

ELECTRONIC HARASSMENT FACTORS

MIND-READING - MIND-READING - MIND-READING	
Subvocal speech	<p>Special equipment is used to detect muscle contractions like the ones a person uses when speaking out loud. When spoken to itself these muscle movements can be detected by advanced equipment and translated into words and sentences. As most people talk to themselves when 'thinking' this resembles mind reading.</p> <p><u>How it is applied</u> They read your subvocal speech and react to it</p> <p><u>Feeling</u> Unbelievable at first, then you get depressed because the last thing you thought was private appears not to be private anymore. Then you accept that you probably are even more popular and watched then the big stars in the world and sometimes use it to deceive the bastards. Horrible torture</p> <p><u>Why it is applied</u> To drive you insane</p>
Seeing through your eyes	<p>Although some targets claim that they can see what you see. I have not (yet) experienced this. But they do everything to suggest that they can do this. E.g. on the highway you are bursted with the burp beam every time a favorite model car passes in the opposite direction. They are looking at you from some camera build inside your car or from another car. They are looking at your eyes to see what you are looking at. I experienced a few times I was bursted BEFORE I saw the favorite car. A lot of research in this area is going on, I will keep you updated.</p>
HEARING VOICES - HEARING VOICES - HEARING VOICES	
Voice-to-skull	<p>Special advanced equipment is used to beam voices, or in fact any sound, into your head.</p> <p><u>How it is applied</u> They make you hear voices that you should not hear. For example, they let you hear voices from people far away very clear as if they are standing next to you. This an amazing experience. There are a lot of reports of people who claim they are attacked by voices</p> <p><u>Why it is applied</u> To drive you insane</p>
HEAD - HEAD - HEAD	
Top of your head beam	<p>The top of your head is very sensitive. They will burn the top with some laser or microwave weapon</p> <p><u>How it is applied</u> They put the beam on your head and wait for you to move</p>

	<p><u>Feeling</u> Can be very painful if applied with enough intensity. You cannot do much with this beam on your head. Horrible torture</p> <p><u>After effects</u> If applied with high intensity it may take several days for the painful feeling to disappear</p> <p><u>Why it is applied</u> Prevent you from working, doing your thing</p> <p><u>Should you worry</u> Yes, long term irradiation may cause brain damage, tumors</p>
Scratch beam	<p>They just beam your head somewhere. The normal reaction is your will start scratching your head.</p> <p><u>How it is applied</u> Mostly applied when other people can see you. If they do this everytime with the same people they may wonder whats wrong with you. They also apply this and have random people scratch their heads and then burn you</p> <p><u>Feeling</u> Not very painful, mostly a short pulse, although they may keep the beam on your head and remove it after you start scratchin your head</p> <p><u>Why it is applied</u> Drive you out of your mind, drive you into attacking other people</p>
Headache beam	<p>This beam gives you a headache. It is some kind of high intensity low frequency beam. The headache appears suddenly and also disappears suddenly</p> <p><u>Feeling</u> Can be very painful</p>
Sickness/Alcohol beam	<p>The feeling is that you feel a little bit dizzy, see thing a little foggy.</p> <p><u>How it is applied</u> They may apply this when you drink your first glass of beer, wine, etc. or when you have a cold, or are sensitive to hay fever</p>
Cooking	<p>They put the microwave beamer on your head and your head is heated. They may do this after you drink a glas of wine, but also after you turn on the central heating of your appartment. You will feel hot, sick, slow.</p>
Ear short burst	<p>Your ear is bursted, the idea is to hit your eardrum. With your eardrum cooked/damaged you have a strange feeling.</p>
Ear continous	<p>Your ear is beamed for very long time just to present you pain, they want you to</p>

beam	<p>move.</p> <p><u>Feeling</u> It appears your eardrum and surrounding area is very sensitive. This is very painful.</p>
Eye blur	<p>Your eye is bursted and you have instant blurred vision. Often your eye will start tearing</p> <p><u>How it is applied</u> Some kind of microwave burst, see also Phasr and other similar military weapons used to blind the enemy</p> <p><u>Feeling</u> Not really painfull but you cannot do much as you are used to two eyes.</p> <p><u>Why it is applied</u> Prevent you from working</p> <p><u>Should you worry</u> Yes, this is very damaging for your eyes</p>
Eye sting	<p>Your eye is bursted with some kind of laser beam</p> <p><u>Feeling</u> Like they drive a needle into your eye. Very painful</p> <p><u>Why it is applied</u> Stress discomfort</p>
Just below eye, tremble	<p>They beam at they area below your eye and the flesh below it starts trembling. They can do this in shops and through wall</p>
Burn (beard) hair	<p>They burn away hair at certain locations, e.g. your moustache hair just below your nose holes to create the illusion of a leaking nose</p> <p><u>How it is applied</u> This is just a laser hair removal procedure, like performed in many beauty parlors</p>
Sneeze burst	<p>You are bursted and must sneeze. This is a tinglin sensation that can make you sneeze in an instant</p> <p><u>How it is applied</u> You can turn your head in the other direction or hold your hand before your nose to make sure the attack is caused by electronic weapons</p> <p><u>Why it is applied</u></p>

