7	

Additionally, if we analyze the names of the Runes, then we learn:

- Among the Vowel names (*Ur, Os/Othil, Is, Ar, Yr/Ir, and Eh*), we find that the consonant R is used most, followed by S.
- Among the Consonant names (*Fa, Torn/Dorn, Rit/Rita, Ka/Kaum/Kaun, Not/Noth, Sig/Sal/Sol, Tyr/Tir, Bar, Laf, Man, Gibor/Gibur, Jer/Jera, Gebo/Gefu*), we find that the vowel A is used most, followed by O and then I. The additional consonants most used (excluding the first letter of the Rune's name) are R, then N, followed by T, B, F and L.

Since R shows up so much in the names of the Runes, this may indicate an important significance for this Rune.

Gnostic Runology – African Runic Inscriptions

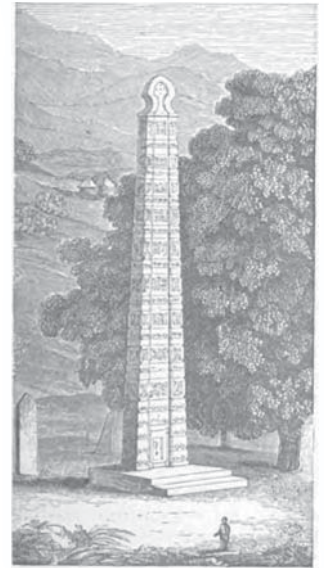
Runes in Africa?

Many people are familiar with the Pyramids of Egypt, but how many know that there are similar very interesting structures through the world? South of Egypt, in Sudan, there are also pyramids and, in neighboring Ethiopia, we have the largest obelisk in the World.



In Yeha (northern Ethiopia) there inscriptions with very interesting characters are found. They are said to be from an ancient language or script, called by various names, such as: Himyaritic, Saba or Safaitic, Saba or Sabaic, Minaean, Minaean-Sabaeen, as well as Musnad. The language ‘family’ is given as Proto-Arabic or South Semetic and the characters were written in what is called the ‘Ancient South Arabian script’. It is estimated by modern scholars to have been in use between the late 2nd millennium BCE to 6th century CE.

Obelisk at Axum.



In his book *Linguistic and Oriental Essays* (1898), Robert Needham Cust says the following regarding this script:

“Professor Sayce works a new mine, and suggests, that the Phoenician Alphabet was not a Mother-Alphabet, created as a new invention, but was only the daughter of an older Alphabet, traces of which are found in Arabia: this is the great interest, which he has roused (*Higher Criticism and the Monuments*, p. 39): "The explorations of Dr. Glaser in South Arabia [Munich, 1889] have lately put the question in a new and unexpected light. He has recopied a large part of the Minaean Inscriptions on the rocks and ancient Monuments of Yemen and Hadhramaut, and has added more than one thousand fresh ones; they are in the Himyaritic Language, and in two different Dialects, the Minaean and Sabaeen." And he declares, that **the Minaean Inscriptions are far older** than the earliest known to us, that are written in Phoenician Characters (p. 42). Instead, therefore, of deriving the Minaean Alphabet from the Phoenician, it becomes necessary to derive the Phoenician Alphabet from the Minaean. The Phoenician Alphabet ceases to be the **Mother**-Alphabet, and becomes the daughter of an older one.”

Sayce is saying that the Minaean Alphabet is the Mother of the Phoenician. This is interesting because Phoenician is considered by many scholars to be the Parent of Old Hebrew, Aramaic and Greek (among other languages).

In Augustus Henry Keane’s book *The Gold of Ophir, Whence Brought and by Whom* (1901), he says that Minaean was the “earlier Sabaeen” and that “the Sabaeo-Minaean script is purely alphabetical” as opposed to syllabic. In a note in the Appendix, we read the following:

“...I here quote what Sayce says on the antiquity of the Himyaritic script: "If Dr. Glaser is right, some of the Minaean inscriptions he has collected go back to the age of the Hyksos in Egypt; at any rate he and Prof. Hommel have made it clear that **the kingdom of Saba or Sheba was preceded by that of Ma'in, and that consequently the Minaean or Himyaritic alphabet has an older history than the Phoenician.** It would seem to follow that Prof. Hommel is right in holding that what Prof. D. H. Muller has called the Proto-Arabic alphabet is the source both of the Himyaritic and of the Phoenician, and that this fact will have to be taken into consideration in all future enquiries into the origin of the alphabet. It would certainly explain why it is that the Minaean alphabet possesses what the Phoenician alphabet does not—special characters, not derived from any others, for denoting certain sounds which belonged to primitive Semitic phonology but had been lost in the language of Canaan. It will also explain the names of many of the Phoenician letters which have hitherto been a mystery. It is only in the Minaean, not in the Phoenician alphabet, that the forms of the letters **Aleph, Beth, Pe,** and others resemble the objects after which they have been respectively named: 'ox-(head)', 'house', and 'mouth'." ('Academy,' Nov. 8, 1890)”

