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## Physics of the Soul

There is a sub-atomic particle, discovered in 1956, called the neutrino. This particle, because of its extremely tiny size, and elusive behavior is difficult for scientists to study. The missing 9/10ths of the universe is thought to be comprised of neutrinos and neutrino-like particles. Although neutrinos have mass, they pass right through physical matter. It has been estimated that a neutrino from the sun would stand a good chance of penetrating a thickness of lead stretching from Earth to the nearest star without colliding with anything.

Recent developments in physics, astronomy, and neurology provide an unexpected breakthrough into the understanding of psychic and paranormal phenomena. The atoms of our physical bodies contain the much finer and faster vibrating neutrinos and neutrino-like particles. These finer and faster vibrating particles compose the substance of the soul, that is joined to our physical body by a magnetic cord that breaks at the moment of death. The soul breaks loose from the body when the body is no longer able to function as a home for it.

When one applies one's self to consistent [power meditation](#), one's chakras vibrate at faster speeds. This takes training, preparation and readiness, but through the higher speeds, approaching the speed of light, one is able to access other dimensions at will.

Humanity currently resides in a lower dimension. This has much to do with our earth and its position in space. In higher dimensions, colors, shapes, sounds, and thoughts are more vivid. One can see through walls and have the sensation of omnipresence. Telepathy is extremely enhanced and other senses become much stronger and more open beyond anything most people have experienced.

## Brainwaves

There are four main types of brainwaves: Beta, Alpha, Theta, and Delta.

Beta waves characterize the conscious waking state at 14 cycles per second and up. The conscious mind does not take suggestion very well. Reasoning, logic, thinking and putting into action what it already knows is mainly what the conscious mind does. Higher cycles of beta waves are used in rituals where a lot of active energy input is needed, as in revenge. A good example is in building a circle cone of power. The more excited one becomes, the higher the cycles per second in the brain.

The alpha state operates at a lower cycle, 7-14 per second level. This is the trance state when the body can no longer be felt, and sounds may become painful. This is the meditation and sleep range. Deep meditation descends into the theta state.

In the alpha state, one is open to suggestion as the conscious logical mind is subdued. The conscious defense barrier is down. Hypnosis takes place on this level. When in the alpha state, we can program our own and/or the minds of others. The deeper you go into alpha, the closer you get to theta.

We can influence others when they are asleep or in the alpha state. This is one reason most mages prefer to do their spell work at night when most people are asleep.

Talking to someone who is sleeping will act to program his or her mind. This can be done, even at a distance with intense concentration, visualizing the individual, and directing thoughts into his/her head. This may have to be repeated several times. The strength of your mind and aura will determine your success. Make sure the thoughts you place in his/her mind are commands, as in telling someone something you want them to do for you. Be calm, but firm and persistent. It may take a while, depending on the strength of your mind, but in time, results will manifest.

Psychic experiences can happen in the alpha state. Both daydreaming and sleep dreaming occur while in the alpha state.

The theta state is 4 - 7 cycles per second. This is where all of our emotional experiences are recorded and is of the subconscious. The theta level opens the door to descend even deeper into the psychic/astral world. While it is possible to have psychic experiences in the alpha state, the most profound experiences occur at the theta level. At this level, one is able to experience astral travel and psychic communication, achieve enlightenment, and enter into other dimensions; this is where past lives can be accessed.