	To make your body react to something
Runny nose	<p>You have a runny nose but do not have a cold. You may start thinking you have some kind of strange cold but you have not. Once you are out of the beam, the runny nose disappears.</p> <p><u>How it is applied</u> I am not sure if this is done only by electronic weapon or by a combination of some drug and electronic weapon</p>
Cough burst	Your throat is bursted with a high intensity burst and you start coughing instantly. This coughing does not look like normal coughing. You will have a sore throat immediately afterwards.
Dry cough	Like something fluid/moisture sticks in your lungs, or sometimes your throat. When you breath you hear/feel a rasping sound. You must cough very hard to throw it out.
Toothache	<p>Using a low frequency beam they induce a toothache, this really is a horrible feeling. It is like a true toothache but now when you move out of the beam it disappears.</p> <p><u>Why it is applied</u> Prevent you from doing anything, just plain torture</p>
Sore throat	<p>Your throat is slowly cooked and you will almost immediately notice less volume and after some time pain while speaking</p> <p><u>How it is applied</u> They can do this in just one or two hours by aiming a high power beam at your throat.</p> <p><u>Why it is applied</u> Prevent you from speaking loud, prevent you to sing</p>
Blackout beam	This is very high intensity burst on your head. There is no pain but it feels like the result having been hit on the head very hard. You feel a bit dizzy and your ears are ringing
UPPER BODY - UPPER BODY - UPPER BODY	
On top of shoulder	<p>A very painfull beam on the top of your shoulder</p> <p><u>Why it is applied</u> Just torture</p>
Cook chest/lungs	I call this beam: through-body-beam. You are really cooked by this beam. If applied with enough intensity you will feel a burning sensation on the back (where it enters), then feel the beam cook your insde, then you start burping, then you feel a burning sensation on the other part of your body where the beam

	<p>leaves your body</p> <p><u>How it is applied</u> This beam can be applied everywhere, from the house next to yours, from cars. When they beam you outside the intensity often is higher as they want to make sure you are hit properly</p> <p><u>Feeling</u> You feel like being microwaved. Very painful, horrible torture</p>
Cooking	<p>They put the microwave beamer on your body for a long time and you have the feeling you are cooked alive which in effect is a very accurate description of what is being done</p> <p><u>Feeling</u> You feel like being cooked alive, horrible torture</p>
Burp beam	<p>This is a low power sophisticated version of the chest/lungs cook beam. It is difficult to locate the source direction.</p> <p><u>How it is applied</u> It takes approx. 2-3 seconds to make you burp, make your body react to events. They also may apply low intensity, so you get an irresistible urge to burp but cannot</p> <p><u>Feeling</u> Horrible torture</p> <p><u>Why it is applied</u> To make you suffer. This applied sometimes once every five minutes, but sometimes also several times a minute to let your body react to events like cars passing your window, etc. Horrible torture.</p>
Heart attack incl. extra beam from left behind	<p>This is a low frequency high power beam aimed at your heart, mostly from a position somewhere in front of you. To maximize the effect they simultaneously beam you from the left behind position with a microwave cook beam.</p> <p><u>How it is applied</u> As they may apply the from behind beam for a long period your flesh around the heart area may get cooked and the whole area may feel painful and stiff</p> <p><u>Feeling</u> This really gives you the feeling of having a heart problem, and in fact you have! The difference is that this one is applied by murderers. Horrible torture</p> <p><u>After effects</u></p>