In another book called *The Antiquity of Hebrew Writing and Literature* (1911) by Alvin Sylvester Zerbe, we have a brief section called “*Moses and the Minaean Alphabet*”, where we read the following:

“Much can be said in support of [Fritz] Hommel’s view that **the Hebrews before the Exodus acquired the alphabet in the Minaean or South Arabic form and that Moses employed it in his writings.** Moses spent forty years in Midian and came under the influence of an advanced Semitic civilization, and nothing prevents our holding that he acquired a knowledge of the Minaean script then current in Midian.”

So let’s take a look at these alphabets and see their resemblance to the Runic Characters we are studying:

Hebrews	Himyarite	Arabe	Hebrews	Himyarite	Arabe
א	𐩀𐩁𐩂	ا	ב	𐩃	ب
ב	𐩃	ب	ג	𐩄	ج
ג	𐩄	ج	ד	𐩅	د
ד	𐩅	د	ה	𐩆	ه
ה	𐩆	ه	ו	𐩇	و
ו	𐩇	و	ז	𐩈	ز
ז	𐩈	ز	ח	𐩉	ح
ח	𐩉	ح	ט	𐩊	ط
ט	𐩊	ط	י	𐩋	ظ
י	𐩋	ظ	כ	𐩌	ك
כ	𐩌	ك	ל	𐩍	ل

Musee Imperial Ottoman Constantinople (1895)

HIMYARITIC ALPHABET.

Journal of the Bombay Branch of the Royal Asiatic Society (1861)

ALPHABETS SÉMITIQUES DU SUD.

HEBREU.	HIMYARITE.	ÉTHIOPIEN.	GREC.	SAFA.	BERBÈRE.
א	𐩇	አ	Α	𐩇	ⴰ
ב	𐩈	በ	Β	𐩈	ⴱ
ג	𐩉	ገ	Γ	𐩉	ⴲ
ד	𐩊	ደ	Δ	𐩊	ⴳ
ה	𐩋	ሀ	Ε	𐩋	ⴴ
ו	𐩌	ወ	Ϝ	𐩌	ⴵ
ז	𐩍	ደ	Ζ	𐩍	ⴶ
ח	𐩎	ሀ	Η	𐩎	ⴷ
ט	𐩏	ተ	Θ	𐩏	ⴸ
י	𐩐	የ	Ι	𐩐	ⴹ
כ	𐩑	כ	Κ	𐩑	ⴺ
ל	𐩒	ለ	Λ	𐩒	ⴻ
מ	𐩓	መ	Μ	𐩓	ⴼ
נ	𐩔	ነ	Ν	𐩔	ⴽ
ס	𐩕	ס	Ξ	𐩕	ⴾ
ע	𐩖	ע	Ϟ	𐩖	ⴿ
פ	𐩗	פ	Φ	𐩗	ⵀ
ק	𐩘	ק	Χ	𐩘	ⵁ
ר	𐩙	ሀ	Ρ	𐩙	ⵂ
ש	𐩚	ሀ	Σ	𐩚	ⵃ
ת	𐩛	ተ	Τ	𐩛	ⵄ

51.

AFFILIATION OF THE ASOKA ALPHABET.