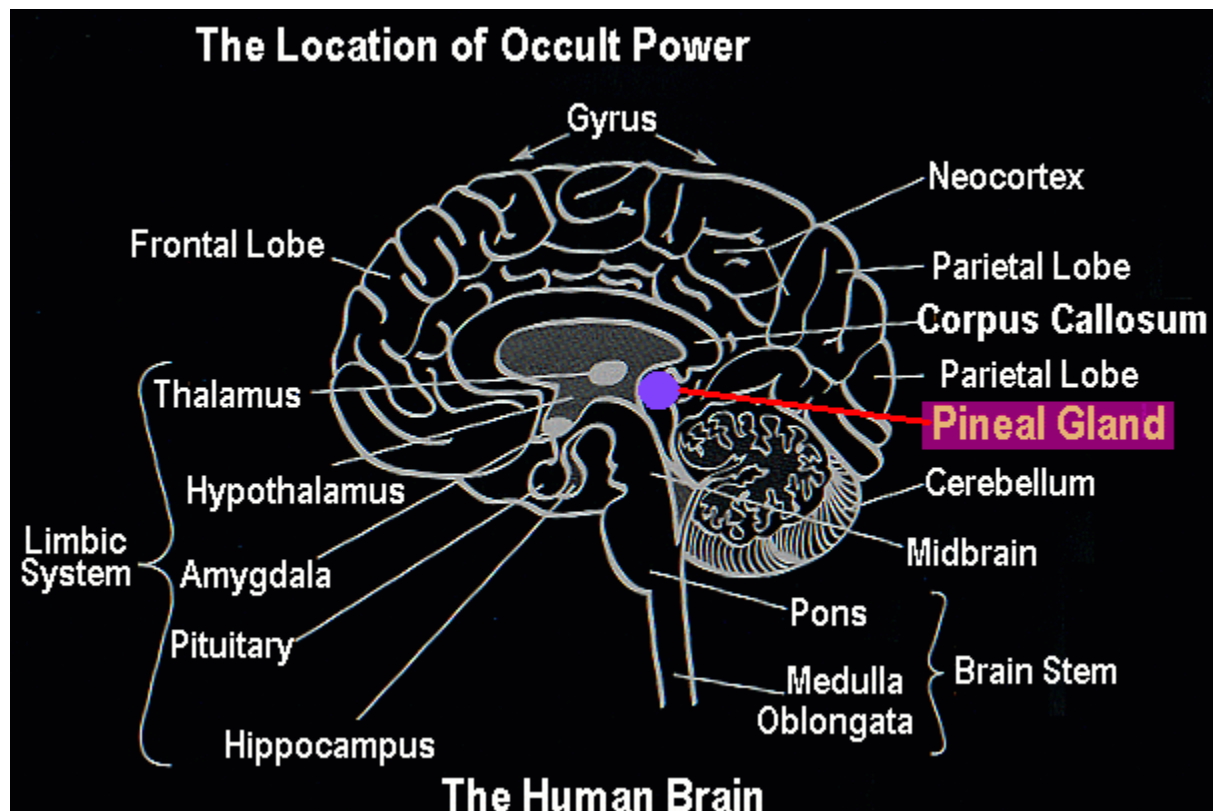
Brain wave activity in the delta state ranges from 0 - 4 cycles per second. This is total unconsciousness, coma.

When in the alpha state, visualizing our desires, as if they are real and actually happening will make them manifest in reality, especially if affirmations are included. In theory, it is said the subconscious mind believes what it is told in this state to be true. Affirmations must be stated in the present tense. The subconscious mind does not understand the word "will" as it is in the undefined future tense. "Will" never happens. Make sure the wording is exactly what you want and look at every aspect, or something unexpected and fated could cause things to go wrong. Wording is important and must be planned carefully. One woman wished to win a contest. She repeatedly told herself she would be the best and went through the entire mental exercises. It turned out she was the best, but because of the biased judges, she lost the contest.

The more intense your visualizations, the stronger your mind/thought output will be to act in attracting what you desire.

Becoming proficient with descending into the Alpha level is usually necessary before you can easily descend into Theta at will. This can be achieved through [self-hypnosis](#).

## Occult Power in the Brain



The pineal gland is the part of the brain that empowers what is known as the "sixth sense" and other paranormal abilities. It is also the center of bliss sensations. The pineal gland is defunct in the average person. A defunct pineal gland is analogous to a severed spinal cord where the brain cannot send messages to move the body parts beneath the area that has been severed. The only difference is that it affects the soul.

Through the centuries, because of Christianity and its related programs, humanity has devolved and degenerated spiritually. This is why the human race as a whole is psychically powerless. The goal of the Christian Church always has been to keep humanity without knowledge, and without power. Any time the Christian Church took control of an area, the ancient spiritual texts were removed and/or destroyed. The Church then replaced the knowledge it removed, with lies and a fictitious history. This is why the human race is where it is at today spiritually. Depression, illness, misery, helplessness and ignorance are the results of the loss of this spiritual knowledge. The average person only uses 5-10% of his/her mind

power. This is analogous to a limb that has been immobilized, is in a cast and is stiff and withered, but it is only worse. Humanity has been denied access to psychic powers through generations and the lack of use and has all but lost. In order to activate the pineal gland, power meditations must be must done regularly. It takes time to empower this gland and to activate it and use it. The pineal gland works in conjunction with the pituitary gland. Both of these glands are stimulated through the [opening of the crown meditation](#).