	<p>It may take several days before you recover (if they stop the beam)</p> <p><u>Should you worry</u> Yes, your heart is vital</p>
Heart attack high power burst	<p>This is a very high power burst of very short duration, 1 second or less, that will give you immediately an extremely painful heart (area). This beam is really amazing: I believe it can kill you in an instant</p> <p><u>How it is applied</u> They can do this through wall anytime</p> <p><u>Feeling</u> Horrible torture</p> <p><u>After effects</u> It may take several days before your body recovers and it all feels normal again</p> <p><u>Should you worry</u> Yes, your heart is vital</p>
Heart attack blobbing feeling, heart pulsing strangely, randomly	<p>This may be done separate from other heart attacks. Your heart may start feel pulsing funny, the feeling is very massive, it also feels like bubbling, like the heart lost control of normal operation and just pulses somewhat</p> <p><u>How it is applied</u> Not only frightening but also very painful</p>
Pressure beam	<p>They put a pressure beam on your chest this will take your breath away and you may think your are having a heart problem. This can have various intensities</p>
Back burning	<p>They burn the skin of your back. This can be low intensity or high intensity. The feeling is you have a sun burn, in case of high intensities it will also color your back a little red.</p> <p><u>How it is applied</u> This almost instant skin cooking. Refer to ADS (Active Denial System) for details</p> <p><u>Why it is applied</u> Present pain. To move you out of the way, to make you leave the swimming pool, etc.</p>
Electric shower	<p>This is an overwhelming effect. This is like a shower but not with water but with electronic pulses.</p>
Heating	<p>The temperature of your body is increased giving you the feeling you have a flu or some kind of illness.</p>
Spleen beam	<p>Beaming in your side gives you the idea you have spleen pain</p>

	<p><u>How it is applied</u> They often do this during high intensity sport activities. The idea is to make you believe you have real spleen pain and will stop your exercise</p>
ARMS - ARMS - ARMS	
Biceps	They cook your biceps to reduce their power , make them feel painful when you load them during e.g. swimming. This may be done to prevent you from doing your sports.
muscle weakening in hand	They beam your hands. The result is that you can not hold a pen between thumb and finger like you used to, also you can not put you fingers against each other (like making a cup with your hand). They may do this to prevent you from working or doing your sports e.g. swimming.
LOWER BODY - LOWER BODY - LOWER BODY	
Stomach cooking	<p>They put a beam on your stomach and the stomach begins to bubble like something is cooking inside.</p> <p><u>How it is applied</u> They often do this at night.</p> <p><u>Should you worry</u> Yes, long term irradiation may cause stomach cancer, tumors</p>
Kidney damage	With some kind of ultrasound beam they attack your kidneys. The feeling is like you have been kicked over and over in your sides. This is like the feeling that is described by patients that have their kidney stones crushed by ultrasound.
Intestines cooking, urge to defecate	They cook your intestines and you feel you have to fart but cannot.
Fart beam	They cook your intestines and it will start bubbling. After some time you will have to fart
blind gut attack	<p>they cook the area around your tail bone. After a short period, depending on the intensity this may take 60 seconds or more, you will feel horrible cramps.</p> <p><u>Feeling</u> This pain makes you crawl on the floor. Horrible torture</p> <p><u>After effects</u> It takes at least one hour before the horrible cramps get a little less painful.</p> <p><u>How to detect</u> With normal cramps you will have other parts of your body react as well, like heavy sweating. In this case there is just intense pain.</p>
Diarreah	They cook your intestines and you have a very strong feeling to go to the toilet.

	<p>By continuously beaming you have very heavy diarrhea</p> <p><u>Why it is applied</u> Keep you out of important events, e.g. A lawsuit where you have to defend yourself</p>
Erection termination	This beam makes your erection go away, if you are a man of course. This can be done in 20-30 seconds. Depending on the direction of the beam your intestines may start bubbling though not very loud
Urge to urinate	They beam your lower body so you will feel the urge to urinate. It is difficult to ignore and there will come a moment you will have to do this when the beam continues.
UPPER LEGS - UPPER LEGS - UPPER LEGS	
Block burst	The feeling is that your movement is blocked. You must take care not to fall or make a strange move
KNEE - KNEE - KNEE	
Short beams	This will cause pain to your knee
High intensity beaming	<p>The put the beamer on your knee and make sure it stays there for hours. The location may vary ut just above the knee cap can cause a lot of pain. This will result in very much pain and a very sensitive knee.</p> <p><u>How it is applied</u> After a few days your knee hurts a lot when walking. They may apply this also when biking to make you think something is wrong with your knee</p> <p><u>Feeling</u> Very painful, horrible torture</p>
LOWER LEGS - LOWER LEGS - LOWER LEGS	
Calf cooking	<p>They apply low intensity, low power beam to your legs, e.g. When you are in bed. Your muscles, legs feel stif the next morning. They may start cooking the calfs after you finished running, and after some time before you want to go running to prevent you from running</p> <p><u>How it is applied</u> What happens when you increase load on cooked muscles? They tear apart</p> <p><u>Feeling</u> Very painful, horrible torture</p> <p><u>Why it is applied</u> Prevent you from running, other sports</p>
Calf bursting	This beam is in fact a very high power burst and can cook your calf from hundreds of meters in a split second. If you are running your cooked muscles will tear apart and you have instant injury. See also Heart attack high power burst.

