Opening the Soul

Opening your soul will open your astral eyes, your astral hearing, your astral touch and other astral senses, along with empowering your soul. Opening the soul will lead you to see the truth and obtain enlightenment. In addition, you will discover many so-called "supernatural" powers within yourself when you empower your chakras. When the chakras are correctly aligned and empowered, the healing of both physical, and mental ailments will often occur miraculously. Please note- some of the mantras have been revised. Once you have completed the exercises listed below, you can repeat them at any time, or as many times as you like. It is best to wait a month after completing these for the first time though, as the effects can manifest intensely days or even weeks later.

For more information about the chakras, **PLEASE CLICK HERE**

<u>1. Opening the Third Eye - Updated</u> <u>28/August/2018</u>

2. Opening the 6th Chakra [Updated 28/August/2018]

<u>3. Opening the Crown Chakra -</u> <u>Updated 30/August/2018</u>

<u>4. Opening the Throat Chakra -</u> <u>Updated 30/August/2018</u>

<u>5. Opening the Fourth/Middle</u> <u>Chakra - Updated 30/August/2018</u>

<u>6. Opening the Solar Plexus Chakra -</u> <u>Updated 1/September/2018</u>

7. Opening the Sacral Chakra -Updated 1/September/2018

8. Opening the Base Chakra -Updated 1/September/2018

<u>9. Opening the 8th and 9th Shoulder</u> <u>Chakras</u>

10. Opening the 10th and 11th

Azazel who is a Master of Spiritual Alchemy worked with me in detail on each one of these meditations. These meditations are extremely powerful and often, the effects can be felt hours later. It is important to follow instructions and if you are new to power meditation, to go slow. If you have already done the former meditations, it is fine to do these. Quite a few people reported little or no effects from the former meditations that were taken from books. In addition, as of August 2018, quite a few people stated in the e-groups that they were not open enough. I have revised the opening of the chakras with more powerful mantras, and have added an audio Mp3 to hear the correct vibration for each chakra. Please feel free to download any of the Mp3's if you want to keep them. Because the enemy could not completely destroy all spiritual knowledge, much has been deliberately corrupted. The standard mainstream knowledge of the 7 main chakras is corrupt. The "heart" and all references to it is not located in the chest, but in the head, corresponding to the nadis.

Chakras Temple Chakras

<u>11. Opening the 12th and 13th Hip</u> <u>Chakras</u>

12. Opening and Empowering the Hand Chakras

13. Opening the Feet Chakras

14. Opening the Minor Chakras [contains a diagram]



It is best to open each chakra as listed by the numbers above. From the top down. There are a certain number of repetitions for each exercise. If you find you are getting over stimulated, it is advised you end the exercise and back off. The exercise can be resumed at a later date while you give your nervous system time to adjust to the increased life force. It is strongly recommended to give yourself a few days or more between each exercise.

People who have problems with seizures/epilepsy, or who are on psychiatric medications should not perform any of these power meditations, with the exception of void meditation, unless given the ok by their physician. They are highly effective in opening the chakras and stimulating the kundalini. These new meditations are filled with Satanic energy. Those who have not dedicated or are outsiders should give this consideration. For dedicated Satanists, the effects should be very positive in opening and empowering the chakras and in increasing personal power.

These meditations produce very rapid results. Standard kundalini meditations of the New Age variety can take years to have a pronounced effect. These meditations, like Satanism are the real thing.

Void meditation is highly recommended in order to control the thoughts and mind that will be stimulated by the opening of the chakras.

The meditations are performed with specific vibrations for each chakra. Each vibration is based on the Yogic Humming Breath. With this breath, you inhale to fill your lungs and with the exhale, you vibrate the chant until you are out of breath, then you breathe in and fill your lungs as before.

1. Inhale through your nose, filling your lungs

2. Exhale the vibration for each chakra evenly; one long vibration, this will draw out the exhale

3. Breathe in again and repeat.

Mudras [hand positions] are used as these connect certain circuits within the fingers and redirect the life force to the chakra being opened. Some of these are difficult, especially if your hands are larger. These mudras are helpful, but not necessary. If you find any of these hand positions difficult, just leave them out. It is very important to be comfortable and relaxed.

You should focus on the chakras in the middle of your body. <u>Extensions are along</u> the spine and in the front of the body. Everyone comes to Satanism on different levels. Those of us who empowered our souls in past lives will be much more sensitive to the meditations. This is inborn, but anyone who performs the following exercises will eventually open their chakras.