The Pineal and Pituitary adapt and lower the frequency of bioelectrical currents. They are psychic energy transformers. Psychic energy enters through the higher chakras, and descends down through the crown chakra where it enters the pineal gland in the brain. As it enters the brain, the rate of vibration is slowed down. An active pineal gland acts as a transformer that further slows down the energy to a lower frequency. The energy then enters and moves from the hypothalamus region of the brain into the pituitary gland. The pituitary further transforms the energy to an even lower frequency so that it can be assimilated and read by the brain.

Humanity as a whole is operating on a low frequency. Power meditation and spinning our chakras speeds up this vibration to a higher level where we are psychically open and aware. A higher vibration also protects us against illnesses and negative energy.

The Corpus Callosum works to exchange information between both hemispheres of the brain. Most humans do not use the right side of the brain, as we live in a left-brained world. Void meditation silences the left side of thinking and logic, and opens us to the right side, which is the intuitive/psychic side.

Light is essential to the soul. So much negativity has been associated with light because of the abuse of Christian programs, and the New Age movement. Light is connected with lightening which is symbolic of the creation and is an age-old symbol of Satan; the lightening bolt. We can travel on light and use light for our own purposes.

Unlike other religions, Satanism and science work together. We experience, we see and we understand. Satan explains things.

Several years ago, I succeeded in activating my pineal gland. The result was a blissful feeling I had never experienced before and this feeling permeated my entire aura. There was a white light that flooded my entire head. I could see this well, in the dark room I was in. I also felt a pressure and a sensation like a grape; a small swelling inside of my head, which was my pineal gland. It was most beautiful. I achieved this through a specific meditation. After achieving an energy buzz, I concentrated all of this energy into a ball and circulated it through each of

my chakras and when I reached my 6th chakra behind my third eye, I dropped this energy ball onto my pineal gland, right beneath and a bit to the side of my 6th chakra. I then breathed in energy directly into my pineal gland.

— High Priestess Maxine Dietrich

## Meditations for Astral Projection

Astral projection is where your soul actually leaves your body. This is different from remote viewing where you enter into a trance and will yourself to a specific location. The following two meditations are just basic guidelines. I suggest for more in depth information to click on the PDF links below.

### Meditation 1

This meditation feels weird. Just make sure you seriously want to project, otherwise, any hesitation can keep you in your body. You have to be relaxed, both mentally and physically. The first few times are the most difficult. Like with anything else, consistent practice will make this easier, until you no longer have to even enter into a deep trance, but can project any time at will. Some people find projecting easier than others, as they have done this in past lives.

1. Get real comfortable and go into a trance. When you are so relaxed you can no longer feel your body, you are ready.
2. Visualize your astral body inside your physical body, being held there by your seven chakras. The chakras can be visualized like colored knobs.
3. Take each spinning chakra and stop it from spinning and give it a quarter turn in the reverse of the direction it was spinning, like turning a doorknob.
4. Relax and let go and try to exit.

### Meditation 2

This is more like a preparatory exercise. This one is not nearly as powerful as the one above, but less intense for those of you who would rather do this gradually.

1. Lie down and relax, as above. Go into a trance. Relax to where you feel like you are floating.
2. Now, lift your left astral arm up. Visualize this. You will need to imagine this, but energy follows where it is directed.
3. Lift up your right astral arm and touch your face
4. Touch both your astral hands together.
5. Do the same thing with each leg and foot.
6. Imagine your entire astral body floating above your physical body, or somewhere else in the room and concentrate on being there. Just lie there and focus on this for a while. Keep repeating this exercise often and eventually, astral projection will follow.