Name.	JOKTANITE.			INDIAN.		
	Value.	Saba.	Saba.	Primitives.	Derivatives.	
Alf	'a	𐤀	𐤁	𑀀 a	𑀁 ā	1
Bet	ō	𐤂	𐤃	𑀂 b	𑀃 bh	2
Gēmel	g	𐤄	𐤅	𑀄 g		3
Dent	d	𐤆	𐤇	𑀆 d	𑀇 dh	4
Hoi	h	𐤈	𐤉	𑀈 h		5
Wawe	w	𐤊	𐤋	L u	𑀌 u	6
Zai	z	𐤌	𐤍	r jh (dzh)		7
Khazn	kh	𐤎	𐤏	w gh		8
Tai	t	𐤐	𐤑	o th	𑀒 th d dh	9
Yaman	y	𐤓	𐤔	ō v	u y	10
Kaf	k	𐤕	𐤖	𑀕 kh		11
Lawe	l	𐤗	𐤘	l r		12
Mai	m	𐤙	𐤚	𑀙 m		13
Nahns	n	𐤛	𐤜	𑀛 n	𑀜 n	14
Sat	s	𐤞	𐤟	u s		15
Ain	'a	𐤠	𐤡	ā o	𑀠 ai ē ī	16
Ef	f	𐤢	𐤣	u p	u ph	17
Tsalui	ts	𐤤	𐤥	𑀤 s	𑀥 s	18
Qaf	q	𐤦	𐤧	ō chh	d ch + k	19
Rees	r	𐤨	𐤩	u l		20
Saut	sh	𐤫	𐤬	ē j	𑀫 sh	21
Tawe	t	𐤭	𐤮	l z	ē z	22

(320)

Histoire de l'écriture dans l'antiquité (1891)

History of the Alphabet (1899)

George Stephens, in his 1868 book *The Old-Northern Runic Monuments of Scandinavia and England*, says:

“I have somewhere in these pages, if I remember right, passingly alluded to the great similarity (not in *power* [or sound] but in *form* [or shape]) of the Himyaritic Alphabet of 28 letters *to our Old Runes*. This staverow, used in Southern Arabia in very early times, probably from some years or ages before Christ to about 6 centuries after that date, when it rapidly fell away before other characters, has lately excited great attention, and the British Museum has published a folio volume of the known monuments in this alphabet. They consist of votive bronze tablets in a long-lost idiom, whose nearest approach is traced in the present Amharic; allied to Ethiopic and Hebrew...

As we must be alive to every hint, as the resemblance in shape of these letters to the oldest runes in Scandinavia and England is very surprising, as this *may* be a connecting link to other alphabets now lost, and as we must eventually look to the East for further information...”

Combining all these different versions together, and comparing them to the Runes, we have:

Hebreux	Himyarite	HÉBREU.	HIMYARITE.	Names.	Value.	Saba.	Saba.	Gnostic-Rosicrucian Runes	Rune Variants	
א	ה	א	ה א	Alf	'a	X X	ה	1	⚡	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ב	ב	ב	ב ב	Bet	b	⊖ ⊗	⊖ ⊗	2	⊖	⊖ ⊖ ⊖ ⊖ ⊖ ⊖ ⊖ ⊖
ג	ג	ג	ג	Gēmel	g	⊖	⊖	3	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗
ד	ד	ד	ד ד ד ד	Dent	d	⊖ ⊗	⊖	4	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ה	ה	ה	ה	Hoi	h	⊖	⊖ ⊖	5	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ו	ו	ו	ו	Wawe	w	⊖ ⊗	⊖	6	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ז	ז	ז	ז	Zai	z	⊖	⊖	7	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ח	ח	ח	ח ח	Kharm	kh	⊖	⊖	8	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ט	ט	ט	ט	Tait	t	⊖	⊖	9	⊖	⊖ ⊖ ⊖ ⊖
י	י	י	י	Yaman	y	⊖ ⊗	⊖	10	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
כ	כ	כ	כ כ	Kaf	k	⊖ ⊗	⊖	11	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ל	ל	ל	ל ל	Lawe	l	⊖	⊖	12	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
מ	מ	מ	מ מ	Mai	m	⊖	⊖	13	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
נ	נ	נ	נ נ	Nōhas	n	⊖	⊖	14	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ס	ס	ס	ס	Sat	s	⊖	⊖	15	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ע	ע	ע	ע ע ע	'Ain	'a	⊖	⊖	16	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
פ	פ	פ	פ	Ef	f	⊖	⊖	17	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
צ	צ	צ	צ צ	Tsadai	ts	⊖	⊖	18	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ק	ק	ק	ק	Qaf	q	⊖	⊖	19	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ר	ר	ר	ר ר ר	Rees	r	⊖	⊖	20	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ש	ש	ש	ש ש ש	Saut	sh	⊖	⊖	21	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗
ת	ת	ת	ת ת	Tawe	t	⊖	⊖	22	⊖	⊖ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗ ⊗

And it does seem that many are similar in shape: 2, 6, 7, 12, 13, 19, and 22 are very similar (either in the primary or with one of the Rune Variants shown). Additionally: 3, 11, 14, 15, 16 and 21 are similar to different numbered Runes, as well (again, this may include one of the Rune Variants).

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