* From Azazel

Opening the Third Eye



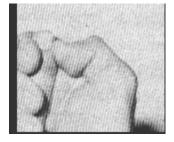
This exercise is done with a specific vibration. You need to do this exercise for 4 days in a row. Regular meditation on the third eye should follow to completely open it up and establish an energy uptake. All you have to do is to sit quietly and focus your attention on your Third Eye. The exercise below only gets it going. Further work is needed and must be consistent to reap maximum results. This is done through focusing upon and feeling your Third Eye.

Note: Steps 1 and 2 [The Mudras - hand positions] are optional. Steps 3-7 are necessary.



1. Sit with your back straight.

2. Place your hands in the position as shown in the photo. Your for people who are right handed, your right hand should make a fist around your left index finger; for people who are left-handed, your left hand should make a fist around your right index finger. The thumbnail should press on the side of the finger as shown, at the spot where the cuticle ends.



When you feel a very faint electrical shock, you will know you have the correct spot. Don't get discouraged if you cannot find it. It should be apparent in those who have naturally stronger auras. What this does is redirect the flow of energy to the third eye.

This mudra can be used at any time during regular meditation on the third eye. Keep this position throughout the meditation.

*NOTE: THIS HAND POSITION IS OPTIONAL. THE REST OF THE STEPS 3 - 7 ARE NECESSARY

3. Breathe in through your nose and on the exhale vibrate "THAUM." Exhale slowly through your mouth and vibrate:

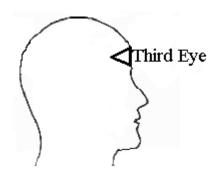
TH-TH-TH-AH-AH-AH-U-U-U-M-M-M in one long exhale (vibrate the sound one time per exhale.

Now this is important.

Your tongue will be vibrating, touching your two front teeth, as with the American English word "<u>TH</u>IS". It may take a few seconds to adjust this to where you feel it in the middle of your forehead (3rd eye), don't worry, just keep on going. Focus the THAUM so you can feel it vibrating on the middle of your forehead, where your Third Eye is located. This can take some time. Just do the best you can. You may have to try as many as ten to fifteen times or more to get it right.

Click Here for THAUM Mp3 Audio

4. Do the above 4 times in a row and then relax.



5. Now, align your third eye correctly by visualizing it point end facing inside as illustrated at left. The color of the third eye is brilliant white, like a miniature sun.

6. It is very important the above exercise be done for FOUR consecutive days, preferably 24 hours apart. Then it is a done deal and you will have performed the initial step of opening and activating your third eye.

7. After you are finished, it is important to meditate on your third eye to get the energy flowing, this way it will fully open. Just sit quietly and focus your attention on your Third Eye.

Close your eyes and "look" at the 3rd eye in the middle of your forehead. It is important to relax and not to strain your eye muscles, even though your eyes are closed. At first, there is usually just blackness depending on how active your 3rd eye is, then possibly swirling colors and shapes like a kaleidoscope. Like scrying into a mirror, the colors and shapes will give way to images when you do the meditation long enough and regularly. Remember to keep your gaze soft and relaxed. Some of you may feel nothing. Everyone is individual and at different levels, dependent upon whatever meditation [if any] we did in our past lives. Meditation and work upon the soul, where we open our souls is permanent throughout lifetimes. Feeling pressure here or a knot is normal after the above exercise is completed. This usually diminishes in time. This indicates your Third Eye is activated, even if you don't see anything right away.

WHAT YOU CAN EXPECT:

1. One of the first experiences is a headache or pressure in the center of the forehead. This sensation may also feel like it is originating from within, usually an inch or more beneath the surface of the forehead as it affects the sixth chakra. This is a positive indication the pineal gland is awakening and beginning to function in a healthy manner.

You may also find you can feel this ache or pressure whenever you focus your attention on your third eye or meditate on your third eye. This is perfectly normal and eases with time.

*Some people can experience a migraine or lesser headache, usually with people who are already prone to having headaches. This will go away.

The Third Eye



The 3rd Eye is directly related to the 6th chakra and the pineal gland. It is located on the middle of the forehead above the brows and along with the 6th chakra that sets in back of the third eye and the pineal gland; it is the psychic sight of the soul.

In the average person, the pineal gland is atrophied and dormant. Because of centuries of humanity being cut off from practicing power meditation where energy is circulated like blood where it is needed, many areas of the human soul have ceased to function. This is another sad result of Christianity.