# Clairaudience

Clairaudience is the term for psychic hearing. With the increased sensitivity that comes from a consistent program of power meditation, one can open one's mind to hear sounds on the astral. In the early stages of opening one's mind, astral sounds can be heard inside of the head; the same as with thoughts. When one progresses, sounds can be heard outside of the head and are much more powerful. Clairaudience usually begins with hearing astral sounds inside of one's mind.

In the beginning, at least with my own experience, the things I heard outside of my head were nonsense and had no value. These occurred when I opened my crown chakra. Like everything else, clairaudience takes time, meditations to open up the psychic ears and major chakras to be able to access this dimension of astral sound.

When one advances, celestial music can be heard. This is most beautiful. Father Satan visited musician Giuseppe Tartini in a dream. He heard Father play the most beautiful violin music, "indescribably beautiful." He awoke and wrote down what he could recall, but he could never duplicate the beauty of the music. He named the piece "The Devil's Trill."

All frequencies of energy have their own sounds. The entire universe runs on vibration. One of the most interesting experiences in clairaudience is hearing the sounds of the cosmos.

The more psychically open one becomes, the more likely he/she is to encounter different sounds. Anything from bells to ringing, buzzing (this is the bioelectricity; in Ancient Egypt, the bee was a sacred insect. Tutankhamen's rear headdress (coffin) has a bee stinger attached in gold), flute sounds, roar of the ocean and others. Certain sounds can be annoying, but these symptoms will fade away as one's system gets used to the heightened level of the life force.

The Seven Ears relate to the seven chakras. By focusing one's awareness on them during meditation and opening them, the ability of clairaudience will manifest. To open them, visualize a star opening up for each one and shining brightly. After this, increase the brilliance and diameter. Opening these energy points will enable one's mind to hear the astral and unlock pathways for healing energy to circulate. This can be helpful for people who have problems with bad eyesight, hearing, headaches and other problems. Meditating on both the psychic eye and ear points is very powerful for receiving messages from the astral.

Remember, if you ever hear anything you don't like, just tune it out and shut it off.

## Opening and Meditating on Your Clairaudience Points



Meditating on your centers of clairaudience; also known as "psychic hearing" will empower your astral hearing. This is useful when communicating with Demons. Just relax and focus on each center, visualizing each one as a bright star. Spend a few minutes with each one.

To open each of these minor chakras, just focus on them and visualize them opening up like a star and getting brighter. This may have to be done for several meditation sessions before they are permanently opened. The points are the same for both sides of the head, though the illustration directly above shows only one side of the face.

You will notice changes in your awareness and psychic abilities when doing this exercise for any length of time.

As you advance, you can do "chakra breathing" where you absorb energy with each inhale and slightly expand and brighten each chakra you are focusing on, upon the exhale."



## Errant Thoughtforms

The most commonly known example of a thought form is the "haunted" house.



For a place to have an energy about it, a very emotional event took place, usually a violent death or a murder. The fear, anger, and destructive emotions are so powerful they leave behind an essence most people (even the average person) can detect. There is no greater energy than that given off at the time of death and if the death was violent, the entire area can reek of it for centuries.

Thoughtforms create a mass of energy. They are the result of intense emotions and thoughts. Their lifespan is determined by how much energy is put into them. Continually dwelling upon something over a period of time gives the thought/emotion energy which takes on a form of its own. Every individual is different according to the strength of his/her aura and thoughts. Some people are born with a naturally strong mind and aura owing to previous lifetimes. Most people have thoughtforms attached to their aura. The results of daydreams, fantasies, anger, hatred, desires and so forth, when repeatedly dwelled upon, form permanent thoughtforms. Thoughtforms can be either positive or negative. Either way, they can interfere with a person's thought processes.

When we meditate, we increase our energy. The thoughtforms we have, feed on this energy. Power meditation is a sort of cleaning house process. We can tune into and remove these, same as we can do with others who have attached themselves to our souls. Removing these will bring clearer thoughts and peace of mind. It is a healing process.

## How to Detach Unwanted People/Entities from Your Aura

People in our lives, especially those of whom we have emotions for, and/or of whom we are close to, either positive or negative, are attached to our aura. Normally, we are attached at the chakras. These attachments can last for many lifetimes. They are most common with family members, those who are close to us, and those who have affected our lives in any major way, including pets.