	<p>You may notice the following feeling: a needle going in and out of your calf within a second</p> <p><u>Feeling</u> Very painful, horrible torture</p> <p><u>Why it is applied</u> Prevent you from running, other sports</p>
Shin cooking	<p>They cook the skin of your shin with very high intensities. When you are running, the shin injury is a well-known. They may start cooking the skin of your shin after you finished running, and after some time (days) before you want to go running to prevent you from running</p> <p><u>Feeling</u> Very painful, horrible torture</p> <p><u>Why it is applied</u> Prevent you from running, other sports</p>
Heel muscle	<p>The cook your heel muscle. This muscle does not contain much nerves so it is difficult to detect before the damage has been done. Then you will think back and remember there was something wrong the previous day or days.</p> <p><u>Feeling</u> Walking can be painful.</p> <p><u>Why it is applied</u> Prevent you from running, other sports</p>
Ankle	<p>They cook your ankles, just to cause you pain. You feel the beam and it is difficult to keep your leg in the same position because of the pain. This is often applied for a long period of time, several hours.</p> <p><u>Feeling</u> Very painful</p> <p><u>After effects</u> May take several days to disappear when applied with high intensities</p>
Foot	<p>They beam very hard in the center of your foot</p> <p><u>Feeling</u> Very painful, horrible torture</p>
Foot insane	<p>They burst the center of your foot with max power very short burst beam, only once while walking even in a crowded place. This causes insane pain and you</p>

	<p>may fall immediately, because the foot is not functioning anymore.</p> <p><u>Feeling</u> Extremely painful, horrible torture</p>
Toes	<p>They pick a single toe and beam it for several days in a row</p> <p><u>Feeling</u> Painful</p>
Toes insane	<p>They burst your toes with with max power very short burst beam, and do this several times. This causes insane pain.</p> <p><u>How it is applied</u> They may do this while riding your bike, horrible torture</p>
Foot block	<p>Ultrasonic beam to block the movement of a foot. If you are not prepared for this block you may fall.</p>
BODY - BODY - BODY	
Shaking	<p>Your whole body starts shaking like being in a aircraft in bad weather. The frequency is around 5 Hz. The intensity may amaze you.</p>
Scratching	<p>They apply a scratch beam to any part of your body. This beam is very hard to resist. Before you know it you may start scratching yourself like crazy</p> <p><u>Feeling</u> Horrible torture</p>
LEG - LEG - LEG	
Tremble apart	<p>Some high power acoustic beamer is aimed at your leg and after some time your leg feels non-cooperative, not part of your body anymore</p>
MOOD - MOOD - MOOD	
Sleepy feeling	<p>They beam you with a frequency that makes you really feel sleepy. You will start yawning and cannot keep your eyes open. This effect starts very suddenly and often ends very abrupt.</p> <p><u>How it is applied</u> They may also do this by devices built into your car</p>
Nausea	<p>Not a very pleasant feeling but not very disturbing or damaging</p>
See the world turning	<p>You feel dizzy and see the world turning like when you are very very tired. This effect is not really very real. The moment you are out-of-the-beam you are not turning anymore. Still it is amazing that this can be done.</p>
fatigue attacks	
Force awake	<p>With this well-known beam they will keep you awake, prevent you from sleeping. This way they wear you out, maybe the next day you have an important</p>

	meeting or must finish important work.
Sweating, nauseous, vomit feeling	<p>You start sweating suddenly, you feel dizzy, you think you may have to vomit. When applied with enough intensity you will start to vomit, you will need at least 30 minutes to recover a little bit from this attack, but it will take hours before your body is acting a bit like before the attack.</p> <p><u>How it is applied</u> They may do this when you are with a friend. Google: navy vomit beam</p> <p><u>Feeling</u> Horrible torture</p>
SLEEP - SLEEP - SLEEP	
Induce dreams	<p>You have strange dreams about things but the dreams are not like dreams you had before. The dreams may refer to very recent events in your life, like a person you met, a movie you saw, it is another form of reacting to events in your life</p> <p><u>How it is applied</u> Some people in your environment might tell you they have wild dreams that night trying to get you talking about your experience</p>