The third eye contains the last of the three knots. Once this knot is open and energy flows through, the crown chakra is easy to open. The third eye contains the astral sight. Through the third eye, astral images are transferred to the brain. The third eye is also important in telepathy and influencing others. I have found in willing others, thought energy should strongly be directed to the other person's third eye, even though this cannot be seen. The third eye is receptive to energy directed at it.

The third eye, along with the sixth chakra, controls the eyesight, the sinuses and the skin. It is with the third eye that we can see auras, do scrying and see energy. The pineal gland and the sixth chakra are behind the third eye.

The third eye is the front of the 6th chakra. The 6th chakra is where the Ida and Pingala serpents meet. When the kundalini pierces this chakra, it opens the last of the three knots. A flash of light is often experienced when this occurs. Opening the 3rd eye is a major step in consciousness.



About the Dagr/Dagaz Rune and its connection with the 6th chakra and the 3rd eye:

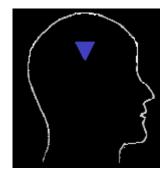
The Dagr/Dagaz Rune corresponds with the Word trump of the Tarot. The World means completion. When we pierce through the 6th chakra, the 7th is effortless. This is the uniting of the Ida and the pingala. Dagaz is also the rune of the moon and the moon represents the 6th chakra and the 3rd eye. Dagr/Dagaz is the rune of completion. "This rune can be compared to the spiritual philosopher's stone. In sexual alchemy, Dagaz is the moment of orgasm in which the goal of the working

is made real. It is useful in all workings of an 'alchemical' type, whether they be practical or solely concerned with consciousness."¹

Opening the Sixth Chakra

The third eye is an EXTENSION of the 6th chakra, which is located directly beneath the crown chakra, right in the middle of the brain.

I just found this recently through my own experiences in meditation. Every book I have read [plenty] focuses on the third eye, not the 6th chakra, which is directly in back of the third eye. I have found through my own experience, the 6th chakra directly ties into the pineal gland and activates it. The sixth chakra seems to be much more powerful than the third eye. The pineal gland secretes the elixir of life and has to do with obtaining physical immortality. Along with the 666 chakra of the solar plexus [The Grail of Lucifer]; both of these being the most powerful chakras of the soul.



1. To open this chakra, vibrate YAUM 16 times. Focus the vibration into the center of your brain, directly behind the third eye. Extend the M-M-M-M until you have completely exhaled.

Click Here for YAUM Mp3 Audio

2. Do the above 16 times in a row and then relax.

3. Now, align your sixth chakra correctly by visualizing it point end facing down as illustrated in the above. The color of the sixth chakra is bluish-violet.

4. It is very important the above exercise be done for SEVEN consecutive days, preferably 24 hours apart.

The 6th chakra is the bliss chakra. When activated, you will definitely feel it. Indescribable intense bliss. (vibrate the sound one time per exhale, as with the Yogic "humming breath") and try to concentrate the vibration on your 6th chakra.

It may take a few seconds to adjust this to where you feel it in your 6th chakra, don't worry, just keep on going. Try to get it to the correct vibration where you can feel it in the middle of your brain. This

can take some experimenting. Just do the best you can. You may have to try as many as ten to fifteen times or more to get it right.

Opening the Crown Chakra

*Special Thanks to Azazel who worked with me on this meditation



In order to open your crown chakra effectively, you must have already performed the <u>Opening of the</u> <u>Third Eye</u>, and <u>the opening of the 6th chakra</u>.

The effects of this exercise are extremely pleasurable. A feeling of lightness should follow. Some people may feel energy or tingling inside their heads, or completely covering their heads; a slight pressure in the crown area and intense euphoria. The pleasant light feeling is what makes astral projection and astral travel easy. The bliss state can occur hours and even days later.

With this revised meditation [30/August/2018], using two different vibrations is much more powerful and effective. The first one is based on the Björk rune.* Opening this pathway is also very healing for drug addicts as it naturally induces extreme pleasure. The second vibration is the MAUM mantra.

This exercise can produce quite a headache [especially with people who are prone to having headaches] which can occur the following day. If your crown chakra is open, you will feel a lightness and a sense of bliss. If you do not experience these indications after a period of 4-5 days, you can redo this exercise again as many times as needed to open your crown. Also, not everyone experiences a headache, but if you are susceptible to having headaches, be aware of this.



1. Place your hands in the position shown at left and take a deep breath and hold it for as long as comfortable- (do not push this) and release your breath vibrating B-B-B-B-B-B-B (vibrate with a deep, soft hum with the lips almost closed)

The vibration should sound like a bee. The bee was sacred in Ancient Egypt and many other ancient cultures for this very reason.

Click Here for BJÖRK Mp3 Audio

You should focus the vibration into your crown chakra right in the center on the top of your head, just inside your skull. Do this B vibration seven times.

2. Again, focus on your crown chakra and vibrate MAUM, vibrated as M-M-M-AH-AH-U-U-U-M-M-M, 6 times into your crown chakra. Extend the M-M-M-M at the end of the vibration until you have completely exhaled.

Click Here for MAUM Mp3 Audio

This exercise is extremely powerful, much more powerful than the former version.

Do this exercise for four consecutive days.



Now align your crown chakra by visualizing it point down as illustrated at left.



The Björk rune bestows intuition, protects energy, gathers and directs the powers of the four elements, is healing and revitalizes the life force.

Opening the Throat Chakra 666

Please note: this is a very difficult hand position [mudra] unless you have very small hands. THE HAND POSITIONS ARE UNNECESSARY AND ARE OPTIONAL. Just skip the hand position if this is in any way difficult for you. The vibration is the key here and you should be relaxed. Trying to force your hands into the mudra is a distraction. Mudras should be comfortable.

To activate the throat chakra, fold your hands together as in the photo, thumbs touching side by side- do not fold the thumbs. **This hand position is difficult. For those of you with larger hands, it can be skipped. It is best to be relaxed and

not in any pain or discomfort while performing these exercises.

Take a deep breath; hold as in the other exercises for opening the soul, and then vibrate: "HAUM" until your breath is fully released.

HHH-AH-AH-AH-UUU-MMM

THE *H* SHOULD BE A DEEP HISS IN THE THROAT, LIKE A CAT, BUT HISSING DEEPLY. Extend the M-M-M-M until you have completely exhaled.

The important thing is to feel it strongly in your throat, above the hollow. Do this 5-7 times. Remember- getting the correct tone can take some practice. The chant should vibrate your throat area. This exercise can be done once a week or more as needed.

Opening the Fourth/Middle Chakra

Azazel explained the crossing of the arms completes a circuit that directly affects the 4th/Middle chakra.

1. Sit comfortabley, relax and go into a meditative state.

2. Cross your arms as shown in the photo at the bottom of the page. Your hands should be touching your shoulders near your arm pits.



3. Position your hands so your thumb connects with your ring and little finger, leaving your index and middle fingers pointed straight.

4. Take a deep breath and nod your head so your chin is gently pressed against your chest. Keep your chin against your chest during each exhale, only raising your head to inhale.

5. Focus your attention on your 4th/Middle chakra. Exhale and vibrate "AUM"

AH-AH-AH-UUUUUU-MMMMMMM

Click Here for AUM Mp3 Audio

6. Focus the vibration into your 4th/Middle chakra chakra.

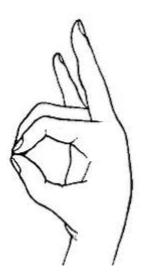
7. Extend the M-M-M-M until you have completely exhaled. Try to adjust the tone so you feel it in the middle of your chest where your 4th/Middle chakra is located.

8. Repeat eight times.



9. Visualize the image at left, where your 4th/Middle chakra is and see your 4th/ Middle chakra engulfed in a vibrant green aura and focus your attention on feeling your 4th/Middle chakra for several minutes. Try to adjust the tone so you feel it in the middle of your chest where your 4th/Middle chakra is located.

Opening the Solar Plexus Chakra 666

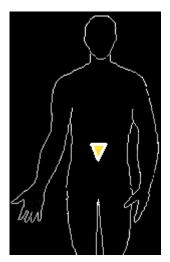


1. Sit in a comfortable position with your spine straight.

2. Relax and go into a meditative state.

3. Place your hands in the solar mudra illustrated at left. [This step is optional]

4. Inhale fully and drop your chin to your chest. Keep your chin gently, but firmly pressed against your chest throughout the entire exhale, only raising your head during the inhale.



5. Vibrate "RAUM"

R-R-R-AH-AH-AH-AH-AH-U-U-U-U-M-M-M-M until you are out of breath, concentrating on your solar plexus chakra. Adjust the vibration of the chant so you can feel it in your solar plexus chakra. DO NOT ROLL THE R HERE.

6. Repeat 5 times.

7. Now, align your solar chakra point facing down as illustrated at left, by visualizing it. The color of the solar chakra is bright gold.

Opening the Sacral Chakra

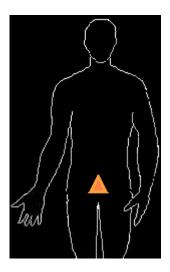
*PLEASE NOTE: THE HAND POSITIONS ARE OPTIONAL AND NOT MANDITORY. SOME OF THESE MUDRAS MAY BE DIFFICULT FOR THOSE WHO HAVE LARGER HANDS. IF THIS IS

THE CASE, JUST SKIP THEM. THEY ARE NOT NECESSARY. ALWAYS REMEMBER, IT IS VERY IMPORTANT TO BE COMFORTABLE AND RELAXED.



1. Fold your hands. DO NOT fold your thumbs, place them side by side and keep your palms together, as shown in the photo.

- 2. Inhale and fill your lungs.
- 3. Drop your chin to your chest.



5. Exhale and vibrate V-V-V-A-A-A-U-U-U-M-M-M and concentrate on your second sacral chakra.

6. Align your chakra point facing upwards as illustrated at left.

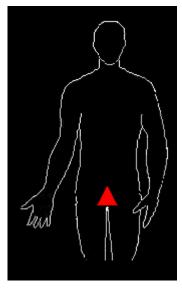
Repeat the above eight times. When you are finished, visualize yourself in an orange aura for a few minutes while focusing on feeling your sacral chakra.

Opening the Base Chakra

*PLEASE NOTE: THE HAND POSITIONS ARE OPTIONAL AND NOT MANDITORY. SOME OF THESE MUDRAS MAY BE DIFFICULT FOR THOSE WHO HAVE LARGER HANDS. IF THIS IS THE CASE, JUST SKIP THEM. THEY ARE NOT NECESSARY.

To open the base chakra, place your hands in the position shown in the photo, like the sign of the horns. Your finger pads should be touching and your thumbs should be touching side by side down to the fleshy part known in palmistry as the "Mount of Venus." This mudra produces a heat sensation in the hands and stimulates the base chakra. Don't worry if you cannot feel the heat sensation as this takes sensitivity.





1. Drop your chin to your chest.

2. Inhale and fill your lungs, and with the exhale, vibrate LAUM. LLL-AH-AH-AH-UUUU-MMMM

Click Here for LAUM Mp3 Audio

3. While exhaling try to imagine/feel your base chakra as very hot and visualize it about the size of a pea, opening and expanding into a vortex. Spin this vortex. Continue visualizing your chakra lighting up into red/gold and expanding with a bright white/gold fire, about the size of a silver dollar coin in diameter and imagine the feeling of it growing hotter as it gets brighter.

The LAUM vibration should be done seven times.

Align your base chakra point facing upwards as in the illustration above.

Opening the Shoulder Chakras

Opening the shoulder chakras will further align the soul and open energy pathways to the palm chakras, greatly empowering them. In addition, the shoulder chakras contain the wings of the soul. For more information, <u>concerning</u> the wings of the soul, please click here.

For those of you who are not Satanists- NEVER FORGET- THIS KNOWLEDGE CAME FROM THE POWERS OF HELL!! THIS KNOWLEDGE IS FROM SATAN!!



To open your shoulder chakras:

1. visualize them as in the illustration at left.

2. Focus a white-gold brilliant light on them, inhale, and on the exhale, vibrate Z-Z-Z-Z-Z-Z-Z, while focusing the sound into them.

3. Do this nine times.

A feeling of aching, or pressure is a positive sign you were successful in opening them. This feeling can extend to your arms and can feel sort of like they are falling asleep.

Now, align your chakras:

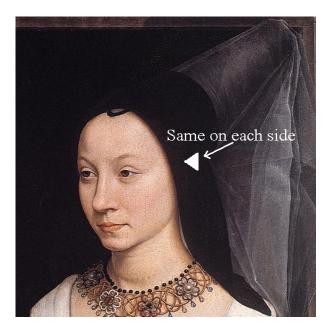
- 1. Begin with the base chakra and turn the cone so the point is upwards.
- 2. Do the same with the sacral chakra.
- 3. Now focus on your solar plexus chakra and align it point down.
- 4. Focus your attention on your crown chakra and turn the point down.
- 5. Do the same with your sixth and throat chakras.

6. Now, focus on your heart chakra and visualize two points coming together and intersecting as shown in the illustration directly below:



7. Finish by again focusing on your shoulder chakras and visualize them pointing inward

Opening the 10th and 11th Temple Chakras



The 10th and 11th temple chakras are located right behind the temples, as shown on the left, a bit forward from the tip of the ear, and are extensions of the 6th chakra.

To open these chakras, just turn your attention to each one and visualize it point facing in. Then do the same on the other side. A weird feeling of aching, heaviness, pressure, or aching is a positive sign you have correctly located and opened them. The temple chakras are extensions of the sixth chakra.

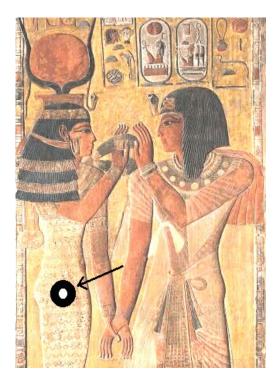
Opening the 12th and 13th Chakras



The hip chakras are the same on each side and at the center of the hip, standing sideways, as seen at left.

To open these chakras, just turn your attention to each one and visualize it point facing in. Then do the same on the other side.

A weird feeling of aching, heaviness, or pressure, is a positive sign you have correctly located and opened them. The hip chakras are extensions of the base chakra, but like the shoulder chakras in proximity to the heart, they are located a bit higher.



Opening the Hand Chakras



What this exercise does, when done consistently is to establish an energy circuit within the hand chakras. This energy can be used for healing, opening other chakras, applying energy or as with Dim Mak, the "death touch." It also helps with telekinesis (moving objects with one's mind and pyrokinesis (setting objects on fire using the powers of the mind and aura). In order to advance with these gifts, a powerful aura is needed to act on the auras of objects.

This exercise should be done at least once a day to get your energy flowing freely through your hand chakras.

- 1. Sit comfortably and relax. Try to go into a trance as the deeper the trance and level of concentration, the better the results, especially when beginning this exercise. After an energy current within the hand chakras is open and flowing, this can be done anywhere at will.
- 2. Put your hands facing each other, fingertips almost touching and relaxed. (Your fingers can be slightly bent as in the illustration).
- 3. With the pad of your thumb, press into the palm of each of your hands, right in the hollow part.

- 4. Now, focus intensly upon your hands, especially your palms. Feel the area you pressed in with your thumb.
- 5. Keep focusing all of your concentration and begin to feel a warm glow and energy between your palms.
- 6. Begin to move your hands an inch or two apart slowly and back again to where your fingertips are almost touching. Try to feel the energy between the palms of your hands. The more you practice and the stronger your energy becomes, keep moving your hands in and out, further and further apart until you can feel your energy as far apart as two or more feet.
- 7. Now, visualize a ball of white hot fire like the sun as in the picture above. Later on, you can use colors. Feel the heat and energy from this ball of fire between your hands. This may feel as a tingling or throbbing. For some people, it may even feel cold. The important thing is to get this energy flowing and to *feel* it.
- 8. Now let your arms hang down and relax. Focus on energy flowing down your arms into your hands. This may feel tingly and your lower arms and hands may feel pumped. This is a sign the enrgy is flowing. Now repeat steps 5-7 above.
- 9. Do the above exercise 4 times.

This exercise should be done every day for as long as it takes to really open your hand chakras and establish a permanent flow of energy. With the proper practice, you should be able to feel powerful energy between your hands when your hands are more than a foot apart.

After you have accomplished a strong energy field in your hands, practice extending this energy to your fingertips to open your fingertip chakras.

Opening the Feet Chakras



This exercise is done standing. Relax and "breathe" in energy through the bottoms of your feet, mainly your heels. The feet chakras tie directly into the base chakra and sacral chakra. This may result in stimulating your sex organs as well as the feet are tied to orgasm.

Continue drawing the energy up through your feet into your base chakra and up your spine and out your crown. Continue breathing the energy in for a few minutes. The feet chakras are very important for being able to draw in energy. This drawing in of energy is important for healing yourself, healing others and spellworking.

Opening the Minor Chakras

To open the minor chakras, it is important that you have already <u>opened the</u> <u>major chakras</u> and have an energy flow to where you can feel it.

Click below for the link to the diagrams of the chakras. To open your minor chakras, just direct and focus your energy into them and visualize them lighting up with the enery. Ideally, you should be able to feel them.