There are symptoms of psychic attachment, the most pronounced are thoughts and/or feelings that are not your own, strong premonitions concerning a loved one or family member and other kinds of telepathic emotions and feelings. To know whether a thought or feeling is your own, take a few moments to engulf yourself in the ether. This is done by visualizing yourself within the ultra-violet light of the ether element. 1970's "black lights" are of the color of the ether. If the feeling/emotion goes away almost immediately, it is not your own. If it remains, then it is yours.

In ridding ourselves of an unwanted relationship attachment/influence, we must acknowledge that a problem exists and WANT to let go. If the one performing the working subconsciously does not want to let go, this exercise will be much more difficult. In addition, there are individuals who have such strong feelings, especially in the way of a love obsession, that their feelings can become intermeshed with our own, making it difficult to even perform the working.

The working should be repeated every day from 3 days after a Full Moon until the New Moon. With stubborn cases, the working may have to be repeated for 40 days or even longer, depending upon the strength of the bond.

#### TO REMOVE AN UNWANTED INDIVIDUAL FROM YOUR SOUL:

During the cycle of a waning moon, find a quiet place where you will not be disturbed.

Begin with working on removing one person at a time. If there are several, then work on removing one person at a time, as working on more than one will diffuse your energies and make the entire working ineffective. This working can be time consuming.

Ask your mind where the connection/s is. You will find that a mutual connection exists, where there are one or more attachments at the chakras. If you cannot locate the attachment/s [the stronger the bond/influence, the more attachments], then you will need to sever the influence from all of your chakras to be sure it is completely gone.

1. Affirm: *"I am now removing any and all ties from [name of person] to my soul, totally, permanently, and completely."*

Taking as much time as you need; use an astral knife, saw, a laser, or whatever you are comfortable working with, and dislodge the connections completely from your chakra, one at a time, while vibrating the seed mantra "TH" and focus this vibration where the connection is being severed. Breathe in, visualize the tool brightening up with white/gold light, and on the exhale, vibrate the TH. Visualize and "will" the connection to be permanently severed.

Your will must be strong here, as the other person may not want to let go, and you may feel his/her feelings of desperately hanging on, especially in the case of love obsessions. Seal each chakra where the connections were attached with light/energy, white/gold is the most powerful, as it will also deflect any more attempts to reconnect.

2. When you are finished with severing the connections from your chakras, [clean your aura](#).

3. Then you must seal off your aura. This is done by visualizing a bright white light like that of the Sun [as white light repels and deflects], and affirm:

*"My aura is constantly and continuously deflecting and repelling all of [name of person]'s energies in every way."*

5. Recite a [Satanic rosary](#), with the seed mantra for the Sun, as this will reinforce the working and burn away any further attempts at reattachment. You can choose whichever mantra for the Sun you feel comfortable working with, but once you begin with the working, do not change the mantra.

"SURYA" SUUU-RR-YAH

or

"RAUM" RR-AHH-UUU-MMM.

[Be sure to roll your R's].

*"Light is Power" --Lilith*

There is another kind of attachment and that is what is called "psychic vampirism." Psychic vampirism occurs when an individual attaches him/herself astrally to another's soul. He/she usually attaches at one or more of the host's chakras [in most cases, the heart], and drains the host's energy. In all close relationships, there is a mutual soul attachment for better or for worse. In the case of a psychic vampire, the relationship is analogous to that of a parasite and a host. A psychic vampire does not even have to be involved in a relationship, as it is natural for his/her soul to feed off of the energies of others.

The host's energy eventually becomes depleted, especially when in close proximity to the psychic vampire. Whether the vampire is physically near to his/her host, or at a distance, once a psychic vampire has attached him/herself to the host, he/she can drain the host.

Psychic vampires can be strangers, but in many cases, a psychic vampire can even be a family member.

In almost all cases of psychic vampirism, there is a weakness on the part of the host person. The parasite/host relationship often satisfies an unfulfilled need for one or both of the individuals involved. The attaching person's energy feeds off this.

For more in-depth information, written from a scholastic and educated point of view, also including the subject of blood drinkers and explaining the vampire legends, this book is highly recommended:

